

Take a Break

96"x113"

To make the quilt pictured:



Becky Tillman Petersen

You need:

- 6 yards of white
- 6 yards of various blues
- 3/4 yard of fabric for binding

Note: This is a "how to" method and not really a regular quilt pattern.

Cut:

From white:

1. Decide how wide you want to make your quilt. I wanted mine about 96" but I wanted a white border of about 3" on each side, so I worked with a 90" measurement.

Cut your white into 4.5" strips x WOF. Sew together end to end and cut off 90.5" segments until you have 13 of them (for the quilt I have pictured). I will show you how I cut off 90.5" segments easily under the blues section. (I needed 90" as I wanted 90" plus .5" for the seam allowances of $\frac{1}{4}$ " each.) I will admit that I was fortunate. I was working with a sheet and 90.5" was almost the exact length of the sheet, so I didn't have to seam most of this top. I did run out on the last strip, so I had to piece the last strip and the border.

From blues:

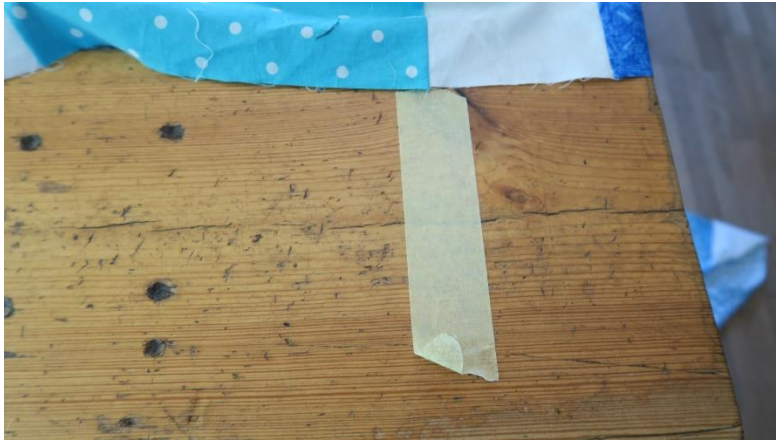
2. I had 20 different blues – I cut off 2 – 4.5" strips x WOF from each one. Not all of mine were 40-42" wide – some were much smaller or were from garments. I then cut what was about the same amount as 2 strips.
3. From 3 or 4 of them, cut pieces that are about 18" length, some that are 13" long, some that are 15" and some about 10" long. It's really up to you how long you want to cut them – but you need some longer and some shorter – keep them in the 8-21" length.
4. Count how many pieces of blue you have. Now go back and cut from white, that many 4.5" white squares.
5. Sew a white square to every blue piece, mixing and matching the blues as you wish, so that you have one very long strip. My "long strip piece" looked like this:



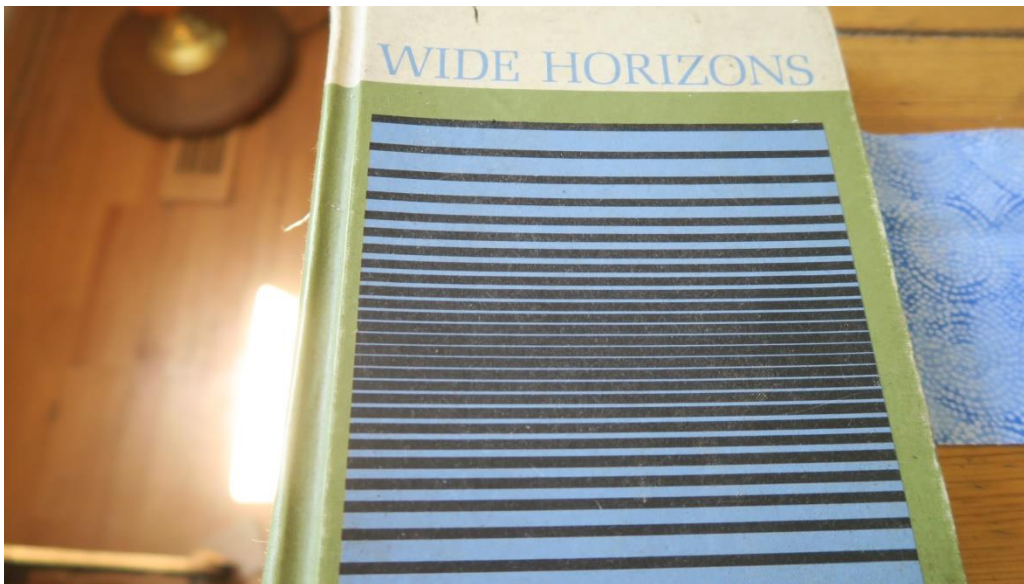
6. Press. I pressed all the seams towards the blue pieces.

