



PALO ALTO ADULT SCHOOL

2025 WINTER QUARTER SCHEDULE

REGISTRATION BEGINS DECEMBER 6, 2024



PAAAdultSchool.org / 650-329-3752

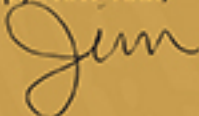
DEAR COMMUNITY MEMBERS:

Happy Holidays! As we welcome 2025, we're excited to offer a range of new and unique classes for you to explore. Our international selection has expanded to include Indian Dance, Persian Belly Dance, Pakistani Truck Art, and Persian Drumming. Plus, a brand-new art class, Dot Mandala, promises a delightful, hands-on experience—it has even helped me find my inner artist!

We're also thrilled to announce our Winter 2025 Community Partnership with Avenidas, a wonderful organization dedicated to providing programs and services for older adults. Palo Alto Adult School will be joining Avenidas at their Reinventing Aging conference in March, so stay tuned for event details.

With the holiday season approaching, consider giving the gift of learning by enrolling yourself and a loved one in classes for the New Year. Registration opens on Friday, December 6th!

Happy New Year,



Jim Sherman
Principal



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2025 WINTER CALENDAR

REGISTRATION FOR WINTER QUARTER BEGINS // DECEMBER 6, 2024
 WINTER QUARTER // JANUARY 6–MARCH 21
 HOLIDAYS // JANUARY 20 & FEBRUARY 17

STUDENT SHOWCASE

Upholstery: Acquired new skills—& new friends!



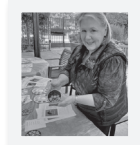
“A friend invited me to take an adult school class and I selected **Upholstery**. It seemed like something creative to do after a technical profession as a registered nurse. My first class provided me with skills to build on, to advance to larger projects, and the ability to be more creative with fabric, paint & wood repair. I believe that it's important to recycle, so many of my projects include recycled chairs, sofas, and benches. One of my favorite projects was a small settee I recycled from a friend's back porch. Our instructors are helpful, patient, and very knowledgeable. My classmates are now friends that I see outside of school. This class turned out to be a great way to move into retirement!”

Vickie Day
Registered Nurse (Retired)

FREE INTRODUCTORY CLASSES

FREE SESSION: Intro to Dotting — *An Exciting New Art Form*

Instructor: Katherine Shariq,
artbykatherineshariq@gmail.com
Prerequisite: None



Learn about a new art form that is fun for all. Many love this beautiful art form because it is enjoyable and relaxing to start in the center of a canvas and then build out a beautiful symmetrical pattern. This class will introduce you to the world

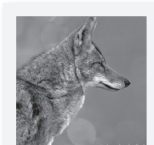
of dotting and show you some of the tools used to create a wide variety of art. You will also see and touch actual dot mandalas painted on canvases, palm stones, rocks, flower pots, coasters, cups, and saucers.

One Session / January 8
Wednesday / 6:30–7:30 p.m.
Palo Alto HS Rm 106 / No Fee

NEW

FREE SESSION: Beyond the Snapshot: **Tips for Boosting Your** **Wildlife Photography Skill**

Instructor: Kaleb Friend, kaleb.friend@gmail.com
Prerequisite: None



You will explore some simple techniques and debunk some myths, to immediately improve your images and stretch your creativity in digital wildlife photography. This workshop is geared toward people who are already

comfortable with their digital cameras and are interested in deepening their connection with wild subjects in nature through photography. Join us for this stand-alone session to see if you want to sign up for the full program!

One Session / January 9
Thursday / 5:30–6:30 p.m.
Live Online / No Fee

NEW

ARTS AND CRAFTS

ACRYLIC PAINTING: **BEGINNING & INTERMEDIATE**

Instructor: Linda Papanicolaou, lpapanicolaou@pausd.org
Prerequisite: None

Express yourself and discover your artistic talents with acrylic paints in this inspiring class for all student levels. Study use of color, observation, composition, light and dark and traditional painting techniques. Please see website for supplies list.

8 wks / January 21–March 11
Tuesday / 7–9 p.m.
Palo Alto HS Rm 106 / \$160

SCENERY WATERCOLOR **PAINTING AND DRAWING**

Instructor: Ferenc Besze, fbesze@pausd.org,
<http://besze.com>
Prerequisite: None

Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, and objects. *Have your field sketches/ photographs as reference material.*

SECTION A (Online)
10 wks / January 15–March 19
Wednesday / 6:30–8:30 p.m.
Live Online / \$200

SECTION B (In Person)
10 wks / January 16–March 20
Thursday / 6:30–9 p.m.
Palo Alto HS Rm 106 / \$250

ARTS AND CRAFTS

CREATE A WREATH

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None



Love and winter are in the air!

Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop—*Whimsy And*. There will be a \$15 materials fee payable to the

instructor on the first day of class. *Limit 10 students.*

One Session / January 23

Thursday / 1–3:30 p.m.

Cubberley Campus Rm 206 / \$30

DOT MANDALA

Instructor: Katherine Shariq, artbykatherineshariq@gmail.com

Prerequisite: None

Enter into the gentle art of dotting a mandala and feel the restorative nature of relaxing into the creative process. This class is designed for all creatives open to exploring a new take on an ancient art form. There will be a \$60 materials fee payable to the instructor on the first day of class.

10 wks / January 15–March 19

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 106 / \$160

GLASSBLOWING WORKSHOP

Instructors: Palo Alto HS Fiery Arts Staff

Prerequisite: None

Join us for an evening session of glassblowing at Paly's Fiery Art's program. This is a hands-on class for beginners that will focus on making a glass flower and paperweight. Wear non-synthetic clothing, a long sleeve shirt, and closed-toed shoes. Don't forget your water bottle! *Limit 4 students each session.*

One Session / See Dates Below

Thursday / 6–9 p.m.

Palo Alto HS Room 105 / \$250 per session

- February 6
- February 20
- February 27

FLORAL EXPRESSION—IKEBANA SOGETSU

Instructor: Yvonne Ip, cyip888@gmail.com

Prerequisite: None

Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. There will be a \$150 materials fee payable to the instructor on the first day of class.

7 wks / January 14–February 25

Tuesday / 6–9 p.m.

Palo Alto HS Rm 29 / \$210

KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

8 wks / January 22–March 12

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 1707 / \$160

LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

Prerequisite: None

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

8 wks / January 22–March 12

Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 1707 / \$80

MASTERING PAKISTANI TRUCK ART: COLORS, CULTURE, & CREATIVITY

Instructor: Aifra Ahmed, aifra.ahmed@gmail.com

Prerequisite: None

Explore the captivating world of Pakistani truck art. Originating from the bustling streets of Pakistan, truck art is renowned for its vibrant colors, intricate patterns, calligraphy, and symbolic motifs that adorn trucks across the country. You will learn about the symbolism behind each design element as you paint your own plate. There will be a \$20 materials fee payable to the instructor on the first day of class. *Limit 15 students.*

3 wks / January 28–February 11

Tuesday / 7–8:30 p.m.

Palo Alto HS Rm 31 / \$60

FIX YOUR CLOTHES! — HEMMING AND MENDING

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: None

Learn some basic clothing fixes. In the first class we will learn how to hem pants, jeans and skirts/ dresses using a sewing machine and (optional!) by hand if you like a challenge. In the second class, we will focus on mending techniques, using the sewing machine where possible, and by hand. We will teach you some visible mending and some Sashiko. You do not need your own sewing machine and previous experience is not required. There will be a \$5 materials fee payable to the instructor on the first day of class. *Limit 16 students.*

2 wks / January 23–January 30

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$60

ARTS & CRAFTS

SEWING: BEGINNING GARMENT SEWING

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: None

Learn some basic garment sewing techniques in our super fun beginning class and have your own *Project Runway* moment! We will learn step by step how professionals make fine, well-fitting clothing. We will start slowly with a basic project and along the way you will learn about working with sewing patterns and how to use a sewing machine. We will send out a supplies list and a list of suggested beginner patterns before the class. You do not need your own sewing machine and previous experience is not required. There will be a \$10 materials fee payable to the instructor on the first day of class. *Limit 20 students.*

8 wks / January 22–March 12

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240

SEWING: THE SEWING LAB

Instructors: Sally-Ann Rudd, srudd@pausd.org, and Maya Sen, msen@pausd.org

Prerequisite: Beginning Garment Sewing or equivalent

For all past *Beginning Sewing* students, this class is for you to practice your slightly more advanced projects, with our two expert instructors available to offer assistance. If you've ever wanted to try making a jacket, or a pair of jeans, this is the class for you to extend your skills. Pick a project and come make it with us! *Limit 16 students.*

6 wks / February 6–March 13

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$180

"In my **Sewing** class, I refreshed my skills and learned new techniques. I gained the confidence to move forward and sew window treatments for my home."

Julie Siegert
Director of Sales

BIRDING

WEST COAST BIRDING (Online & In-Person)

Instructor: Scott Smithson, wsmithson@pausd.org

Prerequisite: None

The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Field trip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one).

7 wks / January 21–March 4

Tuesday / 7–8:30 p.m.

Live Online / \$160

CAREER TRAINING

VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

Prerequisite: Application and interview required

Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. *Must call (650) 329-3752 for more information and to register for the program.*

ONGOING / –June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee *



VOICE OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, caitlin@suchavoice.com

Prerequisite: None

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry.

One Session / February 11

Tuesday / 6–8 pm

Live Online / \$50

WORK READINESS —

LEARN NEW SKILLS FOR GETTING A JOB *

Instructor: Kathilynn Lehmer, pajoblink.lehmer@gmail.com
Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn Profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry--start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at pajoblink.lehmer@gmail.com.

