



### Rationale:

Maternal and child health is a primary focus for the Medicaid program as Medicaid funds more than half of the births in the state and provides coverage to more than half of Washington's children.

### Evidence-based Approaches:

1. Evidence-based family planning strategies, and *if applicable, leverage the Reproductive Health Pathway*
2. Evidence-based models for home visiting:
  - [Nurse Family Partnership \(NFP\)](#) or other federally recognized evidence-based home visiting model currently operating in Washington State- provides first-time, low-income mothers and their children with nurse-led home-based support and care.
  - [Early Head Start Home-Based Model \(EHS\)](#), which works with parents to improve child health; prevent child abuse and neglect; encourage positive parenting; and promote child development and school readiness.
  - [Parents as Teachers \(PAT\)](#) promotes optimal early development, learning and health of children by supporting and engaging their parents and caregivers.
  - [Family Spirit](#), offers culturally tailored home-visiting to promote the optimal health and wellbeing of American Indian parents and their children
3. Evidence-Based models to improve well child visit & immunization rates:
  - [Bright Futures](#), Improve regional well-child visit rates (for ages 3-6) and childhood immunization rates.
  - [Stony Brook Children's Hospital Enriched Medical Home Intervention \(EMHI\)](#).



### System wide Metrics:

- Rate of Teen Pregnancy (15 – 19)
- Unintended Pregnancies - Low Birth Weight Rate

### Project-Level Metrics:

- Prenatal care in the first trimester of pregnancy
- Mental Health Treatment Penetration (Broad Version) (women and children)
- Substance Use Disorder Treatment Penetration (women and children)
- Well-Child Visits in the 3rd, 4th, 5th, and 6th Years of Life Well-Child Visits in the First 15 Months of Life
- Chlamydia Screening in Women Ages 16 to 24
- Contraceptive Care Most & Moderately Effective Methods Contraceptive Care – Access to LARC
- Contraceptive Care – Postpartum
- Childhood Immunization Status