

Fujisan: Trends during the past ten years, including the number of requests for assistance

Year	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
No. of incidents	30 (13)	33 (13)	22 (12)	25 (12)	33 (14)	48 (10)	48 (11)	59 (17)	56 (18)	62 (27)
No. of climbers in trouble	46 (15)	37 (15)	30 (15)	30 (15)	40 (17)	56 (13)	57 (13)	66 (17)	61 (22)	76 (34)
Dead or missing	1 (1)	5 (5)	7 (4)	4 (3)	3 (3)	8 (3)	10 (4)	8 (4)	6 (4)	13 (12)
Annual No. of climbers	—	—	200,292	221,010	231,542	305,350	292,058	320,975	293,416	318,565

Note: Figures in brackets () are for off-season incidents occurring outside the summer climbing period.
Since 2005, the number of climbers has been recorded using infrared counters, installed by the Ministry of Environment, near the 8th station of each climbing trail.

Examples of climbing incidents

- At 12:35 a.m. on March 9, 2012, via a 110 call, a request for assistance was received from a 38-year-old man, who said he was too cold to move. He again requested assistance at 8:50 a.m. and a mountain rescue team set out to look for him, but he was not found, even after a total of five days searching. His body remained undiscovered until the summer.
- At about 2:00 in the afternoon of December 5, 2012, via a 110 call, a request for assistance was received from a 46-year-old man who had slipped down a slope and broken his left arm. At 3:10 p.m. a mountain rescue team set out from the trailhead and a prefectural police helicopter was dispatched. Strong winds, however, made it impossible for the helicopter to get close enough to the mountain to spot the injured man. The search continued until sunset at 6:30 p.m. The man's body was found the next day.

Fujisan: Average monthly temperatures for the past 10 years

Month	Year	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012
Jan.		△ 19.1	△ 20.0	△ 18.9	△ 18.7	△ 16.9	△ 16.8	△ 17.9	△ 18.4	△ 22.5	△ 19.9
Feb.		△ 16.5	△ 17.1	△ 17.0	△ 14.2	△ 15.9	△ 20.4	△ 15.1	△ 14.5	△ 15.2	△ 18.0
Mar.		△ 15.9	△ 14.3	△ 15.9	△ 15.8	△ 15.0	△ 13.8	△ 14.7	△ 11.4	△ 18.1	△ 14.7
Apr.		△ 5.4	△ 7.3	△ 8.1	△ 10.1	△ 11.2	△ 8.9	△ 8.6	△ 8.9	△ 11.1	△ 9.6
May		△ 2.2	△ 0.2	△ 3.8	△ 1.4	△ 5.1	△ 2.6	△ 3.0	△ 4.0	△ 3.5	△ 5.6
Jun.		1.7	2.6	2.5	1.6	1.3	1.3	0.2	1.4	1.3	1.1
Jul.		3.4	5.7	4.8	5.2	5.1	6.3	4.6	5.8	6.9	5.6
Aug.		6.4	6.0	6.0	6.9	6.4	6.2	6.6	8.3	6.8	7.1
Sep.		4.1	3.8	4.5	3.7	5.4	3.7	3.4	4.6	4.1	3.5
Oct.		△ 2.8	△ 1.0	△ 1.1	△ 1.6	△ 2.4	△ 2.5	△ 3.7	△ 0.5	△ 2.0	△ 2.9
Nov.		△ 5.1	△ 7.5	△ 11.4	△ 8.9	△ 9.7	△ 10.4	△ 7.9	△ 10.0	△ 6.5	△ 11.2
Dec.		△ 14.9	△ 12.8	△ 21.4	△ 13.6	△ 15.2	△ 14.2	△ 15.0	△ 15.5	△ 16.4	△ 16.7

Note: Japan Meteorological Agency Website Weather Statistics Daily, monthly, annual data abstracted for the past 10 years Note: Triangles (△) indicate °C below freezing.

Where to submit your Climbing Plan

- As well as submitting a Climbing Plan, please also fully inform people who may be affected by your possible distress or concerned about lack of anticipated contact with you (e.g., family, alpine club, place of work, and school).
- Be sure to submit your Climbing Plan a week or so in advance.
- The Climbing Plan form can be obtained from on the Official Website for Climbing Fujisan (<http://www.fujisan-climb.jp>).

