



QUINCY'S EARLY COLLEGE HIGH SCHOOL PATHWAY



Newsletter

March 2022

Quincy's Early College High School (ECHS) Pathway is a cohort-based program that provides students the opportunity to earn up to 21 college credits while still in high school, at no cost to families. ECHS students receive robust academic support during their ECHS experience that will better position them to be successful in college and their future career. ECHS begins in grade 10.

The program is made possible by the partnership between Quincy College, Quincy Public Schools, State Street Foundation, and Massachusetts Department of Elementary and Secondary Education.

SCHOLARSHIP ANNOUNCED FOR GRADE 12 ECHS STUDENTS

At the ECHS Pathway Symposium on February 10, Grade 12 students were surprised with the announcement by Quincy College President Dr. DeCristofaro of a full tuition scholarship for the 2022-2023 academic year at Quincy College. Following the morning announcement grade 12 students were broken up into groups and met with Quincy College faculty and staff to learn more about their next steps after high school. For those interested in taking advantage of this scholarship, please contact your ECHS college transition coach.

Please click the image below to view a short video of the announcement of this incredible opportunity!



STARTING IN FALL 2022

ECHS Courses Honors Level: ECHS Pathway students will earn **honors credit** for their ECHS courses. *Reminder: Students must maintain a C average in their course to receive the college credit.*

English Composition I and II Onsite at Quincy College: As of fall 2022, ECHS seniors will take their ECHS Pathway English course on the campus of Quincy College. Transportation will be provided.

Mathematics - Statistics (Grade 12) New Course: Statistics will be offered as a full year ECHS Pathway course for grade 12 ECHS students.

SUMMER COLLEGE COURSES: ECHS Pathway students will have the opportunity to earn up to six college credits at Quincy College at no cost to families this summer. More details to come!



TEACHER'S TIP



CHRIS BENSON

B. A. (Bachelor's of Arts) in History
and MA (Master of Arts) in History

18 years teaching at QHS

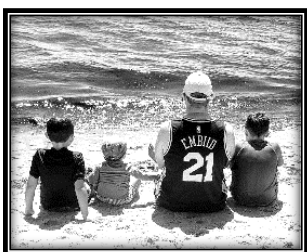
ECHS Course:
Intro to Criminal Justice

"My interests include traveling the country with my four sons and beautiful wife. Nothing beats a day at the beach. I am an avid fan of playing, coaching and watching sports, especially my Philadelphia Eagles (Go Birds!).

I began teaching because I enjoy helping children of all ages learn about the country and world they live in. Introduction to Criminal Justice is a course that is relevant to everyone and is a fun and interesting course that adds to the ECHS Pathway experience.

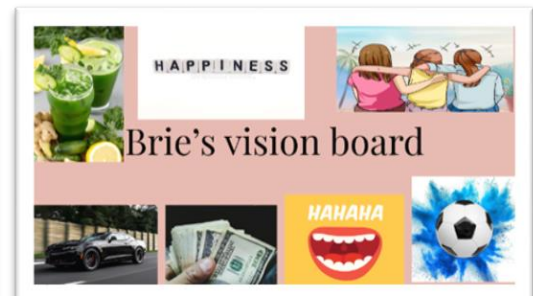
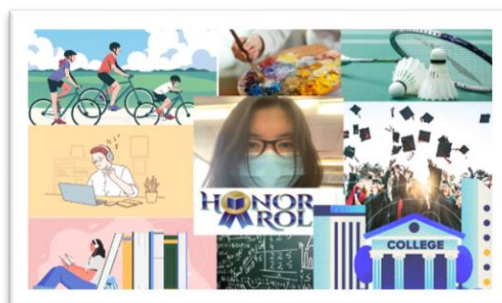
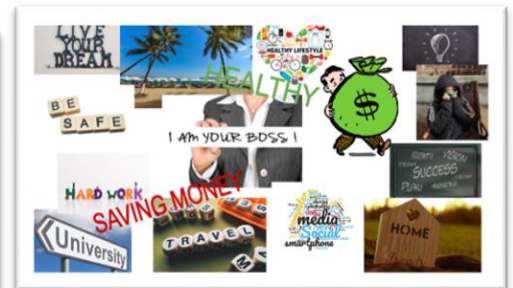
My advice to ECHS Pathway students is:

"Trust the process and bet on yourself."



HOT TOPICS

Over the past few months, the ECHS Pathway guidance counselor and college transition coach at both high schools have worked with ECHS students on various topics and skills that will help them become successful students. Students learned strategies on how to help manage stress and emotions, and practiced **mindfulness** exercises to help free their mind from distractions and take a break from the often chaotic nature of life. Students also worked to develop their verbal and written **communication skills** by delivering impromptu speeches to the class and reviewing how to communicate effectively via e-mail. As part of sessions on **goal setting**, students developed their own **SMART (specific, measureable, achievable, realistic and time based) goals** and also created **vision boards** to set personal goals for what their future looks like. Enjoy the examples students shared with us! Click on the image to enlarge.



QUINCY COLLEGE CORNER



MELISSA LORD

Student Program and Wellness Coach Quincy College

I am a licensed counselor and assist students with non-academic support through in person appointments, phone calls or Zoom meetings. I am also able to provide community resources to students in areas of outside counseling services and housing as well as able to walk students through this process. Another part of my role includes creating and facilitating student events in the student lounge including various topics of self-care, relaxation, time management, and health and wellness. Additionally, I help to manage and support the various student clubs that we offer.

