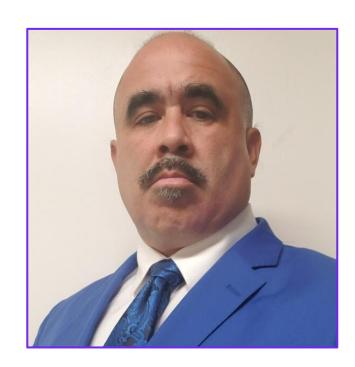


## INTERNATIONAL MARCH OF DIMES TEAM...



Bro. Dr. Michael
Baslee
International Director of
Social Action



Bro. Carlos
Williams II,
International CoChairman, MOD
Partnership



Bro. Ira Hughes International Co-Chairman, MOD Partnership

Bro. Tyrone Frasier, SE Bro. Steven Foster, GL Bro. Robert McMurry, SW Bro. Woodrow Bailey, W Bro. Malwan Johnson, E Bro. Kirby Gordon, GC

7 Regional Directors of Social Action

**Bro. Louis Sutton, SO** 





# Phi Beta Sigma and March of Dimes



- **✓** Our Very FIRST Partnership since 1980s
- ✓ A vital part of "I Am My Brothers Keeper" –47 years old this year!
- ✓ Building Stronger Fathers
  - ✓ Chapter/State/Region Programs promoting Fatherhood and Mentoring
  - ✓ Virtual Workshops Becoming/Being A Dad
- ✓ March for Babies
  - ✓ Walk
  - ✓ Mile of Dimes Activity
  - ✓ Host Fundraising events like parties, bowling, stepshows, etc.
  - ✓ Use your imagination!







## INTRODUCTIONS



Meredith Repik, March of Dimes



MARCH FOR BABIES

# Case for Support





#### **OUR MISSION**

## MARCH OF DIMES LEADS THE FIGHT FOR THE HEALTH OF ALL MOMS AND BABIES.



## MOMS AND BABIES NEED A CHAMPION

March of Dimes fights for the health of all moms and babies. We're advocating for policies to protect them. We're working to radically improve the health care they receive. We're pioneering research to find solutions. We're empowering families with programs, knowledge and tools to have healthier pregnancies. By uniting communities, we're building a brighter future for us all.





1 in 500

youth under 20 in the U.S. have Type 1 diabetes. 1 in 285

children in the U.S. will be diagnosed with cancer before their 20th birthday.

1 in 59

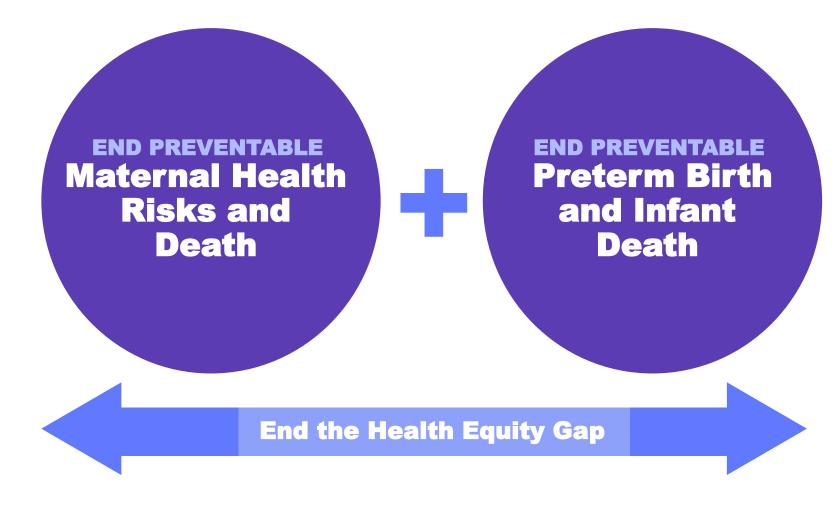
children is diagnosed with an autism spectrum disorder (ASD) according to the CDC in 2018. 1 in 10

too soon in the U.S.

Newborn deaths account for 40% of all deaths among children under 5.



## **OUR GOALS**



FOR HEALTHY MOMS. STRONG BABIES.





# THERE IS A HIGHER CHANCE OF MATERNAL DEATH OR PRETERM BIRTH BASED ON RACE/ETHNICITY

Women of color are up to 50% more likely to experience a preterm birth compared to white women.

Their children can face a 130% higher infant death rate.

In the U.S. black women have maternal death rates 3x higher than women of other races or ethnicities.



