



East & South District Nurse
541-265-6703







West District Nurse
541-265-6704

North District Nurse
541-270-5625

Dr. Majalise Tolan, Superintendent

WHEN SHOULD A CHILD STAY HOME FROM SCHOOL OR BE SENT HOME FROM SCHOOL?

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns.

GENERAL SYMPTOMS OF ILLNESS	STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 Isolated Fever only: Temperature by mouth of 100.4°F or greater	*Fever-free for 24 hours without taking fever-reducing medicine Covid Symptoms: Consider masking for 10 days after symptom onset.
 New Cough illness:	*Symptoms improving for 24 hours (no cough or cough is well-controlled) If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.
 New Difficulty Breathing (NOT chronic):	*Symptoms improving for 24 hours (breathing comfortably) Urgent medical care may be needed.
 Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions if fever is present. Urgent medical care may be needed.
 Diarrhea: 3 loose or watery stools in one day OR not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
 Vomiting: one or more episode that is unexplained	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
Skin rash or open sores:	*Symptom-free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with colored drainage	*Symptom-free , which means redness and drainage are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
Major health event , like an illness lasting 2 or more weeks OR a hospital stay OR Student's health condition requires more care than school staff can safely provide	*After the school has orders from doctor to school nurse AND after measures are in place for student's safety. Please work with school staff to address special healthcare needs so student may attend safely.

ONLY A LICENSED HEALTH CARE PROVIDER CAN DETERMINE A DIAGNOSIS AND/OR PRESCRIBE TREATMENT AND PROVIDE INSTRUCTIONS REGARDING THE STUDENT'S RETURN TO SCHOOL.

Please contact the District Nurses' Office if you have questions or concerns about a student.