

LAVC

COMMUNITY SERVICES

WINTER
SPRING
2025

a lifetime of learning



Community Services
LOS ANGELES VALLEY COLLEGE




818-947-2577 x4172
<https://lavalley.augusoft.net>




A LIFETIME OF LEARNING



BUSINESS
FITNESS
HEALTH & WELLNESS
LANGUAGES
PERFORMING ARTS
AND MORE...

 <https://lavalley.augusoft.net>

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Community Services
LOS ANGELES VALLEY COLLEGE

REFUND POLICY

There will be a \$10 charge for each refund OR transfer requested. Refund or transfer requests may be granted if presented in writing at least 5 working days before the first class meeting unless otherwise noted. Please choose classes carefully, as refunds, transfers or credits CANNOT be granted once a class has begun. Refunds or credits WILL NOT be issued for absences or late registrations. If you miss some meetings of a class you cannot make them up in another class. Refunds are not made on the basis of not receiving a confirmation.

Aquatics classes and lessons are offered rain or shine unless: a) It is raining so hard that the bottom of the pool is not visible, b) There is lightning in the immediate vicinity, or c) It is so cold that ice forms on the pool deck. If these conditions are not present and you decide to not attend a swim class or lesson due to inclement weather, there will be no refund, make-up lesson or credit granted.

Refunds are given when the College cancels a class or program. If you cancel your registration less than five working days before it begins, NO REFUND will be given.

The Community Services Program is not responsible for lost or misdirected mail. There will be a \$10 charge to change a class. If you paid by credit card, your account will be credited. Refunds are given when the College cancels a class or program. If you cancel your registration less than five working days before it begins, NO REFUND will be given.

PARKING INFORMATION

Please visit the Community Services website to get the latest updates on parking information.

REGISTER EARLY

Minimum enrollment is necessary to maintain each class. Unless the minimum is reached before the first meeting of the class, it will be canceled. Some classes fill rapidly and the maximum may be reached before the final registration date. A \$2 per class nonrefundable registration fee as mandated by the Board of Trustees at their Dec. 11, 1985 meeting, is included in class fees.

SUPPLY AND MATERIAL FEES

Please be aware that some Community Services classes have additional supply, handout or book fees. You MUST purchase the supplies necessary to take the class at the time you register. Supply fees are paid to the Community Services Department. You WILL NOT be able to participate in class unless you purchase the supplies. You will receive the supplies at the first class. Supply fees will only be refunded if class is canceled or the student withdraws from class at least 5 days prior to class start date.

ATTENDING FIRST SESSION

Preregistration is required for all classes and workshops. If you register late, you must show your receipt to the teacher at the first class meeting. The teacher will verify the program number, date and the student's name. Keep your receipt. Only persons with an appropriate receipt will be considered.

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REGISTRATION INFORMATION

LOS ANGELES COMMUNITY COLLEGE

BOARD OF TRUSTEES

Nichelle Henderson, President (Seat No. 5)
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Andra Hoffman, Member of the Board (Seat No. 1)
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Kathleen Burke, Ed.D., Interim Deputy Chancellor
Nicole Albo-Lopez, Ed.D., Vice Chancellor, Educational Programs
and Institutional Effectiveness
Jeanette L. Gordon, Vice Chancellor/Chief Financial Officer
James Lancaster, Ed.D., Vice Chancellor, Workforce and Economic Development
Carmen V. Lidz, MS, Vice Chancellor/Chief Information Officer
Jeffrey Prieto, J.D., General Counsel
Leigh Sata, Ed.D., Interim Vice Chancellor/Chief Facilities Executive
Teyanna Williams, J.D., Vice Chancellor, Human Resources

VALLEY COLLEGE ADMINISTRATION

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Matthew Jordan, Ed.D., V. P. of Academic Affairs
Larry Resendez, Psy.D, V.P. of Student Services
Sarah Song, V. P. of Admin. Services

COMMUNITY SERVICES PROGRAM STAFF

Debra Erickson, Community Services Manager
ChaQuanda Laughlin, Community Services Aide

DISCLAIMER POLICY

The Los Angeles Community College District and Valley College have made every reasonable effort to determine that everything stated in this brochure is accurate. Courses and programs offered, together with other matters contained herein, are subject to change without notice by the administration of the Los Angeles Community College District or Valley College for reasons related to student enrollment, level of financial support, or for any other reason, at the discretion of the District and the College. The District and the College further reserve the right to add, amend, or repeal any of their rules, regulations, policies and procedures. Note: Students enrolling in business and financial classes are responsible for making their own financial decisions.

COMMUNITY SERVICES

Classes and workshops are offered to meet community interests. These classes are not given for academic credits and are not part of any degree or certificate program offered by Los Angeles Valley College. The Community Services Program is self-supporting, and classes are not given at taxpayers' expense. Unless indicated, class instructors and workshop leaders are not members of the Los Angeles Valley College faculty. Financial aid is not available for these classes.

All information listed herein is subject to change at any time without prior notice.

REGISTRATION INFORMATION



ONLINE

ANY TIME!

<https://lavalley.augusoft.net>

The easiest and quickest way to register is to visit us Online 24 hours a day at <https://lavalley.augusoft.net> where you can simply search for the class you want, add it to the cart then checkout as you would for other online sites. Once completed, you will be able to print your receipt and confirmation immediately.



WALK IN

**Monday - Friday
8:30am - 4:30pm**

Community Services Center

Stop by our office in the south lobby of the Community Services Center Building during our office hours to register using a debit/credit card.



PHONE

**Monday - Friday
8:30am - 4:30pm**

818-947-2577 x4172

Enrolling by phone is very simple. Just call 818-947-2577 x4172 during our office hours and be sure to have your credit/debit card handy so we can help you quickly. Receipt and confirmation will be e-mailed once transaction is completed.

This catalog is published 3 times per year (fall, winter/spring and summer) by the Los Angeles Valley College Community Services Department. It is sent to residences in the nearby zip codes and is available on campus at several locations.

If you'd like to be added to our mailing list please contact us at **818-947-2577 x4172** or send an email to comm_serv@lavc.edu.

Registration indicates that you (1) have read and understand the refund policy (2) understand that the Los Angeles Community College District has no insurance covering medical or hospital costs incurred by participants (3) recognize that there are risks inherent to participation in recreational activities and agree to release, indemnify and hold harmless the Los Angeles Community College District staff, employees, trustees and volunteers from and against any and all liability from bodily injury and/or property damage which may result from participation in the program. (4) fully consent to emergency medical treatment, should emergency personnel or a physician deem such attention necessary. (5) understand that photographs taken of Community Services programs may be used by the Community Services Department for promoting programs, classes, or events and agree that you will not seek compensation of any kind for use of photographic likeness. Receipt will be emailed.

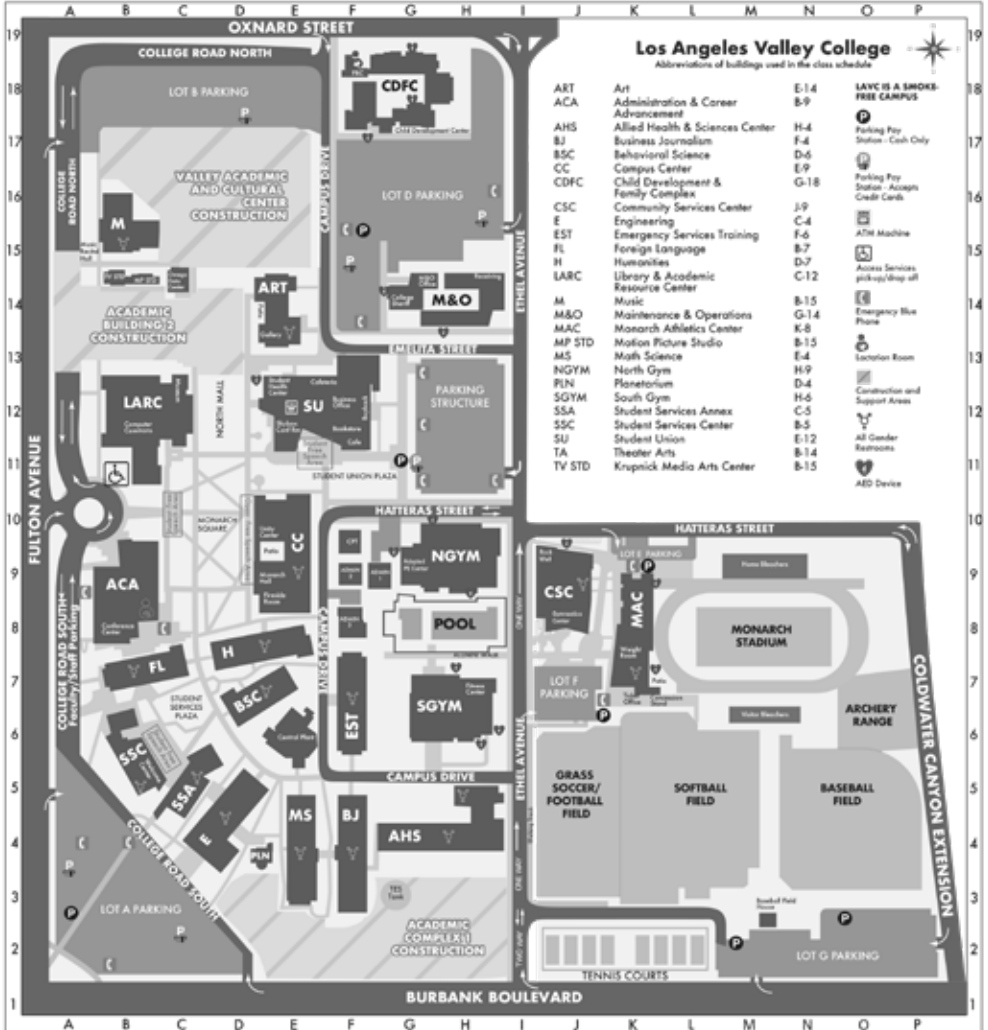
Refund requests must be submitted in writing via email, along with the original receipt, at least 5 working days before the first class. No refunds will be issued if you enroll less than 5 working days before the class starts. No refunds after the class begins. A \$10 fee applies to each refund, credit, or transfer.

AMERICAN WITH DISABILITIES ACT (ADA) INFORMATION

All classes and events are wheelchair accessible. Individuals needing sign-language interpreters, assistive listening devices, large print or other alternative format materials, or other accommodations should contact the Community Services Office at 818.947.2577 x 4172 at least two weeks prior to the date of 1st class or event.

