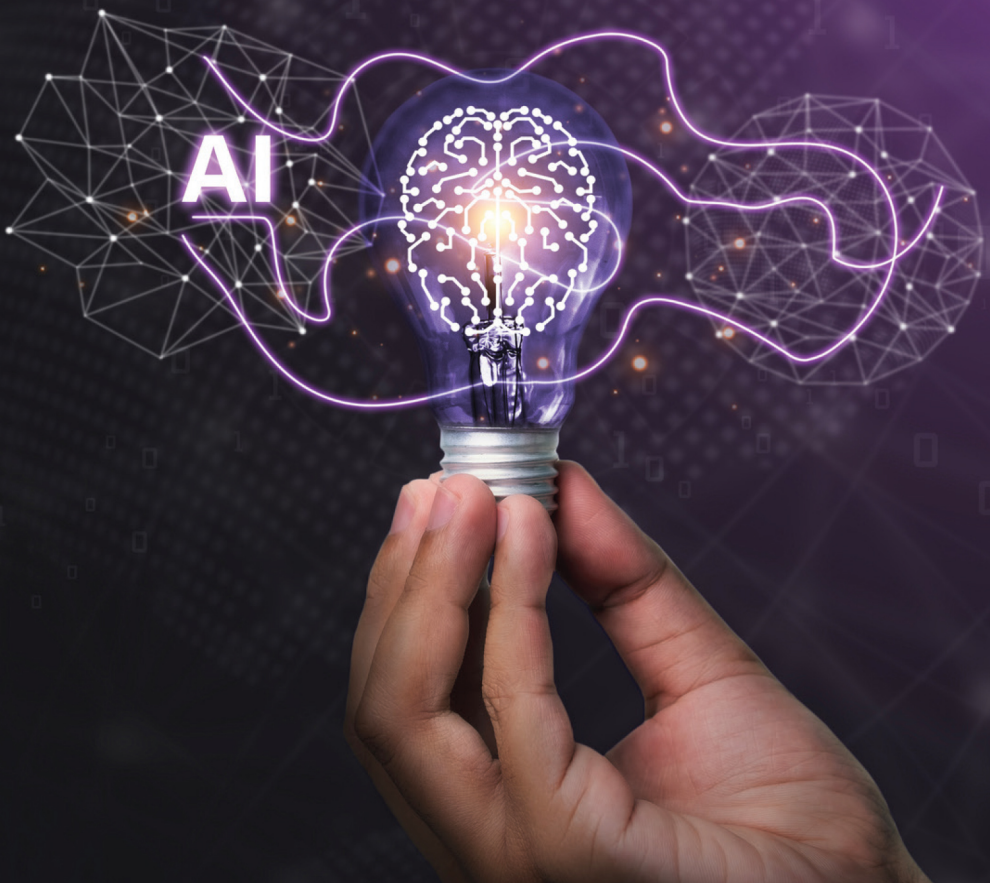




# PALO ALTO ADULT SCHOOL

2025 SPRING QUARTER SCHEDULE

**REGISTRATION BEGINS FEBRUARY 21, 2025**



[PAAAdultSchool.org](https://PAAAdultSchool.org) / 650-329-3752

## DEAR COMMUNITY MEMBERS:

Springtime has arrived! What better time to learn a new skill or enhance an existing one? Explore AI tools and discover how they can assist you in everyday tasks. Try a new dance class, learn a world language, or experiment with new recipes to share with friends and family. Whatever you choose, I know you'll enjoy it!

Our Spring Community Partner is Environmental Volunteers, a local nonprofit dedicated to promoting environmental awareness and responsibility through hands-on science education. Join our nature science hikes, led by exceptional EV guides, or take part in our Birding and Nature classes, where we foster a deeper understanding of the connections between people and nature.

As always, I appreciate your continued support of the Adult School. See you in class this spring!



Jim Sherman  
Principal



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### 2025 SPRING CALENDAR

REGISTRATION FOR SPRING QUARTER BEGINS // FEBRUARY 21, 2025  
 SPRING QUARTER // MARCH 17-JUNE 6  
 HOLIDAYS // APRIL 7-11, MAY 26

## STUDENT SHOWCASE

### *PreSchool Family: Provides tools for child & parent growth!*



“**P**reSchool Family teachers are exceptional in providing a play-based learning environment for children (3 months to 4 years old). In the parent education class, parents learn how to support their kids as they learn social-emotional skills. In class, the kids learn about communicating their wants/needs, solving conflicts, and identifying and expressing their emotions safely. It’s amazing to see the growth of the children. By the end of the program, it feels like you’re getting a degree in parenting too!”

**Miwa Natsuki**  
PSF Parent and Student

## ARTS AND CRAFTS

### **ACRYLIC PAINTING: BEGINNING & INTERMEDIATE**

Instructor: Linda Papanicolaou, lpapanicolaou@pausd.org  
*Prerequisite: None*

Express yourself and discover your artistic talents with acrylic paints in this inspiring class for all student levels. Study use of color, observation, composition, light and dark and traditional painting techniques. Please see website for supplies list.

8 wks / April 1–May 27 (No class April 8)

Tuesday / 7–9 p.m.

Palo Alto HS Rm 106 / \$160

### **SCENERY WATERCOLOR PAINTING AND DRAWING**

Instructor: Ferenc Besze, fbesze@pausd.org,  
<http://besze.com>

*Prerequisite: None*



Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, and objects. *Have your field sketches/ photographs as reference material.*

#### **SECTION A (Online)**

10 wks / March 26–May 28

Wednesday / 6:30–8:30 p.m.

Live Online / \$200

#### **SECTION B (In Person)**

10 wks / March 27–May 29

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 106 / \$250

### **CREATE A WREATH**

Instructor: Sam Kauffman, samksongs@gmail.com

*Prerequisite: None*

*Spring is in the air!* Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman’s on-line shop—*Whimsy And*. Sam has had a floral arranging business for over twenty years. There will be a \$15 materials fee payable to the instructor on the first day of class. *Limit 10 students.*

One Session / April 17

Thursday / 1–3:30 p.m.

Palo Alto HS Rm 30 / \$30

### **DOT MANDALA**

Instructor: Katherine Shariq,  
[artbykatherineshariq@gmail.com](mailto:artbykatherineshariq@gmail.com)

*Prerequisite: None*



Experience the pleasure of creating a beautiful piece of art. Enter into the gentle art of dotting a mandala and feel the restorative nature of relaxing into the creative process. This class is designed for all creatives open to exploring a new

take on an ancient art form. Using specialized tools, you will receive new paint colors, be introduced to additional designs, forms and cutouts. You will be delighted with the skills you will develop and will be thrilled with the new, unique design you will be able to create at the end of the class. There will be a \$35 materials fee payable to the instructor on the first day of class.

One Session / See Dates Below

Wednesday / 5:30–9:30 p.m.

Palo Alto HS Rm 106 / \$50 per session

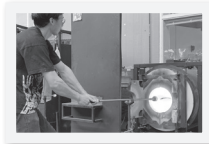
- **April 16:** Flower Pots on Terra Cotta
- **May 14:** Cups with Ceramics
- **May 28:** Saucers with Ceramics

## ARTS AND CRAFTS

### GLASSBLOWING WORKSHOP

Instructors: Palo Alto HS Fiery Arts Staff

*Prerequisite: None*



Join us for an evening session of glassblowing at Paly's Fiery Art's program. This is a hands-on class for beginners that will focus on making a glass flower and paperweight.

Wear non-synthetic clothing, a long sleeve shirt, and closed-toed shoes. Don't forget your water bottle!  
*Limit 4 students each session.*

One Session / See Dates Below

Thursday / 6–9 p.m.

Palo Alto HS Room 105 / \$250 per session

- **April 3**
- **April 17**
- **April 24**

### KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org

*Prerequisite: None*

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

8 wks / March 26–May 21 (*No class April 9*)

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 1707 / \$160

### LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org

*Prerequisite: None*

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

8 wks / March 26–May 21 (*No class April 9*)

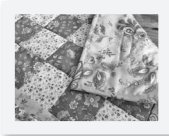
Wednesday / 5:30–6:30 p.m.

Palo Alto HS Rm 1707 / \$80

### LEARN TO QUILT

Instructor: Dana Miller, dana@danamillerfiberarts.com

*Prerequisite: Must know how to sew and use a sewing machine*



This hands-on workshop is perfect for those new to quilting. Learn the fundamentals of fabric selection, cutting, piecing, and stitching as your experienced instructor guides you

through the step-by-step process. There will be an \$85 materials fee payable to the instructor on the first day of class. *Limit 8 students.*

6 wks / March 25–May 6 (*No class April 8*)

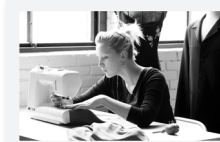
Tuesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$180

### FIX YOUR CLOTHES! — HEMMING AND MENDING

Instructors: Sally-Ann Rudd, srudd@pausd.org,  
and Maya Sen, msen@pausd.org

*Prerequisite: None*



Learn some basic clothing fixes. In the first class we will learn how to hem pants, jeans and skirts/dresses using a sewing machine and (optional!) by hand if you

like a challenge. In the second class, we will focus on mending techniques, using the sewing machine where possible, and by hand. We will teach you some visible mending and some Sashiko. You do not need your own sewing machine and previous experience is not required. There will be a \$5 materials fee payable to the instructor on the first day of class. *Limit 16 students.*

2 wks / March 27–April 3

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$60

### SEWING: BEGINNING GARMENT SEWING

Instructors: Sally-Ann Rudd, srudd@pausd.org,  
and Maya Sen, msen@pausd.org

*Prerequisite: None*

Learn some basic garment sewing techniques in our super fun beginning class and have your own *Project Runway* moment! We will learn step by step how professionals make fine, well-fitting clothing. We will start slowly with a basic project and along the way you will learn about working with sewing patterns and how to use a sewing machine. We will send out a supplies list and a list of suggested beginner patterns before the class. You do not need your own sewing machine and previous experience is not required. There will be a \$10 materials fee payable to the instructor on the first day of class. *Limit 20 students.*

#### SECTION A

10 wks / March 26–June 4 (*No class April 9*)

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$300

#### SECTION B

8 wks / April 17–June 5

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240

"In my **Sewing** class, I refreshed my skills and learned new techniques. I gained the confidence to move forward and sew window treatments for my home."