7. Cut off 90.5" strips.

I used my kitchen table. I put a piece of masking tape which shows were 90.5" from one edge of the table was to the tape.



I then laid out the strip, matching up the edge of the fabric with the end of the table and securing it so it didn't move,

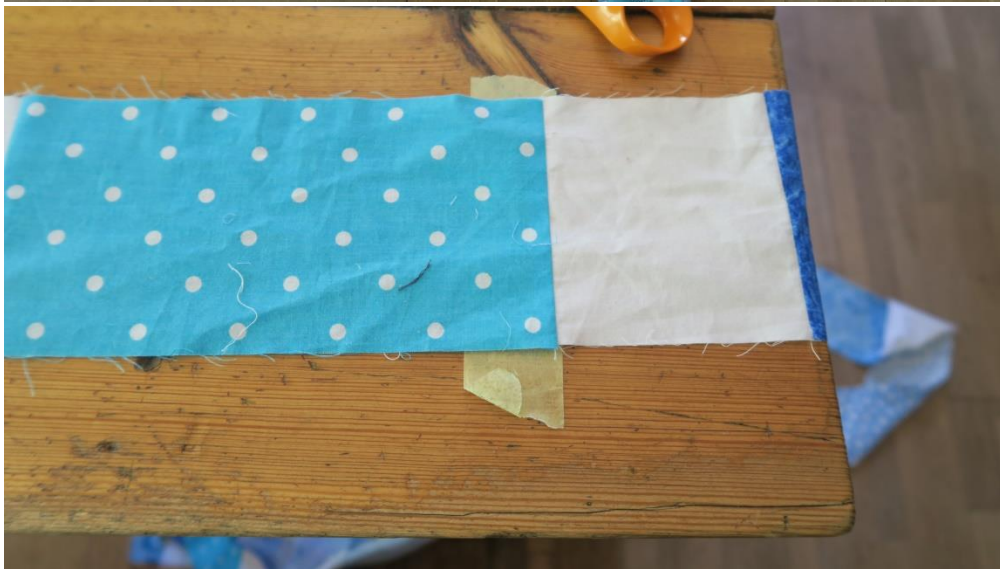


(This is how I secured it to the table. – I know – very low tech.)



I found that the piece pulled out from the book, so I had to readjust the book!)

and then, without stretching, laid the piece/strip of fabric on the table and cut off at the masking tape.





You will need 14 of these strips with blue and white. Go ahead and cut off where it falls – no matter whether it is white or blue.

They look like this:



If you do not have a long table like I do, look for something else you can work on – like the floor. The floor is a lot harder, however, than a table. Maybe two tables together would work.

Now, sew one long (90.5" long) white strip to a blue one, matching centers – doesn't matter which one or which order.

After you have done this much sewing, lay out the strips on your design wall (my 'design wall' is my floor) until the colors and pattern please you.



Finishing sewing together until you have a top .

Add your border if desired. I desired. 😊

How to make this quilt:

1. **Construct your top**
2. **Sew together in rows.**
3. Add border. I used a strip of 3.5" wide fabric and sewed to the sides and then to the top and bottom. Of course, you will have to piece your 3.5" piece of white until it is long enough.
4. **Press well.**
5. **Sandwich**, using whatever type of batting and . I'm still deciding how to quilt mine.
6. **Quilt as desired. This is how I did mine:**



7. **Bind**, using whatever method you wish.

Congratulations! Your quilt is finished!

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