

Radio Frequency Therapy For Non-Surgical Treatment Of The Cervical Herniated Disc

Radiofrequency therapy is a form of treatment where actually a probe is put into the neck and electricity is put through that probe and some of the nerves in the area of the neck are cauterized or burnt. Now, this is done for chronic pain; I would not recommend it for acute cervical herniated disc problems where you have neck pain with radiation down the arm. I do not think it is really indicated for that. So the bottom line on radiofrequency therapy is, it may be used for chronic back and neck problems, but I would not use it for a cervical herniated disc.

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