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

Online career training courses can prepare you for a new career or help you advance within your current occupation. To see a list of more than 175 Certificate and Advanced Career Training courses, visit <https://careertraining.ed2go.com/paloalto>.

ADVANCED CAREER TRAINING COURSES that prepare you for **CERTIFICATION**



Our career training courses can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these courses at any time, and learn at your own pace.

COURSE CATEGORIES:

- Arts and Design
- Business
- Computer Applications
- Computer Science
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

COURSE FEATURES:

- 24/7 Course access
- Books and materials included
- Certificate of Completion
- Student Advisors included
- Industry recognized certifications

POPULAR COURSES INCLUDE:

Certified Administrative Professional with Microsoft Office Specialist (MOS) Associate
(Exam Vouchers Included)

Certified Administrative Professional with Microsoft Office Specialist (MOS) Expert
(Exam Vouchers Included)

Certified Medical Administrative Assistant with Medical Billing and Coding
(Exam Vouchers Included)

Medical Billing and Coding
(Exam Voucher Included)

CompTIA Certification Training: A+, Network+, Security+
(Exam Vouchers Included)

CompTIA A+ Certification Training
(Exam Vouchers Included)

NASM Certified Personal Trainer and Exam Preparation
(Exam Voucher Included)

Certified Paralegal
(Exam Voucher Included)

Pharmacy Technician
(Exam Voucher Included)

Palo Alto Adult School

To learn more and enroll, visit:

careertraining.ed2go.com/paloalto

CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

ACCOUNTS PAYABLE SPECIALIST CERTIFICATION

Instructor: Self-paced class

Prerequisite: None

This online course will prepare you for the Institute of Finance & Management's (IOFM) Accounts Payable Specialist (APS) certification. This associate-level certification focuses on intermediate financial operations skills. For pricing, details, and registration, visit: <https://careertraining.ed2go.com/paloalto>.

3 Months / 30 Course Hours

Start Anytime

ed2go ONLINE (recorded)

CERTIFIED EKG TECHNICIAN

Instructor: Self-paced class

Prerequisite: None

Prepare for a career as an EKG technician. This asynchronous course will train you to work as an EKG tech and prepare you for the National Healthcareer Association (NHA) nationally recognized Certified EKG Technician (CET) certification exam. For pricing, details, and registration, visit: <https://careertraining.ed2go.com/paloalto>.

12 Months / 170 Course Hours

Start Anytime

ed2go ONLINE (recorded)

CITIZENSHIP

CITIZENSHIP

Instructor: Katherine Barg, kbarg@pausd.org

Prerequisite: Intermediate to advanced English language learners

This course prepares students to pass the Citizenship Test in order to become a naturalized permanent citizen of the United States. You will study the history, political processes and all the institutions that make an informed and effective citizen. Elements of study will be applied to current events whenever applicable.

4 wks / January 21–February 13

Tuesday & Thursday / 6:45-8:45 pm

Live Online / No Fee *



COMPUTER SKILLS

PYTHON FOR EVERYONE: CODING

Instructor: Avnit Bambah, abambah@google.com

Prerequisite: None



Embark on an exciting journey into the world of programming with our "Python for Everyone" course. Designed for absolute beginners, this comprehensive course will guide you through the fundamentals of Python, one of the most popular and versatile programming languages in the world.

Python installation instructions will be sent to students before the first class. Bring your laptop to every class.

8 wks / January 22–March 12

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 29 / \$160

INTRODUCTION TO ARTIFICIAL INTELLIGENCE

Instructor: David Iseminger (ed2go Instructor)

Prerequisite: Basic computer skills and high school level mathematics are required

The purpose of this course is to provide you with an artificial intelligence practical knowledge foundation. You will gain a clear understanding of what artificial intelligence is and its three forms—artificial narrow intelligence, artificial general intelligence, and artificial superintelligence. You'll also see how AI is already part of our everyday lives, sometimes in ways, you may not even realize, and differentiate real-world and science-fiction AI. To register, visit <https://www.ed2go.com/paloalto/>.

6 wks Access–24 course hours

ed2go ONLINE (not live) / \$129

<https://www.ed2go.com/paloalto/>

COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslembrouck

Prerequisite: None



Have fun learning to make delicious hand-made Belgian chocolates the traditional way. Guided by the instructor through the process of tempering

chocolate on a marble slab, continue to craft a different Belgian chocolate in each class.

One Session / See Dates Below

Wednesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session

- **January 22:** Fruity Chocolates
- **February 5:** Valentine's Theme
- **March 12:** St. Patrick's Theme

GREEN OAXACA

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

Chef Francisco will teach you how to make delicious Oaxacan vegetarian dishes. You will make Sopa de Guias, a flavorful soup made with squash sprouts. Afterwards, you will make Quesadilla de Flor de Calabaza con huitlacoche, a savory quesadilla made with squash blossoms and Mexican truffles. Chef Francisco will guide you through the preparation process step-by-step, while sharing tips and tricks along the way.

One Session / See Dates Below

Thursday / 6:30–9 pm

Palo Alto HS Rm 103 / \$65 per session

- **January 16**
- **February 13**

MANOS EN LA MASA

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

In this cooking class, Chef Francisco will provide a comprehensive guide on how to prepare corn masa from scratch. You will learn how to make your own tortillas, sopes, and quesadillas using the freshly made masa. Moreover, Chef Francisco will also teach you how to make atole de Granillo, a traditional Mexican hot beverage made with masa, cinnamon, and piloncillo.

One Session / See Dates Below

Thursday / 6:30–9 pm

Palo Alto HS Rm 103 / \$65 per session

- **March 6**
- **March 20**

REGIONAL INDIAN FAVORITES WITH JONAKE

Instructor: Jonake Bose, Jonakeandyuti@gmail.com,

<https://jonakeandyuti.weebly.com>

Prerequisite: None



Let's cook and enjoy "street food" and "restaurant favorites". Learn popular dishes from Mumbai, Kolkata & Goa. *Street Food* is its own cuisine. We'll make Bombay Street Sandwich and Calcutta Kathi Roll. Our restaurant favorite night features Vindalho and Sooji Halwa. We'll eat together and take leftovers home.

Vegetarians options available.

One Session / See Dates Below

Tuesday / 6:30–9 p.m.

Palo Alto HS Rm 103 / \$65 per session

- **January 14:** Bombay Street Sandwich & Calcutta Kathi Roll
- **January 28:** Pork/Eggplant Vindalho & Sooji Halwa

SOUPS FESTIVAL

Instructor: Vanessa Palhares Montes,

vpalharesmontes@pausd.org

Prerequisite: None

Stay warm and learn to make 2 kinds of soups for the Winter season! You'll have the option of making a meat or vegetarian soup and baked garlic bread for a side. Chef Vanessa will guide you through the cooking process so you can make your own delicious soup at home!

One Session / See Dates Below

Tuesday / 6:30–9 pm

Palo Alto HS Rm 103 / \$65 per session

- **January 21**
- **February 18**
- **March 11**

VEGETARIAN SOUPS AND STEWS (AND SURPRISES!) IN YOUR INSTANT POT

Instructor: Julie Shanson, julie@findjoyinfood.com

Prerequisite: None

Learn how to master pressure cooking to make hands off vegetarian soups and stews. See individual classes for recipes. Classes will begin with a lecture demonstration and crudites, then hands on cooking (bring your Instant Pot), and if there's time, eating together. The more attendees we have, the more recipes we will make. See website for menu samples.

One Session / See Dates Below

Monday / 6:30–9 pm

Palo Alto HS Rm 103 / \$65 per session

- **January 27:** Introduction to your Instant Pot
- **February 10:** Accessories for your Instant Pot
- **February 24:** Saute Away! - Building flavor in the Instant Pot
- **March 3:** Layered Dishes - Make a whole Meal-In-One Pot



ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE (via ZOOM)

WINTER 2025

January 13 to March 14

(No Classes January 20 & February 17)

***** There is a NO FEE POLICY (no cost for registration or books) for all state-supported ESL classes *****

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes.

Students must register first before taking a placement test

In-person registration only. No phone registration. No online registration.

Register to take the ESL (English) Placement Test

- Students must take the ESL Placement Test to join a class.
- When you register, you will choose a test date.
- Testing space is very limited.
- You must register in-person.

Enrollment Policies

- Students must be able to attend the full 9 weeks.
- There is no childcare.

PLACEMENT TESTING

ESL PLACEMENT TEST AND REGISTRATION

**** New students must take a placement test. ****

All placement testing is in-person.

Students must register for the test in-person on December 7 at 9 a.m. at our ESL office, Cubberley Campus, 4000 Middlefield Road, I-Building, 2nd floor.

Placement test registration opens at 9 a.m. Saturday, December 7, 2024

**** In-Person Only! ****

TESTING LOCATION: Cubberley Campus • 4000 Middlefield Rd, I-Bldg 2nd Floor

MORNING TESTING

Time: 9 a.m.–12 noon (*Test begins promptly at 9 a.m.*)
Test Dates: December 13, 16, 17, & 18, 2024

EVENING TESTING

Time: 6–9 p.m. (*Test begins promptly at 6 p.m.*)
Test Dates: December 16, 17, & 18, 2024

Register for testing early. Spaces limited!

CLASSES

WINTER SESSION ESL CLASSES *

January 13–March 14, 2025 (No classes January 20 & February 17)

No charge for ESL textbooks

IN-PERSON MORNING CLASSES (9:30 A.M.–12:30 P.M.)

Cubberley Campus: Literacy through Advanced low levels (Monday–Thursday)

IN-PERSON AFTERNOON CLASSES (1–2:30 P.M.)