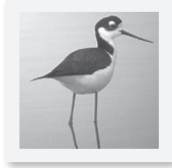
**Julie Siegert**  
Director of Sales

## BIRDING & NATURE

### WEST COAST BIRDING *(Online & In-Person)*

Instructor: Scott Smithson, [wsmithson@pausd.org](mailto:wsmithson@pausd.org)

*Prerequisite: None*



The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing local bird sightings, slides

of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Field trip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one).

7 wks / April 15–May 27

Tuesday / 7–8:30 p.m.

Live Online / \$160

### NATURE SCIENCE HIKES

Instructor: Environmental Volunteers

[communityprograms@evols.org](mailto:communityprograms@evols.org)

*Prerequisite: None*

Join Environmental Volunteers knowledgeable nature-science educators on 3 explorations of local open spaces. Each 2-hour hike will be at a different location, and each focuses on a different environmental topic. Easy pace, with semi-frequent stops to discuss subjects. Distance traveled may vary, but expect between 1–3 miles. *Limit 12 students.*

3 wks / See Dates Below

Saturday / 10–12 noon

Various Locations / \$60

- **March 29:** Palo Alto Baylands Nature Preserve
- **April 12:** Skyline Ridge Open Space Preserve
- **May 3:** Stevens Creek County Park

## BUSINESS & FINANCE

### BUSINESS COMMUNICATIONS

Instructor: Katherine Barg, [kbarg@pausd.org](mailto:kbarg@pausd.org)

*Prerequisite: For intermediate to advanced English learners*

Business Communications emphasizes the English skills needed to communicate effectively in the American workplace. These include interpersonal, non-verbal, common business jargon, listening and oral presentation skills. The class also covers changing digital capabilities, common business platforms, adaptive listening, storytelling with data and presentation writing. Students will have opportunities to practice during class. These topics reflect current input provided by private industry, law firms, and technical business (Workday, Facebook, Hitachi Ventara, Microsoft, Sales Force, Google, and others).

6 wks / March 25–May 6 (No class April 22)

Tuesday / 6:30–8:30 p.m.

Live Online / \$120

## CAREER TRAINING

### VOICE OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, [caitlin@suchavoice.com](mailto:caitlin@suchavoice.com)

*Prerequisite: None*

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for!

#### SECTION A

One Session / March 31

Monday / 6–8 p.m.

Live Online / \$50

#### SECTION B

One Session / May 7

Wednesday / 6–8 p.m.

Live Online / \$50

### VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

*Prerequisite: Application and interview required*

Classroom component to vocational internships concentrating on developing transferable job skills. This course emphasizes the importance of interpersonal dynamics in the workplace, and the value of obtaining competitive employment. In-person instruction accommodates all learners with the motivation to become independent and successful. *Must call (650) 329-3752 for more information and to register for the program.*

ONGOING / September–June

Monday–Thursday / 8–9:15 a.m.

Lucille Packard Children's Hospital (LPCH) / No Fee \*

### WORK READINESS —

#### LEARN NEW SKILLS FOR GETTING A JOB \*

Instructor: Kathilynn Lehmer, [pajoblink.lehmer@gmail.com](mailto:pajoblink.lehmer@gmail.com)

Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry-start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at [pajoblink.lehmer@gmail.com](mailto:pajoblink.lehmer@gmail.com).



## CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

Online career training courses can prepare you for a new career or help you advance within your current occupation. To see a list of more than 175 Certificate and Advanced Career Training courses, visit <https://careertraining.ed2go.com/paloalto>.

### ADVANCED CAREER TRAINING COURSES that prepare you for **CERTIFICATION**



Our career training courses can start you on a path to an in-demand profession or help advance your current career with industry certification. You may begin these courses at any time, and learn at your own pace.

#### COURSE CATEGORIES:

- Arts and Design
- Business
- Computer Applications
- Computer Science
- Construction and Trades
- Health and Fitness
- Hospitality
- Information Technology
- Language
- Legal
- Teacher Professional Development
- Writing

#### COURSE FEATURES:

- 24/7 Course access
- Books and materials included
- Certificate of Completion
- Student Advisors included
- Industry recognized certifications

#### POPULAR COURSES INCLUDE:

**Certified Administrative Professional with Microsoft Office Specialist (MOS) Associate**  
(Exam Vouchers Included)

**Certified Clinical Medical Assistant (CCMA)**  
(Exam Voucher Included)

**Child Development Associate**  
(Exam Voucher Included)

**Accounts Payable Specialist Certification**  
(Exam Voucher Included)

**CompTIA Certification Training: A+, Network+, Security+**  
(Exam Vouchers Included)

**CompTIA A+ Certification Training**  
(Exam Vouchers Included)

**NASM Certified Personal Trainer and Exam Preparation**  
(Exam Voucher Included)

**Certified Paralegal**  
(Exam Voucher Included)

**Pharmacy Technician**  
(Exam Voucher Included)

## Palo Alto Adult School

To learn more and enroll, visit:

[careertraining.ed2go.com/paloalto](https://careertraining.ed2go.com/paloalto)

## CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

### CERTIFIED MEDICAL ADMINISTRATIVE ASSISTANT (CMAA) + MEDICAL TERMINOLOGY (GES1058) *(Voucher Included)*

Instructor: Self-paced class

*Prerequisite: None*

You will learn the professional traits and responsibilities to become a vital part of the healthcare team in a medical office, clinic, hospital, and other healthcare settings. This online course will prepare you for the Certified Medical Administrative Assistant (CMAA) exam. For pricing, details, and registration, visit: <https://careertraining.ed2go.com/paloalto>.

9 Months / 220 Course Hours

Start Anytime

ed2go ONLINE (recorded)

### MEDICAL BILLING AND CODING (GES1014)

*(Voucher Included)*

Instructor: Self-paced class

*Prerequisite: None*

Train for an in-demand healthcare career in medical billing and coding and prepare for industry certification in this course. After successfully completing the Medical Billing and Coding course requirements, you should be well prepared to find your place in this rewarding healthcare career.

For pricing, details, and registration, visit: <https://careertraining.ed2go.com/paloalto>.

12 Months / 370 Course Hours

Start Anytime

ed2go ONLINE (recorded)

## CITIZENSHIP

### CITIZENSHIP

Instructor: Katherine Barg, kbarg@pausd.org

*Prerequisite: Intermediate to advanced English language learners*

This course prepares students to pass the Citizenship Test in order to become a naturalized permanent citizen of the United States. You will study the history, political processes and all the institutions that make an informed and effective citizen. Elements of study will be applied to current events whenever applicable.

6 wks / March 27–May 1

Thursday / 6:30–8:30 pm

Live Online / No Fee \*



## COMPUTER SKILLS

### PYTHON FOR EVERYONE: CODING

Instructor: Avnit Bambah, abambah@google.com

*Prerequisite: None*



Embark on an exciting journey into the world of programming with our *Python for Everyone* course. Designed for absolute beginners, this comprehensive course will guide you through the fundamentals of Python, one of the most popular and versatile programming languages in the world.

Python installation instructions will be sent to students before the first class. Bring your laptop to every class.

8 wks / April 2–May 28 (No class April 9)

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 29 / \$160

### AI (ARTIFICIAL INTELLIGENCE) TOOL FOR EVERYONE WORKSHOP

Instructor: Kumaresan Manickavelu, kumaresan.manickavelu@gmail.com

*Prerequisite: None*

This workshop is designed for beginners with no prior experience in artificial intelligence. You will cover the basics of AI and explore simple, user-friendly tools that can help with everyday tasks. You'll get a clear understanding of how AI works and learn how to use it for tasks like text generation, image editing, and more. This workshop is perfect for anyone curious about AI or looking to integrate it into their personal or professional routines. You'll be confident in using AI tools to simplify and enhance your daily tasks by the end of the workshop. Bring your laptop to class.

One session / March 26

Wednesday / 6:30–8:30 p.m.

Palo Alto HS Rm 29 / \$45

NEW



## COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

### BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslembrouck, [cshultz@pausd.org](mailto:cshultz@pausd.org)  
[www.instagram.com/cocoa\\_mirth](http://www.instagram.com/cocoa_mirth)  
*Prerequisite: None*



Have fun learning to make delicious hand-made Belgian chocolates the traditional way. Guided by the instructor through the process

of tempering chocolate on a marble slab, continue to craft a different Belgian chocolate in each class.

One Session / See Dates Below  
Wednesday / 6:30–9 p.m.  
Palo Alto HS Rm 103 / \$65 per session

- **April 16:** Easter
- **May 7:** Mother's Day



### PAD THAI

Instructor: Francisco Chavarria, [fchavarria@pausd.org](mailto:fchavarria@pausd.org)  
*Prerequisite: None*

Discover the secrets of creating one of the most beloved Thai dishes, Pad Thai, in this hands-on class. Learn to master the perfect balance of flavors and textures, from the spiciness and sweetness to the crunch of peanuts and the freshness of vegetables. Let the tender rice noodles soaked in tamarind umami sauce transport you to the vibrant streets of Thailand.

One Session / See Dates Below  
Thursday / 6:30–9 p.m.  
Palo Alto HS Rm 103 / \$65 per session

- **April 3**
- **April 17**

### BRAZILIAN ARTISAN PIZZA FESTIVAL

Instructor: Vanessa Palhares Montes, [vpalharesmontes@pausd.org](mailto:vpalharesmontes@pausd.org)  
*Prerequisite: None*

Learn, cook, and taste Artisan pizza! Discover the joy of crafting delicious pizzas from scratch. Join our hands-on artisan pizza workshop, where you will master 3 unique and mouthwatering recipes, perfect for sharing with friends and family. You will make a classic Margherita, Pesto Chicken and Vegetarian Delight pizzas in class to take home and enjoy!

One Session / April 22  
Tuesday / 6:30–9 p.m.  
Palo Alto HS Rm 103 / \$65

### HOMEMADE PASTA WORKSHOP

Instructor: Vanessa Palhares Montes, [vpalharesmontes@pausd.org](mailto:vpalharesmontes@pausd.org)  
*Prerequisite: None*



Discover the art of making fresh pasta from scratch in our hands-on workshop! Learn to prepare authentic pasta dough, craft delicious ravioli with gourmet fillings and top it off with rich

homemade tomato sauce. Bring your enthusiasm and get ready to create mouthwatering pasta dishes!

