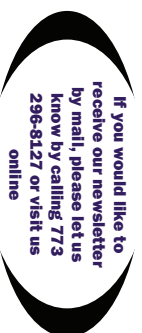


Advocate Medical Group Pediatric
Developmental Center
Illinois Masonic Medical Center

3040 N. Wilton, 2nd. Fl.
Chicago, Illinois 60657

Tel: 773-296-7340



The Advocate Medical Group Pediatric Developmental Center at Illinois Masonic Medical Center is a tax exempt charitable organization under 501 (c) (3) of the Internal Revenue Code. Your contribution will make a significant difference in the lives of children with disabilities and their families.

Contribution: \$30.00 annual newsletter subscription

Editors: Joanne CarbonellRodriguez
Sheila Swann-Guerrero

About our center...

The PDC is a multidisciplinary developmental pediatric service that provides diagnostic and treatment services for children birth to age 18. Medical diagnostic services are available in **developmental pediatrics, child neurology, child psychology, and child psychiatry.**

Psychosocial and physical medicine rehabilitation services are also provided, including complete evaluation and treatment services by occupational, speech, and physical therapists. Bi-lingual services (Spanish-English) are available in many disciplines. The center accepts commercial insurance, HMO/POs, and All Kids. A sliding fee schedule is available for families in need, and some services may be underwritten by state funding for families meeting eligibility requirements. To refer a family, call our intake coordinator at (773) 296-7340.

Additionally, if you have any comments regarding your experiences at the PDC please contact Joseph Vazquez, Operations Manager at 773-296-5389 or Joseph.Vazquez@advocatehealth.com

Administrative Staff

Michael Cupoli, M.D., Medical Director
Developmental and Behavioral Pediatrician
Carol Rolland, Ph.D., Clinical Director
Developmental Psychologist

Medical Staff

Charles Swisher, M.D., Pediatric Neurologist
Lisa Yeh, M.D., Child and Adolescent Psychiatrist
Michael Msall, M.D., Developmental and Behavioral Pediatrician

PEDIATRIC DEVELOPMENTAL CENTER NEWSLETTER

Advocate Medical Group Pediatric Developmental Center
Illinois Masonic Medical Center
SEPTEMBER–DECEMBER 2009 PROGRAMS AND EVENTS

Director's Corner

Dear Parents and Friends,



As I'm sure everyone is aware, these are difficult times financially for the PDC as we are partially dependent on State Funding to provide services to children and families. We are still unsure exactly how state cuts will affect us, but I want to assure everyone that the medical center is very supportive of our programs and I am confident that with the help of all our friends and supporters the PDC will adjust and continue to provide high quality services.

This August we participated in the *Masonic Family Health Foundation Annual Golf and Tennis Outing* which benefited our Autism Treatment Program. This event, held at LaGrange Country Club, raised more than \$40,000 which will go directly to children's therapy services. I want to thank everyone who attended and who bought raffle tickets. Every little bit helps!

Please feel free to call or e-mail me if you have questions or concerns. Our program leaders will be keeping everyone informed as we move forward. If your family is vacationing this late summer and early fall, have a wonderful time and we will soon see you back at the center.

Best Wishes,

Carol Rolland
Director, Developmental Pediatric Services

Parent Trainings & Groups

Please note: Childcare may be available for evening events and must be reserved prior to event.

The Behavioral Psychology Program

This is a family-focused program that includes a home-based component for treating behavioral problems in children and adolescents with co-occurring developmental issues. A four-session parent-training in a group setting is followed by sessions with an individual therapist who works with both children and their parents. The group meets from 6:00-8:00 pm. Contact Lori Osborne at (773) 296-7688 (English). *Para más información acerca del programa de Comportamiento, favor de comunicarse con Corina Ratz al (773) 296-5393 (en español).*

