

KID GAMES

for littles

Punching Ball Toss

Purchase punching balls from the dollar store and remove strings. Blow up, then toss back and forth. They won't hurt anything and the exercise helps with large muscle skills!

Homemade Playdoh

Use this simple recipe to make a batch of playdoh and then break out the rolling pin and cookie cutters!

1 cup flour	1 cup water
1/2 cup salt	1 t vegetable oil
2 t cream of tartar	food coloring

Mix dry ingredients in large pot. Add remaining ingredients and stir. Cook 2-3 minutes, stirring frequently. Add coloring and knead dough until soft & smooth.

Restaurant

A favorite activity is playing restaurant at lunchtime. With notepad and pen, I play the part of a server, telling them what's on the menu, taking orders, and staying in character as I serve their food..

Flashlight Tag

Even bigger kids have fun with this oldie but goodie!

Collect small flashlights or purchase from dollar store After dark, form two teams. Turn out all the lights.

One team starts counting while the other runs and hides. Only flashlights to show the way!

Scavenger Hunt

This activity takes a little effort but is well worth it for the fun it brings! Cut several small pieces of paper. Write clues to several places around the house, connecting them as you go. Rhyme or don't rhyme. I let the kids take turns reading the clues. I like to end somewhere like the clothes dryer, where I leave a small surprise.

Sample clue leading them to their bed:

"When you're tired, you like to sleep. No one here can make a peep."