Please click [here](#) for some time management skills information that can be helpful for students as they navigate through this semester!

FUN FACT: *Melissa is a proud Quincy Public Schools alumna! She attended the Bernazzani School (then Furnace Brook School), Central Middle School and North Quincy High School.*

ECHS PATHWAY STUDENTS VISIT QUINCY COLLEGE

NQHS and QHS seniors in Quincy's Early College High School (ECHS) Pathway visited Quincy College in November and December. They took a tour of the college and learned about the various resources available to them, including tutoring, admissions, financial aid and athletics. They also sat in on a psychology class, visited the surgical technology lab and enjoyed pizza in the student lounge. Additional visits to Quincy College for grade 11 and 12 students are planned for this spring. Stay tuned for more details!

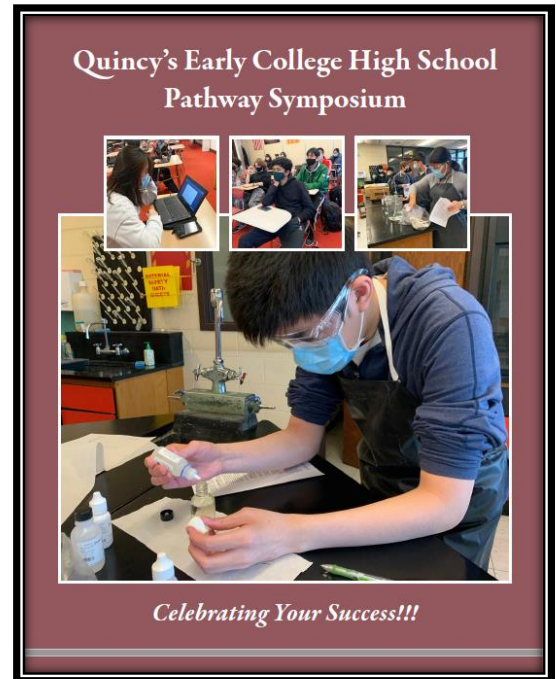


CELEBRATION OF ECHS PATHWAY AT SYMPOSIUM

Quincy Public Schools in collaboration with Quincy College hosted its first ECHS Pathway Symposium on Thursday, February 10, at the Boston Marriott Quincy. ECHS students and staff celebrated and reflected on the launch of Quincy's ECHS Pathway Initiative. The symposium focused on collaboration and discussion through engaging workshops to enrich and improve the future of Quincy's ECHS Pathway Initiative. Please click on the symposium booklet below to view more information on the symposium.



From left to right: State Street Foundation President Joe McGrail, Quincy College President Richard DeCristofaro, Superintendent of Quincy Public Schools (QPS) Kevin Mulvey, Associate Vice President of Student Success and Partnerships at Quincy College Meghan Cassidy, Executive Director of Career Vocational and Technical Education for QPS Keith Segalla and Frank Santoro, member of Quincy College's Board of Governors and Vice Chair of the Quincy School Committee.



Below: From left to right, NQHS ECHS students Janiyah B., Caitlin K., Mariabely B. and Skyline C.



Above: QHS ECHS students Alexandria M. (left) and Laila M.



STUDENT SPOTLIGHT

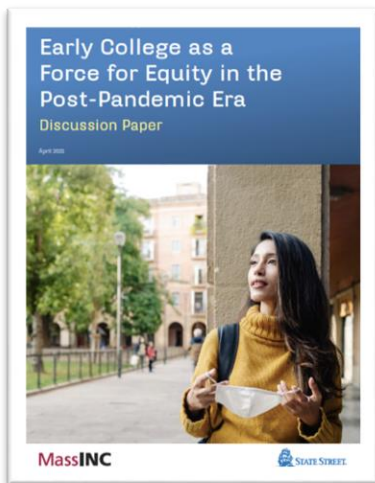
Toni M.

ECHS Pathway Student at Quincy High School

Grade 12

"I like the fact that I got the opportunity to experience a college course prior to being enrolled at college."

Toni is a small business owner (@lashessbytoni) who plans to major in Criminal Justice at Quincy College starting in the fall of 2022.



Early college students were 66% more likely to complete a FAFSA application in search of financial aid, and 54% more likely to enroll in college promptly, than non-participating peers.

Click on the image above to view the full report from the MassInc study.

Source: "Early College as a Force for Equity in the Post-Pandemic Era," MassINC 2021



During a recent academic support block, ECHS Pathway students at NQHS worked at improving their communication skills. During the activity, the students were grouped into teams and each team had to instruct their "artist" to draw an item without revealing what it was. The activity helped students think about how they choose to communicate and articulate themselves more clearly in the future.



For students in Grades 9, 10 and 11, it's not too late to think about enrolling in the ECHS Pathway program for next fall. Please contact the ECHS Pathway guidance counselor or college transition coach at your high school for more information.



WHAT'S COMING UP?



April 8	Term 3 Ends
April 13	Early Release Day
April 14	Term 3 Report Cards Posted on Aspen
April 15-22	Vacation
Week of April 25	Grade 11 ECHS Students Visit Quincy College
Week of May 2	Grade 12 ECHS Students Visit Quincy College
May 10	Grade 10 Career Day Presentations
May 11	Early Release Day
May 30	Memorial Day – No School
June 1	Last Day of High School for Seniors
June 6	NQHS Graduation
June 7	QHS Graduation
June 20	Juneteenth – No School
June 24	Last Day of School

Contact Us:

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