English Behavior Parent Training

Dates: Sept. 3, 10, 17, 24
Oct. 1, 8, 15, 22
Oct/Nov. (Oct) 29 Nov 5, 12, 19

Spanish Behavior & Autism Parent Training

Dates: Sept. 2, 9, 16, 23, 30
Oct. 7, 14, 21, 28
Nov 4, 11, 18, 25

English Autism Parent Training

Dates: Sept/Oct 5, 12, 26 (Oct) 3
Oct. 10, 17, 24, 31
Nov/Dec 7, 14, 21 (Dec) 5

All events will be held at 3040 N. Wilton, 2nd. Fl., Chicago, Illinois 60657
Tel: 773 296-7340

Parent Support Group for Families of Children with Developmental Disabilities

September 28, October 26, November 23

This group meets monthly from 5:30-7:30 pm to share experiences, support one another, and discuss various issues of importance to families who have children with developmental disabilities. Please call (773) 296-7957 for more information and to register.

Sibshop Parent Support Group:

September 18 (Friday) September 23 (Wednesday)

This group meets quarterly simultaneously during Sibshops to share information, resources and experiences of siblings through videos, research, speakers and sibling panels. All parents are encouraged to attend regardless if their children are or are not participating in the Sibshop Program. Parents whose children participate in the Saturday session are asked to attend the Wednesday Parent Group. Please call (773) 296-8127 for more information or to register.

Healthy Families

Healthy Families provides free and voluntary support services to pregnant and parenting teens. All services are provided in English and Spanish. Our programs include:

Prenatal Groups: This free service is open to any pregnant adolescent age 21 and younger. Groups run for 8 consecutive weeks and will cover a variety of topics such as nutrition, labor, delivery, breastfeeding, and basic infant care. Groups are held weekly on the first floor at 3048 N. Wilton. Sessions include a meal and give-away items for both baby and mom.

Doula: Free Doula services to pregnant teens. A Doula stays with a laboring woman throughout her entire labor and birth experience, helping her to cope with this major life event.

Home Visits: Intensive home visits are offered to teens who qualify for services. We provide families with support, resources, and developmental education on a weekly basis. Please call (773) 296-5943 for more information and to register.

Autism Program

A comprehensive program including diagnostic evaluations with a multidisciplinary team and a treatment program. Program includes home, center, and school-based interventions with mandatory parent involvement.

PUEENTES: A 12-month program of intensive home-based intervention (three times per week) for children in the age range of 3-7 years.

CAMINOS: An 8-month program of intervention which may include home and center-based visits and school consultation. Contact Jennifer Lira at (773) 296-5677. *Para más información acerca del programa de Autismo, favor de comunicarse con Yesenia al (773) 296-8247 (en español).*

Children's Groups

Sibshops

A group for children 6-12 years of age who have a brother or sister with a disability or chronic condition. "Sibshops" provide peer support, educational, and recreational activities for non-disabled siblings. They include fun activities, discussions, and the chance to talk with other siblings. The group for children 6-12 years meets on Wednesdays and Saturdays. Prepare to have fun and meet other sibs who understand you. Cost is \$25.00 for a Wednesday series or a Saturday session. Please call (773) 296-8127 for more information and to register.

Fall I Sibshops (Ages 6-11)

Day: Saturday 10:00 am-2:00 pm

Date: September 19

Day: Wednesday 6:00-7:30 pm

Date: September 23 & Oct. 7 & 21

Fall II Sibshops (Ages 6-11)

Day: Saturday 10:00 am-2:00 pm

Date: November 14

Day: Wednesday 6:00-7:30 pm

Date: November 4, 18 & December 2, 16

Sibshop for Teens

Come have some F2F* time and make new BFF*s. Teen siblings of children with disabilities who are ages 12-17 years will meet one Friday a month with other teen sibs to share common concerns, interests, and more. Please join us at the PDC for dinner, fun and conversation with sibs who understand. Cost is \$20.00 per series. Please call (773) 296-8127 for more information and to register.

