



**April 2022**

## **COMMUNITY RESOURCES TO ASSIST FAMILIES**

### **Macomb County Crisis Center - Call 586-307-9100 Talk with a Trained Counselor**

If you are in a crisis or overwhelmed by any situation  
24 hours a day, 7 days a week  
Private, confidential, and you do not have to give your name.

### **Macomb County Health Department COVID 19 Help-Line - 586-463-3750**

8:30 to 5 pm Monday-Friday  
<https://www.macombgov.org/covid19> for vaccine appointments, testing locations, more.

### **EMERGENCY FOOD PANTRIES**

**Emergency Food Services 2-1-1 or 1-844-875-9211**

**Gleaners Website – [www.gcfb.org](http://www.gcfb.org)**

**Forgotten Harvest Website – [www.Forgottenharvest.org/Find Food](http://www.Forgottenharvest.org/Find Food) (map of 250+ agencies)**

**Additional pantries are listed on the Macomb County Government website:**

**[https://www.macombgov.org/ Macomb Community Action](https://www.macombgov.org/Macomb Community Action) [mca@macombgov.org](mailto:mca@macombgov.org)**

586-469-6999

#### **St. Vincent DePaul**

98 New Street  
Mt. Clemens  
586-468-6522

Wednesday & Friday 9:00 am - 12 pm  
Picture ID required & Mask  
Drive up service from garage  
Middle of block S. Gratiot & Pine  
Personal items and Bus Tickets available

#### **Hope Food Pantry/Hope Church**

35127 Garfield Rd (at 15 Mile)  
Clinton Township

For more information: 586-296-8760  
Pickup 2<sup>nd</sup> Saturday of each month  
(2 boxes of non-perishables and fresh milk,  
frozen eggs, and frozen meat)

#### **Heritage Church Food Pantry**

44625 Schoenherr Road  
Sterling Heights  
586-997-9490

9:30-11:00 Saturdays only  
Drive through/Photo ID required  
Closed on Holiday Weekends

**Lighthouse**  
28571 Gratiot  
Roseville  
586-776-1230

Monday – Thursday 9:30-11/12:30-3  
Friday 9 am - 1 pm  
Emergency food baskets  
Families can sign up for regular food needs after

**Faith Lutheran Food Pantry**  
50600 Shelby Rd, South of 23 Mile  
Utica, MI 48317  
586-731-8112

Tuesday & Wednesday  
9 am - 12 noon  
Back of the Church

**Immanuel Lutheran Food Pantry**  
47120 Romeo Plank Road  
Macomb  
586- 286-4231

Tuesday & Thursday 1:00 pm - 5 pm  
By appointment only

**Family Resource Center Food Pantry**  
196 N. Rose  
Mt. Clemens  
586-469-2572

Monday - Thursday 10 am -2 pm  
Friday 10 am -1:00 pm  
Photo ID required

**Central Bible Church Food Pantry**  
38900 Moravian Dr.  
Clinton Twp.  
586-465-2828

2nd Thursday 12 - 2 pm and the  
following Saturday 12 -2 pm

**Veteran's Food Bank Food Pantry**  
18025 15 Mile Road  
Clinton Twp.  
586-776-9810

Monday - Friday 9 am-2 pm

## **OTHER EMERGENCY SERVICES**

### **Emergency Relief: Home, Utilities & Burial**

Michigan Department of Health and Human Services

<https://www.michigan.gov/mdhhs/>

### **Programs to Assist with Food, Mortgage, Rent, Utilities, Medical Bills, Transportation, Covid Testing**

24 hours a day, 7 days a week

Call the United Way

211 or 1-800-552-1183, or text your zip code to 8982

### **Services to End Domestic and Sexual Violence**

24 hours a day, 7 days a week

Turning Point

<https://turningpointmacomb.org/resources/>

Crisis Line: 586-463-6990, Shelter, Forensic Nurse Examiner, Counseling, Legal Advocacy

## **SUSPECTED ABUSE OR NEGLECT OF A CHILD OR TEEN**

### **Children’s Protective Service**

24 hours a day, 7 days a week

Call 855-444-3911 to report

One number. One call. One person can make a difference.

## **MENTAL HEALTH SERVICES**

### **Macomb County Community Mental Health Services (All Forms of Medicaid Eligible)**

Also provides Substance Abuse and Developmental Disability Services

For all ages

855-996-2264 (No insurance required.)

### **Macomb Family Services**

Individual counseling, family therapy, and substance abuse treatment.

Licensed therapists work with individuals as young as 3 years old.

Call 586-226-3440

### **No Cost Materials and Videos to Help Deal with Depression and Other Emotional Concerns**

For students, ages 13 years and over, and adults

MyStrength.com

Macomb County Crisis Center

[www.myStrength.com](http://www.myStrength.com) Click on “Sign Up”

Use the Access Code: MCCMHcomm

## **EMPLOYMENT ASSISTANCE FOR YOUTH**

For youth ages 16-24 years

Michigan Works – provides Young Professional Program, employment opportunities, services

<https://macomb-stclairworks.org/>

## **SUBSTANCE ABUSE AND RECOVERY SERVICES**

### **On-Line Recovery Support Programs**

CARE of SE Michigan

586-541-CARE (2273)

[www.careofsem.com](http://www.careofsem.com)

### **No Cost Help for Parents Dealing with a Child’s Alcohol, Marijuana, or Other Drug Use**

Partnership for Drug-Free Kids

On-Line resources available at <https://drugfree.org/>

To speak to a Specialist/Help Line call 1-855-378-4373; or text CONNECT to 55753

## **CLINTON MACOMB PUBLIC LIBRARY SERVICES**

24 hours a day, 7 days a week

Main: 226-5020 South: 226-5072 North: 226-5082

Access to audiobooks, TV shows, other entertainment, and virtual tutoring

Student ID allows access

<https://cmpl.org/virtual-cmpl/>

## **PARENTING**

### **No Cost On-line Parenting Classes for Parents of Children Pre-School -Teens**

CARE of SE Michigan

Call 586-541-2273 or register on-line [www.careofsem.com](http://www.careofsem.com)

**Please help keep our resource list current by calling 586-723-2360,  
to provide information on an additional service or if a service listed has ended.**