

NUTRITION SERVICES Food & Nutrition Services - 1811 NE Arcadia Dr. Suite A Toledo, OR. 97391



Phone: 541-336-2156 Fax: 541-336-2428

Food Service Director: Patty Graves Administrative Assistant: Rhonda Spires



School Meal

Breakfast and Lunch are zero cost to our students due to the Community Eligibility Program.

Adult Meals or Second Meals are \$5.25

Adult Breakfast is \$3.00

Milk is \$0.75 ea. to purchase if you bring a breakfast or lunch from home.

This institution is an equal opportunity provider.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a **USDA Program Discrimination Complaint Form** which can be obtained online at: [Filing a Program Complaint as a USDA Customer webpage](#), from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 Complaint form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax: (833) 256-1665 or (202) 690-7442; or

email: program.intake@usda.gov

December 2024

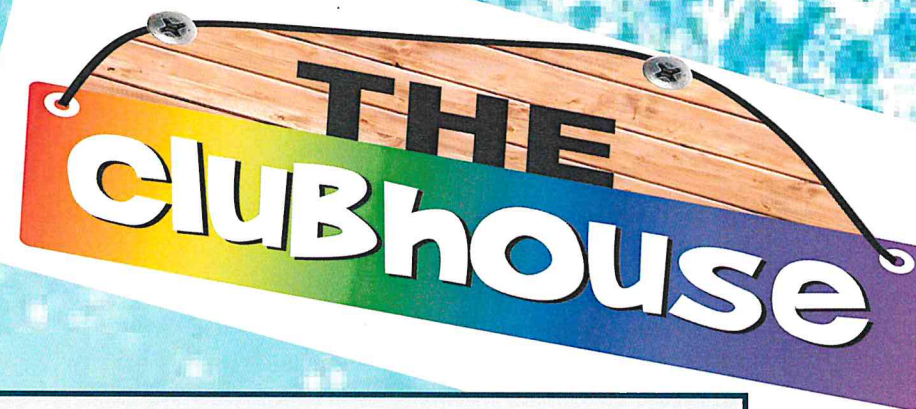
2	3	4	5	6
Oatmeal Chocolate Chip Uber Round (v)	Mini Maple Waffles(v)	Ham & Cheese Muffin Sandwich	Breakfast Banana Split	Miffy's Fresh Baked Fruit Muffin Tops (v)
9	10	11	12	13
Sausage & Cheese Biscuit	Biscuit w/ Sausage Gravy	Potato, Egg, & Ham Breakfast Bowl w/ Toast	Egg & Sausage Burrito	Cinnamon Sugar Pancake Bites (v)
16	17	18	19	20
Sausage Pancake on a Stick	BeneFIT Bar	Egg & Cheese Muffin Sandwich	Pancakes (v)	Miffy's Fresh Baked Fruit Muffin Tops (v)
23	24	25	26	27
WINTER BREAK				
30	31			
WINTER BREAK				

Assorted Cold WG Cereal Offered Every day. Milk & Fruit Offered with Every Breakfast. Toast or Cheese Stick is offered with hot & cold cereal

Diciembre 2024

Lunes	Martes	Miercoles	Martes	Viernes
2	3	4	5	6
Uber Round de avena con chispas de chocolate (v)	Mini gofres de arce(v)	Sándwich de muffin de jamón y queso	Desayuno Banana Split	Tapas para muffins de frutas recién horneadas de Miffy (v)
9	10	11	12	13
Galleta De Salchicha Y Queso	Galleta con salsa de salchicha	Tazón de desayuno de papa, huevo y jamón con tostadas	Burrito de huevo y salchicha	Bocaditos de panqueques con azúcar y canela (v)
16	17	18	19	20
Panqueque De Salchicha En Un Palito	Barra BeneFIT	Sándwich de muffin de huevo y queso	Tortitas (v)	Tapas para muffins de frutas recién horneadas de Miffy (v)
23	24	25	26	27
WINTER BREAK				
30	31			
WINTER BREAK				

Clasificado Frio WG Cereal Ofrecido Cada Dia. Leche & Fruta Ofrecido con Cada Desayuno



December 2024

Elementary School Menu

Cranberry Oatmeal Balls

Ingredients :

- 1 cup oats (quick-cooking or old fashioned rolled)
- 1/3 cup chopped almonds or other nuts or seeds
- 1/3 cup peanut butter
- 3 Tablespoons honey (see Notes)
- 1/3 cup dried cranberries or other dried fruit

Directions:

1. Wash hands with soap and water.
2. In a medium bowl, combine all ingredients until well mixed.
3. Form about 2 Tablespoons of mixture into a ball and place on a baking sheet. Repeat with remaining mixture to make 16 balls.
4. Refrigerate for 30 minutes.

Notes: Honey is not recommended for children under 1 year old.

To avoid sticky fingers, keep the oatmeal balls cool until ready to eat.



Be a PAL (Protect a Life) Friends with Food Allergies

Did you know that 1 in 13 kids in the US have a food allergy?

To learn more visit:

<https://www.foodallergy.org/resources/be-palr>