## **MARCH OF DIMES...**

**SUPPORTING** research to find solutions so every family gets the best possible start

**ADVOCATING** for policies that prioritize the health of moms and babies

**PROVIDING** resources and programs to help moms throughout their pregnancies

**EDUCATING** health professionals to improve mom and baby care

**UNITING** local communities across the nation through events and collaboratives

**PARTNERING** with organizations and companies committed to helping moms and their families





# WITH YOUR HELP...

### **WE ADVOCATED**

ON 150+ STATE LEGISLATIVE BILLS

and helped advance the Newborn Screening Saves Lives Reauthorization Act of 2019.

## WE FUNDED 5 STUDIES

to investigate how social policies impact birth outcomes, affecting moms and babies everywhere.

#### **WE UNITED**

on collective action to prevent prematurity and achieve health equity with 480 organizations and more than 700 individuals.

#### **WE EXPLORED**

electromyometrial imaging to "see" contractions as they happen to help to reduce the more than 380,000 premature births each year.

#### **WE EVOLVED**

OUR SIX PREMATURITY RESEARCH CENTERS to a new model with

RESEARCH THEMES

29 AREAS OF INQUIRY

200+ RESEARCHERS

to bring real world solutions to millions of families in 2020 and beyond.

#### **WE SUPPORTED**

**50K+ BABIES BORN TOO SOON** in **69 hospitals** with NICU Family Support\*.

### **WE EXPANDED**

**GROUP PRENATAL CARE TO** 

40+ SUPPORTIVE PREGNANCY CARE SITES

across **19 states** so more women will get support services they need.

### **WE GENERATED**

THROUGH OUR #ITSNOTFINE
CAMPAIGN 950 real-life stories from
women who were challenged not to

women who were challenged not to accept the statement "You'll be fine" before and after pregnancy.

### **WE COLLECTED**

**THROUGH #UNSPOKENSTORIES 286 honest stories** of pregnancy, parenting and loss that are too

often unshared.









## Phi Beta Sigma Fraternity, Inc.

## Building Stronger Fathers





## **FATHERHOOD**

Our partnership with the March of Dimes is committed to ensuring fathers are prepared to support their partners before, during and after pregnancy.

Being a dad begins even before your baby is born. The things you do to keep you and your partner healthy before and during pregnancy can help your baby be born healthy and strong.

While on the path to fatherhood, we know dads want to be prepared and are searching for information. That's how Phi Beta Sigma can assist with health and wellness resources for every stage of pregnancy and fatherhood to help chapters encourage dads to be the best fathers they can be to give their partners and kids the best possible start.



## PHI BETA SIGMA FRATERNITY INC.

### BECOMING A DAD VIRTUAL WORKSHOPS









## WHAT IS THIS?

We are asking chapters to conduct virtual workshops with dads in the communities they serve.



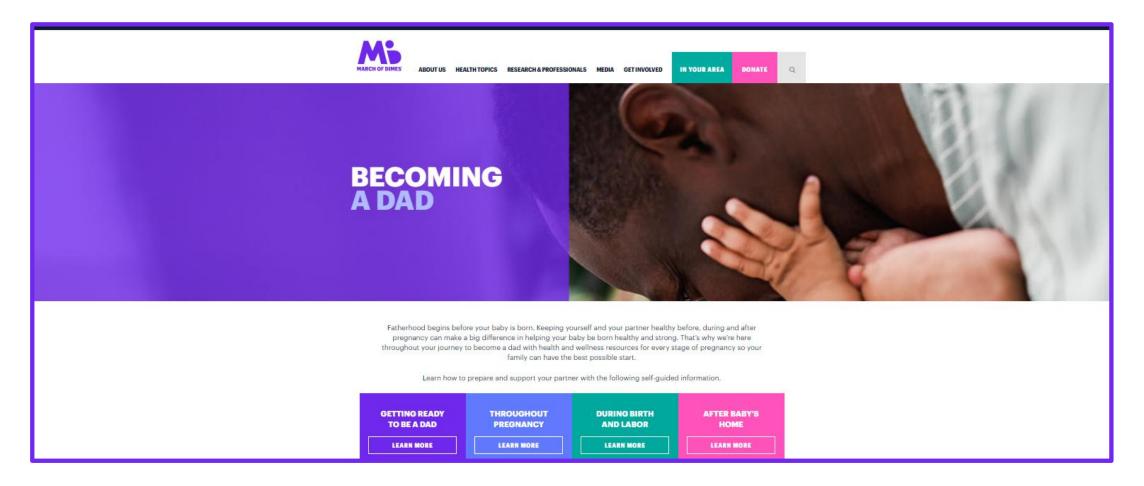
## BECOMING A DAD

- The program consists of 4 modules that can be held virtually in your community with videos and worksheets.
- The modules topics are:
  - Before Pregnancy
  - During Pregnancy
  - Labor and Birth
  - Baby's Home
- These modules can be accessed online at: <u>www.marchofdimes.org/becoming-a-dad.aspx</u>