Cubberley Campus: Pre-Literacy (Tuesday and Thursday)

ONLINE MORNING CLASSES (3 meetings per week): 9–11 a.m. / Tuesday, Wednesday, & Thursday

3 levels: Mixed beginning; mixed intermediate; advanced

***Students need to download and learn Zoom at <https://zoom.us/>*

IN-PERSON EVENING CLASSES (6:30–9:30 P.M.)

Palo Alto High School: Literacy through Advanced Low levels (Monday & Wednesday)

***IN-PERSON & ONLINE* ADDITIONAL SKILL-SPECIFIC CLASSES:** See *English Enrichment* classes pages 10 & 11

ENGLISH AS A SECOND LANGUAGE (ESL)

COLLEGE AND CAREER READINESS

ESL MEDICAL ENGLISH *

Instructors: Maria Abilock, mabilock@pausd.org, and Judy Chang, jchang@pausd.org

*Prerequisite: For intermediate high and advanced English language learners. **ESL test required.***

Study Medical English in our in-person ESL Healthcare Foundation class about the human body systems and medical vocabulary. This class prepares students for the next level *Medical Terminology* class, or for the CNA (*Certified Nursing Assistant*) program and other healthcare pathways at Mountain View Adult School.

11 wks / January 13–March 26 (No class January 20 & February 17)

Monday & Wednesday / 6:30–9 pm

Palo Alto HS Rm 31 / No Fee *

REQUIRED ORIENTATION MEETING

Wednesday, January 8, 2025 • 6:30–9 p.m. • Palo Alto HS Rm 31

Please register for the orientation meeting online at PAAAdultSchool.org

For more information, please call the ESL office at (650) 494-2326.

JOB SEARCH SKILLS FOR ESL STUDENTS (*Non-native English Speakers*) *

Instructor: Susan Silver, ssilver@pausd.org

Prerequisite: For advanced English language learners

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Kathlynn Lehmer as her clients for individualized job search coaching services through the *Palo Alto Adult Ed Work Readiness* course.

Register online at PAAAdultSchool.org. When you register for the class, you will automatically be registered for the test. The test will be held on the Cubberley Campus I-Building 2nd Floor.

Required English test: January 16, 2025 at 1 p.m.

10 wks / January 21–April 3 (No class February 18 & 20)

Tuesday & Thursday / 1–3 p.m.

Cubberley Campus I-Building 2nd Floor / No Fee *

ADDITIONAL CLASSES

LEAH *

Learn English at Home!

Prerequisite: For beginning high to advanced level English level learners.

If you have access to a computer and you want to learn English, *you can learn at home!* This is a good program if you cannot come to class regularly. In this program, you have free access to an online educational website. Students are required to study four (4) hours per week on the computer. Then students meet with the teacher for a half hour (30 minutes) each week. You can meet with the teacher on Zoom or in person.

- Students must take an in-person placement test to register for the LEAH program.
- Students may start LEAH classes at any time on or after January 13, 2025.
- Please call 650-494-2326 to make an appointment for the placement test.

The winter 2025 LEAH program begins on January 13, 2025.

For more information or to sign up for the class,
please call our adult school ESL office: (650) 494-2326.

¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.



ESL WRITING ACADEMY

WINTER 2025 ESL WRITING ACADEMY January 16–March 21

WINTER SESSION CLASSES

ESL WRITING ACADEMY — IN-PERSON

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

**** New students must take a required in-person English test for all Fundamentals of Writing classes. ****

Test dates are January 15 at 6:30 p.m. at Paly OR January 16 at 9:30 a.m. at Cubberley.

Students can register for a Writing Academy class and choose the English test date at

<https://paadultschool.org/class/writing-academy/>

For more information, please call (650) 494-2326 or send an email to esl@pausd.org.

**** Writing Academy registration opens January 6, 2025 at 8 a.m. ****

FUNDAMENTALS OF WRITING

FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the high beginning to intermediate level

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

SECTION A

10 wks / January 17–March 21

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

SECTION B

10 wks / January 16–March 20

Thursday / 7–9 p.m.

Palo Alto HS Rm 30 / No Fee *

FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the intermediate to advanced level

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

SECTION A

10 wks / January 17–March 21

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

SECTION B

10 wks / January 16–March 20

Thursday / 7–9 p.m.

Palo Alto HS Rm 31 / No Fee *

FUNDAMENTALS OF WRITING III — PARAGRAPHS TO ESSAYS *

Instructor: Adult School Staff

Prerequisite: For students who are at the advanced level

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

10 wks / January 17–March 21

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2nd Flr / No Fee *

ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

ADVANCED SPEAKING AND READING AMERICAN STORIES—USING CHATBOT

Instructor: Sharon Hampel, Ph.D., shampel@pausd.org

Prerequisite: For advanced English language learners

Have you checked a topic on Google recently and seen a paragraph called AI? This information is the product of Chatbot, which has already gathered it for you. You will view, read, and discuss true accounts of experiences connected to American issues, experiences such as entering the country as a refugee, dealing with racism, seeking a job and finding a home.

7 wks / January 22–March 5

Wednesday / 7–9 p.m.

Palo Alto HS Rm 216 / \$140

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to improve your TOEFL score? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / January 21–March 11

Tuesday / 9:30 a.m.–11:30 p.m.

Cubberley Campus I-Bldg Rm I-A South / \$160

ESL BOOK CLUB

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Advanced English language learners

Join the book club and have fun developing your English skills while learning about American values! Email instructor for the name of the book.

8 wks / January 23–March 13

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg Rm I-A South / \$160

FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org

Prerequisite: High intermediate to advanced English language learners

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

SECTION A

8 wks / January 21–March 11

Tuesday / 6:30–8:30 p.m.

Live Online / \$160

SECTION B

8 wks / January 24–March 14

Friday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

LET'S TALK!

Instructor: Sharon Gloster, seshel@pausd.org

Prerequisite: For advanced English language learners

Practice your conversation skills and build confidence in speaking English. This course will give you lots to talk about, including everyday news as well as several real-life topics (such as education, jobs, the stock market, health, etc.) based on student interests. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

8 wks / January 13–March 17 (No class January 20 & February 17)

Monday / 9:30 a.m.–12:30 p.m.

Cubberley Campus I-Bldg Rm I-A South / \$240

TIME TO TALK: CONVERSATION STRATEGIES...AND MORE!

Instructor: Charlotte Pilgrim, cpilgrim@pausd.org

Prerequisite: For intermediate to low advanced English language learners

Improve your practical conversation skills, pronunciation, and listening skills! This class is ideal for intermediate to low-advanced level ESL students who want to focus on improving their speaking skills and build confidence in speaking in everyday situations. At every class meeting, we will use conversation drills, pair work, and small group activities to practice and improve your English skills. You will learn conversation strategies to help you with many of the speaking situations in your everyday life.

8 wks / January 15–March 5

Wednesday / 1–3 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$160

BE A VOLUNTEER ESL TUTOR

Help Someone Learn English

For information, please contact:

*ESL Volunteer Tutor Program Manager,
Anjani Sarma: asarma@pausd.org
and visit our website: PAAAdultSchool.org*

ENGLISH ENRICHMENT

TOEFL PREPARATION

Instructor: Mitra Bahrami, mbahrami@pausd.org

Prerequisite: High to advanced English language learners

This class will prepare students for all four parts (Reading, Listening, Speaking and Writing) of the TOEFL exam (*Test Of English as a Foreign Language*). The class includes general instruction, test-taking strategies, tips on common mistakes to avoid, specific lessons for the speaking and writing parts of the test, scoring, student work review/evaluation, and taking of an actual test. Required textbook can be purchased in the Adult School office before the first class.

7 wks / January 23–March 6

Thursday / 9 a.m.–12 noon

Palo Alto HS Rm 31 / \$285

US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, swojtowicz@pausd.org

Prerequisite: Intermediate high to advanced English language learners

Improve your English skills while becoming familiar with many interesting aspects of US history and culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

8 wks / January 22–March 12

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg Rm I-A South / \$160

GENERAL INTEREST

CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: Have previously taken Creative Writing class at Palo Alto Adult School or have permission from instructor

Learn to be a stronger creative writer! Express yourself in any genre. This workshop encourages you to learn through discussing examples of published work and topics related to creative writing to present your work and receive constructive feedback in a helpful, supportive environment.

10 wks / January 16–March 20

Thursday / 6–8:30 p.m.

Live Online / \$100

GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org

Prerequisite: None

Are you new to family history research? Are you chasing down an intriguing family story? Are you working on an existing project? Join us! This fun and friendly workshop is for all levels of family history researchers. Come share your stories and research challenges with our supportive group.

7 wks / February 5–March 19

Wednesday / 1–3 p.m.

Palo Alto HS Rm 31 / \$140

CREATIVE WRITING: WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@gmail.com

Prerequisite: None

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoirs, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing, and other techniques. *Limit 12 students.*

10 wks / January 15–March 19

Wednesday / 1–3:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$100

PARENTING BOOK DISCUSSION CLASS

Instructor: Jenn Pierson, jpierson@pausd.org

Prerequisite: None

This class is for parents of children ages 3-8 who want to extend their parenting community while reading and discussing research-based parenting books. Through 5 classes, parents will process their own parenting joys and challenges in a supportive group. This session we will work through *Good Inside* by Becky Kennedy. Please come prepared to bring your own book to the first session.

5 Classes / January 15, February 5, March 5, April 23, & May 14

Wednesday / 7:30–9:30 p.m.

Greendell MP Rm / \$250

CREATIVE WRITING: WRITING TO HEAL

Instructor: Chana Feinstein, cfeinstein@pausd.org

Prerequisite: None

New methods show how writing about your trauma and pain can heal. You will get a chance to practice written techniques in class and at home designed to help you revisit your upsetting experiences, then find new meaning and hope. This class is self-help coaching, not therapy.

