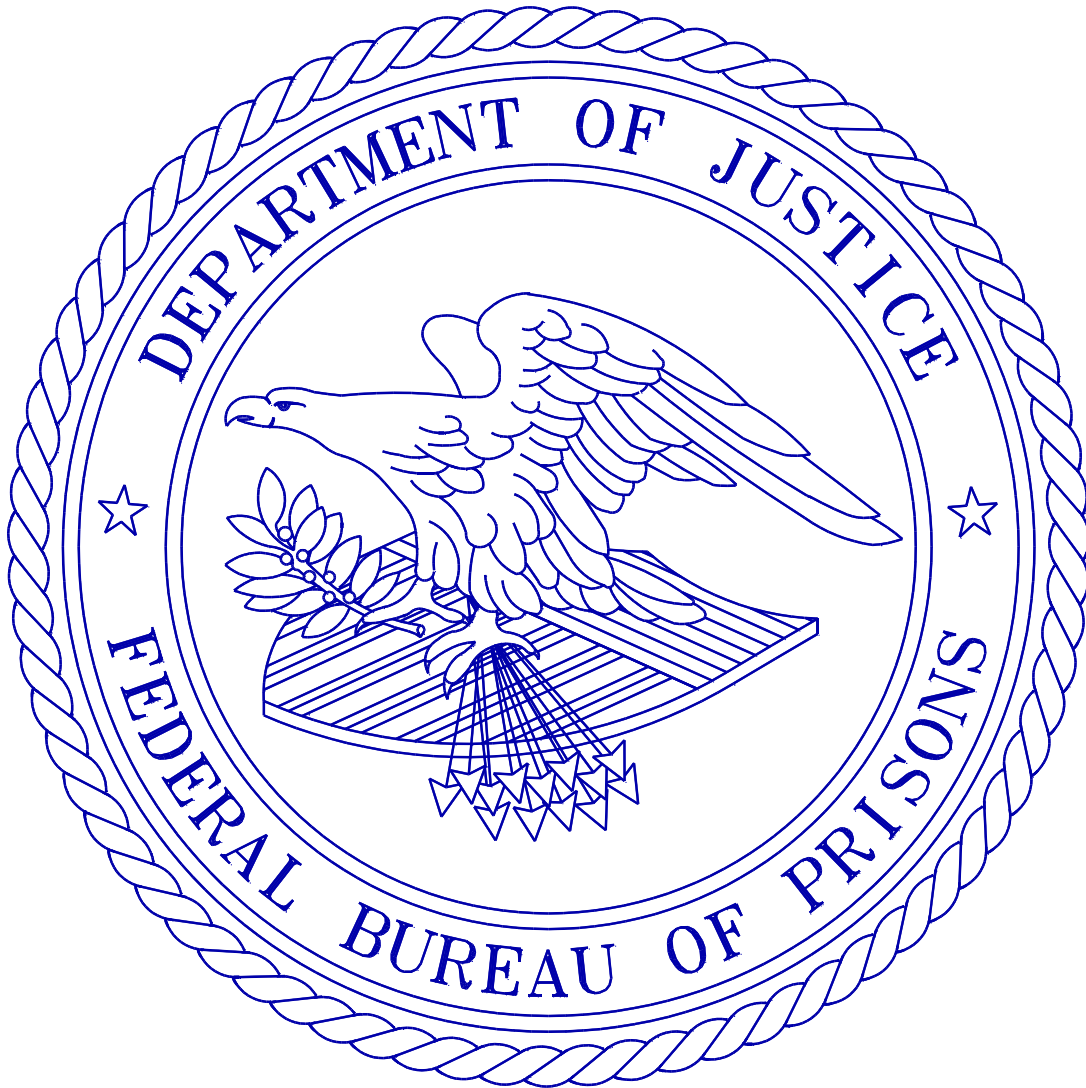


ADMISSION AND ORIENTATION HANDBOOK



FEDERAL PRISON CAMP
CUMBERLAND, MARYLAND

TABLE OF CONTENTS

TITLE	PAGE
Director's Message- - - - -	1
Introduction- - - - -	4
Intake, Classification, and the Unit Team - - - - -	4
General Functions of Unit Staff - - - - -	5
Reentry Planning- - - - -	6
Daily Inmate Life - - - - -	9
Safety- - - - -	12
Security Procedures - - - - -	15
Programs and Services - - - - -	16
Sexual Abuse/Assault Prevention & Intervention Program- - - - -	31
Visiting - - - - -	38
Medical Services- - - - -	41
Contact with the Community & Public - - - - -	47
Access to Legal Services- - - - -	53
Disciplinary Procedures - - - - -	58
Release - - - - -	60
Conclusion- - - - -	63

ATTACHMENTS

TITLE	ATTACHMENT
Inmate Rights and Responsibilities- - - - -	A
Prohibited Acts & Disciplinary Severity Scale - - - - -	B
Health Care Rights and Responsibilities - - - - -	C
Living Will - - - - -	D
Admission & Orientation Schedule- - - - -	E
Special Mail Notice - - - - -	F
Approval for Immediate Family Members- - - - -	G
Index	

Director's Message to Inmates

As Director of the Federal Bureau of Prisons, it is my responsibility to ensure the safety, security and good order of all 117 prisons, 38,000 staff, and 217,000 inmates. It is also my responsibility to provide you opportunities for self-improvement. In this message, I will explain some of the ways I intend to carry out my duties and also explain my expectations for how you carry out your responsibilities.

Over the past few weeks, I have reminded all staff of the BOP's core values: respect, integrity and correctional excellence. This means that everyone is to be treated with dignity and respect: staff, inmates, visitors, and members of the public. You are expected to demonstrate respect as well, to staff, to your fellow inmates and to the rules in place at the prison. You may want to reread the inmate rights and responsibilities information to be sure you are familiar with the expectations we have for you. Inmates who disrespect the rules by engaging in prohibited activities (especially the most serious prohibited acts including possession of intoxicants, weapons, or other contraband) pose a serious threat to the safety and security of the institution and will be subjected to disciplinary action. Participation in any type of gang activity will not be tolerated. In an attempt to ensure the environment is safe for all, inmates who participate in behavior which disrupts the orderly running of the institution may be considered for institutions with greater controls, such as higher security facilities or special management units. You are expected to behave responsibly and to live peacefully with other inmates, regardless of their background or culture.

Nearly all of you will release from prison one day and return to the community. We want you to be prepared to be a productive, law-abiding member of society. Accordingly, we will help you make the best possible use of your time in prison to learn skills, get treatment, build a resume, etc. Regardless of how many days, months, or years you may have time to serve, it is critical that you begin your preparation for reentry today! Ideally, preparation for reentry begins on the first day of incarceration. The Bureau of Prisons has developed tools to identify your needs and programs to address these needs, in the areas of education, work, recreation, health services, psychology, religious services, and more. The career resource centers at every institution can help you in many ways, and the full-time Mentor Coordinators can connect you with mentors while incarcerated who can continue to assist you after release. Staff can and will assist you to get on the path to a successful community reentry, but you must accept responsibility for your own future; you must work hard at the programs recommended for you and make every effort to prepare for release.

The staff of the BOP understand that incarceration can be a difficult experience and that some inmates are overwhelmed by feelings of hopelessness. If you or someone you know is feeling or talking about a sense of hopelessness or suicide, please bring this to the attention of a staff member as soon as possible; the staff are there to help you. Seeking help is a sign of your strength and determination to prevail. Helping yourself or a fellow inmate in a time of crisis is the right thing to do.

Another area of concern to me is sexual assault. If you are being threatened or pressured to engage in sexual behaviors, or are fearful about being sexually assaulted, please discuss your concerns with staff as soon as possible. We take all allegations of sexual abuse or sexual assault very seriously, and are committed to providing assistance to any victims. Please help us prevent this type of incident from occurring by identifying problematic circumstances or perpetrators so we can take appropriate action.

It is my hope that you use your term of incarceration to acquire the skills needed to live successfully in the community. We are here to help you prepare to successfully release from prison and become a productive citizen. Take advantage of the many programs that are available; get help in overcoming problems you have faced; improve skills you have acquired previously; strengthen your spiritual or religious connection. I challenge each of you to use each day to make a positive difference, whether it be for one another, the staff who work with you, your families, or communities.

July 20, 2012

MEMORANDUM FOR ALL BUREAU INMATES

FROM: Charles E. Samuels, Jr., Director
SUBJECT: Suicide Prevention

As Director of the Federal Bureau of Prisons, I am committed to ensuring your safety, the safety of staff and the public. I am also committed to providing you with programs and services that can contribute to your ability to successfully reenter society. In this message, I would like to specifically address your state of mind, an important part of your overall well-being.

Incarceration is difficult for many people; many individuals experience a wide range of emotions - sadness, anxiety, fear, loneliness, anger, or shame. At times you may feel hopeless about your future and your thoughts may turn to suicide. If you are unable to think of solutions other than suicide, it is not because solutions do not exist; it is because you are currently unable to see them. Do not lose hope. Solutions can be found, feelings change, unanticipated positive events occur. Look for meaning and purpose in educational and treatment programs, faith, work, family, and friends.

Bureau staff are a key resource available to you. Every institution is staffed with psychologists who provide counseling and other supportive mental health services. Anytime you want to speak with a psychologist, let staff know and they will contact Psychology Services to make the necessary arrangements. Psychologists are not the only Bureau staff available to provide you support. Your unit officer, counselor or case manager, work supervisor, teacher, and treatment specialist are available to speak with you and provide assistance, as are the other staff in the institution, including recreation specialists and lieutenants. Help is available.

Every day, inmates across the Bureau find the strength and support to move ahead in a positive direction, despite their challenging circumstances. You may be reading this message while in a Special Housing Unit or Special Management Unit cell, thinking your life is moving in the wrong direction. But wherever you are, whatever your circumstances, my commitment to you is the same. I want you to succeed. I want your life to go forward in a positive direction -a direction personally fulfilling to you, but also a direction which ensures the safety of the staff and inmates who interact with you each day.

I know your road ahead is not an easy one. Be willing to request help from those around you.

"Learn from yesterday, live for today, hope for tomorrow."
Albert Einstein

December 9, 2013

MEMORANDUM FOR ALL BUREAU INMATES

FROM: Charles E. Samuels, Jr., Director
SUBJECT: Changes in Operations

I want to share with you my continued commitment for the Bureau of Prisons to do all we can to provide you a safe living environment as well as opportunities to prepare for a successful return to the Community. This time of year can be difficult for many of us, but particularly for individuals who are removed from their friends and families. Focusing on the future and the promise it can hold may be of help. Below I have described some changes in the operations of the Bureau of Prisons that may benefit you.

First, we expanded our policy on compassionate release, a sentence reduction mechanism authorized by Title 18, United States Code, Section 3582. Most significantly, we added some non-medical circumstances that could be the basis for requests and we broadened the medical criteria somewhat. The details of the new criteria are explained in the new Compassionate Release Program Statement 5050.49 that is available through the law library. I encourage you to review this information and consider whether it applies to you. We also expedited the process for considering these requests by removing the requirement for Regional Directors to review the packages. Wardens now send approved requests directly to Central Office for review and final disposition.

Second, we enhanced our participation in the international prisoner treaty transfer program. This program permits inmates who are foreign nationals to request a transfer back to their country of origin to complete their sentence. I encourage you to review information pertaining to this opportunity in Program Statement 5140.40; the program is entirely voluntary on your part. Your unit team can assist you with questions you may have about either the treaty transfer or compassionate release policies.

Finally, we created the Reentry Services Division in the Bureau of Prisons that will allow us to consolidate and concentrate many of our reentry programs and services. Our long standing approach that "Reentry Begins on the First Day of Incarceration" is as true today as it has ever been in the past. The Bureau of Prisons provides and searches for new programs and new opportunities to help you be as productive as possible while in prison, preparing to return to your family and community as a productive, law abiding citizen. This past weekend, as you are probably aware, we hosted Universal Childrens' Day visiting events to encourage parents to spend some quality time with your children. There is no substitute for looking your children in the eye and letting them know you care about them. For some of you it may have been the first time you read a book to your child or drew a picture together. My hope is that this is just the beginning of a sustained journey back into the lives of your children and your roles as parents. Parenting is just one of many areas where you can develop skills through our programs. We also have programs to help you to overcome substance or behavioral issues. I challenge you to do all you can to focus on preparation for a successful return to the community.

I wish you continued success on your reentry journey.

Inmate Information Handbook
Federal Bureau of Prisons
FPC Cumberland

INTRODUCTION

The purpose of this handbook is to provide incoming inmates with general information regarding the Bureau of Prisons, its programs, and institution rules and regulations. It is not a specific guide to the detailed policies of the prison system or all procedures in effect at each Bureau of Prisons institution. That information is available in the Program Statements located in the inmate law library. Rather, the material in this handbook will help new inmates more quickly understand what they will be encountering when they enter prison, and hopefully assist them in their initial adjustment to institution life.

INTAKE, CLASSIFICATION AND THE UNIT TEAM

ADMISSION & ORIENTATION

Inmates are given social and medical screening at the time of arrival and will be screened by the Psychology personnel. Inmates are immediately provided with a copy of the institution rules and regulations, which include information on inmate rights and responsibilities. It also includes information on sexual assault and abuse.

Ordinarily, for the first two weeks of an inmate's stay at this institution, the inmate will be assigned to the Admission and Orientation (A&O) Program. While in A&O, inmates will learn about the programs, services, policies, and procedures regarding this facility. Inmates in A&O will also receive presentations from various staff regarding their programs and departments. At the end of the A&O Program, inmates will be assigned to a job as long as they are medically cleared for duty.

CLASSIFICATION TEAMS (UNIT TEAMS)

This institution, as with almost all other Bureau of Prisons institutions, is organized into a unit management system. A unit is a self-contained inmate living area that includes both housing sections and office space for unit staff. Each unit is staffed by a Unit Team directly responsible for the inmates living in that unit. The unit staff offices are located in the units so staff and inmates can be accessible to each other. The unit staff includes a Unit Manager, one Case Manager, one Counselor and one Unit Secretary. A Staff Psychologist, Education Advisor and Unit Officer are also considered to be unit staff, and may be present during Unit Teams.

Inmates are assigned to a specific Unit Team and generally, the resolution of issues or matters of interest while at the institution are most often initiated with the Unit Team. Unit Team members are available to assist in many areas, including visiting matters, release planning, personal and family problems, counseling and assistance in setting and attaining goals while incarcerated. Ordinarily, a member of the unit staff will be at the institution weekdays from 7:30 a.m. to 9:00 p.m., and from 7:30 a.m. to 4:00 p.m. on weekends and holidays. The Unit Team members usually schedule their working hours in such a manner that

at least one staff member will be available at times when inmates are not working.

GENERAL FUNCTIONS OF UNIT STAFF

CAMP ADMINISTRATOR

The Camp Administrator is responsible for administration of Camp programs and operations by planning, directing, coordinating, and evaluating. The goals are to provide an appropriately secure environment conducive to inmate accountability and responsibility, self-improvement, release planning, discipline, and well-being of those incarcerated at the Camp.

UNIT MANAGER

The Unit Manager is the administrative head of the unit and oversees all unit programs and activities. He or she is a Department Head at the institution and has a close working relationship with other departments and personnel. The Unit Manager is the "Chairperson" of the team, and reviews all team decisions, and ordinarily chairs all Unit Discipline Committees.

CASE MANAGER

The Case Manager is responsible for the majority of all casework services, Inmate Skills Development System (ISDS) information and prepares classification material, progress reports, release plans (e.g., social security cards/birth certificates), correspondence and other materials relating to the inmate's commitment. He or she is responsible to the Unit Manager on a daily basis. The Case Manager serves as a liaison between the inmate, the administration and the community. The Case Manager is a frequent member of the Unit Discipline Committee.

CORRECTIONAL COUNSELOR

The Counselor provides counseling and guidance for inmates in their assigned unit regarding institutional adjustment, personal difficulties, implementing Inmate Financial Responsibility Plans, Visiting forms, and plans for the future. He or she plays a leading role in all segments of unit programs and is a member of the Unit Team. As applicable, the Counselor will visit inmate work assignments regularly and is the individual to approach for daily problems. Counselors are the contact person for social visiting, inmate telephone system, work detail changes, administrative remedy requests, and furloughs requests. The Counselor is a frequent member of the Unit Discipline Committee.

UNIT SECRETARY

The Unit Secretary performs clerical and administrative duties for unit staff. The Secretary may sit in as a member of the Unit Team.

CORRECTIONAL OFFICER

The Unit Officers have direct responsibility for the day to day supervision of inmates and the enforcement of rules and regulations. They have safety, security and sanitation responsibilities at the Camp.

COMMUNICATIONS

There is usually a unit staff member available each day of the week and most evenings until 9:00 p.m. Personal questions and requests should be submitted to

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

staff members in person and/or utilizing the Inmate Request to Staff Member; paper form or electronic version (Cop-out). The unit bulletin boards contain written communication of interest to inmates. Unit Managers may utilize Town Hall meetings at his/her discretion to foster improved communications.

PROGRAM REVIEWS

Initial Classifications will be held within 28 days of the inmate's arrival to FPC Cumberland. Program reviews will be held within 90 days for inmates with one year or less remaining to be served, or within 180 days for inmates with more than one year remaining. These are held by the Unit Teams to review program participation, work assignments, custody, FRP payment compliance, institutional adjustment, obtaining identification for release purposes (e.g., social security card and birth certificate), etc. The Unit Team also makes recommendations regarding transfers and Residential Reentry Center placements. This is also the opportunity for inmates to request program changes (i.e., transfers and RRP consideration).

TOWN HALL MEETINGS

Town hall meetings are held periodically to make announcements and discuss changes in the policy and procedures. Inmates are encouraged to ask pertinent questions of staff and any guest speakers who are present. These questions should pertain to the unit as a whole, rather than personal questions or problems. Personal questions will be resolved by unit staff members during Open House hours.

REENTRY PLANNING

The success of your reentry starts the day that you are incarcerated!

As part of your initial classification and program review, The ISDS tool will be utilized by your Unit Team. It consists of 9 skill areas and is used to identify your strengths and weaknesses in relation to release readiness. Reentry preparation starts at the beginning of your sentence, waiting until the end is too late. At each team meeting your skills will be assessed and programs will be recommended to address your skill deficits. If you are not honest or open when you answer the questions, the team cannot accurately identify your needs to make appropriate recommendations in preparation for your current adjustment in the institution and in your future in the community.

Skill Areas

1. Academic
2. Vocational/Career
3. Interpersonal
4. Wellness
5. Mental Health
6. Character
7. Cognitive
8. Daily Living
9. Leisure

Components contributing to ISDS

1. Education
2. Health Services
3. Psychology
4. Unit Team
5. Recreation
6. Religious Services
7. Work Detail Supervisor
8. Other staff you interact with

9. You (the inmate)

IDENTIFICATION

In order to assist with employment readiness upon release, you will need two forms of identification. You may already have valid identification you currently have mailed to the Unit Team which has been placed in your Central File for use upon release. Forms of identification include:

Driver's license or state/federal picture identification
Birth certificate (A copy can be requested from your state's vital statistics agency for a fee. Specific information is available in the Law Library or Career Resource Center.)

Social Security card (Replacement card applications can be obtained from the Unit Team.)

CHILD SUPPORT

Basic Information Regarding Child Support:

1. Child support orders are often present for parents who do not live with their children. Sometimes a parent does not know there is a child support case.

2. If a parent has a child support order, the obligation does not go away automatically if the parent is unemployed or incarcerated. The arrearage adds up quickly and many states also charge interest.

Frequently asked questions regarding incarcerated/reentry population:

Q. Is it possible for a parent to not know about a child support order?

A. It is very possible for someone to not know he/she has a child support order in place. Child Support Enforcement agencies take steps to ensure both parties are present when child support matters are addressed. However, when a party fails to appear at the hearing, the order may be set by default.

Q. How can someone with no reported income have a child support order set at such a high amount?

A. If the administrative hearing officer or judge the order has no wage information or other proof non-custodial parent, the order amount is set in a number of ways, depending on the jurisdiction. Some jurisdictions will base the order on 40 hours of work at minimum wage; others will use past employment as a basis for their calculations. For example, if the parent worked construction, the order would be set at the going rate for construction work at 40 hours per week. Practices for setting the amount of child support vary among states.

Q. What can you do to reduce your child support order while incarcerated?

A. Many states have laws permitting the reduction of orders during incarceration. Each state handles these issues differently. The Law Library and/or the Career Resource Center may have information on your state's process. Contact the Reentry Affairs Coordinator for further assistance, if needed.

You should contact the child support enforcement agency if you have concerns or wish to apply for an adjustment to your child support order. A list of child support enforcement agencies will be made available to you.

VETERANS' BENEFITS

Please be sure to inform Unit Team that you are a Veteran.

Sentenced inmates are eligible for some reduced benefits while they are incarcerated. In some cases your family may still be able to receive benefits.

Local VA representative visits the institution to assist with general information and personal benefit issues.

You must have a copy of your DD-214 for any inquiry about VA benefits.

You may receive care from a VA medical center while incarcerated at an RRC.

Further information is available at the Career Resource Center.

SOCIAL SECURITY ADMINISTRATION'S ELIGIBILITY CRITERIA

SSI eligibility - People who are age 65 or older, who are blind or disabled, and whose income and resources are below certain limits are eligible. No benefits are payable for any month in which you reside in a jail, prison or certain other public institutions. If you were already receiving SSI, your payments are suspended while you are in prison. Benefits to your spouse or children will continue as long as they remain eligible.

To reinstate - The Social Security Administration must be contacted and provided a copy of your release documents. See your Unit Team for further information and local procedures. If your confinement lasts for 12 consecutive months or longer, your eligibility for SSI benefits will terminate and you must file a new application for benefits.

You are eligible to receive benefits while on home confinement.

