# NAM Vital Directions for Health and Health Care Symposium: The North Carolina Experience

### Victor J Dzau, MD

President, National Academy of Medicine

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Founded in 1970 as the Institute of Medicine

## **U.S. National Academy of Sciences (1863)**

"The Academy shall, whenever called upon by any department of the government, investigate, examine... and report upon any subject of science or art..."

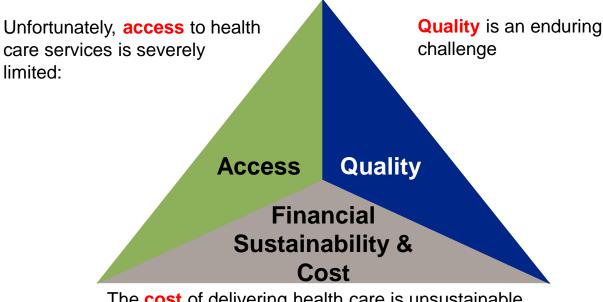


The **Institute of Medicine** (IOM) was founded in 1970 and reconstituted as the **National Academy of Medicine** in 2015.

The New York Times describes the IOM as "the most esteemed and authoritative adviser on issues of health and medicine, and its reports can transform medical thinking around the world."



## **Challenges in Health Care Delivery**



The **cost** of delivering health care is unsustainable

 Growth of aging population

- Rising burden of NCDs
- Increased demand for care
- Care quality remains a challenge
- Care is fragmented
- Persistent heath • inequalities



## **Vital Directions for Health and Health Care**



### **ACTION PRIORITIES**

- Pay for value
- Empower people
- Activate communities
- Connect care

### ESSENTIAL INFRASTRUCTURE NEEDS

- Measure what matters most
- Modernize skills
- Accelerate real-world evidence
- Advance science



#### **HealthAffairs**

#### North Carolina: The New Frontier For Health Care Transformation

Mark B. McClellan, Mathew Alexander, Mark Japinga, Robert S. Saunders

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## **NC Vital Directions Planning Committee**

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# **Thank You**