# WEBSITE RESOURCES BECOMING A DAD





## FACILITATOR GUIDE



Leading with Mission

FOR FACILITATORS

#### **Becoming a Dad**

The purpose of this workshop is to guide participants through virtual resources created for Becoming a Dad, and supporting community members in their fatherhood journey - before, during and after pregnancy. As a facilitator, you do not need to be a content expert, but it is good to familiarize yourself with the content. Your roles is to facilitate the program and ensure that participants walk away having learned the key knowledge checklist below. You could also have a content expert in the workshop to offer

#### WORKSHOP OVERVIEW FOR THE FACILITATOR

This workshop makes the case that Fatherhood begins before the baby is born. It encourages participants to think about keeping yourself and their partner healthy before, during and after pregnancy, which can make a big difference in helping the baby be born healthy and strong. The workshop walks participants through information that encourages dad to think about the journey to becoming a dad with health and wellness resources for every stage of pregnancy so the family can have the best possible start, and dad can begin to learn how to prepare and support their partner.

#### **LINK TO THE VIDEOS & SLIDES**

Becoming a Dad website: https://www.marchofdimes.org/becoming-a-dad.aspx Video resources for pre, during and post pregnancy: https://www.marchofdimes.org/becoming-adad/becoming-a-dad-video.aspx#getting-ready-to-be-a-dad Video sides and stories: https://www.youtube.com/watch?v=mxwdJkPtilw&list=PLN0BCjq-YUqZcVinn1OiKmcU7eDTasdqu

#### SESSION LENGTH:

60-x-90 minutes

#### WORKSHOP THREAD:

Fatherhood begins before the baby is born. Keeping yourself and your partner healthy before, during and after pregnancy can make a big difference in helping your baby be born healthy and strong.

#### MATERIALS NEEDED:

- Computer and internet access
- □ Zoom ID/Video/Virtual conference technology
- □ Logistics support for workshop (optional) □ Worksheet for participants (optional)
- Content expert to help support (optional)
- Any additional support based on the needs of your participants (optional)

#### RECRUITMENT RESOURCES:

Workshop blurb:



Fatherhood begins before your baby is born. Keeping yourself and your partner healthy before, during and after pregnancy can make a big difference in helping your baby be born healthy and strong. That's why we're here throughout your journey to become a dad with health and wellness resources for every stage of pregnancy so your family can have the best possible start.

Learn how to prepare and support your partner through this workshop led by Phi Beta Sigma volunteers.

ideas for where you can recruit participants: Take a moment to think about the community organizations that are in your community. Which groups might be interested in this workshop? How might you get the word out about this workshop?

- Community organizations, community centers
- □ Churches
- Social organizations
- □ Fraternities, alumni groups
- ☐ Healthcare clinics, hospitals, human services
- Connect with Zeta Ebi Reta's Stock's Nest program to connect with partners.
   Connect with March of Dimes local programs

Incentives: Take a moment to think about how you might incentive participants to join the workshop. Is there something in your community that dads love? Is it more of an incentive to provide participants with a gift once they have completed the workshop or upon sign up? What could you ask for as a donation from your community?

- Restaurant gift cards
- □ Gift cards for baby
- □ Free coffee/refreshments
- Gift cards for businesses that mitigate stress (meal prep company, massage, gym, etc.)

#### SUGGESTED SESSION OUTLINE & TIMELINE:

Below you will find 60 and 90, paguig versions. 60 minute is the recommendation for the bare minimum and the 90 minute versions allow for more time for reflection and activity.

Start	Finish	Length	Activity	Slide/Resource view	Notes
00:00	00:15	15 min	Introduction: Introduce yourself_outline the workshop (workshop thread and benefit) all allow participants to introduce themselves.  Introduction: Who you are, why you're passionate about leading this workshop and supporting dads in their fatherhood journey.  Ask participants to introduce themselves Question: What are you most excited about, as you become a father? Did you always want to be a father?	Worksheet Question 1 under Before pregnancy	



