



2023

ANNUAL STATISTICAL REPORT

PREPARED BY

Evaluation, Quality
Management, and
Improvement Division

portal.ct.gov/dmhas



Introduction

The Evaluation, Quality Management and Improvement (EQMI) Division at the Department of Mental Health and Addiction Services (DMHAS) is pleased to publish its seventh Annual Statistical Report.

This report makes key information more accessible to departmental stakeholders and the public: it includes data on clients served, demographic characteristics, types of services provided, residential and inpatient utilization, and substance use trends.

It is important to note that this report covers Fiscal Year 2023 (July 1, 2022 – June 30, 2023) and therefore the COVID-19 pandemic covers the entire fiscal year.

Providers began making adjustments to their service delivery in March and April 2020, thus, by the start of this reporting period, these pandemic-related business adjustments were in place. Largely, outpatient and community-based services were able to continue due to transitioning to telehealth service delivery platforms. Many congregate care settings needed to reduce their allowable capacities in order to observe social distancing in patient care areas. Impacts related to the pandemic will be noted and discussed as the data are presented.

To develop this report, we used data taken from DMHAS' Enterprise Data Warehouse on November 23, 2023.

Special thanks to all of the EQMI staff and University of Connecticut School of Social Work contractors who assisted with this report. Karin Haberlin coordinated the development of the report, while Kristen Miller, Hsiu-Ju Lin, Jeff Johnson, and Ailan Jin compiled, tested, and analyzed the data. Kristen Miller developed the preliminary content of this report and Karin Haberlin created the design and layout in Canva.

Liz Feder, LMFT

Director, Evaluation, Quality Management and Improvement (EQMI)

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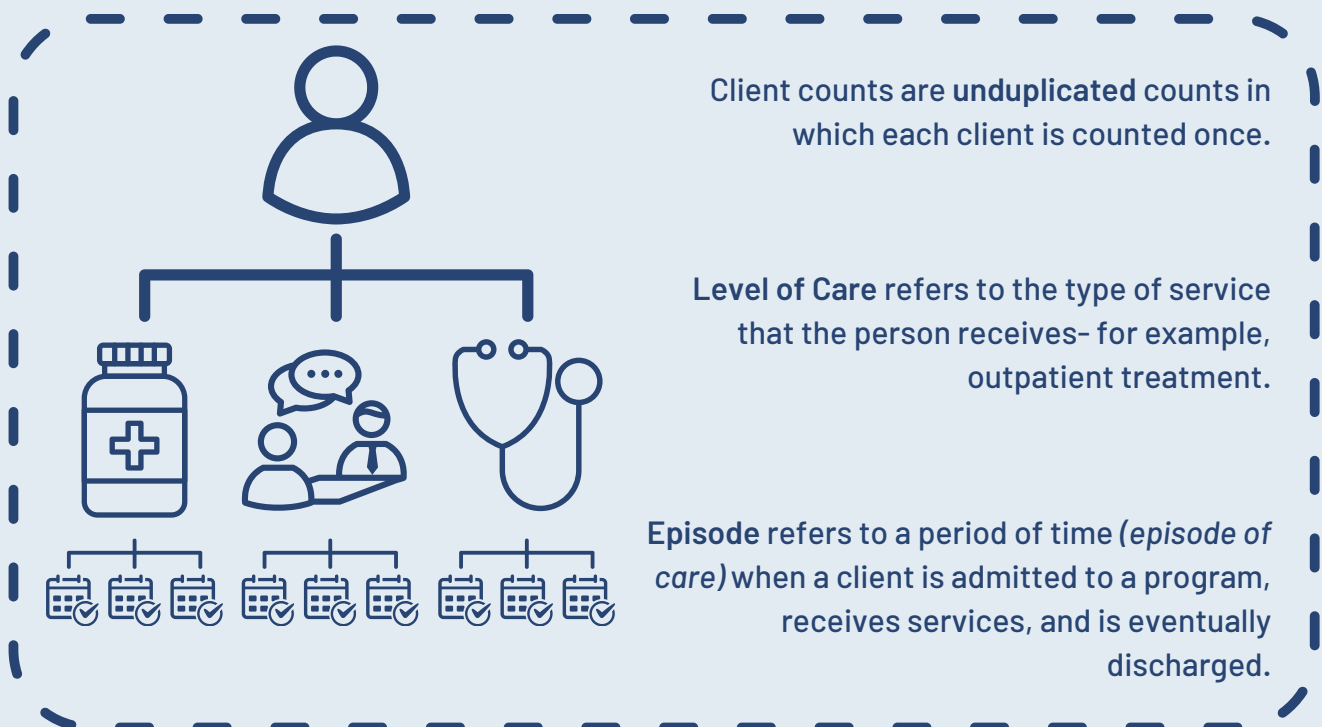
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About the Data in this Report

The numbers contained in this report are the official DMHAS data for State Fiscal Year 2023 (SFY23).

These data include clients served in DMHAS funded or DMHAS operated programs. The clients and the services are diverse, and the data are complex. This report will, at different times, reflect numbers that refer to different subgroups or events that are based on specific filtering of the data.

For instance, we frequently filter out programs that are not required to report treatment data when we present information from the Level of Care (LOC) perspective. We also distinguish between clients and episodes. This distinction is important.



Each client may have multiple episodes of care that occur within the fiscal year; thus, the client may be counted multiple times – once for each episode, if applicable.

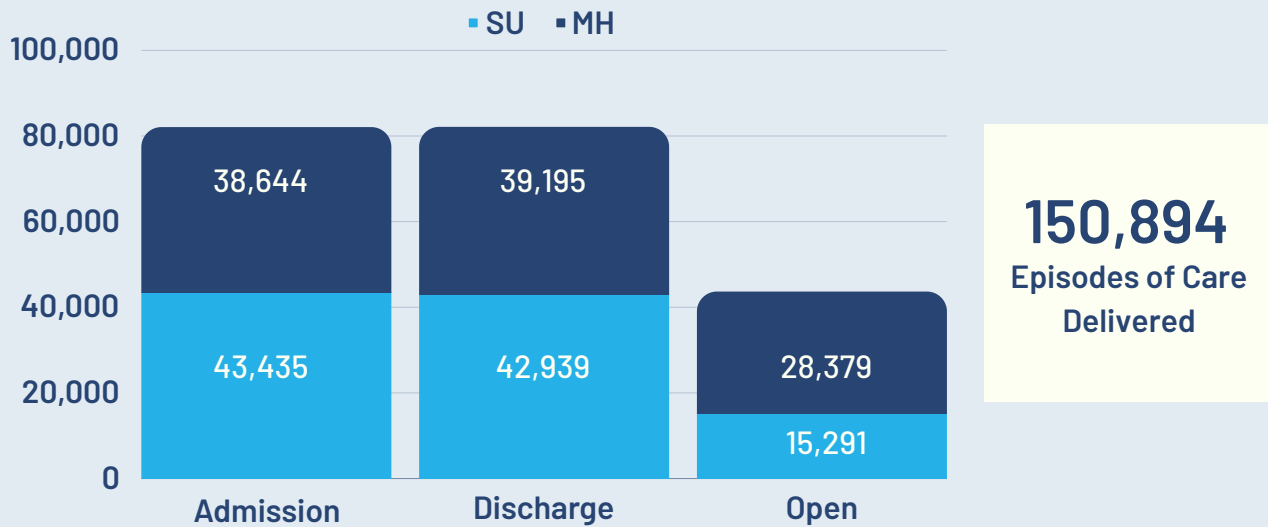
Thus, Admissions and Discharges are reported as episode counts, as many clients have multiple episodes. In addition, a client may be admitted to/enrolled in several programs simultaneously; therefore, each admission will be included in the overall Admission count.

The data contained in this report were taken from DMHAS' Enterprise Data Warehouse (EDW) on November 23, 2023. The data warehouse is a dynamic system, so reports or other analyses performed on different dates may produce slightly different results. Several levels of care (LOCs) are not included in these analyses, including Pre-Admit, Recovery Support and Other. These LOCs may be included in EDW reports, thus resulting in potential discrepancies when comparing numbers. Finally, we do not include data that has been submitted to the agency from programs that are not funded by DMHAS Human Service Agreements.

DMHAS SFY23 Annual Statistical Data - Quick Facts

Program Type		Unduplicated Client Count	
Mental Health Programs			53,421
Substance Use Programs			46,383
Total Unduplicated Count			93,627
Race		Unduplicated Client Count	%
White/Caucasian		55,956	60%
Black/African American		15,568	16%
Other		14,829	16%
Ethnicity		Unduplicated Client Count	%
Latino/Hispanic Ethnicity		19,491	21%
Gender		Unduplicated Client Count	%
Female		39,691	42%
Male		53,714	58%
Transgender		47	0%
Unknown		175	0%
Level of Care		Unduplicated Client Count	
MH Inpatient			971
MH Residential			1,992
MH Outpatient Levels of Care			52,819
SU Inpatient (Detox)			1,150
SU Residential Rehab			8,807
SU Outpatient Levels of Care			41,669
Primary Drug at Admission - All SFY23 Active		N	%
Alcohol		24,157	37%
Heroin/Other Opioids		23,727	36%
Cannabis (Marijuana/Hashish/THC)		7,734	12%
Primary Drug at Admission - All SFY23 Admissions		N	%
Alcohol		14,698	44%
Heroin/Other Opioids		10,967	33%
Diagnosis Categories		N	%
Serious Mental Illness (SMI)(includes PTSD)		44,074	66.5%
SU diagnosis		41,420	62.5%
Dual Diagnosis (SMI + SU)		22,292	33.6%

SFY23 Episode Counts



In SFY 2023, DMHAS funded and operated programs made:

- 82,079 admissions
- 82,134 discharges

At year end, there were 43,670 open episodes. These are episodes with admissions before 7/1/22 and no discharges by 6/30/23.

