

Paths:	Motivation Strategies					Persuasive Influence						Engaging Humor	
	Leadership Development					Presentation Mastery							
	Innovative Planning					Strategic Relationships							
	Effective Coaching					Team Collaboration							
	Dynamic Leadership					Visionary Communication							
	DL	EC	IP	LD	MS	PI	PM	SR	TC	VC	EH		
Level 1 Projects:												4 Required Projects	
Ice Breaker	1	1	1	1	1	1	1	1	1	1	1	4-6m speech	
Writing a Speech with Purpose	2	2	2	2	2	2	2	2	2	2	2	5-7m speech	
Introduction to Vocal Variety and Body Language	3	3	3	3	3	3	3	3	3	3	3	5-7m speech	
Evaluation and Feedback	4	4	4	4	4	4	4	4	4	4	4	5-7m / 5-7m / 2-3m eval	
Level 2 Projects:	DL	EC	IP	LD	MS	PI	PM	SR	TC	VC	EH	3 Required Projects	
Understanding Your Leadership Style	1	1	1	1		1		1	1	1		5-7m speech	
Know Your Sense of Humor	(a)										1	5-7m speech	
Understanding Your Communication Style	2	2			1		1			2		5-7m speech	
Active Listening	(b)				2	2			2			* Table Topics Master	
Connect with Your Audience	(c)		2								2	5-7m speech	
Effective Body Language	(d)						2					5-7m speech	
Cross-Cultural Understanding								2				5-7m speech	
Managing Time				2								5-7m speech	
Introduction to Toastmasters Mentoring	3	3	3	3	3	3	3	3	3	3	3	5-7m speech	
Level 3 Projects:	DL	EC	IP	LD	MS	PI	PM	SR	TC	VC	EH	1 Required, 2 Electives	
Develop a Communication Plan										R		5-7m speech	
Negotiate the Best Outcome	R											5-7m speech	
Persuasive Speaking							R					5-7m speech	
Planning and Implementing				R								5-7m speech	
Present a Proposal			R									5-7m speech	
Reaching Consensus		R										5-7m speech	
Successful Collaboration									R			5-7m speech	
Understanding Conflict Resolution						R						5-7m speech	
Understanding Emotional Intelligence					R						R	5-7m speech	
Engage Your Audience With Humor												5-7m speech	
Make Connections Through Networking	E	E	E	E	E	E	E	R	E	E	E	5-7m speech	
Know Your Sense of Humor	(a)	E	E	E	E	E	E	E	E	E	.	5-7m speech	
Active Listening	(b)	E	E	E	E	.	.	E	E	.	E	E	* Table Topics Master
Connect with Your Audience	(c)	E	E	.	E	E	E	E	E	E	.	5-7m speech	
Effective Body Language	(d)	E	E	E	E	E	.	E	E	E	E	5-7m speech	
Connect with Storytelling		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Creating Effective Visual Aids		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Deliver Social Speeches		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Focus on the Positive		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Inspire Your Audience		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Prepare for an Interview		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Understanding Vocal Variety		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Using Descriptive Language		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Using Presentation Software		E	E	E	E	E	E	E	E	E	E	5-7m speech	
Researching and Presenting	*	E	E	E	E	E	E	E	E	E	E	5-7m speech	
Level 4 Projects:	DL	EC	IP	LD	MS	PI	PM	SR	TC	VC	EH	1 Required, 1 Elective	
Communicate Change										R		5-7m speech	
Improvement Through Positive Coaching		R										5-7m speech	
Leading in Difficult Situations						R						5-7m + 5-10m responses	
Leading Your Team				R								5-7m speech	
Manage Change	R											5-7m speech	
Motivate Others					R				R			5-7m speech	
The Power of Humor in an Impromptu Speech											R	2-3m + 2-3m	
Manage Projects Successfully	E	E	R	E	E	E	E	E	E	E	E	2-3m / 5-7m	
Managing a Difficult Audience	E	E	E	E	E	E	R	E	E	E	E	10-15m	
Public Relations Strategies	E	E	E	E	E	E	E	R	E	E	E	5-7m speech	
Building a Social Media Presence	E	E	E	E	E	E	E	E	E	E	E	5-7m speech	
Create a Podcast	E	E	E	E	E	E	E	E	E	E	E	2-3m intro + 5-10m podcast seg.	
Manage Online Meetings	E	E	E	E	E	E	E	E	E	E	E	20-25m (TMOD online)	
Question-and-Answer Session	E	E	E	E	E	E	E	E	E	E	E	15-20m	
Write a Compelling Blog	E	E	E	E	E	E	E	E	E	E	E	2-3m	
Level 5 Projects:	DL	EC	IP	LD	MS	PI	PM	SR	TC	VC	EH	1 Required, 1 Elective (**)	
Develop Your Vision										R		5-7m / 5-7m	
Lead in Any Situation	R								R			8-10m speech	
Manage Successful Events				R								5-7m speech	
Team Building					R							2-3m / 5-7m speech	
Deliver Your Message With Humor											R	5-7m speech	
High Performance Leadership	E	R	R	E	E	R	E	E	E	E	E	5-7m / 5-7m	
Leading in Your Volunteer Organization	E	E	E	E	E	E	E	R	E	E	E	5-7m speech	
Prepare to Speak Professionally	E	E	E	E	E	E	R	E	E	E	E	18-22m speech	
Ethical Leadership	E	E	E	E	E	E	E	E	E	E	E	20-40m speech	
Lessons Learned	E	E	E	E	E	E	E	E	E	E	E	5-7m speech or more	
Moderate a Panel Discussion	E	E	E	E	E	E	E	E	E	E	E	20-40m speech	
Complete Path	DL	EC	IP	LD	MS	PI	PM	SR	TC	VC	EH	1 Required	
Reflect on Your Path	R	R	R	R	R	R	R	R	R	R	R	10-12m speech	

** In many paths, level 5 requires a 6 month project/commitment and some include collecting a 360 evaluation by Keith Horowitz - Updated 2022-Feb-28