REGISTRATION INFORMATION

LAVC CAMPUS MAP



DIRECTIONS TO LOS ANGELES VALLEY COLLEGE

Los Angeles Valley College is located at 5800 Fulton Avenue in Valley Glen, CA, 91401. The college is easily accessible from both the 170 and 101 freeways. From the 170 freeway exit at Oxnard Blvd. or Burbank Blvd. and head west. The college is located between Fulton Avenue and Ethel Avenue. From the 101 freeway, exit Coldwater Canyon Avenue and head north to Burbank Blvd. The college is at the corner of Coldwater Canyon Avenue and Burbank Blvd. (The Community Services Office is located on Ethel Avenue.)

ACTING & PERFORMING ARTS

INTRODUCTION TO VOICEOVERS (ONLINE)

Personalized One-on-One Video Conference Class

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on one, video-chat class! Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

Voices for All

Fee: \$59

23435 After registration you will receive a call to set up a time that works best for you.

IMPROV

Say "Yes and" to facing your fears of performing. "Walk on" to the stage and learn the basics of improv, conquer your fears, awaken your creativity, and make new friends while learning how the professionals make you laugh every week. "Wipe" away your hesitations for the most fun 2 hours of your week.

Michael Heiman **Fee: \$139**

BEGINNING IMPROV

23433 6 Tuesdays
7:00pm - 9:00pm Apr. 22 - May 27

INTERMEDIATE IMPROV

23546 6 Tuesdays
7:00pm - 9:00pm Feb. 25 - Apr. 1

PRIMAVERA:

FEELING THE SPIRIT OF THE DRUM

Kick off spring 2025 with an energizing drum circle to rejuvenate your senses and uplift your soul. Community drumming boosts the immune system, provides an emotional outlet, and reduces stress. Learn to play hand drums like the djembe, ashiko, ngoma, and conga. No prior experience needed; all instruments provided..

"KongaKid" **Fee: \$25**

Roberto Gutierrez

23543 Thursday
7:00pm - 8:30pm Mar. 20

POP MUSIC THEORY: HOW YOUR FAVORITE MUSIC WORKS

Understand, explore, analyze, and read your favorite music. Students will learn how all popular music is made, constructed, and performed! Class topics will include chords, intervals, ear training, scales, meter, and music reading. Some prior music experience will help, but is not required.

Mason Sperling

Fee: \$129

23434 6 Tuesdays 6:30pm - 8:30pm Jan. 28 - Mar. 4

FIND YOUR VOICE

This singing workshop offers a judgment-free space to learn safe and effective vocal techniques. You'll release tension, master healthy breathing and posture, and develop flexibility and strength. Focus areas include placement, resonance, bridging vocal registers, range, and even voice singing. Enjoy weekly performance opportunities with feedback and coaching in a master class style.

Sophia Kaminski

Fee: \$120

23372 6 Tuesdays
6:00pm - 7:30pm Jan. 14 - Feb. 18

23373

6 Wednesdays
6:00pm - 7:30pm Apr. 23 - May 28

INTRO TO SONGWRITING (ONLINE)

Students will learn to draw stories from daily life, understand song structure, and grasp the importance of song premise and title. They'll use vivid imagery, rhyme, meter, melodic arc, harmonic structure, and basic music theory. Over the course, students will complete one song, building it step-by-step each week. They will share their work in class, receiving feedback and guidance in a master class setting.

Anna Montgomery

Fee: \$99

23398 6 Wednesdays
6:30pm - 8:00pm Jan. 15 - Feb. 19

SEE MUSIC FOR MORE PERFORMING ARTS CLASSES PG.23

BATH PRODUCTS

Why purchase expensive commercial bath products when you can delight in making your own. In this fun interactive class students will discover simple techniques for making one-of-a-kind bath products (shampoo, shower gel, bubble bath, bath salt & exfoliate).

Quayum Abdul **Fee: \$45**
23403 1 Sunday
 10:00am - 1:00pm Mar. 9
 Supply fee: \$30

CANDLE MAKING

In this workshop, you'll have the opportunity to create a variety of candles using paraffin wax, essential oils, and candle dyes. You'll also get to experiment with dried fruits and flowers to craft unique designs. By the end of the workshop, you'll have several high-quality candles to take home.

Quayum Abdul **Fee: \$45**
23401 1 Sunday
 10:00am - 1:00pm Jan. 26
 Supply fee: \$30

FIZZY BATH BALLS

These bath bombs make wonderful gifts! Simply drop one into a hot bath, and watch it fizz and dissolve, releasing a delightful fragrance. Experiment with different oils and colors, and add dried rose petals, lavender, or fine glitter. The possibilities are endless!

Quayum Abdul **Fee: \$45**
23406 1 Sunday
 3:00pm - 6:00pm Apr. 27
 Supply fee: \$30

HOW TO MAKE BODY BUTTER

Making your own body butter lotion is a simple process using the same tools you already have in your kitchen. Most body butter recipes include just a handful of ingredients – you can make them with whatever scent and therapeutic qualities you desire to add to make your unique product.

Quayum Abdul **Fee: \$45**
23405 1 Sunday
 10:00am - 1:00pm Apr. 27
 Supply fee: \$30

COLD PROCESS SOAP MAKING

This class will explain the A to Z of Cold Process Soap Making so that you can create beautiful handmade soaps right in your home. Class is hands on and can be messy, dress accordingly.

Quayum Abdul **Fee: \$45**
23404 1 Sunday
 3:00pm - 6:00pm Mar. 9
 Supply fee: \$30

SOAP MAKING WORKSHOP

Creating beautiful soaps is easy and enjoyable. Explore the use of colors, molds, fragrances, essential oils, extracts, herbs, and novelties. We'll cover how to make organic, natural, or therapeutic soaps. By the end, you'll have a collection of unique, handcrafted soaps to take home.

Quayum Abdul **Fee: \$45**
23402 1 Sunday
 3:00pm - 6:00pm Jan. 26
 Supply fee: \$30

BUY ONE - GET ONE HALF OFF!

Register for any two craft classes taught by **Quayum Abdul** and get the second class for ½ off! You must register for both classes at the same time over the phone or in person in order to get the discount. Online registration will not receive the discount.

BALLOON TWISTING 101

Have you ever wanted to do your own balloon, twisting and make some fun animals. This is a beginner class on how to make simple balloon animals and swords, etc. learn how to make simple twist. With 260 long balloons.

Rosemary May **Fee: \$69**
23464 3 Mondays
 7:00pm - 9:00pm Jan. 27 - Feb. 10
 Students must purchase the required materials

HENNA ART FOR BEGINNERS

Ever wanted to create beautiful henna tattoos? This class will teach you about the different types of henna, how to mix it, and most importantly, the techniques needed to create stunning body art on yourself or others.

Rosemary May **Fee: \$69**
23465 3 Tuesdays
 7:00pm - 9:00pm Feb. 4 - Feb. 18
 Students must purchase the required materials

ARTS & CRAFTS

BASICS OF SEWING

Ashley Trutanich

LEVEL 1: BEGINNING

Learn sewing basics! This class covers hand and machine sewing techniques for everyday use. You'll learn various stitches and minor repairs, and by the end, you'll complete your own patchwork pillow..

Tuesdays

Fee: \$125

#23482	Jan. 14 - Feb. 11	1:00pm - 3:00pm
#23483	Jan. 14 - Feb. 11	5:00pm - 7:00pm
#23489	Feb. 18 - Mar. 18	1:00pm - 3:00pm
#23490	Feb. 18 - Mar. 18	5:00pm - 7:00pm
#23496	Mar. 25 - Apr. 22	1:00pm - 3:00pm
#23497	Mar. 25 - Apr. 22	5:00pm - 7:00pm
#23503	Apr. 29 - May 27	1:00pm - 3:00pm
#23504	Apr. 29 - May 27	5:00pm - 7:00pm

Wednesdays

Fee: \$125

#23485	Jan. 15 - Feb. 12	1:00pm - 3:00pm
#23492	Feb. 19 - Mar. 19	1:00pm - 3:00pm
#23499	Mar. 26 - Apr. 23	1:00pm - 3:00pm
#23506	Apr. 30 - May 28	1:00pm - 3:00pm

Saturdays

Fee: \$125

#23488	Jan. 18 - Feb. 15	9:00am - 11:00am
#23495	Feb. 22 - Mar. 22	9:00am - 11:00am
#23502	Mar. 29 - Apr. 26	9:00am - 11:00am
#23509	May 3 - May 31	9:00am - 11:00am

LEVEL 3: SEWING TECHNIQUE

You've mastered the basics, so what's next? This Level 3 course will expand your skills and teach you advanced techniques for a polished, professional finish. You'll learn zipper installation, sewing curves, various seam finishes, and "sew" much more!

Saturdays

Fee: \$139

#23510	Jan. 18 - Feb. 15	1:00pm - 3:00pm
#23511	Feb. 22 - Mar. 22	1:00pm - 3:00pm
#23512	Mar. 29 - Apr. 26	1:00pm - 3:00pm
#23513	May 3 - May 31	1:00pm - 3:00pm

ALTERATIONS 2: THE PERFECT FIT

Master techniques like darts, shaping, and tapering to make garments fit perfectly. Say goodbye to the tailor and hello to your favorite pieces fitting just right!

Mondays

Fee: \$209

#23519	Apr. 21 - May 19	3:00pm - 5:00pm
#23520	Apr. 21 - May 19	5:00pm - 7:00pm

Sewing machines provided in classroom!

LEVEL 2: PAJAMA PANTS

Take your sewing skills to the next level! This Sewing Level 2 class is for those with basic knowledge. You'll learn to work with patterns and advanced techniques to create your own clothing. By the end of the class, you'll master essential techniques and complete your own pair of custom-fit pajama pants.

Tuesdays

Fee: \$129

#23484	Jan. 14 - Feb. 11	7:00pm - 9:00pm
#23491	Feb. 18 - Mar. 18	7:00pm - 9:00pm
#23498	Mar. 25 - Apr. 22	7:00pm - 9:00pm
#23505	Apr. 29 - May 27	7:00pm - 9:00pm

Wednesdays

Fee: \$129

#23486	Jan. 15 - Feb. 12	3:00pm - 5:00pm
#23493	Feb. 19 - Mar. 19	3:00pm - 5:00pm
#23500	Mar. 26 - Apr. 23	3:00pm - 5:00pm
#23507	Apr. 30 - May 28	3:00pm - 5:00pm

Saturdays

Fee: \$129

#23487	Jan. 18 - Feb. 15	11:00am - 1:00pm
#23494	Feb. 22 - Mar. 22	11:00am - 1:00pm
#23501	Mar. 29 - Apr. 26	11:00am - 1:00pm
#23508	May 3 - May 31	11:00am - 1:00pm

ALTERATIONS 1: HEMMING

Learn to alter your own clothing! Alterations 1 focuses on hemming garments, from pants to skirts to shirts. In this class you will learn the techniques needed to successfully alter your own clothing and finally make your favorite pieces fit without having to take them to a tailor.