Admissions by Type of Provider

■ DMHAS Funded Providers ■ State Operated Facilities

Substance Use



DMHAS-funded providers made 41,538 admissions to substance use services.

State operated facilities made 1,897 admissions to substance use services.

Mental Health



DMHAS-funded providers made 27,168 admissions to mental health services.

State operated facilities made 11,476 admissions to mental health services.

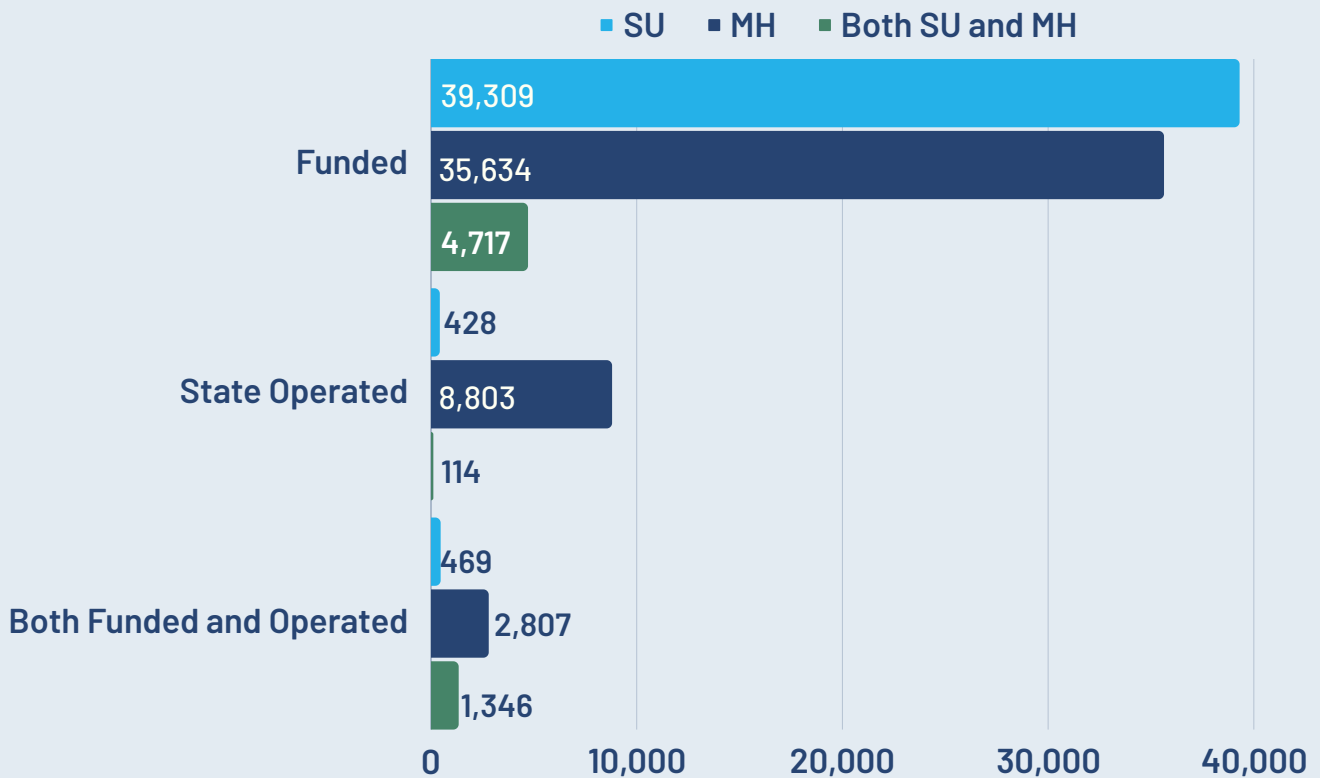
Number of Clients Served

93,627 individuals

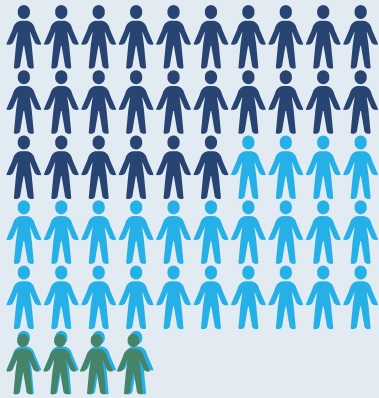


were served in SFY 2023 (July 2, 2022 - June 30, 2023).
This is slightly more than the population of Norwalk.

Most clients were served by DMHAS-funded providers. State operated facilities served about 10% of the total client population, largely providing mental health services.

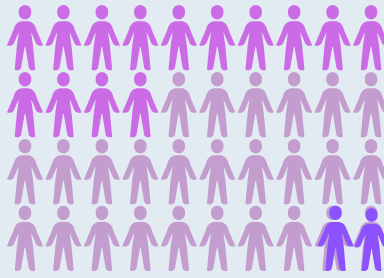


Gender



53,714 male clients

SU	26,301
MH	23,565
Both	3,848



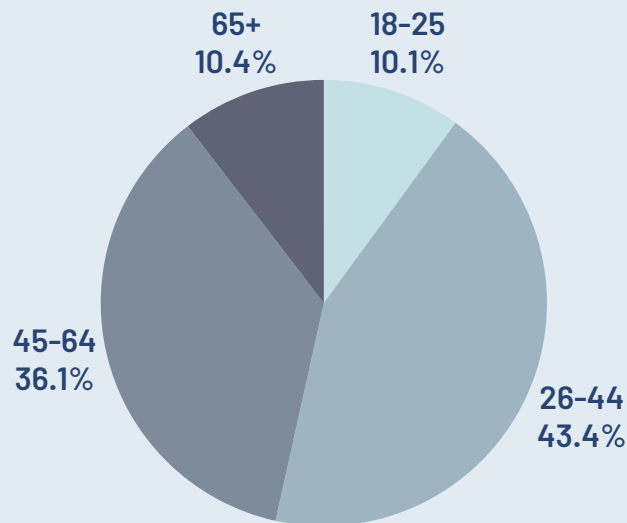
39,691 female clients

SU	13,832
MH	23,533
Both	2,326

47 transgender clients

All are in MH programs. There are likely more. DMHAS is working to collect more accurate demographic data.

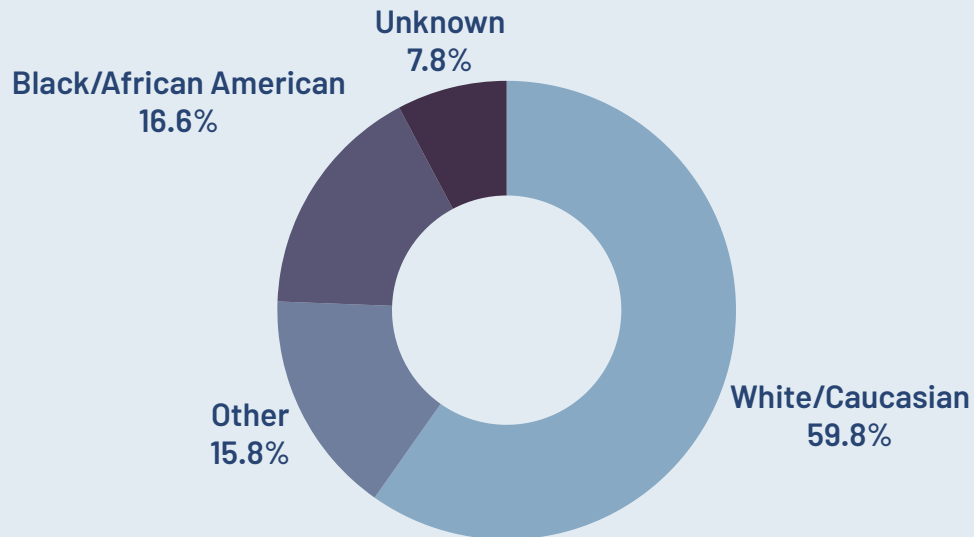
Age



During FY23, the mean client age was 44.6 years.

Clients in SU programs tend to be somewhat younger (mean age: 42.3 years) and in MH programs, they tend to be somewhat older (mean age: 46.5 years).