SELECTIVE SERVICE

A. All males in the U.S. between the ages of 18 and 26 must register. This includes non-citizens. If you do not register before the age of 26, you can permanently lose federal benefits.

B. You can register on-line or by mail. See the Career Resource Center for further information.

If you are not registered and are over the age of 26, you can submit a Status of Information Letter (SIL) which can reinstate your benefits. (Not required if you were born before 1960.)

Men born between March 29, 1957, and December 31, 1959, are not required to register.

EDUCATION AND REENTRY

There is a federal law that limits some people with criminal records from being eligible for federal financial aid. However, restrictions only apply if you were convicted of a drug offense (a misdemeanor or felony) while you were receiving financial aid. And, even if you have a drug conviction that occurred when you were receiving financial aid, the law may not apply to you if a certain period of time has passed since the conviction or if you have completed drug treatment. Visit the Career Resource Center for more information.

The Reentry Affairs Coordinator may be reached at Mainline, on Trulincs, and through cop-out via the institution mail. Reentry information is posted on Trulincs Bulletin Board.

DAILY INMATE LIFE

CUBICLE SANITATION

It is the inmate's responsibility to check his living area immediately after being assigned there and to report damage to the Correctional Officer, Case Manager, or Counselor. An inmate may be held financially responsible for any damage to his assigned cubicle.

All inmate quarters will be in order prior to the 7:30 a.m. work call. It is expected that all inmate quarters will be ready for inspection between the hours of 7:30 a.m. to 4:00 p.m. Failure to follow the below listed sanitation expectations will result in a possible disciplinary action, to include, Loss of Quarters, Commissary, Recreation privileges, Loss of Job, Confiscation of Contraband, Impounding of Personal Property, Extra Duty and Restriction to Quarters.

- All beds are to be made daily in military fashion including a 6" collar. Beds will be made each weekday by 7:30 a.m. On weekends and holidays, beds will be made by 10:30 a.m. If an inmate is unassigned, on day off or vacation, he may lay on top of the made bed without the use of sheets or blankets. Inmates participating in RDAP are not permitted to sleep between the weekday hours of 7:30am and 4pm, for any reason, unless having received permission from by treatment staff. Each inmate is responsible for the cleaning and sanitation of his room. At no time will a mattress be removed from a bunk and placed on the floor.
- Cell floors will be swept and mopped daily, and periodically stripped and waxed with the permission of the Unit Manager. The only items authorized to be on cell floors are shoes, which will be neatly aligned underneath the beds. Any other personal property items, to include, food items, bowls, books, toilet paper, detergent boxes, soda cans, towels, blankets, legal materials, hobby craft items, photo albums, etc., is unauthorized for storage on the floor or underneath the bed, and will be confiscated.
- Trash cans will be emptied daily prior to the 7:30 a.m. work call and as often as necessary to ensure proper sanitation. Trash bags are not permitted for placement in trash cans, and will not be used to store shoes, clothing or other items.
- Retention of containers in which the original contents have been consumed, are prohibited, i.e., juice bottles, peanut butter jars, etc. Cleaning supplies will not be stored in containers as noted above, nor will unit cleaning supplies be kept in individual cells for convenience. This includes, but is not limited to brooms, dust pans, scouring powder/pads, etc.
- Except when explicitly authorized in writing, removal of food from the dining room is not permitted.
- The only items authorized for placement on top of the locker are one religious book and one picture frame. Towels and other coverings on top of lockers are prohibited and will be subject to confiscation.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

- Each inmate is responsible for ensuring lights, vents, windows, and door windows are not covered and/or blocked in any fashion. These areas will be cleaned daily and free of dust. The physical structure of the room will not be altered in any manner.
- Homemade clothing lines of any type are prohibited. Additionally, clothing will not be hung from light fixtures, vents, bed rails or windows.
- Cooking utensils to include bowls and cups will be appropriately stored in a locker. All others will be considered excessive and subject to confiscation. Additionally, bowls will not be stored in lockers with perishable food inside. All bowls found in lockers with perishable food will be considered contraband and disposed of accordingly.
- Personal photos, pictures torn from magazines, calendars, and the food service menu cannot be posted on the wall, side of the lockers or the bottoms of beds.
- Towels, blankets or sheets will not be placed on the floor as rugs or draft stoppers. If found, these items are subject to confiscation.

PERSONAL PROPERTY LIMITS AND STORAGE

Only items issued through regular channels, purchased at the commissary or through special purchase orders are authorized for retention. The numbers of items which may be retained by an inmate are limited for sanitation and security reasons. The following list is not all-inclusive, but is a guide to the kind of items an inmate may be authorized. A complete list of the types and numbers of approved personal property can be found in the appropriate Institution Supplement and posted on bulletin boards in the housing units. Inmates may not give any items of value to another inmate, (i.e., radio, MP-3 player, watch, sneakers and Commissary items).

STORAGE SPACE - Storage space consists of an individual locker which can be secured with locks purchased in the institution commissary. Footwear may be neatly placed under the bed. The amount of personal property each inmate is allowed is limited to those items which can be neatly and safely placed in the space designated. Under no circumstances will any materials be accumulated to the point where they become a fire or sanitation hazard.

CLOTHING - Civilian clothing of any type (except athletic apparel) is not authorized. All clothing is to be neatly stored in the individual locker. A limited number of personal sweatshirts, sweat pants and thermal underwear is permitted. Individual wash cloths and towels are issued to inmates.

SPECIAL PURCHASE ITEMS - Special Purchase items will be authorized only to the point where they can be contained in the storage area provided for personal property.

LEGAL MATERIALS - Legal material must be stored in your locker. Under no circumstances will legal material be stored outside of lockers, without authorization from the Unit Manager. If approval is granted, those legal materials will not be stored in cardboard boxes.

HOBBY CRAFT MATERIALS - Hobby shop raw materials are only to be stored in the recreation area with permission of the Recreation Supervisor. Completed hobby craft work must be disposed of within 30 days of completion. In most cases, hobby craft materials are not permitted in the housing unit.

COMMISSARY ITEMS - Special limits apply for items such as stamps, books, etc.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

All Commissary items must be stored in an inmate's individual locker.

FOOD STORAGE - Food items that are left open create a health hazard. These items must be properly sealed at all times. Containers must be disposed of immediately upon being emptied of their original content.

LETTERS, BOOKS, PHOTOGRAPHS, NEWSPAPERS AND MAGAZINES - An inmate will be limited to five magazines less than three months old, five books (excluding current school and VT books) and newspapers less than two weeks from the publishing date. One picture in a frame without glass may be displayed. Nothing is to be tacked, glued, or scotch taped to any surface outside of the lockers.

SPORTS AND MEDICAL EQUIPMENT - A limited amount of sports equipment and a harmonica may be maintained in the unit. Inmates are allowed to play musical instruments in designated musical areas only.

RADIOS, WATCHES AND MP3 PLAYERS - An inmate may not own or possess more than one approved radio, one set of headphones, one watch, and one MP3 player at any one time. Proof of ownership through appropriate property receipts will be required. Watches may not have a value exceeding \$100.00. Radios with a tape recorder and/or tape player are not authorized. Only walkman-type radios are permitted, and headphones are required at all times.

JEWELRY - Inmates may have a plain wedding band (without stones) and, with prior approval, a chain and religious medal without stones. The value of these items is not to exceed \$100.00 each.

UNIT ACTIVITIES

In order to minimize maintenance costs, permit uniform inspection and search procedures, and maintain orderly congregate living, institutions impose reasonable regulations on inmate conduct and furnishings in housing units. Unit staff will inspect the unit and the individual rooms on a daily basis. Failure to follow the below listed unit rules will result in a possible disciplinary action, to include, Loss of Quarters, Commissary, Recreation privileges, Loss of Job, Confiscation of Contraband, Impounding of Personal Property, Extra Duty and Restriction to Quarters.

- Each individual will conduct himself in a manner that creates an atmosphere of order and respect for the rights of others.
- Loud talking, running, horseplay, etc., will not be tolerated. The gymnasium and recreation field are the proper places for gymnastics and exercises. They will not be permitted in the unit.
- Table games to include dominoes, cards, chess, checkers, etc., are to be played in the unit's common area. Inmates are permitted to play games in the common area from 5:30 a.m. to 12:00 a.m. Sunday through Thursday and 5:30 a.m. to 2:00 a.m. on Friday and Saturday and the evenings prior to a federal holiday. Inmates assigned to be working during these times are strictly prohibited from game playing during their work hours. Inmates participating in RDAP are not permitted to play games during treatment hours. Games will not be permitted in the television rooms. Table games cannot be stored in individual cells. Loud and/or aggressive game playing will not be tolerated and may result in disciplinary action.
- Television Rooms will be opened Sunday through Thursday from 5:30 a.m. to

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

12:00 a.m. and 5:30 a.m. to 2:00 a.m. on Friday and Saturday and the evenings prior to a federal holiday. Inmates participating in RDAP are not permitted to view television during treatment hours.

- Quiet Hours are from 12:00 a.m. to 5:30 a.m. on Sunday through Thursday and 2:00 a.m. to 5:00 a.m. on Friday and Saturday. During quiet hours all televisions will be turned off and televisions rooms will be locked. No laundry, microwave usage, showering, game playing, access to E-Mail/TRULINCS during quiet hours. Inmates are not allowed to roam around the unit during quiet time. This type of behavior is disruptive to other inmates trying to sleep and will not be tolerated. During quiet hours inmates may read or listen to their music via headphones while staying in the vicinity of their assigned cubes.
- Inmates will not misuse Government property (eg., microwaves, mattresses, showers, televisions, sitting on tables, etc.), and will maintain their assigned chair at all times. Misuse of Government property may result in disciplinary action.
- Gambling and/or Tattooing in any form is strictly prohibited.
- Orderlies will work 37 hours per week and are responsible for the unit sanitation. However, everyone is responsible for cleaning after themselves. Trash and wastebaskets are to be emptied prior to 7:30 a.m. each day.
- Showers are available Monday through Friday between the hours of 6:00 a.m. and 7:30 a.m. and after the 4:00 p.m. count clears until lock down. On weekends, showers are open all day. However, inmates may not be in the shower during an official count. Food Service workers and others with irregular work shifts may shower during the day in the shower designated for that purpose as long as showering does not interfere with the cleaning of the unit. Cleaning times will be posted in every unit.
- Monday through Friday, during the hours of 7:30 a.m. to 4:00 p.m., with the exception of federal holidays, inmates are required to wear the green uniform with the shirt tail tucked in. The exception to this is if you are moving between the housing unit and recreation; you are permitted to wear sweat clothes. You are not permitted to wear sweat clothes when going to any other areas on the compound (i.e., Pill line, Administrative Building, TRULINCS Room, Laundry, Education, or Food Service). Sweat shirts must be worn under the green shirt.
- Steel-toed safety shoes must be worn to work, including orderly positions in the unit. Shoes or sneakers are to be worn in the dining room area.
- Unit televisions may be viewed during established off-duty hours, which generally coincide with the hours rooms are unlocked. During normal working hours, the television may be viewed at the discretion of the Unit Manager.
- Personal radios and MP-3 players may be played in an individual's room, but headphones must be used. Radios or MP-3 players and headphones will not be allowed in the dining room. Headphones are not to be worn and radios or MP-3 players are not to be playing while walking on the compound.

SAFETY

SAFETY INSPECTIONS

Inspections for sanitation, misuse of equipment, safety of hazards and the

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

presence of contraband will be made by staff on a daily basis. Failure to comply with these standards on an individual basis may result in disciplinary action.

- Card board boxes as well as shoe boxes creates a fire hazard, and will not be used under any circumstances to store legal materials, food and/or supplies. If found, all boxes will be disposed of appropriately.
- Spray bottles and other cleaning supplies will be issued from the unit sanitation supply rooms. Under no circumstance will an inmate be allowed to possess a personal spray bottle. All spray bottles will be issued as needed and returned upon completion. Inmates will not leave spray bottles in their assigned quarters unattended. Once finished, the spray bottle will be returned to the unit sanitation supply room. All spray bottles must bear the appropriate label of contents.
- Toilet paper will be received on a weekly basis and stored in the cabinet provided in the restrooms on each wing of the unit.
- Make-shift and/or spliced electrical cords constitute a safety hazard and will not be permitted.
- Equipment must be used with care at all times. Abuse may result in barring inmates from using the equipment and the receipt of an Incident Report.

PERSONAL PROTECTIVE EQUIPMENT

Personal Protective clothing and equipment shall be provided and worn in accordance with 29 CFR, OSHA 1910 & 1926, or as deemed necessary by the Safety Manager.

Types of personal protective equipment:

- Safety Shoes
- Hearing Protection
- Eye Protection
- Other (i.e. respirators, hard hats, rubber gloves)

INMATE TRAINING

All inmates shall be provided a safe work area, proper equipment with which to work, and detailed instructions in the safe way to perform work through the following;

- Initial training received during the A & O program.
- Initial Job Orientation (IJO) training received upon assignment to a job.
- Initial Job Orientations are updated annually.

CHEMICAL HAZARD COMMUNICATION PROGRAM-OSHA 1910.1200

RIGHT TO KNOW LAW - All persons working with and in the area of hazardous chemicals have the right to know of any risks involved.

SAFETY DATA SHEETS - Safety Data Sheets are located in all areas that each particular chemical is being used.

CONTAINERS - All chemical containers, including spray bottles, will be properly labeled and appropriately stored. Inmates are not permitted to store chemicals in their cells.

DISPOSAL - All chemicals must be disposed of in an appropriate manner.

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

RECYCLING

At FPC Cumberland, products are recycled to include cardboard, white paper, newspaper, magazines, plastic, glass, tin cans, aluminum cans, tires, batteries, and antifreeze.

Soda tabs are recycled. Recreation collects the soda tabs and they are sent to local Ronald McDonald House.

NO SMOKING AREAS

FPC Cumberland is a tobacco free institution. Smoking or chewing of tobacco in any form is STRICTLY PROHIBITED. Inmates found to be in possession and/or utilizing any form of smoking or chewing tobacco will be subject to disciplinary action. The only exceptions are those services authorized by Religious Services.

INMATE ACCIDENT COMPENSATION

Inmate Accident Compensation may be awarded to inmates for injuries sustained while performing work assignments involving the operation or maintenance of a federal correctional facility, or in approved work assignments for other federal entities.

Lost-time wages may be awarded to inmates assigned to paid institutional work assignments involving the operation or maintenance of a federal correctional facility, or in approved work assignments for other federal entities for work-related injuries resulting in time lost from the work assignments.

Whenever an inmate worker is injured while in the performance of assigned duty, regardless of the extent of the injury, the inmate shall immediately report the injury to his work detail supervisor.

If an inmate worker is involved in successive accidents on a particular work site in a comparatively short period of time, regardless of whether injury occurs, and the circumstances of the accidents indicate an awkwardness or ineptitude that, in the opinion of the inmate's work supervisor, implies a danger of further accidents in a task assigned, the inmate shall be assigned to another task or detail more suitable to the inmate's ability.

Work-related injuries, which may result in time lost from the work assignment, will be presented to the Safety Committee. The committee will make a determination of the injury's work-relatedness based on the available evidence and testimony. A determination of work-relatedness for purposes of awarding lost-time wages is not confirmation on the validity of any subsequent claim to receive compensation for work-related physical impairment or death.

An inmate may receive lost-time wages at the rate of 75% of the standard hourly rate for the number of regular work hours absent from work due to injury sustained in the performance of the assigned work. Lost-time wages are paid for time lost in excess of three consecutively scheduled workdays. The day of injury is considered to be the first workday regardless of the time of injury.

INMATE ACCIDENT FOR PERMANENT PHYSICAL IMPAIRMENT OR DEATH

No compensation for work-related injuries resulting in physical impairment shall be paid prior to an inmate's release.

Compensation may only be paid for work-related injuries or claims alleging improper medical treatment of a work-related injury.

Compensation is not paid for injuries sustained during participation in institutional programs to include programs of a social, recreational, or community relations nature, or from maintenance of one's own living quarters. Furthermore, compensation shall not be paid for injuries suffered away from the work location (e.g., while the claimant is going to or leaving work, or going to or coming from lunch outside of the work station or area).

Injuries sustained by inmate workers willfully or with intent to injure someone else, or injuries suffered in any activity not related to the actual performance of the work assignment are not compensable, and no claim for compensation for such injuries will be approved. Willful violation of rules and regulations may result in denial of compensation for any resulting injury.

No more than 45 days prior to the date of an inmate's release, but no less than 15 days prior to this date, each inmate who feels that a residual physical impairment exists as a result of an industrial, institution, or other work-related injury shall submit an FPI 43, Inmate Claim for Compensation on Account of Work Injury.

Each claimant shall submit to a medical examination to determine the degree of physical impairment. Refusal or failure to submit to such a medical examination shall result in the forfeiture of all rights to compensation.

EXCLUSIVENESS OF REMEDY

Inmates who are subject to the provisions of these Inmate Accident Compensation regulations are barred from recovery under the Federal Tort Claims. Recovery under the Inmate Accident Compensation procedure is the exclusive remedy in the case of work-related injuries.

SECURITY PROCEDURES

LOCKDOWN COUNTS

One of the first realities of institutional life is Official Counts. It is necessary for the staff to count inmates on a regular basis. During a count, inmates are expected to stay quietly in their cubicle until the count is announced clear. All inmates are expected to be standing during the 4:00 p.m. count and 10:00 a.m. count on weekends and holidays.

When an Official Count is announced, each inmate must return to his cubicle and remain there quietly until it is announced clear. Official Counts will ordinarily be taken at 12:00 midnight, 3:00 a.m., 5:00 a.m., 4:00 p.m. (stand-up) and 10:00 p.m. (stand-up). An additional stand-up count will be conducted at 10:00 a.m. on weekends and holidays, and other counts may occur during the day and evening.

Staff may take disciplinary action if an inmate is not in his assigned area during a count. Disciplinary action may also be taken against inmates for leaving an assigned area before the count is cleared. The inmate must actually be seen at all counts, even if the inmate must be awakened.

Attire

Inmates will be in the proper uniform, (normally green pants and green shirt), Monday thru Friday, between 7:30 a.m. and 3:30 p.m. The uniform will be maintained in a neat and professional manner, with shirt tucked in and pants around the waist line. Other than approved religious headgear, hats will not be worn while indoors.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

CALL-OUTS

Call-outs are a scheduling system for appointments (which include hospital, dental, educational, team meetings and other activities), and are posted each day after 4:00 p.m. on the day preceding the appointment. It is the inmate's responsibility to check for appointments on a daily basis. All scheduled appointments are to be kept. Inmates are subject to disciplinary action for failure to report to call-outs.

CONTRABAND

Contraband is defined as any item or thing not authorized or issued by the institution, received through approved channels, or purchased through the commissary. Each inmate is responsible for all items found in their assigned living area and should immediately report any unauthorized item to the Message Center Officer or Unit Team Member. Any item in an inmate's personal possession must be authorized, and a record of receipt of the item should be kept in the inmate's possession. Inmates may not purchase radios or any other items from another inmate, or loan items to other inmates. Items obtained in this manner are considered contraband and will be confiscated. An altered item, even if an approved or issued item, is considered contraband. Altering or damaging government property is a violation of institutional rules and the cost of the damage will be levied against the violator.

SEARCHES

Any staff member may search an inmate's person and/or room to retrieve contraband or stolen property. It is not necessary for the inmate to be present when his room is inspected. The property and living area will be left substantially in the same general condition as found. These inspections will be unannounced and random.

DRUG SURVEILLANCE

The Bureau operates a drug surveillance program that includes mandatory random testing, as well as testing of certain other categories of inmates. If a staff member orders an inmate to provide a urine sample for this program, and the inmate does not do so, that inmate may be subject to receiving an Incident Report.

ALCOHOL DETECTION

A program for alcohol surveillance is in effect at this institution. Random samples of the inmate population are tested on a routine basis, as well as those suspected of alcohol use. A positive test may result in the issuance of an Incident Report. Refusal to submit to the test may also result in an Incident Report.

FIRE PREVENTION AND CONTROL

Fire prevention and safety are everyone's responsibility. Inmates are required to report fires to the nearest staff member. Piles of trash or rags in closed areas, combustible material, items hanging from fixtures or electrical receptacles, or other hazards cannot and will not be tolerated. Regular fire drills will be conducted and fire inspections will be made by qualified professionals.

PROGRAMS AND SERVICES

IDENTIFICATION CARDS

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

Inmates are required to have their identification card in their possession whenever they leave the housing unit. Inmates may not give their identification card to another inmate for any reason. If the inmate loses, destroys, damages, or inappropriately neglects his identification card, he will be responsible for a \$5.00 replacement cost for the new I.D.

WAKE-UP

General wake-up for all inmates will be when the morning mainline is announced. It is the inmate's responsibility to leave the unit for work. Late sleepers, inmates who are unable to maintain a clean room or do not arrive at work on time may be subject to disciplinary action.

CLOTHING EXCHANGE & LAUNDRY

The laundry exchange line will open for the entire population, Monday Through Friday from 11:00 a.m. to 12:00 p.m. **Last call will be announced at 11:45 a.m.**

Exchanges and alterations will be by appointments only. The appointment will be made by submitting an Inmate Request to Staff Member to the laundry staff during the laundry exchange line. The inmate will then be placed on the call out for his appointment.

On linen exchange day, the inmates will drop off and pick up at the same time. Sheets and pillow case **must** be exchanged as a set. The inmate must bring two sheets and one pillow case to exchange these items.

The laundry will issue hygiene items on the 2nd and 4th Thursdays only.