*face to face time and best friends forever

Fall I Sibshop (Ages 12-17)

Date: September 18 & October 9

Fall II Sibshop (Ages 12-17)

Date: November 13 & December 4

Busy Bees Playgroup

A group for children ages 22-36 months with significant delays in communication, social skills & sensory/regulatory functioning. Goals include: 1) improve skills in communication, social interaction, imitation, play, school readiness, and independence in a structured environment; and 2) provide parents with an understanding of their child's difficulties & strategies for independence, communication & social interactions at home & in the community. The group meets Monday, Wednesday & Friday 9:00-11:00 am. The group is facilitated by a behavior therapist, social worker, occupational therapist, developmental therapist and a speech therapist. Please call (773-296-7698) for more information and to register.

Speech & Sensory Play Skills Group

A group for children ages 20-35 months. The focus of this group is provide children with opportunities to practice language skills in a social setting, recognize structure and routine, respond to and follow simple instructions, carry over of individual therapy goals to a group environment, while tolerating a variety of sensory activities, and increasing sensory regulation and modulation. Please call (773) 296-7687 for more information and to register. This group meets once a week on Thursdays with three time slots to choose from, 10:00-11:00 a.m., 11:00 am -12:00 pm and 3:00-4:00 pm

Alert Group

A group for children ages 5-15 years to help them develop an understanding of own sensory needs to empower them to find strategies they can use in the home, at school, and in the community to maximize their focus and attention for learning and interacting. This group meets for 8 weeks on Thursdays from 4:00-5:00 p.m. Please call (773) 296-8112 for more information and to register.

Play with Me-Socialization Group

A social interactive group for children 3-5 years who have a sensory integration disorder, social and speech delays that are not on the autistic spectrum. Groups run for 8 weeks. This group meets on Thursdays from 5:00-6:00 pm. Please call (773) 296-8122 for more information and to register.

Two's Company

A group for children ages 4-6 years with an Autism Spectrum Disorder diagnosis to develop social skills and social communication. Children must have completed the Puentes Intensive Treatment Program at the PDC. Please call (773) 296-5677 for more information and to register.

Buddies

A group for children 4 to 6 years that is comprised of 4 children and 2 behavior therapists. The Buddies program is designed to enhance the communication exchanges. Please call (773) 296-5677 for more information and to register.

Horizons

A social skills group for children 7-10 years and 11 years and up who have cognitive and social delays to help children learn appropriate social skills, improve frustration tolerance, identify and understand feeling in oneself and in others, as well as expand individual coping skills in a safe and fun environment. Monthly parent meetings are scheduled to discuss children's progress within the group. Please call (773) 296-5393 for more information and to register.

Horizons I (Ages 7-10)

Day: Mondays 5:00-6:00 pm

Horizons II (Ages 9-12)

Day: Wednesdays 4:00-5:00 pm

Horizons III (Ages 13-17)

Day: Thursdays 4:00-5:00 pm

Connections Club

Social skills groups for children first grade through high school age who have a variety of diagnoses including Asperger's Syndrome, NVLD, Anxiety Disorder, etc. Goals are to help children learn social skills within the context of a safe, fun environment & to generalize the skills to home and school. Monthly parent meetings are scheduled to discuss children's progress within the group. Please call (773) 296-5393 for more information and to register.

Connections Club I (1st-4th Grade)

Day: Mondays 4:00-5:00 pm

Connections Club II (5th-7th Grade)

Day: Thursdays 4:00-5:00 pm

Connections Club III (8th Grade and up)

Day: Thursdays 4:00-5:00 pm

Early Learners Social Skills Group

A social skills group for children 3-5 years who have at least low-average language abilities, are not on the autistic spectrum and who have been in early intervention groups & could benefit from additional help with social skill development, or who have not attended a social skills group in the past & may benefit from the opportunity to build social skills in a therapeutic group environment. The group will have two sessions, on Thursdays from 10:00-11:00 am and 3:00-4:00 pm starting Sept. 3-Oct. 22 & Oct. 29-Dec. 17. Please call (773) 296-8464 for more information & to register.