One Session / May 13  
Tuesday / 6:30–9 p.m.  
Palo Alto HS Rm 103 / \$65

### PERUVIAN DISH-CAUSA LIMENA

Instructor: Ana Maria Osoria Angarita, [osorioangaritaanamaria@gmail.com](mailto:osorioangaritaanamaria@gmail.com)  
*Prerequisite: None*

Learn to prepare one of the most traditional and representative dishes of Peru, Causa Limena. You will review a cycle of recipes designed for well-being and good nutrition, starting with some delicious and flavorful main dishes and appetizers.

One Session / April 1  
Tuesday / 6:30–9 p.m.  
Palo Alto HS Rm 103 / \$65

### VEGETARIAN & VEGAN DINNERS FROM YOUR OVEN

Instructor: Julie Shanson, [julie@findjoyinfood.com](mailto:julie@findjoyinfood.com)  
*Prerequisite: None*

Curious about how to get dinner on the table with hands off time to walk the dog or read a book? Come learn different strategies for delicious vegetarian dishes starring your oven. See menu on website.

One Session / See Dates Below  
Monday / 6:30–9 p.m.  
Palo Alto HS Rm 103 / \$65 per session

- **March 24:** Sheet Dinners
- **March 31:** Roasting Tin or Casserole Dish Meals
- **April 28:** Air Frying and/or Roasting Side Dishes
- **May 5:** Centerpiece Vegetarian Meals from the Oven



# ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE *(via ZOOM)*

**SPRING 2025**  
**March 17 to May 23**  
*(No Classes April 7–11)*

**\*\*\* There is a NO FEE POLICY (no cost for registration or books) for all state-supported ESL classes \*\*\***

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes.

*\*\*Students must register first before taking a placement test\*\**

***In-person registration only. No phone registration. No online registration.***

## Register to take the ESL (English) Placement Test

- Students must take the ESL Placement Test to join a class.
- When you register, you will choose a test date.
- Testing space is very limited.
- You must register in-person.

## Enrollment Policies

- Students must be able to attend the full 9 weeks.
- There is no childcare.
- Students may repeat a class level one time with teacher and ESL Manager approval.

## PLACEMENT TESTING

### ESL PLACEMENT TEST AND REGISTRATION

*\*\* New students must take a placement test. \*\**

***All placement testing is in-person.***

*Students must register for the test in-person on Saturday, February 22 at 9 a.m. at our ESL office, Cubberley Campus, 4000 Middlefield Road, I-Building, 2<sup>nd</sup> floor.*

**Placement test registration opens at 9 a.m. Saturday, February 22, 2025**

***\*\* In-Person Only! \*\****

**TESTING LOCATION:** Cubberley Campus • 4000 Middlefield Rd, I-Bldg 2<sup>nd</sup> Floor

#### MORNING TESTING

**Time:** 9 a.m.–12 noon (*Test begins promptly at 9 a.m.*)  
**Test Dates:** Friday, March 7 • Saturday, March 8

#### EVENING TESTING

**Time:** 6–9 p.m. (*Test begins promptly at 6 p.m.*)  
**Test Dates:** Thursday, March 6

*Register for testing early. Spaces limited!*

## CLASSES

### SPRING SESSION ESL CLASSES \*

**March 17–May 23, 2025** (*No classes April 7–11*)

***No charge for ESL textbooks***

#### **\*IN-PERSON\* MORNING CLASSES (9:30 A.M.–12:30 P.M.)**

Cubberley Campus: Literacy through Advanced low levels (Monday–Thursday)

#### **\*IN-PERSON\* AFTERNOON CLASSES (1–2:30 P.M.)**

Cubberley Campus: Pre-Literacy (Tuesday and Thursday)

#### **\*ONLINE\* MORNING CLASSES (3 meetings per week):** 9–11 a.m. / Tuesday, Wednesday, & Thursday

3 levels: Mixed beginning; mixed intermediate; advanced

*\*\*Students need to download and learn Zoom at <https://zoom.us/>*

#### **\*IN-PERSON\* EVENING CLASSES (6:30–9:30 P.M.)**

Palo Alto High School: Literacy through Advanced Low levels (Monday & Wednesday)

**\*IN-PERSON & ONLINE\* ADDITIONAL SKILL-SPECIFIC CLASSES:** See *English Enrichment* classes pages 10

#### LEAH \*\*

### ***Learn English at Home!***

*Prerequisite: For beginning high to advanced level English level learners.*

If you have access to a computer and you want to learn English, you can learn at home! This is a good program if you cannot come to class regularly. In this program, you have free access to an online educational website. Students are required to study four (4) hours per week on the computer. Then students meet with the teacher for a half hour (30 minutes) each week. You can meet with the teacher on Zoom or in person.

- Students must take an in-person placement test to register for the LEAH program.
- Students may start LEAH classes at any time.
- Please call 650-494-2326 to make an appointment for the placement test.

For more information or to sign up for the class,  
please call our adult school ESL office: (650) 494-2326.

*¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.*



### **BE A VOLUNTEER ESL TUTOR**

Help Someone Learn English

#### **For information, please contact:**

ESL Volunteer Tutor Program Manager,

Anjani Sarma: [asarma@pausd.org](mailto:asarma@pausd.org)

and visit our website: [PAAAdultSchool.org](http://PAAAdultSchool.org)

# ESL WRITING ACADEMY

## SPRING 2025 ESL WRITING ACADEMY

March 24–May 30

(No Classes April 10 & 11)

### SPRING SESSION CLASSES

#### ESL WRITING ACADEMY — IN-PERSON

*Write for life!* Whether it's a simple email, a thank-you note, or a complex essay or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

**\*\* New students must take a required in-person English test for all Fundamentals of Writing classes. \*\***  
**Test dates are March 26 at 6:30 p.m. at Palo Alto High School OR March 27 at 9:30 a.m. at the Cubberley Campus.**

Students can register for a Writing Academy class and choose the English test date at

<https://paadultschool.org/class/writing-academy/>

**For more information, please call (650) 494-2326 or send an email to [esl@pausd.org](mailto:esl@pausd.org).**

**\*\* Writing Academy registration opens March 17, 2025 at 8 a.m. \*\***

### FUNDAMENTALS OF WRITING

#### FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the high beginning to intermediate level*

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

##### SECTION A

9 wks / March 28–May 30 (No class April 11)

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / No Fee \*

##### SECTION B

9 wks / March 27–May 29 (No class April 10)

Thursday / 7–9 p.m.

Palo Alto HS Rm 30 / No Fee \*

#### FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the intermediate to advanced level*

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

##### SECTION A

9 wks / March 28–May 30 (No class April 11)

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / No Fee \*

##### SECTION B

9 wks / March 27–May 29 (No class April 10)

Thursday / 6:30–9 p.m.

Palo Alto HS Rm 31 / No Fee \*

#### FUNDAMENTALS OF WRITING III — PARAGRAPHS TO ESSAYS \*

Instructor: Adult School Staff

*Prerequisite: For students who are at the advanced level*

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

9 wks / March 28–May 30 (No class April 11)

Friday / 9:30 a.m.–12 noon

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / No Fee \*

## ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

### ADVANCED SPEAKING AND READING AMERICAN STORIES—

#### TALES OF MYSTERY AND SUSPENSE

Instructor: Sharon Hampel, Ph.D., [shampel@pausd.org](mailto:shampel@pausd.org)

*Prerequisite: For advanced English language learners*

You will view, read, and discuss stories of mystery and suspense. These stories will be found on The Moth Radio Hour website and on YouTube versions of Sherlock Holmes tales. Students will guess at the solutions to these mysteries by using plot, pace, character, and setting as clues. Do not miss this opportunity to play detective!

7 wks / March 26–May 14 (No class April 9)

Wednesday / 7–9 p.m.

Palo Alto HS Rm 216 / \$140

### AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Intermediate high to advanced English language learners*

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to improve your TOEFL score? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / March 25–May 20 (No class April 8)

Tuesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$160

### ESL BOOK CLUB

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Advanced English language learners*

Join the book club and have fun developing your English skills while learning about American values! Email instructor for the name of the book.

8 wks / March 27–May 22 (No class April 10)

Thursday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$160

### LET'S TALK!

Instructor: Sharon Gloster, [seshel@pausd.org](mailto:seshel@pausd.org)

*Prerequisite: For advanced English language learners*

Practice your conversation skills and build confidence in speaking English. This course will give you lots to talk about, including everyday news as well as several real-life topics (such as education, jobs, the stock market, health, etc.) based on student interests. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

7 wks / March 31–May 19 (No class April 7)

Monday / 9:30 a.m.–12:30 p.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$210

### FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, [sstevick@pausd.org](mailto:sstevick@pausd.org)

*Prerequisite: High intermediate to advanced English language learners*

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

#### SECTION A

8 wks / March 25–May 20 (No class April 8)

Tuesday / 6:30–8:30 p.m.

Live Online / \$160

#### SECTION B

8 wks / March 28–May 23 (No class April 10)

Friday / 9:30–11:30 a.m.

Live Online / \$160

### TIME TO TALK: CONVERSATION STRATEGIES...AND MORE!

Instructor: Charlotte Pilgrim, [cpilgrim@pausd.org](mailto:cpilgrim@pausd.org)

*Prerequisite: For intermediate to low advanced English language learners*

Improve your practical conversation skills, pronunciation, and listening skills! This class is ideal for intermediate to low-advanced level ESL students who want to focus on improving their speaking skills and build confidence in speaking in everyday situations. At every class meeting, we will use conversation drills, pair work, and small group activities to practice and improve your English skills. You will learn conversation strategies to help you with many of the speaking situations in your everyday life.

6 wks / April 23–May 28

Wednesday / 1–3 p.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$120

### US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, [swojtowicz@pausd.org](mailto:swojtowicz@pausd.org)

*Prerequisite: Intermediate high to advanced English language learners*

Improve your English skills while becoming familiar with many interesting aspects of US history and culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

8 wks / March 26–May 21 (No Class April 9)

Wednesday / 9:30–11:30 a.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$160

## GENERAL INTEREST

### CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org

*Prerequisite: Have previously taken Creative Writing class at Palo Alto Adult School or have permission from instructor*



Share your work for positive group critiquing to produce more and make what you write more effective. Make your technique stronger through discussing

weekly topics and reading examples of published work. *All genres welcome!*

10 wks / March 27–May 29

Thursday / 6–8:30 p.m.