MARCH OF		1		
00:15	00:18	3 min	Share a personal story of fatherhood.	Facilitator
00:18	00:21	3 min	Watch: Getting Ready to be a dad	Video 1: 1:19
			☐ Becoming a Dad: Video 1	Video 2: 1:33
			"Getting Ready"	
			□ Becoming a Dad: Video 2	
			"Getting Healthy"	
00:21	00:24	3 min	Activity: Question 2 & 3 on worksheet	Worksheet
			under Before Pregnancy	
00:24	00:25	1 min	Reflection* (reflect and share)	
00:25	00:29	4 min	Watch: Throughout Pregnancy	Video 3a: 0:43
			□ Becoming a Dad: Video 3a	Video 3b: 1:24
			"Help Prepare Your Partner	
			Prenatal Care"	Video 4: 0:56
			□ Becoming a Dad: Video 3b "Help Prepare Your Partner:	
				Video 5: 1:11
			Signs"  Becoming a Dad: Video 4	
			"Prepare Yourself"	
			☐ Becoming a Dad: Video 5	
			"Prepare Together"	
			, ,	
00:29	00:33	4 min	Activity: Questions 1- 5 on worksheet	Worksheet
			under During Pregnancy	
00:33	00:34	1 min	Reflection* (reflect and share)	
00:34	00:36	2 min	Watch: During birth and labor	Video 6: 0:38
			□ Becoming a Dad: Video 6	Video 7: 0:46
			"Before Delivery"	
			□ Becoming a Dad: Video 7	
			"During Labor and Birth"	
00:36	00:40	4 min	Activity: Questions 1-2 on worksheet	Worksheet
00.10		4	under Labor & Birth	
00:40	00:41	1 min	Reflection* (reflect and share)	1.51
00:41	00:44	3 min	Watch: After baby's home	Video 8: 0:44
			□ Becoming a Dad: Video 8	Video 9: 1:57
	ı	I	"Giving Support to Your Baby"	I I



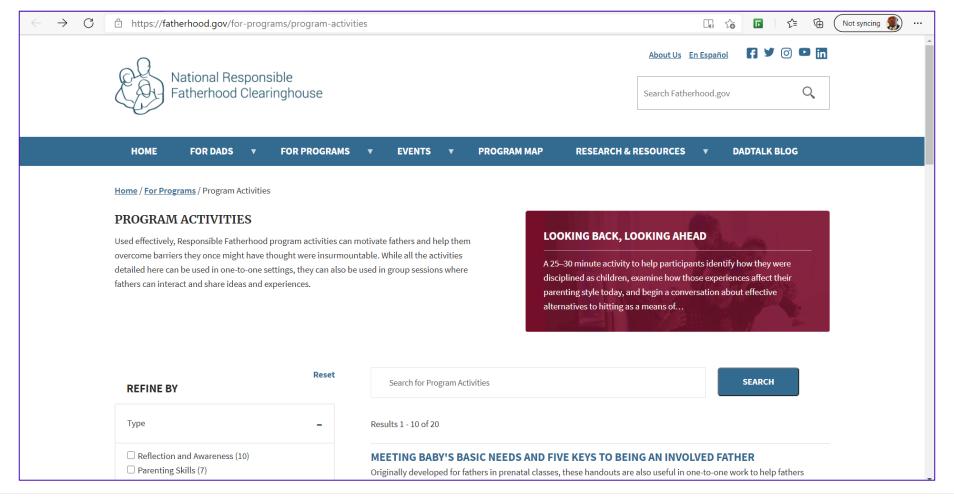
## **BEING A DAD**

- The National Responsible Fatherhood Clearinghouse Program consists of 20 modules that can be held virtually in your community with videos and worksheets.
- The modules topics are:
  - Being an Involved Father
  - Fathering Without Violence
  - Male Nurturance
  - Punishment or Discipline
  - Co-Parenting
  - ....plus many other topics to choose from.
- These modules can be accessed online at: <a href="https://fatherhood.gov/for-programs/program-activities">https://fatherhood.gov/for-programs/program-activities</a>





# WEBSITE RESOURCES BEING A DAD





# CHAPTER ACTIONS & RESPONSIBILITIES

- The chapters would recruit the dads to the seminars
  - Use provided program/event/agenda.
  - Host event and confirm speaker, facilitator, Dads to speak, IT manager
  - Can provide incentives (at your discretion) to dads for attending such as donations from business in the community
  - Complete PIA and submit to national office





