



In this issue...

## Meet Our New Head of Education...

**Catriona Campbell** Head of Education



Having only joined East Park as Head of Education in March of this year, I continue to be impressed every day by the commitment and energy of staff right across the organisation. This is an exciting time of challenge and opportunity for education in Scotland, and I am delighted to be able to take up post at East Park and work with such a fantastic group of children and young people.

Originally qualifying as an Art Teacher, I have had a varied career, teaching in an Inner London Comprehensive before moving into additional support needs. I have previously held promoted posts in a Secure Unit, a local authority provision for Social, Emotional and Behavioural Needs and the Faculty of Supported Learning at a college. These roles have taught me that

we need to continuously seek new and innovative ways to inspire learning; that we need to put children and their learning at the centre of everything we do, and that we need to capitalise

...my sleeves are rolled up and I hope that together, we can achieve great things for each and every child and young person at East Park.

on our strengths while pushing ourselves to develop.

I know that our children and young people do best when everyone works together to meet needs and set high expectations. There will always be much work to be done to ensure that we provide the highest possible

quality of care and education, but my sleeves are rolled up and I hope that together, we can achieve great things for each and every child and young person at East Park.

In the year ahead, we have exciting plans for East Park School and Workmates! We are exploring ways to develop our outdoor space and are keen to create new areas for gardening, growing our own food, reflection and outdoor play. Staff have been trialling a number of new educational programmes including 'Emotion Works', which will support us as we aim to build greater emotional literacy for all our children and young people. And we hope to introduce an exciting programme of events for parents and other partners; more details will follow shortly.

**01**

Our New Head of Education

**02**

Kyles Corner

**03**

Life After School

**04**

And I Would Walk... 81 Miles!

**East Park**

1092 Maryhill Road  
Glasgow G20 9TD

T. (0141) 946 2050

Scottish Charity No SC012838



LOTTERY FUNDED



## AMAZING ART...



Beautiful Artwork

Glitter, paint, ink, clay – these are a few of our favourite things in the East Park art room!

It's been said that "when confidence is high and anxiety is low, students take risks" and over the past months in art classes we've found this to be true. Art is all about risk-taking, trying out a new experience and then discovering that creating something yourself makes you feel good! From watercolour butterflies and metallic fish to potato-print flowers and ceramic pots, creativity is spreading its rainbow joy...



Our pupils love art lessons...

For our young people, art-making can be a unique way to promote self-expression, independence, flexible thinking, social interactions and a sense of well-being. Activities can help improve

hand/eye coordination, fine motor and cognitive skills. Best of all though, art is fun!

Students look forward to art time and some have even been seen running in excitement to get to class then they don't want to leave when it's finished! The room is a calming space that provides relaxation, inspiration and sensory fulfilment, with structured sessions exploring different themes, art materials and processes. The work created by pupils is truly beautiful and it's not just the proud, slightly biased staff who know this – East Park students have been on a winning streak!

Well done to... **Ewan and Dylan** who were runners up in the local MP's Christmas card design; **Amanda** who won the CELSIS card design; **Emma** who was a runner up in the John Byrne Drawing Competition with her drawing exhibited in Paisley museum;

**Lewis** who attended the award ceremony in the Princes Street gallery, Edinburgh to receive his 3rd prize in the RSA National Schools Art Award, where his winning print was exhibited.

And well done to all of our young people who grow in confidence week by week, letting their colours shine out!

## Fair Trade... More like Excellent Trade!



Emma is presented with a certificate for East Park

East Park pupils received a variety of Fair Trade items to discuss and to sell during our recent Fair Trade Assembly. Before the assembly, Class 5 learned about Fair Trade, including how chocolate is made. Pupils made price tickets for the items they received to sell at their stall and pupil, Sammy assisted with taking money and giving change.

We managed to sell over £75 worth

of fair Trade produce. Some pupils returned the spare stock and money raised to Gavin's Mill where they were presented with a certificate of thanks.



How fair trade chocolate is made

## Kyle's Corner



Kyles Corner is an opportunity for pupil, Kyle to meet with people around East Park and ask appropriate questions that interest him. Kyle is a very curious and loves to talk to people. It is an opportunity for him to ask the questions that are important and develop the skill of conversations. It is the hope that through doing "Kyles

corner" in every edition he will be able to develop his communication skills and broaden his range of questions. All of the questions Kyle asks are his own. This edition, Kyle interviewed Catriona, Head of Education  
**Q:** Have you played Bowling?  
**A:** Yes, I'm really rubbish at it though.

# LIFE AFTER SCHOOL...



Happy 18th Marcus!

Since his milestone 18th birthday in July 2017, Marcus has been involved in many transitional changes. These included the end of his school life, and becoming a college student.

To celebrate his 18th year, Marcus was surprised by a boogie bus arriving for him and his friends to enjoy, before returning to Skye house to celebrate with a party.

Marcus's staff and his key workers at Skye House, all

have a wonderful relationship with him and are dedicated to providing Marcus with a fulfilling and personalised service. Planning and organising social experiences and activities which Marcus enjoys and will benefit him in his future years.

At home and within his college course Marcus practices independent living skills, such as cooking, time management and building friendships and positive relationships. His other college subjects are drama, art and music.

