



## DR-HO S DRH-1700-C Neck Pain Pro Tens Machine User Guide

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S DRH-1700-C Neck Pain Pro Tens Machine  
User Guide



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## DRH-1700-C Neck Pain Pro Tens Machine

### Pain Therapy Device (model P.T.S-IIB)

This device is central to DR-HO'S Neck Pain Pro system. You can use it in combination with the Neck Pain Pro or with the individual sets of electrode pads. Choose your treatment program and duration easily and without having to bend down. Everything is close to hand.

### Program button

You can choose from 3 programs with different intensity intervals.

### Neck Pain Pro

Ergonomic self-contouring design with breathable cover.

### Travel clip

Use to secure to luggage or around your neck while travelling.

### Arm rests

Place your arms in the arm rests and pull down to ensure electrodes are pressed firmly against your skin.

### Electrode outlet

Connects to either the Neck Pain Pro or body pads.

### Intensity switch

Increase or decrease the intensity of the intended treatment by turning the wheel using your index finger.

### Timer button




You can choose from 3 treatment times, namely 10, 20 and 40 minutes. The treatment will end automatically at the end of the chosen program. If you wish, you can extend the treatment time by selecting a program and its duration again.

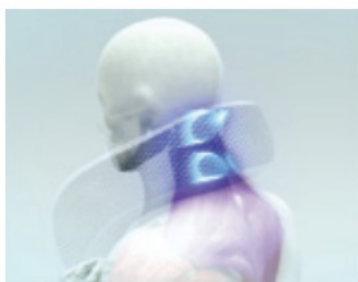


### Unique built-in electrodes

**Clinically proven to help relax tight muscles, improve circulation and relieve pain.**

Apply generously DR-HO'S Conductive Gel over the entire surface of the electrodes before use and respray every 30 minutes during treatment or if you experience any slight stinging sensations.

	<p><b>DR-HO'S Electrotherapy Conductive Gel</b> This patented Gel is developed to moisten the electrodes and the skin, reduce the amount of contact between the electrode surface and the skin, and ensure a more comfortable and effective treatment.</p>
	<p><b>Portable foot relief pads</b> Together with the operating console, you will have an effective, pain-relieving, and relaxing treatment no matter where you are.</p>
	<p><b>Reusable electrode pads</b> The body pads, which are available in two sizes, provide effective treatment for specific areas of the body. These zones can be found in the overview on page 6.</p>



**RELIEVE PAIN & TENSION**



**IMPROVE CIRCULATION**



**PROMOTE GOOD POSTURE**

## IMPORTANT!

DR-HO'S Neck Pain Pro is a medical device class IIA. Please read all guidelines carefully and keep them for future reference.

The Pain Therapy Device is intended to relieve pain associated with sore or aching muscles in your shoulders, arms, and the back of your neck, due to strain from exercise or activities of daily living, regular household, and work activities.

### Care instructions

Wipe clean with a moist cloth and allow to air-dry. Do not submerge in water or wash in the washing machine because water may damage the electronic components.

### Important

Do not use the Neck Pain Pro system while driving or operating machinery. Treatment may cause involuntary arm movements and may make you drowsy.

### Electrode pads

- Remove the transparent film from the electrode pads before use. After each session, stick the protective film to the self-adhesive pads again.
- If the pads feel dry or irritating, spray them with a small amount of gel, wait 30 seconds and reattach the pads to your body.

- For optimal results replace the electrode pads after 30 to 50 sessions.
- Electrode pads are intended for personal use and should not be used by others.
- If you wish to order replacement pads or have any questions, please contact your supplier.

1. Insert 2 AAA batteries in the back of the device.






It is best to use alkaline batteries.

2. Neck Pain Pro

<p>A. Plug the wire firmly into the top of the device.</p>	<p>B. Remove clothes, metal necklaces, and jewelry around your neck.</p>	<p>C. For best results, apply the conductive gel to your neck and shoulders.</p>
<p>D. Apply generously conductive gel over the entire surface area and edges of all 4 electrodes.</p>	<p>E. Rub the gel into the electrodes with your fingers and make sure they are wet.</p>	<p>F. Place your arms in the armrests and pull the Neck Pain Pro against your neck. Lean back or lay down.</p>