The following is the daily exchange line schedule:

- Monday- Bag wash day entire population. One bag only per inmate (white or dark, no mixing). Pick up the bag from Fridays exchange.
- Tuesday- Bag wash day entire population. One bag only per inmate (white or dark, no mixing). Pick up the bag from Monday exchange.
- Wednesday- Linen exchange for entire population. Two sheets and one pillow case **must** be presented for linen exchange. Pick up the bag from Tuesday exchange.
- Thursday- Bag wash day entire population. One bag only per inmate (white or dark, no mixing). No bag pick up. Hygiene items and stationary supplies issue.
- Friday- Bag wash entire population. One bag only per inmate (white or dark, no mixing). Pick up the bag from Thursday exchange.

COMMISSARY

Inmate funds are retained by Centralized Banking (Lock Box) in a trust fund, from which the inmate may withdraw money for personal spending in the institution commissary, family support, or other approved purposes. Accumulated institutional earnings and moneys sent from outside are given to the inmate upon release, or may be mailed home. FPC Cumberland utilizes TRUFACS (Trust Fund, Accounting and Commissary System) computerized commissary withdraw system that simplifies purchasing and gives the inmate an improved, up-to-date record of all account activity.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

Each inmate is required to register on the fingerprint identification system prior to conducting any commissary sales. Sales are conducted using TRUFACS after positive fingerprint identification of the inmate.

The Commissary will conduct sales according to the inmates housing unit. Commissary shopping lists will be accepted from 11:15 a.m., until work call is announced, for the unit shopping that evening. Inmates will be permitted to shop once per week. After shopping, inmates must return to their units to store their purchases before going to other areas of the institution.

On Monday and Wednesday an Over the Counter Medication sale will be conducted from 11:00 a.m., until work call is announced. On Fridays, a photo ticket and Over the Counter Medication sale will be conducted from 11:00 a.m., until work call is announced.

Regular sales will be conducted after the 4:00 p.m. count until 8:30 p.m. on Monday through Thursday. For evening shift workers who are working on their scheduled shopping night, there is an afternoon sale on Monday from 1:00 p.m. to 3:00 p.m. Only those inmates who are on the approved shopping list for this early sale will be permitted to shop. Evening shift inmates must have their names submitted by their work detail supervisor no later than 4:00 p.m. Friday of the prior week. All commissary shopping lists for this afternoon sale must be submitted from 11:15 a.m. to 11:45 a.m.

The shopping day sequence for FPC Cumberland will be rotated on a quarterly basis and the schedule will be posted on the Commissary bulletin board along with a current shopping list.

If you have any problems or questions with your account, submit an Electronic Inmate Request to Staff Member to the Trust Fund Department. Be sure to maintain any receipts or papers you may need to document your problem.

INMATE TELEPHONE SYSTEM (ITS)

Inmates may only use the telephone in their housing units. Telephones are to be used to maintain family and community ties within lawful boundaries. Disciplinary sanctions may be imposed for abuse of the telephone privileges. During the Institution Admission and Orientation, the Trust Fund Representative will review the operation of the Inmate Telephone System (ITS).

Making V-PIN Calls from Inmate Telephones:

1. The V-PIN speaker identification registration process requires you to dial 111 and enter your PAC number. The system will then prompt you to; clearly state your **first and last name** after the tone. The system will store your name with your PAC number and you will then be prompted to confirm your first and last name by restating them after the tone. If the registration names match then the voice recording will play back to you, and will make your registration complete.
2. It is important that you **clearly** state your **first** and **last name** as it appears on your Commissary card. Speak directly into the handset when stating your name.
3. On each subsequent call the system will prompt you to clearly state your first and last name. The system will match your name and voice to the name and voice stored during the registration process in step 1. Only the name and speaker's voice used in step 1 will allow you to make calls. You will

be allowed up to three attempts per call to match your name with your registered name and PAC without having to redial.

4. Your registered name will be played to the called party on all phone calls.
5. If you do not remember how you said your name, please dial 112 and your PAC number and it will play the recorded voice from Step 1. Once heard, hang up and dial again.

Dialing Instructions:

Local Call:

1. Listen for a dial tone.
2. Enter the ten digit telephone number.
3. Wait for the new dial tone.
4. Enter your Phone Access Code (PAC).

Example: (301)555-1234-357926819

Long Distance Call:

1. Listen for the dial tone.
2. Enter 1, area code, and telephone number, for collect calls enter 0, area code, and telephone number.
3. Wait for the new dial tone.
4. Enter your Phone Access Code (PAC).

Example: 1-202-555-1234-357926819

International Call:

1. Listen for the dial tone.
2. Enter 011, country code, city code, and telephone number.
3. Wait for the new dial tone.
4. Enter your Phone Access Code (PAC).

Example: 011-35-24-426974-357926819

With ITS, the called party shall have the capability to deny and /or block further telephone calls from inmates through their home telephone. A voice prompt will direct them through the process. Once a telephone number is blocked by the intended recipient via his/her telephone, that same number can be unblocked by the recipient only upon receipt of a written request for reinstatement by the intended recipient to the Trust Fund Staff. To ensure the called party's identity, the request for reinstatement must include a copy of a recent telephone bill. Trust Fund staff will process this request expeditiously.

The Phone Access Code (PAC) is a nine-digit number which allows an inmate access to the ITS. This code will be established for an inmate upon his arrival at any institution. All inmates should treat their code number as strictly confidential and shall not share this number with any other inmate. Sharing or selling of the PAC numbers between inmates will result in disciplinary action. To obtain a new or Replacement PAC number for any reason, the inmate will be required to complete a BP-199 (Request for Withdraw of Inmate Funds) in the amount of \$5.00 charge to help defray the cost of establishing the number.

In order for an inmate to utilize the debit system of the ITS, the inmate will be required to purchase phone credits through the phone system. Inmates may purchase phone credits anytime the phone system is operational, each weekday and anytime during the weekend. The system will allow two transfers per day. Telephone credits will not be deducted from the inmate's monthly spending limit. ITS credits will not be credited back to the inmates commissary account except for the following:

- Inmates on telephone restriction for more than thirty (30) days

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

- Release from the institution.
- In rare or unusual instances as the Warden deems appropriate.

All calls are limited to 15 minutes, the system provides a warning tone approximately one minute before the call is disconnected. Upon completion of a telephone call, inmates will not be permitted to make another call for 15 minutes. **Inmates are only authorized to make up to 300 minutes per month of debit calls or collect calls.** Revalidation to your 300 minutes is based on your commissary revalidation date.

The Bureau of Prisons collect call provider is Value Added Communications (VAC). VAC provides collect call services and pre-paid accounts for persons receiving calls from inmates. VAC can be contacted by persons receiving calls from inmates at 1-800-913-6097 (for domestic long distance), and 1-972-367-0070 (for international calls).

All inmate telephones are subject to monitoring and recording. In order to arrange an unmonitored attorney call, inmates will need to submit a Copout (Inmate Request to Staff member) to a member of their Unit Team. Inmates are allowed a total of 30 approved telephone numbers on their telephone list. This includes numbers for collect calls. All changes to your phone list must be completed in TRULINCS. Once a phone number is placed in TRULINCS, you should be able to place a call to that number within 15 minutes.

The telephones will normally be operational during the following hours:

Monday through Friday	6:00 a.m. to 8:00 a.m. 10:30 a.m. to 12:30 p.m. 3:00 p.m. to 11:30 p.m.
Saturday, Sunday, & Holidays	6:30 a.m. to 11:30 p.m.

** One phone in each unit will remain operational from 6:00 a.m. to 11:30 p.m. **

The use of a telephone must not interfere with institution schedules, programs, work assignments, or counts.

TRULINCS (TRUST FUND LIMITED INMATE COMPUTER SYSTEM)

The Trust Fund Limited Inmate Computer System (TRULINCS) is a program currently being conducted by the Federal Bureau of Prisons to provide inmates with some limited capabilities to send and receive electronic correspondence without having access to the Internet. TRULINCS terminals are to be used to maintain family and community ties within lawful boundaries. Disciplinary sanctions may be imposed for abuse of the TRULINCS privileges.

All inmates have access to TRULINCS. To access the system they will log in using their register number, PAC number, Commissary fingerprint identification and PIN number. Your PIN number can be obtained from the commissary. If you get locked out of TRULINCS by three (3) failed attempts of entering the wrong information, you will need to submit an Inmate Request to Staff Member to the Trust Fund Supervisor or Trust Fund Specialist to have your account unlocked.

All inmates should treat their PAC, PIN, numbers as strictly confidential and shall not share this number with any other inmate. Sharing or selling of the PAC numbers between inmates will result in disciplinary action. To obtain a new or Replacement PAC number for any reason, the inmate will be required to complete a BP-199 (Request for Withdraw of Inmate Funds) in the amount of \$5.00 charge to

help defray the cost of establishing the number.

You are authorized 100 contacts in TRULINCS (30 e-mail addresses & 30 phone numbers). All contact information requires the full name, address, city, state, and zip code. E-mail addresses need to be entered into the TRULINCS accurately. **Special attention should be given to the spelling and capitalization of the e-mail address.** Example: jdoe@anywhere.com is not the same as JDOE@anywhere.com. Inmates enter the e-mail addresses and phone numbers into TRULINCS with their contact information. Changes to your contact information can be completed anytime TRULINCS is operational.

Note: All mail leaving the institution requires a mailing label. Mailing labels can be printed in education. You can print up to 5 labels per day. This is a free service.

In order for an inmate to utilize the Electronic Messaging Portion (e-mail) of TRULINCS, the inmate will be required to acknowledge the electronic Inmate Agreement for Participation in TRULINCS Program form. At the beginning of every session, the inmate will be given the opportunity to purchase TRU-Units. This is the only opportunity during a logon session that TRU-Units can be purchased. TRULINCS credits will not be deducted from the inmate's monthly spending limit. TRULINCS credits will not be credited back to the inmate's commissary account except for the following:

- Inmates on TRULINCS restriction for more than thirty (30) days
- Release from the institution.
- In rare or unusual instances as the Warden deems appropriate.

Removal from the TRULINCS program

With TRULINCS, the e-mailed party has the capability to deny and/or block further correspondence from inmates through their computer. Once an e-mail address is blocked by the intended recipient, that same e-mail address can be unblocked by the recipient only upon receipt of a written request for reinstatement by the intended recipient to the Trust Fund Staff. Trust Fund staff will process this request expeditiously. All logon sessions are limited to 60 minutes.

Upon completion of a session, inmates will not be permitted to logon again for another 15 minutes. All e-mail messages are subject to monitoring. The TRULINCS terminals will normally be operational during the following hours:

UNITS

Monday through Sunday & Holidays 6:00 a.m. to 11:00 p.m.

COMPOUND

Monday through Friday 6:00 a.m. to 12:30 p.m.
3:00 p.m. to Compound closed
Sunday, Saturday, & Holidays 6:00 a.m. to Compound closed

The use of the TRULINCS terminals must not interfere with institution schedules, programs, work assignments, or counts.

Spending Limitation

The Bureau expenditure limitation will be computed on various times throughout the month depending upon the fifth digit of the inmate's register number. The

following is the validation schedule:

Fifth Digit	Day of the Month
0	1 st
1	4 th
2	7 th
3	10 th
4	13 th
5	16 th
6	29 th
7	22 nd
8	25 th
9	28 th

The monthly spending limit will be determined in accordance with Program Statement 4500.07. The spending limit is currently \$320.00 per month. Stamps, phone credits, TRULINCS, copy cards, and over the counter medications are not charged against the monthly spending limitation. Special Purchase orders with a unit cost of \$100.00 or more must be approved in writing by the Chief Executive Officer.

No more than one SPO is processed per month for any inmate. Ordinarily, SPO's are entered by the close of business on the third work day following receipt by the Trust Fund Staff.

Inmates that are FRP delinquent will be limited to a monthly spending limitation of \$25.00.

Account Information

All account information can be viewed on TRULINCS. Account transactions can be viewed in a 30 day period for the past 90 days. The account transaction can be printed for a fee of .15 cents per page. Commissary receipts can be viewed or printed for the last 90 days. There is also a fee of .15 cents per receipt.

Finality of Sales

Shoppers are advised that after the inmate has left the sales window, the sale is final. The commissary cannot accept returns or exchanges and they cannot grant refunds. Items are to be inspected at the time of purchase at the sales window. All shoes that are purchased will be tried on at the sales window to ensure proper size and all clothing items will be checked for the proper size.

Inmate Conduct During Sales Hours

Inmates are expected to conduct themselves in an orderly fashion during sales hours. Failure to maintain conduct in accordance with Bureau and Institution policy will result in an incident report. The following are special rules for shopping during sales hours:

- No more than 5 inmates in the sales lobby at one time.
- The shopping list must contain the inmate's name and register number.
- No eating in or near the commissary.
- No loitering in or near the commissary.
- No arguing with the Commissary staff or inmate workers for any reason.

Special Purchase Orders

Special purchase orders can be requested for hobby craft items, religious articles

and certain supplies. Request for special forms may be obtained from Recreation Staff, Chaplin, and Unit Counselor. Special Purchase orders with a unit cost of \$100.00 or more must be approved in writing by the Chief Executive Officer.

Deposits to Accounts

All funds being sent to inmates in the Bureau of Prisons custody must be sent to the National Lock Box at the following address:

Federal Bureau of Prisons
Insert Inmate Committed Name
Insert Inmate Register Number
Post Office box 474701
Des Moines, IA. 50947-0001

Please Notify all persons who send you funds that they must send all funds to the national Lock Box mailing address above and they must adhere to the following to avoid unnecessary delays in posting:

- Print the inmate's committed name (no nicknames or aliases) and register number on all negotiable instruments and envelopes.
- Print legibly on both the negotiable instrument and envelope.
- Print the return address legibly in the upper left hand corner of envelope to ensure that funds can be returned in the event the funds cannot be posted to the inmate's account.
- Use regular-sized envelopes (letter or legal size).

DO NOT send funds directly to the institution. These funds will be returned to the sender.

DO NOT send greeting cards, letters, pictures, or any other personal items in the envelope. These items will be destroyed.

DO NOT send cash, coins, or personal checks.

DO NOT send legal documents or forms. These cannot be forwarded to the inmate.

Deposits to the Inmate Deposit Fund Accounts from outside sources are accomplished through the Lock Box Program (Centralized Banking). Checks and other Negotiable Instruments will be received and posted in accordance with Program Statement 2000.2, Chapter 10967. All domestic and foreign negotiable instruments shall be placed on hold. All non-postal money orders and non-government checks processed through the National Lockbox will be placed on a 15-day hold. Foreign negotiable instruments payable in U.S. Dollars shall be held 45 days. The holding period shall begin the day Lock Box enters the instrument into Trust Fund, Accounting and Commissary System (TRUFACS). Negotiable instruments with expired validity dates shall not be Accepted.

The following items are not held and funds are immediately available to the inmate. However, some negotiable instruments may require a hold if they are deemed a financial risk:

- U.S. Postal Money Orders.
- U.S. Government-issued checks (Federal, State, county, municipal).
- Privately contracted correctional facility checks.
- **Postal** money orders issued by Anguilla, Antigua and Barbuda, Bahamas, Barbados, Belize, British Virgin Islands, Coronado, Dominica, Grenada,

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

Montserrat, St. Christopher, Nevis, St. Lucia, and St. Vincent and the Grenadines.

- Canadian postal money orders payable in U.S. dollars.

In addition to the lock box program inmate families and friends may also send inmate funds through Western Union's Quick Collect Program and Money Gram Express Payment. **All funds sent via Western Union's Quick Collect and Money Gram Express Payment will be posted to the inmate's account within two to four hours, when those funds are sent between 7:00 a.m. and 9:00 p.m. EST (7 days per week including holidays).** Funds received after 9:00 p.m. EST will be posted by 9:00 a.m. EST the following morning. Funds sent to an inmate through Western Union Quick Collect may be sent via one of the following ways:

Western Union Quick Collect Information:

- 1) **At an agent location with cash:** The inmate's family or friends must complete a Blue Quick Collect Send Form. To find the nearest agent they may call (800)325-6000 or go to www.westernunion.com.
- 2) **By phone using a credit /debit card:** The inmate's family or friends may simply call (800)634-3422 and press option 2.
- 3) **Online using a credit/debit card:** The inmate's family and friends may go to www.westernunion.com.
 - 1) Select Bill Payment
 - 2) Select Quick Collect

For each Western Union quick Collect transaction, the following information must be provided:

- 1) **Inmate Register Number**
- 2) **Inmate Committed Name**
- 3) **City Code: FBOP**
- 4) **State Code: DC**

Please note that the inmate name and register number must be entered correctly. If the sender does not provide the correct information, the transaction cannot be completed.

The City Code will always be: FBOP and the state Code will always be: DC.

Each transaction is accepted or rejected at the point of sale. The sender has the sole responsibility of sending the funds to the correct inmate. If an incorrect register number and/or name are used and accepted and posted to that inmate, funds may not be returned.

Any questions or concerns regarding Western Union Transfers should be directed to Western Union by the sender (general public). Western Union customer service can be reached at (800)634-3422.

Money Gram Express Payment:

All funds sent via Money Gram Express Payment will be posted to inmate accounts within two to four hours, when those funds are sent between 7:00 a.m. and 10:00 p.m. EST (seven days per week, including holidays). Funds received after 9:00 p.m. EST will be posted by 9:00 a.m. EST the following morning. Funds sent to an inmate through Money Gram Express Payment will be on a cash basis only, so the sender must go to a Money Gram Agent to deposit funds.

At an agent location with cash: The inmate's family
Or friends must complete a Money Gram Express Payment
Service Form. To find the nearest agent they may call
1-800-926-9400 or go to www.moneygram.com.

For each Money Gram transaction, the following information must be provided:

Inmate Register Number
Inmate Name
Receive Code: 7932

Please note that the inmate name and register number must be entered correctly, if the sender does not provide the correct information, the transaction cannot be completed. The Receive Code will always be: **7392**

Each transaction is accepted or rejected at the point of sale. The sender has the sole responsibility of sending the funds to the correct inmate. If an incorrect register number and/or name are used and accepted and posted to that inmate, funds may not be returned.

Money Gram will charge the public up to \$9.95 fee for U.S. cash transfers up to \$5,000 processed at Money Gram agent locations. Any questions or concerns regarding Money Gram transfers should be directed to Money Gram by the sender (general public).

Commissary Fund Withdrawals

All BP-199's need to be completed in TRULINCS. After the form is saved and printed (**this is a free service**), the form needs to be delivered and signed by you in the presence of your Unit Staff. The Unit Staff will deliver the hard copy to the Trust Fund Department for processing. Unit Managers are the approving officials for withdrawals up to \$500.00. Any request for withdrawal exceeding \$500.00 shall be approved by the Associate Warden (Programs). Withdrawals for education and leisure time items must be approved by the Supervisor of Education.

If you need to void a BP-199 that has not been processed by the Trust Fund Department you need to go to the manage funds section on your TRULINCS account and delete that transaction.

Note: Payments to the institution (I.D.Cards, PAC numbers, copies, or DHO sanctions for monetary restrictions) are to be completed on the green bubble form (BP-199) and are not to be completed in TRULINCS. The bubbles on this form do not need to be filled in. The only information that is needed is Name, Register Number, Dollar Amount, Reason, and sign the form in the presence of your Unit Staff.

JOB ASSIGNMENTS

All inmates, who have been medically cleared, are expected to maintain a regular job assignment. Most job assignments are controlled through the Performance Pay System which provides monetary payment for work. The current pay scale is as follows;

Grade 4 - \$.12 per hour
Grade 3 - \$.17 per hour
Grade 2 - \$.29 per hour
Grade 1 - \$.40 per hour

Failure to pay fines and other monetary obligations, being sanctioned for a Code 100/200 Prohibited Act violation involving drugs/alcohol, or failure to

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

participate in the required drug education or to show progress towards educational goals may result in pay restrictions. In most instances, Unit Staff approves job changes and see that the changes are posted on the Daily Change Sheet.

To request a change in detail assignment, submit a Cop-out to the detail requested. If approved, have the request approved by the losing detail and submit the signed Cop-out to Unit Staff. Inmates are to remain on a job assignment for 90 days before being reassigned unless approved by the Unit Manager.

FEDERAL PRISON INDUSTRIES

Federal Prison Industries (FPI) employs and trains inmates through the operation of, and earnings from, factories producing high-quality products and services for the federal government. FPI at FCI Cumberland produces signs for various government agencies. Profits from FPI fund other inmate programs as well as provide hands-on industrial training for inmates.

INDUSTRIAL PAY: FPI provides five (5) standard hourly rates, (which are subject to change), as follows:

GRADE	HOURLY RATE	DAY	ESTIMATED MONTHLY PAY (21 DAYS)
5	.23	1.73	36.33
4	.46	3.45	72.45
3	.69	5.18	108.78
2	.92	6.90	144.90
1	1.15	8.63	181.23

To be promoted above Grade 4, inmates must have a verified high school diploma or have obtained a GED.

All overtime pay is computed on a double time basis. The normal working day is 7.5 hours. To receive overtime pay you must first have 7.5 hours on the day you work overtime. Inmate payrolls are computed in the Business Office and forwarded to the Commissary the first week of the month following the month being paid. Questions about payroll will be resolved by the detail foreman whenever possible. If you are not satisfied with the Foreman's answer you may submit a Copout to the Business Manager.

All inmates working in FPI receive pay for 10 holidays per year. To be eligible for holiday pay, you must be in FPI work status the work day before and the workday following the holiday.

LONGEVITY - Inmates who have worked in Federal Prison Industries for 18 months will be eligible to receive \$.10 for each hour in pay status. Inmates who have worked FPI for 30 months will be eligible to receive \$.15 extra for each hour in pay status. Inmates who have worked for FPI for 42 months will be eligible to receive \$.30 extra per hour in pay status.

Inmates who have been in Grade 1 positions for six months or more are eligible to be considered for premium pay which is an additional \$.20 over base pay. Premium pay is used to reward inmates who regularly and routinely make contributions to FPI operations that exceed the standards required of them.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

Such inmates should assist in training new inmate workers, demonstrate leadership qualities and make contributions to the efficiency of production and operations. Premium pay is limited to 10% of all Grade 1 workers.