Yoshida Trail	<ul style="list-style-type: none"> ● Local Section, Yamanashi Prefectural Police Headquarters 1-6-1 Marunouchi, Kofu, Yamanashi 400-8586 Phone: 055-235-2121 Fax: 055-224-1180 ● Fujiyoshida Police Station 5-10-13 Matsuyama, Fujiyoshida, Yamanashi 403-0016 Phone: 0555-22-0110 Fax: 0555-22-0110 ● Trailhead postbox for climbing plans
Subashiri Trail	<ul style="list-style-type: none"> ● Higashi Fuji Branch, Shizuoka Prefecture Council for the Prevention of Mountain Accidents Disaster Prevention Section, Citizen Welfare Department, Oyama Town Hall 57-2 Fujimagari, Oyama-cho, Sunto-gun, Shizuoka 410-1395 Phone: 0550-76-6111 Fax: 0550-76-3050 ● Gotemba Police Station 439-2 Hokkubara, Gotemba, Shizuoka 412-0004 Phone: 0550-84-0110 ● Trailhead postbox for climbing plans (near entrance, next to Azumaya mountain hut)
Gotemba Trail	<ul style="list-style-type: none"> ● Higashi Fuji Branch, Shizuoka Prefecture Council for the Prevention of Mountain Accidents Administration Section, Administration Department, Gotemba City Hall 483 Hagiwara, Gotemba, Shizuoka 412-8601 Phone: 0550-82-4320 Fax: 0550-82-4523 ● Gotemba Police Station 439-2 Hokkubara, Gotemba, Shizuoka 412-0004 Phone: 0550-84-0110 ● Trailhead postbox for climbing plans (near torii gateway at trail entrance, next to the notice board)
Fujinomiya Trail	<ul style="list-style-type: none"> ● Fujinomiya Branch, Shizuoka Prefecture Council for the Prevention of Mountain Accidents Tourism Section, Industry Promotion Department, Fujinomiya City Hall 150 Yumizawa-cho, Fujinomiya, Shizuoka 418-8601 Phone: 0544-22-1111 Fax: 0544-22-1385 ● Fujinomiya Police Station 160 Johoku-cho, Fujinomiya, Shizuoka 418-0062 Phone: 0544-23-0110 ● Trailhead postbox for climbing plans (5th stage trailhead entrance, at staircase landing in the rest house in front of Fujisan General Guidance Center)

Note: During times when the trails are closed, the post boxes on the mountain may be removed. Please fax or mail completed climbing plans to the address or number given above.

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- Direct inquiries to:
Tourism Resources Office, Yamanashi Prefectural Tourism Division Phone: 055-223-1521
Mount Fuji World Heritage Division, Culture and Academia Bureau, Shizuoka Prefecture Culture and Tourism Department Phone: 054-221-3776 Issued June 2014

For increased safety when climbing Fujisan*

*Fujisan is Japanese for Mount Fuji and was the name used when being designated as a World Cultural Heritage Site.

Establishing guidelines to conserve nature and prevent climbing incidents

The solitary peak of Fujisan is the highest in Japan. Weather conditions can be severe at any time of year, but many people do not take the climb seriously. As a result, many dangerous and fatal climbing incidents occur. During the summer climbing season* more than 300,000 people visit the mountain. At other times of year many climbers may also be seen. To conserve the natural environment of Fujisan and to prevent climbing incidents, the Ministry of the Environment, Yamanashi and Shizuoka Prefectures, local administrations, tourism associations, and other interested parties have formed the Council to Promote the Proper Use of Fujisan, which has drawn up *Guidelines for Safely Climbing Fujisan*.



*Mountain trails and other facilities are typically open from early July to early September.

Three off-season regulations

1
No one is allowed to ascend the mountain unless they are fully prepared.

People who do not have sufficient knowledge, adequate equipment, and a proper climbing plan are prohibited from climbing Fujisan. Particularly during the off-season, when weather conditions may be severe, when all of the mountain trails are closed along with aid stations and toilet facilities, and when cell phone signal transmission is poor, climbing safety is a challenge.

2
A Climbing Plan must be completed and submitted.

Anyone who climbs Fujisan is personally responsible for his or her own safety. Before beginning the ascent, however, to aid rapid response for rescue in case of distress or disappearance, you must complete and submit* a Climbing Plan that lists route, schedule, equipment, group members, and who to contact in case of emergency. Be aware that, even after submitting a Climbing Plan, you may not receive permission to enter the mountain.

*Address for submission is on reverse side of plan.

3
Off-season climbers bring their own portable toilets.

Above the 5th station, huts and public lavatories are closed during the off-season. So as to preserve the natural environment, climbers must bring and use portable toilets and, after descent, properly dispose* of their contents.

*There are no disposal facilities on the mountain.

Four ascent trails! Things to look out for during the summer season.

The trails to the summit of Fujisan are open for the summer climbing season, typically from early July to early September.

The opening period for each route may vary, so please check when you are making arrangements.

Note: Outside of the period indicated, the ascent trails are closed.

The four trails are color-coded.

There are four trails leading to the summit of Fujisan.

Each trail has its own trailhead from which the ascent begins.

Trail name	Trail color code	Trailhead name
Yoshida Trail	Yellow	Fuji Subaru Line 5th Station
Subashiri Trail	Red	Subashiri Trail 5th Station
Gotemba Trail	Green	Gotemba Trail New 5th Station
Fujinomiya Trail	Blue	Fujinomiya Trail 5th Station

Four things you must consider

Weather – At the top of the mountain, temperature may drop below freezing!

