

### EARLY BOOKING ESSENTIAL

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# 2025 PSA RUGBY ACADEMIES IRELAND

Player Development Focus Professional Coaching Team Test Reporting Sports Science Education



# psaacademies.com/ireland

#maximiseyourpotential

# PSA & Rugby Academy Ireland

We are delighted to launch our 2025 schedule of highperformance rugby development programmes for 10-16yr old boy and girl players., PSA Academies Rugby Camps will be taking place in Ireland across July & August. Sign up ASAP to secure your spot for these limited capacity Academies, rated **'Excellent' on Trustpilot!** 

\*Full package price includes non-refundable €100 deposit booking fee. <u>Ts&Cs apply</u>.





Johan Taylor MD, PSA Academies & Rugby Academy Ireland



## **2025 SUMMER CAMP DATES**

### PSA Rugby Academy, Cork

Midleton Co<sup>T</sup>lege & RFC Sun 27 Jul - Fri 1 Aug (Residential & Non-Residential, Boys & Girls **Age: 12-16**) Tue 29 Jul - Fri 1 Aug (Residential & Non-Residential, Boys & Girls **Age: 10-11**)

### PSA Rugby Academy, Roscrea

Cistercian College Roscrea Sun 13 Jul - Fri 18 Jul (Residential & Non-Residential, Boys only **Age: 12-16**) Tue 15 Jul - Fri 18 Jul (Residential & Non-Residential, Boys only **Age: 11-12**)

### PSA Rugby Academy, Kilkenny

Kilkenny College Sun 3 Aug - Fri 8 Aug (Residential & Non-Residential, Boys & Girls **Age: 12-16**) Tue 5 Aug - Fri 8 Aug (Residential & Non-Residential, Boys & Girls **Age: 10-11**)

### PSA Rugby Academy, Dublin

Wesley College, Mon 7 July - Fri 11 July (Non-Residential, Boys & Girls **Age: 10-15**)

### PSA Immersion 13 Day, Cork & Kilkenny

Sun 27 Jul - Fri 8 Aug (Residential Boys only **Age: 12-16**)

# **PROGRAMME FEATURES**

- Skills-based, full rugby development programme
- Top Coaching Team with pro rugby playing & coaching Credentials
- Strength Development
- Speed, Agility & Quickness (SAQ)
- Testing Assessment & Reporting
- Game-based Learning Sports Science Education Talks with top mentors
- Personal Development (via 9PSAV's Framework)
- Regular WhatsApp Group updates

For booking information visit our website www.psaacademies.com

# 2025 Pricing

3 Night Residential\* (Minis 10-11yrs, B Only) Full Price€409pp + €6 booking fee 4 Day Non-Residential\* (Minis 10-11yrs, B & G) Full Price €299pp + €6 booking fee 5 Night Residential\* (INT/ADV, 12-16yrs, B & G) Full Price €559pp + €6 booking fee 5 Day Non-Residential\* (INT/ADV, 12-16yrs, B & G) Full Price €369pp + €6 booking fee 5 Day Non-Residential Only Venues (All Ages, B & G) Full Price €329pp + €6 booking fee Immersion 13 Day (INT/ADV, 12-16yrs, B Only) Full Price €1725pp + €6 booking fee

Minis = 10-11yrs, INT/ADV = 12-16yrs, B = Boys, G = Girls \*Residential Academy information - 3 Night residential programme for 10-11yrs Minis players runs from Tues 8.30am - Fri 4pm. 5 Night residential programme for 12-fors players runs from Sun 7pm - Fri 4pm inclusive.

# What's Included

Residential - 3 or 5 Nights fully supervised, shared, full board accommodation for Minis Boys/INT & ADV Boys & Girls respectively, all rugby & leisure activities including the PSA Testing Assessment & PSA Player Pack

Non-Residential - 4 or 5 Days of rugby & leisure activities for All Age Groups, Boys & Girls, including a hot lunch\*, the PSA Rugby Test Assessment & PSA Player Pack

For further booking information on the 2025 Academies schedule & structure, see https://psaacademies.com/



# Testimonials

# ★★★★★ Rated Excellent on ★ Trustpilot

"My son and daughter had an amazing time. They learned a lot, made memories for life. They were exhausted but will be back! "

Anneleen, PSA Rugby Academy Kilkenny Parent

"A really positive experience for my rugby mad 12 year old son. The PSA RAI team created an environment where he developed, had fun and made friends."

Mark, PSA Rugby Academy Cork Parent

# **Rugby Academy Ireland**

We are a pioneering rugby academy that equips motivated players with enhanced rugby and lifestyle skills, through practical rugby training and a bespoke curriculum. Our programme also includes an educational pillar that provides players with the qualifications to support a career in rugby.



To learn more about the Rugby Academy Ireland TY & full Academy Development programmes between August and April, check out https://rugbyacademyireland.ie/.









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