

THE MONTHLY FEED - JUNE 2023

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NUTRITION SERVICES

Lincoln County School District

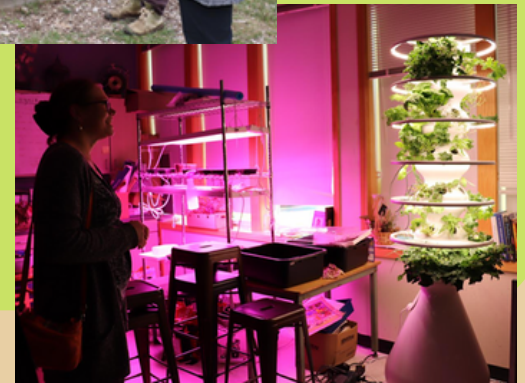
School Meals Gardens Food Pantry



Nutrition Services had an exciting Friday May 12th, when the USDA Regional Farm to School Coordinator came to visit our four Newport Gardens and Hydroponic setups. Apparently, the word is getting around that Lincoln County is making things happen. The tour was spent discussing our best practices and successes. We also took this opportunity to discuss barriers and changes we would like to see in the future so school gardens become easier to start in all schools across the US.



Right:
Hydroponic
setup at NHS in
teacher Hargett's
classroom



THREE SISTERS



Showing off the Yaquina View mound full of Squash, Corn and Beans growing in the Three Sisters Garden. This traditional Native American planting technique teaches students good stewardship of the land and how some plants can help others in the process of growing delicious foods. The corn planted this year was harvested last year from some of these same students. This planting will be ready for harvest come fall when the students return from summer break.



OREGON

Farm to School & School Garden

NETWORK



CNP Manager, Jamie Nicholson has been selected to sit on the Oregon Farm to School and School Garden Network Steering Committee. This 3 year position will give LCSD a voice to help create better partnerships with School Gardens and Cafeterias across Oregon.

BRINGING LOCAL TO A CAFETERIA LINE NEAR YOU!

Miffy's, a women owned Oregon company joins our list of local Vendors this month as our new Whole Wheat Muffin Mix Supplier. Miffy Jones, Owner and Mix Master brings together quality grains grown in Eugene to created a USDA approved, low sugar product for fresh baked breakfast muffins. We are so excited to be offering this new delicious produced to our students. Thank you Miffy!



If you or someone you know has a farm, or processor in Lincoln County and want to support school meals, lets talk! We have grant funds to by local products.



We are also excited to announce our new Tuna Vendor, Oregon's Choice Gourmet and introduce owner SueAnna Harrison. Watch for this delicious, high-quality tuna on the lunch line!



A little about SueAnna's: I grew up in a fishing family in Newport Oregon in the 90's and I never would have believed that one day my family's tuna business would be the supplier of school lunch in Lincoln County!



Above: Oregon's Choice owner SueAnna Harrison

Below: SueAnna Harrison with her family as a child.

My dad started Oregon's Choice as an individual fisherman selling tuna off his boat on port dock 5 in the late 1970's. As a kid growing up in Newport, I was always helping my dad with the business. In 2020 I bought the business from my parents, making Oregon's Choice a 2nd generation family-owned company!



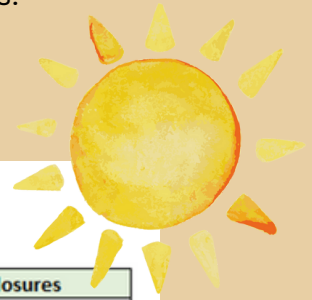
LCSD Adopt a Farmer Day



This year Newport Middle School and Future Bound Program students took part in the Oregon Aglink Adopt a Farmer Program. In the fall Stahlbush Island Farms came to NMS to have lunch with the students and share about their farm. They made a fun pumpkin pie recipe with the students from pumpkins grow on the farm. This spring the students were able to travel to Corvallis to tour the farm and learn all about sustainable agriculture.

Stahlbush Farms has been a leader in agricultural innovation and was the first farm in Oregon to use GPS technology, and the first to build a bio-gas plant that generates electricity using agricultural by-products in North America! One of our first farm to school partnerships was with Stahlbush Island Farms. Their nutritionally dense and delicious squash and berries can be found in our school meals.

SUMMER MEALS



2023 Lincoln County School District Summer Meal Schedule All Meals Provided at No Cost to Children Ages 1 to 18

Newport Locations		Days	Meals	Breakfast	Lunch	Closures
Newport High	Starting 6/15/2023 thru 8/18/2023	M - F	Breakfast & Lunch	8:30 to 9:00	11:45 to 12:15	closed 7/3-7/4
322 NE Eads Street						
Toledo Locations						
Toledo Elementary	Starting 6/15/2023 thru 8/18/2023	M-F	Breakfast & Lunch	8:30 to 9:00	11:45 to 12:15	closed 7/3-7/4
600 SE Sturdevant Road						
Lincoln City Locations						
Oceanlake Elementary	Starting 6/15/2023 thru 9/1/2023	M-F	Breakfast & Lunch	8:30 to 9:00	11:45 to 12:15	open 7/3 closed 7/4
2420 NE 22nd Street						
Waldport Location						
Crestview Heights	Starting 6/15/2023 thru 8/18/2023	M-F	Breakfast & Lunch	8:30 to 9:00	11:45 to 12:15	closed 7/3-7/4
2750 S Crestline Drive						
OTHER LOCATIONS						
Eddyville Charter	Starting 7/24/23 thru 8/4/23	M-F	Breakfast & Lunch	8:30 to 9:00	11:45 to 12:15	
1 Eddyville School Rd						



For more information, please call
(541) 336-2146

Meals will only be served during the listed hours above.
Main Entrée and Milk must be eaten at the serving location.
Fruits & Vegetables may leave the serving location.

This Institution is an Equal Opportunity Provider

WHAT'S GROWING ON? -LCSD SCHOOL GARDENS-

On May 27th, the Nutrition Services Team ran a booth at the Lincoln City Habitat for Humanity Home and Garden show. Families received free garden seed packets and we sold student propagated plant starts and herb baskets. This was a great way to promote our school meals, school gardens, and nutrition education.



SCHOOL GARDEN TOUR

Keep a look out for our upcoming Community Garden Tour, featuring the hard work of the Newport K-12 students. The tour will include transportation between school garden sites, snacks and family friendly activities.



PAID GARDEN INTERNSHIP

Lincoln County School District, in partnership with Oregon STEM Hub, will be offering 3 paid garden internships from June to August for LCSD students. This will be a great opportunity for students whom have a passion for the outdoors, supporting community, nutrition education, or fighting food insecurities. Interested parties should contact Nutrition Services for more information.

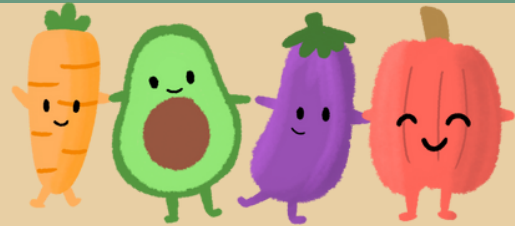
Want to be part of an amazing team?
Go to us.sodexo.com or call (541) 336-2156.



@lcsdschoolgardens



@Lincoln County Oregon School Gardens



CONGRATULATIONS!



Diversity, Equity & Inclusion

Sodexo Listed by Forbes as a 2023 Best Employer for Diversity