## CHAPTER VIRTUAL WORKSHOP STEPS

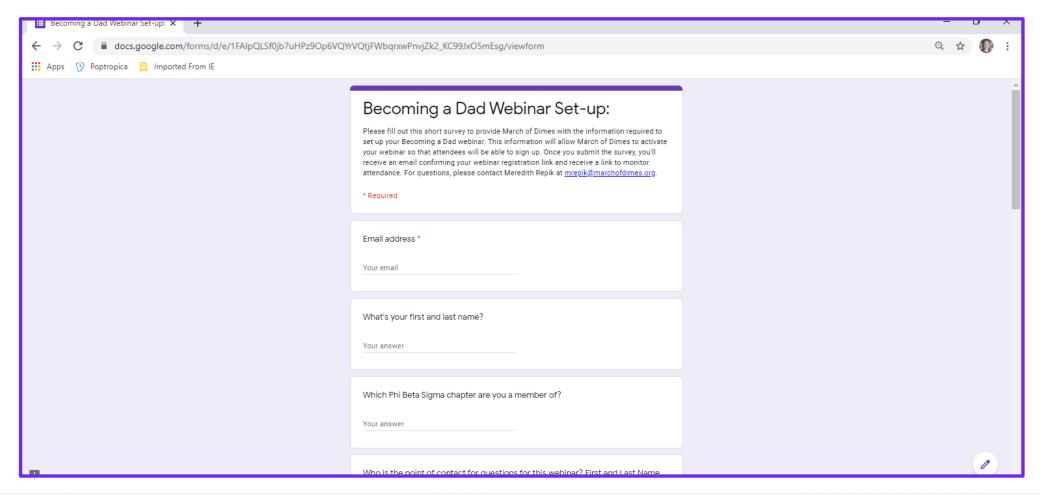
- 1. Chapters are to complete this form to create the sign up page for their event. <a href="https://forms.gle/3jf5SihTgfa7JwFR6">https://forms.gle/3jf5SihTgfa7JwFR6</a> (Please have chapter virtual meeting link ready.) Chapter will receive confirmation email with the Golden link.
- 2. After receiving the Golden Link, chapters will recruit dads who will sign up on the Golden Form. Once completed, dads will receive virtual meeting link with date, time, and link of the meeting.
- 3. Chapters choose speaker/MC, other Dads who will speak on the virtual meeting.
- 4. Chapters develop agenda with Facilitator Guide and choose which modules to present Becoming A Dad (choose 2) or Being A Dad.
- 5. Conduct virtual meetings with dads.
- 6. Complete PIA and report on CSAF

The PowerPoint answers "what" are we doing. (Show PowerPoint first). The word document is "how" are we going to do it.



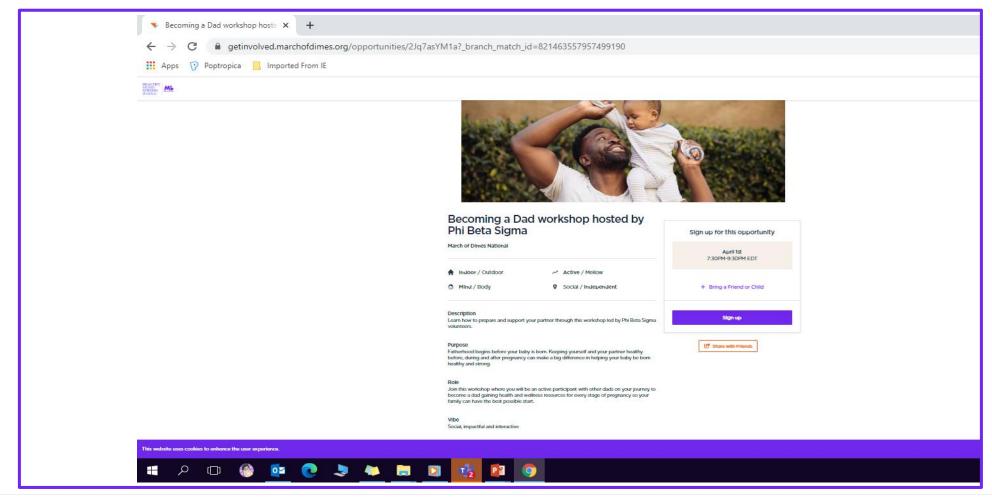


# GOOGLE DOC TO SET UP YOUR EVENT





# GOLDEN-SIGN UP PLATFORM FOR EVENT





### **2021 GOALS**

In 2021 the preliminary goal is each region will host AT LEAST 3 events and have 20 dads per event. This would make an impact on over 525 dads across the country.

Regional Directors of Social Action working with their Regional Director and States should choose at least 3 high performing chapters to conduct virtual Building Stronger Father Workshops in their communities.

The future goal is for all chapters in your region participate in this Building Stronger Fathers event yearly around Fathers Day!

10 more events needed to reach the goal!