10 wks / January 14–March 18

Tuesday / 9:30 a.m.–12 noon

Live Online / \$100

Avenidas Re-Inventing Aging

Three locations, a dozen programs, and hundreds of clubs, activities, and events for seniors!

- Avenidas @450 Bryant 450 Bryant Street in Palo Alto
- Avenidas Rose Klerner Center 270 Escuela Avenue in Mountain View
- Avenidas 華人社區中心 Chinese Community Center 4000 Middlefield Road, Building H-5 in Palo Alto

Avenidas Re-Inventing Aging

For more information, visit us at avenidas.org or call 650-289-5400.

HEALTH AND FITNESS

ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

Prerequisite: None

After one session of Abs and Booty Buster we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. Bring a yoga mat, 1-3 lbs weights, stretching band, and a water bottle.

SECTION A

10 wks / January 13–March 19 (No class January 20 & February 17)

Monday & Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$200

SECTION B

10 wks / January 14–March 20

Tuesday & Thursday / 10–11 a.m.

Palo Alto HS Rm P11 / \$200

AIKIDO

Instructor: Fushan Yuan, fyuan@pausd.org

Prerequisite: None

The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement.

10 wks / January 14–March 22

Tuesday & Thursday / 6:30–8 p.m. & Saturday / 10–11 a.m.

Palo Alto HS Rm P11 / \$200

LINE DANCING

Instructor: Kent You, kent.you@gmail.com and Sandy Hsu

Prerequisite: None

Exercise your brain and body while enhancing balance as you learn new steps. Dance to a wide variety of international Music—including pop, classical and seasonal songs. No partner needed. Beginners welcome.

10 wks / January 14–March 18

Tuesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$100

MAT PILATES

Instructor: Golnaz Haghverdi, goli.haghverdi@yahoo.com

Prerequisite: None

Pilates is suitable for all age groups and levels. All you need to bring is a mat and water bottle! You will increase your physical strength, balance, concentration, breathing levels, and core stability in this class.

8 wks / January 22–March 12

Wednesday / 6:30–8 p.m.

Palo Alto HS Rm P11 / \$120

INDIAN DANCE AND FITNESS

Instructor: Komal Juneja,

komaldanceandfitness@gmail.com

Prerequisite: None

Ignite your passion for movement with our exhilarating Indian Bollywood dance course! Discover vibrant rhythms, expressive choreography, and cultural flair.

9 wks / January 24–March 21

Friday / 4:30–5:30 p.m.

Palo Alto HS Rm P11 / \$90

PERSIAN BELLY DANCING

Instructor: Afshaneh Padaman,

a2255@protonmail.com

Prerequisite: None

Learn a combination of Egyptian-style belly dance with the elegance of Persian dance movements and fundamentals of posture, isolations, steps, and shimmies. We will cover the accents of belly dance and the delicate arm and foot patterns of Persian dancing. Class begins with a quick warm-up, followed by technique and combinations, and ends with stretching. Classes are suitable for all ability levels.

8 wks / January 13–March 17

(No class January 20 & February 17)

Monday / 7–8 p.m.

Palo Alto HS Rm P11 / \$80

PILATES: BEGINNING/INTERMEDIATE

Instructor: Judy Lee-Squire, jleesquire@pausd.org

Prerequisite: None

Increase your core strength, flexibility, and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form. We'll use small balls and therabands. Modifications will be taught. A mat is required during class. *Limit 16 students.*

10 wks / January 14–March 18

Tuesday / 6:45–7:45 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$100

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

Prerequisite: None

Learn the traditional Chen Style first form (*Taijiquan*). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles. We will focus on different sections of *Taijiquan* throughout the quarter.

8 wks / January 22–March 12

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$80

YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

Prerequisite: None

Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat. *Limit 12 students.*

8 wks / January 13–March 17

(No class January 20 & February 17)

Monday / 5–6:30 p.m.

Palo Alto HS Rm P5 / \$120

NEW

NEW

HEALTH AND FITNESS

ZUMBA

Instructor: Amy Chan, achan@pausd.org

Prerequisite: None

Learn different dance styles including Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

SECTION A

10 wks / January 13–March 19

(No class January 20 & February 17)

Monday & Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Bldg 2nd Flr / \$200

SECTION B

10 wks / January 13–March 19

(No class January 20 & February 17)

Monday & Wednesday / 10–11 a.m.

Palo Alto HS Rm P11 / \$200

HOME AND ENVIRONMENT

FLORAL EXPRESSION—IKEBANA SOGETSU

Instructor: Yvonne Ip, cyip888@gmail.com

Prerequisite: None

Discover the joy of Ikebana, the Japanese art of flower arranging. This course explores the core principles and techniques for achieving harmony, balance and minimalism. Through a combination of theory and hands-on sessions, you will learn how to make your own arrangements that are aesthetically pleasing, expressive, and thought provoking. There will be a \$150 materials fee payable to the instructor on the first day of class.

7 wks / January 14–February 25

Tuesday / 6–9 p.m.

Palo Alto HS Rm 29 / \$210

GARDENING IN WINTER

Instructor: Sherri Bohan, sbohan@pausd.org

Prerequisite: None

Existing gardens are easy to create a space for that is not just landscaping—it can become beneficial habitat and a buffet for pollinators and songbirds, butterflies and more. Native plants are easy to include for a more water-wise beautiful garden.

10 wks / January 15–March 19

Wednesday / 10 a.m.–12 noon

Live Online / \$100

FIX YOUR CLOTHES! —

HEMMING AND MENDING

Instructors: Sally-Ann Rudd, srudd@pausd.org,

and Maya Sen, msen@pausd.org

Prerequisite: None

Learn some basic clothing fixes. In the first class we will learn how to hem pants, jeans and skirts/ dresses using a sewing machine and (optional!) by hand if you like a challenge. In the second class, we will focus on mending techniques, using the sewing machine where possible, and by hand. We will teach you some visible mending and some Sashiko. You do not need your own sewing machine and previous experience is not required. There will be a \$5 materials fee payable to the instructor on the first day of class. *Limit 16 students.*

2 wks / January 23–January 30

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$60

SEWING: BEGINNING GARMENT SEWING

Instructors: Sally-Ann Rudd, srudd@pausd.org,

and Maya Sen, msen@pausd.org

Prerequisite: None

Learn some basic garment sewing techniques in our super fun beginning class and have your own *Project Runway* moment! We will learn step by step how professionals make fine, well-fitting clothing. We will start slowly with a basic project and along the way you will learn about working with sewing patterns and how to use a sewing machine. We will send out a supplies list and a list of suggested beginner patterns before the class. You do not need your own sewing machine and previous experience is not required. There will be a \$10 materials fee payable to the instructor on the first day of class. *Limit 20 students.*

8 wks / January 22–March 12

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240

SEWING: THE SEWING LAB

Instructors: Sally-Ann Rudd, srudd@pausd.org,

and Maya Sen, msen@pausd.org

Prerequisite: Beginning Garment Sewing or equivalent

For all past *Beginning Sewing* students, this class is for you to practice your slightly more advanced projects, with our two expert instructors available to offer assistance. If you've ever wanted to try making a jacket, or a pair of jeans, this is the class for you to extend your skills. Pick a project and come make it with us! *Limit 16 students.*

6 wks / February 6–March 13

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$180

PENINSULA SYMPHONIC BAND WINTER CONCERT

Conducted By Ted Henderson

Sun • Mar 23, 2025 • 3 p.m.

Admission FREE — Donations Appreciated



** CONCERTS **

MASTER SINFONIA CHAMBER ORCHESTRA

Conducted By David Ramadanoff

Sat • Jan 25 & Mar 1, 2025 • 2:30 p.m.

Visit mastersinfonia.org for ticket information



HOME AND ENVIRONMENT

UPHOLSTERY: BASIC TECHNIQUES

Instructors: Isabelle Trainer, itrainer@pausd.org, Shelly Kim, shkim@pausd.org, Tracey Wyatt, twyatt@pausd.org, Pam Jaradeh, plaradeh@pausd.org, and Jodie Frerichs, jfrerichs@pausd.org

Prerequisite: None



Learn how to reupholster furniture from start to finish using a mix of traditional and modern techniques. This class focuses on the upholstery of traditional chairs and ottomans

(no automotive or boat), and does not address wood frame restoration. Once registered, you will be asked to submit a photo of the project you would like to work on. All projects must be approved by the teachers to ensure we have the proper expertise to assist you. New students must complete a simple project such as an ottoman or dining seat before progressing onto more complicated projects.

Limit 23 students. NEW UPHOLSTERY STUDENTS: After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

SECTION A

10 wks / January 14–March 18
Tuesday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$450

SECTION B

10 wks / January 16–March 20
Thursday / 9 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$450

SECTION C: OPEN SHOP CLASS

This “studio class” is meant for students to work independently on their projects with very minimal to no supervision by a single instructor. Students must currently be enrolled in either Section A or Section B to register for Open Shop.

5 wks / January 22–February 19
Wednesday / 10 a.m.–1 p.m.
Palo Alto HS Rm 904 / \$150

MUSIC

GUITAR: BEGINNING

Instructor: Bowen Zheng, passengerave@gmail.com

Prerequisite: None



Join us to get introduced to the world of music and guitar. We will learn music fundamentals such as rhythm and standard notation. Will cover ergonomics of playing guitar and proper posture and proper technique. Expect to play in an ensemble

with other classmates as well as individually. It's never too late to begin! Come and discover what you can do with your guitar! Bring your own guitar. *Limit 12 students.*

8 wks / January 15–March 5
Wednesday / 7:30–8:30 p.m.
Palo Alto HS Rm 30 / \$80

GUITAR: INTERMEDIATE

Instructor: Bowen Zheng, passengerave@gmail.com

Prerequisite: Some musical experience on the guitar (fingerstyle preferred) and ability to read music with standard musical notation highly recommended

This class is designed for students who have had some music experience in the past with playing the guitar and reading music from standard notation. You will pick up from playing single line melodies and progress to playing more notes simultaneously. You will also be working on proper technique, posture, rhythm, music reading and other musicianship skills. Bring a classical guitar to class. *Limit 12 students.*

8 wks / January 15–March 5
Wednesday / 6–7:30 p.m.
Palo Alto HS Rm 30 / \$120

MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.

