

THE MONTHLY FEED - FEBRUARY 2024

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NUTRITION SERVICES

Lincoln County School District
School Meals Gardens Food Pantry



The LCSD Nutrition Services Team will have a heavy presence at this year's Farm to School Conference February 15-16 in Corvallis. Our story is inspiring many Oregon School Districts and we are happy to share our knowledge and learn valuable tools to continue to grow our own program. Also attending and supporting our presentations will be teachers Corrina Hargett (NHS), Chris Martin (NMS), Ruth Saunders (SCE) and Derek Robinson (TOHS).

Navigating the Jungle of School Nutrition, Farm to School Procurement, and School Garden Programs for Big Impact

Lincoln County School District, in partnership with a food service management company, has used teamwork, hard work, institutional knowledge and a whole lot of creativity to support holistic nutrition in our schools. Since integrating school gardens into our educational and nutritional footprint, we have seen students become more engaged in their food choices. Kids are becoming stakeholders in their own wellbeing, environmental stewardship, and social emotional learning through hands-on garden learning. Come learn about our story with all its twists, turns, potholes, and speed bumps as we work on creating a sustainable garden and nutrition program for our students.

Sara Gibson, LCSD School Garden Coordinator, Lincoln County School District

Jamie Nicholson, LCSD CNP Manager, Lincoln County School District

Patty Graves, Sodexo General Manager Nutrition Services, Sodexo

Integrating School Garden and Local Foods Into School Meals

See how one middle school's garden and kitchen started a district wide food revolution

Patty Graves, Sodexo General Manager Nutrition Services, Sodexo/LCSD

Leann Graves, Sodexo Kitchen Training Manager, Sodexo/Lincoln County School Dist.

Rebecca Smith, Sodexo Kitchen Training Manager, Sodexo/Lincoln County School Dist.

Classrooms in the Garden

Hear how School Gardens support secondary education, social and emotional learning, STEM, and School Meals while encompassing a learning environment for all ability levels.

Sara Gibson, Garden Coordinator, Lincoln County School District

WHAT'S GROWING ON?

-LCSD SCHOOL GARDENS-

When life gives you an ice storm....

The recent historic ice storm knocked down thousands of trees around Lincoln County. Especially sad was the loss of the Arcadia School apple tree that grew great cider apples. The loss inspired the garden program to learn grafting. Students at NMS and NHS were able to graft scions from the cider tree to hardy root stock creating new apple trees! Using specialized tools the students learned how to graft safely and learned a new skill that they can use in the future. They also learned how farms create orchards and clone apple varieties.



MEET THE CREW



Meet the Toledo JR/ SR Team!
Eric, Jessica, and Maryellen have worked hard this year implementing the new menus, increasing the offerings on the salad bars and serving up the homemade soups that the kids love!

Want to be part of an amazing team?
Go to us.sodexo.com or call (541) 336-2156.

 @lcsdschoolgardens

 @Lincoln County Oregon School Gardens

FRESH FRUIT AND VEGETABLE PROGRAM (FFVP)



The Fresh Fruit and Vegetable Program (FFVP) is an important tool in our effort to combat childhood obesity. The program has been successful in introducing elementary school children (K-8) to a variety of produce that they otherwise might not have the opportunity to sample. This month's menu includes: Daisy Tangerines, White Dragonfruit, Purple Cauliflower, Kiwi, Mango, and Broccoli Rabe.

DID YOU KNOW?

Dragon Fruit grows on a cactus!



joke of the month

Why shouldn't you tell an egg a joke?
Because it might crack up.

Save The Date!

April 10, 2024
Location & Time TBD

Come learn about USDA/ODE guidelines and restrictions, and give input on the Nutrition Services programs offered in Lincoln County Schools. We are always trying to make things better for our students!

Email
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if you are interested in participating!