

# Resources for New Folks to the South Bend Area

## PODCASTS RELATED TO SOUTH BEND:

- South Bend On Purpose: <https://westsb.com/onpurpose>
- South Bend Beat: <https://southbendbeat.podbean.com/> & <https://www.instagram.com/southbendbeat/>
- South Bend's Own Words: <https://www.stitcher.com/podcast/south-bends-own-words>

## CITY OF SOUTH BEND (AND SURROUNDING AREA):

- Downtown South Bend: [www.facebook.com/downtownsouthbend/](http://www.facebook.com/downtownsouthbend/) & <https://www.instagram.com/dtsouthbend/>
- City of South Bend: [www.facebook.com/CityofSouthBend/](http://www.facebook.com/CityofSouthBend/) & <https://www.instagram.com/cityofsouthbend/>
- Visit South Bend: [www.facebook.com/visitsouthbend/](http://www.facebook.com/visitsouthbend/) & <https://www.instagram.com/visitsouthbend/>
- South Bend Tribune: [www.facebook.com/southbendtribune/](http://www.facebook.com/southbendtribune/) & <https://www.instagram.com/sbtribune/>
- Market Basket: [www.facebook.com/thebasket/](http://www.facebook.com/thebasket/)
- West Side South Bend: [www.facebook.com/WSSouthBend/](http://www.facebook.com/WSSouthBend/) & <https://www.instagram.com/wssouthbend/>
- Young Professionals Network: [www.facebook.com/YPNSouthBend/](http://www.facebook.com/YPNSouthBend/)
- South Bend Chamber of Commerce: [www.facebook.com/southbendchamber/](http://www.facebook.com/southbendchamber/)
- South Bend Elkhart Regional Partnership: [www.facebook.com/TheSouthBendElkhartRegion/](http://www.facebook.com/TheSouthBendElkhartRegion/)
- The State of South Bend: [www.facebook.com/TheStateofSBN/](http://www.facebook.com/TheStateofSBN/) & <https://www.instagram.com/thestateofsb/>
- Build (Up) South Bend (FB group): [www.facebook.com/groups/1590381997872915/](http://www.facebook.com/groups/1590381997872915/)

## PARKS AND NATURE AREAS

- Venues Parks and Arts: [www.facebook.com/sbvpa/](http://www.facebook.com/sbvpa/) & <https://www.instagram.com/sbvpa/>

- Howard Park: <https://www.facebook.com/VisitHowardPark> & <https://www.instagram.com/visithowardpark/>
- St. Joseph County Parks: [www.facebook.com/sjcparks/](http://www.facebook.com/sjcparks/)
- St. Patrick's Park: [www.facebook.com/stpatrickscopark/](http://www.facebook.com/stpatrickscopark/)
- Bendix Woods County Parks: [www.facebook.com/bendixwoodscoopark/](http://www.facebook.com/bendixwoodscoopark/)
- Potato Creek State Park: [www.facebook.com/potatocreeksp/](http://www.facebook.com/potatocreeksp/)
- Potawatomi Greenhouse: <https://www.facebook.com/potawatomi.conservatories/>
- Potawatomi Zoo: [www.facebook.com/PotawatomiZoo/](http://www.facebook.com/PotawatomiZoo/) & <https://www.instagram.com/potawatomizoo/>

