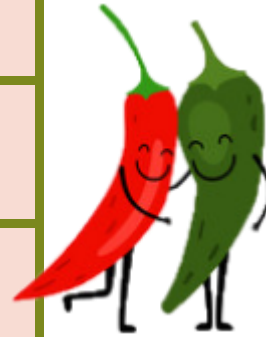




Week One

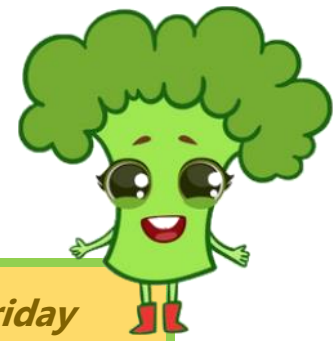
W/C 2/9, 16/9, 30/9, 14/10, 4/11, 18/11, 2/12, 16/12, 13/1, 27/1, 10/2

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN CHOICE 1	Chicken Sausages	Chicken & Lentil Madras	Paprika Chicken	Macaroni Cheese	Fish Fingers
MAIN CHOICE 2	Vegetarian Sausages	Vegetarian Biryani	Vegetable Hotpot	Jacket Potato with Filling	Roasted Vegetarian Wrap
SIDE	Potato Wedges	Steamed Rice	Roast Potatoes	Garlic Bread	French Fries
VEG	Wholewheat Spaghetti	Whole Green Beans	Mixed Vegetables	Broccoli	Baked Beans
DESSERT & FRUIT	Vanilla Ice Cream Pot	Biscuit & Mousse	Jam & Coconut Sponge	Pancakes & Fruit Coulis	Watermelon
A selection of salads will be available daily, as well as freshly cooked bread, fresh fruit, yogurt and jacket potato with filling					





Week Two W/C 9/9, 23/9, 7/10, 21/10, 11/11, 25/11, 9/12, 6/1, 20/1, 3/2, 21/2



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN CHOICE 1	Margherita Pizza	Creamy Coconut Curry & Naan Bread	Herby Chicken Thighs	Meatballs in Tomato Sauce	Fish Fingers
MAIN CHOICE 2	Roasted Vegetable Pizza	Chickpea Coconut & Vegetable Curry & Naan Bread	Vegetarian Cobbler	Falafel in Tomato Sauce	Vegetable & Cheese Pastry
SIDE	Herby Potato Wedges	Steamed Rice	Parmentier Potatoes	Pasta	French Fries
VEG	Sweetcorn	Green Beans	Diced carrots	Green Peas	Baked Beans
DESSERT & FRUIT	Fruit Jelly	Choc Chip Cookie	Rice Pudding	St Clement Sponge	Ice Smoothie
A selection of salads will be available daily, as well as freshly cooked bread, fresh fruit, yogurt and jacket potato with filling					