Live Online / \$100

### CREATIVE WRITING:

#### WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@gmail.com

*Prerequisite: None*

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoirs, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing, and other techniques. *Limit 12 students.*

10 wks / March 26–June 4 (*No class April 9*)

Wednesday / 1–3:30 p.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$100

### GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org

*Prerequisite: None*

Are you new to family history research? Are you chasing down an intriguing family story? Are you working on an existing project? Join us! This fun and friendly workshop is for all levels of family history researchers. Come share your stories and research challenges with our supportive group.

8 wks / March 26–May 21 (*No class April 9*)

Wednesday / 1–3 p.m.

Palo Alto HS Rm 31 / \$160

### VOICE OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, caitlin@suchavoice.com

*Prerequisite: None*

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for!

#### SECTION A

One Session / March 31

Monday / 6–8 p.m.

Live Online / \$50

#### SECTION B

One Session / May 7

Wednesday / 6–8 p.m.

Live Online / \$50

## HEALTH AND FITNESS

### ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org

*Prerequisite: None*



After one session of Abs and Booty Buster we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. This super effective

60-minute workout will transform your body! Come join the fun with Amy and start getting into shape for the summer! Bring a yoga mat, 1-3 lbs weights, stretching band, and water bottle.

10 wks / March 24–June 4 (*No class April 7 -9 & May 26*)

Monday & Wednesday / 7:30–8:30 p.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$200

### AIKIDO

Instructor: Fushan Yuan, fyuan@pausd.org

*Prerequisite: None*



Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence

of mind, and cooperative movement. We practice improving awareness and work on conflict de-escalation within and around ourselves. Training Aikido provides an opportunity to find grounding in today's hectic world. Learn to relax in the face of stress, ground yourself during anxiety, and gain tools to move through the world with confidence.

10 wks / March 25–May 31

Tuesday & Thursday / 6:30–8 p.m. & Saturday / 10–11 a.m.

Palo Alto HS Rm P11 / \$200

## HEALTH AND FITNESS

### INDIAN DANCE AND FITNESS

Instructor: Komal Juneja,  
komaldanceandfitness@gmail.com

*Prerequisite: None*

Ignite your passion for movement with our exhilarating Indian Bollywood dance course! Discover vibrant rhythms, expressive choreography, and cultural flair while building confidence and making new friends. Perfect for all skill levels, this course will transport you to the colorful world of Indian Bollywood through fun, energetic sessions. Join us and let the music move you!

9 wks / March 28–May 30 (No class April 11)

Friday / 5–6 p.m.

Palo Alto HS Rm P11 / \$90

### LINE DANCING

Instructor: Kent You, kent.you@gmail.com and Sandy Hsu  
*Prerequisite: None*

Exercise your brain and body while enhancing balance as you learn new steps. Dance to a wide variety of international Music – including pop, classical and seasonal songs. No partner needed. Beginners welcome. Line dancing is a fun, good way to exercise!

8 wks / April 15–June 3

Tuesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$80

### MAT PILATES

Instructor: Golnaz Haghverdi, goli.haghverdi@yahoo.com  
*Prerequisite: None*



Pilates is suitable for all age groups and levels. You can engage even the smallest muscles with Pilates that you wouldn't be able to with other activities. All you need to bring

is a mat and water bottle! You will increase your physical strength, balance, concentration, breathing levels, and core stability in this class.

8 wks / April 16–June 4

Wednesday / 6:30–8 p.m.

Palo Alto HS Rm P11 / \$120

### PERSIAN BELLY DANCING

Instructor: Afshaneh Pakdaman, sbap2255@proton.me  
*Prerequisite: None*

Learn a combination of Egyptian-style belly Dance with the elegance of Persian Dance movements and fundamentals of posture, isolations, steps, and shimmies. We will cover the accents of Belly Dance and the delicate arm and foot patterns of Persian Dancing. Class begins with a quick warm-up, followed by technique and combinations, and ends with stretching. Classes are suitable for all ability levels.

8 wks / March 24–May 19 (No class April 7)

Monday / 7–8 p.m.

Palo Alto HS Rm P11 / \$80

### PILATES: BEGINNING/INTERMEDIATE

Instructor: Judy Lee-Squire, jleesquire@pausd.org

*Prerequisite: None*

Increase your core strength, flexibility and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form. Will use small balls and therabands. Modifications will be taught. A mat is required during class. *Limit 16 students.*

10 wks / March 25–June 3

Tuesday / 6:45–7:45 p.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$100

### TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org

*Prerequisite: None*

Learn the traditional Chen Style first form (*Taijiquan*). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles. We will focus on different sections of Taijiquan throughout the quarter.

8 wks / March 26–May 21 (No class April 9)

Wednesday / 7:30–8:30 p.m.

Palo Alto HS Dance Studio / \$80

### YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org

*Prerequisite: None*



Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved

breathing. Bring a yoga mat. *Limit 12 students.*

8 wks / March 24–May 19 (No class April 7 & May 26)

Monday / 5–6:30 p.m.

Palo Alto HS Rm P5 / \$120

### ZUMBA

Instructor: Amy Chan, achan@pausd.org

*Prerequisite: None*

Learn different dance styles including Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

10 wks / March 24–June 4 (No class April 7–9 & May 26)

Monday & Wednesday / 6:30–7:30 p.m.

Cubberley Campus I-Bldg 2<sup>nd</sup> Flr / \$200

## HOME AND ENVIRONMENT

### GARDENING IN SPRING

Instructor: Sherri Bohan, sbohan@pausd.org

*Prerequisite: None*

Great gardens thrive in soil that is alive and by using the correct pruning of ornamental, edible or native landscape plants. Create a healthy garden by learning to use non-toxic methods for controlling pests. Use the best water-wise planting and mulching principles.

10 wks / March 26–June 4 (No class April 9)

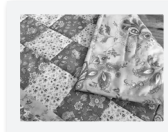
Wednesday / 10 a.m.–12 noon

Live Online / \$100

### LEARN TO QUILT

Instructor: Dana Miller, dana@danamillerfiberarts.com

*Prerequisite: Must know how to sew and use a sewing machine*



This hands-on workshop is perfect for those new to quilting. Learn the fundamentals of fabric selection, cutting, piecing, and stitching as your experienced instructor guides you through the step-by-step

process. There will be an \$85 materials fee payable to the instructor on the first day of class. *Limit 8 students.*

6 wks / March 25–May 6 (No class April 8)

Tuesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$180

### NATURE SCIENCE HIKES

Instructor: Environmental Volunteers  
communityprograms@evols.org

*Prerequisite: None*

Join Environmental Volunteers knowledgeable nature-science educators on 3 explorations of local open spaces. Each 2-hour hike will be at a different location, and each focuses on a different environmental topic. Easy pace, with semi-frequent stops to discuss subjects. Distance traveled may vary, but expect between 1–3 miles. *Limit 12 students.*

3 wks / See Dates Below

Saturday / 10 a.m.–12 noon

Various Locations / \$60

- **March 29:** Palo Alto Baylands Nature Preserve
- **April 12:** Skyline Ridge Open Space Preserve
- **May 3:** Stevens Creek County Park

### FIX YOUR CLOTHES!

#### — HEMMING AND MENDING

Instructors: Sally-Ann Rudd, srudd@pausd.org,  
and Maya Sen, msen@pausd.org

*Prerequisite: None*

Learn some basic clothing fixes. In the first class we will learn how to hem pants, jeans and skirts/dresses using a sewing machine and (optional!) by hand if you like a challenge. In the second class, we will focus on mending techniques, using the sewing machine where possible, and by hand. We will teach you some visible mending and some Sashiko. You do not need your own sewing machine and previous experience is not required. There will be a \$5 materials fee payable to the instructor on the first day of class. *Limit 16 students.*

2 wks / March 27–April 3

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$60

### SEWING: BEGINNING GARMENT SEWING

Instructors: Sally-Ann Rudd, srudd@pausd.org,  
and Maya Sen, msen@pausd.org

*Prerequisite: None*

Learn some basic garment sewing techniques in our super fun beginning class and have your own *Project Runway* moment! We will learn step by step how professionals make fine, well-fitting clothing. We will start slowly with a basic project and along the way you will learn about working with sewing patterns and how to use a sewing machine. We will send out a supplies list and a list of suggested beginner patterns before the class. You do not need your own sewing machine and previous experience is not required. There will be a \$10 materials fee payable to the instructor at the first class meeting. *Limit 20 students.*

#### SECTION A

10 wks / March 26–June 4 (No class April 9)

Wednesday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$300

#### SECTION B

8 wks / April 17–June 5

Thursday / 6–9 p.m.

J.L. Stanford Middle School Rm 140 / \$240



**Become an Environmental Volunteer!**

Share your love for nature with  
local elementary schools and your community.

For details, contact  
volunteers@environmentalvolunteers.org



## HOME AND ENVIRONMENT

### UPHOLSTERY: BASIC TECHNIQUES

Instructors: Isabelle Trainer, [itruiner@pausd.org](mailto:itruiner@pausd.org), Tracey Wyatt, [twyatt@pausd.org](mailto:twyatt@pausd.org), Pam Jaradeh, [ppjaradeh@pausd.org](mailto:ppjaradeh@pausd.org), and Jodie Frerichs, [jfrerichs@pausd.org](mailto:jfrerichs@pausd.org)

*Prerequisite: None*



Learn how to reupholster furniture from start to finish. This class focuses on the upholstery of traditional chairs and ottomans (no automotive or boat), and does not address

wood frame restoration. Once registered, you will be asked to submit a photo of the project you would like to work on. All projects must be approved by the teachers to ensure we have the proper expertise to assist you. New students must complete a simple project such as an ottoman or dining seat before progressing onto more complicated projects. *Limit 23 students.*  
*NEW UPHOLSTERY STUDENTS: After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.*

### SECTION A

10 wks / March 25–May 27  
Tuesday / 9 a.m.–1 p.m.  
Palo Alto HS Rm 904 / \$450

### SECTION B

10 wks / March 27–May 29  
Thursday / 9 a.m.–1 p.m.  
Palo Alto HS Rm 904 / \$450

### SECTION C: OPEN SHOP CLASS

This “studio class” is meant for students to work independently on their projects with very minimal to no supervision by a single instructor. Students must currently be enrolled in either Section A or Section B to register for Open Shop.

