## Native Americans and

## Alzheimer's





American Indians have a 35% risk of developing dementia – one of the most at-risk groups in the United States.

### Alzheimer's is Rising in Indigenous Communities

1 out of 5 American Indians over 45 report signs of memory trouble - a common precursor to dementia.





The CDC predicts 1 in 2 Native Americans born in 2000 will develop type 2 Diabetes - increasing the risk of Alzheimer's.

The number of American Indians over 85 will rise sevenfold by 2050 - radically expanding the number of Indigenous elders requiring care.



# Recognizing the signs of Alzheimer's disease can help connect families to treatment and support.

### Mild

- Forgetfulness
- Mood changes and irritability
- Poor judgment and decisions
- Misplacing items
- Trouble with cash and finances

#### . Moderate

- Confusion
- Memory loss
- Indifference to hobbies
- Anxiety and paranoia
- Difficulty speaking
- Inappropriate behavior

### Severe

- Inability to speak
- Seizures
- Infections
- Weight loss
- Difficulty eating
- Increased sleeping
- Loss of bowel and bladder control
- Bedridden



There's no cure for Alzheimer's, but treatment can slow disease progression and improve quality of life.

Spread awareness - and join the fight against Alzheimer's disease.