FOOD SERVICE

Inmates at FPC Cumberland are provided nutritious and appealing meals in accordance with the National Menu. Food portions will be rationed for all items served off the serving line. All items not served from the serving line but provided on the hot bars or salad bars are considered non-rationed items and are self-served. Non-rationed items will ordinarily be provided as long as there is no excess waste. A Certified Religious Diet is available upon approval from Religious Services. Inmates may make their request for placement to the Certified Religious Diet program through a written request to the Chaplain.

The only authorized headgear in the food service area is Muslim or Rastafarian Kufis, Native American headbands or Jewish Yarmulkes. Items such as radios, laundry bags, books, personal plates, silverware, or cups are not permitted in the Food Service department. Inmates are not permitted to take any food products out of the dining hall. The meal hours established at FPC Cumberland are as follows:

BREAKFAST	Monday-Friday	6:00 a.m.
LUNCH	Monday-Friday	11:00 a.m.
DINNER		Daily after the 4:00 p.m. count has cleared
COFFEE HOUR	Weekends/Holidays	7:00 a.m.
BRUNCH		Weekends/Holidays 10:45 a.m.

All holiday and picnic meals will be served on a schedule as designated by the Food Service Administrator, and will be reflected on the cycle menu.

After all housing units have been called to mainline a Last Call announcement will be made. This provides inmates with a final opportunity of approximately ten minutes to report for the mainline meal. All inmates must enter Food Service through the entrance doors nearest the Camp Laundry.

Inmates identified as eating more than once per meal may receive a Incident Report and be charged a \$2.00 fee.

EDUCATION PROGRAMS

The Education Department at FPC Cumberland offers a variety of programs for all skill levels. Some of the activities that are available include GED classes, ESL classes, Apprenticeship programs, Tail of Freedom Dog Training Program, Job Readiness class, ACE classes, Parenting classes, Hope House Book Reading program, leisure time activities and library services. As new educational activities become available, flyers are posted in the units, education, and recreation. The flyers will contain information about each class to include sign-up procedures. Both a law library (electronic law library) and leisure library are maintained in the Education Department.

More information about the Education Department is discussed during the Admission and Orientation program.

RECREATION, LEISURE AND SOCIAL PROGRAMS

Leisure activities and recreational programs are also supervised by the Recreation Department. These programs help develop an individual wellness concept for participants. Programs include indoor and outdoor activities, and range from

individualized arts and crafts programs to intramural team sports such as softball, basketball and volleyball. Physical fitness weight reduction and wellness awareness programs are also important activities for inmates and contribute to mental health, good personal relations and stress reduction. In addition, inmates can learn to use their free time constructively.

A variety of activities are available on the recreation yard, in the gymnasium, and in the leisure center for 'off-duty' inmates. Special events, including unit or institution-wide tournaments, are held on all major holiday and weekends.

Intramural Code of Conduct

The primary purpose of our intramural sports program is to provide an organized, safe, and enjoyable form of recreation for all interested inmates. Emphasis is placed on creating a positive, non-threatening atmosphere in which players, coaches, officials, and spectators can relax and enjoy the social interaction and physical benefits of athletic competition.

As such, there will be no tolerance for unsportsmanlike conduct or for those who cannot maintain control of their actions and/or emotions while participating in the intramural program. The integrity of the Recreation Department's intramural program will not be compromised by inmates who cannot conform to the general rules of sportsmanship, as well as posted intramural rules.

All participants are advised that violations of intramural rules, in many cases, constitutes a violation of Bureau policy and may result in disciplinary actions above and beyond those stated in the following intramural rules and regulations.

Rules of Conduct

1. Any player or coach ejected from a game is suspended from all intramural competition for a minimum of two games and up to two months. This will depend on the severity of the infraction. A player with two technical fouls (basketball) or a red card (soccer) will be ejected from the game and the minimum 2 game suspension issued. A participant suspended from one league cannot play in another league (basketball, volleyball, soccer, and softball) while under suspension. A violation of this rule will result in suspension from the intramural program for a minimum period of 1 year.

2. Participants will treat staff and officials with respect at all times. Abusive language and threatening gestures or behavior will not be tolerated. Violations will result in an immediate expulsion from the game and a minimum of 2 months suspension. Such incidents may involve additional disciplinary action as determined by Recreation Staff, Correctional Services, Unit Team, or the Disciplinary Hearing Officer (DHO).

3. Any player or coach placed on suspension a second time, from any intramural sport, within 6 months from the date of eligibility from the previous suspension, will be suspended from all intramural participation for a minimum period of 1 year. This includes soccer, basketball, volleyball, softball, regular season, practice games, special tournaments, etc.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

4. If any recreation property (jerseys, whistles, gloves, balls, etc.) is confiscated from an inmate's person or property, that inmate will be suspended from all intramural sports for a minimum of 6 months, and will be subject to receiving an incident report for possession of contraband.
5. Any coercive action (threats, bribes, etc.) made to any official before, during, or after a game by any player or coach can result in suspension from all intramural sports for a minimum period of 1 year.
6. Officials who threaten players or coaches are subject to the same disciplinary actions as players.
7. Coaches are responsible for their team's conduct while participating in the league. The coach may be ejected from the game if he cannot control his players' behavior. Coaches ejected will be subject to the same penalty as players.
8. Any player involved in any type of physical altercation is subject to disciplinary action and suspension from all intramural activities for a minimum of 1 year.
9. Participants who throw or kick basketballs, softballs, soccer balls, or volleyballs, against the walls, ceilings, etc. are suspended for a minimum of 2 games and will be held financially responsible for any damage to property and/or equipment.
10. To be considered for participation in a varsity game an inmate must have clear conduct for a minimum of one year.
11. Participation without signing the code of conduct may result in a minimum two game suspensions and forfeiture of all games played prior to signing.

PSYCHOLOGICAL PROGRAMS AND ACTIVITIES

There are many alternatives for inmates who have personal problems and desire to correct them. These options include Narcotics and Alcoholics Anonymous, Wellness programs and other voluntary groups (i.e. Anger Management). Inmate participation in these activities will be encouraged upon staff's assessment of inmate needs, but participation in such activities is voluntary. However, when recommended by the inmates Unit Team, they are strongly encouraged to participate. Staff in each unit is available for informal counseling sessions and formal group counseling activities.

Inmates who were sentenced or had release revoked after September 1991, and meet one of the following criteria are required to participate in substance abuse counseling (the Drug Education Program):

- Have a judicial recommendation for institutional drug treatment
- Drug or alcohol use contributed to the commission of the instant offense
- Drug or alcohol use was one of the reasons for a violation of supervised release, parole, or community corrections center placement
- Other interested inmates may contact the Drug Abuse Counselor by Copout to express their desire to participate in the Program.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

Residential Drug Abuse treatment is available to any inmate who qualifies for admission based on documentation of a history of severe substance abuse. FPC Cumberland has a Residential Drug Abuse Treatment Program which is based in the Program Unit. This is an intensive nine-month treatment program which also includes a community corrections component of up to six months of community based treatment. Non-violent offenders are also eligible for a sentence reduction of up to one year upon successful completion of this program. Inmates who are not eligible for placement in a half-way house are also not eligible for residential program participation. The presence of detainers and pending charges generally precludes an inmate from participating in residential treatment. Such issues must be resolved by the inmate prior to application for the program. Non-Residential drug abuse treatment is also available for inmates at FPC Cumberland. This program is designed for inmates who wish to receive treatment for substance abuse problems, but who do not qualify for residential drug treatment, lack sufficient time remaining on their sentence for participation in residential drug treatment or who have too much time remaining on their sentence for participation in residential drug treatment. A financial incentive of \$30 is awarded to each participant upon completion of this program. In addition, AA/NA is offered on a twice weekly basis in the Chapel. This is an inmate-facilitated program sponsored by Psychology Services. An inmate can enroll in any Psychology Service program including drug treatment services by submitting to cop-out to Psychology. The cop-out can simply be addressed to "Psychology" and staff will direct it to the appropriate staff member.

PSYCHOLOGICAL SERVICES

The Psychology Services Department at FPC Cumberland is available to the inmate population during Open House and Monday through Fridays from 7:30 a.m. to 3:30 p.m. on an appointment basis only. Appointments for routine concerns can be made by submitting a Copout to Psychology Services or speaking directly with a department staff member. Inmates experiencing an emergency situation to include serious depression or suicidal thoughts should report this to the nearest staff member. Under these circumstances, inmates are generally seen immediately by Psychology staff. An on-call Psychologist is available after hours to deal with emergency situations which may arise on evenings or weekends.

Inmates are screened upon arrival by the psychologists for the presence of a mental illness. Inmates identified as in need of services during incarceration are seen on at least a monthly basis. Generally, this includes inmates currently taking psychiatric medications, inmate with past psychiatric hospitalizations and inmates with histories of suicidal behavior. Psychology Services staff also work closely with a consulting Psychiatrist and Health Services staff in order to provide treatment to inmates who require monitoring and management of psychological conditions.

Various services provided include individual counseling, crisis intervention, drug and alcohol treatment and special group programs. Anger Management, Victim Impact counseling Group, and Stress Management are offered throughout the year.

Suicide Prevention

Incarceration can be difficult experience. At times, you may feel discouraged, frustrated, and helpless. It is not uncommon for people to experience depression while in jail or prison, especially if they are

newly incarcerated, serving a long sentence, experiencing family problems, struggling to get along with other inmates, or receiving bad news. Over time, most inmates successfully adapt to incarceration and find ways to use their time productively and meaningfully. However, some inmates continue to struggle with the pressure of incarceration and become overwhelmed by a sense of hopelessness. If you feel a sense of hopelessness or begin thinking about suicide, talk to a staff member. Help is available and actively seeking help is a sign of your strength and determination to prevail. If you feel you are in imminent danger of harming yourself or someone else, you should contact a staff member immediately.

In addition, if you suspect another inmate is contemplating suicide, please notify a staff member. Staffs do not always see everything inmates see. And, most suicidal individuals display some warning signs of their intentions. PLEASE alert a staff member right away if you suspect a fellow inmate is considering suicide. The most effective way to prevent another person from taking his or her life is to recognize the factors that put people at risk for suicide take warning signs seriously and know how to respond. The warning signs of suicide may include:

- threatening to hurt or kill oneself or talking about wanting to hurt or kill oneself
- feeling hopeless
- feeling rage or uncontrolled anger or seeking revenge
- increased alcohol or drug use
- withdrawing from friends, family, associates
- experiencing dramatic mood changes
- feeling anxious or agitated, being unable to sleep, or sleeping all the time
- seeing no reason for living or having no sense of purpose

If your friend, cellmate, coworker, or associate is exhibiting these signs, start by telling the person you are concerned and give him/her examples of what you see that worries you. Listen and encourage the person to seek help. If they are hesitant, offer to go with them to speak to a staff member. If you are not confident they will seek help, notify a staff member yourself. Seeking help for a person in distress isn't "snitching", it is showing concern for the welfare of a fellow human being. If you report your concerns to staff, you can rest easy knowing you did everything within your power to assist the individual.

SEXUAL ABUSIVE BEHAVIOR/ PREVENTION AND INTERVENTION PROGRAM

An Overview for Offenders

You Have the Right to be Safe from Sexually Abusive Behavior

The Federal Bureau of Prisons has a zero tolerance policy against sexual abuse and sexual harassment. While you are incarcerated, **no one has the right to pressure you to engage in sexual acts.**

You do not have to tolerate sexually abusive/harassing behavior or pressure to engage in unwanted sexual behavior from another inmate or a staff member. Regardless of your age, size, race, ethnicity, gender or sexual orientation, you have the right to be safe from sexually abusive behavior.

What Can You Do To Prevent Sexually Abusive Behavior?

Here are some things you can do to protect yourself and others against sexually abusive behavior:

- Carry yourself in a confident manner at all times. Do not permit your emotion (fear/anxiety) to be obvious to others.
- Do not accept gifts or favors from others. Most gifts or favors come with strings attached to them.
- Do not accept an offer from another inmate to be your protector.
- Find a staff member with whom you feel comfortable discussing your fears and concerns.
- Be alert! Do not use contraband substances such as drugs or alcohol; these can weaken your ability to stay alert and make good judgments.
- Be direct and firm if others ask you to do something you don't want to do. Do not give mixed messages to other inmates regarding your wishes for sexual activity.
- Stay in well lit areas of the institution.
- Choose your associates wisely. Look for people who are involved in positive activities like educational programs, psychology groups, or religious services. Get involved in these activities.
- Trust your instincts. If you sense that a situation may be dangerous, it probably is. If you fear for your safety, report your concerns to staff.

What Can You Do if You Are Afraid or Feel Threatened?

If you are afraid or feel you are being threatened or pressured to engage in sexual behaviors, you should discuss your concerns with staff. Because this can be a difficult topic to discuss, some staff, like psychologists, are specially trained to help you deal with problems in this area.

If you feel immediately threatened, approach any staff member and ask for assistance. It is part of his/her job to ensure your safety. If it is a staff member that is threatening you, report your concerns immediately to another staff member that you trust, or follow the procedures for making a confidential report.

What Can You Do if You Are Sexually Assaulted?

If you become a victim of a sexually abusive behavior, **you should report it immediately to staff** who will offer you protection from the assailant. You do not have to name the inmate(s) or staff assailant(s) in order to receive assistance, but specific information may make it easier for staff to know how best to respond. You will continue to receive protection from the assailant, whether or not you have identified him or her (or agree to testify against him/her).

After reporting any sexual assault, you will be referred immediately for a medical examination and clinical assessment. Even though you may want to clean up after the assault **it is important to see medical staff BEFORE you shower, wash, drink, eat, change clothing, or use the bathroom.** Medical staff will examine you for injuries which may or may not be readily apparent to you. They can also check you for sexually transmitted diseases, pregnancy, if appropriate, and gather any physical evidence of assault. The individuals who sexually abuse or assault inmates can only be disciplined and/or prosecuted if the abuse is reported. **Regardless of whether your assailant is an inmate or a staff member, it is important to understand that you will never be disciplined or prosecuted for being the victim of a sexual assault.**

How to Report an Incident of Sexually Abusive Behavior?

It is important that you **tell a staff member if you have been sexually assaulted or have been a victim of sexual harassment.** It is equally important to inform staff if you have witnessed sexually abusive behavior. You can tell your case manager, Chaplain, Psychologist, SIS, the Warden or any other staff member you trust. BOP staff members are instructed to keep reported information confidential and only discuss it with the appropriate officials on a need to know basis concerning the inmate-victim's welfare and for law enforcement or investigative purposes. There are other means to confidentiality report sexually abusive behavior if you are not comfortable talking with staff.

- **Write directly to the Warden, Regional Director or Director.** You can send the Warden an Inmate Request to Staff Member (Cop-out) or a letter reporting the sexually abusive behavior. You may also send a letter to the Regional Director or Director of the Bureau of Prisons. To ensure confidentiality, use special mail procedures.
- **File an Administrative Remedy.** You can file a Request for Administrative Remedy (BP-9). If you determine your complaint is too sensitive to file with the Warden, you have the opportunity to file your administrative remedy directly with the Regional Director (BP-10). You can get the forms from your counselor or other unit staff.
- **Write the Office of the Inspector General (OIG)** which investigates allegations of staff misconduct by employees of the U.S. Department of Justice; all other sexual abuse/harassment allegations will be forwarded by the OIG to the BOP. OIG is a component of the Department of Justice and is not a part of the Bureau of Prisons. The address is:

Office of the Inspector General
U.S. Department of Justice
Investigations Division
950 Pennsylvania Avenue, N.W.
Room 4706
Washington, D.C. 20530

E-mail OIG. You can send an e-mail directly to OIG by clicking on the TRULINCS Request to Staff tab and selecting the Department Mailbox titled, DOJ Sexual Abuse Reporting. This method of reporting is processed by OIG during normal business hours, Monday - Friday. It is not a 24-hour hotline. For immediate assistance, contact institution staff.

Note: These e-mails:

- are untraceable at the local institution,
- are forwarded directly to OIG
- will not be saved in your e-mail 'Sent' list
- do not allow for a reply from OIG,
- If you want to remain anonymous to the BOP, you must request it in the e-mail to OIG.

Third-party Reporting. Anyone can report such abuse on your behalf by accessing the BOP's public website, specifically:

http://www.bop.gov/inmate_programs/sa_prevention_reporting.jsp.

Understanding the Investigative Process

Once the sexually abusive behavior is reported, the BOP and/or other appropriate law enforcement agencies will conduct an investigation. The purpose of the investigation is to determine the nature and scope of the abusive behavior. You may be asked to give a statement during the investigation. If criminal charges are brought, you may be asked to testify during the criminal proceedings.

Counseling Programs for Victims of Sexually Abusive Behavior

Most people need help to recover from the emotional effects of sexually abusive behavior. If you are the victim of sexually abusive behavior, whether recent or in the past, you may seek counseling and/or advice from a psychologist or chaplain. Crisis counseling, coping skills, suicide prevention, mental health counseling, and spiritual counseling are all available to you.

Contact your local Rape Crisis Center (RCC): Your institution may have a Memo of Understanding (MOU) with a local RCC. If so, Psychology Services can provide you with the contact information. If no MOU exists, you may seek services through Psychology Services.

Management Program for Inmate Assailants

Those who sexually abuse/assault/harass others while in the custody of the BOP will be disciplined and prosecuted to the fullest extent of the law. If you are an inmate assailant, you will be referred to Correctional Services for monitoring. You will be referred to Psychology Services for an assessment of risk and treatment and management needs. Treatment compliance or refusal will be documented and decisions regarding your conditions of confinement and release may be effected. If you feel that you need help to keep from engaging in sexually abusive behaviors, psychological services are available.

Policy Definitions

Prohibited Acts: Inmates who engage in inappropriate sexual behavior can be charged with following Prohibited Acts under the Inmate Disciplinary Policy.

Code 114/(A): Sexual Assault By Force

Code 205/(A): Engaging in a Sex Act

Code 206/(A): Making a Sexual Proposal

Code 221/(A): Being in an Unauthorized Area with a Member of the Opposite Sex

Code 229/(A): Sexual Assault Without Force

Code 300/(A): Indecent Exposure

Code 404/(A): Using Abusive or Obscene Language

Staff Misconduct: The Standards of Employee Conduct prohibit employees from engaging in, or allowing another person to engage in sexual, indecent, profane or abusive language or gestures, and inappropriate visual surveillance of inmates. Influencing, promising or threatening an inmate's safety, custody, privacy, housing, privileges, work detail or program status in exchange for sexual favors is also prohibited.

What is sexually abusive behavior? According to federal law (Prison Rape Elimination Act of 2003) sexually abusive behavior is defined as:

Rape: the carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person **FORCIBLY** or against that person's will;

The carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person not forcibly or against the person's will, where the victim is **incapable of giving consent** because of his/her youth or his/her temporary or permanent mental or physical incapacity; or

The carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person achieved through the **exploitation of the fear or threat** of physical violence or bodily injury;

Carnal Knowledge: contact between the penis and vulva or the penis and the anus, including penetration of any sort, however slight;

Oral Sodomy: contact between the mouth and the penis, the mouth and the vulva, or the mouth and the anus;

Sexual Assault with an Object: the use of any hand, finger, object, or other instrument to penetrate, however slightly, the genital or anal opening of the body of another person (**NOTE:** This does NOT apply to custodial or medical personnel engaged in evidence gathering or legitimate medical treatment, nor to health care provider's performing body cavity searches in order to maintain security and safety within the prison).

Sexual Fondling: the touching of the private body parts of another person (including the genitalia, anus, groin, breast, inner thigh, or buttocks) for the purpose of sexual gratification.

Sexual Harassment: repeated and unwelcome sexual advances, requests for sexual favors, or verbal comments, gestures, or actions of a derogatory or offensive sexual nature by one inmate/detainee/resident to another; or repeated verbal comments or gestures of a sexual nature to an inmate/detainee/resident by a staff member/contractor/volunteer, including demeaning references to gender, sexually suggestive, or derogatory comments about body or clothing, or obscene language or gestures.

Sexual Misconduct (staff only): the use of indecent sexual language, gestures, or sexually oriented visual surveillance for the purpose of sexual gratification.

An incident is considered **Inmate-on-Inmate Abuse/Assault** when any sexually abusive behavior occurs between two or more inmates. An incident is considered **Staff-on-Inmate Abuse/Assault** when any sexually abusive behavior is initiated by a staff member toward one or more inmates. It is also considered Staff-on-Inmate Abuse/Assault if a staff member willingly engages in sexual acts or contacts that are initiated by an inmate.

NOTE: Sexual acts or contacts between two or more inmates, even when no objections are raised, are prohibited acts, and may be illegal. Sexual acts or contacts between an inmate and a staff member, even when no objections are raised by either party, are always forbidden and illegal. Inmates who have been sexual assaulted by another inmate or staff member will not be prosecuted or disciplined for reporting the assault. However, inmates will be penalized for knowingly filing any false report.

