

### Republic of the Philippines

# Department of Education

01 JUL 2020

DepEd MEMORANDUM No. 058, s. 2020

#### ORIENTATION FOR REGIONAL AND SCHOOLS DIVISION OFFICES ON MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES IN THE TIME OF COVID-19 FOR LEARNERS AND DEPED PERSONNEL

To:

Undersecretaries

**Assistant Secretaries** 

Minister, Basic Higher and Technical Education, BARMM

**Bureau Directors** Regional Directors

Schools Division Superintendents

All Others Concerned

- The Department of Education (DepEd), through DepEd Order (DO) No. 12, s. 2020 (Adoption of the Basic Education Learning Continuity Plan for School Year 2020-2021 in Light of the COVID-19 Public Health Emergency), recognizes as a priority the promotion and protection of the mental health and general welfare of learners and personnel in the time of the COVID-19 pandemic. As such, DepEd Order No. 14, s. 2020 (Guidelines on the Required Health Standards in Basic Education Offices and Schools) details the provision of mental health and psychosocial support services (MHPSS) to increase the mental resilience of learners and DepEd personnel.
- In accordance with the above, the Disaster Risk Reduction and Management Service (DRRMS), under the leadership of the Office of the Undersecretary for Administration and in coordination with various DepEd Central office units, is conducting Mental Health and Psychosocial Support Services (MHPSS) for teaching and non-teaching personnel and learners from July to August, in preparation for the opening of classes, as part of the Brigada Eskwela activities.
- The MHPSS activities are co-organized with the following DepEd Central Office Units, together with Unilab Foundation Inc. (UFI), Philippine Guidance and Counseling Association (PGCA) Inc., and the Psychological Association of the Philippines (PAP):
  - a. Office of the Undersecretary for Field Operations;
  - b. Office of the Undersecretary for Legislative Affairs, External Partnerships and Project Management;
  - c. Bureau of Human Resources and Organizational Development (BHROD);
  - d. External Partnership Service (EPS);
  - e. Bureau of Curriculum Development (BCD);
  - f. Bureau of Learning Development (BLD);
  - g. Bureau of Learning Resources (BLR)
  - h. National Educators Academy of the Philippines (NEAP);
  - i. Bureau of Learners Support Services-School Health Division (BLSS-SHD); and
  - j. Bureau of Learners Support Services-Youth Formation Division (BLSS-



- 4. In line with this, an Orientation for Regional and Schools Division Offices on Mental Health and Psychosocial Support Services in the Time of COVID-19 for Learners and DepEd Personnel will be conducted 02 July 2020. The online orientation aims to:
  - a. Establish the importance of MHPSS interventions;
  - b. Identify MHPSS activities of DepEd; and
  - c. Provide guidance to ROs and SDOs in the implementation of MHPSS activities.
- 5. The following are instructed to attend the orientation:

DepEd Offices	Participants Participants	Schedule
Regional Offices	Asst. Regional Directors ESSD and CLMD Chiefs Regional Education Program Supervisors (2) Regional DRRM Coordinator Regional Health Personnel Regional Youth Formation Coordinator Regional Guidance Coordinator Regional Brigada Eskwela	
Schools Division Offices	Coordinators  Schools Division Superintendents SGOD and CID Chiefs Division Education Program Supervisors (2) Division Public School District Supervisors (2) Division DRRM Coordinator Division Health Personnel Division Guidance Coordinators Division Youth Formation Coordinator Division Brigada Eskwela Coordinators	July 2, 2020 9:00-10:30 a.m.