Race

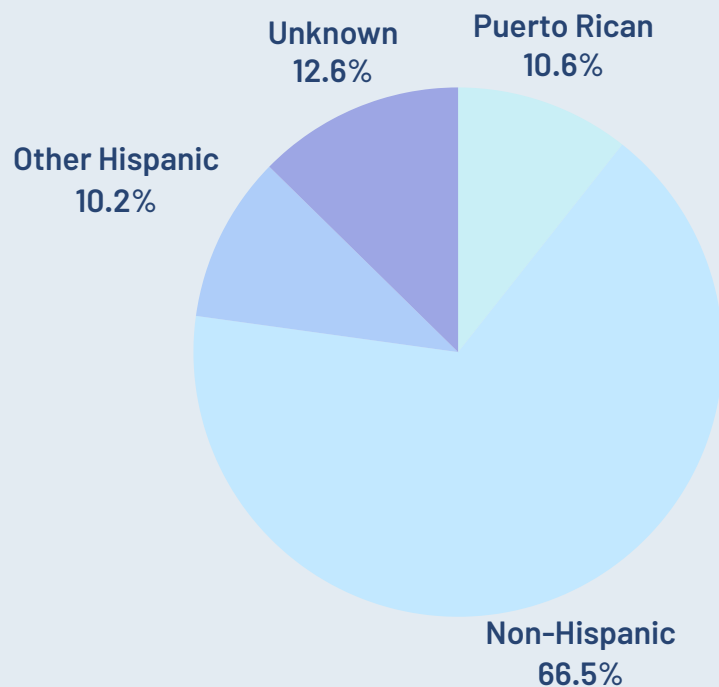


For this report, the "Other" category includes the following DMHAS race categories: Other, American Indian/Native Alaskan, Asian, Native Hawaiian/Other Pacific Islander, and Multi-Race. We find that many (but not all) people who indicate "Other" as their race identify as Hispanic or Latino origin. Detailed statistics may be found in the Appendix.

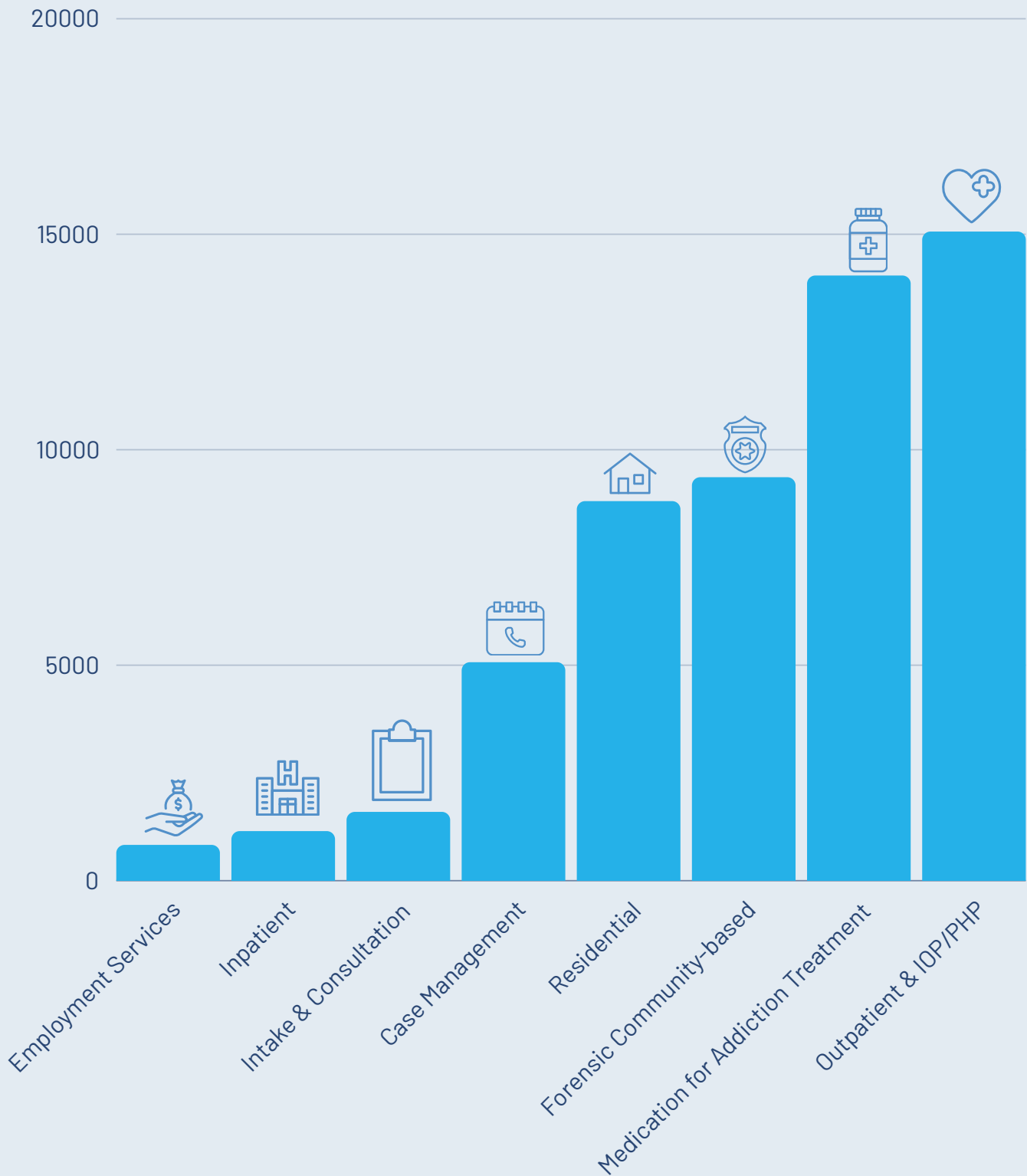
Ethnicity

In SFY23, the DMHAS population was 21% Hispanic/Latino origin.

While more than half are Puerto Rican, many have ties to Central and South America, Mexico, and Cuba.

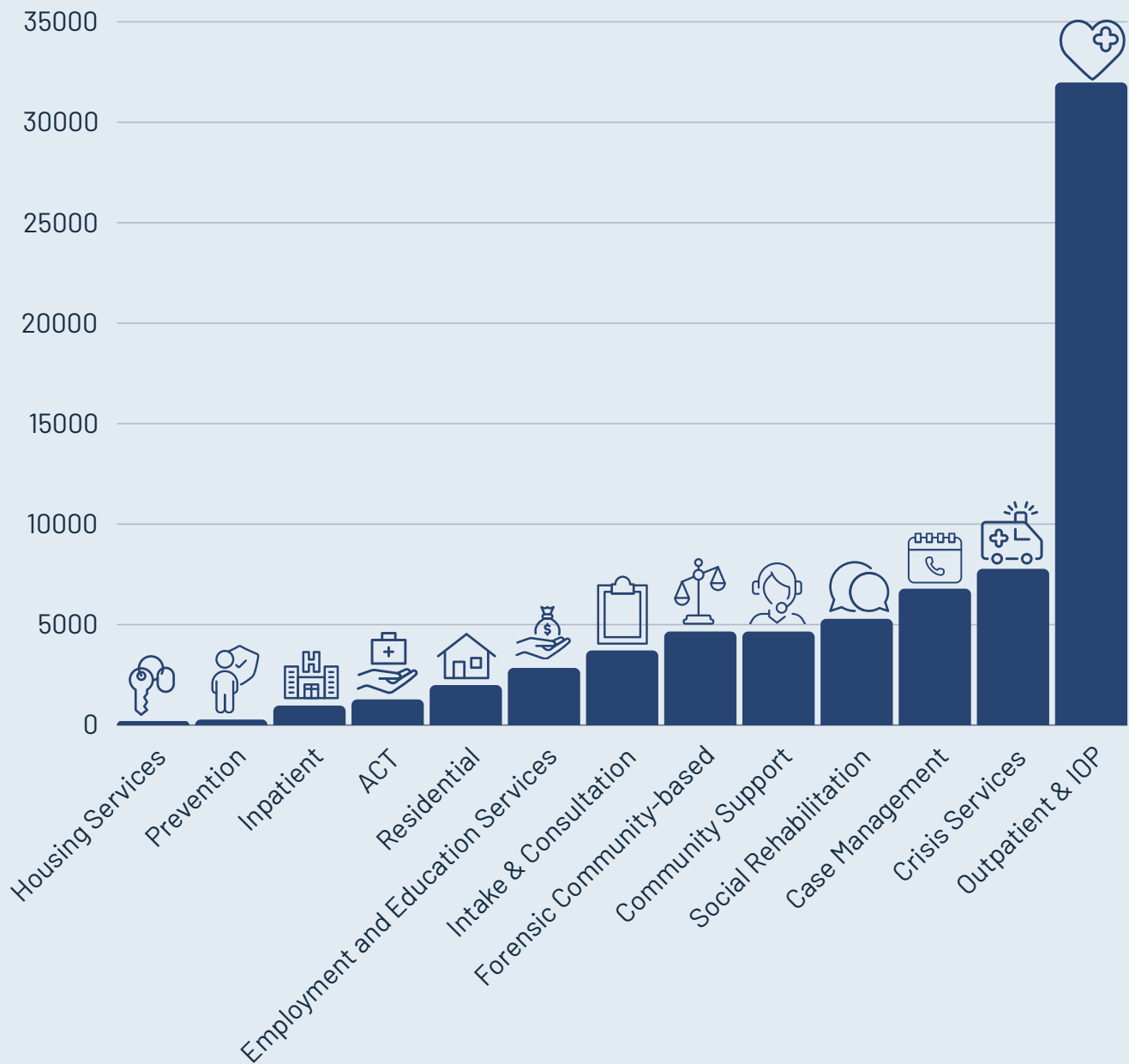


Substance Use Clients by Level of Care



This chart shows active client counts in addiction levels of care during SFY23. Some categories have been combined to enable easier rendering; additionally, as Case Management is found in both SU and Forensic SU services, the totals have been combined and thus that count is slightly duplicated. Detailed tables with active client, admission, and discharge counts may be found in the Appendix.