**** Please be aware that both male and female staff routinely work and visit inmate housing areas. ****

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

Contact Offices

**U.S. Department of Justice
Office of the Inspector General
Investigations Division**
950 Pennsylvania Avenue, NW Suite 4706
Washington, D.C. 20530-0001

**Federal Bureau of Prisons
Central Office
National PREA Coordinator**
320 First Street, NW, Room 554
Washington, D.C. 20534

**Federal Bureau of Prisons
Mid-Atlantic Regional Office
Regional PREA Coordinator**
302 Sentinel Drive, Suite 200
Annapolis Junction, MD 20701

**Federal Bureau of Prisons
North Central Regional Office
Regional PREA Coordinator**
Gateway Complex Tower II, 8th Floor
400 State Avenue
Kansas City, KS 66101-2492

**Federal Bureau of Prisons
Northeast Regional Office
Regional PREA Coordinator**
U.S. Customs House, 7th Floor
2nd and Chestnut Streets
Philadelphia, Pennsylvania 19106

**Federal Bureau of Prisons
South Central Regional Office
Regional PREA Coordinator**
U.S. Armed Forces Reserve Complex
344 Marine Forces Drive
Grand Prairie, Texas 75051

**Federal Bureau of Prisons
Southeast Regional Office
Regional PREA Coordinator**
3800 North Camp Creek Parkway, SW
Building 2000
Atlanta, GA 30331-5099

**Federal Bureau of Prisons
Western Regional Office
Regional PREA Coordinator**
7338 Shoreline Drive
Stockton, CA 95219

Third-party reporting (outside of institution):
http://www.bop.gov/inmate_programs/sa_prevention_reporting.jsp

ESCORTED BEDSIDE VISITS/FUNERAL TRIPS

Bedside visits and funeral trips may be authorized by the Warden for an inmate when an immediate family member is seriously ill, in critical condition or has passed away. Depending on the inmate's custody classification, one or two staff members will escort the inmate. All expenses will be borne by the inmate, except for the first eight hours of each day that the employee is on duty. There are occasions when an escorted trip is not approved, even when all policy-required conditions have been met. This may be based on a determination that the perceived danger to Bureau of Prisons staff during the proposed visit is too great, or the security concerns about the inmate outweigh the need for the emergency trip.

FURLOUGHS

A furlough is an authorized absence from an institution by an inmate who is not under the escort of a staff member, a U.S. Marshal, other Federal or State agent. Furloughs are a privilege, not a right, and are only granted when clearly in the public interest and for the furtherance of a legitimate correctional goal. An inmate who meets the eligibility requirements may submit an application for Crisis Furlough to his Counselor for approval. An inmate that meets the eligibility requirement for a Social Furlough may submit an application to his Counselor at least two (2) weeks prior to a scheduled Program Review. Requested date for the initial furlough must be a minimum of 60 days in the future.

CENTRAL INMATE MONITORING SYSTEM

The Central Inmate Monitoring System (CIMS) is a method for the Bureau's Central and Regional Offices to monitor and control the transfer, temporary release, and participation in community activities of inmates who pose special management considerations. Designation as a CIMS case does not, in and of itself, prevent an inmate from participating in community activities. All inmates who are designated as CIMS cases will be so notified by their Case Manager.

TREATY TRANSFERS FOR NON-U.S. INMATES

Inmates who are not U.S. citizens may be eligible for a transfer to their home country to serve the remainder of their sentence in a prison there. This is only possible for inmates whose country has a formal prisoner exchange treaty with the United States. The Unit Team is the source of information about these transfers, and can tell an inmate if their home country has signed this kind of agreement with the United States.

ACCESS TO DIPLOMATIC REPRESENTATIVES

If you are a foreign national and wish to correspond with your diplomatic representative, contact a member of your Unit Team and they will provide you with the address and/or telephone number in order to facilitate contact with your country of citizenship.

MARRIAGES

If an inmate wishes to be married while incarcerated, the Warden may authorize him to do so under certain conditions. All expenses of the marriage will be paid by the inmate. Government funds may not be used for marriage expenses.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

If an inmate requests permission to marry he must:

- Have a letter from the intended spouse which verifies her intention to be married.
- Demonstrate legal eligibility to marry.
- Be mentally competent.

The Chaplains are available to discuss with the inmate and fiancée the issue of marriage while incarcerated.

RELIGIOUS PROGRAMS

FPC Cumberland offers a wide range of religious programs to inmates. Staff chaplains as well as contract and volunteer representatives of other faiths are available to assist inmates. Special religious diets, holiday observances, and other worship activities are coordinated through the Chaplain's office. Information about these programs is available in the orientation program, and from the Chaplains.

BARBER SHOP

Haircuts and hair care services are authorized in the barber shop only. Hours of operation are posted

INMATE FINANCIAL RESPONSIBILITY PROGRAM

Working closely with the Administrative Office of the Courts and the Department of Justice, the Bureau administers a systematic payment program for court-imposed fees and costs. All designated inmates are required to develop a financial plan to meet their financial obligations. These obligations may include;

- Special assessments imposed under 18 USC 3013
- Court Ordered restitution
- Fines and court costs
- Judgments in favor of the United States
- Other debts owed the Federal Government and other court-ordered financial obligations to include child support, alimony and other judgments

Institution staff will assist in planning, however, the inmate is responsible for making all payments required, either from earnings within the institution, and/or from outside resources. The inmate must provide documentation of compliance and payment. If an inmate refuses to meet his obligations, the inmate cannot work for Unicor nor receive performance pay above the maintenance pay level (a maximum of \$5.25/month). Additionally, an inmate in refuse status may be subject to limited participation in community based programs, will not be considered for transfer, will be placed in the least desirable housing and will have a spending limit of \$25.00 per month in the Commissary.

The status of any financial plan will be included in all progress reports, and will be considered by staff when determining Security/Custody level, job assignments, eligibility for community activities and institutional program changes.

You may be identified for priority consideration for UNICOR employment if you have a large court ordered financial obligation. The minimum payment

for inmates assigned to Unicor will be \$25.00 per quarter for Grade 5. Grades 1, 2, 3 and 4 will pay a minimum of 50% of their earnings towards their financial obligation.

VISITING

Inmates are encouraged to have visits in order to maintain family and community ties. Visiting hours are provided to inmates so they can advise their prospective visitors. The visiting hours for general population inmates are 4:30 p.m. to 8:30 p.m., on Mondays and Fridays, and from 8:30 a.m. to 3:00 p.m. on weekends and all federal holidays. Visiting hours for Special Housing Unit inmates are the same except they will terminate at 8:00 p.m. on Fridays, and 2:30 p.m. on weekends and holidays. The visiting hours for Trans-Seg inmates are 4:30 p.m. to 8:30 p.m. on Mondays. Each inmate will be allowed no more than six weekend and holiday visiting days per month. There are no limitations on weekday and non-holiday visits. Unused weekend and holiday visiting days from one month cannot be carried over to the following month. Any visit, regardless of the length, will constitute one day of visiting.

FPC inmates requesting approval of immediate family members, must, upon arrival submit a list of requested visitors to his Unit Team (See Attachment G). Normally, immediate family members will be placed on the approved visiting list if they are properly identified in the Pre-Sentence Investigation Report (PSI), or other reliable document for a period. When deemed appropriate the inmate may be required to mail a BP-629, Visitor Information form to the immediate family member; a background investigation may be required before permanently approving an immediate family member. A common-law spouse will usually be treated as an immediate family member if the common-law relationship has previously been established in a state which recognizes such a status. Only immediate family members will be allowed on two inmates' visiting list at either the FCI or FPC.

A background investigation is required before approving any non-immediate family visitor for a visit at the FPC. The inmate will be held responsible for having a BP-629, Visitor Information form mailed to the proposed visitor.

The inmate will be notified by the Unit Team of the individuals who are approved to visit.

At any given time, inmates are authorized to have a total of three adults and three children from their approved visiting list visit them. Any request for additional visitors/changes in this procedure should be made to the Counselor for approval from the Captain at least three weeks in advance of the intended visit.

All visits will begin and end in the visiting room. Kissing, embracing, and handshaking are allowed only on arrival and departure.

Inmates must be properly dressed in order to be admitted to the Visiting Room. Clothing must be neat and clean. Inmates are required to wear their green uniform with institution issued shoes/boots. Personal tennis shoes purchased from the commissary are not to be worn in the Visiting Room. Inmates must present their identification card to the Visiting Room Officer upon entrance into the Visiting Room.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

There are limits on the number and type of articles that can be taken into the visiting room. Items that may be taken into the Visiting Room by an inmate are limited to a comb or pick, wedding band, prescription glasses, handkerchief and a religious medal. All items purchased in the visiting room will be consumed there, and will not be brought into the institution.

Visitors must be properly dressed. Short shorts, mini-skirts, halter tops, halter dresses, sleeveless/strapless shirts or dresses, spandex-like pants, spandex-like shorts, sweat clothing and other clothing of a suggestive or revealing nature will not be permitted in the visiting room. Footwear must be worn by all visitors. Visitors are not allowed to bring food, gifts, games, needlework, pocket books, baby strollers, electronic devices, or packages into the Visiting Room. It is the inmate's responsibility to notify their visitors of institution visiting rules.

VISITATION FOR CHILDREN

Children under sixteen (16) years of age are not required to complete the Visiting Questionnaire. However, all children must be accompanied by an approved adult visitor for that inmate. Visitors who are 16 or 17 years of age and not accompanied by a parent, legal guardian, or immediate family member at least 18 years of age, must have written approval of a parent or legal guardian. All adult visitors will be expected to maintain control of their children at all times.

VISITOR IDENTIFICATION

Valid photograph identification card is required of all adult visitors. . This may include a State Driver's License, State Identification Card, or photograph identification card, etc., prior to admission to the institution. Persons without proper identification will not be permitted to visit.

Visitors may be asked to submit to a search and will be checked with a metal detector. In addition, random visitors will be checked using the ION Scanner. This device is used to detect traces of narcotics. Visitor's purses, attorney's briefcases, etc., may also be searched. Other personal articles belonging to visitors must be placed in lockers provided by the institution or may be left in their cars. Individuals failing to pass the ION Scanner and/or metal detector will not be permitted to visit.

Visitors are permitted to bring money (e.g., coinage) into the Visiting Room to purchase items from the vending machines. Also, a limited amount of diapers and other infant care items and sanitary napkins may be brought into the Visiting Room. As vending machines are available for visitor use, food may not be brought into the visiting room. Under no circumstances are inmates allowed to receive personal items from their visitor.

Inmates are not allowed to handle any type of money while in the Visiting Room. Only visitors may utilize the vending machines. Photograph tickets may be purchased in the commissary. The maximum amount an inmate may purchase or have in his possession is 25.

Visitors will not be allowed to leave the visiting room to retrieve any items left outside the institution. Once the visitor leaves the visiting room, the visit is terminated. The only exception is to administer medication that requires a syringe.

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

Inmates are not allowed to receive either coins or money for their Commissary account while in the visiting room. Money for Commissary accounts should be sent through the mail using a U.S. Postal Money Order to the National Lock Box.

INSTITUTION DIRECTIONS, TRANSPORTATION AND LODGING

The Cumberland Federal Correctional Institution is located approximately six miles south of the city of Cumberland, Maryland, within an area designated as the Allegany County Industrial Park. Directions to the institution from some major areas are as follows:

Baltimore, MD./Washington, D.C. areas:

1. Take I-70 West to Hancock, MD.;
2. Take I-68 West at Exit 1A from I-70 and proceed to Cumberland, MD.;
3. Take Exit 43B, Industrial Boulevard/State Route 51 South;
4. Turn left on Howard Street at the end of the exit;
5. Turn right after .1 mile onto Industrial Boulevard/State Route 51;
6. Proceed South for 5.6 miles on State Route 51 to the Allegany County Industrial Park area;
7. Turn right on PPG road for 1.6 miles;
8. Turn left at the Institution entrance;
9. Proceed .4 miles to the FCI Administration Building;
10. Parking facilities are available in the right side parking lot.

Pittsburgh, PA./Morgantown, W.V. areas:

1. From Pittsburgh - Take I-79 South to Morgantown, W.V.
2. From Morgantown, W.V. - Take I-68 East and proceed to Cumberland, MD.
3. Take Exit 43B, Industrial Boulevard/State Route 51 South;
4. Proceed South for 5.6 miles on State Route 51 to the Allegany County Industrial Park area;
5. Turn right on PPG road for 1.6 miles;
6. Turn left at the Institution entrance;
7. Proceed .4 miles to the FCI Administration Building;
8. Parking facilities are available in the right side parking lot.

Public Transportation

Public transportation is also available to inmate visitors. Below is a list of commonly used services:

Allegany County Transit 1000 Lafayette Avenue Cumberland, MD. 21502 (301) 722-6360	Yellow Cab Company 1116 Virginia Avenue Cumberland, MD. 21502 (301) 722-4050	Queen City Taxi 825 Virginia Avenue Cumberland, MD. 21502 (301) 722-2800
---	---	---

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

Platinum Coach 11611 Violet Avenue Cumberland, MD. 21502 (301) 722-1988	Cumberland Regional Airport Wiley Ford, WV. (304) 738-0002	Crown Taxi LLC 17600 E. Wilson Rd. SE Oldtown, MD. 21555 (301) 759-4090
--	---	--

Lodging

Below is a list of available lodging for inmate visitors:

Fairfield Inn & Suites 21 N. Wineow Street Cumberland, MD. 21502 (301) 722-0340	Diplomat Hotel 17012 McMullen Highway Cumberland, MD. 21502 (301) 729-2311	Ramada Inn 100 South George St. Cumberland, MD. 21502 (301) 724-8800
Maryland Apartments 11901 Bedford Road, NW Cumberland, MD. 21502 (301) 722-2836	Econo Lodge 12310 Winchester Rd. LaVale, MD. 21502 (301) 729-6700	Super 8 Motel 1301 National Highway LaVale, MD. 21502 (301) 729-6265

MEDICAL SERVICES

SICK CALL PROCEDURES

Sick call sign up for emergency sick call is held Monday through Friday, from 6:30 a.m. to 7:00 a.m. Inmates must present their identification cards to the staff at the sign-up desk, and a determination will be made as to the plan of care. In order for inmates to be released from their work detail, the appointment slip, if issued, must be shown to their detail supervisor.

For routine Sick Call sign up, inmates may submit a request electronically through TRULINCS by sending it to the CUM/INMATEToHealthSrcs box, or obtain a sick call signup sheet from the officer. This form will be completed and placed in the collection box outside the entrance of the Health Services Department. All Sick Call signup sheets are collected at 10:00 a.m. Monday through Friday. Appointments to include the date and time will be posted on the Call-outs. Inmates may be subject to disciplinary action for failure to report to call-outs.

If an inmate arrives late without a verified excuse from a staff member, the appointment will be canceled and the process will have to be restarted. It is the inmate's responsibility to notify his detail supervisor of the appointment ahead of time in order to be on time.

Upon arrival at the scheduled appointment time, inmates will have a seat in the waiting room and must remain seated until their names are called. Once inside Health Services, inmates will not be permitted to leave the area until released by Medical Staff. No personal belongings such as books, radios, laundry bags, water bottles, etc. will be permitted in the Health Services area. All inmates will be properly dressed, in uniform during working hours.

There is a \$2.00 co-pay for all inmate requested visits to health care providers. The law that permits the Bureau of Prisons to collect this money is called the Federal Prisoner Health Care Co-payment Act of 2000. Inmates must pay a fee for health care services of \$2.00 per health care visit for the following: health care services in connection with a health

care visit that the inmate requested; are found responsible through the Disciplinary Hearing Process to have injured an inmate, who, as result of the injury, requires a health care visit, or visits.

The following health care services will be provided without a co-pay fee:

- a. Health care services based on health care staff referrals;
- b. Staff-approved follow-up treatment for a chronic condition;
- c. Preventative health care services;
- d. Emergency services;
- e. Diagnosis or treatment of chronic infectious diseases;
- f. Mental health care;
- g. Substance abuse treatment;
- h. Urgent treatment; and
- i. Treatment of acute injuries.

Some of the health care services based upon staff referrals, follow-up treatment for chronic conditions, and preventative health care include, but are not limited to:

- a. Blood pressure monitoring;
- b. Glucose monitoring;
- c. Insulin injections;
- d. Chronic care clinics;
- e. Testing for tuberculosis;
- f. Vaccinations;
- g. Wound care; and
- h. Patient education, etc.

Based upon the health care provider's clinical evaluation and diagnosis of the inmate, Health Services Staff will determine whether a co-pay fee will be charged. All visits will be entered into the TRUFACS system by registration number and pay status. If inmates are indigent (an inmate who has not had a trust fund account balance of \$6.00 for the past 30 days) they will not be charged for the visit. Inmates who are not indigent but do not have the funds available in their trust fund account will still be charged and their account will go into a negative balance.

DENTAL SICK CALL PROCEDURES

The emergency dental sick call is held from 6:45 a.m. to 7:00 a.m. on Thursday. Inmates must present their identification cards to sign up for emergency Dental sick call. There is only a limited number of emergency dental sick call appointments issued each day.

The procedures to receive routine care and cleanings are to submit a paper or electronic cop out to the dental department. You will receive a response informing you of your treatment plan. In the event you experience an urgent situation concerning your dental health prior to your scheduled appointment you may sign up for emergency dental sick call. Inmates placed in Special Housing are not eligible for routine dental treatment until that have been there for one year. Inmates with less than a 12 month sentence are not eligible for routine dental treatment. Dental cleanings are for healthy individuals and limited to once a year. There is a \$2.00 co-pay for Dental Sick Call and routine Dental Examinations.

On arriving in the dental office, inmates must present their identification cards to the Dental Staff. After signing in, inmates will remain seated in the waiting room until their name is called. Inmates

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

will not be permitted to leave the area until released by Medical Staff. Everyone who requests care will be placed on Callout when they move to the top of the waiting list.

EMERGENCY MEDICAL CARE

Inmate injuries or illnesses of an emergency nature must be brought to the attention of the work supervisor, recreation supervisor, officer, or any other staff member immediately. They will notify Health Services for instructions PRIOR to your release from the area you are in. Your supervisor must notify the Health Service Department PRIOR to your release from the area you are in. Emergencies are considered to be chest pains, active severe bleeding, broken bones, or life-threatening situations. All non-emergencies will be handled through sick call only. Injuries must be reported to a staff member immediately, and the staff member must then notify health services. An injury will be considered suspicious if it is not reported immediately and an accident report has not been completed. All suspicious injuries will be reported to the Operations Lieutenant. All emergencies of a dental nature should be directed to the dental office by your supervisor.

REQUESTS TO SEE THE DOCTOR

The Doctor schedules appointments by either referral through the Mid-Level Practitioners or by the submission of a Cop-out written to them, or through chronic care clinic appointments. All medical problems should be handled through Sick Call before requesting an appointment with the doctor. Doctors/Mid-Level Practitioners will not see walk-in patients. The Doctor normally will not see patients who have signed up for sick call.

HIV EDUCATION

An HIV Education Program for inmates is available periodically. HIV information is available from the Health Services Department. You must have a current HIV test to be released on furlough, halfway house, parole, etc.

INMATE REQUEST TO STAFF MEMBER (COP-OUT)

Questions regarding medical care should be taken care of through sick call. Questions regarding the Health Services Department should be addressed to the specific person or area via Copout. Questions or requests pertaining to the Health Services Administrator or Assistant Health Services Administrator must first be addressed via Cop-out. If a meeting is found to be necessary, the administrator or his/her assistant will respond to your Copout and give you an appointment time. All correspondence directed to the Health Services Department must be on the standard form entitled Inmate Request to a Staff Member, (Cop-out). The Health Service Administrator and/or Assistant Health Service Administrator conducts an open house located in Health Services on Wednesday during mainline times. They are available to answer administrative questions. This is not a sick call open house.

MEDICAL/DENTAL APPOINTMENTS

The majority of medical appointments appear on the Call-outs. It is the inmate's responsibility to check the Call-outs each day to see if they are scheduled for any such appointment. Failure to appear for scheduled

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

appointments may adversely affect the continuity of care you are to receive. Those not reporting for their Callout may receive an Incident Report.

PHYSICALS

All newly committed inmates will receive a physical examination within 14 days of arrival. (Includes parole violators, RRP returns, and escapees). A complete physical examination will be required for inmates who are out of BOP custody for more than 30 days (e.g. furlough, writ, or Residential Re-entry Center (RRC) failure).

Periodic health examinations including age-specific preventative health examinations (e.g. cancer screening) for the inmate population will be provided at the Clinical Director's discretion.

Inmates being released from custody may request a medical evaluation if he has not had one within 1 year prior to the expected date of release. This examination should be conducted according to Program Statement 6031.01, page 29.

All inmates must have a PPD on a yearly basis. This will be done during the inmate's birth month. All inmates must have current PPD and/or chest x-ray, or remain symptom-free prior to transfer to any Bureau facility.

INTAKE SCREENING

All new arrivals will have medical screening performed by medical staff upon arrival at the institution, and prior to being placed in general population. All sentenced/designated inmates will receive a complete physical examination, including lab tests, within 14 days of their arrival.

SPECIAL HOUSING UNIT INMATES

A Physician's Assistant or Registered Nurse will make rounds in the Special Housing Unit on a daily basis. Requests for consultation with the Clinical Director, or the Dental Officer, will be processed in the same manner as those of general population.

Pill Line medications will be given as required by medical staff on a daily basis. Inmates will be escorted to the Health Services Department only if the medical request or problem cannot be adequately addressed in the Special Housing Unit.

PHARMACY/PILL LINE PROCEDURES

Inmates must present their identification and pill line cards to receive pill line medication. Inmates must also show their identification card to pick up prescribed medication. There will be no exceptions. Inmates may purchase over the counter medications at the commissary. If you are unable to do so, you may report to sick call to be seen, and a prescription will be written if deemed clinically necessary. Over the counter medication will not be given out at the pharmacy without a prescription. Some prescriptions have refills available. (This information will be annotated on the label.) Information regarding refills is printed on the label and is available from the Pharmacist. All prescriptions must be picked up from the pharmacy within four days of the prescription being written, or they will be returned to stock, and the

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

inmate will have to obtain a new prescription from sick call. Certain medication cannot be given to inmates except at pill line in single doses. When you are prescribed this type of medication, you will receive a pill line pass.