Mondays

Fee: \$209

#23516	Feb. 24 - Mar. 24	3:00pm - 5:00pm
#23517	Feb. 24 - Mar. 24	5:00pm - 7:00pm

Wednesdays

Fee: \$209

#23514	Jan. 15 - Feb. 12	5:00pm - 7:00pm
#23518	Mar. 26 - Apr. 23	5:00pm - 7:00pm

SEW FUN!

Join the sewing fun! In these short, step-by-step classes, you'll explore creative ways to elevate your sewing projects in just an afternoon. With guidance from start to finish, you'll complete your own handmade project. Perfect for those with basic hand and machine sewing experience!

Sunday		Fee: \$60
#23522	Jan. 26	10:00am - 1:00pm
#23523	Feb. 23	10:00am - 1:00pm
#23524	Mar. 23	10:00am - 1:00pm
#23525	Apr. 27	10:00am - 1:00pm
#23526	May 18	10:00am - 1:00pm

Sewing machines provided in classroom!

ONE STROKE PAINTING 1

This course will teach you the basics of decorative painting techniques to create detailed flowers and leaves in just one stroke. Create beautiful paintings and take them home on canvas, a ceramic vase, glass, fabric, or greeting cards.

Carmen MacDonald Fee: \$99
23415 4 Wednesdays
 7:00pm - 9:00 pm Mar. 5 - Mar. 26
 Students must purchase the required materials

PAINTING WITH CHARCOAL 1

This course is for beginner artists and creatives that want to learn beginner Charcoal painting. Charcoal art is a form of art used as a dry art medium. Shading techniques, types of strokes, and blending with your fingers, scumbling and masking! Learn the medium that is prized for its ability to produce an interplay between light and shadow known as chiaroscuro.

Carmen MacDonald Fee: \$99
23418 4 Thursdays
 7:00pm - 9:00 pm Apr. 3 - Apr. 24
 Students must purchase the required materials

PAINTING WITH WATERCOLOR 1

This course offers students instruction on basic watercolor techniques in order to bring out their artistic expression. Topics covered in class include: color mixing, color application, brush stroke techniques, plus much more.

Carmen MacDonald Fee: \$99
23413 4 Wednesdays
 7:00pm - 9:00pm Feb. 5 - Feb. 26
 Students must purchase the required materials

ACRYLIC 3D FLOWERS 1

Create 3D art using Sculpture Paste and a palette knife. This decorative paste can form 3D flowers and relief work by scraping it at different angles onto a base. Repeating this process with a beautiful composition results in a painting.

Carmen MacDonald Fee: \$99
23417 4 Wednesdays 7:00pm - 9:00pm
 Apr. 9 - Apr. 30
 Students must purchase the required materials

PAINTING WITH ACRYLIC 1

This is a beginning level acrylic painting course. Learn basic skills like brushwork mechanics, how to apply acrylics to achieve the best fluid strokes, valuable color mixing theories, how to use values and end with light on form painting techniques.

Carmen MacDonald Fee: \$99
23414 4 Thursdays
 7:00pm - 9:00pm Feb. 6 - Feb. 27
 Students must purchase the required materials

PAINTING WITH PASTEL COLOR 1

Calling all beginner and creatives that want to learn pastel techniques! Pastel is a colored drawing medium made from pure colored pigment mixed with a binder to form a stick. The soft texture of these pastels can create smooth, smudgy lines and intense colors.

Carmen MacDonald Fee: \$99
23419 4 Wednesdays
 7:00pm - 9:00pm May 7 - May 28
 Students must purchase the required materials

POURING WITH ACRYLIC 1

A creative Abstract Acrylic Pour painting class. This is a fun introduction to beautiful fluid acrylics! Demonstrations and guidance will be provided as you create your one-of-a-kind abstract artwork. No previous painting or art background is necessary for you to be successful with this project.

Carmen MacDonald Fee: \$99
23416 4 Thursdays
 7:00pm - 9:00pm Mar. 6 - Mar. 27
 Students must purchase the required materials

ARTS & CRAFTS

HAIR LOOKS MADE SIMPLE

Learn to create beautiful non-braided braids and updos in this engaging, practical, and transformative workshop. You'll master easy techniques to style your hair in minutes and feel empowered to use these skills in your daily life. Perfect for any occasion!

Raquel Fournier **Fee: \$45**
23407 1 Saturday
9:00am - 12:00pm Mar. 8

MAKEUP TECHNIQUES

This workshop will change the way you approach makeup! Moisturizer and sunscreen application, exfoliation, foundation, perfectors, primers, stenciled eyes, blending, brushes and more. This is a hands on workshop like no other!

Raquel Fournier **Fee: \$169**
23408 5 Wednesdays
5:00pm - 8:00pm Jan. 22 - Feb. 19

ADVANCED MAKEUP TECHNIQUES

This course will teach you advanced make up techniques that will improve and enhance the results of your make up application, making it long lasting. Learn how to improve skin texture, and cover imperfections. Eyeshadow techniques will also be included.

Raquel Fournier **Fee: \$59**
23409 2 Wednesdays
5:30pm - 8:00pm Feb. 26 - Mar. 5

PHOTOGRAPHY: SHOOTING TO A THEME

Connect with others interested in photography in a relaxed social learning setting. Take photos on your own and on your own schedule, shooting to fit the same class-assigned themes. Held in the LAVC Community Center, share photographs, enjoy the stimulation of seeing how others interpreted the theme, get teacher and peer feedback, view work by master photographers, and be inspired to do more photography. Any camera can be used.

Nancy Kaye **Fee: \$49**
23411 2 Thursdays
10:00am - 12:30pm Jan. 23 - Feb. 20

23422 2 Thursdays
10:00am - 12:30pm Mar. 20 - Apr. 17

3D HAND EMBROIDERY

In this class, you will learn how to use sewing needles and embroidery threads to design 3D flowers, flamingos, and animals in multiple colors. By the end of the session, you will feel confident in designing your own 3D embroidery art for open shows or home decoration.

Karima Williams **Fee: \$139**
23466 5 Saturdays
1:00pm - 4:00pm Jan. 11 - Feb. 8
Supply Fee: \$30

HAVE FUN WITH SUCCULENTS

In this succulent workshop, you'll learn to create your own miniature garden in a pot. Your instructor will guide you step-by-step, sharing tips to keep your plants thriving. You'll then decorate with rocks, moss, and more. It's a great way to explore your creativity, recharge, and relax.

Margie Thomas **Fee: \$29**
23541 1 Saturday
10:00am - 12:00pm Mar. 15
Supply fee: \$20

PHOTOGRAPHY FUNDAMENTALS

Master fundamental photo concepts to better use your camera and its creative functions. In this workshop, you'll learn basic principles through presentations, practice new techniques, and review photos in class. Topics include exposure settings, the exposure triangle (ISO, shutter speed, and f-stop), depth of field, and capturing motion creatively. It's perfect for those wanting consistently beautiful and dynamic photos

Nancy Kaye **Fee: \$75**
23410 1 Saturday
10:00am - 4:00pm Mar. 22



Every Sunday Year-Round from
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goodtimesfarmersmarket@gmail.com.

BUSINESS & CAREER TRAINING

BECOME A NOTARY PUBLIC OR RENEW YOUR COMMISSION (REMOTE/LIVE VIA ZOOM)

Government institutions, banks, real estate firms, and other companies are seeking notaries. All prospective notaries must complete a course approved by the California Secretary of State. Our course provides the latest notary information and the knowledge needed to perform duties correctly and pass the state exam. The class fee includes a certificate of completion and sample forms used daily by notaries. The instructor will also provide testing information during the class.
PREREQUISITES: 18 years of Age - Proper Government ID (example: Driver License - DMV Identification Card - Current Passport).

Rosie Reed Fee: **\$115**
23374 1 Saturday
 8:00am - 4:00pm Feb. 22

Check-in begins at 7:30am and class begins promptly at 8:00am. Have your current, official photo ID ready. Registration closes the day before class meets.

Before signing up for these classes, check to see that you meet eligibility requirements for becoming a notary: visit www.sos.ca.gov/notary to check qualifications.

Note: Due to strict State regulations, no one is admitted after class begins.

ELECTRIC VEHICLE CHARGING STATION DESIGN, INSTALLATION, AND OPERATION

The electric vehicle (EV) and EV charging station installation sector is rapidly growing in the USA and worldwide. Millions of electric cars, SUVs, and trucks will be on the road in the next decade. California aims for 100% battery-powered vehicles by 2035 to reduce the carbon footprint. This course covers everything about EVCS design, installation, operation, and troubleshooting.

Quayum Abdul Fee: **\$159**
23450 3 Tues/Thurs
 6:00pm - 10:00pm Apr. 22 - Apr. 29

Fee includes materials

NOTARY LOAN SIGNING SEMINAR (REMOTE/LIVE VIA ZOOM)

A Notary Signing Agent is a notary public with specialized expertise in handling mortgage loan documents. With the housing market rebounding, this service will be in high demand! This class covers: A) Detailed information about the main documents a Notary Loan Signing Agent will notarize, using a hands-on approach where each student assembles a loan package. B) A Real Estate section recapping new types of real estate sales and loans currently on the market. C) A Marketing and Customer Service section with a list of potential sources and practical information on starting a new business.

Rosie Reed Fee: **\$105**
23375 1 Saturday
 9:30am - 3:30pm Mar. 1

SOLAR PV DESIGN AND INSTALLATION

California now requires all new homes to have solar panels, creating excellent job opportunities. Our crash course in solar design and installation can help you become a qualified professional. Ideal for those interested in installing, maintaining, inspecting, or designing solar panels. Receive an Award of Completion upon finishing the course.

Quayum Abdul Fee: **\$239**
23451 6 Tues/Thurs
 6:00pm - 10:00pm Mar. 11 - Mar. 27
 Fee includes materials

MASTERING PROFESSIONAL ETIQUETTE IN THE WORKPLACE

Learn the importance of business etiquette and how it supports career advancement in this seminar. Topics include non-verbal communication, dining and meeting etiquette, networking skills, and personal branding. By the end, you'll know how to present yourself professionally, communicate effectively, and navigate business situations with confidence, enhancing your reputation and business relationships.

