

Vegetables
are good for you.

You don't need to eat
vegetables in order to be
healthy.

Exercise helps keep your
body healthy.

Walking to the couch to
watch TV is all the exercise
you need.

You should look both ways
before crossing a street.

You are in no danger of
being hit by a car if you run
into the street.

You should get about 7- 8
hours sleep a night.

Playing video games all night
is okay because sleeping
isn't that important.

You need to brush your
teeth every day.

Candy is good for your
teeth.

You should wash your hands
before eating.

Your hands never get
germs on them.

True

False