PILL LINE TIMES

WEEKDAYS

TIMES	GENERAL NOTES
6:00am-6:30am	Diabetic card holders first followed by morning dose pills
11:30am-12:15 pm	Midday doses pill line. Pick up new prescriptions from previous day and refills
3:30pm-3:45pm	Afternoon doses pill line
4:45pm-5:00pm	Insulin only pill line Restricted pill line
7:00pm-7:30pm	Bedtime doses pill line

WEEKENDS AND HOLIDAYS

TIMES	GENERAL NOTES
7:00am-7:15am	Morning doses and insulin. Diabetics must go to coffee hour, not brunch.
11:30am-12:15 pm	Midday doses pill line.
4:45pm-5:00pm	Insulin and afternoon doses pill line
7:00pm-7:30pm	Bedtime doses only

OVER-THE-COUNTER MEDICATIONS

This program establishes a program allowing inmates improved access to Over-The-Counter (OTC) Medications by making them available for sale in the commissary and improves the allocation of medical resources so that inmates' medical needs will continue to be met.

During institution triage/sick call, Medical Staff will refer inmates to the commissary in response to complaints related to cosmetic and general hygiene issues or symptoms of minor medical ailments. Examples of these complaints are:

- a. Occasional constipation
- b. Seasonal allergies
- c. GI upset
- d. Dandruff
- e. Uncomplicated Athlete's Foot
- f. Acne
- g. Chapped Lips
- h. Dry skin
- I. Muscle Aches from Exertion

Inmates will purchase OTC medications from the commissary with their personal funds. However, inmates will be given OTC medications at the

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

institution pharmacy if they are determined to be indigent (have less than a \$6.00 balance in their trust fund account for the last 30 days).

PATIENT RIGHTS AND RESPONSIBILITIES

See Attachment C.

MEDICAL RECORDS

An inmate may request a copy of his medical record by sending a Copout to Medical Records. Inmates will be charged for copies exceeding 180 pages. Inmates are not permitted to receive a copy of their HIV results while incarcerated.

ON-THE-JOB INJURIES

If an inmate is injured while performing an assigned task, he must immediately report the injury to his work supervisor. The work supervisor will then report the injury to the institution Safety Manager. The inmate may be disqualified from eligibility for lost-time wages or compensation if he fails to report a work injury promptly to the supervisor.

If injured while performing an assigned duty, a claim for compensation may be submitted. A medical evaluation must be included in the claim before any compensation can be considered.

LIVING WILLS

Living wills are not used in general population institutions to withhold resuscitative services. If resuscitative services are required while in the general population of a Bureau of Prisons institution, or while in transit to a community hospital or MRC from a general population institution, all necessary resuscitative services shall be provided despite the presence of a living will. When it is determined that the terms of the living will should be carried out, either the community based hospital or the Bureau of Prisons referral center will implement the terms based upon current circumstances. See Attachment D.

MRSA

Staphylococcus Aureus is a common bacteria found on many individuals' skin usually not causing any problems. However, once inside the body, for example inside the skin or lungs, it can cause serious infections such as boils or pneumonia. Methicillin Resistant Staphylococcus Aureus (MRSA) refers to the bacteria that are resistant to the antibiotics that were formerly used to treat it.

MRSA is frequently found in prison populations since this bacteria is frequently found on many surfaces. Good hygiene, especially good hand hygiene, is the best way to stop the chain of infection of MRSA. Another way to prevent the chain of infection of MRSA is to ensure that all areas including housing units, equipment used in the Recreation Department, seat backs in the Food Service Department, etc., are cleaned frequently. At FCI Cumberland, the most common cause of MRSA infections has been tattooing. Tattooing is a prohibited act inside the Bureau of Prisons. MRSA is just one more reason to **NOT** get a tattoo while incarcerated.

Once it is determined that an individual has an MRSA infection or boil, the most common course of treatment is incision and drainage of the wound.

Sometimes it is necessary to put an infected individual on antibiotics; however, incision and drainage are effective at treating these infections most of the time. Frequently inmates report having "spider bites" which turn out to be MRSA infections. If you notice that you have a boil, "spider bite," pustule, or anything else that may fit that description, report to sick call for evaluation.

CONTACT WITH THE COMMUNITY AND PUBLIC

TELEPHONE

The Bureau of Prisons extends telephone privileges as part of its overall correctional management. Telephone privileges are a supplemental means of maintaining community and family ties that will contribute to your personal development and return to society. You may request to call a person of your choice outside the institution on a telephone provided for that purpose.

All telephone calls are limited to 15 minutes. The system provides a warning tone approximately one minute before the call is disconnected. Upon completion of a telephone call, inmates must wait 15 minutes to make another call. Inmates are only authorized 300 minutes per month of debit or collect calling. The use of a telephone must not interfere with institution schedules, programs, work assignments or counts.

USING ANOTHER INMATE'S TELEPHONE ACCOUNT IS PROHIBITED.

You may only place calls to your list of approved telephone contacts. Only you may use your telephone account. You may not use another inmate's telephone account under any circumstance. Only you may speak on calls placed on your telephone account. Anyone found using another inmate's telephone account subjects both individuals to disciplinary action. Another inmate may not use your telephone account or engage in calls placed on your account. Ask a staff member before using the telephone if you have questions regarding what is, or is not, allowed.

YOU MAY NOT MAKE CALLS OR RELAY MESSAGES FOR ANOTHER INMATE.

You may not make telephone calls for the benefit of another inmate. You may not make calls or relay messages for other inmates, especially those serving a suspension of their telephone privileges or those without money or minutes to call using their own account.

YOUR CALL IS WITH ONLY ONE OTHER PERSON.

NO CONFERENCE, THREE-WAY OR FORWARDED CALLS ARE ALLOWED.

We prohibit any immediate forwarding or relaying of your telephone call or communication by your called party. For example, calls may not be electronically forwarded to another telephone. You may not make three-way calls or have your called party relay information from you to a third-party while you are on the telephone. You may not talk in code or participate in a conference call. You may not use the telephone to arrange, plan or commit criminal or prohibited acts.

We impose disciplinary sanctions for abuse of the telephone privileges. If you discover your called party is engaging in a prohibited telephone activity, e. g., three-way call, conference calling, forwarding the call to another number, relaying communications to another party, etc., immediately end the call and report the incident to a staff member.

BLOCKED TELEPHONE NUMBERS

A called party can deny or block future telephone calls from inmates through their home telephone. A voice prompt will direct them through the process. After the intended recipient blocks their telephone number, we can only reactivate the blocked number after receipt of their written request asking for reinstatement. Reinstatement requests should be sent directly to Trust Fund Supervisor by the intended call recipient. To ensure the called party's identity and authority to request for reinstatement they must include a copy of a recent telephone bill for the number they control.

TELEPHONE CALLS IN THE SPECIAL HOUSING UNIT

Inmates in Disciplinary Segregation and Administrative Detention may make a limited number of calls utilizing the Inmate Telephone System (ITS). Inmates in the Special Housing Unit requesting legal calls should submit a Copout to a member of their Unit Team.

CORRESPONDENCE

In most cases, inmates are permitted to correspond with the public, family members and others without prior approval or the maintenance of a correspondence list. Outgoing mail is sealed and placed in the mailbox located on the Compound next to Psychology/RDAP. The outgoing envelope must have the inmate's name, registration number, and full return address in the upper left hand corner and include 'Federal Prison Camp as opposed to 'FPC.' Inmates must assume responsibility for the content of all letters. Correspondence containing threats, extortion, etc., may result in prosecution for violation of Federal laws. Inmates may be placed on restricted correspondence status based on misconduct or as a matter of classification. The inmate will be notified of this placement and will have the opportunity to respond.

INCOMING CORRESPONDENCE

First class mail is distributed Monday through Fridays by the Evening Watch Compound Officer. Newspapers and magazines may also be delivered at this time. Legal and Special Mail will be delivered by Unit Staff Monday through Friday. Inmates must have their identification cards with them. The designated Unit Staff member will open incoming special mail only in the presence of the inmate for inspection for physical contraband, and the qualification of any enclosures as Special Mail. The correspondence may not be read or copied if the sender is adequately identified on the envelope, and the front of the envelope is marked 'Special Mail - Open only in the presence of the inmate.'

Without adequate identification as Special Mail, staff will treat the mail as general correspondence. In this case, the mail may be opened, read and inspected. It is the inmate's responsibility to notify the legal representative of these requirements, via (Attachment F) Special Mail Notice (BP-S493.058).

The number of incoming letters an inmate may receive will not be limited unless the number received places an unreasonable burden on the institution. There will be no mail delivery on weekends and holidays.

Inmates are asked to advise those writing to them to put the inmate's register number and unit on the envelope to aid the prompt delivery of

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

mail. Inmate packages (weighing in excess of 16 oz.) received at the institution must have prior authorization. All outgoing and incoming mail should be addressed:

Inmate Committed Name (as shown on your ID card, no alias/nicknames)
Inmate Register Number (ex.: 12345-678)
Federal Prison Camp (Must be spelled out)
P.O. Box 1000
Cumberland, MD 21501-1000

INCOMING PUBLICATIONS/MAIL

The term "publication" means a book, single issue of a magazine or newspaper, or materials addressed to a specific inmate, such as advertising brochures, flyers, and catalogs. All incoming publications, newspapers, soft & hard cover books, magazines, and calendars must be able to fit inside the inmate's locker and come directly from the publisher or bookstore. At the Federal Prison Camp, inmates may receive publications from their families with the exception of hard cover books. These are still required to come directly from the publisher. Inmates may receive personal photographs. However, nude, sexually explicit and/or sexually suggestive photographs will NOT be permitted. All Polaroid (double-faced) photos will be returned to the sender. All nuisance contraband (e.g., electronic greeting cards, buttons, pins, locks of hair, plant shavings, glitter, etc.) is prohibited and will also be returned to the sender. It is the inmates' responsibility to know that all publications/mail must be stored in the locker provided as no extra locker or storage space will be authorized.

The Warden may reject a publication/mail if it is determined to be detrimental to the security, good order or discipline of the institution, or if it might facilitate criminal activity. Publications/mail which may be rejected include, but are not limited to;

- It depicts or describes procedures for the construction or use of weapons, ammunition, bombs, or incendiary devices.
- It depicts, encourages or describes methods of escape from correctional facilities, or contains blueprints, drawings, or similar descriptions of Bureau of Prisons' institutions.
- It depicts or describes procedures for the brewing of alcoholic beverages or the manufacture of drugs.
- It is written in code.
- Any sexually explicit material which poses a threat to the security, good order or discipline of the institution to include sado-masochistic material, bestiality, or material that involves children.
- It encourages or instructs in the commission of criminal activity.

SPECIAL MAIL

'Special Mail' is a category of correspondence which may be sent out of the institution unopened and unread by staff, which includes correspondence to:

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

- President and Vice-President of the United States
- U.S. Department of Justice to include the Bureau of Prisons
- U.S. Attorney's Offices
- Surgeon General
- U.S. Public Health Service
- Secretary to the Army, Navy or Air Force
- U.S. Courts
- U.S. Probation Officers
- Members of the U.S. Congress
- Embassies and Consulates
- Governors
- State Attorney General
- Prosecuting Attorneys
- Directors of State Departments of Corrections
- State Parole Commissioners
- State Legislators
- State Courts
- State Probation Officers
- Other Federal and State law enforcement officers and attorneys
- Representatives of the news media.

Outgoing legal mail will be collected Monday thru Friday, excluding holidays, by Correctional Systems Staff who will be at the Message Center from 7:00 AM to 7:15 AM. Any inmate wishing to send legal mail out will need to be at the Message Center during the designated time with their Identification Cards. The CSD staff will not accept any mail without a proper ID card. ONLY LEGAL MAIL will be accepted by the staff at this time all other mail will be deposited in the depository and retrieved by the CSO the following day. Once legal mail is collected the CSO will proceed to the FCI to process the remaining mail from the FCI prior to departing for the Post Office.

INMATE CORRESPONDENCE WITH REPRESENTATIVES OF THE NEWS MEDIA

An inmate may write through Special Mail procedures to representatives of the news media if the representative is specified by name or title.

The inmate may not receive compensation or anything of value for correspondence with the news media. The inmate may not act as a reporter, publish under a byline, or conduct a business or profession while in the Bureau of Prisons.

Representatives of the news media may initiate correspondence with an inmate. Correspondence from a representative of the news media will be opened, and inspected for contraband, qualification as media correspondence, and for content which is likely to promote either illegal activity or conduct contrary to regulations.

CORRESPONDENCE BETWEEN CONFINED INMATES

An inmate may be permitted to correspond with an inmate confined in another penal or correctional institution. This is permitted if the other inmate is either a member of the immediate family, or is party in a legal action in which both parties are involved. The following additional limitations apply:

- Such correspondence may always be inspected and read by staff at the sending and receiving institutions. It may not be sealed by the inmate.
- The Superintendent/Warden at both institutions must approve the correspondence. Inmates may request correspondence privileges with another inmate by submitting a Copout to the appropriate Case Manager.
- When both inmates are confined in BOP institutions, correspondence must be approved by the Unit Managers for both inmates.

REJECTION OF CORRESPONDENCE

The Warden may reject correspondence sent by or to an inmate if it is determined to be detrimental to the security, good order, or discipline of the institution, to the protection of the public, or if it might facilitate criminal activity. Examples include:

- Matter which cannot be mailed under law or postal regulations.
- Information of escape plots, plans to commit illegal activities, or to violate institution rules.
- Direction of an inmate's business (prohibited act 408—an inmate may not direct a business while confined). This does not, however, prohibit correspondence necessary to enable an inmate to protect property or funds that were legitimately his at the time of his commitment. Thus, for example, an inmate may correspond about refinancing a mortgage for his home or sign insurance papers; however, the inmate may not operate (for example) a mortgage or insurance business while confined in the institution.

NOTIFICATION OF REJECTION

The Warden will give written notice to the sender concerning the rejection of mail and the reasons for the rejection. The sender of the rejected correspondence may appeal the rejection. The inmate will also be notified of the rejection of correspondence and the reasons for it. The inmate also has the right to appeal the rejection. The Associate Warden of Programs shall refer the appeal to a designated officer other than the one who originally disapproved the correspondence. Rejected correspondence will ordinarily be returned to the sender.

MAILING OF INMATE PROPERTY

Inmates wishing to have personal items mailed into the institution will send a Copout to the department head responsible for the requested item as follows:

- *Health Services Administrator* - Prosthetic devices and hearing aids that cannot be provided by the institution.
- *Unit Manager* - Release clothing.

The department head will inform the inmate of the decision. If the request is approved, the department head will complete the appropriate

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

authorization form. The Mail Room Officer will not accept any item or package for delivery unless this approval form is on file.

CHANGE OF ADDRESS/FORWARDING OF MAIL

Upon release, an inmate's first class mail will be forwarded for 30 days after release using the inmate's listed release address. Bulk rate mail (e.g., newspapers, etc.) will be returned to sender. After 30 days, all mail will be returned to sender with the exception of special mail.

CERTIFIED/REGISTERED MAIL

Inmates desiring to use certified, registered, or insured mail may do so, subject to procedures established at the institution. Inmates are not provided services such as express mail, private carrier services, COD, or stamp collecting while confined.

FUNDS RECEIVED THROUGH THE MAIL

No funds should be forwarded directly to an inmate. The Federal Bureau of Prisons' requires that all funds being mailed to inmates be sent to the Federal Bureau of Prisons' National Lock Box. The funds should be sent as follows:

Federal Bureau of Prisons
Insert Inmate Name
Insert Register Number
Post Office Box 474701
Des Moines, Iowa 50947-0001

It should be noted that to assure the correct posting of accounts, cash, and personal checks should not be forwarded to the Lock Box. An inmate's committed name and register number must be printed on all money orders; U.S. Treasury, state, and local government checks; any foreign negotiable instruments payable in U.S. Currency; and envelopes.

ACCESS TO LEGAL SERVICES

LEGAL CORRESPONDENCE

Legal correspondence from attorneys will be treated as Special Mail if it is properly marked. The envelope must be marked with the attorney's name and an indication that he/she is an attorney. The front of the envelope must be marked "Special Mail - open only in the presence of the inmate." It is the responsibility of the inmate to advise his attorney about this policy via Attachment F. If legal mail is not properly marked, it will be opened as general correspondence.

ATTORNEY VISITS

Attorneys should ordinarily make advance appointments for each visit. Attorneys are encouraged to visit during the regular visiting hours. However, visits from an attorney can be arranged at other times based on the circumstances of each case and available staff. Attorney visits will be subject to visual monitoring, but not audio monitoring.

LEGAL MATERIAL

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

During attorney visits, a reasonable amount of legal materials may be allowed in the visiting area with prior approval. Legal material may be transferred during attorney visits, but is subject to inspection for contraband. This material will be treated in a similar manner as the special mail procedures described above. Inmates are expected to handle the transfer of legal materials through the mail as often as possible.

ATTORNEY PHONE CALLS

In order to make an unmonitored phone call between an attorney and an inmate, the inmate must submit a Copout to his Unit Manager including the Attorney's name and phone number. Ordinarily, legal calls are facilitated only when the inmate has an imminent deadline before the court and has exhausted all other means to contact their Attorney. Phone calls placed through the regular inmate phones are subject to monitoring.

LAW LIBRARY

The law library contains a variety of legal reference materials for use in preparing legal papers. Reference materials include the United States Code Annotated, Federal Reporter, Supreme Court Reporter, Bureau of Prisons Program Statements, Institution Supplements, Indexes, and other legal materials. The Law Library is open Monday through Saturday, 7:30 a.m. to 8:30 p.m., excluding count and meal times. The Law Library is closed on Sundays and Federal holidays. An inmate Law Library Clerk is available for assistance in legal research. Legal materials are also available in the Special Housing Unit ordinarily via a delivery system or satellite collection.

TYPEWRITERS

Inmates wishing to use typewriters in the law library for legal work must purchase print wheels, typing ribbon and correction ribbon from the commissary for this purpose. Indigent inmates may be provided a manual typewriter as authorized.

COPIES OF LEGAL MATERIALS

In accordance with institution procedures, you may copy materials necessary for research or legal matters. A copy machine is available for inmate use utilizing the debit card. Individuals who have no funds and who can demonstrate a clear need for particular copies, may submit a Copout to their Unit Team to waive the cost of photocopying. Inmates who are temporarily without funds may be required to complete a BP-199 so any funds received in the inmate's commissary account may be deducted to reimburse the government for the copying expense. In this situation, the cost of copying will be at the same rate as that of the commercial copier in the law library.

NOTARY PUBLIC

Under the provisions of 18 USC 4004, Case Managers are authorized to notarize documents. A recent change in the law allows that a statement to the effect that papers which an inmate signs are true and correct under penalty of perjury will suffice in Federal courts and other Federal agencies, unless specifically directed to do otherwise. Some states will not accept a government notarization for real estate transactions, automobile sales, etc. In these cases, it will be necessary to contact

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

your Case Manager and arrangements will be made with the institution's notary public.

FEDERAL TORT CLAIMS

If the negligence of institution staff results in property loss, or damage or personal injury to an inmate, it can be the basis of a claim under the Federal Tort Claims Act. To file such a claim, inmates must complete a Standard Form 95. This form may be obtained from the Safety Manager for damage or personal injury and the Unit Team for property loss.

FREEDOM OF INFORMATION/PRIVACY ACT OF 1974

The Privacy Act of 1974 forbids the release of information from agency records without a written request by, or without the written consent of, the individual to whom the record pertains, except for specific instances. All formal requests for access to records about another person and/or agency record other than those pertaining to the requester shall be processed through the Freedom of Information Act, 5 U.S.C. 552.

INMATE ACCESS TO CENTRAL FILE AND MEDICAL FILE

You may request to review and obtain copies of the disclosable portions of your central file and medical file at any time. This can be accomplished by submitting a Copout to the appropriate Case Manager (Central File) and Health Services (Medical File).

INMATE ACCESS TO OTHER DOCUMENTS

You can request access to the "Non-Disclosable Documents" in your central file and medical file, or other documents concerning yourself that are not in your central file or medical file, by submitting a "Freedom of Information Act Request" to the Director of the Bureau of Prisons. Such requests must clearly describe the records sought to include the approximate dates covered by the record. You must also provide your full name, register number, current address, and date and place of birth, for identification purposes. The address is;

Director
Federal Bureau of Prison
Attention: FOIA Request
320 First Street, NW
Washington, DC 20534

You may review and copy Bureau of Prisons Program Statements which contain the rules and regulations through the institution's law library. You are responsible for the costs of making personal copies of these documents. Requests for access to all other Program Statements shall be processed through the Freedom of Information Act.

A request on behalf of an inmate by an attorney, for records concerning the inmate, will be treated as a "Freedom of Information Act Request" if the attorney has forwarded an inmate's written consent to disclose materials. If a document is deemed to contain information exempt from disclosure, any reasonable part of the record will be provided to the attorney after the deletion of the exempt portions.

EXECUTIVE CLEMENCY

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

The BOP advises all inmates that the President of the United States is authorized under the Constitution to grant executive clemency by pardon, commutation of sentence, or reprieve. A pardon is an executive act of grace that is a symbol of forgiveness. It does not connote innocence nor does it expunge the record of conviction. A pardon restores civil rights and facilitates the restoration of professional and other licenses that may have been lost by reason of the conviction. Other forms of executive clemency include commutation of sentence (reduction of sentence imposed after a conviction), and a reprieve (the suspension of execution of a sentence for a period of time). Inmates should contact their assigned Case Manager for additional information regarding this program.

COMMUTATION of SENTENCE

The BOP also advises inmates on commutation of sentences. Commutation of sentence is usually the last chance to correct an injustice which has occurred in the criminal justice process. Inmates applying for commutation of sentence must do so on forms available from the assigned unit team. The rules governing these petitions are available in the Law Library.