Mental Health Clients by Level of Care



This chart shows active client counts in mental health levels of care during SFY23. Some categories have been combined to enable easier rendering; additionally, some levels of care that are shared between Mental Health and Forensic MH (namely, Inpatient, Residential, Crisis, Case Management, and Outpatient) have slightly duplicated counts.

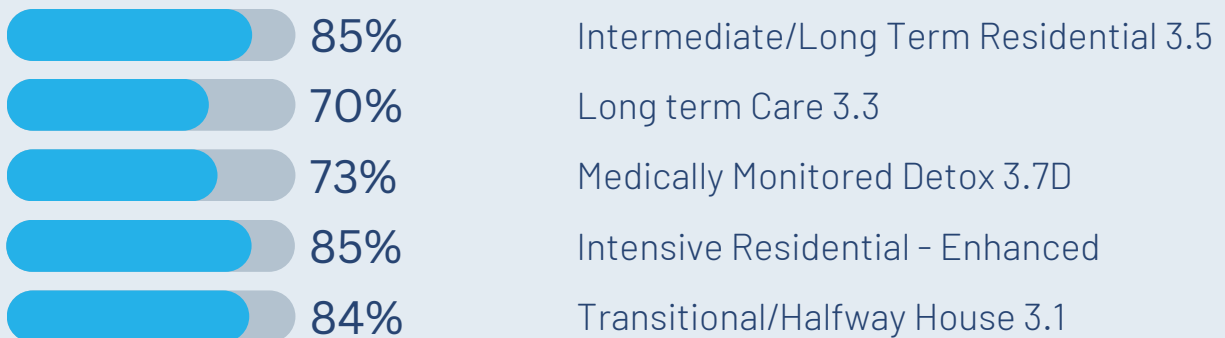
Detailed tables with active client, admission, and discharge counts may be found in the appendix.

Bed Utilization

In this section, we report combined utilization for both DMHAS-funded and DMHAS-operated beds. Please note that the denominator is not always reflective of the actual number of beds available, particularly during the COVID-19 pandemic when inpatient and residential units were "decompressed" to allow for CDC-recommended physical distancing measures.

Additionally, the need to quarantine people has also contributed to lower bed utilization rates in FY23. For detailed information, please see the appendix of this report.

Substance Use Beds

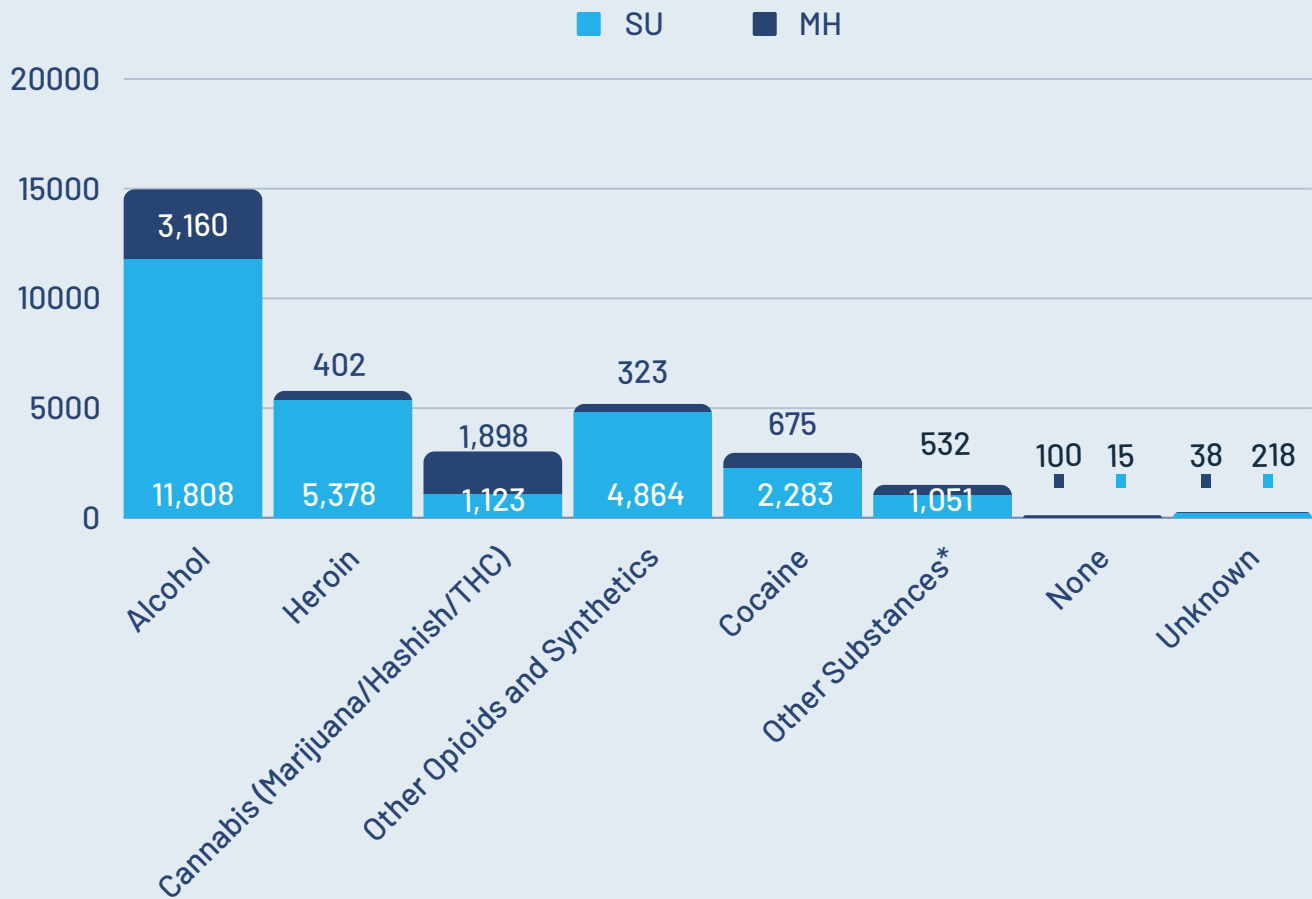


Mental Health Beds



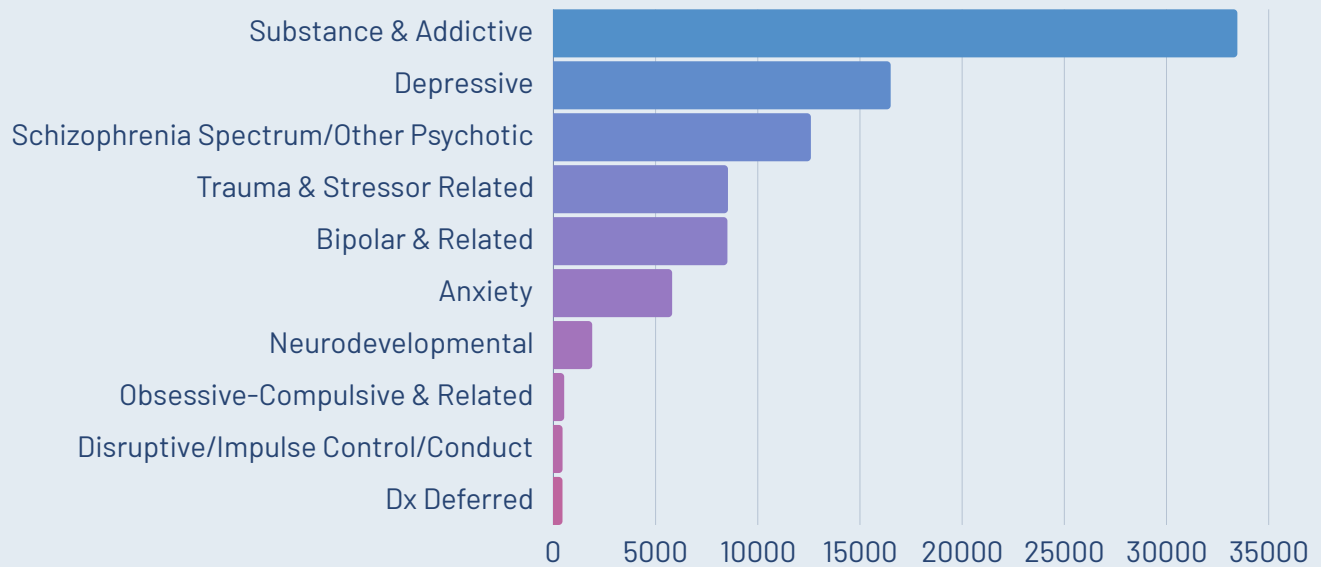
Primary Drug of Choice at Admission

Over 33,000 admission records contained information about drug(s) of choice; the primary drug frequencies are charted below. Alcohol was the most common primary drug of choice in SFY23, as it has been since SFY21.



*This category includes benzodiazepines, PCP, amphetamines, hallucinogens, non-prescription methadone, other sedatives or hypnotics, barbiturates, inhalants, methamphetamines, other stimulants, over the counter, tobacco, and tranquilizers.

Diagnosis



Diagnosis data come from treatment related programs, and reflect the *most recent primary diagnosis* during the *most recent episode of care* that was open during the fiscal year.