The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20th Century composers such as Samuel Barber and living composers such as John Adams. The orchestra's winter concerts will be performed Saturdays, January 25 and March 1, 2025 at 2:30 p.m. in the Palo Alto High School Performing Arts Center. Please visit mastersinfonia.org for details. *Applicants must audition with the instructor, David Ramadanoff, before attending the first orchestra rehearsal. Contact him at info@mastersinfonia.org for more details.*

10 wks / January 16–March 20
Thursday / 7:30–10 p.m.
Los Altos United Methodist Church / \$55

ODAIKO (Open to Continuing Students Only)

Instructor: Kensuke Sumii, info@drumrevolution.com

Prerequisite: Age 15+, Student must also be currently enrolled in Taiko class

This class is designed for individuals with stamina to hit Odaiko (big Taiko) for two hours. Odaiko will help you build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment—including drums and sticks—are provided.

6 wks / January 31–March 7
Friday / 7:30–9:30 p.m.
Palo Alto HS Student Center / \$60 (+\$60 materials fee)

MUSIC

PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com
Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, March 23, 2025.
NOTE: There is a waitlist for some sections. To inquire about availability, before attending the first band practice, please email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.

8 wks / January 13–March 17
(No class January 20 & February 17)
Monday / 7:30–10 p.m.
Palo Alto HS Rm 109 / \$65

PERSIAN DRUMMING

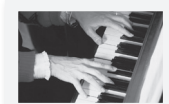
Instructor: Afshaneh Padaman, a2255@protonmail.com
Prerequisite: None

Learn to play the traditional Persian Frame Drum 'Daf'. This class takes you step-by-step from the very basics to more intermediate and advanced techniques such as various Riz (roll) techniques and chain control. Classes are suitable for all ability levels. Bring your own frame drum musical instrument 'Daf' to class. You can purchase your daf on Amazon.

8 wks / January 13–March 17 (No class January 20 & February 17)
Monday / 6–7 p.m.
Palo Alto HS Rm P11 / \$80

PIANO: BEGINNING/INTERMEDIATE

Instructor: Kathy Woveris, kwoveris@gmail.com



Learn to play music in a fun environment. Students will learn to play on the keyboards provided. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. Students will need a keyboard at home to practice on or can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. Textbook: *Adult All-In-One Course: Lesson-Theory-Technic: Level 1 Fundamentals of Piano Theory-Preparatory Level*. Bring textbook to first class or students may purchase one from the teacher that same night. **NOTE:** No perfumes or scented hair products of any kind in class due to the instructor's allergies. *Limit 10 students each section.*

SECTION A: Beginning (No previous lessons)

9 wks / January 15–March 12
Wednesday / 5–6:30 p.m.
Palo Alto HS Rm 305 / \$135

SECTION B: Beginning/Intermediate

9 wks / January 15–March 12
Wednesday / 6:30–8 p.m.
Palo Alto HS Rm 305 / \$135

TAIKO

Instructor: Sukesue Sumii, info@drumrevolution.com
Prerequisite: Age 15+

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice. You should have a sense of rhythm and/or stamina to hit drums for two hours. Similar to martial arts practice, students do not wear shoes or socks in class. Students practice barefoot. All equipment—including drums and sticks—are provided. There will be a materials fee payable to the instructor on the first day of class to cover the drum heads replacement. (No new students are accepted in Sections B, which is for continuing students only.) *Limit 24 students each section.*

SECTION A (Open to all students)

3 wks / January 8–January 22
Wednesday / 8–10 p.m.
Palo Alto HS Student Center / \$30 (plus \$60 materials fee)

SECTION B (Open to continuing students only)

6 wks / January 29–March 5
Wednesday / 8–10 p.m.
Palo Alto HS Student Center / \$60 (plus \$120 materials fee)

VIOLIN: BEGINNING II

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org
Prerequisite: Beginning or equivalent

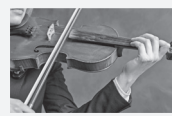
This is a continuation of the *Violin: Beginning* class for students who desire to refine their technique and skills in a group setting. You will also emphasize proper posture and playing position, development of characteristic tone quality and training in music literacy. Music used in class is specifically written and arranged for violins. Bring your own violin. See website for class objectives and materials. *Limit 12 students.*

10 wks / January 14–March 18 (No class: Date TBD)

Tuesday / 7–8 p.m.
Palo Alto HS Rm 30 / \$100

VIOLIN: INTERMEDIATE

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org
Prerequisite: 1–2 years of private lessons or equivalent



This is a continuation of the *Violin: Beginning* class for students who desire to refine their technique and skills in a group setting. You will review and reinforce music reading, playing fundamentals and technique that are important for lasting musical development. You will also emphasize proper posture and playing position, development of characteristic tone quality and training in music literacy. Music used in class is specifically written and arranged for violins. Bring your own violin. See website for class objectives and materials. *Limit 12 students.*

10 wks / January 14–March 18 (No class: Date TBD)

Tuesday / 8–9:30 p.m.
Palo Alto HS Rm 30 / \$150

Instructor-Facilitated Online Courses



Online Education

Convenient & Affordable

Instructor Led Format

Online Course Accessible 24/7



Find Your Course Today!

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any course entirely from your home or office...any time of the day or night!

EXPERT INSTRUCTORS • 24-HOUR ACCESS • ONLINE DISCUSSION AREAS • SIX WEEKS OF INSTRUCTION

ACCOUNTING FUNDAMENTALS

If you want to increase your financial awareness and gain a marketable skill, this course is for you!

ADMINISTRATIVE ASSISTANT FUNDAMENTALS

Master essential job responsibilities as you identify opportunities and implement solutions for increased productivity throughout your company.

CONVERSATIONAL JAPANESE

This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language.

DESIGNING EFFECTIVE WEBSITES

Regardless of your current skills or level of knowledge, in this course you'll master the basics of web design and learn how to build more effective sites.

LOSE WEIGHT AND KEEP IT OFF

In this comprehensive course, you'll discover how to establish a healthy approach to weight loss and weight maintenance.

MASTERING PUBLIC SPEAKING

Equip yourself with the skills you need to communicate with ease and authority on the job or in any social setting.

MICROSOFT EXCEL

Most workplaces require that new employees have a basic level of understanding of Microsoft Excel. This course will introduce you to the program's basic functions and uses.

PARALEGAL PREPARATION I

In this course, you will discover what paralegals do and find out what you will need to know in order to begin your own paralegal career.

QUICKBOOKS ONLINE

This course will empower you to take control of your business's financial accounting, all with the ease and convenience of an online platform.

REAL ESTATE LAW

Learn the basics of real estate law, including investing, title searching, and mortgages.

SECRETS OF BETTER PHOTOGRAPHY

Whether you use a DSLR, a point-and-shoot camera, or your phone for your photography, you will learn how to get the best results from your camera.

STARTING YOUR OWN BUSINESS IN HEALTH AND HEALING

In this innovative course, you'll learn how to make your dreams of building a health-related business a reality.

STOCKS, BONDS AND INVESTING

Learn how to make wise investment decisions so that you have enough money to live comfortably through your retirement.

USING SOCIAL MEDIA IN BUSINESS

Learn how Facebook, Twitter, LinkedIn, Pinterest and Google+ can grow and promote your business.



MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER

Visit ed2go.com/PaloAlto / New course sessions begin monthly

PARENTING AND FAMILY

For 78 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833
INSTRUCTOR: PRESCHOOL FAMILY STAFF



PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.

We provide opportunities for children to master tasks that are appropriate for their individual level of development. Periods of free play are complemented by more structured small and large group activities.

In order to build strong families and communities, PreSchool Family serves parents and young children in a way that nurtures, respects, and educates all families, cultures, and religions. Each child and each parent is treated with respect for their individuality and unique potential.

Programs Offered for the 2024-2025 School Year

- Baby Class (6–12 Months)
- Toddler Class (12–24 Month Old)
- 2 Year Old Class
- 3 Year Old Class
- 4 Year Old Class



Are You A New Mom?

Learn about these topics while your baby explores the classroom with other 6-12 month old babies

- Developmental stages
- Sleep & feeding patterns
- Importance of play for learning
- Limit setting with young children
- Communication & Language development

New to Palo Alto? Recently moved to the area? Join our Toddler or 2's class for your child to experience play-based learning while parents practice strategies and learn about their children's development.

For information about 2024-2025 classes and registration,
please visit <https://greendell.pausd.org/programs/preschool-family>

Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily)

PreSchool Family phone: (650) 856-0833

PARENT EDUCATION

PARENTING BOOK DISCUSSION CLASS

Instructor: Jenn Pierson, jpierson@pausd.org

Prerequisite: None

This class is for parents of children ages 3-8 who want to extend their parenting community while reading and discussing research-based parenting books. Through 5 classes, parents will process their own parenting joys and challenges in a supportive group. This session we will work through *Good Inside* by Becky Kennedy. Please come prepared to bring your own book to the first session.