Raquel Fournier Fee: **\$39**
23452 1 Saturday
 9:00am - 12:00pm Mar. 15

BUSINESS & CAREER TRAINING

MEDICAL CODING & BILLING SERIES

Los Angeles Valley College Community Service Department will issue a "Medical Insurance Billing Specialist" certificate after successful completion of three classes: Medical Terminology, Coding, and Medical Billing. Attendance and examination requirements must be met for each class. Students are then qualified to sit for the AHIMA or AAPC exams.

MEDICAL TERMINOLOGY - CLASS 1 (ONLINE)

This introductory course will provide the students with a strong foundation in the language of medicine, which applies to most medical specialties. This course will prepare students for employment in hospitals, clinics, and private medical and dental practices. Weekly quizzes/homework will be given to keep track of the student's progress.

Required text: PURCHASE or RENT ON YOUR OWN: The Language of Medicine by Davi- Ellen Chabner (10th, 11th, 12th, or 13th edition accepted)

Arlyn "Gladly" Tagomolila-Que

23376

Monday/Friday

6:00pm - 9:00pm

Fee: \$199

Feb. 24 - Apr. 4

Students must purchase the required materials

MEDICAL CODING - CLASS 2 (ONLINE)

Coding is essential for billing insurance companies. Students will learn ICD-10-CM, CPT, HCPCS Level II, and ICD-10-PCS codes. These skills ensure optimal reimbursement outcomes. The course prepares students for the national certification exam, with weekly quizzes and homework to track progress.

Required text:

PURCHASE or RENT ON YOUR OWN: ICD-10-CM, Any publisher (2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025 accepted) CPT, published by AMA (2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025 accepted)

Arlyn "Gladly"

Fee: \$199

Tagomolila-Que

23377

Monday/Friday

6:00pm - 9:00pm

Apr. 7 - May 12

Students must purchase the required materials

MEDICAL BILLING PRINCIPLES - CLASS 3 (ONLINE)

A major part of managing a medical office is billing patients and insurance companies for services rendered. In this fast-paced area, students will learn to understand the procedures of billing, recognize the different forms used by third-party carriers, complete each claim form for reimbursement, and define insurance terminology and different types of coverage.

Prerequisite: Medical Terminology & ICD-10-CM/CPT-HCPCS Coding

Purchase or rent text books (These are the same books used for Medical Coding.)

Arlyn "Gladly"

Fee: \$169

Tagomolila-Que

23378

Monday/Friday

6:00pm - 9:00pm

May 16 - Jun. 9

Students must purchase the required materials

**Enroll in Medical Coding and Medical Insurance Billing together for only \$349!
Or enroll in ALL THREE COURSES for just \$499!**

* Must purchase series, adding classes individually to your cart will not activate the discount.

DMV AUTO WHOLESALE DEALER FROM HOME (ONLINE)

Learn to make extra income by buying and selling wholesale cars from home. You can also buy cars for friends and family at great prices. This DMV-approved class teaches you how to get your auto dealer license and run a profitable used car business. Students receive a DMV certificate of completion, making them eligible for the dealer license exam.

Ronald "Wayne" Williams

Fee: \$119

23379

Mon/Tues

6:00pm - 9:00pm

Mar. 10 - Mar. 11

23380

Mon/Tues

6:00pm - 9:00pm

May 12 - May 13

Fee includes materials and manual

BUSINESS & CAREER TRAINING

AUTOMATE YOUR SOCIAL MEDIA MARKETING (ONLINE)

Discover tools and strategies to automate your social media marketing, saving time and ensuring consistent engagement. Learn to set up automated posts, manage multiple platforms, and keep your brand active with minimal effort. Explore AI for content ideas and use templates like Canva to speed up creation.

Bob Cohen **Fee: \$55**
23540 1 Thursday
6:00pm - 9:00pm Apr. 3

BUILD/START A SMARTPHONE APP BUSINESS (ONLINE)

Apps for iPhones and Android are in high demand. Learn to turn your app idea into income with tools requiring little or no programming experience. Discover what makes a successful app, find your market, and get your app on iTunes or Google Play. Learn to promote and price your app for maximum revenue.

Bob Cohen **Fee: \$69**
23386 1 Thursday
6:00pm - 9:00pm Mar. 20

INTRODUCTION TO INTERNET MARKETING METHODS (ONLINE)

Learn the nine steps to market any business online. We'll cover SEO, advertising, social media, affiliates, e-commerce, content marketing, and Google's top approach. This course helps you start and elevate your marketing, whether you do it yourself or hire an agency.

Bob Cohen **Fee: \$69**
23384 1 Tuesday
6:00pm - 9:00pm Mar. 4

MARKETING WITH FACEBOOK AND SOCIAL MEDIA (ONLINE)

Learn to market anything using Facebook, Twitter, Instagram, and other social media sites. Discover how Likes, Follows, Shares, and Comments impact organic marketing and how to use paid ads. Understand audience demographics and tools like RSS for automating social media marketing.

Bob Cohen **Fee: \$69**
23387 1 Tuesday
6:00pm - 9:00pm Mar. 11

BLOGGING FOR FUN AND PROFIT (ONLINE)

Discover why creators and marketers love blogs! Easily share products, services, writing, pictures, and videos. Learn the top four ways to monetize a blog and simplify search and social media marketing. Topics include business blogs, ads, marketing, and building communities.

Bob Cohen **Fee: \$69**
23381 1 Tuesday
6:00pm - 9:00pm Mar. 25

CONTENT CREATION IN FIVE STEPS (ONLINE)

Struggling to create content for your website, newsletter, or social media? Learn the five steps used by pros to produce articles, blog posts, product descriptions, and more. This class covers writing, formatting, choosing images, and creating a content calendar. Discover tools for writing, photography, audio, video, and posting content.

Bob Cohen **Fee: \$69**
23382 1 Tuesday
6:00pm - 9:00pm Apr. 1

HOW TO WRITE WITH AI (ONLINE)

Learn how AI tools can write, correct, and do almost anything with text. AI tools can write articles, social media posts, emails, websites, scripts, and more. Get tips on crafting effective prompts, evaluating results, and understanding copyright and ethical use.

Bob Cohen **Fee: \$55**
23385 1 Thursday
6:00pm - 9:00pm Mar. 27

SEARCH, GOOGLE ADS, EMAIL, AND ECOMMERCE MARKETING (ONLINE)

Explore SEO and Google Ads to drive traffic to your site, find and use keywords, and understand the value of landing pages. Learn why email marketing is essential, how to create a successful opt-in newsletter, and discover top e-commerce sites. Compare search, social media, and email opt-in for your online marketing strategy.

Bob Cohen **Fee: \$69**
23383 1 Tuesday
6:00pm - 9:00pm Oct. 15

BUSINESS & CAREER TRAINING

LANDLORD CLASSES: RENTAL PROPERTIES MADE SIMPLE

LANDLORDS: THE BASICS

Interested in rental property ownership but unsure where to start? Join our workshop to learn the fundamentals of becoming a successful landlord, including finding tenants, managing move-in/move-out processes, essential rental forms, avoiding common mistakes, business tips, and simple bookkeeping tools. Gain the knowledge and confidence to become a profitable landlord!

Shiral Torres **Fee: \$55**
23436 1 Saturday
9:00am - 11:00am Jan. 25

23443 1 Saturday
9:00am - 11:00am Mar. 22

LANDLORDS: GET ORGANIZED AND GAIN CONFIDENCE

Struggling to locate your property paperwork? Securely storing sensitive documents is crucial. Join our workshop to learn a simple system for organizing lease agreements, maintenance logs, rent logs, and tenant notices. Build a binder to take control of your paperwork, reduce stress, and save time.

Shiral Torres **Fee: \$69**
23437 1 Saturday
12:00pm - 2:00pm Jan. 25

Shiral Torres **Fee: \$69**
23444 1 Saturday
12:00pm - 2:00pm Mar. 22

LANDLORDS: THE MOVE-IN PROCESS

Worried about having the right forms and staying compliant with laws when signing a lease? This class will help you overcome those fears and save time. You'll learn about the necessary paperwork, including legally required forms, and get tips on pre-meeting preparations and presenting forms effectively. Gain valuable insights and updated landlord information to become a confident and efficient landlord.

Shiral Torres **Fee: \$69**
23440 1 Saturday
9:00am - 11:00am Feb. 8

23447 1 Saturday
9:00am - 11:00am Apr. 5

LANDLORDS: TAKE CONTROL OF YOUR FINANCES

Are you making a profit? Bookkeeping is essential but often disliked. Hiring help is costly, but a simple worksheet can do the job! Join our workshop to learn how to track income and expenses easily, gain peace of mind, and achieve profitable results. Plus, get Shiral's business and landlord tips, and updated information.

Shiral Torres **Fee: \$69**
23438 1 Sunday
9:00am - 11:00am Jan. 26

23445 1 Sunday
9:00am - 11:00am Mar. 23

LANDLORDS: FIND THE PERFECT TENANT

Worried about finding new tenants and potential income loss? Learn a step-by-step approach to secure ideal tenants in our class. From displaying the 'For Rent' sign to identifying qualified applicants, you'll gain confidence and receive all necessary forms and tips to be a successful landlord.

Shiral Torres **Fee: \$69**
23439 1 Sunday
12:00pm - 2:00pm Jan. 26

23446 1 Sunday
12:00pm - 2:00pm Mar. 23

LANDLORDS: THE MOVE-OUT PROCESS

Worried about losing rental income when a tenant gives a 30-day notice? This class will guide you through the move-out process, covering legal steps and necessary paperwork. You'll learn to complete all required forms accurately and understand the security deposit refund process. Gain practical skills, valuable tips, and updated landlord information to confidently manage tenant move-outs.

Shiral Torres **Fee: \$69**
23441 1 Saturday
12:00pm - 2:00pm Feb. 8

23448 1 Saturday
12:00pm - 2:00pm Apr. 5

BUSINESS & CAREER TRAINING

LANDLORDS: 5 STEPS TO GAIN PROFITS AND CONFIDENCE

Want to rent to qualified tenants and pay your bills on time? Learn the secrets of good property management in our hands-on workshop. Topics include avoiding common landlord mistakes, reducing tenant calls, building revenue, creating a vendors list, and more. Gain financial freedom and become a proactive landlord!

Shiral Torres			Fee: \$99
# 23442	1 Sunday	9:00am - 12:00pm	Feb. 9
# 23449	1 Sunday	9:00am - 12:00pm	Apr. 6

BABY BOOMERS: CREATE A LEGACY OF LOVE

Transform your life's wisdom into lasting opportunities for future generations. This mindful session helps you craft a meaningful legacy beyond assets. Learn to communicate your values, organize your affairs, and strengthen family bonds. Leave behind not just wealth, but a roadmap of love and inspiration for your loved ones.

