Weekly Socialisation Programme

Please tick a box for each encounter the puppy has. Tick as many boxes as possible in a week, without overwhelming your puppy with too much. Review how much progress has been achieved at the end of the week.

Name of puppy: ..... **Sex** ..... **Breed:** ..... **Week beginning:** .....

Gentle handling					
Head					
Ears					
Mouth					
Neck area					
Tail					
Paws & legs					
1 minute groom with soft brush					
Collar					
Lead / Gentle leader					
Gentle restraint until accepted					
Car harness					
Reward-based training					

Objects to play with					
Cardboard box					
Bucket					
Treat ball					
Large stuffed toy					
Empty plastic bottle					

Smells					
Kitchen / household					
Cats					
Baby					
Other dogs					
Veterinary surgery					
Boarding kennels					
Person					
Horses					
Livestock					
Rabbits					

Sounds					
Sounds CD played					

Meetings with people					
Young adults					
Middle-aged adults					
Elderly people					
Disabled / infirm people / people in wheelchairs					
Loud, confident people					
Shy, timid people					
People wearing hats					
People wearing glasses					
Men with beards / facial hair					
People in clothing other than uniform					
Postmen / women					
People wearing dark clothing					
People wearing a Halloween mask					
People wearing a motorcycle helmet					

Objects to chew					
Nylabone					
Rawhide chew					
Strong toys (eg kongs)					
Smoked bones					
Hard biscuit					

Other animals					
Friendly adult dogs (no aggressive dogs)					
Cats					
Rabbits / Small pets					
Horses					
Goats / sheep					
Fish in tanks					
Chickens					

Playing with people					
With: a ball					
a tug toy					
a squeaky toy					

Meetings with children					
Babies (0-2 years)					
Toddlers (2-6 years)					
School age (6-13 years)					
Teenagers (13-17 years)					

Preparation for vets / groomer					
Being lifted on to table					
Gentle restraint on table					
Veterinary examination					
Veterinary product smells					
Flea spray					
Hair dryer					

Surfaces to walk on					
Clean grass					
Lino / tiles / slippery surface					
Steps / stairs					
Carpet					
Gravel / stones / pebbles					

Experiences					
Watching passing traffic					
Car / van ride					
Park					
Streets					
Bicycles, motorbikes, buses					
Trains					
Countryside					
Towns					
Crowds					
Tasting a variety of foods					

Learning to be left alone					
Alone for SHORT periods of time					