5 Classes / January 15, February 5, March 5, April 23, & May 14
Wednesday / 7:30–9:30 p.m.
Greendell MP Rm / \$250



PHOTOGRAPHY

CREATIVE PHOTOGRAPHY WITH A CELL PHONE

Instructor: Carol Boclin, aboclinborges@pausd.org

Prerequisite: None



This class offers a practical method to stimulate your creativity and introduce you to the pleasures of photography, with the aim of achieving your best performance using just your

cell phone. We will cover the following in class: Principles of Composition, Power of Images, Gestalt Theory, Figure & Background, Light & Shadows, Colors/Black & White.

8 wks / January 13–March 17
(No class January 20 & February 17)
Monday / 6:30–8:30 p.m.
Palo Alto HS Rm MAC 102 / \$160

DEVELOPING YOUR CREATIVITY IN WILDLIFE PHOTOGRAPHY

Instructor: Kaleb Friend, kaleb.friend@gmail.com

Prerequisite: None

NEW



Discover the art of patient observation and creative storytelling in wildlife photography. Learn to capture compelling images while prioritizing animal welfare.

Explore composition, lighting, and unique perspectives to create emotionally resonant photographs. Join us for instructor critiques, group discussions, and an optional field trip. Students who already have good foundational knowledge of their own camera gear and the exposure triangle will benefit most from this class.

8 wks / January 23–March 13
Thursday / 5:30–6:30 p.m.
Live Online / \$150



NEW TEACHERS WELCOME!

If you would like to become an
Adult School instructor, call
(650) 329-3752 for an application.
For more information on
how to apply, visit
PAAAdultSchool.org/new-instructors-welcome

WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

WOODTURNING: INTRODUCTION TO THE LATHE

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: None (This class is not a substitution for Woodworking 1)

The first class of Woodturning modified into a 3-hour standalone lesson. You will learn basic safety, operating a lathe, and using the spindle roughing gouge to turn a simple rolling pin. There will be a \$20 materials fee payable to the instructor on the first day of class. *Limit 6 students each section.*

One Session / See Dates Below

Saturday / 1–4 p.m.

Palo Alto HS Woodshop / \$70 per session

- **February 1**
- **February 8**
- **March 1**

"I had never used a lathe before. In the **Woodturning: Intro to Lathe** class I learned the fundamentals of safety, setup, and use. I felt like the equipment components were described fully and I could work independently on beginner level things or replicate what we made independently."

Katie Bastine
Engineer

WOODTURNING 1: INTRODUCTION TO SPINDLES

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: None

You will learn the basic fundamentals of woodturning by making rolling pins, a cocktail muddler, a mallet, and bud vases. Emphasis will be placed on developing proper technique with traditional tools through practice and repetition. There will be a \$40 materials fee payable to the instructor on the first day of class. *Limit 6 students each section.*

SECTION A

Four Sessions / See dates below

Wednesday & Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$280 per session

- **January 22 & 24 and January 29 & 31**
- **February 26 & 28 and March 5 & 7**

SECTION B

Two Sessions / See dates below

Saturday & Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280 per session

- **January 25–26**
- **February 15–16**

WOODTURNING 2: INTRODUCTION TO BOWLS

Instructor: Tina Chou, tchou@pausd.org

Prerequisite: Woodturning 1



You will build on your Woodturning 1 skills and learn the basics of turning wooden bowls. Projects will include different bowl designs and chucking methods. We will

discuss how to process a tree into bowls, safety, and tool sharpening. You will make a lot of wood shavings. There will be a \$40 materials fee payable to the instructor on the first day of class. *Limit 6 students each section.*

SECTION A

Four Sessions / See Dates Below

Wednesday & Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$280 per session

- **February 5 & 7 and February 12 & 14**
- **March 12 & 14 and March 19 & 21**

SECTION B

Two Sessions / March 15–16

Saturday & Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

WOODWORKING: INTRO TO HYBRID WOODWORKING

Instructors: Marcus Miller, wmmiller2@yahoo.com,
and Aaron Straight, astraight@pausd.org

Prerequisite: Woodworking 2 - No Exceptions



Learn to use handtools such as chisel, plane and saw to augment your skills and refine your projects. Sharpening will be taught. Small projects will emphasize skill

building with a final project of making a tool box. Students will need to purchase their own set of tools to use in class and keep for themselves. Hybrid woodworking is defined as using both power tools and hand tools in harmony—this class will focus on the handtools portion of hybrid woodworking.

9 wks / January 6–March 17 (*No class January 20 & February 17*)
Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$270



WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

WOODWORKING 1: BUILD A TABLE

Prerequisite: None



Develop woodworking skills while building a table from rough wood. The class will focus on shop and power tool safety. There will be a materials fee (\$50-\$60) payable to the instructor to cover the cost

of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. Textbook: None—Materials will be emailed before the class.

SECTION A

Instructors: Derek Witte, dwitte@pausd.org, and

Sean McCluskey, sean94118@gmail.com

10 wks / January 15–March 19

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$300

Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. You will need safety glasses—and hearing protection is highly recommended. There will be a materials fee (\$65-\$75) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. Textbook: Optional – Handouts and materials list will be emailed.

SECTION B

Instructors: Rayan Ghazal, rayan@pausd.org,

Alex Granieri, agranieri@pausd.org, and

Marty Lastowski, mlastowski@pausd.org

10 wks / January 16–March 20

Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING 2: BUILD AN ULM STUHL

Instructors: Sumit Roy, sroy@pausd.org,

and Derek Witte, dwitte@pausd.org

Prerequisite: Woodworking 1—No Exceptions



Build a mid-century versatile stool from a design by Max Bill (1953). You will have the opportunity to review and expand upon skills learned in Woodworking 1. The class will focus on safety, joinery using power tools, and understanding the medium of wood. Tools covered in the class will include the compound miter saw, jointer, planer, bandsaw, table saw, table router and handheld router. There will be a \$60 materials fee payable to the instructor on the first day of class. *Limit 12 students.*

10 wks / January 16–March 20

Thursday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$300



WOODWORKING 2: CRAFTSMAN MANTEL CLOCK

Prerequisite: Woodworking 1—No Exceptions



Expand your woodworking and shop safety skillset while building a Craftsman style mantel clock. Review safe use of shop machines and learn new tools and techniques. The clock is approximately 13" tall and 10" wide with a battery-operated mechanism.

Students will have the opportunity to

select their own decorative tile or image. There will be a materials fee payable to the instructor on the first day of class.

SECTION A

Instructors: Steve Garcia, steve@adzac.com,

and Mary Ann Carmack, macsoybean@gmail.com

10 wks / January 14–March 18

Tuesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$300

SECTION B

Instructors: Steve Garcia, steve@adzac.com, Marcus Miller,

wmmiller2@yahoo.com, and Chris Cahill, ccahill@pausd.org

10 wks / January 14–March 18

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Darryl Dieckman, ddieckman@pausd.org,

and Sumit Roy, sroy@pausd.org

Prerequisite: Woodworking 1 & 2—No Exceptions

Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision.

9 wks / January 6–March 17 (*No class January 20 & February 17*)

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$270

WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, rayan@pausd.org,

and Sharad Patel, spatel@pausd.org

Prerequisite: Three quarters of Woodworking classes

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Prior to enrolling, please email instructor at rghazal@pausd.org.

10 wks / January 15–March 19

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

WORLD LANGUAGES

CHINESE: BEGINNING

Instructor: Lucia Wu, www@pausd.org

Prerequisite: None

Learn the most popular language in the world. Be able to speak accurately with tones from the start. At the end of the quarter, you will be able to recognize all the phonetic elements, read and speak Chinese through phonetics and conduct simple conversations. Characters will be introduced in the second quarter. This class is ideal for parents who plan to help their children with Chinese pronunciation by simply applying the skills they have learned from this class! Required textbook (*Chinese Express: Book 1*) can be purchased in the Adult School office.

8 wks / January 21–March 18 (*No class February 18*)

Tuesday / 3–5 p.m.

Palo Alto HS Rm 31 / \$160

CHINESE: INTERMEDIATE

Instructor: Lucia Wu, www@pausd.org

Prerequisite: One year of Chinese or equivalent, ability to properly read Chinese phonetics with tones, and knowledge of some basic grammar and characters

Learn the most popular language in the world. Explore modern China through various popular topics about the modern generation. Continue to expand vocabulary grammar. Class includes individual presentation, small group and whole class interaction, listening comprehension, translation exercises and characters reading. 300 characters will be introduced. Required textbook (*Chinese Express: Book 1*) can be purchased in the Adult School office.

8 wks / January 21–March 18 (*No class February 18*)

Tuesday / 5–7 p.m.

Palo Alto HS Rm 31 / \$160

FRENCH: BEGINNING

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: Beginning I (Sec. A)–None;

Beginning II (Sec. B)–French Beginning I or equivalent

Bonjour! Students with no French instruction will learn the fundamentals of French pronunciation and will develop basic everyday conversational skills with focus on phonetics, grammar, listening comprehension, reading, and writing exercises. Students will also become familiar with the French culture and customs. Order book prior to first class. Textbook from Amazon: *Dis-moi!* (ISBN: 0-673-21627-6).

SECTION A: Beginning I

10 wks / January 14–March 18

Tuesday / 9–11 a.m.

Live Online / \$200

SECTION B: Beginning II

10 wks / January 16–March 20

Thursday / 9–11 a.m.

Live Online / \$200

FRENCH: INTERMEDIATE

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French Beginning II or equivalent

Increase vocabulary knowledge through reading and listening exercises. Improve conversational skills by following guided activities. Continue reinforcing mastery of grammar and improving syntax. Enhance knowledge of French culture and customs. Order book prior to first class. Textbook: *Viens voir!* (ISBN: 0-673-216284).

10 wks / January 14–March 18

Tuesday / 6–8 p.m.