Leslie Crumley	Fee: \$49
# 23527	1 Saturday
10:00am - 11:30am	Feb. 1
# 23528	1 Sunday
10:00am - 11:30am	Mar. 16

BABY BOOMERS: ESSENTIAL GUIDE TO LEGACY CREATION

Transform your life's wisdom and wealth into lasting opportunities for future generations. After this workshop, you'll have a personalized legacy system that: Communicates your values, Organizes your affairs, Strengthens family bonds. Act now and make a difference. Join us and start your legacy-building journey today.

Leslie Crumley	Fee: \$115
# 23533	1 Sunday
9:30am - 12:30pm	Feb. 2
# 23537	1 Sunday
9:30am - 12:30pm	Mar. 30

BABY BOOMERS: CASH FLOW MASTERY FUNDAMENTALS WORKSHOP

Unlock the full potential of your retirement with our cash flow strategy session. In this hands-on workshop, you'll learn to leverage your cash flow and maximize every dollar. Connect your strategy to your goals and dreams, ensuring peace of mind and financial security in your golden years. Ready to discover the secrets for lasting fulfillment and peace of mind?

Leslie Crumley			Fee: \$115
# 23538	1 Sunday	1:30pm - 4:30pm	Feb. 2
# 23539	1 Sunday	1:30pm - 4:30pm	Mar. 30

BABY BOOMERS: STOP CASH FLOW ANXIETY

Unlock the full potential of your retirement with our cash flow strategy session. Learn essential techniques to maximize every dollar and enjoy your golden years with peace of mind. Align your finances with your deepest goals and dreams, ensuring your retirement reflects your aspirations. Ready to discover the secrets for lasting peace of mind?

Leslie Crumley	Fee: \$69
# 23529	1 Saturday
12:30pm - 2:00pm	Feb. 1
# 23530	1 Sunday
12:30pm - 2:00pm	Mar. 16

BABY BOOMERS: UNLOCK YOUR TRAVEL DREAMS

Baby Boomers, ready to transform your travel dreams into reality? Learn to craft your travel vision, align your finances with your wanderlust, and maximize your travel budget. Discover innovative ways to stretch your budget and turn everyday spending into travel opportunities. Ready to uncover the secrets to change the way you travel forever?

Leslie Crumley	Fee: \$69
# 23531	1 Saturday
2:30pm - 4:00pm	Feb. 1
# 23532	1 Sunday
2:30pm - 4:00pm	Mar. 16

BALLET FOR ADULTS - ADVANCED BEG. - INTERMEDIATE

Experience the perfect way to develop strength, flexibility, musicality, and stamina through the timeless art of ballet, dating back to the 15th century. Enhance your self-esteem and build confidence while getting in shape! Students should wear leotards and tights or leggings, and ballet slippers are required.

Claudine	Fee: Varies
Mason-Marx	
# 23388 \$69	5 Sundays
9:00am - 10:15am	Jan. 12 - Feb. 9
# 23389 \$95	7 Sundays
9:00am - 10:15am	Feb. 23 - Apr. 6
# 23390 \$55	4 Sundays
9:00am - 10:15am	Apr. 27 - May 18

INTERMEDIATE SALSA

Elevate your salsa skills in this 6-week intermediate class with renowned instructor Alejandro Sanchez. Perfect for dancers aiming to enhance their technique, styling, and rhythm, this course covers intricate footwork, partner work, and musicality. Alejandro's expert guidance will help you build confidence and precision, making you a more polished salsa dancer in a fun and engaging environment.

Alejandro Sanchez	Fee: \$129
# 23542	6 Saturdays
12:00pm - 1:00pm	Jan. 18 - Feb. 22

BEGINNER TAP

In this class, we'll focus on tap basics, developing proper technique, rhythm, and percussion. Sessions will include a warm-up, across-the-floor exercises, and center work. We'll learn choreography, explore creativity, and practice improvisation. This class aims to build tap dance musicality, vocabulary, and individual style, helping you develop coordination and rhythmic clarity in a fun and challenging way. Tap shoes are required.

Alison Haggerty	Fee: \$69
# 23425	5 Wednesdays
6:45pm - 7:45pm	Jan. 15 - Feb. 19
# 23426	5 Wednesdays
6:45pm - 7:45pm	Feb. 26 - Apr. 2

SALSA FOR BEGINNERS

Add some spice to your life by learning how to Salsa! Even if you feel like you have two left feet, you'll master the basic steps in just a few weeks, ready to dance confidently in any social setting. No partner is necessary to join.

Jasmine Burgos	Fee: \$69
# 23391	5 Saturdays
3:00pm - 4:00pm	Jan. 11 - Feb. 8
# 23392	5 Saturdays
3:00pm - 4:00pm	Mar. 1 - Mar. 29
# 23393	5 Saturdays
3:00pm - 4:00pm	Apr. 19 - May 17

EXERCISE, SPORTS, & FITNESS

FITNESS FOR LIFE

This class promotes an active lifestyle and the health benefits of exercise through a mix of strength, cardio, balance, and mobility. Open to all ages, it offers a moderate-intensity, circuit-based group workout. You'll learn to use various exercise equipment and techniques, becoming stronger and healthier in the process!

Donald Broisma	Fee: Monthly
9:00am - 9:45am	Monday
9:00am - 9:45am	Wednesday

YOGA THERAPY SERIES

The sequences designed are evidence based on research for rehabilitation for specific areas of the body. The yoga postures are a hybrid of traditional yoga mixed with therapy exercises designed to strengthen and heal your body. They are suitable for all individuals modifications will be provided as needed. You will leave with a home program for your continued practice.

Adina Dawoud	Fee: \$80
# 23363	3 Sundays
3:00pm - 4:15pm	Feb. 2 - Feb. 23

EXERCISE, SPORTS, & FITNESS

GROUP TENNIS LESSONS

Raymond Finks, Tennis Pro

Learn tennis or improve your current game with our long-term teaching pro, Ray Finks. Ray is a member of the National Tennis Academy Professional Tennis Registry. He has played competitive and professional tennis for over 10 years and has won several local tournaments.

LEVELS:

BEGINNER: Very little to no previous experience in playing or lessons.

INTERMEDIATE: Dependable and accurate service placement and has some understanding of strategy in singles and doubles.

ADVANCED: Has high level of consistency and endurance.

EACH student must bring 2 unopened cans of tennis balls & racket.

SESSION 1: SATURDAY

Jan. 11 - Feb. 1	Fee: \$60
#23319 Children 6-9	9:00am - 10:00am
#23320 Children 10-14	10:00am - 11:00am
#23321 Adult Beginning	11:00am - 12:00pm
#23335 Adult Beg-Adv	1:00pm - 2:00pm
#23347 Adult Interm.	2:00pm - 3:00pm
#23359 Adult Advanced	3:00pm - 4:00pm

SESSION 2: SATURDAY

Feb. 8 - Mar. 8	Fee: \$60
#23329 Children 6-9	9:00am - 10:00am
#23330 Children 10-14	10:00am - 11:00am
#23323 Adult Beginning	11:00am - 12:00pm
#23338 Adult Beg-Adv	1:00pm - 2:00pm
#23350 Adult Interm.	2:00pm - 3:00pm
#23360 Adult Advanced	3:00pm - 4:00pm

SESSION 1: SUNDAY

Jan. 12 - Feb. 2	Fee: \$60
#23322 Adult Beginning	9:00am - 10:00am
#23336 Adult Beg-Adv	10:00am - 11:00am
#23348 Adult Interm.	11:00am - 12:00pm
#23337 Adult Beg-Adv	1:00pm - 2:00pm
#23349 Adult Interm.	2:00pm - 3:00pm

SESSION 2: SUNDAY

Feb. 9 - Mar. 9	Fee: \$60
#23324 Adult Beginning	9:00am - 10:00am
#23339 Adult Beg-Adv	10:00am - 11:00am
#23351 Adult Interm.	11:00am - 12:00pm
#23340 Adult Beg-Adv	1:00pm - 2:00pm
#23352 Adult Interm.	2:00pm - 3:00pm

SESSION 3: SATURDAY

Mar. 22 - Apr. 12	Fee: \$60
#23331 Children 6-9	9:00am - 10:00am
#23332 Children 10-14	10:00am - 11:00am
#23325 Adult Beginning	11:00am - 12:00pm
#23341 Adult Beg-Adv	1:00pm - 2:00pm
#23353 Adult Interm.	2:00pm - 3:00pm
#23361 Adult Advanced	3:00pm - 4:00pm

SESSION 4: SATURDAY

Apr. 26 - May 17	Fee: \$60
#23333 Children 6-9	9:00am - 10:00am
#23334 Children 10-14	10:00am - 11:00am
#23327 Adult Beginning	11:00am - 12:00pm
#23344 Adult Beg-Adv	1:00pm - 2:00pm
#23356 Adult Interm.	2:00pm - 3:00pm
#23362 Adult Advanced	3:00pm - 4:00pm

SESSION 3: SUNDAY

Mar. 23 - Apr. 13	Fee: \$60
#23326 Adult Beginning	9:00am - 10:00am
#23342 Adult Beg-Adv	10:00am - 11:00am
#23354 Adult Interm.	11:00am - 12:00pm
#23343 Adult Beg-Adv	1:00pm - 2:00pm
#23355 Adult Interm.	2:00pm - 3:00pm

SESSION 4: SUNDAY

Apr. 27 - May 18	Fee: \$60
#23328 Adult Beginning	9:00am - 10:00am
#23345 Adult Beg-Adv	10:00am - 11:00am
#23357 Adult Interm.	11:00am - 12:00pm
#23346 Adult Beg-Adv	1:00pm - 2:00pm
#23358 Adult Interm.	2:00pm - 3:00pm

EXERCISE, SPORTS, & FITNESS

STRETCH & TONE

This class is designed to promote gentle stretches that help loosen and tone the body, alongside isometric exercises that strengthen muscles, improve blood flow and joint mobility. The class includes a variety of exercises and stretches that alleviate pain and soreness, while also enhancing range of motion and balance.

Donald Lopez **Fee: \$69**
23369 6 Mon/Fri
6:30pm - 7:20pm Jan. 27 - Feb. 21

23370 6 Mon/Fri
6:30pm - 7:20pm Mar. 3 - Mar. 21

23371 6 Mon/Fri
6:30pm - 7:20pm Apr. 7 - Apr. 25

RESTORATIVE YOGA

Come and enjoy a gentle journey through the practice of Yoga. Participants can use props to support, balance, or advance a pose. The instructor will provide a series of options for each posture. This class will explore alignment, strength, balance, flexibility, breath, and relaxation. Bring a yoga mat and a willing spirit.