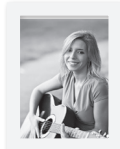
5 wks / April 2–April 30  
Wednesday / 10 a.m.–1 p.m.  
Palo Alto HS Rm 904 / \$150

## MUSIC

### GUITAR: BEGINNING

Instructor: Bowen Zheng, [bzheng@pausd.org](mailto:bzheng@pausd.org)

*Prerequisite: None*



Join us to get introduced to the world of music and guitar. We will learn music fundamentals such as rhythm and standard notation. We will also cover ergonomics of playing guitar and proper posture and technique. Expect to play in an ensemble

with other classmates as well as individually. It's never too late to begin! Come and discover what you can do with your guitar! Bring your own guitar. *Limit 12 students.*

8 wks / March 26–May 21 (No class April 9)  
Wednesday / 7:30–8:30 p.m.  
Palo Alto HS Rm 30 / \$80

### GUITAR: INTERMEDIATE

Instructor: Bowen Zheng, [bzheng@pausd.org](mailto:bzheng@pausd.org)

*Prerequisite: Some musical experience on the guitar (fingerstyle preferred) and ability to read music with standard musical notation highly recommended*

This class is designed for students who have had some music experience in the past with playing the guitar and reading music from standard notation. You will pick up from playing single line melodies and progress to playing more notes simultaneously. You will also be working on proper technique, posture, rhythm, music reading and other musicianship skills. Bring a classical guitar to class. *Limit 12 students.*

8 wks / March 26–May 21 (No class April 9)  
Wednesday / 6–7:30 p.m.  
Palo Alto HS Rm 30 / \$120

### MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, [info@mastersinfonia.org](mailto:info@mastersinfonia.org), [www.mastersinfonia.org](http://www.mastersinfonia.org)

*Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.*

The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics to 20th Century composers to living composers. The orchestra's spring concert will be performed Saturday, May 3, 2025.

Please visit [mastersinfonia.org](http://mastersinfonia.org) for details. *Applicants must audition with the instructor, David Ramadanoff, by contacting him at [info@mastersinfonia.org](mailto:info@mastersinfonia.org) before attending the first orchestra rehearsal.*

10 wks / March 27–May 29  
Thursday / 7:30–10 p.m.  
Los Altos United Methodist Church / \$55

### ODAIKO

Instructor: Kensuke Sumii, [info@drumrevolution.com](mailto:info@drumrevolution.com)

*Prerequisite: Must also be currently enrolled in Taiko*

This class is designed for individuals with stamina to hit Odaiko (big Taiko) for two hours. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment—including drums and sticks—are provided.

### SECTION A (Open to all students)

5 wks / March 28–May 2 (No class April 4)  
Friday / 7:30–9:30 p.m.  
Palo Alto HS Student Center / \$50 (+ \$50 materials fee)

### SECTION B (Open to continuing students only)

6 wks / May 9–June 13  
Friday / 7:30–9:30 p.m.  
Palo Alto HS Student Center / \$60 (+ \$60 materials fee)

## MUSIC

### PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com  
Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, June 15, 2025. *NOTE:* There is a waitlist for some sections. To inquire about availability, before attending the first band practice, please email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.

10 wks / March 24–June 9 (No class April 7 & May 26)  
Monday / 7:30–10 p.m.  
Palo Alto HS Rm 109 / \$65

### PERSIAN DRUMMING

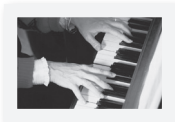
Instructor: Afshaneh Pakdaman, sbap2255@proton.me  
*Prerequisite: None*

Learn to play the traditional Persian Frame Drum 'Daf'. This class takes you step-by-step from the very basics to more intermediate and advanced techniques such as various Riz (roll) techniques and chain control. Classes are suitable for all ability levels. Bring your own frame drum musical instrument 'Daf' to class. You can purchase your daf on Amazon.

8 wks / March 24–May 19 (No class April 7)  
Monday / 6–7 p.m.  
Palo Alto HS Rm P11 / \$80

### PIANO: BEGINNING/INTERMEDIATE

Instructor: Kathy Woveris, kwoveris@gmail.com



Learn to play music in a fun environment. You will learn to play on the keyboards provided. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. You will need a keyboard at home to practice on, or you can rent a keyboard. Every term we will study a classical composer's biography and simple music by that composer as well as listening to a recording. Textbook: *Adult All-In-One Course: Lesson-Theory-Technic: Level 1 Fundamentals of Piano Theory-Preparatory Level.* Bring textbook to first class or students may purchase one from the teacher that same night. *NOTE:* No perfumes or scented hair products of any kind in class due to the instructor's allergies. *Limit 10 students each section.*

#### SECTION A: Beginning (No previous lessons)

9 wks / March 26–May 28 (No class April 9)  
Wednesday / 5–6:30 p.m.  
Palo Alto HS Rm 305 / \$135

#### SECTION B: Beginning/Intermediate

9 wks / March 26–May 28 (No class April 9)  
Wednesday / 6:30–8 p.m.  
Palo Alto HS Rm 305 / \$135

### TAIKO

Instructor: Sukesue Sumii, info@drumrevolution.com  
*Prerequisite: None*

Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. You should have a sense of rhythm and/or stamina to hit drums for two hours. Students do not wear shoes or socks in class. Students practice barefoot. All equipment—including drums and sticks—are provided. There will be a materials fee payable to the instructor on the first day of class to cover the drum heads replacement. *Limit 24 students each section.*

#### SECTION A (Open to all students)

5 wks / March 26–April 30 (No class April 2)  
Wednesday / 8–10 p.m.  
Palo Alto HS Student Center / \$50 (plus \$100 materials fee)

#### SECTION B (Open to all students)

6 wks / May 7–June 11  
Wednesday / 8–10 p.m.  
Palo Alto HS Student Center / \$60 (plus \$120 materials fee)

### VIOLIN: BEGINNING II

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org  
*Prerequisite: Beginning or equivalent*

This is a continuation of the *Violin: Beginning* class for students who desire to refine their technique and skills. We will emphasize proper posture and playing position, development of characteristic tone quality and training in music literacy. Bring your own violin. See website for class objectives and materials. *Limit 12 students.*

7 wks / April 15–June 3 (No class May 13)

Tuesday / 7–8 p.m.  
Palo Alto HS Rm 30 / \$70

### VIOLIN: INTERMEDIATE

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org  
*Prerequisite: 1–2 years of private lessons or equivalent*

This is a continuation of the *Violin: Beginning* class for students who desire to refine their technique and skills in a group setting. We will review and reinforce music reading, playing fundamentals and technique that are important for lasting musical development. We will also emphasize proper posture and playing position, development of characteristic tone quality and training in music literacy. Bring your own violin. See website for class objectives and materials. *Limit 12 students.*

7 wks / April 15–June 3 (No class May 13)

Tuesday / 8–9:30 p.m.  
Palo Alto HS Rm 30 / \$105

#### PENINSULA SYMPHONIC BAND SPRING CONCERT

Conducted By Ted Henderson  
Sun • Jun 15, 2025 • 3 p.m.  
Admission FREE — Donations Appreciated



#### \* \* CONCERTS \* \*



#### MASTER SINFONIA CHAMBER ORCHESTRA

Conducted By David Ramadanoff

Sat • May 3, 2025 • 2:30 p.m.

Visit [mastersinfonia.org](http://mastersinfonia.org) for ticket information

# Instructor-Facilitated Online Courses



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Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. Our instructors are famous for their ability to create warm and supportive communities of learners. All courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any course entirely from your home or office...any time of the day or night!

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If you want to increase your financial awareness and gain a marketable skill, this course is for you!

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Master essential job responsibilities as you identify opportunities and implement solutions for increased productivity throughout your company.

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This course offers techniques and insights based on recent scientific studies about fostering health, happiness and well-being to support a healthy brain.

### CERTIFICATE IN HEALTHY AGING

Learn to describe the impact of nutrition and physical activity on the aging process, keys to longevity in the centenarian population, and important behavioral and mental health issues in the aging adult.

### CONVERSATIONAL JAPANESE

This course will provide you with useful words and phrases for conversing as you master the essentials of the Japanese language.

### DESIGNING EFFECTIVE WEBSITES

Regardless of your current skills or level of knowledge, in this course you'll master the basics of web design and learn how to build more effective sites.

### LOSE WEIGHT AND KEEP IT OFF

In this comprehensive course, you'll discover how to establish a healthy approach to weight loss and weight maintenance.

### MASTERING PUBLIC SPEAKING

Equip yourself with the skills you need to communicate with ease and authority on the job or in any social setting.

### MICROSOFT EXCEL

Most workplaces require that new employees have a basic level of understanding of Microsoft Excel. This course will introduce you to the program's basic functions and uses.

### QUICKBOOKS ONLINE

This course will empower you to take control of your business's financial accounting, all with the ease and convenience of an online platform.

### REAL ESTATE LAW

Learn the basics of real estate law, including investing, title searching, and mortgages.

### SECRETS OF BETTER PHOTOGRAPHY

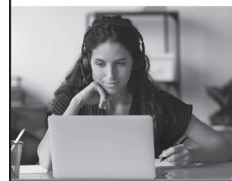
Whether you use a DSLR, a point-and-shoot camera, or your phone for your photography, you will learn how to get the best results from your camera.

### USING SOCIAL MEDIA IN BUSINESS

Learn how Facebook, Twitter, LinkedIn, Pinterest and Google+ can grow and promote your business.

### Win a Free 6-Week Online Class!

Submit your application before March 21st



Visit [PAAAdultSchool.org](http://PAAAdultSchool.org) for details.

**MORE COURSES AVAILABLE AT OUR ONLINE INSTRUCTION CENTER**

Visit [ed2go.com/PaloAlto](http://ed2go.com/PaloAlto) / New course sessions begin monthly

## PARENTING AND FAMILY

For 78 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

## PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833  
INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September–May regardless of the age of the child.

Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.



### Programs Offered for the 2025–2026 School Year

- Baby Class (3–12 Months)
- Toddler Class (12–24 Months)
- Mixed Age Dinner Class
- 2 Year Old Class
- 3 Year Old Class
- 4 Year Old Class



*(Click for details &  
tour registration)*

### PreSchool Family at Greendell Upcoming Tours

Learn more about PreSchool Family at our upcoming tours

- March 8
- March 21

## PreSchool Family Fun Day

Bring family & friends to PreSchool Family's Fun Day on April 26.  
All are welcome!