PARDON

A pardon may not be applied for until the expiration of at least five (5) years from the date of release from confinement. In some cases involving crimes of a serious nature, such as violation of Narcotics Laws, Gun Control Laws, Income Tax Laws, Perjury, and violation of public trust involving personal dishonesty, fraud involving substantial sums of money, violations involving organized crime, or crimes of a serious nature, a waiting period of seven years is usually required.

COMPASSIONATE RELEASE/REDUCTION IN SENTENCE

The Director of the Bureau of Prisons may motion an inmate's sentencing court for reduction in sentence (RIS) for an inmate presenting extraordinary and compelling circumstances. See 18 U.S.C. § 3582 and Program Statement on *Compassionate Release/Reduction in Sentence*. The BOP may consider both medical and non-medical circumstances. The BOP consults with the U.S. Attorney's Office that prosecuted the inmate and will notify any victims of the inmate's current offense. If the RIS is granted, the judge will issue an order for the inmate's release and he or she will then usually begin serving the previously imposed term of supervised release. If an inmate's RIS request is denied, the inmate will be provided a statement of reasons for the denial. The inmate may appeal a denial through the Administrative Remedy Procedure. Denials by the General Counsel or the Director are final agency decisions and are not appealable. Inmates who feel their request is of an emergency nature (e.g., a terminal medical condition) may state as such in accordance with the regulation. (See 28 CFR part 542, subpart B).

PROBLEM RESOLUTION

Inmate Request to Staff Member

An Inmate Request to Staff Member (form BP-S148), commonly called a Cop-Out, is used to make a written request to a staff member. Any type of request can be made with this form. Cop-outs may be obtained in the units from the Unit Management staff on duty. Staff members will answer the request within a reasonable period of time.

ADMINISTRATIVE REMEDY

ADMINISTRATIVE REMEDY PROCESS - The Bureau of Prisons emphasizes and encourages the resolution of complaints on an informal basis. Hopefully, inmates can resolve a problem by personal contact with staff members, Request to Staff Member forms (Copouts), or with an Informal Resolution form. When those attempts are unsuccessful, a formal complaint can be filed as an Administrative Remedy. (Complaints that have a different statutory authority, like the Federal Tort Claims Act, Inmate Accident Compensation Act, Freedom of Information Act or Privacy Act requests, are not generally appropriate for acceptance under the Administrative Remedy Process.)

INFORMAL RESOLUTION - The first step of the Administrative Remedy Process is to attempt an informal resolution. This is accomplished by meeting with your assigned Correctional Counselor to discuss the problem or issue.

FOR INMATES IN THE GENERAL POPULATION - The Correctional Counselor will assist you in your attempt to resolve your problem. If resolution is not immediately made, the Counselor will complete an Informal Resolution form and it will be the responsibility of the inmate to contact the appropriate department head in order to resolve the issue. This will ordinarily be done within five work days. If necessary, the Correctional Counselor can assist in coordinating an appointment with the department representative. The Informal Resolution form will then be returned to the Correctional Counselor who will call you in to discuss the results of the informal resolution process.

FOR INMATES IN THE SPECIAL HOUSING UNIT - The Correctional Counselor will assist you in your attempt to resolve your problem. If resolution is not immediately made, the Counselor will issue a Counseling Worksheet (SHU informal resolution form), which you will complete, in part, and return to the Counselor, who will contact the affected department for conflict resolution.

A reply from the applicable department and the Counselor's response will then be returned on the Counseling Work Sheet (SHU Informal Resolution form).

If a complaint or grievance was not resolved at that stage, the Counselor will issue a BP-229 (BP-9) form. Inmates will complete Part A of the form, and return the BP-229 to the Counselor who will review the material to ensure a copy of the informal resolution is included. The Counselor will forward the BP-229 complaint to the Administrative Remedy Coordinator for processing. Complaints must be filed within 20 calendar days from the date of the incident or cause for appeal, unless it was not feasible to file within that period of time. The BP-229 complaint will ordinarily be acted on within 20 calendar days with a written response provided to you. This time limit for the response may be extended for an additional 20 calendar days, and you will be notified of the extension.

When a complaint is determined to be of an emergency nature and threatens your immediate health or welfare, the reply must be made as soon as possible or within three calendar days from the receipt of the complaint.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

If an inmate is not satisfied with the response to the BP-229, he may file an appeal to the Regional Director. This appeal must be received in the Regional Office within 20 calendar days from the date of the BP-229 response. The Regional Appeal is written on a BP-230 (BP-10) form, and must have a copy of the BP-229 response attached. The Regional Appeal must be answered within 30 calendar days, but the time limit may be extended an additional 30 days. This form can be obtained from the Counselor. You will be notified of the extension.

If an inmate is not satisfied with the response by the Regional Director, he may appeal to the Central Office of the Bureau of Prisons. The National Appeal must be made on a BP-231 (BP-11) form, and must have copies of the BP-229 and BP-230 responses. This appeal must be received in the Central Office within 30 calendar days from the date of the BP-230 response. The BP-231 form can be obtained from the Counselor. The National Appeal must be answered within 40 calendar days, but the time limit may be extended 20 days with proper notification.

When writing a BP-229, BP-230, or BP-231, the form must contain the following information:

- Statement of Facts
- Grounds for Relief
- Relief Requested

Requests that do not meet the minimum standards required in policy cannot be accepted, will be rejected, and the inmate's issue will not be investigated. Common errors that cause delays in processing administrative remedy complaints and will be cause for rejecting the complaint include:

- Not attempting informal resolution
- Not including the Informal Resolution Form with the complaint
- Not stating the complaint on the BP-9 form
- Not placing all information on the BP-9 form (who, what, when)
- Forgetting to sign and date the form
- Waiting more than 20 days to start the process

SENSITIVE COMPLAINTS

If an inmate believes a complaint is of such a sensitive nature that he would be adversely affected if the complaint became known by staff in the institution, he may file the complaint on a BP-9 form to the Regional Director. The address is:

Regional Director, Bureau of Prisons
Mid-Atlantic Regional Office
302 Sentinel Drive, Suite 200
Annapolis Junction, MD 20701

An inmate must explain in writing, the reason for not filing the complaint with the institution. If the Regional Director agrees that the complaint is sensitive, it shall be accepted and a response to the complaint will be processed. If the Regional Director does not agree that the complaint is sensitive, the inmate will be advised in writing of that determination. The inmate may then pursue the matter by filing a BP-229 (BP-9) at the institution.

DISCIPLINARY PROCEDURES

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

Inappropriate sexual behavior towards staff and other inmates will not be tolerated. Inappropriate sexual behavior is defined as verbal or physical conduct perceived as a sexual proposal, act, or threat. Examples of inappropriate inmate sexual behavior include: displaying sexually explicit materials; making sexually suggestive jokes, comments, proposals, and gestures; and engaging in stalking, indecent exposure, masturbation, or physical contact. Inmates who engage in this type of behavior will be disciplined and sanctioned accordingly, through the inmate discipline process.

It is the policy of the Bureau of Prisons to provide a safe and orderly environment for all inmates. Violations of Bureau rules and regulations are dealt with by the Unit Discipline Committees (UDC), and for more serious violations, the Disciplinary Hearing Officer (DHO). Inmates are advised upon arrival at the institution of the rules and regulations, and are provided with copies of the Bureau's Prohibited Acts as well as local regulations.

INMATE DISCIPLINE INFORMATION

If a staff member observes or believes they have evidence that an inmate has committed a prohibited act, the first step in the disciplinary process is writing an Incident Report. This is a written copy of the charges against the inmate. The Incident Report shall ordinarily be delivered to the inmate within 24 hours of the time staff become aware of the inmate's involvement in the incident. An informal resolution of the Incident Report may be attempted by a Lieutenant if the charge is a Moderate or Low Moderate category.

If an informal resolution is accomplished, the Incident Report will be removed from the inmate's central file. If an informal resolution is not accomplished, the Incident Report will be forwarded to the Unit Disciplinary Committee (UDC) for an initial hearing.

INITIAL HEARING

Inmates must ordinarily be given an initial hearing within five work days of the time staff become aware of the inmate's involvement in the incident, excluding the day staff became aware of the incident, weekends and holidays. The inmate is entitled to be present at the initial hearing. The inmate may make statements or present documentary evidence in his behalf. The UDC must give its decision in writing to the inmate by the close of business the next work day. The UDC may extend the time limit of these procedures for good cause. The Warden must approve any extension over five days. The inmate must be provided with written reasons for any extension. The UDC will either make final disposition of the incident or refer it to the DHO for final disposition.

DISCIPLINARY HEARING OFFICER (DHO)

The Disciplinary Hearing Officer (DHO) conducts disciplinary hearings on serious rule violations. The DHO may not act on a case that has not been referred by the UDC.

When an Incident Report has been referred to the DHO, the inmate will be provided with advance written notice of the charges no less than 24 hours before the inmate's appearance before the DHO. The inmate may waive this requirement. If requested, an inmate will be provided with a full-time staff member to represent him. An inmate may make statements in his own

defense and may produce documentary evidence. The inmate may present a list of witnesses and request they testify at the hearing. Inmates may not question a witness at the hearing. The staff representative and/or the DHO will question any witness for the inmate. An inmate may submit a list of questions for the witness(es) to the DHO if there is no staff representative. The DHO will request a statement from all unavailable witnesses whose testimony is deemed relevant.

The inmate has the right to be present throughout the DHO hearing, except during deliberations. The inmate charged may be excluded during appearances of outside witnesses or when institution security could be jeopardized. The DHO may postpone or continue a hearing for good cause. Reasons for a delay must be documented in the record of the hearing. Final disposition will be made by the DHO.

APPEALS OF DISCIPLINARY ACTIONS

Appeals of all disciplinary actions may be made through Administrative Remedy Procedures. Appeals of UDC actions are made to the Warden (BP-229). Appeals of DHO actions are made to the Regional Director (BP-230), and the General Counsel (BP-231). On appeal, the following items will be considered:

- Whether the UDC or DHO substantially complied with the regulations on inmate discipline.
- Whether the UDC or DHO based its decisions on substantial evidence.
- Whether an appropriate sanction was imposed according to the severity level of the prohibited act.

SPECIAL HOUSING UNIT STATUS

There are two categories of the Special Housing Unit. These are Administrative Detention and Disciplinary Segregation.

ADMINISTRATIVE DETENTION - Administrative Detention separates an inmate from the general population. To the extent practical, inmates in Administrative Detention shall be provided with the same general privileges as inmates in general population. An inmate may be placed in Administrative Detention when the inmate is in holdover status during transfer, is a new commitment pending classification, is pending investigation or a hearing for a violation of Bureau regulations, is pending investigation or trial for a criminal act, is pending transfer, for protection or is finishing confinement in Disciplinary Segregation.

DISCIPLINARY SEGREGATION - Disciplinary Segregation is used as a sanction for violations of the Bureau rules and regulations. Inmates in Disciplinary Segregation will be denied certain privileges. Personal property will usually be impounded. Inmates placed in Disciplinary Segregation are provided with blankets, a mattress, a pillow, toilet tissue and shaving utensils. Inmates may possess legal and religious materials while in Disciplinary Segregation. Inmates in Disciplinary Segregation shall be seen by a member of the medical staff daily to include weekends and holidays. A member of each Unit Team will visit the Special Housing Unit on a daily basis. Inmates in both Administrative Detention and Disciplinary Segregation are provided with regular reviews of their housing status.

RELEASE

SENTENCE COMPUTATION

The Designation and Sentence Computation Center (DSCC) located in Grand Prairie, Texas will be completing all computation of inmate sentences. An inmate will be given a copy of his sentence computation once it is completed and audited by the DSCC. The ISM Department will be able to answer general questions about good time, detainers, and/or pending charges.

FINES AND COSTS

In addition to jail time, the court may impose a committed or non-committed fine and/or costs. A committed fine means that the inmate will stay in prison until the fine is paid, makes arrangements to pay the fine, or qualifies for release under the provisions of Title 18 USC, Section 3569 (pauper's oath). Non-committed fines have no condition of imprisonment based upon payment of fines or costs. Payment for a non-committed fine or cost is not required for release from prison or transfer to a contract Community Corrections Center.

DETAINERS

Warrants (certified copies) based on pending charges, overlapping, consecutive, or unsatisfied sentences in federal, state, or military jurisdictions, will be accepted as detainers. Detainers and untried charges can have an effect on institutional programs. Therefore, it is very important that the inmate initiate efforts to resolve such cases.

Case Managers may provide assistance to offenders in their efforts to resolve detainers, warrants or pending charges. The degree to which the staff can assist in such matters will depend on individual circumstances. Ultimately it is the inmate's responsibility to resolve any detainers, warrants or pending charges sent by the respective jurisdiction to the Records Department.

State detainers may be quickly processed under the procedures of the "Interstate Agreement on Detainers." This agreement applies to all untried indictments based on detainers for pending charges which have been lodged against an inmate by a "member" state, including the U.S. Government, regardless of when the detainer was lodged, except in the states of Louisiana and Mississippi. For an inmate to use this procedure, the warrant must be lodged with the institution. If no detainer is actually lodged at the institution, but the inmate knows of pending charges, it is important for the inmate to contact the court and district attorney because, in some states, the detainer notice of pending charges may start the time running for a Speedy Trial Act Agreement.

GOOD CONDUCT TIME

This applies to inmates who were sentenced for an offense committed on or after November 1, 1987.

The Comprehensive Crime Control Act became law November 1, 1987. The two most important changes in the sentencing statutes deal with good time and parole issues. There are no provisions under the new law for parole. The only good time available will be 54 days Good Conduct Time for every year actually served. This may not be awarded until the end of the year, and

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

may be awarded in part or in whole, contingent upon behavior during the year. Once awarded, it is vested and may not be forfeited. There is no statutory good time or extra good time for people sentenced for crimes committed after November 1, 1987.

Inmates who were sentenced for an offense committed prior to November 1, 1987, and who have questions regarding good time should refer to the law library, unit staff or the records office of ISM.

INMATE SKILLS DEVELOPMENT SYSTEM (ISDS)

The Inmate Skills Development System is an automated web-based application incorporating the Inmate Skills Assessment (ISA) instrument to address the nine skill areas determined critical to an offender's successful return to the community. Each inmate is expected to work closely with the Unit Team, Health Services, Education, Psychology, and other Departments throughout the institution, to develop an ISD Plan that will identify each inmate's specific skill deficits and strengths and provide a mechanism to document goals and progress to address their individual needs while incarcerated and to promote the greatest likelihood for a successful reintegration upon release from prison.

RELEASE PREPARATION PROGRAMMING

The Release Preparation Program is designed to assist inmates in preparing themselves for release. Inmates will be given aid in developing plans for their personal lives and for work. This program offers classes and information seminars concerning the personal, social, and legal responsibilities of civilian life. Routinely scheduled information sessions with U.S. Probation Officers and other agencies and Mock Job Fairs with potential employers are available.

RELEASE PLANNING

Release planning for all inmates begins upon the inmate's arrival at the institution. Each inmate should work with his assigned unit team to develop a release plan that is verifiable by the U.S. Probation Office. Inmates will be assisted in their release planning by participating in institutional and unit release preparation.

SECOND CHANCE ACT OF 2007

The Second Chance Act of 2007 allows the Federal Bureau of Prisons (FBOP) to consider inmates for a maximum placement in Residential Reentry Centers (RRC's) for periods of up to 12 months. In addition, the FBOP is no longer restricted by the 10 percent date, except for placement to home confinement. Inmates do not need to request review for the Second Chance Act. Each inmate will be reviewed for an RRC eligibility and placement on a case-by-case basis 17-19 months from his release date.

There are five factors that are considered for each inmate when referring for a RRC. These five factors include:

- 1). Available community resources.
- 2). The nature and circumstances of the offense history.
- 3). The history and characteristics of the inmate including established release residence, community ties, educational accomplishments, length of incarceration, and employability.

- 4). Statements on the Judgment and Commitment Order regarding Community Corrections placement at the time of sentencing.
- 5). Sentencing Commission policy.

The Bureau's Community Corrections and Detention Division supervises services provided to offenders housed in contract facilities and participating in specialized programs in the community. The Community Corrections Manager (CCM) links the Bureau of Prisons with the U.S. Courts, other Federal agencies, State and local governments, and the community. Located strategically throughout the country, the CCM is responsible for developing and maintaining a variety of contract facilities and programs working under the supervision of the appropriate Regional Administrator.

COMMUNITY-BASED RESIDENTIAL PROGRAMS

Community-based residential programs available include both typical Residential Reentry Centers and local detention facilities. Each provides a suitable residence, structured programs, job placement and counseling while monitoring the offender's activities. They also provide drug testing and counseling, and alcohol monitoring and treatment. While in these programs, employed offenders are required to pay subsistence to help defray cost of their confinement. The inmate's payment rate during RRC residence is 25% of the inmate's gross income.

Most Bureau of Prisons community-based residential programs are provided in Residential Community Centers (RRC's). These facilities contract with the Bureau of Prisons to provide residential correctional programs near the offender's home community. RRC's are used primarily for three types of offenders:

- Those nearing release from a BOP institution, as a transitional service while the offender is finding a job, locating a place to live, and re-establishing family ties.
- Those under community supervision who need guidance and supportive services beyond what can be provided through regular supervision.
- Those serving short sentences of imprisonment and terms of community confinement.

Each RRC now provides two components within one facility, a pre-release component and a community corrections component. Both components assist offenders in making the transition from an institutional setting to the community. The community corrections component is utilized when RRC placement is needed but it is necessary to restrict the available privileges. Except for employment and other required activities, the offenders in this second, more restrictive component must remain at the RRC where recreation, visiting, and other activities are provided in-house. The other option for community-based residential programming is local detention facilities. Some of these local facilities have work release programs similar to the Community Corrections Component in a RRC, serving to facilitate the transition from the institution to the community. In these facilities, offenders are employed in the community during the day and return to the institution at night.

THE ADAM WALSH CHILD PROTECTION AND SAFETY ACT

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

The Adam Walsh Child Protection and Safety Act (Pub.L. 109-248) was signed into law on July 27, 2006. The legislation organizes sex offenders into 3 tiers, and mandates that Tier 3 offenders update their whereabouts every 3 months. It makes failure to register and update information a felony. It also creates a national sex offender registry and instructs each state and territory to apply identical criteria for posting offender data on the Internet (i.e., offender's name, address, date of birth, place of employment, photograph, etc.).

CONCLUSION

The information contained in this Admission and Orientation Handbook will assist inmates through their first days of Federal custody to the completion of their Federal sentence. New commitments should feel free to ask any staff member for assistance, particularly Unit Staff and other Departmental Staff, or to consult the law library to obtain information relative to particular questions.

The information contained in this handbook is not meant to resolve all issues that you may have during your incarceration and is subject to change with the issuance of Policy, Procedures and laws that govern the daily operation and management of the Federal Bureau of Prisons. All inmates are encouraged to review the bulletin boards in the housing units, and general program areas, to keep abreast of any changes and/or updated information.

**ATTACHMENT A
INMATE RIGHTS AND RESPONSIBILITIES**

RIGHTS

1. You have the right to expect that you will be treated in respectful, impartial, and fair manner by all staff.
2. You have the right to be informed of the rules, procedures, and schedules concerning the operation of the institution.
3. You have the right to freedom of religious affiliation and voluntary worship.
4. You have the right to health care, which includes nutritious meals, proper bedding and clothing, - and a laundry schedule for cleanliness of the same, an opportunity to shower regularly, proper ventilation for warmth and fresh air, a regular exercise period, toilet articles, and medical and dental treatment.
5. You have the opportunity to visit and correspond with family members and friends, and correspond with members of the news media, in accordance with Bureau rules and
6. You have the right to unrestricted and confidential access to the courts by correspondence (on matters such as the legality of your conviction, civil matters, pending criminal cases, and conditions of your imprisonment.)

RESPONSIBILITIES

1. You are responsible for treating inmates and staff in the same manner.
2. You have the responsibility to know and abide by them.
3. You have the responsibility to recognize and respect the rights of others in this regard.
4. It is your responsibility not to waste food, to follow the laundry and shower schedule, maintain neat and clean living quarters, to keep your area free of contraband, and to seek medical and dental care as you may need it.
5. It is your responsibility to conduct yourself properly during visits. You will not engage in inappropriate conduct during visits to include sexual acts and introduction of contraband, and not to violate the law or Bureau guidelines through your correspondence.
6. You have the responsibility to present honestly and fairly your petitions, questions, and problems to the court.

INMATE RIGHTS AND RESPONSIBILITIES (Continued)

7. You have the right to legal counsel from an attorney of your choice by interviews and correspondence.
 8. You have the right to participate in the use of law library reference materials to assist you in resolving legal problems. You also have the right to receive help when it is available through a legal assistance program.
 9. You have the right to a wide range of reading materials for educational purposes and for your own enjoyment. materials may include magazines and newspapers sent from the community, with certain restrictions.
 10. You have the right to participate in educational, vocational training, counseling, and employment programs as resources permit, and in keeping with your interests, needs, and abilities. and in the community.
 11. You have the right to use your funds for commissary and other purchases, consistent with institution security and good order, for opening bank and/or savings accounts, and for assisting your family, in accordance with Bureau rules.
7. It is your responsibility to use the services of an attorney honestly and fairly.
 8. It is your responsibility to use these resources in keeping with the procedures and schedule prescribed and to respect the rights of other inmates to the use of the materials and assistance.
 9. It is your responsibility to seek and use such materials for your personal benefit, without depriving others of their equal rights to the use of this material.
 10. You have the responsibility to take advantage of activities which will aid you to live a successful and law-abiding life within the institution. You will be expected to abide by the regulations governing the participation in such activities.
 11. You have the responsibility to meet your financial and legal obligations, including, but not limited to, DHO and court-imposed assessments, fines, and restitution. You also have the responsibility to make use of your funds in a manner consistent with your release plans, your family needs, and for other obligations that you may have.

