

DEPARTMENTAL POLICIES

ADMITTANCE

All students must present a VALIDATED Loyola Student Card. All patrons must present a University Sports Complex Membership Tag or Loyola Faculty/Staff Card. **ONLY** students dressed out for a scheduled Athletics practice or game may gain access to the facility without presenting an ID.

All tags must be scanned and all IDs must be run through the card reader at the facility entrance to be validated for entry

CHILDREN POLICY

Children 13 and under, may use the facility at all hours but must be accompanied by an adult at all times. Small children of the opposite sex to the age of 5 are permitted in the locker rooms/rest rooms. Those under the age of 16 are not allowed upstairs and not able to use any weight training equipment upstairs or downstairs. If any children are seen using equipment or anywhere without a parent in sight they must be reported to the Building Manager.

ELEVATOR/HANDICAPPED ACCESS

An elevator is located in the outer lobby area for use by the handicapped and elderly to gain access to the 6th floor. Please see the building manager for assistance.

GUEST POLICY

A non-member of the University Sports Complex is permitted to use the facility and is considered a guest. To gain admission, a CURRENT University Sports Complex Member must sponsor all guests (up to 2 guests per member). A copy of the guest's ID must be taken and logged into the Guest Tracking binder along with a waiver/liability form. The member's ID will be held for children who do not have a picture ID. Members must accompany their guests at all times while in the facility. Guests' fees vary according to the age of the guest. Guests of the facility and those sponsoring guests must adhere to the identification policy.

GUEST POLICY CONT.

University Sports Complex Members who are 16 years of age and older may use certain areas of the facility at all hours without being accompanied by an adult. University Sports Complex Members under the age of 18 may not sponsor guests who are also under the age of 18. They may, however, sponsor guests who are 18 years of age and older.

Guest Fees

4 years old and under FREE

5-9 years old \$5

10+ years old \$10

MEMBERSHIP

Family members of students may join the USC for a nominal fee. All other membership pricing can be found in the General Information drawer or online.

Early bird members that come in after 2pm will be charged a fee of \$10.

LOCKERS

Commuter students, faculty, staff and non-student members may rent lockers. Daily locks may be rented from the service area. When using a locker, always make sure the lock is locked and your belongings are secured. Never store your belongings in a locker without a lock. We recommend never leaving items of value in a locker (jewelry, money, glasses, etc.,).

LOST AND FOUND PROCEDURES

All lost and found items should be turned into the building manager on duty. All lost and found items will be placed in the locked lost and found room located in the service area.

REPLACEMENT MEMBERSHIP TAGS

Members must purchase a replacement tag if the original is lost or stolen. The fee for replacement of a USC membership tag is \$5. Students and faculty/staff members who need replacement ID cards should contact the Loyola Parking and ID services.

SPECIAL ADMITTANCE POLICY

GROUP EXERCISE CLASS

Non-members, sponsored by a member, may participate in group exercise classes by paying the daily guest fee of \$10 and presenting a valid driver's license or picture ID. The guest fee allows the patrons to use the USC until closing of that day. The earliest a non-member may arrive for a class is 15 minutes prior to the start of the class.

INSTRUCTIONAL CLASS

Non-members may participate in a pre-registered instructional class by presenting a valid driver's license/picture ID and pay the daily guest fee of \$10.00.

SPECTATOR POLICY

Visitors, parents, or friends dressed in street clothes will be allowed to tour the facility or enter as spectators. Persons wearing workout attire and/or having gym bags in their possession will be required to pay a guest fee.

TOWELS

Patrons MUST present a towel card to receive a towel. Towels are available for rental to all members.

FACILITY RULES AND REGULATIONS

1. Appropriate athletic footwear must be worn at all times. Black-soled sneakers and street shoes of any kind are not permitted on the courts. These shoes are not designed for use on our courts and may cause serious damage to the floor surfaces.
2. Members are encouraged to wear appropriate attire: T shirts, swimsuits, shorts, tennis clothing, and sweatsuits. T-shirts are required to work out in the entire facility with the exception of the pool. No street clothes are permitted.

3. Use of tobacco, alcohol or drugs in any forms, is prohibited. Smoking is **NOT** permitted within the facility.
4. No radios/speakers are allowed.
5. Individuals are expected to be responsible, courteous and safety conscious at all times. Disorderly conduct will **NOT** be tolerated.
6. Individuals are permitted to dunk the basketballs. However, hanging or grasping the rims and nets are **prohibited**.
7. All emergencies should be reported to the building manager on duty. If this is not possible, the report should be made to an employee in the service area.
8. Equipment can be checked out from the service area with a valid ID card/Membership tag.
9. Spitting on the floor is **strictly prohibited**.
10. No pets or bikes are permitted.

JOGGING TRACK

1. Run or walk as designated by the sign posted at the top of stairs.
2. Slower runners or walkers must stay to the inside (railing side).
3. Pass on the outside (wall side).
4. Do not run between the columns and the racquetball courts.
5. The Jogging Track will be closed during Athletic events.

SAUNA AND STEAM ROOM

1. Take a shower before entering.
2. Persons with high or low blood pressure or those individuals in otherwise poor health should consult a physician before use.
3. Limit use for 5 to 10 minutes for each session. You may return a brief cooling off period or shower.
4. If you feel faint or dizzy, leave immediately.
5. Do not drink alcohol or smoke.
6. Do not wear jewelry or metal objects.
7. For health reasons, a towel or bathing suit must be worn.
8. Children 18 and under CAN NOT use the sauna and steam room.
9. Pressurized cans, e.g., shaving creams, are prohibited.

NATATORIUM (POOL)

1. Louisiana Department of Public Health regulations will be enforced. Go to <http://www.dhh.louisiana.gov/> to read the Public Health regulations.
2. All persons will be required to take a shower before entering the pool area.
3. Persons with health conditions (asthma, pregnant, etc) should notify lifeguards on duty.
4. No food, drink, gum, or tobacco will be allowed in the pool area.
5. Floatation devices are prohibited unless approved by the lifeguard.
6. Children 13 and under must be accompanied by an adult at all times.
7. Personal conduct in the pool should assure the safety of all participants.
8. Proper swimming attire is required. T shirts, cut-offs, tennis shorts, football shorts, etc, will not be allowed.
9. No horseplay or roughhousing will be allowed in the pool area.
10. No hanging on lane ropes.
11. Participants are not allowed to dive in the shallow end of the pool.
12. Back dives are not permitted from the pool deck.
13. Glass containers are not permitted in the pool area.
14. People with skin diseases, infections or open sores are not permitted in the pool.
15. Persons appearing to be intoxicated will be asked to leave the facility.
16. Use of play equipment shall be left to the discretion of the guard on duty.
17. No swimming under the bulkhead.
18. No running on the pool deck.
19. No recreational swimming will be allowed in the deep end; only lap swimming.
20. The kick boards may not be stepped on or be completely submerged in the water to be used as a projectile.
21. In order to ensure the safety of both patrons and lifeguards, swimmers are subject to a "Deep Water Test" to determine proficiency for swimming in the deep end of the pool.
22. **Swim at your own risk without a Lifeguard on duty**