**For information about 2025–2026 classes and registration,**  
please visit <https://greendell.pausd.org/programs/preschool-family>  
Follow PreSchool Family at [instagram.com/preschoolfamily](https://www.instagram.com/preschoolfamily)  
**PreSchool Family phone: (650) 856-0833**

## PHOTOGRAPHY

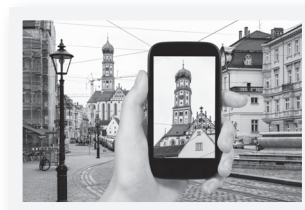
### CREATIVE PHOTOGRAPHY WITH A CELL PHONE

Instructor: Carol Boclin, aboclinborges@pausd.org

*Prerequisite: None*

This class offers a practical method to stimulate your creativity and introduce you to the pleasures of photography, with the aim of achieving your best performance using just your cell phone. We will cover the following in class: Principles of Composition, Power of Images, Gestalt Theory, Figure & Background, Light & Shadows, Colors/Black & White.

*Class will return summer 2025.*



## WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

### WOODTURNING: INTRODUCTION TO WOODSHOP BASICS AND THE LATHE

Instructor: Tina Chou, tchou@pausd.org, and Albert Wang, awang@pausd.org

*Prerequisite: None (This class is not a substitution for Woodturning 1 or Woodworking 1)*

You will learn basic woodshop safety, how to mill lumber from rough boards into a specific size, complete a simple glue-up, then turn your glue-up into a matching set of rolling pins on the lathe using the spindle roughing gouge. No prior experience is required. There will be a \$40 materials fee payable to the instructor on the first day of class. *Limit 6 students.*

Three Sessions / March 28, April 4, & April 11

Friday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$210

NEW

### WOODTURNING 1: INTRODUCTION TO SPINDLES

Instructor: Tina Chou, tchou@pausd.org

*Prerequisite: None*



You will learn the basic fundamentals of woodturning by making rolling pins, a cocktail muddler, a mallet, and bud vases. Emphasis will be placed on

developing proper technique with traditional tools through practice and repetition. There will be a \$40 materials fee payable to the instructor on the first day of class. *Limit 6 students.*

Two Sessions / May 24–May 25

Saturday & Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

### WOODTURNING: INTRODUCTION TO THE LATHE

Instructor: Tina Chou, tchou@pausd.org

*Prerequisite: None (This class is not a substitution for Woodturning 1)*

The first class of Woodturning modified into a 3-hour standalone lesson. You will learn basic safety, operating a lathe, and using the spindle roughing gouge to turn a simple rolling pin. There will be a \$20 materials fee payable to the instructor on the first day of class.

*Limit 6 students each section.*

One Session / March 29

Saturday / 1–4 p.m.

Palo Alto HS Woodshop / \$70

### WOODTURNING 2: INTRODUCTION TO BOWLS

Instructor: Tina Chou, tchou@pausd.org

*Prerequisite: Woodturning 1*



You will build on your Woodturning 1 skills and learn the basics of turning wooden bowls. Projects will include different bowl designs and

chucking methods. We will discuss how to process a tree into bowls, safety, and tool sharpening. You will make a lot of wood shavings. There will be a \$40 materials fee payable to the instructor on the first day of class. *Limit 6 students each section.*

Two Sessions / May 31–June 1

Saturday & Sunday / 9:30 a.m.–4:30 p.m.

Palo Alto HS Woodshop / \$280

"I had never used a lathe before. In the **Woodturning: Intro to Lathe** class I learned the fundamentals of safety, setup, and use. I felt like the equipment components were described fully and I could work independently on beginner level things or replicate what we made independently."

**Katie Bastine**  
Engineer

## WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

### WOODWORKING 1: BUILD A TABLE

*Prerequisite: None*

#### SECTION A

Instructors: Sean McCluskey, sean94118@gmail.com, and Derek Witte, dwitte@pausd.org



Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. You will need safety glasses—and hearing protection is highly recommended. There will be a materials fee (\$50-\$60) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. Textbook: Optional—Handouts and materials list will be emailed.

10 wks / March 26–June 4 (*No class April 16*)

Wednesday / 1:30–4:30 p.m.

Palo Alto HS Woodshop / \$300

#### SECTION B

Instructors: Rayan Ghazal, rghazal@pausd.org, Alex Granieri, agranieri@pausd.org, and Marty Lastowski, mlastowski@pausd.org

Develop woodworking skills while building a table from rough wood. The class will focus on shop and power tool safety. There will be a materials fee (\$50-\$60) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. Textbook: None—Materials list will be emailed before the class.

10 wks / March 27–May 29

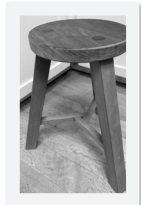
Thursday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

### WOODWORKING 2: BUILD A THREE-LEGGED STOOL

Instructor: Steve Garcia, steve@adzac.com

*Prerequisite: Woodworking 1 – NO EXCEPTIONS (Students should not miss either of the first two classes)*



Build the same stool you have seen and used in the woodshop. Review safe use of shop machines. Learn mortise and tenon joinery in both their round and rectangular form. There will be a materials fee payable to the instructor on the first day of class.

10 wks / March 25–May 27

Tuesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

### WOODWORKING 2: JOINERY WITH POWER TOOLS

Instructors: Sumit Roy, sroy@pausd.org, and Derek Witte, dwitte@pausd.org

*Prerequisite: Woodworking 1—No Exceptions*

You will have the opportunity to review and expand upon skills learned in Woodworking 1. The class will focus on safety, joinery using power tools, and understanding the medium of wood. You will build a few small boxes using different types of joinery. Tools covered in the class will include the jointer, planer, bandsaw, table saw, handheld router, and router table. There will be a \$80 materials fee payable to the instructor on the first day of class.

9 wks / April 1–June 3 (*No class April 8*)

Tuesday / 1:30–5 p.m.

Palo Alto HS Woodshop / \$315

### WOODWORKING 3: BUILD A BENCH

Instructor: Marcus Miller, wmmiller2@yahoo.com

*Prerequisite: Woodworking 2—No Exceptions*

No glue, no screws – *no problem*. Advance your woodworking skills as you learn drawbore mortise and tenon joinery. This class will continue to emphasize on safety as you expand your knowledge of power tools and joinery technique. Materials fee (TBA) will be payable to the instructor to cover the cost of wood.

10 wks / March 24–May 26

Monday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300

### WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Darryl Dieckman, ddieckman@pausd.org, and Sumit Roy, sroy@pausd.org

*Prerequisite: Woodworking 1 & 2 —No Exceptions*

Come work on your own project, while learning setup and techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision. Students supply their own materials. Storage space for projects is available during the quarter. Textbook: *Woodworking Basics* by Peter Korn (*recommended*).

9 wks / March 31–June 9 (*No class April 7 & May 26*)

Monday / 2–5 p.m.

Palo Alto HS Woodshop / \$270

## WOODWORKING: *Classes Limited to 15 Students (except Woodturning)*

### WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, rghazal@pausd.org,  
and Sharad Patel, spatel@pausd.org

*Prerequisite: Three quarters of Woodworking classes*

Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Prior to enrolling, please email instructor at rghazal@pausd.org.

10 wks / April 2–June 4

Wednesday / 6:30–9:30 p.m.

Palo Alto HS Woodshop / \$300



## WORLD LANGUAGES

### CHINESE: BEGINNING (3<sup>rd</sup> Quarter)

Instructor: Lucia Wu, wwu@pausd.org

*Prerequisite: 2 quarters of Beginning Chinese*



Learn the most popular language in the world. Be able to speak accurately with tones from the start. At the end of the quarter, you will be able to recognize all

the phonetic elements, read and speak Chinese through phonetics and conduct simple conversations. Characters will be introduced in the second quarter. This class is ideal for parents who plan to help their children with Chinese pronunciation by simply applying the skills they have learned from this class! Required textbook (*Chinese Express: Book 1*) can be purchased in the Adult School office.

8 wks / March 25–May 27 (No class April 8 & May 6)

Tuesday / 3–5 p.m.

Palo Alto HS Rm 31 / \$160

"I can have short, but meaningful conversations in Mandarin after taking the **Beginning Chinese** class. Lucia gets you comfortable with everyday language and helps you to better understand Chinese culture.."

**William Giller**  
Translator / Interpreter

### CHINESE: INTERMEDIATE

Instructor: Lucia Wu, wwu@pausd.org

*Prerequisite: One year of Chinese or equivalent, ability to properly read Chinese phonetics with tones, and knowledge of some basic grammar and characters*

Learn the most popular language in the world. Explore modern China through various popular topics about the modern generation. Continue to expand vocabulary grammar. Class includes individual presentation, small group and whole class interaction, listening comprehension, translation exercises and characters reading. 300 characters will be introduced. Required textbook (*Chinese Express: Book 1*) can be purchased in the Adult School office.

8 wks / March 25–May 27 (No class April 8 & May 6)

Tuesday / 5–7 p.m.

Palo Alto HS Rm 31 / \$160

### FRENCH: BEGINNING

Instructor: Pary Sarraf, pary.sarraf@gmail.com

*Prerequisite: Beginning I (Sec. A)–None;*

*Beginning II (Sec. B)–French Beginning I or equivalent*

*Bonjour!* Students with no French instruction will learn the fundamentals of French pronunciation and will develop basic everyday conversational skills with focus on phonetics, grammar, listening comprehension, reading, and writing exercises. Students will also become familiar with the French culture and customs. Order book prior to first class. Textbook from Amazon: *Dis-moi!* (ISBN: 0-673-21627-6).

#### SECTION A: Beginning I

10 wks / March 25–June 3 (No class April 8)

Tuesday / 9–11 a.m.

Live Online / \$200

#### SECTION B: Beginning II

10 wks / March 24–June 2 (No class April 7)

Monday / 2–4 p.m.

Live Online / \$200

## WORLD LANGUAGES

### FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com

*Prerequisite: French intermediate*



In this comprehensive grammar review course, the emphasis is on the language structure leading to effective communication. You will enhance conversation skills through attention to grammar rules and syntax. The curriculum includes a thorough revision of the parts of speech, modes, sentence

structure, verb conjugation and activity-based exercises.

Order book prior to first class. Textbook: *Grammaire en dialogues – Niveau avancé*. (ISBN: 978-209-038062-0).

10 wks / March 25–June 3 (*No class April 8*)

Tuesday / 2–4 p.m.

Live Online / \$200

### FRENCH: INTERMEDIATE

Instructor: Pary Sarraf, pary.sarraf@gmail.com

*Prerequisite: French Beginning II or equivalent*

Increase vocabulary knowledge through reading and listening exercises. Improve conversational skills by following guided activities. Continue reinforcing mastery of grammar and improving syntax. Enhance knowledge of French culture and customs. Order book prior to first class. Textbook: *Viens voir!* (ISBN: 0-673-216284).

