

Life expectancy by Sex & Race

Data edited by Chris Komst of Men's Health Network

Source: National Vital Statistics Report - Deaths: Final Data for 2019

Volume 70, Number 19, Page 3 – March 22, 2022

Found at: <https://www.cdc.gov/nchs/data/nvsr/nvsr70/nvsr70-19.pdf>

Table A. Expectation of life, by age, race, Hispanic origin, race for the non-Hispanic population, and sex: United States, 2019

Age (Years)	All Races			Non-Hispanic Asian			Hispanic			Non-Hispanic White			Non-Hispanic Black			Non-Hispanic American Indian or Alaska Native		
	Both Sexes	Male	Female	Both Sexes	Male	Female	Both Sexes	Male	Female	Both Sexes	Male	Female	Both Sexes	Male	Female	Both Sexes	Male	Female
0	78.8	76.3	81.4	85.6	83.5	87.4	81.9	79.1	84.4	78.8	76.3	81.3	74.8	71.3	78.1	71.8	68.6	75.0
1	78.3	75.8	80.8	84.9	82.8	86.7	81.3	78.5	83.8	78.1	75.7	80.6	74.6	71.1	77.9	71.3	68.2	74.5
5	74.4	71.9	76.9	80.9	78.8	82.8	77.3	74.6	79.9	74.2	71.8	76.6	70.7	67.3	74.0	67.5	64.4	70.7
10	69.4	66.9	71.9	75.9	73.8	77.8	72.4	69.6	74.9	69.2	66.8	71.7	65.8	62.3	69.1	62.6	59.5	65.8
15	64.5	62.0	66.9	71.0	68.9	72.8	67.4	64.6	69.9	64.3	61.9	66.7	60.9	57.4	64.1	57.7	54.6	60.8
20	59.6	57.2	62.0	66.1	64.0	67.9	62.5	59.8	65.0	59.4	57.1	61.8	56.1	52.8	59.2	53.0	50.0	56.1
25	54.9	52.5	57.2	61.2	59.2	62.9	57.8	55.1	60.2	54.7	52.4	56.9	51.5	48.4	54.5	48.5	45.6	51.5
30	50.2	47.9	52.4	56.3	54.3	58.0	53.0	50.5	55.3	50.0	47.8	52.1	47.0	43.9	49.7	44.1	41.4	46.9
35	45.5	43.4	47.6	51.5	49.5	53.1	48.3	45.9	50.4	45.3	43.2	47.4	42.4	39.6	45.0	40.0	37.4	42.6
40	40.9	38.8	42.9	46.6	44.7	48.2	43.6	41.3	45.6	40.7	38.7	42.7	38.0	35.2	40.4	36.0	33.5	38.4
45	36.3	34.4	38.2	41.8	39.9	43.3	38.9	36.7	40.9	36.2	34.3	38.0	33.6	31.0	35.9	32.0	29.7	34.3
50	31.8	30.0	33.6	37.0	35.2	38.5	34.4	32.2	36.2	31.7	29.9	33.5	29.4	26.9	31.5	28.3	26.1	30.4
55	27.5	25.8	29.2	32.4	30.7	33.7	29.9	27.9	31.6	27.4	25.7	29.0	25.3	23.0	27.3	24.8	22.8	26.7
60	23.5	21.9	24.9	27.8	26.3	29.0	25.6	23.8	27.1	23.4	21.8	24.8	21.6	19.5	23.4	21.4	19.7	23.0
65	19.6	18.2	20.8	23.4	22.1	24.5	21.6	19.9	22.9	19.5	18.1	20.7	18.2	16.3	19.7	18.2	16.7	19.5
70	15.9	14.7	16.9	19.2	18.0	20.1	17.7	16.2	18.7	15.8	14.6	16.7	15.0	13.4	16.2	15.2	14.0	16.1
75	12.4	11.4	13.2	15.2	14.2	15.9	14.0	12.8	14.8	12.3	11.3	13.1	12.0	10.7	12.9	12.2	11.3	13.0
80	9.3	8.5	9.9	11.5	10.7	12.0	10.7	9.6	11.2	9.2	8.4	9.8	9.3	8.2	9.9	9.6	8.8	10.2
85	6.7	6.0	7.1	8.3	7.6	8.6	7.8	6.9	8.1	6.6	6.0	7.0	6.9	6.2	7.3	7.4	6.7	7.8
90	4.6	4.1	4.9	5.6	5.2	5.8	5.5	4.8	5.6	4.5	4.0	4.8	5.1	4.6	5.3	5.6	5.1	5.8
95	3.2	2.8	3.3	3.8	3.5	3.8	3.8	3.3	3.8	3.1	2.7	3.2	3.7	3.4	3.8	4.2	3.8	4.3
100	2.2	2.0	2.3	2.6	2.4	2.5	2.7	2.3	2.7	2.2	2.0	2.2	2.8	2.6	2.8	3.3	3.0	3.3