

Grades 3-4 foundation programme sample timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
8.00 - 8.30	Homeroom				
8.30-8.45	Strong Start				
8.45 - 9.25	Library	Art	Art	English Language	English Language
9.25 - 10.05	English Language	English Language	English Language	English Language	English Language
10:05-10:25	RECESS				
10.25-10.45	DEAR	DEAR	DEAR	DEAR	DEAR
10.45-11.25	PE	Math	Math	Drama	Drama
11.25-12.05	Math	Math	Math	Math	Math
12.05-12.30	Lunch in the Canteen				
12.30 - 12.55	and Outdoor Play				
12.55 - 1.35	Guided Reading	Guided Reading	Guided Reading	Guided Reading	PE
1.35 - 2.15	Transdisciplinary	Transdisciplinary	Transdisciplinary	Transdisciplinary	Transdisciplinary
2.15 - 2.55	Transdisciplinary	Transdisciplinary	Music	Transdisciplinary	Transdisciplinary
2.55 - 3.25	Uptime	Uptime	Assembly	Uptime	Uptime