Live Online / \$200

FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: French intermediate

In this comprehensive grammar review course, the emphasis is on the language structure leading to effective communication. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation, and activity-based exercises. Order book prior to first class. Textbook: *Grammaire en dialogues – Niveau avancé*. (ISBN: 978-209-038062-0).

10 wks / January 14–March 18

Tuesday / 2–4 p.m.

Live Online / \$200

FRENCH: ADVANCED— L'ART DE CONVERSATION

Instructor: Pary Sarraf, pary.sarraf@gmail.com

Prerequisite: High intermediate

Initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, books, history, travel, cuisine and more. Increase vocabulary and enhance your communication skills, grammar and syntax. Textbook: None

10 wks / January 16–March 20

Thursday / 6–8 p.m.

Live Online / \$200

FRENCH: HIGH INTERMEDIATE READING AND CONVERSATION

Instructor: Mireille Belloni, mbelloni@pausd.org

Prerequisite: High intermediate French or equivalent

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture. Please contact the instructor for textbook information. *Limit 12 students.*

8 wks / January 7–February 25

Tuesday / 6–7:30 p.m.

Live Online / \$120

"My French Literature class gave me lots of practice speaking French which will help when I travel to France."

Henry Gregory
Retail Management (Retired)

WORLD LANGUAGES

ITALIAN: BEGINNING II

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Beginning I or equivalent

Perfect for early beginners, you will learn basic grammar, pronunciation, and conversation through group activities. All students are required to have their video *ON* during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

10 wks / January 16–March 20

Thursday / 5–6:30 p.m.

Live Online / \$150

ITALIAN: INTERMEDIATE

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Beginning IV or equivalent

Enhance your grammar, pronunciation, and conversational skills. This class is ideal for those with basic Italian knowledge. Active participation is encouraged. New students welcome. All students are required to have their video *ON* during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

10 wks / January 14–March 18

Tuesday / 5–6:30 p.m.

Live Online / \$150

ITALIAN CONVERSATION

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Beginners and early intermediate

Improve your Italian conversation skills while practicing in a supportive environment. Class is designed for beginners and early intermediate learners. All students are required to have their video *ON* during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

10 wks / January 15–March 19

Wednesday / 5–6:30 p.m.

Live Online / \$150

ITALIAN: INTERMEDIATE VI

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Intermediate or equivalent

This high-intermediate course emphasizes conversation and active participation. Review, reinforce, and expand your grammar and language abilities in a dynamic, enjoyable setting. New students welcome. All students are required to have their video *ON* during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

8 wks / January 13–March 17

(No class January 20 & February 17)

Monday / 6–7:30 p.m.

Live Online / \$120

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

Prerequisite: None

Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

Levels 3–5 are not offered this winter quarter.

SECTION A (Level 1)

8 wks / January 13–March 17

(No class January 20 & February 17)

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$160

SECTION B (Level 2)

10 wks / January 16–March 20

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord Salazar

Prerequisite: Two years of beginning Spanish or equivalent

¿Habla Ud. español? Continue your studies, and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

10 wks / January 14–March 18

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, lmcord@pausd.org

Prerequisite: Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

10 wks / January 15–March 19

Wednesday / 5–7 p.m.

Live Online / \$200

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar

Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / January 15–March 19

Wednesday / 7:30–9:30 p.m.

Live Online / \$200

MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

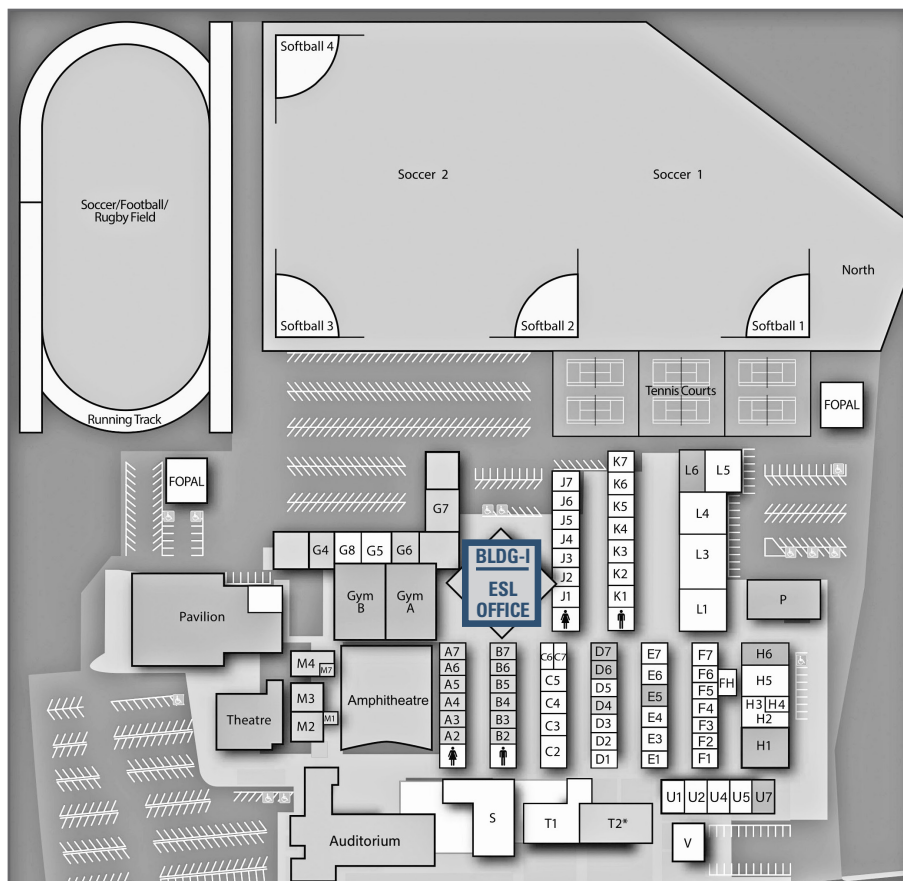
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

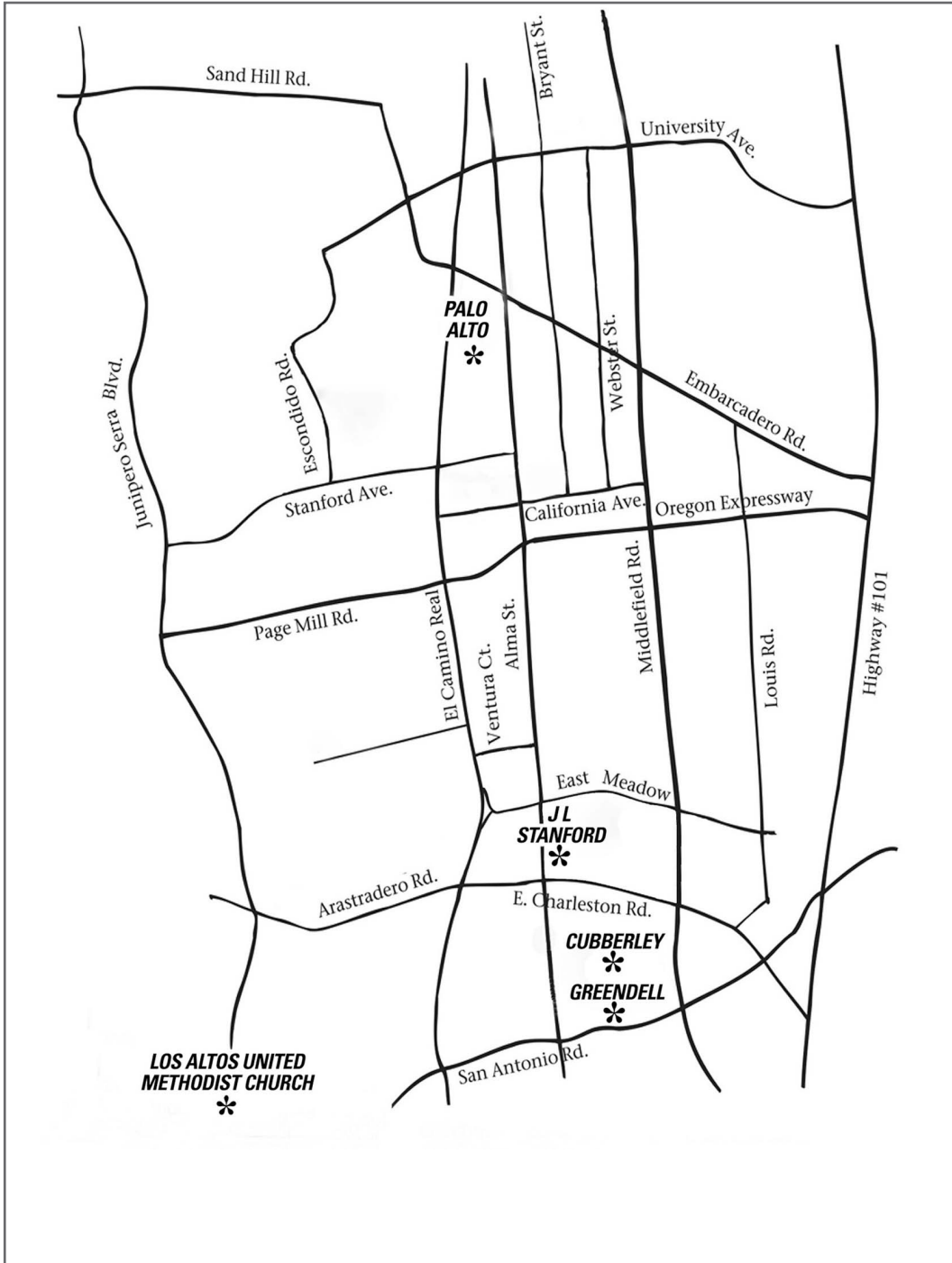
Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



