



**Delaware Pediatrics, LLP**  
making it all better

2550 DELAWARE AVENUE  
BUFFALO, NEW YORK 14216  
(716) 884-0230

## **Benadryl Dosage Chart**

Benadryl can help reduce your child's symptoms during an allergic reaction. Benadryl which is also available as generic Diphenhydramine is an over-the-counter antihistamine for use during allergic reactions. Benadryl dosing is based on weight and not age. The following chart can help determine the correct dose for your child based on your child's weight, but is no substitute for your doctor's advice, and you should always call the pediatrician if you have any questions. Benadryl is available in liquid, chewable and tablet forms. Chewables may be a choking hazard and are not recommended for children under 18 months.

### **Use the following tips to keep your child safe and avoid overdosing:**

Benadryl is also a sedative and care must be taken not to overdose your child.

Give every six hours as needed. Don't exceed four doses in 24 hours.

Always read the label first, since different medicines have different concentrations.

Always use the measuring device (dropper or measuring cup) that comes with the medication or you could risk overdosing. Never use droppers from different medications or spoons from the kitchen.

### **Remember to call the pediatrician for:**

Children under 1 year having an allergic reaction

If your child is flushed, coughing, drooling or having difficulty breathing call 911 and proceed to the nearest emergency room.



**Delaware Pediatrics, LLP**  
making it all better

2550 DELAWARE AVENUE  
BUFFALO, NEW YORK 14216  
(716) 884-0230

<b>Child's Weight</b>	<b>Liquid Benadryl (12.5 mg/ 5 ml)</b>	<b>Benadryl Chewable tablet (12.5 mg)</b>	<b>Benadryl Tablet (25 mg)</b>
	12.5mg/5ml	12.5mg	25mg
11lb-16lb 7oz	½ tsp or 2.5ml	Not Recommended	Not Recommended
16lb 8oz -21lb 15oz	¾ tsp or 3.75ml	Not Recommended	Not Recommended
22lbs-26lb 7oz	1 tsp or 5ml	1 tablet	Not Recommended
27lb 8oz-32lb 15oz	1 ¼ tsp or 6.25ml	1 tablet	Not Recommended
33lb to 37lb 7oz	1 ½ tsp or 7.5ml	1 tablet	Not Recommended
38lb 8oz to 43lb 15oz	1 ¾ tsp or 8.75ml	1 tablet	Not Recommended
44lb to 54lb	2 tsp	2 tablets	1 tablet
55lb to 65lb	2 ½ tsp	2 tablets	1 tablet
66lb to 76lb	3 tsp	2 tablets	1 tablet
77lb to 87lb	3 ½ tsp	2 tablets	1 tablet
88+lbs	4 tsp	4 tablets	2 tablets