## ARTS/CULTURE/ENTERTAINMENT/VENUES

- South Bend Culture Club: <https://www.facebook.com/SOUTHBENDCULTURECLUB> & <https://www.instagram.com/southbendcultureclub/>
- IDEA Week: [www.facebook.com/IdeaWeekSBE/](http://www.facebook.com/IdeaWeekSBE/) & <https://www.instagram.com/ideaweeksbe/>
- St. Joseph County Public Library: [www.facebook.com/libraryforlife/](http://www.facebook.com/libraryforlife/)
- South Bend Lyric Opera: [www.facebook.com/southbendlyricopera/](http://www.facebook.com/southbendlyricopera/) & <https://www.instagram.com/southbendlyricopera/>
- Merriman's Jazz Playhouse: [www.facebook.com/Merrimans-Playhouse-162332040487215/](http://www.facebook.com/Merrimans-Playhouse-162332040487215/)
- South Bend Museum of Art: [www.facebook.com/southbendmuseumofart/](http://www.facebook.com/southbendmuseumofart/) & <https://www.instagram.com/southbendart/>
- New Industry Dance: [www.facebook.com/newindustrydance/](http://www.facebook.com/newindustrydance/) & <https://www.instagram.com/newindustrydance/>
- The Music Village: [www.facebook.com/villagemusicalarts/](http://www.facebook.com/villagemusicalarts/) & <https://www.instagram.com/themusicvillagesb/>
- Lang Lab: [www.facebook.com/Langlabsb/](http://www.facebook.com/Langlabsb/) & [https://www.instagram.com/langlab\\_sb/](https://www.instagram.com/langlab_sb/)
- Cool Runnings: <https://www.facebook.com/profile.php?id=100083484185536>
- The Brick: [www.facebook.com/TheBrickSB/](http://www.facebook.com/TheBrickSB/) & <https://www.instagram.com/thebricksouthbend/>
- Morris Performing Arts Center: [www.facebook.com/morrispac/](http://www.facebook.com/morrispac/)
- DeBartolo Performing Arts Center (including Browning Cinema): [www.facebook.com/DeBartoloPerformingArtsCenter/](http://www.facebook.com/DeBartoloPerformingArtsCenter/) & <https://www.instagram.com/dpacnd/>
- Sacred Waters Kirtan: [www.facebook.com/Sacred-Waters-Kirtan-Group-123471198897/](http://www.facebook.com/Sacred-Waters-Kirtan-Group-123471198897/)

- South Bend Civic Theatre: [www.facebook.com/SBCivic/](http://www.facebook.com/SBCivic/) & <https://www.instagram.com/sbcivic/>
- Homebody House Concert Festival: [www.facebook.com/homebodyhouseconcertfest/](http://www.facebook.com/homebodyhouseconcertfest/) & <https://www.instagram.com/homebodyhouseconcertfest/>
- West.SB: [www.facebook.com/westsouthbend/](http://www.facebook.com/westsouthbend/)
- Civil Rights Heritage Center: [www.facebook.com/CRHCIUSB/](http://www.facebook.com/CRHCIUSB/) & <https://www.instagram.com/crhciusb/>
- The History Museum: [www.facebook.com/historymuseumSB/](http://www.facebook.com/historymuseumSB/) & <https://www.instagram.com/historymuseumsb/>
- The Studebaker Museum: [www.facebook.com/StudebakerMuseum/](http://www.facebook.com/StudebakerMuseum/) & <https://www.instagram.com/studebakermuseum/>
- Ironhand Winery: <https://www.facebook.com/ironhandvineyard> & <https://www.instagram.com/ironhandwine/>

#### **FOOD/DRINK/COFFEE/BEER:**

- Portage Farm Stands: <https://www.facebook.com/portagefarmstands>
- The Local Cup: [www.facebook.com/TheLocalCupSB/](http://www.facebook.com/TheLocalCupSB/) & <https://www.instagram.com/localcupsb/>
- No. 6: <https://www.facebook.com/eatno6> & <https://www.instagram.com/eatno6/>
- The Well: [www.facebook.com/TheWellRiverPark/](http://www.facebook.com/TheWellRiverPark/) & [https://www.instagram.com/the\\_well\\_river\\_park/](https://www.instagram.com/the_well_river_park/)
- The Bucket: <https://www.facebook.com/tikiloungesb> & <https://www.instagram.com/thebucketsouthbend/>
- South Bend Farmer's Market: [www.facebook.com/SouthBendFarmersMarket/](http://www.facebook.com/SouthBendFarmersMarket/) & [https://www.instagram.com/south\\_bend\\_farmers\\_market/](https://www.instagram.com/south_bend_farmers_market/)
- Cloud Walking Coffee: <https://www.facebook.com/cloudwalkingcoffee> & <https://www.instagram.com/cloudwalkingcoffee/>
- The Elder Bread: <https://www.facebook.com/theelderbread> & <https://www.instagram.com/theelderbread/>
- Violet Sky Chocolates: <https://www.facebook.com/Violetskychocolate> & <https://www.instagram.com/violetskychocolate/>
- Oh Mamma's: [www.facebook.com/OhMamma/](http://www.facebook.com/OhMamma/) & <https://www.instagram.com/ohmamas/>
- Crooked Ewe: [www.facebook.com/crookedewe/](http://www.facebook.com/crookedewe/) & <https://www.instagram.com/crookedewe/>

