

THE MONTHLY FEED - DECEMBER 2024

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NUTRITION SERVICES

Lincoln County School District
School Meals • Gardens • Food Pantry



SEAFOOD TO SCHOOL



Our Sodexo partners represented LCSD at the November Pacific Seafood and Tyson Foods Culinary Collaboration. This hands-on workshop allowed Nutrition Services staff from around the state to come together and build new and exciting recipes with the goal of getting more seafood into school meals through USDA Commodities.

“This is a big win for the Seafood to Schools movement.” said CNP Manager Jamie Nicholson. “We want more seafood in our own County, but getting seafood into USDA commodities makes access to seafood obtainable to schools across the US while supporting many of our own local families.”



Congratulations to LCSD Food Service Manager Rebecca Smith who won the Best Apron award!

ANOTHER AUDIT DONE

On 11/19/2024, ODE conducted a surprise review for the after-school CACFP meal program. This program provides a supper meal free of charge to its participants.

These audits typically take 2 full days in the office reviewing paperwork in addition to a meal service observation. Staff was able to produce all required documentation the first day and had ODE back on the road by 2 pm. They returned the following day for the meal observation portion of the audit.

From the ODE Reviewers:

ODE CNP appreciates the quick action and warm welcome of Jamie Nicholson and Patty Graves when ODE CNP staff arrived for this unannounced review. It was due to their diligence in keeping updated records and jumping to action to provide them, that ODE CNP was able to quickly review the sponsor's CACFP operations.

Way to go team!!

thank you

Sodexo Stop Hunger Foundation for your \$2,500.00 Donation to the Food Pantry!



Bay City Cruisers for your \$4,000.00 Donation to the Food Pantry!

Contact your school office if your family is in need of meal support!

WHAT'S GROWING ON? -LCSD SCHOOL GARDENS-

Winter Work in the Garden Program

Winter is a great time to let the gardens rest while we work on indoor projects. This is the perfect time of the year to get some of our perennial herbs and flowers propagated while staying warm and comfortable. The Future Bound program helped propagate almost 50 herb starts in the classroom. They used the same technology used in professional greenhouses to start cuttings of thyme, sage, rosemary, and lavender. These herbs will be nurtured indoors until spring. The students can take an herb plant home and will share the rest with new and existing school gardens around the district.



Look at those sweet little roots!
The cuttings were started 11/5/2024

The kids did a great job misting the cuttings and monitoring moisture every day. They learned about success rates when propagating and had a 96% success rate. The students were amazed to learn that most 4" herbs retail between \$3.99-\$4.99.

FRESH FRUIT AND VEGETABLE PROGRAM (FFVP)



The Fresh Fruit and Vegetable Program (FFVP) is an important tool in our effort to combat childhood obesity. The program has been successful in introducing elementary school children (K-8) to a variety of produce that they otherwise might not have the opportunity to try.

Some of this month's offerings include: Black Grapes, Snow Peas, Papaya, Pink Lady Apples, Kiwi, Tangerines and Honeydew.

DID YOU KNOW?

Many varieties: There are about 200 different types of tangerines because they can be easily crossed with other citrus fruits



Farm Fresh Friday Spotlight

December 6th:
Scratch-made Tuna Noodle Casserole,
using Oregon Choice Tuna.

December 20th:
Scratch-made Beef Pot Roast
using local beef.

Want to be part of an amazing team?
Go to us.sodexo.com or call (541) 336-2156.



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Gardens

NEW

nutrislice

Looking for a way to check what's on the school menu from your phone? Want to see the nutritional value of a menu favorite or check for allergens?

Check out Nutrislice from the App store.
It's free and easy to use!

As we work to fine tune this app experience,
please contact Nutrition Services with
questions.