## **NEXT STEPS**

- Review the facilitator guide and become comfortable with the content
- Set the date of your event and complete the survey for us to set your event up in Golden with link to register
- Create a flyer with details on your event
- Begin promoting event to churches, community centers and clinics
- Identify your facilitators
- Build your program up with the resources you have here
- Host your Event





# BUILDING STRONGER FATHERS MARCH FOR BABIES – 2020 (Pandemic Year)



PHI BETA SIGMA FRATERNITY, INC.  MARCH FOR BABIES TOTALS  FY 2020				
REGION	<u>TOTAL</u>			
EASTERN	\$32,341			
GREAT LAKES	\$22,093			
GULF COAST	\$21,816			
SOUTHEASTERN	\$21,702			
SOUTHERN	\$14,564			
SOUTHWESTERN	\$9,066			
WESTERN	\$11,584			
PHI BETA SIGMA TOTAL	<u>\$133,166</u>			



## **MARCH FOR BABIES REGION WINNERS - 2020**

EASTERN	FIRST PLACE ALUMNI	Sigma Sigma	DC
	SECOND PLACE ALUMNI	Beta Psi Sigma Chapter	NY
	THIRD PLACE ALUMNI	Theta Tau Sigma	DC
GREAT LAKES	FIRST PLACE ALUMNI	Xi Sigma Chapter	IN
	SECOND PLACE ALUMNI	Alpha Alpha Beta Sigma Chapter	MI
	THIRD PLACE ALUMNI	Upsilon Sigma Chapter	IL
GULF COAST	FIRST PLACE ALUMNI	Omicron Sigma	TX
	SECOND PLACE ALUMNI	Theta Theta Sigma	TX
	THIRD PLACE ALUMNI	Kappa Sigma Chapter	TX
SOUTHEASTERN	FIRST PLACE ALUMNI	Delta Sigma (Alumni)	NC
	SECOND PLACE ALUMNI	Gamma Beta Sigma-TEAM NOAH STRONG	NC
	THIRD PLACE ALUMNI	ZBS-Fay-NC	NC
	FIRST PLACE COLLEGIATE	Eta Chapter	NC
	SECOND PLACE COLLEGIATE	Delta Alpha (WSSU)	NC
	THIRD PLACE COLLEGIATE	Alpha Alpha Rho Chapter	NC
SOUTHERN	FIRST PLACE ALUMNI	Pi Upsilon Sigma	AL
	SECOND PLACE ALUMNI	Rho Beta Sigma	GA
	THIRD PLACE ALUMNI	Tau Beta Sigma	GA
SOUTHWESTERN	FIRST PLACE ALUMNI	Pi Eta Sigma (Williamson County)	TN
	SECOND PLACE ALUMNI	Eta Beta Sigma	TN
	THIRD PLACE ALUMNI	Lambda Gamma Sigma	AR
	FIRST PLACE COLLEGIATE	Phi Chapter	AR
	SECOND PLACE COLLEGIATE	Beta Epsilon Chapter	OK
WESTERN	FIRST PLACE ALUMNI	Phi Beta Sigma LA Alumni Chapter	CA
	SECOND PLACE ALUMNI	Mile High Sigmas	CO
	THIRD PLACE ALUMNI	Sigma Zeta Sigma Chapter	WA



Phi Beta Sigma Fraternity, Inc.

**March For Babies** 

2021 Goal: \$200,000

1. We need all chapters (collegiate and alumni) to be involved with March For Babies or make a donation.









# Phi Beta Sigma Fraternity, Inc. MARCH FOR BABIES 2021 Regional Goals

\*Based on Membership Totals

PHI BETA SIGMA FRATERNITY	2021
NATIONAL GOAL: \$200K	GOAL
<b>EASTERN REGION GOAL</b>	\$48,015
<b>GREAT LAKES REGION GOAL</b>	\$23,760
<b>GULF COAST REGION GOAL</b>	\$22,028
SOUTHEASTERN REGION GOAL	\$32,175
SOUTHERN REGION GOAL	\$40,095
SOUTHWESTERN REGION GOAL	\$19,533
WESTERN REGION GOAL	\$17,573
GRAND TOTAL	\$203,198



### **2021 MARCH FOR BABIES**

### PHI BETA SIGMA SIGMA GAMMA RHO CHALLENGE!

- 1. First ever challenge with Phi Beta Sigma, Fraternity, Inc. and Sigma Gamma Rho Sorority, Inc.
- 2. Like Zeta Phi Beta and Alpha Phi Alpha Challenge.
- 3. We must raise more for MFB than SGRHO to win!