2. Body pads

		
<p>A. Please refer to the pad placement chart on how to position the large or small format pads, depending on the area to be treated.</p>	<p>B. Insert the plug from the set of electrode pads into the Pain Therapy Device .</p>	<p>C. Remove the transparent protective film from both electrode pads to expose the self-adhesive gel layer.</p>
		
<p>D. Spray the pads with contact gel or water, using the handy spray bottle supplied.</p>	<p>E. Attach the pads to the area of the body that you wish to treat. Make sure the pads do not touch each other.</p>	<p>F. After using the pads, stick the transparent film onto the self-adhesive gel layer again.</p>

**Comment:** The system ONLY works if you attach both pads from the same set to your body.

## 2 . Portable foot pads



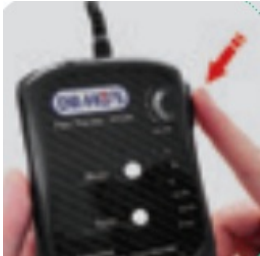

	
<p>A. Each of the plugs is attached to a footpad when they are delivered. Insert the round plug into the Pain Therapy Device.</p>	<p>B. Place the portable foot relief pads a distance apart as your hips. They should</p>
	
<p>C. Spray both foot pads and the soles of your feet with gel to ensure good conduction, using the handy spray bottle supplied.</p>	<p>D. Make sure you are sitting comfortably</p>

**COMMENTS:**

- Do not use the portable foot relief pads as body pads but only for your feet.
- These portable foot pads are NOT insoles and are not for orthopedic use. You should therefore not insert the pads into your shoes.
- For optimal results, place the portable foot pads on a hard surface. Do not use them on deep pile rugs and carpets.

**WARNINGS:**

- Do NOT use the large and small format body pads as portable foot relief pads.
- You can use the foot pads and the body pads in combination with ALL types of DR-HO'S pain alleviation devices provided you have a Pain Therapy Device.
- Use the portable foot pads and the foot base in bare feet. Do NOT wear tights, stockings, socks or shoes during use.
- In order to work, you need to place each of your feet on a portable foot pad or on both pads of the foot base.

	
<p>3 . Turn the switch to 'ON'. Then increase the intensity slowly until your muscles start moving of their own accord.</p>	<p>4. Press to select modes A, B, or C. A flashing light will indicate the selected mode.</p>

5. Press to switch the timer to auto shut off after 10, 20, or 40 minutes. To continue the treatment after one session has ended, first, turn the device off and then back on again.

## **PAD PLACEMENT CHART**



Neck and shoulders



Neck and shoulders



Elbows and forearms



Elbows and forearms



Shoulders



Wrists



Hands



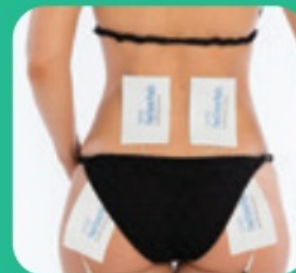
Hips



Lower back



Thighs



Lower back and gluteal muscles



Gluteal muscles and thighs



Knees



Shins



Calves



Ankles





[www.drhonow.eu](http://www.drhonow.eu)



Disclaimer: DR-HO'S Neck Pain Pro is not designed to diagnose, treat or cure any disease. If you experience any pain or suffer from any health conditions you should consult your doctor for proper diagnosis and treatment.

Precautions: Do NOT use DR-HO'S or any other electronic stimulators if you wear a pacemaker or if you are pregnant, due to unknown safety issues. If you have any questions or concerns, please consult your doctor before use. Fast relief for headaches, tension, and neck & shoulder pain.

With less pain, more active. Benefit from this total body pain relief system for years of enjoyment! Dr. Michael Ho



V2021-06|Model P.T.S.-IIB, Neck Therapy Pro-IV  
Made in China



Brugermanual |P. XX



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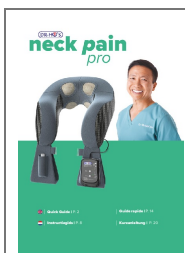


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With less pain, more active. Benefit from this total body pain relief system for years of enjoyment!  
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## Documents / Resources



[DR-HO S DRH-1700-C Neck Pain Pro Tens Machine](#) [pdf] User Guide  
DRH-1700-C Neck Pain Pro Tens Machine, DRH-1700-C, Neck Pain Pro Tens Machine, Pain Pro Tens Machine, Tens Machine

## References

- [🇪🇺 Dr Ho Europe | Relieve Your Pain, Reclaim Your Life](#)

[Manuals+](#)