



Telehealth at Your Fingertips

\$0 copay
for telehealth on the Ascend to Wholeness Healthcare Plan (Accelerate and Access options).

Receive telehealth care from:

- Ascend to Wholeness telehealth vendor. Services offered:
 - o Urgent medical care
 - o Urgent pediatric care
 - o Behavioral health therapy (for ages 10 and older)
 - o Psychiatry (for ages 18 and older)
 - o Lactation consultations
- **In-Network Provider**—Must be appropriately licensed and have the technology to provide and bill for covered service(s).
- **Out-of-Network Provider Counseling Sessions**—Counseling sessions for mental health and substance abuse/chemical dependency. You may be balance-billed by an out-of-network provider.

Get Access to a Telehealth and In-Network Provider

Amwell

1. Download the [iOS](#) or [Android](#) mobile app OR visit <http://webtpa.amwell.com>.
2. Fill in the contact information form.
3. Set up your username and password.
4. In the “Do you have insurance?” drop down, please select **WebTPA**.
5. Enter service key: **WebTPA4**
6. The subscriber ID is your member # that is located on your healthcare ID card.

You can also connect with an Amwell provider by calling (844) 733-3627.

In-Network Provider—Telehealth and In-Person

1. Go to [AscendtoWholeness.org](https://ascendtowholeness.org) and select **Medical Provider Search** under the Healthcare tab.
2. Enter your zip code and select the provider category type you are searching for.
 - o **Steps 1 and 2 are how you can find an in-person, in-network provider.**
3. Filter your search of providers by selecting the **Filter & Sort** at the beginning of the provider list.
4. Click on **Certifications, Specialized Training & Programs**, then **Specialized Training & Programs**, then **Provides Telemedicine Services**.
5. Finally, select **Filter Results**.

You can also call the provider’s office and ask if they offer telehealth.

Save with Generic Prescriptions!

- Chronic preventive generic copays decreased to \$2 for a 30-day supply and \$4 for a 90-day supply
 - o Generic examples: Chronic preventive generic—Lovastatin (cholesterol-lowering); All other generic—Amoxicillin (short-term antibiotic).
- Express Scripts Member Services: **800-841-5396**

For more information visit the Ascend to Wholeness website at ascendtowholeness.org.



For more information, visit the Ascend to Wholeness website at ascendtowholeness.org.