

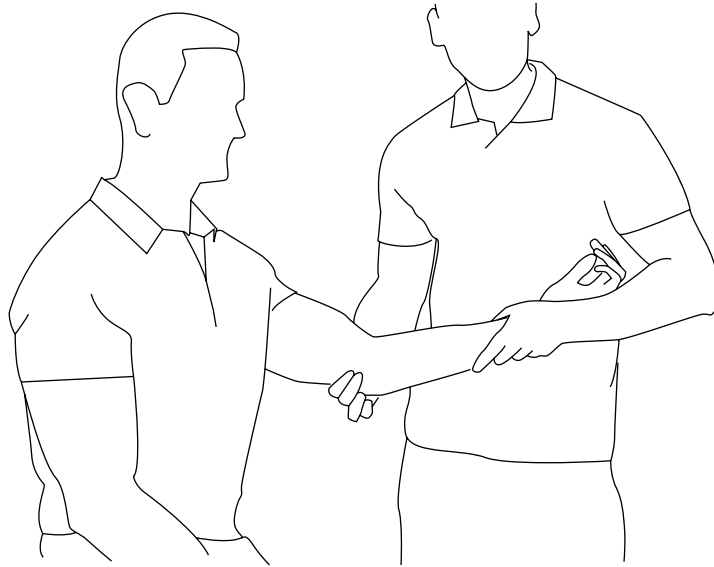
Pressure Provocation Test

Patient information

Name: _____ Age: _____ Date: _____

Test procedure

1. Position the patient in a sitting position.
2. Flex the patient's elbow to 20 degrees and supinate the forearm.
3. Place your middle and index fingers on the ulnar nerve, immediately proximal to the cubital tunnel.
4. Apply pressure for a total of 60 seconds.
5. Repeat the test on the other side.



Test findings

- Positive:** Symptoms such as numbness or paresthesia in the ulnar nerve distribution are reproduced.

Affected sides: Left Right

- Negative:** No symptoms are reproduced.

Additional notes

Examiner information

Name: _____ Signature: _____

Email: _____ Contact number: _____

Dy, C. J., & Mackinnon, S. E. (2016). Ulnar neuropathy: Evaluation and management. *Current Reviews in Musculoskeletal Medicine*, 9(2), 178–184. <https://doi.org/10.1007/s12178-016-9327-x>

Physiotutors. (2020, November 18). *Pressure provocation test | cubital tunnel syndrome*. YouTube. <https://www.youtube.com/watch?v=zliszS8jsnc>