

MEN'S HEALTH FACTS THAT AFFECT US



Health Facts:

Men die at higher rates than women from 9 of the top 10 causes of death and are the victims of over 92% of workplace deaths. (BLS)

In 1920, women lived, on average, one year longer than men. Now, men, on average, die almost five years earlier than women. (CDC)

Prevention:

Women are 100% more likely to visit the doctor for annual examinations and preventive services than men. (CDC 2001)

Cause & Rate¹

	Men	Women
Heart Disease	207.5	127.9
Cancer	176.8	128.6
Injuries	65.9	31.0
Stroke	37.6	36.1
Suicide	22.8	6.2
HIV/AIDS	2.3	0.8

Silent Health Crisis

There is a silent health crisis in America...it's that fact that, on average, American men live sicker and die younger than American women."

Dr. David Gremlion
Men's Health Network



Men as Victims of Homicide

The chance of being a homicide victim places African-American men at unusually high risk.

Chance of being a Homicide Victim*

1 in 30 for black males 1 in 179 for white males
1 in 132 for black females 1 in 495 for white females

*BJS DATA REPORT, 1989

Who is the Weaker Sex?

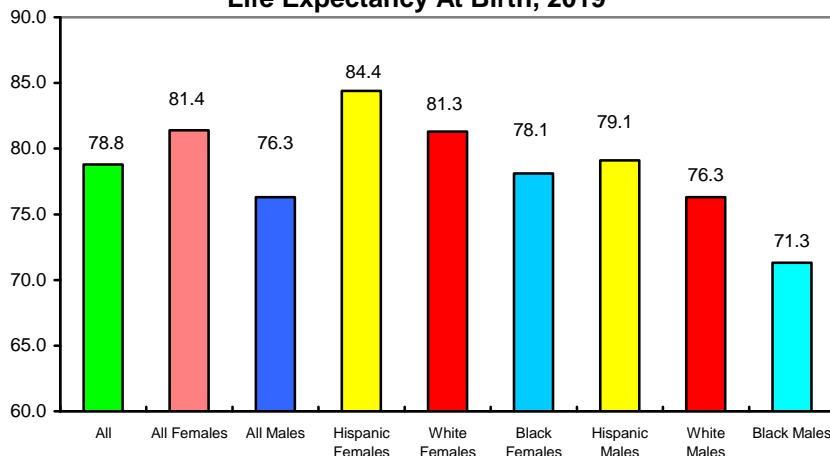
- ◆ 115 males are conceived for every 100 females.
- ◆ The male fetus is at greater risk of miscarriage and stillbirth.
- ◆ 25% more newborn males die than females.
- ◆ 3/5 of AIDS victims are boys.
- ◆ Men suffer hearing loss at 2x the rate of women.
- ◆ Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.
- ◆ Men have fewer infection-fighting T-cells and are thought to have weaker immune systems than women.
- ◆ By the age of 100, women outnumber men eight to one. (NYT Magazine 3-16-03)

Depression and Suicide¹

Depression in men is undiagnosed contributing to the fact that men are 4 x as likely to commit suicide.

- ◆ Among ages 15 to 19, boys were 3.1 x as likely as girls to commit suicide.
- ◆ Among ages 20 to 24, males were 4.6 x as likely to commit suicide as females
- ◆ The suicide rate for persons age 65 and above: men...31.5 – women...5.

Life Expectancy At Birth, 2019²



To learn more, contact:

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¹ Centers for Disease Control and Prevention and the National Center for Health Statistics, Health, United States 2019. Retrieved June 22, 2022.
² Life Expectancy data are from CDC/NCHS, Health, United States, 2019