"Primary diagnosis" refers to the most concerning problem for which a person seeks help.

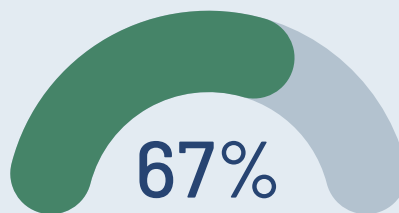
Note that clients may have more than one primary diagnosis, and many people have more than one diagnosis.

These values represent an unduplicated client count within each diagnostic category. The bar chart above represents over 99% of the diagnostic data; a detailed table may be found in the appendix.

Serious Mental Illness (SMI) Prevalence

"Serious Mental Illness" refers to mental, behavioral, or emotional disorders that significantly interfere with one or more major life activities.*

Two-thirds of all clients qualify for an SMI diagnosis.



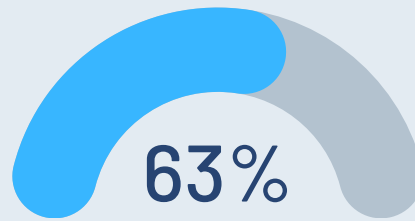
of all DMHAS clients had SMI during SFY23.

*National Institute of Mental Health (NIMH). 2022. Mental Illness. [online] Available at: <https://www.nimh.nih.gov/health/statistics/mental-illness> [Accessed 20 January 2024].

Substance Use and Co-Occurring Disorder Prevalence

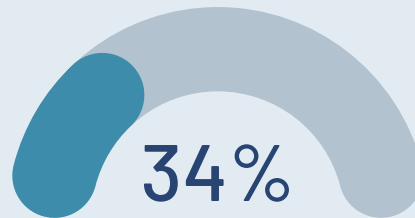
More than half of all clients have a substance use/abuse disorder.

This statistic is based on both primary and non-primary diagnoses from the most recent treatment episode.



of DMHAS clients had a substance use/abuse disorder during SFY23.

"Co-Occurring Disorder" refers to the condition of having co-existing mental illness and substance use disorders.†

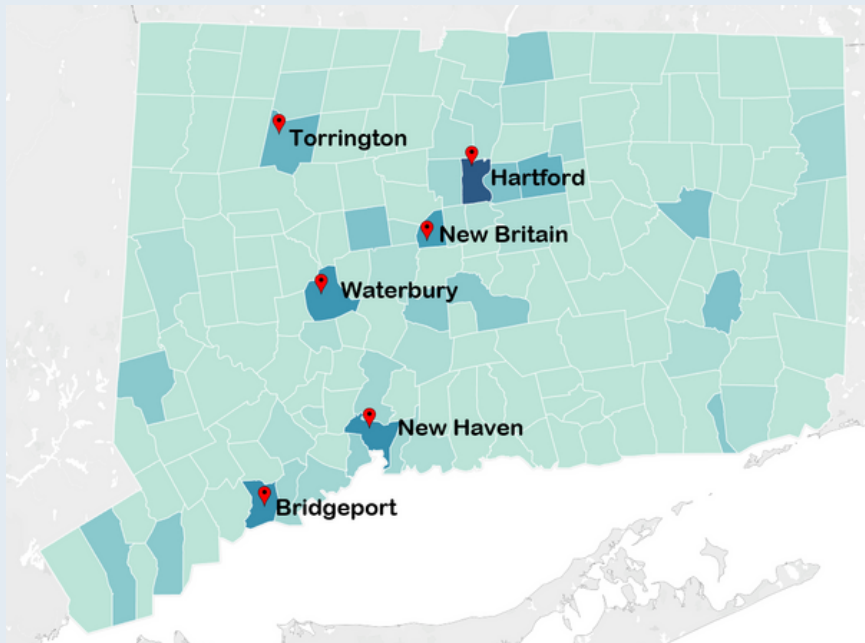


of DMHAS clients had a co-occurring disorder, defined as SMI plus a substance use/abuse diagnosis.

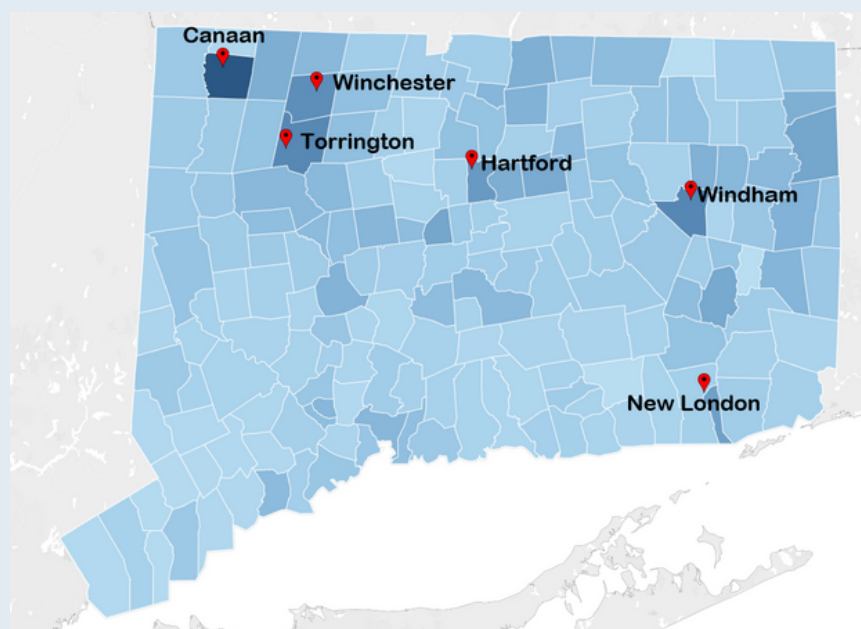
†Substance Abuse and Mental Health Services Administration (SAMHSA). 2022. [online] Available at: <https://www.samhsa.gov/medication-assisted-treatment/medications-counseling-related-conditions/co-occurring-disorders> [Accessed 20 January 2024].

DMHAS Clients Served by Town--- UPDATE

Many of the people served by DMHAS live in urban areas and thus it is not surprising that many of the agency's clients come from cities. This map shows the DMHAS population by volume; higher counts are shown in darker shading.



DMHAS penetration rates were calculated as number of clients per 1,000 residents*. When mapped, this reveals a more complex picture. Note that two of the darkest towns - Canaan and Windham - are in rural areas. Clusters of towns appear - particularly in the eastern and western parts of the state where population density is lower.



* Population estimates taken from CT DPH, Annual Town and County Population for Connecticut, accessed April 2023.

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Episode Counts

Episode refers to a period of time (*episode of care*) when a client is admitted to a program, receives services, and is eventually discharged. A person can have more than one episode of care during the fiscal year.

Episode counts	SU	MH	Total
Admission	43,435	38,644	82,079
Discharge	42,939	39,195	82,134
Open*	15,291	28,379	43,670
Total	69,346	81,548	150,894

* Open indicates episode that started before or during FY23, but not yet discharged by 6/30/23

Unduplicated Client Counts

In the following tables, individuals are counted only once.

Unduplicated Clients	SU	MH	Both	Total
Admissions	22,287	22,295	3,657	48,239
Discharges	22,870	24,817	3,455	51,142
Open	14,359	22,472	561	37,392
Undup Clients	40,206	47,244	6,177	93,627

72% of all individuals receiving services had only one admission during FY23.

Program Type	N*
Substance Use Programs	46,383
Mental Health Programs	53,421
Total Unduplicated Count	93,627

* Each category includes people who were in both types of program; for example, for substance use:
 $40,206 + 6,177 = 46,383$

Gender

Gender	N	%
Female	39,691	42%
Male	53,714	57%
Transgender	47	0%

Detailed Gender

Gender	SU		MH		Both		Total	
	N	%	N	%	N	%	N	%
Female	13,832	34.4%	23,533	49.8%	2,326	37.7%	39,691	42.4%
Male	26,301	65.4%	23,565	49.9%	3,848	62.3%	53,714	57.4%
Transgender	-	0.0%	47	0.1%	-	-	47	0.1%
Unknown	73	0.2%	99	0.2%	3	0.0%	175	0.2%
Total	40,206	100.0%	47,244	100.0%	6,177	100.0%	93,627	100.0%

Race and Ethnicity

Race	N	%
White/Caucasian	55,956	60%
Black/African American	15,568	16%
Other	14,829	16%

Detailed Race

Race	SU		MH		Both		Total	
	N	%	N	%	N	%	N	%
American Indian/ Native Alaskan	203	0.5%	264	0.6%	44	0.7%	511	0.5%
Asian	313	0.8%	657	1.4%	29	0.5%	999	1.1%
Black/African American	5,654	14.1%	8,668	18.3%	1,246	20.2%	15,568	16.6%
Native Hawaiian/ Other Pacific Islander	81	0.2%	156	0.3%	12	0.2%	249	0.3%
White/Caucasian	24,472	60.9%	27,856	59.0%	3,628	58.7%	55,956	59.8%
Multi-race	162	0.4%	311	0.7%	49	0.8%	522	0.6%
Missing/unknown	3,213	8.0%	3,784	8.0%	277	4.5%	7,274	7.8%
Other	6,108	15.2%	5,548	11.7%	892	14.4%	12,548	13.4%
Total	40,206	100.0%	47,244	100.0%	6,177	100.0%	93,627	100.0%