- South Bend Brew Werks: [www.facebook.com/SouthBendBrewWerks/](http://www.facebook.com/SouthBendBrewWerks/) & <https://www.instagram.com/sbbrewwerks/>
- Fiddler's Hearth: [www.facebook.com/fiddlers.hearth.3/](http://www.facebook.com/fiddlers.hearth.3/) & <https://www.instagram.com/fiddlershearth/>
- Fatbird: <https://www.facebook.com/fatbirdsb> & [https://www.instagram.com/f\\_a\\_t\\_b\\_i\\_r\\_d/](https://www.instagram.com/f_a_t_b_i_r_d/)
- Pegg's: <https://www.facebook.com/PEGGSinSouthBend> & [https://www.instagram.com/peggs\\_sb/](https://www.instagram.com/peggs_sb/)
- Early Bird Eatery: <https://www.facebook.com/theearlybirdeaterysouthbend> & <https://www.instagram.com/theearlybirdeatery/>
- Cambodian Thai: <https://www.facebook.com/cambodianthaisb> & <https://www.instagram.com/cambodianthairestaurant/>
- Chicory Cafe: [www.facebook.com/thechicorycafe/](http://www.facebook.com/thechicorycafe/) & <https://www.instagram.com/chicorycafe/>
- The Whiskey Exchange (21+): [www.facebook.com/theexchange whiskeybar/](http://www.facebook.com/theexchange whiskeybar/) & <https://www.instagram.com/theexchange whiskeybar/>
- Roselily: <https://www.facebook.com/roselilysouthbend> & <https://www.instagram.com/roselilysouthbend/>
- The Hideaway (21+): [www.facebook.com/HideawayattheLaSalle/](http://www.facebook.com/HideawayattheLaSalle/) & <https://www.instagram.com/hideawayatthelasalle/>
- Nom Nom Pho: [www.facebook.com/NomNomPho/](http://www.facebook.com/NomNomPho/) & [https://www.instagram.com/nomnompho\\_sb/](https://www.instagram.com/nomnompho_sb/)
- Café Navarre [www.facebook.com/CafeNavarre/](http://www.facebook.com/CafeNavarre/) & <https://www.instagram.com/cafenavarre/>
- Frankie's BBQ: [www.facebook.com/Frankies-BBQ-108395015866199/](http://www.facebook.com/Frankies-BBQ-108395015866199/)
- Michoacan Restaurant and Grocery: <https://www.facebook.com/profile.php?id=100063887850104>
- Taqueria Chicago: [www.facebook.com/taqueriachicago/](http://www.facebook.com/taqueriachicago/)
- La Rosita's: [www.facebook.com/Paeteria-y-Neperia-La-Rosita-483582905100613/](http://www.facebook.com/Paeteria-y-Neperia-La-Rosita-483582905100613/)
- The General Deli and Cafe: [www.facebook.com/thegeneraldeli/](http://www.facebook.com/thegeneraldeli/) & <https://www.instagram.com/thegeneraldeli/>
- Sway Coffee
- Dainty Maid Food Hall
- Java Cafe <https://www.facebook.com/javacafesouthbend>
- Kodachrome Coffee: <https://www.facebook.com/kodachromecoffee>
- The Lauber Kitchen and Grill: <https://www.facebook.com/thelauberrestaurant/> & <https://www.instagram.com/thelauber/>
- Whistle Stop Ice Cream: <https://www.facebook.com/whistlestopsouthbend> & <https://www.instagram.com/whistlestopicecream/>

- Macri's Italian Bakery (& Italian Kitchen): <https://www.facebook.com/macrisitalianbakery> & <https://www.instagram.com/macrisbakery/>
- Purple Porch Co-op Market: [www.facebook.com/PurplePorchCoop/](http://www.facebook.com/PurplePorchCoop/) & <https://www.instagram.com/purpleporchcoop/>
- The Hammer and the Quill (21+): [www.facebook.com/thehammerandquillsb/](http://www.facebook.com/thehammerandquillsb/)
- Render: [www.facebook.com/RenderSouthBend/](http://www.facebook.com/RenderSouthBend/) & <https://www.instagram.com/rendersouthbend/>
- Fat Cap Smoked Meats: [www.facebook.com/fatcapsmokedmeats/](http://www.facebook.com/fatcapsmokedmeats/) & <https://www.instagram.com/fatcapsmokedmeats/>
- Tippecanoe Place: [www.facebook.com/TippecanoePlaceRestaurant/](http://www.facebook.com/TippecanoePlaceRestaurant/) & <https://www.instagram.com/tippecanoeplace/>