FOUNDED

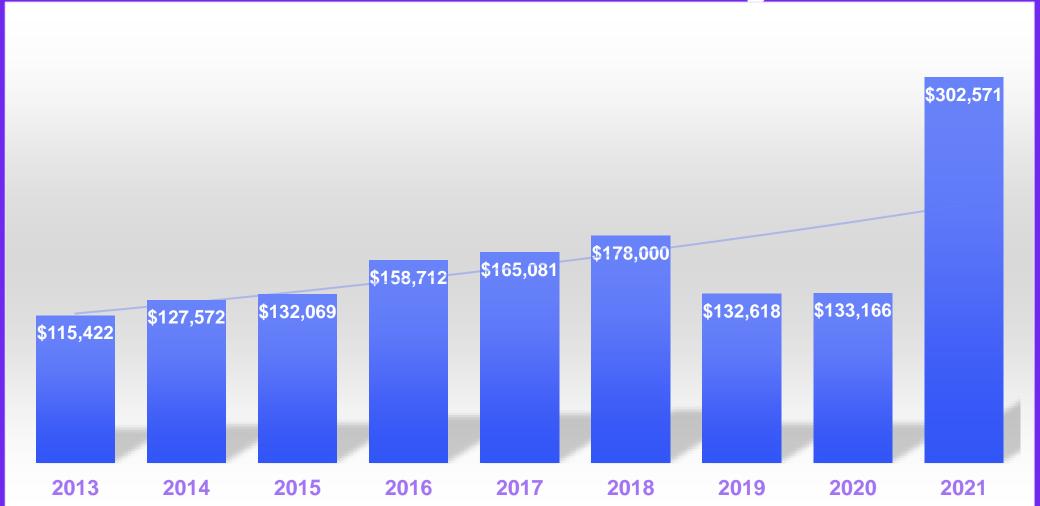
## BUILDING STRONGER FATHERS MARCH FOR BABIES - 2021







### Phi Beta Sigma Fraternity, Inc. March for Babies Total By Year







# BUILDING STRONGER FATHERS MARCH FOR BABIES - 2021



PHI BETA SIGMA FRATERNITY, INC.  MARCH FOR BABIES TOTALS  FY 2021 (AS OF July 11, 2021)			
REGION	<u>TOTAL</u>		
EASTERN	\$44,743		
GREAT LAKES	\$36,123		
GULF COAST	\$45,970		
SOUTHEASTERN	\$34,257		
SOUTHERN	\$63,604		
SOUTHWESTERN	\$28,323		
WESTERN	\$41,177		
PHI BETA SIGMA TOTAL	<u>\$294,197</u>		



#### **MARCH FOR BABIES REGION WINNERS - 2021**

EASTERN REGION	1st Place Alumni	Beta Psi Sigma Chapter	NY NY/NJ
	2nd Place Alumni	Zeta Delta Sigma	DMV West
	3rd Place Alumni	Omicron Zeta Sigma	DMV West
	1st Place Sigma Beta Club	Sigma Beta Club (SBC) - Prince William County	Centralized
GREAT LAKES REGION	1st Place Alumni	Iota Nu Sigma	IL Chicago
	2nd Place Alumni	Alpha Alpha Beta Sigma	MI Detroit
	3rd Place Alumni	Rho Eta Sigma's (Blue)	IA Eastern Iowa
<b>GULF COAST REGION</b>	1st Place Alumni	Omicron Sigma	TX DFW
	2nd Place Alumni	Theta Theta Sigma	Centralized
	3rd Place Alumni	Sigma Kappa Sigma Chapter	TX Austin
SOUTHEASTERN REGION	1st Place Alumni	Delta Sigma (Alumni)	NC North
	2nd Place Alumni	Delta Zeta Sigma	NC North
	3rd Place Alumni	Zeta Beta Sigma-Fay NC	NC North
	1st Place Collegiate	Eta Chapter	NC North
SOUTHERN REGION	1st Place Alumni	Nu Psi Sigma	GA Atlanta
	2nd Place Alumni	Rho Beta Sigma	GA Atlanta
	3rd Place Alumni	Gamma Delta Sigma	Centralized
SOUTHWESTERN REGION	1st Place Alumni	Pi Eta Sigma (Williamson County)	TN Nashville
	2nd Place Alumni	Eta Beta Sigma Chapter	TN Nashville
	3rd Place Alumni	Alpha Delta Sigma Chapter	KS Kansas City
WESTERN REGION	1st Place Alumni	Phi Beta Sigma Chapter	CA Los Angeles
	2nd Place Alumni	Sigma Zeta Sigma Chapter	WA Seattle
	3rd Place Alumni	Delta Delta Sigma Chapter	Centralized
	1st Place Collegiate	Kappa Lambda Chapter	WA Seattle











# A MOTHER OF A MOVEMENT

TO FIGHT FOR THE HEALTH OF ALL MOMS AND BABIES



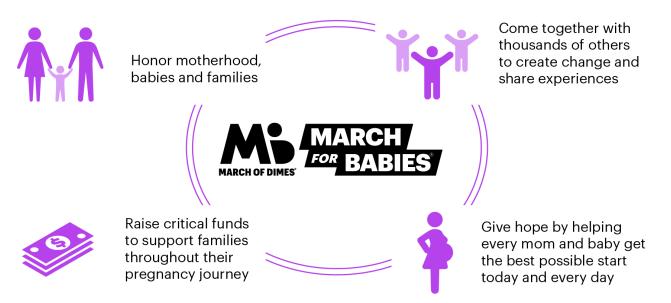




#### TOGETHER WE CAN MAKE A DIFFERENCE

Our country is facing an urgent health crisis. The U.S. remains among the most dangerous developed nations for childbirth, especially for women and babies of color. Families in every community need champions like you now more than ever. Your members and March of Dimes can fight to improve maternal and infant health, and ensure that every mom and baby gets the care they need.