- 6. Co-organizers of the Department MHPSS interventions enumerated in paragraph 3(a) to 3(j) are likewise requested to send their representatives to the orientation.
- 7. Enclosed is a copy of the program for reference.
- 8. All concerned are requested to confirm their attendance and register via <a href="http://deped.in/RegMHPSSOrientation">http://deped.in/RegMHPSSOrientation</a> by **July 1, 2020**. The orientation will be conducted through a Zoom meeting. The link for the orientation will be emailed upon confirmation of attendance.
- 9. For information, contact **Mr. Orlando Barachina**, Project Development Officer IV, Disaster Risk Reduction and Management Service (DRRMS), 2nd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City, through email at <a href="mailto:orlando.barachina@deped.gov.ph">or at telephone number (02) 8637-4933</a>.

10. Immediate dissemination of this Memorandum is desired.

LEONOR MAGTOLIS BRIONES
Secretary

Encl.:

As stated

Reference:

None

To be indicated in the <u>Perpetual Index</u> under the following subjects:

EMPLOYEES
CONFERENCE
HEALTH EDUCATION
LEARNERS
OFFICIALS
TEACHERS



MCR/SMMA/APA/MPC/Ma'am JoBM - DM Orientation for Regional and SDOs on Mental Health June 23, 2020

# Orientation for Regional and Schools Division Offices on Mental Health and Psychosocial Support Services (MHPSS) in the Time of COVID-19 for learners and DepEd Personnel

# Program of Activities for Regional Offices 02 July 2020 8:30 AM - 10:00 AM

TIME	ACTIVITY	SPEAKER
8:30 - 8:35 AM (5 mins.)	Preliminaries	
	<ul> <li>Invocation</li> </ul>	MHPSS Team  DRRMS
	National Anthem	
8:35 - 8:40 AM (5 mins.)	Opening Message	Usec. Alain del B. Pascua Undersecretary for Administration "DTFC and its Roles in Preparing Schools, Personnel and Learners"
8:40 - 8:45 AM (5 mins.)		Usec. Tonisito M.C. Umali Undersecretary for Legislative Affairs "Brigada Eskwela: Preparing our Personnel, Teachers and Learners through MHPSS"
8:45 - 8:50 AM (5 mins.)		Usec. Revsee A. Escobedo Undersecretary for Field Operations  "Inviting Leaders to Ensure Menta Health and Well-being of DepEd Personnel, Teachers and Learners"
8:50 - 9:00 AM	Rationale and Objectives of	Ronilda R. Co
(10 mins.) 9:00 - 9:07 AM (7 mins.)	DepEd MHPSS Interventions  Introduction to SEES Manual	Director IV, DRRMS  Psychological Association of the Philippines
9:07 - 9:14 AM (7 mins.)	Introduction to Teachers' Activity Guides for Remote Psychosocial Support for Elementary School Aged- Learners During Disasters and Emergency Situations	UNILAB Foundation, Inc.
9:14 - 9:21 AM (7 mins.)	Introduction to the Emotional Resiliency Modules	Joycelyn D.R. Andaya Director IV, BCD
9:21 - 9:36 AM (15 mins.)	Introduction to MHPSS Courses "NEAP MHPSS Courses on Training and Provision"	John Arnold S. Siena Director IV, NEAP
9:36 - 9:51 AM (15 mins.)	Open Forum	Host
9:51 – 10:00 AM	Closing Remarks	Ronilda R. Co Director IV, DRRMS

## Orientation for Regional and Schools Division Offices on Mental Health and Psychosocial Support Services (MHPSS) in the Time of COVID-19 for learners and DepEd Personnel

