



THE PVCA ATHLETE'S COVENANT

Individual and team success in sports results from commitment. The extent to which young athletes are able to make such commitments reflects their maturity as well as their dedication to family, friends, school, and team. Your coach already has made a similar kind of commitment. You will receive a copy of it. For these reasons, we ask you to read and agree to the following pledge.

AS AN ATHLETE AT PIONEER VALLEY CHRISTIAN ACADEMY, I PROMISE:

1. To be a worthy representative of my teammates and coaches, abiding by school and community expectations, and reflecting my team's values of commitment and hard work (James 1: 12);
2. To maintain my health and fitness levels by following the training rules as prescribed by the athletic director;
3. To reflect the knowledge that a commitment to victory is nothing without the commitment to hard work in practice;
4. To attend every practice and game;
5. To understand that my future as a responsible adult relates more to my academic than my athletic activities;
6. To find the time to satisfy family relationships and responsibilities;
7. To accept the responsibilities of team membership, cooperation, support of my teammates, shared responsibilities, positive interaction, and mutual respect;
8. To reflect good character by expressing my feelings and ideas intelligently and appropriately;
9. To reflect my belief that true strength involves gentleness and that even the toughest athlete is sensitive to others.

I have read the above statements and promise to live up to them.

Athlete's Signature _____ Date _____

Parent's Signature _____ Date _____

I have also read the NON-NEGOTIABLE PILLARS FOR EAGLE ATHLETICS and agree to adhere to them to the best of my ability.

Athlete's Signature _____ Date _____

Parent's Signature _____ Date _____