



Pre-Operative Instructions

Please ask the team member if you need to alter any of your usual medications. Since you will be fasting, you may have to alter your medicine for conditions such as diabetes.

COME IN WITH AN EMPTY STOMACH

-You should not eat anything for 8 hours prior to your surgery. (example: If your surgery is at 8:00 a.m. do not eat after midnight.)

-If your surgery is late in the day, a light breakfast is okay (example: A breakfast of tea and toast at 6:00 a.m. is acceptable for a 2:00 p.m. surgery.)

-If you regularly take medications, be sure to take them normally as prescribed, with just a small sip of water (e.g., blood pressure medication).

YOU NEED AN ESCORT

-A responsible adult should bring you to the appointment. They may leave their telephone number and we will contact them 1 hour before you are ready to go home.

-It is necessary to have somebody available the rest of the day after the surgery in case you need assistance.

Do not wear contact lenses to your surgery appointment.

Jewelry may also need to be removed for the surgery.

Wear loose-fitting, short sleeved shirt or blouse and comfortable, flat shoes. Do not wear makeup or nail polish on the day of surgery.

SD ORAL, FACIAL, AND IMPLANT SURGERY
4125 SORRENTO VALLEY
BLVD SUITE D
SAN DIEGO, CA 92121
TEL: 858-997-2701
DIANA FULL ARCH COORDINATOR 760-215-2700