Margie Thomas **Fee: \$99/\$65**
23364 \$99 8 Tues/Thurs
10:00am - 11:00am Jan. 14 - Feb. 6

23365 \$99 8 Tues/Thurs
10:00am - 11:00am Feb. 11 - Mar. 6

23366 \$99 8 Tues/Thurs
10:00am - 11:00am Mar. 11 - Apr. 3

23367 \$65 5 Tues/Thurs
10:00am - 11:00am Apr. 8 - May 1

23368 \$99 8 Tues/Thurs
10:00am - 11:00am May 6 - May 29

FIRST AID, HEALTH, & WELLNESS

AMERICAN RED CROSS CPR/AED

Learn or review the life-saving skill of CPR on adults, children and infants. This course includes instruction on how to use an AED, and what to do in the event of a Choking Emergency. This interactive and engaging course concludes with an exam. Upon passing, certification is available for an additional \$29, payable to the instructor in class. Ages 18+.

Margaret Noji **Fee: \$50**
23427 1 Thursday
6:00pm - 10:00pm Feb. 6
Supply Fee: \$5

AMERICAN RED CROSS FIRST AID

Learn or review the steps to give aid in Emergencies such as bleeding wounds, burns, and bone injuries; and how to respond to sudden illnesses such as stroke, seizure, allergic reaction, and more. This course is recommended for parents, caregivers, coaches, athletes, and anyone willing to help others in a healthcare emergency. Upon passing the exam, certification is available for an additional \$29, payable to the instructor in class. Ages 18+.

Margaret Noji **Fee: \$40**
23428 1 Thursday
6:00pm - 9:00pm Feb. 20
Supply Fee: \$5

HOMEOPATHY AND ACUPRESSURE TO REDUCE PAIN & STRESS

Learn the basics of Chinese healing as it relates to acupressure massage. This class will focus on self and couple acupressure massage and specific points to use for common problems such as: lack of energy and mental clarity, low back pain, neck and shoulder pain, etc. You will learn approximately 16 acupressure points you can perform on yourself and others. You will also learn basic head and neck massage techniques. Please have a small hand mirror and water-soluble marker.

Dr. Randy Martin, **Fee: \$39**
Ph.D., O.M.D.
23429 1 Thursday 7:30pm - 9:00pm Feb. 13

LANGUAGES

SPANISH CLASSES FOR CHILDREN, ADULTS, AND SENIORS

SPANISH FOR CHILDREN

7 - 10 YEARS OLD (ONLINE)

Introduce your child to the Spanish language and Latin American culture. We will begin with the Alphabet and the basics of Present Tense. Next, we will concentrate on the basics of Present and Future Tense. In each class your child will learn how to interact in Spanish through in-class exercises, role playing, games, videos, and fun activities.

Teresa Hito

Fee: \$99/\$89

CHILDREN'S BEGINNER

Wednesdays 5:00pm - 6:00pm

23461 \$99 Jan. 15 - Mar. 12

23477 \$89 Apr. 23 - Jun. 11

CHILDREN'S INTERMEDIATE

Thursdays 6:00pm - 7:00pm

23462 \$99 Jan. 16 - Mar. 13

23478 \$89 Apr. 24 - Jun. 12

CHILDREN'S ADVANCED

Thursdays 5:00pm - 6:00pm

23463 \$99 Jan. 16 - Mar. 13

23479 \$89 Apr. 24 - Jun. 12

SPANISH FOR SENIORS (ONLINE)

This course is targeted for retirees, looking to keep their mind active through language learning. It is a basic language course with an introduction to the Spanish language. Students will learn starting from the alphabet to a basic simple conversation. Each week will cover different topics, and students will be able to practice actively in class what they learned.

Students will learn starting from the alphabet to a basic simple conversation. Each week will cover different topics, and students will be able to practice actively in class what they learned.

Teresa Hito

Fee: \$189

SENIORS BEGINNER

Wednesday/Friday 1:00pm - 2:00pm

23534 Jan. 15 - Mar. 12

23480 Apr. 16 - Jun. 13

SENIORS INTERMEDIATE

Wednesday/Friday 2:00pm - 3:00pm

23535 Jan. 15 - Mar. 12

23481 Apr. 16 - Jun. 13

SPANISH FOR ADULTS (ONLINE)

In this course students will use reading, writing, speaking, and listening skills to develop a basic level of proficiency in the Spanish language. Each week will present a topic with grammatical points of interest by using games, drills, and videos to cover all aspects of language learning. General topics will be addressed depending on the what is covered that week.

Teresa Hito

Fee: \$139/\$149

ADULT BEGINNER

Wednesdays 7:00pm - 8:30pm

23467 \$149 Jan. 15 - Mar. 12

23475 \$139 Apr. 16 - Jun. 11

ADULT INTERMEDIATE

Saturdays 8:00am - 9:30am

23468 \$149 Jan. 18 - Mar. 15

23474 \$139 Apr. 26 - Jun. 14

ADULT ADVANCED 1

Saturdays 9:40am - 11:10am

23469 \$149 Jan. 18 - Mar. 15

23472 \$139 Apr. 26 - Jun. 14

ADULT ADVANCED 2

Saturdays 11:20am - 12:50am

23470 \$149 Jan. 18 - Mar. 15

23473 \$139 Apr. 26 - Jun. 14

SPANISH FOR TRAVELERS (ONLINE)

This course is geared to travelers, who are planning to visit a Spanish country, and would like to have a basic Spanish language skill, to be able to communicate effectively with locals. Along with the language skill, students will be exposed to the culture by learning about places they will visit, important festivities and typical ethnic food.

Teresa Hito

Fee: \$99/\$89

ADULT TRAVELERS

Saturdays 1:00pm - 2:00pm

23476 \$99 Jan. 18 - Mar. 15

23471 \$99 Apr. 26 - Jun. 14

LANGUAGES

CIAO VENEZIA - ITALIAN LIVE STREAM FROM VENEZIA, ITALY! (ONLINE)

Learn Italian directly from Venice, Italy with Mr. Lombardi! This beginner-friendly course uses simple idiomatic phrases to get you speaking Italian quickly. Divided into ten subjects, you'll build vocabulary, grammar, and pronunciation skills. Topics include greetings, family, numbers, home, town, dining, work, and socializing. Enjoy ear-training exercises and the authentic experience of learning from Venice!

Giovanni Lombardi

# 23394	6 Tuesdays	10:00am - 11:00am	Fee: \$69 Jan. 14 - Feb. 18
# 23395	6 Tuesdays	10:00am - 11:00am	Mar. 25 - Apr. 29

MUSIC

UKULELE

Learn fundamental skills to get you playing ukulele in this entertaining hands-on class. We will work on rhythm, strumming, patterns, and some finger picking. With a few basic chords you can play along with others and accompany yourself on a multitude of songs. Learn to find the right key for your voice and where the notes are on the keyboard.

Dale LaDuke **Fee: \$99**

LEVEL 1

# 23420	5 Saturdays
9:00am - 10:00am	Jan. 25 - Feb. 22

LEVEL 2

# 23421	5 Saturdays
10:00am - 11:00am	Jan. 25 - Feb. 22

BEGINNING GUITAR

If you are just starting out on guitar this class is for you! The course will teach the basic fundamentals of music, power chords and the notes on the guitar. You will be introduced to guitar tablature which will build the foundation for a lifetime of enjoyment making music. Come join this class and learn how to play songs and make music in no time flat.

Dan Sindel **Fee: \$149**

LEVEL 1

# 23423	6 Thursdays
6:30pm - 8:30pm	Feb. 27 - Apr. 3

LEVEL 2

# 23424	6 Thursdays
6:30pm - 8:30pm	Apr. 10 - May 22

THE BASICS OF HARMONY SINGING

In this fun class, you will discover and hone your own vocal sound, learn breath control, experiment working with different ranges, train your ear to better understand pitch, and enhance your singing diction. We'll start with simple popular songs and learn to sing the correct melodies and then the harmonies that go with them in a very easy low pressure environment. This class will help you find your voice.

Dale LaDuke **Fee: \$99**

# 23422	5 Saturdays
11:00am - 12:00pm	Jan. 25 - Feb. 22

JAZZ GUITAR (ONLINE)

The Jazz Guitar 1-on-1 is an affordable college-level jazz education course for intermediate to advanced guitarists. An admission test will determine eligibility. The course focuses on chord voicings, scales, arpeggios, and improvisation with jazz standards. Live streaming classes will be recorded for convenient weekly reinforcement, and a virtual classroom on WhatsApp will provide weekly feedback. The course is taught by Gio Lombardi, an experienced teacher, performer, and composer.

Gio Lombardi **Fee: \$69**

# 23396	6 Saturdays
9:30am - 10:30am	Jan. 18 - Mar. 1

# 23397	6 Saturdays
9:30am - 10:30am	Apr. 26 - May 31

SEE PERFORMING ARTS FOR MORE MUSIC CLASSES PG.8

PERSONAL ENRICHMENT

ACT 3: CREATING YOUR RETIREMENT LIFE (BEYOND FINANCES)

Are you ready for your retirement? "The New Retirement" prepares you for the NON-FINANCIAL aspects of retirement, and the opportunity to rehearse your transition from employment, which is as crucial as financial planning. "The New Retirement" course includes discussions, support materials, activities, resources, a Personality Profile instrument, and your personal strategic plan designed to support a meaningful and rewarding life journey in alignment with your financial goals.

Devra Korwin Fee: \$79
23453 3 Mondays
6:00pm - 8:30pm Jan. 27 - Feb. 10

INTRO TO TAROT CARD READING

Uncover the mystery and symbolism of tarot cards. Learn how to interpret the cards in a reading, tap into your intuition, and use tarot to support your well being. Bring your own deck - the Rider-Waite deck is highly recommended for beginners.

Michelle Nieweg Fee: \$85
23458 6 Thursdays
6:30pm - 7:30pm Jan. 16 - Feb. 20
Students must purchase the required materials

NINE STEPS TO SELF-PUBLISH YOUR BOOK

Figuring out how self-publishing works does not have to be a time-consuming, research-laden mission. This course tells you everything you need to know about self-publishing by systematically walking you through the self-publishing process, using practical examples.

Stacy Dymalski Fee: \$64
23455 1 Saturday
10:00am - 12:00pm Mar. 1

23457 1 Saturday
10:00am - 12:00pm May 3

GRIEF, LOSS, AND LIFE'S CHANGES

We all experience change and loss in our lives. While grief is often associated with the death of a loved one, any significant life change can trigger a grief response.

This class provides information about grief: how we respond to loss, different types of grief, and how to support yourself and others experiencing grief.