Ethnicity	N	%
Latino/Hispanic Identity	19,491	21%

Detailed Ethnicity

Ethnicity	SU		MH		Both		Total	
	N	%	N	%	N	%	N	%
Hispanic-Cuban	84	0.2%	73	0.2%	8	0.1%	165	0.2%
Hispanic-Mexican	334	0.8%	277	0.6%	24	0.4%	635	0.7%
Hispanic-Other	3,824	9.5%	4,362	9.2%	535	8.7%	8,721	9.3%
Hispanic-Puerto Rican	5,023	12.5%	4,200	8.9%	747	12.1%	9,970	10.6%
Non-Hispanic	24,402	60.7%	33,532	71.0%	4,363	70.6%	62,297	66.5%
Unknown	6,539	16.3%	4,800	10.2%	500	8.1%	11,839	12.6%
Total	40,206	100.0%	47,244	100.0%	6,177	100.0%	93,627	100.0%

Age	SU		MH		Both		Total	
	N	%	N	%	N	%	N	%
18-25	3,484	8.7%	5,532	11.7%	329	5.3%	9,345	10.0%
26-34	9,280	23.1%	8,234	17.4%	1,192	19.3%	18,706	20.0%
35-44	11,446	28.5%	8,364	17.7%	1,835	29.7%	21,645	23.1%
45-54	7,363	18.3%	7,736	16.4%	1,241	20.1%	16,340	17.5%
55-64	6,020	15.0%	9,916	21.0%	1,250	20.2%	17,186	18.4%
65+	2,250	5.6%	7,122	15.1%	329	5.3%	9,701	10.4%
Unknown	363	0.9%	340	0.7%	1	0.0%	704	0.8%
Total	40,206	100.0%	47,244	100.0%	6,177	100.0%	93,627	100.0%

Age Mean

Program Type	Mean (years)	N*	Std. Deviation
SU	42.3	39,843	13.1
MH	46.5	46,904	16.5
Both	44.4	6,176	12.6
Total	44.6	92,923	15.0

* N is slightly lower than unduplicated client counts due to missing DOB data.

Episode Counts by Provider Type (DMHAS-Funded vs. DMHAS-Operated)

Admissions

Funding source	SU	MH	Total
DMHAS-Funded	41,538	27,168	68,706
DMHAS-Operated	1,897	11,476	13,373
Total	43,435	38,644	82,079

Discharges

Funding source	SU	MH	Total
DMHAS-Funded	41,058	28,221	69,279
DMHAS-Operated	1,881	10,974	12,855
Total	42,939	39,195	82,134

Open

Funding source	SU	MH	Total
DMHAS-Funded	15,236	21,599	36,835
DMHAS-Operated	55	6,780	6,835
Total	15,291	28,379	43,670

Unduplicated Client Counts

Admitted during FY23

Funding source	SU	MH	Both	Total
DMHAS-Funded	21,434	15,994	2,714	40,142
DMHAS-Operated	399	5,441	102	5,942
Both	454	860	841	2,155
Total	22,287	22,295	3,657	48,239

Discharged during FY23

Funding source	SU	MH	Both	Total
DMHAS-Funded	21,955	18,257	2,559	42,771
DMHAS-Operated	487	5,648	64	6,199
Both	428	912	832	2,172
Total	22,870	24,817	3,455	51,142

Open/Active during FY23

Funding source	SU	MH	Both	Total
DMHAS-Funded	14,309	16,950	485	31,744
DMHAS-Operated	49	4,452	4	4,505
Both	1	1,070	72	1,143
Total	14,359	22,472	561	37,392

Total Unduplicated Clients

Funding source	SU	MH	Both	Total
DMHAS-Funded	39,309	35,634	4,717	79,660
DMHAS-Operated	428	8,803	114	9,345
Both	469	2,807	1,346	4,622
Total	40,206	47,244	6,177	93,627

Mental Health Inpatient and Residential Counts

Active Clients

Forensic MH

Active Clients	Total
Inpatient Services	438
Residential Services	38

Mental Health

Active Clients	Total
Inpatient Services	533
Residential Services	1,954

Total MH* Inpatient & Residential Active Clients **2,765**

Admissions

Forensic MH

Admissions	Total
Inpatient Services	242
Residential Services	33

Mental Health

Admissions	Total
Inpatient Services	258
Residential Services	691

Total MH* Inpatient & Residential Admissions **1,224**

Discharges

Forensic MH

Discharges	Total
Inpatient Services	227
Residential Services	25

Mental Health

Discharges	Total
Inpatient Services	252
Residential Services	739

Total MH* Inpatient & Residential Discharges **1,243**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories.

Substance Use Inpatient and Residential Counts

Active Clients

Substance Use

Active Clients		Total
Inpatient Services		1,150
Residential Services		8,807

Total Substance Use* Inpatient & Residential Active Clients **9,451**

Admissions

Substance Use

Admissions		Total
Inpatient Services		1,749
Residential Services		15,700

Total Substance Use* Inpatient & Residential Admissions **17,449**

Discharges

Substance Use

Discharges		Total
Inpatient Services		1,714
Residential Services		15,832

Total Substance Use* Inpatient & Residential Discharges **17,546**

* Total Substance Use represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories.

Mental Health Outpatient Levels of Care Counts

Active Clients

Forensic MH

Active Clients	Total
Case Management	42
Crisis Services	50
Forensics Community-based	4,657
Outpatient	344

Mental Health

Active Clients	Total
ACT	1,278
Case Management	6,746
Community Support	4,655
Consultation	480
Crisis Services	7,727
Education Support	231
Employment Services	2,845
Housing Services	202
Intake	3,235
IOP	141
Outpatient	31,494
Prevention	276
Social Rehabilitation	5,288

Total MH* Outpatient Levels of Care Active Clients **52,819**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories.

Mental Health Outpatient Levels of Care Counts

Admissions

Forensic MH

Active Clients	Total
Case Management	22
Crisis Services	45
Forensics Community-based	3,716
Outpatient	136

Mental Health

Active Clients	Total
ACT	442
Case Management	2,826
Community Support	1,379
Consultation	193
Crisis Services	10,796
Education Support	102
Employment Services	1,685
Housing Services	74
Intake	3,376
IOP	140
Outpatient	10,949
Social Rehabilitation	1,539

Total MH* Outpatient Levels of Care Admissions **37,420**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Mental Health Outpatient Levels of Care Counts

Discharges

Forensic MH

Active Clients	Total
Case Management	22
Crisis Services	42
Forensics Community-based	3,266
Outpatient	164

Mental Health

Active Clients	Total
ACT	441
Case Management	2,821
Community Support	1,481
Consultation	146
Crisis Services	10,618
Education Support	109
Employment Services	1,339
Housing Services	61
Intake	3,332
IOP	130
Outpatient	12,526
Prevention	27
Social Rehabilitation	1,427

Total MH* Outpatient Levels of Care Discharges **37,952**

* Total MH represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Substance Use Outpatient Levels of Care Counts

Active Clients

Forensic SU

Active Clients	Total
Case Management	374
Forensics Community-based	9,238

Substance Use

Active Clients	Total
Case Management	4,695
Consultation	12
Employment Services	830
Forensics Community-based	124
Intake	1,584
IOP	504
Medication for Addiction Treatment	14,042
Outpatient	14,492
PHP	66

Total Substance Use* Outpatient Levels of Care Active Clients **41,669**

* Total Substance Use represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories

Substance Use Outpatient Levels of Care Counts

Admissions

Forensic SU

Active Clients	Total
Case Management	330
Forensics Community-based	5,608

Substance Use

Active Clients	Total
Case Management	2,884
Consultation	7
Employment Services	564
Forensics Community-based	128
Intake	2,164
IOP	486
Medication for Addiction Treatment	5,440
Outpatient	8,316
PHP	59

Total Substance Use* Outpatient Levels of Care Admissions **25,986**

Discharges

Forensic SU

Active Clients	Total
Case Management	328
Forensics Community-based	5,926

Substance Use

Active Clients	Total
Case Management	2,284
Consultation	12
Employment Services	535
Forensics Community-based	96
Intake	2,164
IOP	400
Medication for Addiction Treatment	5,774
Outpatient	7,814
PHP	60

Total Substance Use Outpatient Levels of Care Discharges **25,393**

* Total Substance Use represents an unduplicated client count and since a client may be counted in multiple categories, it is not the sum of the subcategories.

Primary Drug - Active Clients - Substance Use

For this table, we narrowed our analytic universe to episodes of clients who were active in substance use treatment programs during FY23. The drug information was taken from the most recent record update within the episode.

Primary Drug	# Episodes	%
Alcohol	14,698	32.9%
Amphetamines	88	0.2%
Barbiturates	9	0.0%
Benzodiazepines	599	1.3%
Cocaine/Crack	3,072	6.9%
Hallucinogens: LSD, DMS, STP, etc	127	0.3%
Heroin	14,592	32.7%
Inhalants	19	0.0%
Cannabis (Marijuana, Hashish, THC)	2,511	5.6%
Methamphetamines	54	0.1%
Non-Prescriptive Methadone	68	0.2%
None	185	0.4%
Other	162	0.4%
Other Opiates and Synthetics	7,330	16.4%
Other Sedatives or Hypnotics	62	0.1%
Other Stimulants	48	0.1%
Over-the-Counter	9	0.0%
PCP	287	0.6%
Tobacco	76	0.2%
Tranquilizers	-	0.0%
Unknown	661	1.5%
Total	44,657	100%

Primary Drug - Active Clients - Mental Health

For this table, we narrowed our analytic universe to episodes of clients who were active in mental health treatment programs during FY23. The drug information was taken from the most recent record update within the episode.