### Program of Activities for Cluster 2\*

02 July 2020 10:30 AM – 12:00 PM

TIME	ACTIVITY	SPEAKER
10:30 - 10:35 AM (5 mins.)	Preliminaries	
	<ul> <li>Invocation</li> </ul>	MHPSS Team
	■ National Anthem	DRRMS
10:35 - 10:40 AM (5 mins.)	Opening Message	Usec. Alain del B. Pascua Undersecretary for Administration  "DTFC and its Roles in Preparing Schools, Personnel and Learners"
10:40 – 10:45 AM (5 mins.)		Usec. Tonisito M.C. Umali Undersecretary for Legislative Affairs  "Brigada Eskwela: Preparing our Personnel, Teachers and Learners through MHPSS"
10:45 - 10:50 AM (5 mins.)		Usec. Revsee A. Escobedo Undersecretary for Field Operations  "Inviting Leaders to Ensure Mental Health and Well-being of DepEd Personnel, Teachers and Learners"
10:50 – 11:00 AM	Rationale and Objectives of	Ronilda R. Co
(10 mins.)	DepEd MHPSS Interventions	Director IV, DRRMS
11:00 – 11:07 AM (7 mins.)	Introduction to SEES Manual	Psychological Association of the Philippines
11:07 - 11:14 AM (7 mins.)	Introduction to Teachers' Activity Guides for Remote Psychosocial Support for Elementary School Aged- Learners During Disasters and Emergency Situations	UNILAB Foundation, Inc.
11:14 - 11:21 AM	Introduction to the	Joycelyn D.R. Andaya
(7 mins.)	Emotional Resiliency Modules	Director IV, BCD
11:21 - 11:36 AM (15 mins.)	Introduction to MHPSS Courses "NEAP MHPSS Courses on Training and Provision"	<b>John Arnold S. Siena</b> Director IV, NEAP
11:36 – 11:51 AM (15 mins.)	Open Forum	Host
11:51 – 12:00 AM	Closing Remarks  End of Orientation	Ronilda R. Co Director IV, DRRMS

<sup>\*</sup>Schools Division Offices of Regions I, II, III, IV-A, IV-B, V, CAR, and NCR

# Orientation for Regional and Schools Division Offices on Mental Health and Psychosocial Support Services (MHPSS) in the Time of COVID-19 for learners and DepEd Personnel

### Program of Activities for Cluster 3\*

02 July 2020 2:00 PM – 3:20 PM

TIME	ACTIVITY	SPEAKER
2:00 - 2:05 PM (5 mins.)	Preliminaries	
	<ul><li>Invocation</li></ul>	MHPSS Team
	National Anthem	DRRMS
2:05 - 2:10 PM (5 mins.)	Opening Message	Usec. Alain del B. Pascua Undersecretary for Administration  "DTFC and its Roles in Preparing Schools, Personnel and Learners"
2:10 - 2:15 PM (5 mins.)		Usec. Tonisito M.C. Umali Undersecretary for Legislative Affairs  "Brigada Eskwela: Preparing our Personnel, Teachers and Learners through MHPSS"
2:15 - 2:20 PM (5 mins.)		Usec. Revsee A. Escobedo Undersecretary for Field Operations  "Inviting Leaders to Ensure Mental Health and Well-being of DepEd Personnel, Teachers and Learners"
2:20 - 2:30 PM	Rationale and Objectives of	Ronilda R. Co
(10 mins.)	DepEd MHPSS Interventions	Director IV, DRRMS
2:30 – 2:37 PM (7 mins.)	Introduction to SEES Manual	Psychological Association of the Philippines
2:37 - 2:44 PM (7 mins.)	Introduction to Teachers' Activity Guides for Remote Psychosocial Support for Elementary School Aged- Learners During Disasters and Emergency Situations	UNILAB Foundation, Inc.
2:44 - 2:51 PM	Introduction to the	Joycelyn D.R. Andaya
(7 mins.) 2:51 - 3:06 PM	Emotional Resiliency Modules Introduction to MHPSS Courses	Director IV, BCD
(15 mins.)	"NEAP MHPSS Courses on Training and Provision"	<b>John Arnold S. Siena</b> Director IV, NEAP
3:06 - 3:21 PM (15 mins.)	Open Forum	Host
3:21 - 3:30 PM	Closing Remarks  End of Orientation	<b>Ronilda R. Co</b> Director IV, DRRMS

<sup>\*</sup>Schools Division Offices of Regions VI, VII, VIII, IX, X, XI, XII, CARAGA, and BARMM