ATTACHMENT B
PROHIBITED ACTS AND AVAILABLE SANCTIONS
GREATEST CATEOGRY

- 100 Killing.
- 101 Assaulting any person, or an armed assault on the institution's secure perimeter (a charge for assaulting any person at this level is to be used only when serious physical injury has been attempted or accomplished).
- 102 Escape from escort; escape from any secure or non-secure institution, including community confinement; escape from unescorted community program or activity; escape from outside a secure institution.
- 103 Setting a fire (charged with this act in this category only when found to pose a threat to life or a threat of serious bodily harm or in furtherance of a prohibited act of Greatest Severity, e.g., in furtherance of a riot or escape; otherwise the charge is properly classified Code 218, or 329).
- 104 Possession, manufacture, or introduction of a gun, firearm, weapon, sharpened instrument, knife, dangerous chemical, explosive, ammunition, or any instrument used as a weapon.
- 105 Rioting.
- 106 Encouraging others to riot.
- 107 Taking hostage(s).
- 108 Possession, manufacture, introduction, or loss of a hazardous tool (tools most likely to be used in an escape or escape attempt or to serve as weapons capable of doing serious bodily harm to others; or those hazardous to institutional security or personal safety; e.g., hacksaw blade, body armor, maps, handmade rope, or other escape paraphernalia, portable telephone, pager, or other electronic device).
- 109 (Not to be used).
- 110 Refusing to provide a urine sample; refusing to breathe into a Breathalyzer; refusing to take part in other drug-abuse testing.
- 111 Introduction or making of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.
- 112 Use of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.
- 113 Possession of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.
- 114 Sexual assault of any person, involving non-consensual touching by force or threat of force.

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
GREATEST CATEOGRY

- 115 Destroying and/or disposing of any item during a search or attempt to search.
- 196 Use of the mail for an illegal purpose or to commit or further a Greatest category prohibited act.
- 197 Use of the telephone for an illegal purpose or to commit or further a Greatest category prohibited act.
- 198 Interfering with a staff member in the performance of duties most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as "most like" one of the listed Greatest severity prohibited acts.
- 199 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as "most like" one of the listed Greatest severity prohibited acts.

AVAILABLE SANCTIONS FOR GREATEST SEVERITY LEVEL PROHIBITED ACTS

- A. Recommend parole date rescission or retardation.
- B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time (up to 100%) and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).
- B.1. Disallow ordinarily between 50% and 75% (27-41 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
- C. Disciplinary segregation (up to 12 months).
- D. Make monetary restitution.
- E. Monetary fine.
- F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
- G. Change housing (quarters).
- H. Remove from program and/or group activity.
- I. Loss of job.
- J. Impound inmate's personal property.

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
GREATEST CATEOGRY

K. Confiscate contraband.

L. Restrict to quarters.

M. Extra duty.

HIGH SEVERITY

200 Escape from a work detail, non-secure institution, or other non-secure confinement, including community confinement, with subsequent voluntary return to Bureau of Prisons custody within four hours.

201 Fighting with another person.

202 (Not to be used).

203 Threatening another with bodily harm or any other offense.

204 Extortion; blackmail; protection; demanding or receiving money or anything of value in return for protection against others, to avoid bodily harm, or under threat of informing.

205 Engaging in sexual acts.

206 Making sexual proposals or threats to another.

207 Wearing a disguise or a mask.

208 Possession of any unauthorized locking device, or lock pick, or tampering with or blocking any lock device (includes keys), or destroying, altering, interfering with, improperly using, or damaging any security device, mechanism, or procedure.

209 Adulteration of any food or drink.

210 (Not to be used).

211 Possessing any officer=s or staff clothing.

212 Engaging in or encouraging a group demonstration.

213 Encouraging others to refuse to work, or to participate in a work stoppage.

214 (Not to be used).

215 (Not to be used).

213 Encouraging others to refuse to work, or to participate in a work stoppage.

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
HIGH CATEGORY

- 214 (Not to be used).
- 215 (Not to be used).
- 216 Giving or offering an official or staff member a bribe, or anything of value.
- 217 Giving money to, or receiving money from, any person for the purpose of introducing contraband or any other illegal or prohibited purpose.
- 218 Destroying, altering, or damaging government property, or the property of another person, having a value in excess of \$100.00, or destroying, altering, damaging life-safety devices (e.g., fire alarm) regardless of financial value.
- 219 Stealing; theft (including data obtained through the unauthorized use of a communications device, or through unauthorized access to disks, tapes, or computer printouts or other automated equipment on which data is stored).
- 220 Demonstrating, practicing, or using martial arts, boxing (except for use of a punching bag), wrestling, or other forms of physical encounter, or military exercises or drill (except for drill authorized by staff).
- 221 Being in an unauthorized area with a person of the opposite sex without staff permission.
- 222 (Not to be used).
- 223 (Not to be used).
- 224 Assaulting any person (a charge at this level is used when less serious physical injury or contact has been attempted or accomplished by an inmate).
- 225 Stalking another person through repeated behavior which harasses, alarms, or annoys the person, after having been previously warned to stop such conduct.
- 226 Possession of stolen property.
- 227 Refusing to participate in a required physical test or examination unrelated to testing for drug abuse (e.g., DNA, HIV, tuberculosis).
- 228 Tattooing or self-mutilation.
- 229 Sexual assault of any person, involving non-consensual touching without force or threat of force.

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
HIGH CATEGORY

- 296 Use of the mail for abuses other than criminal activity which circumvent mail monitoring procedures (e.g., use of the mail to commit or further a High category prohibited act, special mail abuse; writing letters in code; directing others to send, sending, or receiving a letter or mail through unauthorized means; sending mail for other inmates without authorization; sending correspondence to a specific address with directions or intent to have the correspondence sent to an unauthorized person; and using a fictitious return address in an attempt to send or receive unauthorized correspondence).
- 297 Use of the telephone for abuses other than illegal activity which circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a High category prohibited act.
- 298 Interfering with a staff member in the performance of duties most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as "most like" one of the listed High severity prohibited acts.
- 299 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as "most like" one of the listed High severity prohibited acts.

AVAILABLE SANCTIONS FOR HIGH SEVERITY LEVEL PROHIBITED ACTS

- A. Recommend parole date rescission or retardation.
- B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 50% or up to 60 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).
- B.1 Disallow ordinarily between 25% and 50% (14-27 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
- C. Disciplinary segregation (up to 6 months).
- D. Make monetary restitution.
- E. Monetary fine.
- F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
- G. Change housing (quarters).

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
HIGH CATEGORY

- H. Remove from program and/or group activity.
- I. Loss of job.
- J. Impound inmates personal property.
- K. Confiscate contraband.
- L. Restrict to quarters.
- M. Extra duty.

MODERATE CATEGORY

- 300 Indecent Exposure.
- 301 (Not to be used).
- 302 Misuse of authorized medication.
- 303 Possession of money or currency, unless specifically authorized, or in excess of the amount authorized.
- 304 Loaning of property or anything of value for profit or increased return.
- 305 Possession of anything not authorized for retention or receipt by the inmate, and not issued to him through regular channels.
- 306 Refusing to work or to accept a program assignment.
- 307 Refusing to obey an order of any staff member (may be categorized and charged in terms of greater severity, according to the nature of the order being disobeyed, e.g. failure to obey an order which furthers a riot would be charged as 105, Rioting; refusing to obey an order which furthers a fight would be charged as 201, Fighting; refusing to provide a urine sample when ordered as part of a drug-abuse test would be charged as 110).
- 308 Violating a condition of a furlough.
- 309 Violating a condition of a community program.
- 310 Unexcused absence from work or any program assignment.
- 311 Failing to perform work as instructed by the supervisor.
- 312 Insolence towards a staff member.
- 313 Lying or providing a false statement to a staff member.

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
MODERATE CATEGORY

- 314 Counterfeiting, forging, or unauthorized reproduction of any document, article of identification, money, security, or official paper (may be categorized in terms of greater severity according to the nature of the item being reproduced, e.g., counterfeiting release papers to effect escape, Code 102).
- 315 Participating in an unauthorized meeting or gathering.
- 316 Being in an unauthorized area without staff authorization.
- 317 Failure to follow safety or sanitation regulations (including safety regulations, chemical instructions, tools, MSDS sheets, OSHA standards).
- 318 Using any equipment or machinery without staff authorization.
- 319 Using any equipment or machinery contrary to instructions or posted safety standards.
- 320 Failing to stand count.
- 321 Interfering with the taking of count.
- 322 (Not to be used).
- 323 (Not to be used).
- 324 Gambling.
- 325 Preparing or conducting a gambling pool.
- 326 Possession of gambling paraphernalia.
- 327 Unauthorized contacts with the public.
- 328 Giving money or anything of value to, or accepting money or anything of value from, another inmate or any other person without staff authorization.
- 329 Destroying, altering, or damaging government property, or the property of another person, having a value of \$100.00 or less.
- 330 Being unsanitary or untidy; failing to keep one's person or quarters in accordance with posted standards.

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
MODERATE CATEGORY

- 331 Possession, manufacture, introduction, or loss of a non-hazardous tool, equipment, supplies, or other non-hazardous contraband (tools not likely to be used in an escape or escape attempt, or to serve as a weapon capable of doing serious bodily harm to others, or not hazardous to institutional security or personal safety) (other non-hazardous contraband includes such items as food, cosmetics, cleaning supplies, smoking apparatus and tobacco in any form where prohibited, and unauthorized nutritional/dietary supplements).
- 332 Smoking where prohibited.
- 333 Fraudulent or deceptive completion of a skills test (e.g., cheating on a GED, or other educational or vocational skills test).
- 334 Conducting a business; conducting or directing an investment transaction without staff authorization.
- 335 Communicating gang affiliation; participating in gang related activities; possession of paraphernalia indicating gang affiliation.
- 336 Circulating a petition.
- 396 Use of the mail for abuses other than criminal activity which do not circumvent mail monitoring; or use of the mail to commit or further a Moderate category prohibited act.
- 397 Use of the telephone for abuses other than illegal activity which do not circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a Moderate category prohibited act.
- 398 Interfering with a staff member in the performance of duties most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as "most like" one of the listed Moderate severity prohibited acts.
- 399 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as "most like" one of the listed Moderate severity prohibited acts.

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
MODERATE CATEGORY

AVAILABLE SANCTIONS FOR MODERATE SEVERITY LEVEL PROHIBITED ACTS

- A. Recommend parole date rescission or retardation.
- B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 25% or up to 30 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).
 - B.1 Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
- C. Disciplinary segregation (up to 3 months).
- D. Make monetary restitution.
- E. Monetary fine.
- F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
- G. Change housing (quarters).
- H. Remove from program and/or group activity.
- I. Loss of job.
- J. Impound inmate's personal property.
- K. Confiscate contraband.
- L. Restrict to quarters.
- M. Extra duty.

LOW CATEGORY

- 400 (Not to be used).
- 401 (Not to be used).
- 402 Malingering, feigning illness.
- 403 (Not to be used).
- 404 Using abusive or obscene language.
- 405 (Not to be used).
- 406 (Not to be used).

PROHIBITED ACTS AND AVAILABLE SANCTIONS (Continued)
LOW CATEGORY

- 407 Conduct with a visitor in violation of Bureau regulations.
- 408 (Not to be used).
- 409 Unauthorized physical contact (e.g., kissing, embracing).
- 498 Interfering with a staff member in the performance of duties most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as "most like" one of the listed Low severity prohibited acts.
- 499 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as "most like" one of the listed Low severity prohibited acts.

AVAILABLE SANCTIONS FOR LOW SEVERITY LEVEL PROHIBITED ACTS

- B.1 Disallow ordinarily up to 12.5% (1-7 days) of good conduct time credit available for year (to be used only where inmate found to have committed a second violation of the same prohibited act within 6 months); Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (to be used only where inmate found to have committed a third violation of the same prohibited act within 6 months) (a good conduct time sanction may not be suspended).
- D. Make monetary restitution.
- E. Monetary fine.
- F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
- G. Change housing (quarters).
- H. Remove from program and/or group activity.
- I. Loss of job.
- J. Impound inmate's personal property.
- K. Confiscate contraband
- L. Restrict to quarters.
- M. Extra duty.

FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014

Table 2. ADDITIONAL AVAILABLE SANCTIONS FOR REPEATED PROHIBITED ACTS WITHIN THE SAME SEVERITY LEVEL

Prohibited Act Severity Level	Time Period for Prior Offense (same code)	Frequency of Repeated Offense	Additional Available Sanctions
Low Severity (400 level)	6 months	2 nd offense 3 rd or more offense	1. Disciplinary segregation (up to 1 month). 2. Forfeit earned SGT or non-vested GCT up to 10% or up to 15 days, whichever is less, and/or terminate or disallow extra good time (EGT) (an EGT sanction may not be suspended). Any available Moderate severity level sanction (300 series).
Moderate Severity (300 level)	12 months	2 nd offense 3 rd or more offense	1. Disciplinary segregation (up to 6 months). 2. Forfeit earned SGT or non-vested GCT up to 37 1/2% or up to 45 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended). Any available High severity level sanction (200 series).
High Severity (200 level)	18 months	2 nd offense 3 rd or more offense	1. Disciplinary segregation (up to 12 months). 2. Forfeit earned SGT or non-vested GCT up to 75% or up to 90 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended). Any available Greatest severity level sanction (100 series).
Greatest Severity (100 level)	24 months	2 nd or more offense	Disciplinary Segregation (up to 18 months).

ATTACHMENT C
FEDERAL BUREAU OF PRISONS
HEALTH CARE RIGHTS AND RESPONSIBILITY

While in the custody of the Federal Bureau of Prisons you have the right to receive health care in a manner that recognizes your basic human rights, and you also accept the responsibility to respect the basic human rights of your health care providers.

RIGHTS

1. You have the right to health care services, based on the local procedures at your institution. Health services include medical sick call, dental sick call and all support services. Sick call at FCI Cumberland is conducted Monday through Friday (emergency sick call) from 6:30am to 7:00pm.
2. You have the right to be offered a "Living Will", or provide the Bureau of Prisons with "Advance Directives" that would provide the Bureau of Prisons with instructions if you are admitted, as an inpatient, to a hospital in the local community, or the Bureau of Prisons.
3. You have the right to participate in health promotion and disease prevention programs including education regarding infectious diseases.
4. You have the right to know the name and professional status of your health care providers.
5. You have the right to be treated with respect, consideration and dignity.
6. You have the right to be provided with information regarding your diagnosis, treatment and prognosis.
7. You have the right to be examined in privacy.
8. You have the right to obtain copies of certain disclosable portions of your health record.
9. You have the right to address any concern regarding your health care to any member of the institution staff including you physician, the Health Services Administrator, members of your Unit Team and the Warden.
10. You have the right to receive prescribed medications and treatments in a timely manner, consistent with the recommendations of the prescribing health care provider.
11. You have the right to be provided healthy and nutritious food. You have the right to be instructed regarding a healthy choice when selecting your food.
12. You have the right to request a physical examination, as defined by Bureau policy. Periodic health examinations including age-specific preventative health examinations (e.g. cancer screening) for the inmate population will be at the discretion of the Clinical Director. You may request a physical examination if you are being release from custody and you have not had a physical examination within one year prior to the expected date of release.
13. You have the right to dental care as defined in Bureau policy to include preventive services, emergency care and routine care.
14. You have the right to a safe, clean and healthy environment, including smoke free living areas.

FEDERAL BUREAU OF PRISONS
HEALTH CARE RIGHTS AND RESPONSIBILITY (Continued)

15. You have the right to refuse medical treatment in accordance with Bureau policy. Refusal of certain diagnostic tests for infectious diseases can result in administrative action against you.

RESPONSIBILITIES

1. You have the responsibility to comply with the health care policies of your institution. You have the responsibility to follow recommended treatment plans that have been established for you by institution health care staff, to include proper use of medications, proper diet, and following all health related instructions with which you are provided.
2. You have the responsibility to provide the Bureau of Prisons with accurate information to complete this agreement.
3. You have a responsibility to maintain your health and not to endanger yourself, or others, by participating in activity that could result in the spreading or contracting of an infectious disease.
4. You have the responsibility to respect these providers as professional and follow their instructions to maintain and improve your overall health.
5. You have the responsibility to treat staff in the same manner.
6. You have the responsibility to keep this information confidential.
7. You have the responsibility to comply with security procedures.
8. You have the responsibility of being familiar with the current policy to obtain these records.
9. You have the responsibility to address your concerns in the accepted format, such as the Inmate Request to Staff Member form, open houses or the accepted Inmate Grievance Procedures.
10. You have the responsibility to comply with prescribed treatments and follow prescription orders. You also have the responsibility not to provide any other person your medication or other prescribed item.
11. You have the responsibility to eat healthy and not abuse or waste food or drink.
12. You have the responsibility to notify medical staff that you wish to have an examination.
13. You have the responsibility to maintain your oral hygiene and health.
14. You have the responsibility to maintain a safe and clean environment in consideration for others. You have the responsibility to follow smoking regulations.
15. You have the responsibility to be counseled regarding the possible ill effects that may occur as a result of your refusal. You are also responsible for signing the treatment refusal form.

ATTACHMENT D

DECLARATION

TO MY FAMILY, DOCTORS, AND ALL THOSE CONCERNED WITH MY CARE:

I, _____, being of sound mind, willfully and voluntarily make known my directives to be followed if I am in a terminal and irreversible condition and become unable to participate in decisions regarding my health care. I understand that my health care providers are legally bound to act consistently with my wishes, within the limits of reasonable medical practice and other applicable law. I also understand that I am able to revoke this declaration at any time.

It is my wish that my dying will not be artificially prolonged under the circumstances set forth below and do hereby declare:

If at any time I should have an incurable injury, disease, or illness certified to be a terminal and irreversible condition by two persons who qualify as health care providers, and the health care providers have determined that my death will occur whether or not life-sustaining procedures are utilized and where the application of life-sustaining procedures would serve only to prolong artificially the dying process, or that I have entered a persistent vegetative state, I direct that such life-sustaining procedures be withheld or withdrawn. It is further my wish that I be permitted to die naturally with only the administering of medication or the performance of any medical procedure deemed necessary to provide me with comfort care.

In the absence of my ability to give directions regarding the use of such life-sustaining procedures, it is my intention that this declaration shall be honored by my family and health care providers as the final expression of my legal right to refuse medical or surgical treatment and accept the consequences from such refusal.

I recognize that my health care providers will attempt to act consistently with my instructions, within sound medical judgment and subject to legitimate governmental interests. I hereby authorize them to enter and participate in any judicial or administrative proceeding necessary to review or to uphold this declaration. I agree that this proceeding should be a private and speedy one, so that my wishes can be complied with as soon as practicable.

I understand that such proceeding would be performed on my behalf and, when applicable, the Federal Bureau of Prisons has my permission to file pleadings in my name and to request that judicial or administrative costs or other kind of payment not be assessed against the Bureau of Prisons.

I hereby request that the following person(s) be notified of my condition and my wishes as expressed in this declaration as soon as it is practicable and after my health care providers have certified that I have suffered a terminal and irreversible condition:

**FPC CUMBERLAND
ADMISSION & ORIENTATION HANDBOOK
September 2014**

Name(s)

Address and Telephone Number

Relationship

Further instructions.

Should any portion of this declaration be declared invalid, such invalidity shall not affect other parts of the declaration, which can be given effect independent of the invalid portion.

I understand the full import of this declaration, and I am mentally competent to make this declaration and do so without duress of any kind.

Signature

Date and Time

City, Parish, and State of Residence

The declarant is personally known to me, and I believe the declarant to be of sound mind. I certify that the declarant voluntarily signed this declaration.

Signed,

Witness' Signature

Witness' Address

Date

Time

Reminder: Keep a copy of the signed declaration and return the original so it can be placed in your health record.

ATTACHMENT E

FPC ADMISSION & ORIENTATION SCHEDULE

WEDNESDAY	7:45	a.m.	Roll Call
	8:00	a.m.	Food Service
	8:30	a.m.	Safety/Sanitation
	9:00	a.m.	Case Management Coordinator
	9:30	a.m.	AIDS Film/Break
	10:15	a.m.	Health Services
	10:30	a.m.	Education/Recreation
	11:00	a.m.	Lunch
	12:00	p.m.	Roll Call
	12:15	p.m.	Religious Services
	12:30	p.m.	Financial Management (Business Office)
	1:00	p.m.	Inmate Systems Management
	1:30	p.m.	Correctional Services
	2:00	p.m.	Facilities Operations
	2:20	p.m.	Psychology/RDAP
	3:00	p.m.	Camp Unit Manager
	3:30	p.m.	Federal Prison Industries (UNICOR)

ATTACHMENT F

U.S. DEPARTMENT OF JUSTICE FEDERAL BUREAU OF PRISONS

To The Inmate:

It is suggested you provide this instruction sheet for special mail privileges to your attorney(s) who is representing you, at the earliest opportunity, when you write to or visit with your attorney(s).

To The Attorney:

The Bureau of Prisons Program Statement on Correspondence provides the opportunity for an attorney who is representing an inmate to request that attorney-client correspondence be opened only in the presence of the inmate. For this to occur, Bureau policy requires that **you adequately identify yourself as an attorney on the envelope and that the front of the envelope be marked "Special Mail - Open Only in the Presence of the Inmate"** or with similar language clearly indicating that your correspondence qualifies as special mail and that you are requesting that this correspondence be opened only in the presence to the inmate. Provided the correspondence has this marking, Bureau staff will open the mail only in the inmate's presence for inspection for physical contraband and the qualification of any enclosure as special mail. The correspondence will not be read or copied if these procedures are followed. If your correspondence does not contain the required identification that you are an attorney, a statement that your correspondence qualifies as special mail, and a request that the correspondence be opened only in the presence of the inmate, staff may treat the mail as general correspondence and may open, inspect, and read the mail.