Primary Drug	# Episodes	%
Alcohol	9,459	45.4%
Amphetamines	76	0.4%
Barbiturates	22	0.1%
Benzodiazepines	122	0.6%
Cocaine/Crack	1,828	8.8%
Hallucinogens: LSD, DMS, STP, etc	73	0.4%
Heroin	1,053	5.1%
Inhalants	18	0.1%
Cannabis (Marijuana, Hashish, THC)	5,223	25.1%
Methamphetamines	62	0.3%
Non-Prescriptive Methadone	13	0.1%
None	457	2.2%
Other	143	0.7%
Other Opiates and Synthetics	752	3.6%
Other Sedatives or Hypnotics	23	0.1%
Other Stimulants	65	0.3%
Over-the-Counter	60	0.3%
PCP	139	0.7%
Tobacco	788	3.8%
Tranquilizers	7	0.0%
Unknown	452	2.1%
Total	20,835	100%

Primary Drug - Active Clients - Total (All Program Types)

For this table, we narrowed our analytic universe to episodes of clients who were active in treatment programs (substance use or mental health) during FY23. The drug information was taken from the most recent record update within the episode.

Primary Drug	# Episodes	%
Alcohol	24,157	36.9%
Amphetamines	164	0.3%
Barbiturates	31	0.0%
Benzodiazepines	721	1.1%
Cocaine/Crack	4,900	7.5%
Hallucinogens: LSD, DMS, STP, etc	200	0.3%
Heroin	15,645	23.9%
Inhalants	37	0.1%
Cannabis (Marijuana, Hashish, THC)	7,734	11.8%
Methamphetamines	116	0.2%
Non-Prescriptive Methadone	81	0.1%
None	642	1.0%
Other	305	0.5%
Other Opiates and Synthetics	8,082	12.3%
Other Sedatives or Hypnotics	85	0.1%
Other Stimulants	113	0.2%
Over-the-Counter	69	0.1%
PCP	426	0.7%
Tobacco	864	1.3%
Tranquilizers	7	0.0%
Unknown	1,113	1.7%
Total	65,492	100%

Primary Drug - Admissions - Substance Use

For this table, we narrowed our analytic universe to episodes of clients who were admitted to substance use treatment programs during FY23. The drug information was taken from the admission assessment.

Primary Drug	# Admissions	%
Alcohol	11,808	44.2%
Amphetamines	59	0.2%
Barbiturates	6	0.0%
Benzodiazepines	539	2.0%
Cocaine/Crack	604	2.3%
Hallucinogens: LSD, DMS, STP, etc	50	0.2%
Heroin	5,378	20.1%
Inhalants	5	0.0%
Cannabis (Marijuana, Hashish, THC)	1,123	4.2%
Methamphetamines	36	0.1%
Non-Prescriptive Methadone	23	0.1%
None	15	0.1%
Other	100	0.4%
Other Opiates and Synthetics	4,864	18.2%
Other Sedatives or Hypnotics	37	0.1%
Other Stimulants	38	0.1%
Over-the-Counter	6	0.0%
PCP	202	0.8%
Tobacco	50	0.2%
Tranquilizers	-	0.0%
Unknown	252	0.2%
Total	26,740	100.0%

Primary Drug - Admissions - Mental Health

For this table, we narrowed our analytic universe to episodes of clients who were admitted to mental health treatment programs during FY23. The drug information was taken from the admission assessment.

Primary Drug	# Admissions	%
Alcohol	3,160	44.9%
Amphetamines	24	0.3%
Barbiturates	2	0.0%
Benzodiazepines	40	0.6%
Cocaine/Crack	66	0.9%
Hallucinogens: LSD, DMS, STP, etc	27	0.4%
Heroin	402	5.7%
Inhalants	5	0.1%
Cannabis (Marijuana, Hashish, THC)	1,898	27.0%
Methamphetamines	34	0.5%
Non-Prescriptive Methadone	5	0.1%
None	100	1.4%
Other	25	0.4%
Other Opiates and Synthetics	323	4.6%
Other Sedatives or Hypnotics	2	0.0%
Other Stimulants	19	0.3%
Over-the-Counter	5	0.1%
PCP	54	0.8%
Tobacco	229	3.3%
Tranquilizers	-	0.0%
Unknown	229	3.3%
Total	7,042	100.0%

Primary Drug - Admissions - Total (All Program Types)

For this table, we narrowed our analytic universe to episodes of clients who were admitted to treatment programs (substance use or mental health) during FY23. The drug information was taken from the admission assessment.

Primary Drug	# Admissions	%
Alcohol	14,968	44.3%
Amphetamines	83	0.2%
Barbiturates	8	0.0%
Benzodiazepines	579	1.7%
Cocaine/Crack	670	2.0%
Hallucinogens: LSD, DMS, STP, etc	77	0.2%
Heroin	5,780	17.1%
Inhalants	10	0.0%
Cannabis (Marijuana, Hashish, THC)	3,021	8.9%
Methamphetamines	70	0.2%
Non-Prescriptive Methadone	28	0.1%
None	115	0.3%
Other	125	0.4%
Other Opiates and Synthetics	5,187	15.4%
Other Sedatives or Hypnotics	39	0.1%
Other Stimulants	57	0.2%
Over-the-Counter	11	0.0%
PCP	256	0.8%
Tobacco	279	0.8%
Tranquilizers	-	0.0%
Unknown	279	0.9%
Total	33,782	100.0%

Primary Diagnosis for Clients in Treatment Related Programs

For this table, we tabulated primary diagnosis for clients who were active in treatment programs (substance use or mental health) during FY23. These counts are on the individual client level.

Rank	Diagnosis	Frequency	%
1	Substance-Related and Addictive Disorders	33,467	37.2
2	Depressive Disorders	16,503	18.4
3	Schizophrenia Spectrum and Other Psychotic Disorders	12,599	14.0
4	Trauma- and Stressor-Related Disorders	8,542	9.5
5	Bipolar and Related Disorders	8,515	9.5
6	Anxiety Disorders	5,810	6.5
7	Neurodevelopmental Disorders	1,899	2.1
8	Obsessive-Compulsive and Related Disorders	528	0.6
9	Disruptive, Impulse-Control, and Conduct Disorders	448	0.5
10	Diagnosis Deferred On This Axis	445	0.5
11	Personality Disorders	396	0.4
12	Other Mental Disorders	224	0.2
13	Neurocognitive Disorders	184	0.2
14	Other Conditions That May Be a Focus of Clinical Attention	99	0.1
15	Somatic Symptom and Related Disorders	45	0.1
	Total	89,704	99.8%

Client Counts by Town: Andover - Columbia

Town of Client's Domicile	SU Only	MH Only	MH & SU	Total
Andover	37	28	6	71
Ansonia	219	454	27	700
Ashford	64	63	2	129
Avon	71	44	6	121
Barkhamsted	32	62	6	100
Beacon Falls	51	30	2	83
Berlin	213	96	16	325
Bethany	25	21	3	49
Bethel	112	84	7	203
Bethlehem	21	39	4	64
Bloomfield	194	391	34	619
Bolton	38	53	3	94
Bozrah	32	44	0	76
Branford	161	390	56	607
Bridgeport	2,381	1,930	326	4,637
Bridgewater	10	6	0	16
Bristol	1,559	529	106	2,194
Brookfield	85	60	4	149
Brooklyn	128	157	24	309
Burlington	98	34	5	137
Canaan	50	83	1	134
Canterbury	67	52	3	122
Canton	65	56	6	127
Chaplin	49	30	4	83
Cheshire	128	110	13	251
Chester	30	24	3	57
Clinton	87	88	18	193
Colchester	141	109	15	265
Colebrook	16	32	1	49
Columbia	57	33	4	94

Client Counts by Town: Cornwall - Guilford

Town of Client's Domicile	SU Only	MH Only	MH & SU	Total
Cornwall	9	23	0	32
Coventry	129	160	21	310
Cromwell	120	89	11	220
Danbury	741	671	70	1,482
Darien	41	38	2	81
Deep River	37	36	2	75
Derby	135	191	29	355
Durham	24	21	5	50
East Granby	37	55	9	101
East Haddam	72	33	8	113
East Hampton	111	80	9	200
East Hartford	680	1,474	161	2,315
East Haven	296	464	64	824
East Lyme	137	78	19	234
East Windsor	123	257	50	430
Eastford	13	7	6	26
Easton	22	17	1	40
Ellington	75	136	9	220
Enfield	426	1,159	224	1,809
Essex	32	42	2	76
Fairfield	225	164	16	405
Farmington	218	63	15	296
Franklin	14	18	1	33
Glastonbury	157	235	22	414
Goshen	23	69	2	94
Granby	53	93	17	163
Greenwich	145	134	9	288
Griswold	196	217	22	435
Groton	343	346	40	729
Guilford	71	148	20	239

