

Safeguarding Central Bedfordshire



Are you upset or worried about something harmful that has happened to you?



Staff employed by East London NHS Foundation Trust are trained to help you if you feel you are at risk of harm from someone.



If you are concerned for yourself or for another person who is at risk of harm or being neglected, report it.



There is a team in your local authority who can help to protect you.

Ring:

- Adults 0300 300 8122
- Children 0300 300 8585