Marcus is a very loving and happy young man. He has a huge personality and is very outgoing and sociable. New activities and extra-curricular opportunities have been added to Marcus's timetable over the last few months, including attending sports events, such as Basketball games at the Emirates Arena, regularly attending football matches at home and away

Marcus is a very loving and happy young man. He has a huge personality and is very outgoing and sociable.

of St.Rochs Football Club, a local football team. Marcus has joined social groups and clubs such as IM2C, where he met friends, played bingo, listened to his friends sing on the karaoke and joined them on the dancefloor.

Marcus continues to build friendships at every social event, adding to the established friendships he has already made at college, with young people from workmates, and with his housemates past and present.

A continued effort has been made for Marcus to maintain an important friendship to him, with a former housemate. They were delighted to catch up at Marcus's 18th and on another visit to his friends residential placement.

The months to come are currently being prepared by Marcus's team and more



It's cold...brrr

exciting social experiences are being arranged for Marcus. This will hopefully include a short holiday, attending a music festival and, his first visit to a night club.

All of these inclusive experiences are resulting in Marcus becoming a responsible citizen, and a confident individual. Respecting his choices by including him in decisions regarding his future, his staff will continue to provide choices for Marcus, which allow him to always reach his potential.



**Q:** What did you do last night ?

**A:** Watched River City: I love a bit of river city and I then planted some Fungus!!!

**Q:** Have you met my Grandad before?

**A:** I saw your Grandad at our Fair Trade Assembly. Next time you can introduce me to your Grandad.

**Q:** What is your Favourite Cartoon?

**A:** That's a hard question – Scooby doo is my favourite.

**Q:** Do you like to go on the buses and What's your favourite Number?

**A:** Yes, I much prefer using public transport. I used to like getting on the number 9 but now it has changed and I go on the 36, that gets me to visit my Dad.

**Q:** What is your favourite music?

**A:** I like listening to Joy Division, New Order and Sisters of mercy.

**Q:** What is your favourite film?

**A:** My all time favourite film is Alice in Wonderland, the one with Jonny Depp.

**Q:** Why do you like your job?

**A:** I love my job because every day is different.

**Q:** What do you like to do at the weekend?

**A:** I like to go long walks in the woods, visit the art galleries and read

**Q:** What is your favourite computer game?

**A:** I used to play super Maria Bros on a very old DS, so that would be my favourite.

## SUPER WOMAN!

On Tuesday, the 1st May Glasgow City Council Food Hygiene Environmental Health authorities made an unannounced visit to East Park to inspect our kitchen that is managed and run by our very own Carol McGuire. The officer stated that ours was one of the cleanest kitchens he had ever visited and complimented Carol on it.

The officer then went on to check Carols records on Cook safe, Temperatures, Pest control and allergies and found all to be excellent and with no issues highlighted whatsoever.



Carol McGuire

Carol received a lovely bouquet of flowers from our Executive Director, Kieron O'Brien as an acknowledgement of her wonderful commitment and dedication to the children and staff of East Park.

Well Done Carol and Thank You!



## Garden Galore



Ewan enjoying planting

A massive thank you to Laurie Ross Insurance (Dumbarton Road Branch) for their recent support. The company held a competition in which policy holders were able to vote for a charity that their local branch would support.

East Park were runners up in this competition which meant we were lucky enough to benefit from support from the branch. We were delighted when Laurie Ross were able to supply us with gardening materials to help us with our gardening lessons. During gardening lessons, our young people have been planting lots of seeds such as carrots, potatoes,

brussel sprouts, peas, green beans and radishes. Pupils will use the vegetables in cooking classes when it is ready to harvest. Thank you so much to policy holders and staff at Laurie Ross, your support is very much appreciated.



Cameron during gardening

## PRINCESS SQUARE



Thank you so much to our music specialist Bryan Tolland, who recently sang in Princess Square to raise money for East Park.

Bryan played his guitar and sang some lovely Christmas Carols and managed to raise a fabulous £67.33 - well done Bryan - you are a lot braver than us.

## Happy for us to keep in touch?

East Park would love to continue to share the achievements and learnings of our children and young people by sending you our quarterly East Park Patter. However, if you would rather not receive this newsletter please complete this tear off slip and return to **Fundraising, East Park, 1092 Maryhill Road, Glasgow, G20 9TD.**

## BRILLIANT BAG PACKERS



Samantha had a ball!

In April, some of our Workmates students went bag packing at Morrisons, Partick Branch during the stores 'Local Causes Week'. All Students (and staff) who attended have had a great day helping shoppers

pack their bags and getting to chat to them.

Over the course of two mornings, £97.12 was raised

Over the course of two mornings, £97.12 was raised. Thank you to Morrisons for letting us raise funds in your store and to all of the lovely customers who donated.

## AND I WOULD WALK... 81 MILES!

Congratulations to our group of East Park Pacers who walked an incredible 81 miles between them for our children and young people. The group of staff are raising money for outdoor learning equipment to help add to the wonderful opportunities we offer our young people. So far, £655 has been raised,

therefore, including Sir Tom Hunters 40% this takes our total up to £917!

There is still time to sponsor our walkers for this amazing cause and their incredible efforts at <https://glasgowkiltwalk2018.everydayhero.com/uk/east-park-pacers>



I would **not** like to receive the East Park Patter anymore

NAME: .....

ADDRESS: .....

.....

..... POST CODE: .....