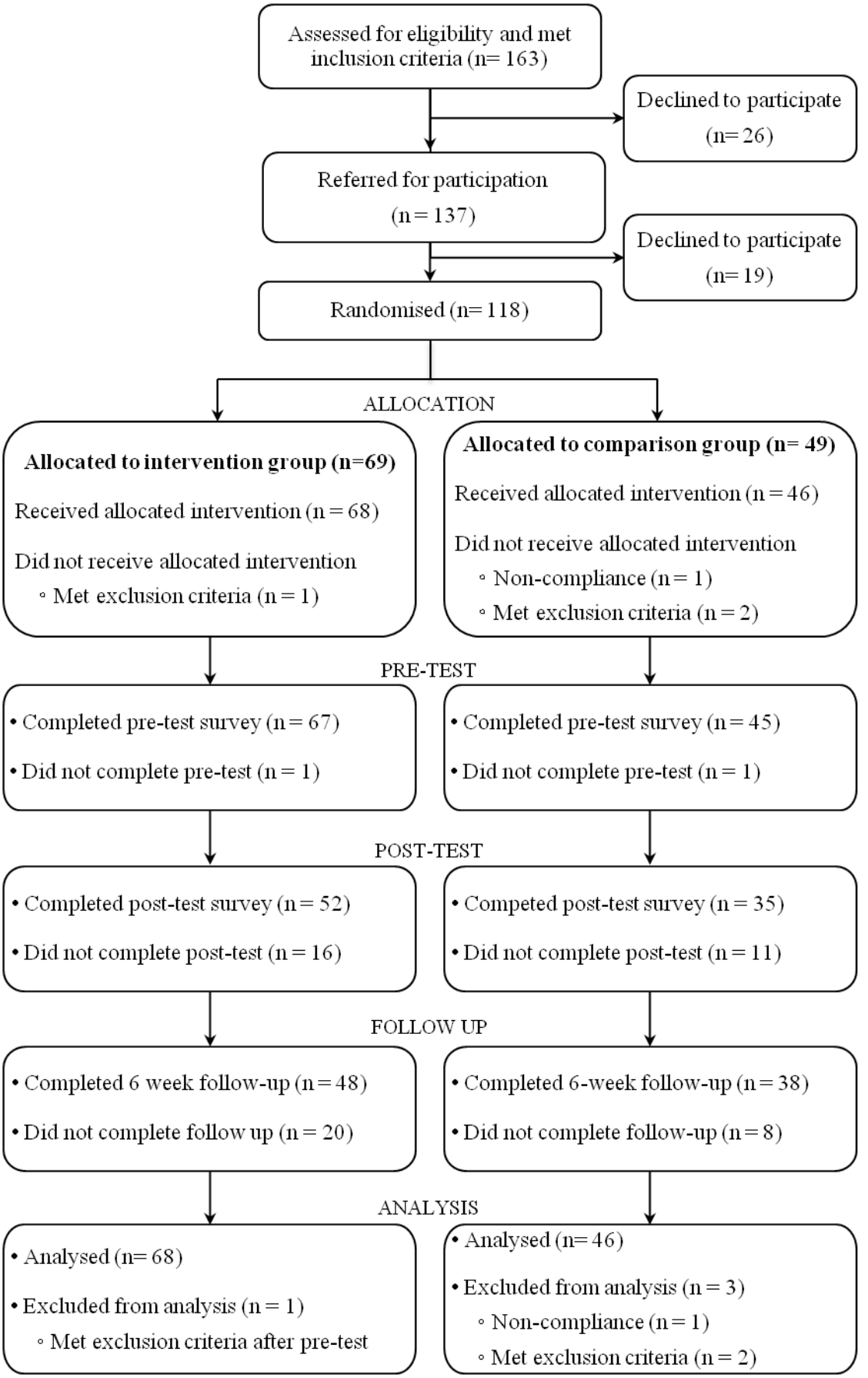
Assessed for eligibility and met inclusion criteria (n= 163)
Declined to participate (n= 26)
Referred for participation (n = 137)
Declined to participate (n= 19)
Randomised (n= 118)
ALLOCATION
Allocated to intervention group (n=69)
Received allocated intervention (n = 68)
Did not receive allocated intervention
◦ Met exclusion criteria (n = 1)
Allocated to comparison group (n= 49)
Received allocated intervention (n = 46)
Did not receive allocated intervention
◦ Non-compliance (n = 1)
◦ Met exclusion criteria (n = 2)
PRE-TEST
• Completed pre-test survey (n = 67)
• Did not complete pre-test (n = 1)
• Completed pre-test survey (n = 45)
• Did not complete pre-test (n = 1)
POST-TEST
• Completed post-test survey (n = 52)
• Did not complete post-test (n = 16)
• Competed post-test survey (n = 35)
• Did not complete post-test (n = 11)
FOLLOW UP
• Completed 6 week follow-up (n = 48)
• Did not complete follow up (n = 20)
• Completed 6-week follow-up (n = 38)
• Did not complete follow-up (n = 8)
ANALYSIS
• Analysed (n= 68)
• Excluded from analysis (n = 1)
◦ Met exclusion criteria after pre-test
• Analysed (n= 46)
• Excluded from analysis (n = 3)
◦ Non-compliance (n = 1)
◦ Met exclusion criteria (n = 2)