Nita Millstein Fee: \$49
23544 4 Fridays
1:30pm - 2:45pm Mar. 7 - Mar. 28

LIVE, WORK OR RETIRE ABROAD AFFORDABLY (ONLINE)

Enjoy a higher standard of living while living your dream! Learn how you can make your dream of living in a foreign country possible. Find out how to stretch a fixed retirement income, or how to find work overseas that pays your room and board. Discover the top ten countries where you can live better abroad than in the U.S., and how you can do it. Get tips on evaluating your finances, figuring out how far your dollar will go, housing, transportation, food, government discount programs, access to healthcare, job opportunities and more.

Bob Cohen Fee: \$49
23399 1 Thursday
6:00pm - 9:00pm Mar. 13

TURN YOUR STORY INTO A BOOK

Do you have a story idea that should be a book or movie? Unfortunately, an idea not a story. This course shows you how to find your story's message, then how to structure your story so that it supports your message with a beginning, middle, and end.

Stacy Dymalski Fee: \$49
23454 1 Saturday
10:00am - 12:00pm Feb. 22

23456 1 Saturday
10:00am - 12:00pm Apr. 12

LAVC is Celebrating its 75th Anniversary!

Are you LAVC Alumni? If you are an alum of the college, we want to hear from you!
What are your best memories of LAVC? Who was your favorite professor?
Did you play on a team? Perform in a show?

Tell us your story: www.lavcfoundation.org/tellyourstory

OPEN RECREATION ACTIVITIES

- Open Recreation (drop-in) activities are open to adults ages 18 and up in the community.
- Days and times are subject to change due to location availability.
- There is no instruction for Open Recreation activities.
- Coaching/teaching at any open recreation activity is prohibited.
- Participants must purchase a 10 visit pass for \$50!
- Passes are available at the Community Services office by phone with a credit card or Online.
- No refunds on Open Recreation passes will be issued.
- Lost or stolen cards will not be replaced.

DAY	TIME	PROGRAM	LOCATION
Monday	7:30pm -10:00pm	Scottish Dance	CSC 102
Thursday	6:30pm -10:30pm	Badminton	North Gym
Friday	7:00pm - 11:00pm	Badminton	North Gym
Saturday	7:00pm - 10:00pm	Basketball	North Gym
Sunday	2:00pm - 5:00pm	Adv. Badminton	North Gym

ADULT LAP SWIM (18 AND OVER)

Monday - Thursday	6:30pm - 8:00pm
Friday	5:00pm - 8:00pm

Open to all adults 18 and up for lap swimming. Lap passes have 10 entries. Purchase one pass for \$45, 2 passes for \$70, 3 passes for \$100. No refunds will be given for lap swim passes. Lost or stolen passes will not be replaced.

Note: Purchase of the LAVC Community Services Lap Swim Pass does not guarantee that there will be lap space in the pool at all times during our regular lap swim hours. Please understand that we will try our best to find accommodations for lap swimmers but there may be times when it is not possible. Please also be aware that the Aquatic Staff and Lifeguards have the authority to move patrons as necessary.

All registrations must be done at the Community Services Office

ONLINE COURSES

CAREER TRAINING PROGRAMS



Accelerate your career or find a new one with any of our more than 800 online courses!

COURSE FEATURES:

- 24/7 Access
- Books and materials included
- Certificate of Completion
- Financial assistance available
- Student Advisors included
- Industry recognized certifications

To view all courses, learn more and enroll, visit:

<https://careertraining.lavc.edu>

SWIMMING & AQUATICS

WE OFFER SWIMMING AND AQUATICS CLASSES YEAR ROUND

SWIM POLICIES AND REGISTRATION PROCEDURE

Classes

- Swim classes are not confirmed until payment is received.
- If you miss a group lesson, there will be no make-up scheduled. If the Community Services Office cancels a class due to inclement weather*, instructor's schedule, etc. We will provide a make-up class at a mutually agreeable date and time. OR we will provide an electronic voucher or refund.

**All classes will be held rain or shine; except in case of thunderstorms, ice on the pool deck or if it is raining so hard that lifeguards cannot see the bottom of the pool. Please read our refund policy on Page 4.*

ADULT SWIM CLASSES (18 YEARS OLD AND UP)

SHALLOW WATER AEROBICS

This class is perfect for those looking to enhance their strength, flexibility, and cardiovascular endurance while minimizing joint impact and stress. Ideal for beginners to intermediate participants.

Monday/Wednesday/Friday

Fee: Monthly 10:00am - 10:55am

AQUA HIIT

A combination of water aerobics and swimming for a varied, challenging, and fun workout! This class will begin with light stretching. HIIT is a type of interval training exercise. It incorporates several rounds that alternate between several minutes of high-intensity movements followed by short periods of lower-intensity movements. If you want to get back into shape, keep yourself in shape, or are just looking for something different, then this is the class for you! *All participants must be comfortable and water safe in deep water.*

Tuesday/Thursday 4:00pm - 4:55pm

Fee: Monthly 6:00pm - 6:55pm

Monday/Wednesday 4:00pm - 4:55pm

Fee: Monthly 6:00pm - 6:55pm

PRIVATE SWIM LESSONS (ADULT)

25 minutes of one-on-one instruction once a week. Personalized instruction for all skill levels. Flexible scheduling. Prices based on number of weeks in the month.

Fee: Monthly

WATER AEROBICS

A combination of shallow and deep water aerobics. This class is for anyone who wants to improve strength, flexibility, and cardiovascular endurance with a mixture of high and low intensity.

Tuesday/Thursday

Fee: Monthly 9:30am - 10:30am

AQUA STRETCH

Enjoy the benefits of a flexibility workout using the natural buoyancy of the water to help improve your muscle suppleness, balance and range of motion. A perfect complement to the workouts provided in the other aqua fitness classes.

Thursday 10:30am - 11:00am

Friday 9:30am - 10:00am

Fee: Monthly

BEGINNING ADULT SWIM INSTRUCTION

For Adults 18+: Ideal for beginners, this program teaches essential water safety skills like floating, treading water, and basic swimming strokes. Wetsuit Recommended

Monday/Wednesday Fee: \$75

#23549 Mar. 3 - Mar. 26 3:30pm - 4:15pm

#23550 Mar. 3 - Mar. 26 7:00pm - 7:45pm

#23551 Apr. 28 - May 21 3:30pm - 4:15pm

#23552 Apr. 28 - May 21 7:00pm - 7:45pm

Tuesday/Thursday Fee: \$75

#23553 Mar. 4 - Mar. 27 7:00pm - 7:45pm

#23554 Apr. 29 - May 22 7:00pm - 7:45pm

All information listed herein is subject to change at any time without prior notice.

SWIMMING & AQUATICS

WE OFFER SWIMMING AND AQUATICS CLASSES YEAR ROUND

SWIM POLICIES AND REGISTRATION PROCEDURE

Private Lessons

- Swim lessons are not confirmed until payment is received.
- We will do our best to honor requests for instructors but cannot guarantee this.
- If the Community Services Office cancels a class due to inclement weather*, instructor's schedule, etc. We will provide a make-up class at a mutually agreeable date and time or an electronic voucher.
- Participants in current month private swim lessons have priority registration over others.
- Private Lesson priority registration for the next month begins after the 3rd Sunday of the month.

All registrations must be done through the Community Services Office

PRIVATE SWIM LESSONS (YOUTH)

25 minutes of one-on-one instruction once a week. Prices based on number of weeks in the month. Children must be at least 5 years old and toilet trained. Call Community Services (818.947.2577 x4172) for times or to schedule a lesson. Lessons are available every half hour, Monday through Friday from 3:30pm - 6:30pm. Please read the registration information/refund on page 26..

CHILDREN'S SMALL GROUP LESSONS

Our smaller group lessons offer flexible scheduling and are for children of all swimming abilities. Learn to swim or get better with your strokes! For ages 5 through 16½. Group sizes are 4-8 students and lessons are 30-55 minutes long.

Assessment required for Levels 2 or higher and are by appointment only.

Contact Community Services at (818)947-2577 x4172 to schedule an appointment.

LEVEL 1

Class Size: 4 x 1	\$85/month
Monday/Wednesday	3:50pm - 4:20pm
Tuesday/Thursday	3:50pm - 4:20pm
Tuesday/Thursday	5:55pm - 6:25pm

LEVEL 2

Class Size: 4 x 1	\$85/month
Monday/Wednesday	4:25pm - 4:55pm
Tuesday/Thursday	4:25pm - 4:55pm
Tuesday/Thursday	6:30pm - 7:00pm

LEVEL 3

Class Size: 6 x 1	\$105/month
Monday/Wednesday	4:00pm - 4:45pm
Monday/Wednesday	5:00pm - 5:45pm
Tuesday/Thursday	4:00pm - 4:45pm
Tuesday/Thursday	5:00pm - 5:45pm

LEVEL 4

Class Size: 6 x 1	\$105/month
Monday/Wednesday	5:00pm - 5:45pm
Tuesday/Thursday	5:00pm - 5:45pm
Tuesday/Thursday	6:00pm - 6:45pm

LEVEL 5

Class Size: 8 x 1	\$105/month
Monday/Wednesday	5:00pm - 5:55pm
Monday/Wednesday	6:00pm - 6:55pm
Tuesday/Thursday	5:00pm - 5:55pm

LEVEL 6: ADVANCED AQUATICS

Intermediate to advanced swimmers looking to improve their strokes, proper lap techniques, and have fun while increasing their strength and endurance

Ages 6 – 16	\$105/month
Monday/Wednesday	6:00pm - 6:55pm

PLEASE NOTE: We advance children to the next level based on Instructors recommendation and availability of the class. We cannot guarantee that the next level of class will always be available on your requested day/time, or at all.

MONARCH CAMPS

MONARCHCAMPS.COM

(818) 304-3016 | INFO@MONARCHCAMPS.COM

SUMMER CAMP OPEN HOUSE

Saturday, February 22th, 2PM-4PM

Sunday, March 16th 2PM-4PM

Saturday April 5th 2PM-4PM

Community Services Center

5792 Ethel Ave.

Sherman Oaks, CA 91401

Drop by anytime during the open house to meet camp staff, tour our facilities and participate in question & answer sessions while your campers enjoy facepainting by Monarch Parties.

SINGLE DAY CAMP (7:30am TIL 6:30pm)

March 31st & April 24th

Schools Out, Come to Camp!!

We offer a full day of camp for pupil-free days & holidays when school is out. During the day campers will enjoy Sports, Arts & Crafts projects, Special Event Activities and Swimming if weather permits.