Client Counts by Town: Haddam - New Canaan

Town of Client's Domicile	SU Only	MH Only	MH & SU	Total
Haddam	53	41	9	103
Hamden	267	654	49	970
Hampton	21	23	4	48
Hartford	4,090	3,040	751	7,881
Hartland	13	17	2	32
Harwinton	54	124	4	182
Hebron	64	75	4	143
Kent	23	39	2	64
Killingly	430	512	55	997
Killingworth	21	17	4	42
Lebanon	89	61	10	160
Ledyard	125	106	10	241
Lisbon	0	0	0	0
Litchfield	56	248	12	316
Lyme	2	1	0	3
Madison	56	83	11	150
Manchester	602	2,057	167	2,826
Mansfield	138	162	24	324
Marlborough	47	43	2	92
Meriden	777	1,048	111	1,936
Middlebury	33	36	1	70
Middlefield	27	23	1	51
Middletown	604	929	125	1,658
Milford	355	716	82	1,153
Monroe	93	30	2	125
Montville	206	225	24	455
Morris	14	60	2	76
Naugatuck	376	303	33	712
New Britain	2,375	1,542	287	4,204
New Canaan	38	38	0	76

Client Counts by Town: New Fairfield - Roxbury

Town of Client's Domicile	SU Only	MH Only	MH & SU	Total
New Fairfield	74	34	3	111
New Hartford	55	123	7	185
New Haven	1,571	3,005	528	5,104
New London	982	707	126	1,815
New Milford	345	315	36	696
Newington	414	226	52	692
Newtown	127	95	8	230
Norfolk	23	45	3	71
North Branford	61	101	23	185
North Canaan	7	11	0	18
North Haven	96	209	21	326
North Stonington	34	24	2	60
Norwalk	695	979	85	1,759
Norwich	798	1,109	159	2,066
Old Lyme	41	28	4	73
Old Saybrook	54	47	6	107
Orange	42	78	6	126
Oxford	70	56	5	131
Plainfield	312	259	40	611
Plainville	352	131	26	509
Plymouth	211	104	14	329
Pomfret	26	47	7	80
Portland	78	86	14	178
Preston	35	28	7	70
Prospect	50	39	2	91
Putnam	196	202	23	421
Redding	15	18	2	35
Ridgefield	46	39	3	88
Rocky Hill	154	115	17	286
Roxbury	4	11	1	16

Client Counts by Town: Salem - Waterbury

Town of Client's Domicile	SU Only	MH Only	MH & SU	Total
Salem	22	31	1	54
Salisbury	26	47	3	76
Scotland	11	3	1	15
Seymour	134	201	18	353
Sharon	14	29	3	46
Shelton	261	271	23	555
Sherman	15	20	1	36
Simsbury	93	114	12	219
Somers	99	145	24	268
South Windsor	131	234	20	385
Southbury	80	74	5	159
Southington	441	163	19	623
Sprague	40	33	4	77
Stafford	128	190	33	351
Stamford	839	831	71	1,741
Sterling	45	33	3	81
Stonington	138	145	9	292
Stratford	526	251	35	812
Suffield	67	148	17	232
Thomaston	76	142	11	229
Thompson	83	105	13	201
Tolland	78	112	9	199
Torrington	677	2,121	163	2,961
Trumbull	141	80	11	232
Vernon	271	649	50	970
Voluntown	25	19	2	46
Wallingford	271	250	31	552
Warren	8	22	1	31
Washington	26	44	5	75
Waterbury	2,029	2,270	275	4,574

Client Counts by Town: Waterford - Woodstock

Town of Client's Domicile	SU Only	MH Only	MH & SU	Total
Waterford	134	146	13	293
Watertown	165	210	17	392
West Hartford	400	434	39	873
West Haven	463	779	88	1,330
Westbrook	48	44	1	93
Weston	20	22	0	42
Westport	59	90	12	161
Wethersfield	226	141	22	389
Willington	55	69	11	135
Wilton	33	32	1	66
Winchester	202	506	43	751
Windham	943	723	193	1,859
Windsor	252	546	43	841
Windsor Locks	143	281	38	462
Wolcott	158	92	11	261
Woodbridge	26	30	6	62
Woodbury	57	64	1	122
Woodstock	42	73	6	121
Unknown	0	0	0	0
Total	40,206	47,244	6,177	93,627

Bed Capacity and Utilization

SU Inpatient	Bed Capacity	State Avg. Utilization
Medically Managed Detox 4.2	41	1%

SU Residential	Bed Capacity	State Avg. Utilization
Intermediate/Long Term Res.Tx 3.5	401	85%
Long Term Care 3.3	24	70%
Medically Monitored Detox 3.7D	128	73%
SA Intensive Res. Rehabilitation 3.7	253	64%
SA Intensive Residential - Enhanced	54	85%
Transitional/Halfway House 3.1	73	84%

MH Inpatient	Bed Capacity	State Avg. Utilization
Acute Psychiatric	326	89%
Acute Psychiatric - Intermediate	9	139%
Non-Certified Subacute	16	99%
Forensic MH Acute Psychiatric	232	92%

MH Residential	Bed Capacity	State Avg. Utilization
Group Home	161	92%
Intensive Residential	226	95%
Supervised Apartments	656	94%
Transitional	37	83%

Bed Capacity and Utilization by Region - Substance Use

Inpatient

Medically Managed Detox 4.2

Data Type	1	2	3	4	5	State
Bed Capacity		41				41
Utilization Rate		1%				1%

Residential

AIDS Residential

Data Type	1	2	3	4	5	State
Bed Capacity	15	10		9		34
Utilization Rate	80%	87%		60%		77%

Intermediate/Long Term Res.Tx 3.5

Data Type	1	2	3	4	5	State
Bed Capacity	41	134	117	35	74	401
Utilization Rate	93%	69%	97%	81%	95%	85%

Long Term Care 3.3

Data Type	1	2	3	4	5	State
Bed Capacity					24	24
Utilization Rate					70%	70%

Medically Monitored Detox 3.7D

Data Type	1	2	3	4	5	State
Bed Capacity	27	43	20	24	14	128
Utilization Rate	75%	67%	80%	77%	74%	73%

Recovery House

Data Type	1	2	3	4	5	State
Bed Capacity	21	37	10	44	69	181
Utilization Rate	82%	82%	65%	63%	64%	69%

SA Intensive Res. Rehabilitation 3.7

Data Type	1	2	3	4	5	State
Bed Capacity	25	145		43	40	253
Utilization Rate	88%	46%		98%	81%	64%

SA Intensive Residential - Enhanced

Data Type	1	2	3	4	5	State
Bed Capacity	20		14		20	54
Utilization Rate	94%		72%		84%	85%

Shelter

Data Type	1	2	3	4	5	State
Bed Capacity	34	90		39		163
Utilization Rate	93%	73%		67%		76%

Transitional/Halfway House 3.1

Data Type	1	2	3	4	5	State
Bed Capacity	6		34	20	13	73
Utilization Rate	80%		92%	89%	56%	84%

Bed Capacity and Utilization by Region - Mental Health

Forensic MH - Crisis

Respite Bed

Data Type	1	2	3	4	5	State
Bed Capacity	6	4		3	4	17
Utilization Rate	57%	75%		20%	68%	57%

Forensic MH - Inpatient

Acute Psychiatric

Data Type	1	2	3	4	5	State
Bed Capacity		6		6		12
Utilization Rate		92%		18%		57%

Forensic MH - Residential

MH Intensive Res. Rehabilitation

Data Type	1	2	3	4	5	State
Bed Capacity		6		6		12
Utilization Rate		92%		18%		57%

Transitional

Data Type	1	2	3	4	5	State
Bed Capacity		9	1			10
Utilization Rate		68%	48%			66%

Mental Health - Crisis

Respite Bed

Data Type	1	2	3	4	5	State
Bed Capacity	10	52		20	26	108
Utilization Rate	99%	84%		60%	86%	80%

Mental Health - Inpatient

Acute Psychiatric

Data Type	1	2	3	4	5	State
Bed Capacity	62	264				326
Utilization Rate	99%	87%				89%

Acute Psychiatric - Intermediate

Data Type	1	2	3	4	5	State
Bed Capacity	6		3			9
Utilization Rate	61%		294%			139%*

* One program closed during the FY and this rate is likely inaccurate due to lack of information from the provider.

Non-Certified Subacute

Data Type	1	2	3	4	5	State
Bed Capacity				16		16
Utilization Rate				99%		99%

Bed Capacity and Utilization by Region - Mental Health, continued

Mental Health - Residential

Group Home

Data Type	1	2	3	4	5	State
Bed Capacity	28	55	14	34	30	161
Utilization Rate	93%	98%	68%	89%	94%	92%

MH Intensive Res. Rehabilitation

Data Type	1	2	3	4	5	State
Bed Capacity	8	58	6	130	24	226
Utilization Rate	91%	98%	97%	95%	87%	95%

Residential Support

Data Type	1	2	3	4	5	State
Bed Capacity	70	40	5	12	145	272
Utilization Rate	67%	83%	70%	91%	70%	72%

Sub-Acute

Data Type	1	2	3	4	5	State
Bed Capacity			15			15
Utilization Rate			87%			87%

Supervised Apartments

Data Type	1	2	3	4	5	State
Bed Capacity	95	153	126	143	139	656
Utilization Rate	98%	96%	86%	96%	93%	94%

Transitional

Data Type	1	2	3	4	5	State
Bed Capacity	13		10		14	37
Utilization Rate	75%		79%		93%	83%