10 wks / March 25–June 3 (*No class April 8*)

Tuesday / 6–8 p.m.

Live Online / \$200

### FRENCH: HIGH INTERMEDIATE READING AND CONVERSATION

Instructor: Mireille Belloni, mbelloni@pausd.org

*Prerequisite: High intermediate French or equivalent*

Reading is a great way to expand your knowledge of French. You will use a contemporary French novel as a vehicle for improving your language skills and discover aspects of French-speaking culture. Please contact the instructor for textbook information. *Limit 12 students.*

9 wks / April 1–May 27

Tuesday / 6–7:30 p.m.

Live Online / \$135

"My **French Literature** class gave me lots of practice speaking French which will help when I travel to France."

**Henry Gregory**  
Retail Management (Retired)

### FRENCH: ADVANCED—

### L'ART DE CONVERSATION

Instructor: Pary Sarraf, pary.sarraf@gmail.com

*Prerequisite: High intermediate*

Initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, books, history, travel, cuisine and more. Increase vocabulary and enhance your communication skills, grammar and syntax. Expand ability to express your thoughts and opinions on an engaging array of topics. Textbook: None.

10 wks / March 27–June 5 (*No class April 10*)

Thursday / 6–8 p.m.

Live Online / \$200

### ITALIAN: BEGINNING III

Instructor: Roberta Lamanda,

rlamanda@pausd.org

*Prerequisite: Beginning II or equivalent*



Join this engaging class led by a skilled native Italian speaker! Build on your foundational Italian skills as you explore essential grammar, refine pronunciation, and practice conversational phrases. Through interactive activities, you'll gain confidence and enjoy the journey of

learning Italian. This is a continuation of the previous class—new students are welcome. All students are required to have their video *ON* during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

9 wks / March 27–May 29 (*No class April 10*)

Thursday / 5–6:30 p.m.

Live Online / \$135



### NEW TEACHERS WELCOME!

If you would like to become an  
Adult School instructor, call  
(650) 329-3752 for an application.

For more information on  
how to apply, visit

[PAAAdultSchool.org/new-instructors-welcome](http://PAAAdultSchool.org/new-instructors-welcome)



## WORLD LANGUAGES

### ITALIAN: INTERMEDIATE I

Instructor: Roberta Lamanda, rlamanda@pausd.org

*Prerequisite: Early intermediate or equivalent*

Enhance your grammar, pronunciation, and conversational skills. This class is ideal for those with basic Italian knowledge. Active participation is encouraged. New students welcome. All students are required to have their video *ON* during class and use headphones. Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

9 wks / March 25–May 27 (No class April 8)

Tuesday / 5–6:30 p.m.

Live Online / \$135

### ITALIAN: INTERMEDIATE VII

Instructor: Roberta Lamanda, rlamanda@pausd.org

*Prerequisite: Intermediate VI or equivalent*

This high-intermediate course emphasizes conversation and active participation. Review, reinforce, and expand your grammar and language abilities in a dynamic, enjoyable setting. New students welcome. All students are required to have their video *ON* during class and use headphones. *In classe parliamo italiano!* Textbook: Reach out to the instructor for details regarding the textbook or any inquiries about this class.

8 wks / March 24–May 19 (No class April 7)

Monday / 6–7:30 p.m.

Live Online / \$120

### SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

*Prerequisite: Sec B (Level 2): One quarter of Beginning Spanish or equivalent; Sec C (Level 3): Two quarters of Spanish: Beginning or equivalent*



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able

to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

*\*\*Levels 1 & 4–5 are not offered this spring quarter.\*\**

#### SECTION B (Level 2)

8 wks / March 24–May 19 (No class April 7)

Monday / 7–9 p.m.

Palo Alto HS Rm 302 / \$160

#### SECTION C (Level 3)

9 wks / March 27–May 29 (No class April 10)

Thursday / 7–9 p.m.

Palo Alto HS Rm 302 / \$180

### SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord Salazar

*Prerequisite: Two years of beginning Spanish or equivalent*  
*¿Habla Ud. español? Continue your studies, and focus on conversational skills.* Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

10 wks / March 25–June 3 (No class April 8)

Tuesday / 7–9 p.m.

Palo Alto HS Rm 302 / \$200

### SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, lmccord@pausd.org

*Prerequisite: Three quarters of low intermediate Spanish or equivalent*

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

10 wks / March 26–June 4 (No class April 9)

Wednesday / 5–7 p.m.

Live Online / \$200

### SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar

*Prerequisite: Advanced Spanish skills*

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

10 wks / March 26–June 4 (No class April 9)

Wednesday / 7:30–9:30 p.m.

Live Online / \$200

"After taking my **Advanced Spanish and Conversation** class, I improved in fluency when conversing with native Spanish speakers. I also participate in a Spanish language blog."

**Sylvia Gartner**  
Retired

## MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

### MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

## SCHOOLWIDE LEARNER OUTCOMES (SLOs)

### SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

### ACHIEVE SKILLS

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

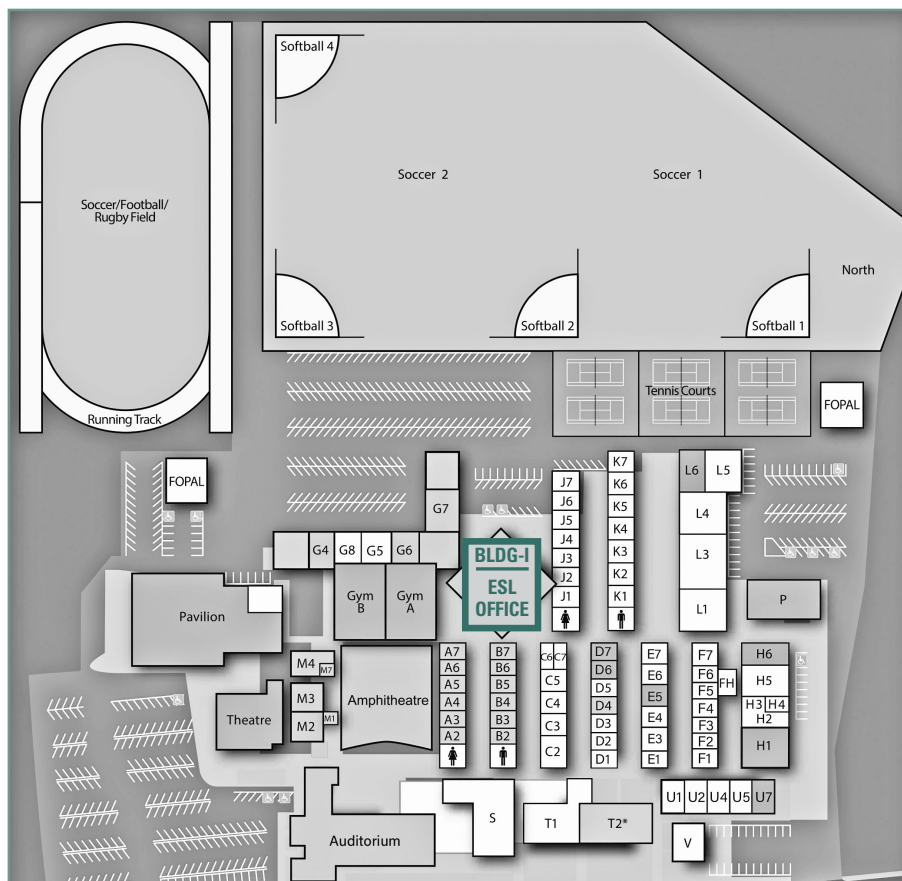
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

### DEMONSTRATE LEARNING

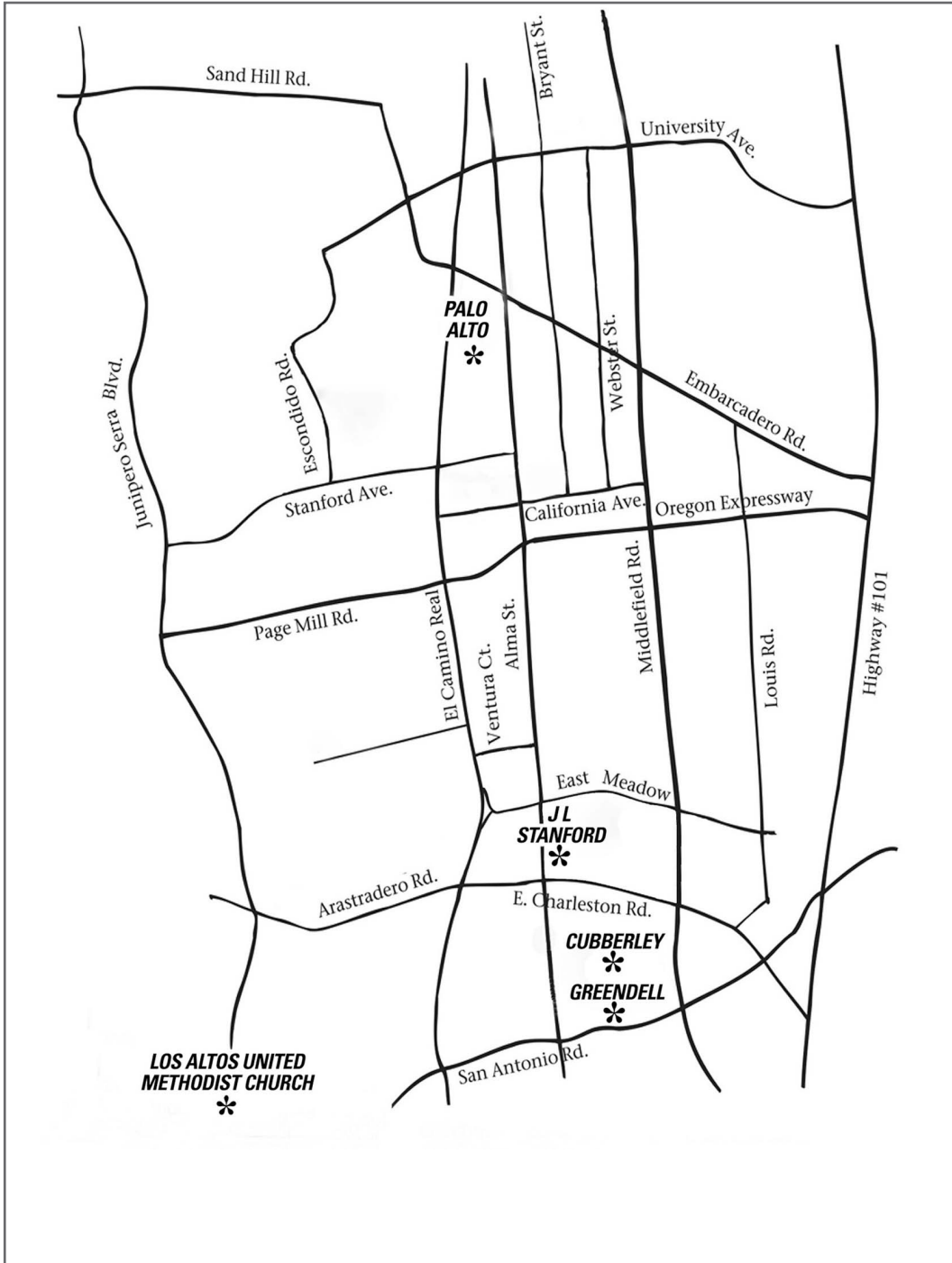
Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

## CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



# PALO ALTO ADULT SCHOOL LOCATIONS



**PALO ALTO**  
Palo Alto High School  
50 Embarcadero Road

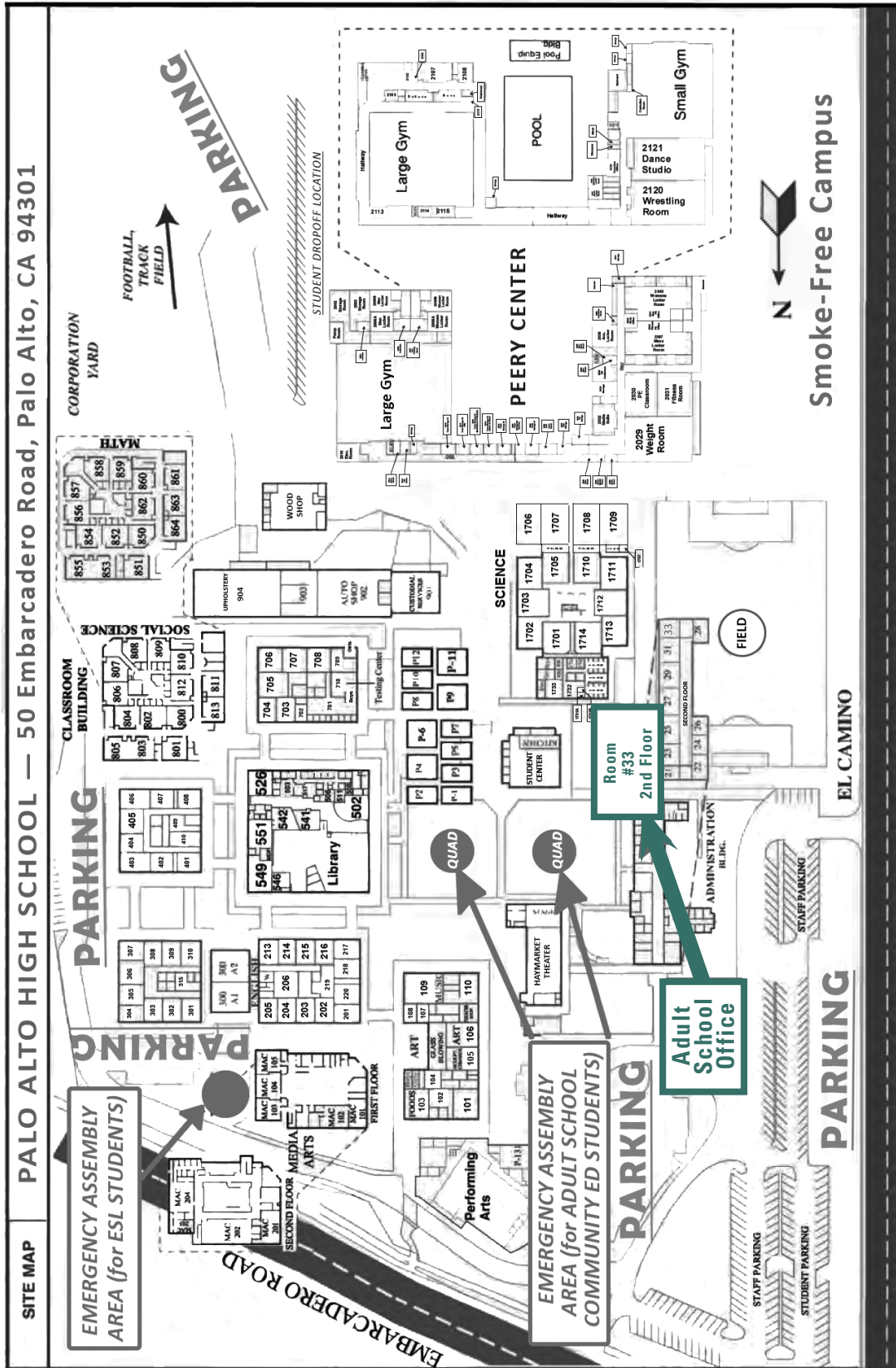
**CUBBERLEY**  
Cubberley Community Center  
4000 Middlefield Road

**GRENDALL**  
Grendell School  
4120 Middlefield Road

**J. L. STANFORD**  
J.L. Stanford Middle School  
480 E. Meadow Drive

**LOS ALTOS UNITED  
METHODIST CHURCH**  
655 Magdalena Avenue, Los Altos

# PALO ALTO ADULT SCHOOL CLASS LOCATIONS



Updates to the catalog after printing can be found on our website at [PAAAdultSchool.org](http://PAAAdultSchool.org)

## ADMINISTRATIVE POLICIES

### POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: <https://www.pausd.org/about-us/policies-procedures/board-policies>. These policies support the Education Code of the State of California.

### NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

### ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others.
- Conduct that disrupts the orderly classroom or school environment.
- Harassment of students or staff.
- Damage to or theft of property belonging to students, staff, or the district.
- Use of profane, vulgar, or abusive language.
- Plagiarism or dishonesty in school work or on tests.
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules.

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

### STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

*School Policy:* Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

### ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

### REGISTRATION INFORMATION

- Please register early since classes that do not have sufficient enrollment are cancelled.
- Registration begins at 8 a.m. online ([PAAAdultSchool.org](http://PAAAdultSchool.org)), or in-person at the Adult School Main Office.
- Once classes fill, students have the option of being put on the waitlist.
- The Adult School subscribes to a one person/one registration policy meaning students can only register for themselves.

### REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

### A CERTIFICATE OF COMPLETION

To receive a certificate of hours attended, please submit a request on our website: [paadultschool.org](http://paadultschool.org).

### TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

### SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: <https://www.pausd.org/about-us/policies-procedures/title-ix-office>.

### UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at <https://www.pausd.org/about-us/policies-procedures/formal-complaint-procedures>.

*Palo Alto Adult School classes are open to all—residents & non-residents.  
We look forward to seeing you in class!*

## CONSORTIUM PARTNERSHIP

### North Santa Clara County Consortium for Adult Education

The Palo Alto Adult School is a member of the North Santa Clara County Consortium for Adult Education (NSCCC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

#### Meet the members of our consortium:

- Palo Alto Adult School: [paadultschool.org](http://paadultschool.org)
- Mountain View Los Altos Adult School: [mvla.net](http://mvla.net)
- FUHSD Adult School Sunnyvale-Cupertino: [fuhsdadultschool.com](http://fuhsdadultschool.com)
- De Anza College: [deanza.edu](http://deanza.edu)
- Foothill College: [foothill.edu](http://foothill.edu)

Find out more about NSCCC at [nscadulthood.com](http://nscadulthood.com).



## CONTACT INFORMATION

### 2025 PAUSD BOARD OF EDUCATION

Shana Segal  
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(650) 329-3700  
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### DISTRICT ADMINISTRATION

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Jim Sherman  
Principal,  
PreSchool Family  
(650) 856-0833  
[jsherman@pausd.org](mailto:jsherman@pausd.org)

## COMMUNITY PARTNER

Our Community Partner this quarter is

### ENVIRONMENTAL VOLUNTEERS



EV has inspired a love for nature through hands-on science and storytelling for over 50 years.

WEBSITE: [www.environmentalvolunteers.org](http://www.environmentalvolunteers.org)

PHONE: 650.493.8000

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## WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAAdultSchool.org
MAIL/WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301

### RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation: (650) 329-3752. You will be notified if a class is cancelled.

### REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

**NEED HELP? CALL (650) 329-3752**

### REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be cancelled and a full refund will be processed.

### OFFICE HOURS

PALY: Mon-Thu 8 a.m.-9:30 p.m.; Fri 8 a.m.-4 p.m.

CUBBERLEY: Mon-Thu 8:30 a.m.-4 p.m.;

Fri 8:30 a.m.-2 p.m.

HOLIDAYS (*No Classes*): April 7-11, May 25

## SPRING REGISTRATION BEGINS FEBRUARY 21, 2025

This schedule is valid through June 6, 2025. Additional information, materials lists, and schedule changes are posted on our website at PAAAdultSchool.org.



## REGISTRATION FORM

### PALO ALTO ADULT SCHOOL

Palo Alto Unified School District  
50 Embarcadero Road  
Palo Alto, CA 94301

Year: 2025

Quarter:  Winter  Spring

Summer  Fall

Registration Date: \_\_\_\_\_

Name: \_\_\_\_\_  
(Last) (First) (Middle)

Address: \_\_\_\_\_  
(Street Number) (Street Name) (Apt.) (City) (State) (Zip Code)

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Start Date: \_\_\_\_\_  New Student  Returning Student Date of Birth: \_\_\_\_\_  M  F

Class Name	M	T	W	Th	F	S	Instructor	Time	Location	Fee

Type of Payment:  Check  Cash  Visa  MasterCard  No Fee

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

How did you find out about this class? \_\_\_\_\_

**Register Online at PAAAdultSchool.org or print and mail this form.**

**PALO ALTO**



**ADULT SCHOOL**

**PALO ALTO ADULT SCHOOL**  
Palo Alto Unified School District  
50 Embarcadero Road  
Palo Alto, CA 94301



SCAN TO  
REGISTER ONLINE

**ALL RESIDENTS AND NON-RESIDENTS WELCOME**



**Education is for life**