PALO ALTO ADULT SCHOOL LOCATIONS



PALO ALTO
 Palo Alto High School
 50 Embarcadero Road

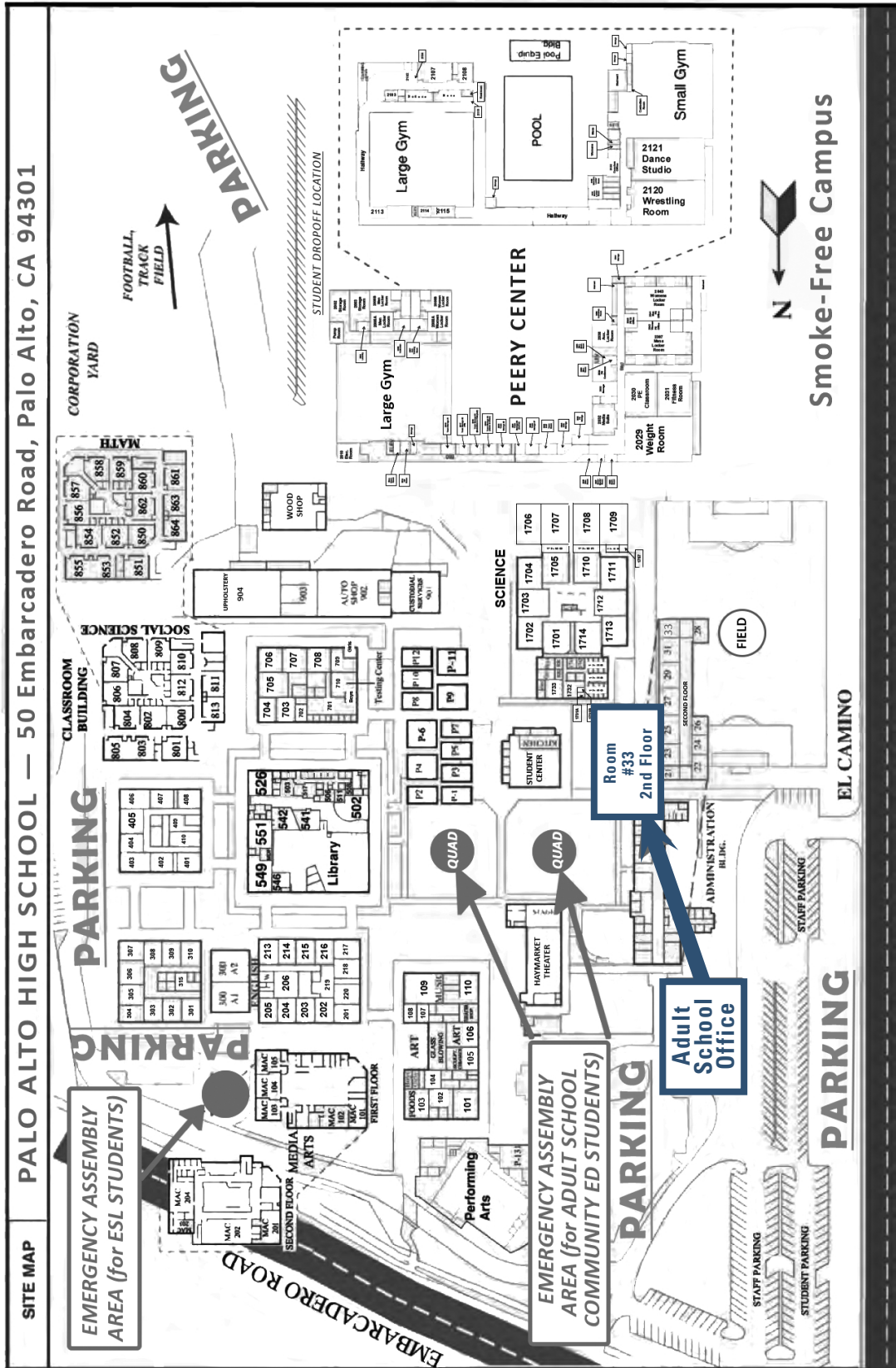
CUBBERLEY
 Cubberley Community Center
 4000 Middlefield Road

GREENDELL
 Greendell School
 4120 Middlefield Road

J. L. STANFORD
 J.L. Stanford Middle School
 480 E. Meadow Drive

**LOS ALTOS UNITED
 METHODIST CHURCH**
 655 Magdalena Avenue, Los Altos

PALO ALTO ADULT SCHOOL CLASS LOCATIONS



Updates to the catalog after printing can be found on our website at PAAAdultSchool.org

ADMINISTRATIVE POLICIES

POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others.
- Conduct that disrupts the orderly classroom or school environment.
- Harassment of students or staff.
- Damage to or theft of property belonging to students, staff, or the district.
- Use of profane, vulgar, or abusive language.
- Plagiarism or dishonesty in school work or on tests.
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules.

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

REGISTRATION INFORMATION

- Please register early since classes that do not have sufficient enrollment are cancelled.
- Registration begins at 8 a.m. online ([PAAdultSchool.org](https://www.pausd.org)), or in-person at the Adult School Main Office.
- Once classes fill, students have the option of being put on the waitlist.
- The Adult School subscribes to a one person/one registration policy meaning students can only register for themselves.

REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION

To receive a certificate of hours attended, please submit a request on our website: [paadultschool.org](https://www.pausd.org).

SCHOLARSHIPS

If you need scholarship assistance, please apply on our website [paadultschool.org](https://www.pausd.org). All information given will remain confidential.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

*Palo Alto Adult School classes are open to all—residents & non-residents.
We look forward to seeing you in class!*

CONSORTIUM PARTNERSHIP

North Santa Clara County Consortium for Adult Education

The Palo Alto Adult School is a member of the North Santa Clara County Consortium for Adult Education (NSCCC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

Meet the members of our consortium:

- Palo Alto Adult School: paadultschool.org
- Mountain View Los Altos Adult School: mvla.net
- FUHSD Adult School Sunnyvale-Cupertino: fuhsdadultschool.com
- De Anza College: deanza.edu
- Foothill College: foothill.edu

Find out more about NSCCC at nscadulterd.com.



CONTACT INFORMATION

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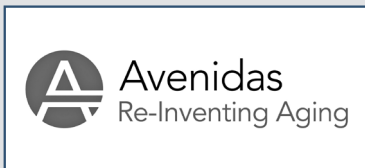
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glopez@pausd.org

Jim Sherman
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PreSchool Family
(650) 856-0833
jsherman@pausd.org

COMMUNITY PARTNER

Our Community Partner this quarter is

AVENIDAS



The mission of Avenidas is to help older adults in our community be as active, engaged, and healthy as possible throughout their lives by providing relevant services and programs.

WEBSITE // www.avenidas.org

PHONE // 650.289.5400

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WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL/WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation: (650) 329-3752. You will be notified if a class is cancelled.

REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

NEED HELP? CALL (650) 329-3752

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be canceled and a full refund will be processed.

OFFICE HOURS

PALY: Mon-Thu 8 a.m.-9:30 p.m.; Fri 8 a.m.-4 p.m.
CUBBERLEY: Mon-Thu 8:30 a.m.-4 p.m.;
Fri 8:30 a.m.-2 p.m.
HOLIDAYS (*No Classes*): Jan 20 & Feb 17

WINTER REGISTRATION BEGINS DECEMBER 6, 2024

This schedule is valid through March 21, 2025. Additional information, materials lists and schedule changes are posted on our website at PAAAdultSchool.org.

REGISTRATION FORM**PALO ALTO ADULT SCHOOL**

Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301

Year: 2025 _____

Quarter: Winter Spring
 Summer Fall

Registration Date: _____

Name: _____
(Last) (First) (Middle)

Address: _____
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: _____ Work Phone: _____

Cell Phone: _____ Email Address: _____

Start Date: _____ New Student Returning Student Date of Birth: _____ M F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment: Check Cash Visa MasterCard No Fee

Credit Card Number: _____ Expiration Date: _____

How did you find out about this class? _____

Register Online at PAAAdultSchool.org or print and mail this form.



PALO ALTO ADULT SCHOOL
Palo Alto Unified School District
50 Embarcadero Road
Palo Alto, CA 94301



SCAN TO
REGISTER ONLINE



ALL RESIDENTS AND NON-RESIDENTS WELCOME!

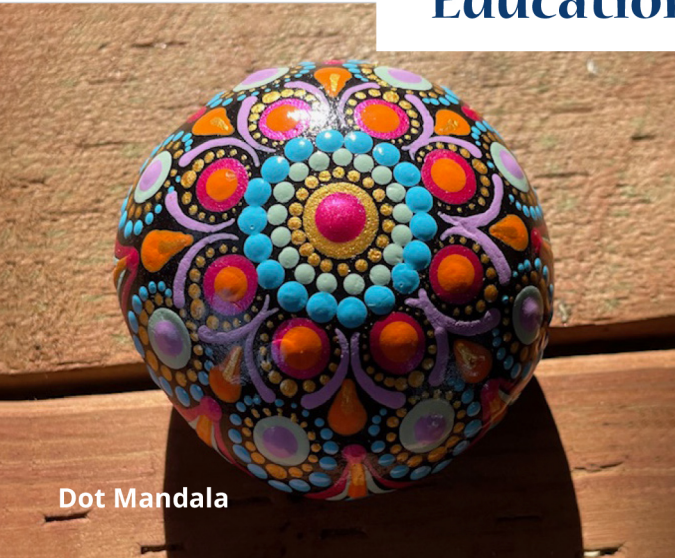


Ikebana



Aikido

Education is for life



Dot Mandala



Acrylic Painting