

What help will I have when I go home?

We will talk to you about what help and support you will need when you go home.

Talk to your named nurse if there is anything you do not understand.

Personal Information

My Name: _____

My Doctor: _____

My Nurse: _____

My Ward: _____

My Ward Telephone Number: _____

Further Information:



Welcome Booklet for **Inpatients with Learning Disabilities**

This Booklet has information that we hope will help you and support you during your hospital stay

One of our nurses will be allocated to look after you...

This nurse is your **'Named Nurse.'** They will talk to you about what you can expect to happen while you are here. Please ask any member of staff if you are unsure or worried about something.







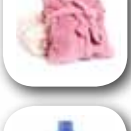

Why am I here?

- **You are not well at the moment**
We will try to help you
- You may be in hospital because you know you are not coping
- You may be in hospital because the law says you need to be. Your doctor or nurse can explain what this means



What will I need during my stay?

YOU WILL NEED...

	Soap	<input checked="" type="checkbox"/>
	Shampoo	<input checked="" type="checkbox"/>
	Toothbrush & toothpaste	<input checked="" type="checkbox"/>
	Hairbrush	<input checked="" type="checkbox"/>
	Slippers	<input checked="" type="checkbox"/>
	Day clothes	<input checked="" type="checkbox"/>
	Nightclothes	<input checked="" type="checkbox"/>
	Washing powder	<input checked="" type="checkbox"/>

We are here to help!

If you are having difficulty reading this, ask a member of staff to read it to you

What can I do on the ward?



- You can talk to other people



- There is a television and a radio



- You can play board games



- You can sit in the garden or courtyard



- There are books, newspapers and magazines

When will my doctor come to see me?

Your doctor will come to see you soon after you arrive on the ward. They will want to examine you to make sure you have no physical health problems.

They will want to know what has been going on in your life

and what difficulties you have been having.

You also will see your doctor in a special meeting on the ward.

All the people involved in looking after you will talk about what progress you are making.

In this meeting, you can say how you think things are and if you feel better or if you still find things difficult.

What types of treatment will be available?



This could be:

- Medication



- Somebody to talk to about your feelings and experiences



- Activities that will help you with your life when you go home



- Activities that will help you to cope such as art, cooking or gardening

What staff work on the ward?

There are nurses, doctors, occupational therapists, psychologists, social therapists, pharmacists and cleaning staff.

Can I have visitors?

We hope your family and friends will come to see you.

Ask your nurse about the visiting times on the ward.

How are YOU?



If you are having difficulty reading this, ask a member of staff to read it to you

Is there anything I can't bring?

You cannot bring:



Illegal drugs



Weapons of any kind



Alcohol



Offensive books or magazines



Meal times

All meals will be provided for you: Breakfast, Lunch and Dinner.



Ask your nurse what time meals are served and what time you need to go to the dining room.

If you feel hungry or need a drink in between meals, tell a member of staff.

What are the rules here?

There are some rules that we ask everyone to observe.

Please do not go into anyone else's room or interfere with their things.

If you want to leave the ward, talk to a member of staff first.

You cannot smoke on the ward or in the hospital building.

Please treat other patients and staff with respect. We aim to be polite to each other, not swear and try to behave fairly as much as possible.

What if I am not happy with what is happening? What should I do?

Please tell your named nurse if you are not happy or wish to complain. Or the ward manager. They will try to sort out the problem.

If you are still not happy, they will tell you how to make a formal complaint.

What will happen to my benefits while I am here?



Talk to your named nurse who can explain this to you.

What if I want to pray?



We have a room you can go to.

When can I go home?

You will be able to go home when you, your family and the ward team think you are ready. We want you to be fully well so that you do not have to come back into hospital.



If you are having difficulty reading this, ask a member of staff to read it to you