



PERSON-CENTRED
HEALTH CARE

THE MOWLAM WAY

ENHANCING THE QUALITY
OF LIFE FOR OLDER PEOPLE

Mowlam
Healthcare





Championing quality
of life for older people.
We Listen. We Care.

Mowlam Healthcare provides person-centred health care with compassion, dignity, and respect. Our clear focus is 'To Enhance the Quality of Life for Older People'.

This is **The Mowlam Way**



Person-Centred Care

We are a national health care leader, committed to clinical excellence, compassion, and improving the health outcomes for the older people in our care.

We have devoted more than 17 years to refining our person-centred approach to care, and building the most compassionate and skilled teams of health care professionals.

- _ Our executive leadership team provides the infrastructure that allows us to deliver outstanding care.
- _ Our clinical team maintains excellence in clinical care, research, and education.
- _ Regional Health Care Managers and their care teams work to ensure outstanding client and resident experiences at our step-down facilities and nursing homes.

Dedication to Quality Care

At Mowlam Healthcare our aim is to enhance the quality of life for older people. We achieve this through providing person-centred care - promoting high quality, safe, and effective services, while respecting the privacy, independence, and dignity of all our residents.

Critical to our success is providing an open, communicative, and transparent culture among our people, together with strong leadership and teamwork, throughout our diverse organisation.

In Mowlam we are challenged to perform to the best of our ability, and at the crux of our efforts is a focus on everyone being treated fairly and respectfully during the course of their daily work.

We are committed to enhancing competencies, and maximising individual potential, through continuous training, development, and support, to help our people remain focussed on delivering care with excellence.

Mowlam Healthcare continually develops best practices and systems to enhance the quality of life for every person in our care. We have developed our quality and governance systems and processes to ensure their safety, wellbeing, and enjoyment.

Since 2000, Mowlam Healthcare has grown to become Ireland's largest private nursing home care provider, managing over 1,600 beds in a growing number of facilities nationwide, and over 1,600 employees in the health care sector.



“ Our care teams are our biggest asset – we say it often and with very good reason. It is with their determination and dedication to quality care that we continue to meet the unique needs of the older people in our care, and the communities we serve.

I am honoured to be part of such a progressive company dedicated to enhancing the quality of life of older people. ”

Pat Shanahan

Chairman, Mowlam Healthcare



Continuously raising
the standard of health
care in Ireland.

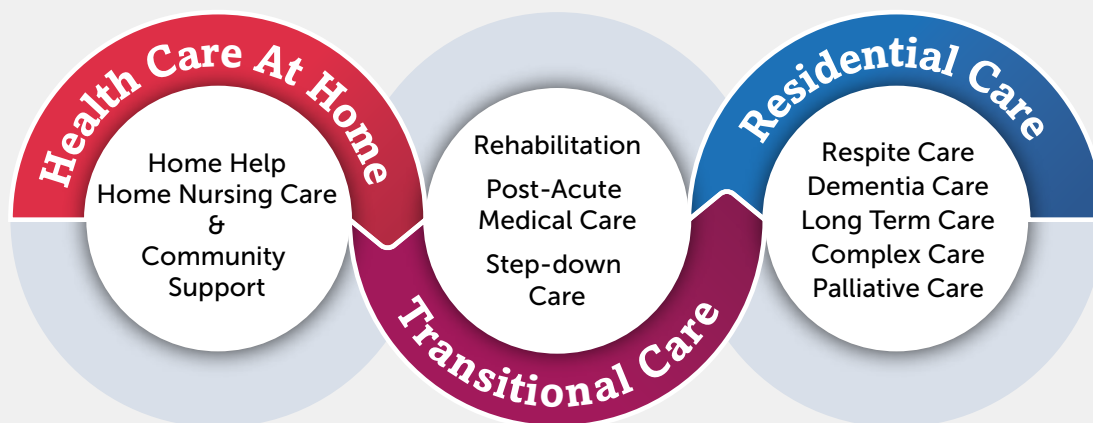
Continuum of Care

We're leading the way

The most appropriate care, in the most appropriate setting.

Mowlam Healthcare is leading the way in Ireland with a unique Continuum of Care offering - a community, family and person-centred model. What sets us apart is our understanding that each of us has different needs and preferences that inevitably change and evolve over time.

Our Continuum of Care Model is designed to support people who need additional care, or specialised services, offering seamless transitions through levels of clinical care, as a person's health care needs change. Partnering with BAYADA Home Health Care, a US leader in health care at home, we've brought their high-quality home health care services to Ireland, to enable us to offer a **comprehensive range of specialist care services - from home help, home nursing care, and transitional care, through to long term residential care.**





Health Care At Home

The BAYADA care team is committed to delivering home help, advanced nursing care, and supported hospital discharge throughout Ireland - in the comfort of one's own home.

BAYADA provides ongoing, compassionate care to clients who are managing complex medical needs or conditions, such as spinal cord injuries, traumatic brain injuries, MND, MS, and more. They specialise in expert tracheostomy and ventilator nursing care.