#### **ENTREPRENEURSHIP/MAKERSPACE/COWORKING/STEM:**

- South Bend Code School: [www.facebook.com/southbendcodeschool/](http://www.facebook.com/southbendcodeschool/) & <https://www.instagram.com/sbcodeschool/>
- Stockroom East: <https://www.facebook.com/stockroomeast> & <https://www.instagram.com/stockroom.east/>
- Make South Bend (maker space): [www.facebook.com/makesouthbend/](http://www.facebook.com/makesouthbend/) & <https://www.instagram.com/makesouthbend/>
- Women's Entrepreneurship Initiative at Saint Mary's: [www.facebook.com/weisaintmaryscollege/](http://www.facebook.com/weisaintmaryscollege/)
- Head Quarters at Ignition Park: [www.facebook.com/HeadQuarterscowork/](http://www.facebook.com/HeadQuarterscowork/)
- Notre Dame Innovation Park: [www.facebook.com/InnovationParkND/](http://www.facebook.com/InnovationParkND/)
- The IDEA Center: <https://www.facebook.com/ndideacenter> & <https://www.instagram.com/ndideacenter/>
- 1 Million Cups: [www.facebook.com/1millioncups.SBE](http://www.facebook.com/1millioncups.SBE)
- Hack Michiana (FB Group): [www.facebook.com/groups/HackMichiana/](http://www.facebook.com/groups/HackMichiana/)
- Invanti: [www.facebook.com/invantiventures/](http://www.facebook.com/invantiventures/)
- Vested Interest: [www.facebook.com/TheVestSB/](http://www.facebook.com/TheVestSB/) & <https://www.instagram.com/thevestsb/>

## **OUTDOOR ADVENTURES/SPORTS:**

- South Bend Adventure Club (FB Group): [www.facebook.com/groups/southbendadventureclub/](http://www.facebook.com/groups/southbendadventureclub/)
- Outdoor Adventures by Joe Dits: [www.facebook.com/sbtoutdooradventures/](http://www.facebook.com/sbtoutdooradventures/)
- South Bend Cubs (Triple B Baseball Team): [www.facebook.com/SouthBendCubs](http://www.facebook.com/SouthBendCubs)  
<https://www.instagram.com/sbcubs/>
- East Race Waterway (white water rafting): <https://www.facebook.com/EastRaceWaterway/>

## **ADDITIONAL RESOURCES:**

- Edible Michiana: [www.facebook.com/ediblemichiana/](http://www.facebook.com/ediblemichiana/) &  
<https://www.instagram.com/ediblemichiana/>
- The South Bender <https://www.instagram.com/thesouthbender/>
- LGBTQ Center: [www.facebook.com/thelgbtqcenter/](http://www.facebook.com/thelgbtqcenter/) &  
[https://www.instagram.com/the\\_lgbtq\\_center/](https://www.instagram.com/the_lgbtq_center/)
- TREES (transgender education and enrichment): [www.facebook.com/treesinc/](http://www.facebook.com/treesinc/)
- Civil Rights Heritage Center: [www.facebook.com/CRHCIUSB/](http://www.facebook.com/CRHCIUSB/) &  
<https://www.instagram.com/crhciusb/>

## **NIGHTS TO NOTE:**

- Mondays: Jazz Open Session, [Merriman's Playhouse](#), 8 pm – 10:30 pm, \$5 suggested donation
- Thursdays: Trivia Night, [Chicory Café](#), 7:30 pm – 9:00 pm, Table reservation are required in advance
- Wednesday: Acoustic Open Mic Night, [Fiddler's Hearth](#), 8:30 pm
- Wednesday: Salsa Dancing @ Ironhand Vineyards, Hosted by [South Bend Latin Dance](#), \$5 Cover

## **CLOSE BY:**

- Vicker's Theater (Three Oaks, MI): [www.facebook.com/TheVickersTheatre/](http://www.facebook.com/TheVickersTheatre/)
- Acorn Theater (Three Oaks, MI): [www.facebook.com/AcornTheater/](http://www.facebook.com/AcornTheater/)  
<https://www.instagram.com/theacorntheater/>
- Ignition Garage (Goshen, IN): [www.facebook.com/IgnitionMusicGarage/](http://www.facebook.com/IgnitionMusicGarage/)  
<https://www.instagram.com/ignitionmusicgarage/>
- Fernwood Botanical Garden (Michigan): [www.facebook.com/fernwoodbotanical/](http://www.facebook.com/fernwoodbotanical/)  
<https://www.instagram.com/fernwood.botanical/>