March for Babies is so much more than a fundraising walk. It's also a time to:







### **TAKE 4 SIMPLE STEPS:**

TAKE A STAND

Decide to be a March for Babies team captain and sign up at marchforbabes.org/phibetasigma TODAY if you haven't already.

**SPREAD THE WORD** 

**FUNDRAISE** 

Recruit at least 10 team members. Invite family, friends, co-workers and neighbors to join your team. Share your reason for walking.

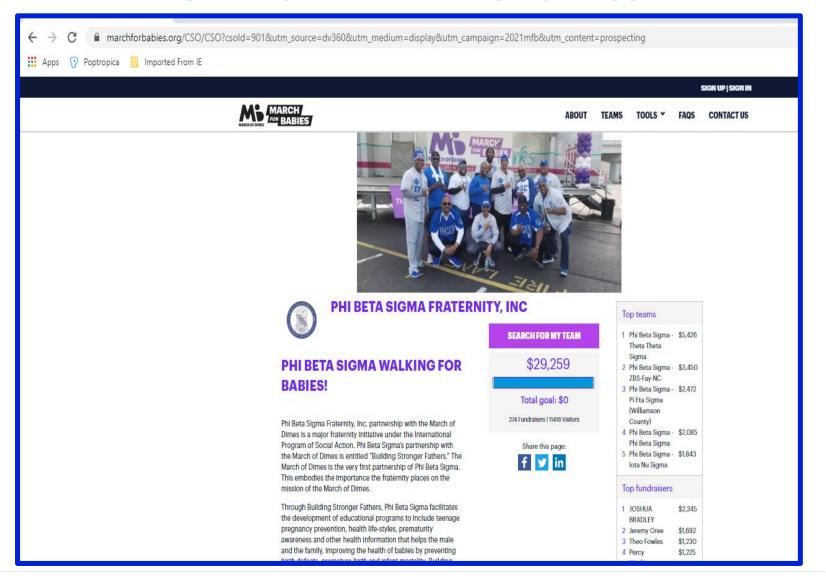
Make a personal donation to start your fundraising then ask others for donations and support. At march for babies dot org you'll find email templates, Facebook fundraising links and other tools to help you fundraise. Download the March for Babies App to make it even easier.

MARCH WITH US!

Join us to walk and help in making the health of moms and babies a priority.



#### WWW.MARCHFORBABIES.ORG/PHIBETASIGMA







# March For Babies Chapter Options



### 1. FORM A TEAM:

Register your Chapter and fundraise at www.marchforbabies.org/phibetasigma

CRITICAL – For Phi Beta Sigma Credit, name your team

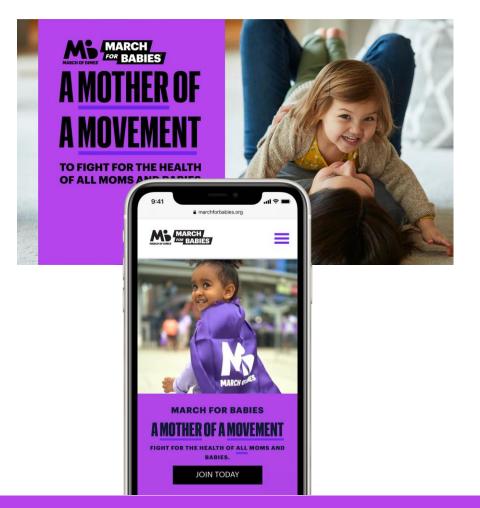
"Phi Beta Sigma – <u>CHAPTER NAME</u>" ex. Phi Beta Sigma – <u>Delta</u> Mu Sigma

## 2. RAISE FUNDS/CONDUCT EVENT/MAKE A DONATION VIA WEBSITE OR MAIL:

Mail donation check with official donation form marked:

"March for Babies Phi Beta Sigma - CHAPTER NAME"

### **FUNDRAISING TOOLS** SOCIAL MEDIA MEMES, APPS, TOOLKITS









### **SOCIAL SHARE**

https://thesocialpresskit.com/march-of-dimes







# Phi Beta Sigma Fraternity, Inc. March For Babies International Kick Off Call

### QUESTIONS???

**CONTACT:** 

Bro. Carlos Williams II 404.426.3303 cell BuildingStrongerFathers@gmail.com