Transitional Care

Mowlam Healthcare provides round-the-clock skilled nursing step-down care, medical monitoring, rehabilitation, and re-enablement, immediately after discharge from an acute hospital.

We assist patients as they transition from a stay in hospital, particularly following surgery, major illness and accidents, to home or another level of care.

Our short stay in residential care offers comprehensive nursing and medical care in a comfortable and homely environment.

Residential Care For Older People

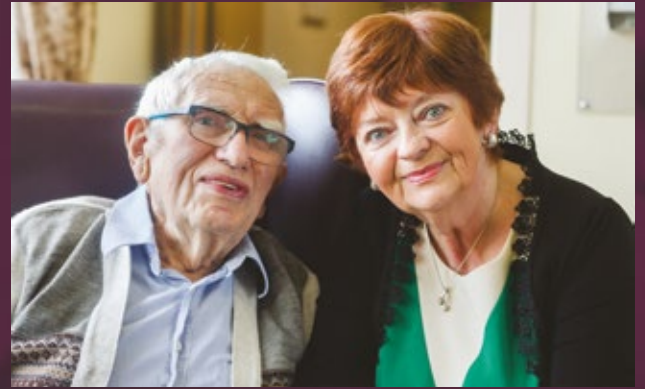


Person-Centred Care

We tailor care levels to the individual residents' needs and choice, which is what we all want for our family members and ourselves should we ever need to be in a nursing home.

We foster a caring culture where residents and their families are involved in care planning, and are valued and treated with compassion, dignity and respect.

Our care follows critical and clinical best practice, focusing on optimal health outcomes for our residents, and reduced hospitalisations.



“ The great thing about Dad’s nursing home is that there’s always company - whether it’s the other residents, a carer, nurse, or visitors. There’s always a salute and a chat. When Dad was living at home alone he would be just looking out the window. My brother and I are so so happy with our father’s care. ”

Barbara Clinton with Dad Walter



“ We have peace of mind knowing that Eileen is well looked after by a superb team at Mowlam’s nursing home. ”

Carmel Kelly with her Mother-in-law Eileen

Our Residential Care Services

Respite Care

Mowlam Healthcare enjoys a well deserved reputation as a leading provider of post-acute care for patients who need to increase their levels of independence and strength before returning home after a hospital stay. We are proud to offer skilled, individualised rehabilitation care, nursing, and associated therapies, in a comfortable and homely setting.

Long Term Care For Older People

In keeping with our tradition of excellence in care, Mowlam nursing homes offer best-practice medical, nursing, rehabilitation, and therapeutic services, to address the needs of our residents. We take immense pride in our highly skilled team of nurses and carers, and in assuring a nurturing, safe and homely environment for all residents.

Working closely with residents' GPs our team of health care professionals design a care plan unique to the needs of each resident. Our highly personalised care approach ensures we get to know what each resident needs and wants each day – the activities they like, their favourite meals, and the care-giving approach that works best for their health needs.

Memory Care

Our specialist person-centred care model meets the needs of our residents with dementia, to ensure they feel happy, comfortable, safe and secure in a familiar and stimulating home-from-home environment. In addition to all the benefits of nursing home care, Memory Care's life-enrichment activities are designed to allow residents with memory impairments to feel empowered and fulfilled.

Knowing that memory loss affects every resident differently, our teams are trained to value each resident individually, and to recognise and understand their varying preferences and needs, to provide personalised memory care that they respond to positively.

our focus is firmly on the individual
& on providing a place to live
with dignity, comfort, and grace.

Health & Wellbeing

Living with purpose

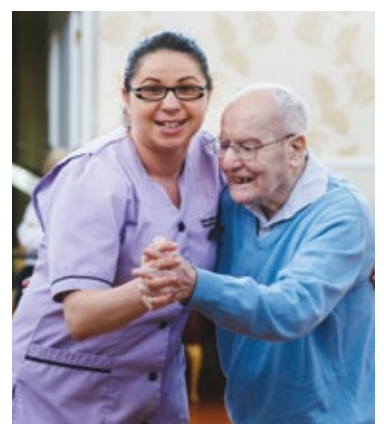
At Mowlam, we encourage our residents to engage, enjoy, express, and live as full, independent, and active a life as possible with us. At each nursing home, a dedicated activities co-ordinator develops an extensive weekly calendar, tailored to the unique needs, and expressed preferences, of our residents. Residents' freedom of choice guides everything we do.

We provide support and stimulation through a blend of activities and therapies that enrich the body, mind, and spirit. On a typical week, you will find music activities, light exercise, games, gardening, excursions, and social activities. Our activities programming is designed to bring together residents, staff, and families - and to turn each day into an opportunity for everyone to **Live With Purpose**.



Rooted in the Community

Our nursing homes around the country are rooted in the communities they serve. The care teams work tirelessly to maintain and strengthen residents' connection with the services and resources they used before they moved to their new home-from-home.





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To make a referral, or for more information
about our health care services,
call the Mowlam Support Team on **061 416 099**
or email **enquiries@mowlamhealthcare.com**

mowlamhealthcare.com

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