SPRING BREAK CAMP

Monday - Friday, April 14 - 18

If you and your kids are looking for fun things to do on their week off from School, sign up for Spring Camp! Five full days of fun-filled delight from 7:30 in the morning until as late as 5:30 at night! We will have on campus day camp with swimming, rockwall, sports, a field trip on Wednesday, culminating in our Friday Pizza Party and Egg-themed Scavenger Hunt! All groups are age-separated (though sometimes 2 grades may be together) and gender-mixed.

MONARCHCAMPS.COM

(818) 304-3016 | INFO@MONARCHCAMPS.COM

Monarch Camps provides campers with a fun and enriching environment where growth is a natural outcome of participation. The sports and activities we offer facilitate the development of cooperation, creativity, motor skills and sportsmanship among campers. Camp traditions and inclusion are tools that we use to cultivate a family environment. We strive to be a positive influence on a camper's growth from childhood through their teen and adult years.



SUMMER CAMP 2025

JUNE 9TH THROUGH AUGUST 8TH
DROP OFF: 7:30AM-8:45AM
PICK UP: 4:15AM-5:30PM

DAILY RATES	SIBLING RATES
\$115 per day	\$100 per day
3 day minimum per week	

OUR MOST POPULAR PROGRAM - CLASSIC DAY CAMP

This is where it all begins, with our longest running and most popular camp. Campers participate in arts & crafts, special projects, and play in a variety of sports (such as gymnastics, basketball, tennis, soccer, and archery). We build a strong sense of camp tradition and community through singing, dancing, special dress-up, and theme days with unique events. Groups for this camp are divided by grade.

Camps We Offer	For Grades	Ages
Classic Day Camp	Kinder- Seventh	5-13
Fine Art Camp	Second - Seventh	7-12
Theatre Arts Camp	Third - Seventh	8-12
Nature Camp	Third - Seventh	8-12
Dance Camp	Second - Seventh	7-12
Gymnastics Camp	Second - Seventh	7-12
Soccer Camp	First - Seventh	6-12
Tennis Camp	Third - Seventh	8-12
Tumbling Camp	Kinder - Second	5-7
Basketball Camp	Third - Seventh	8-12
Counselor In Training	Eight-Ninth	13-14

MONARCH CAMPS

MONARCHCAMPS.COM/CLASSES

(818) 304-3016 EXT 700 | CLASSES@MONARCHCAMPS.COM

Registration opens at 8:00PM
on the 15th of each month
for the following month.



FINE ART CLASSES

Discover the enchanting realm of creativity and self-expression through our captivating Fine Art Classes, thoughtfully designed for children aged 7-13. Within the world of visual arts, budding young talents will flourish as they unlock their imaginations and nurture their artistic abilities. Our skilled instructors are passionate about nurturing and igniting the artistic spark in each child, fostering a supportive atmosphere for their creative exploration. Embracing small class sizes, we ensure individualized attention, empowering every young artist to blossom in their own distinctive style. Join us for an exciting and transformative journey through the mesmerizing world of fine art!

BASKETBALL CLINICS

Ignite your child's love for basketball at our Basketball Camp and Saturday Clinics! Every Saturday from 5PM-7PM, young athletes will dribble, shoot, and soar on the court. Our experienced coaches provide a supportive environment with personalized attention, helping kids develop skills and confidence. Join us for fun, teamwork, and the joy of the game! They can also stay for Monarch Saturday Nights for an extra fee.

GYMNASTICS CLASSES

Children will learn basic gymnastics skills which help develop body awareness while working on strength and flexibility. From warming up their muscles to going upside on around the uneven bars, they will experience it all! We focus on knowledge of the equipment and their comfort level with each event they visit.

ROCK CLIMBING CLASSES

Be brave and adventurous in this challenging physical activity for kids 6-11. Rock climbing encourages problem solving and boosts confidence as they strategize their way to the top. An awesome alternative to competitive sports, rock climbing is a personal journey for climbers, building coordination and strength while staying in shape. Children work with experienced instructors. Class sizes limited..

THEATRE CLASSES

Unlock the world of creativity and self-assurance in our engaging Theatre Classes, tailor-made for children aged 7-13. Within the realm of performance and storytelling, young minds will thrive as they embrace their imaginations and develop their artistic potential. Our experienced instructors are dedicated to guiding and inspiring each child, providing a nurturing environment for their theatrical exploration. With limited class sizes, we ensure personalized attention, allowing every young performer to flourish in their own unique way. Come join us on this exhilarating and transformative journey through the captivating world of theatre!

MONARCHCAMPS.COM/PARTIES

(818) 304-3016 EXT 6 | PARTY@MONARCHCAMPS.COM

SATURDAY NIGHTS

**Register online \$60 for 5PM - 11PM
Day of Drop off \$85**

5PM - 7 Dinner and Games | 7 - 9 Activities | 9 - 11PM Wind Down Time
Activities such as: Rock Climbing, Gymnastics, Sports, Art and other fun stuff

MONARCH PARTIES

Have an easier experience by having the party on campus. We decorate and will clean up after! You'll get the convenience of easy parking and the use of our party room with a refrigerator, freezer, ice maker and sinks.

• You can also have our experiences come to your location for a fun and memorable experience. Our rentals will enhance any party or event.

PARTIES ON CAMPUS - CHOOSE ACTIVITIES

- Gymnastics
- Sports
- Inflatables
- Rock Wall
- Arts & Crafts
- Water Play

WE HAVE SERVICES TO ADD TO YOUR PARTIES/EVENTS!

- Airbrush Tattoo Artist • Face Painting • Art Instructor
- Sports Coach • Mobile Rock Wall

Email: party@monarchcamps.com to reserve your party

ADULT RECREATIONAL GYMNASTICS CENTER AND ROCK CLIMBING

Adults can use the gymnastics center and the rock climbing wall during the hours below.

\$20 Day Pass

\$60 Monthly Pass

	Gymnastics Center	Rock Climbing Wall
Tuesday	7:00PM - 10:00PM	7:00PM - 10:00PM
Thursday	Closed	7:00PM - 10:00PM
Friday	7:00PM - 10:00PM	7:00PM - 10:00PM

5792 Ethel Ave. Valley Glen, 91401

YOUR PATH TO CREDIT CLASSES, CITIZENSHIP & AND
EMPLOYMENT STARTS HERE

Take Free Classes and Earn a Certificate in:

- ESL
- ESL SPEECH
- ESL AND CIVICS
- MICROCOMPUTER LITERACY

SEE A COUNSELOR AND
PLAN YOUR ACADEMIC FUTURE.



CITIZENSHIP CENTER

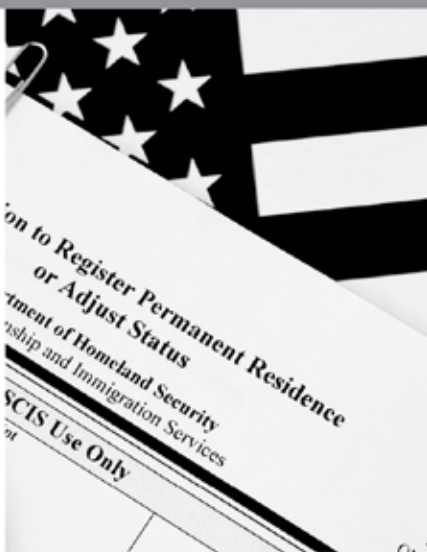


GEVORGL@LACCD.EDU

PREPARE FOR YOUR
CITIZENSHIP

We Offer

- FREE IN-PERSON AND ONLINE EL CIVICS/CITIZENSHIP CLASSES TO PREPARE FOR THE CITIZENSHIP INTERVIEW AND EXAM
- STUDY GUIDES
- ASSISTANCE TO QUALIFYING INDIVIDUALS WITH FILING VARIOUS IMMIGRATION FORMS
- ASSISTANCE WITH PASSPORT APPLICATION
- REFERRALS TO LEGAL SERVICES



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(818) 778 - 5594



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ADMINISTRATION & CAREER
ADVANCEMENT BUILDING
(ACA) ROOM 1401



PROTECT YOUR FAMILY WITH ESTATE PLANNING

Join us on January 22, 2025 for an Estate Planning Seminar with Oak Crest Law Group

Join us for this complimentary seminar and learn more on what to consider when creating a personal plan to protect your family's future.

12:30 p.m. – 2:00 p.m. | Los Angeles Valley College
Admin. & Career Advancement Bldg., Room 2505
5800 Fulton Avenue, Valley Glen, CA 91401

Lunch will be provided. Register at: lavcfoundation.org
email: foundation@lavc.edu or call 818-947-2619

EXPLORE TUITION-FREE CLASSES WITH ADULT ED!

- NO ENROLLMENT/REGISTRATION FEES
- You must be an adult living in California.
- No GED required.
- Flexible Schedule (online, in-person, hybrid).
- Add/drop classes ANYTIME between the start and end date.
- Certificate of Completion awarded on academic transcripts for passing ("P") grades.

CLASSES AND CERTIFICATES ARE AVAILABLE IN:

- Community Health Worker
- Media & Cinema Arts
 - Photography
 - Motion Picture Sound Techniques
 - .NET Programming
 - Line Producing & Unit Production Management Skills
 - DaVinci Resolve Techniques
 - Radio/Audio or TV/Video Industry
- Mass Media & the Law
- 21st Century Employability Skills
- Success in Hybrid & Online Classes
- Workplace Diversity, Equity, and Inclusion



Adult Education
Noncredit
LOS ANGELES VALLEY COLLEGE

(818) 947-2961

AdultEd@lavc.edu

lavc.edu/student-services/adult-education

FAST-TRACK YOUR FUTURE



VALLEY FAST TRACK

Short-term classes for working adults.

Fast Track students can complete their general education transfer requirements and a degree in about two years. Most courses are offered 100% online.

You can earn the following degrees:

- Anthropology Associate in Arts for Transfer Degree
- Business Administration Associate in Science for Transfer Degree
- History Associate in Arts for Transfer Degree
- Sociology Associate in Arts for Transfer Degree

SPRING 2025

1st 8-week classes begin
February 10

2nd 8-week classes begin
April 14



Enroll Now
www.lavc.edu/fasttrack



Join us as we celebrate 75 years serving the San Fernando Valley.
Come see what's going on at www.lavc.edu/75





A LIFETIME OF LEARNING

ARTS & CRAFTS
COOKING
PERSONAL ENRICHMENT
SWIMMING
WRITING
AND MORE...



📷 @lavccommserv

📘 /lavccommserv



Los Angeles Valley College
Community Services Department
5800 Fulton Avenue
Valley Glen, CA 91401 - 4096

WINTER/SPRING 2025



January - May
Register Today!

<https://lavalley.augusoft.net>
(818) 947-2577 x4172

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COMMUNITY SERVICES CENTER