At the summit, the air temperature is more than 20°C less than in the towns below. Even in summer, around the summit, wind chill can easily drive temperatures to below freezing. At this altitude, ultraviolet radiation is very much more hazardous, too. You must also pay attention to the weather, which is apt to suddenly change, bringing strong winds, fog, and lightning storms.

Equipment – Before departure, make sure you have essential items!

Climbing incidents most often involve people who treat the ascent like a sightseeing outing and fail to make adequate preparation. Before departure, make sure you have everything you might need to cope with sudden changes in weather.

Altitude sickness – Give yourself time!

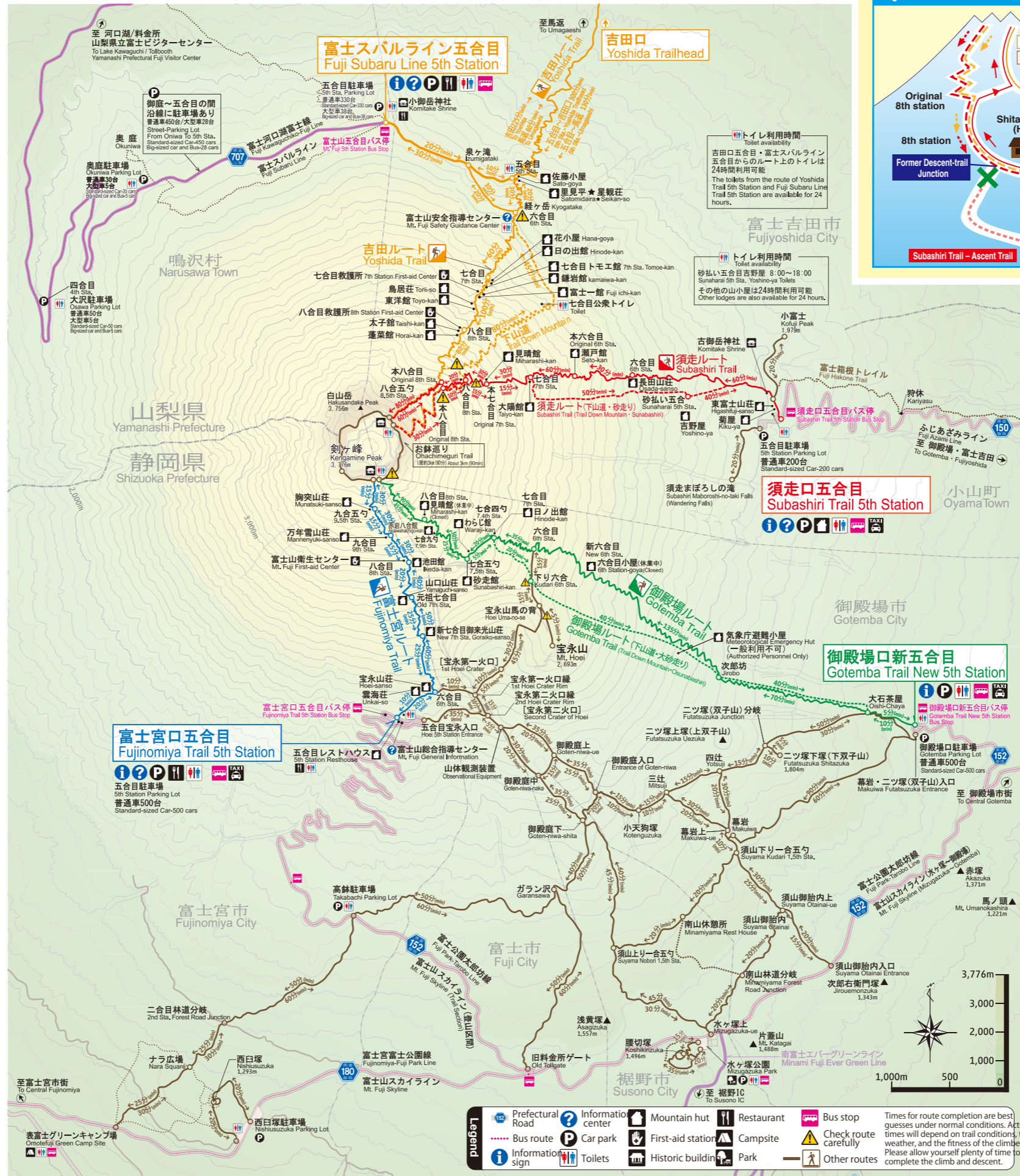
Because your body has no time to adapt, suddenly going to higher altitudes may cause fatigue and physical weakness, headaches, dizziness, and other symptoms. This altitude sickness causes many visitors to abandon the ascent. Give yourself plenty of time. If you start to notice symptoms, descend.

To avoid altitude sickness

1. Get adequate rest (sleep) on the day before.
2. At the 5th station, rest at high altitude for 1 or 2 hours before starting the ascent to the summit.
3. Walk slowly at a constant pace.
4. Drink liquids regularly.
5. Take regular short rests, but avoid getting cold.
6. Breathe deeply from the abdomen.

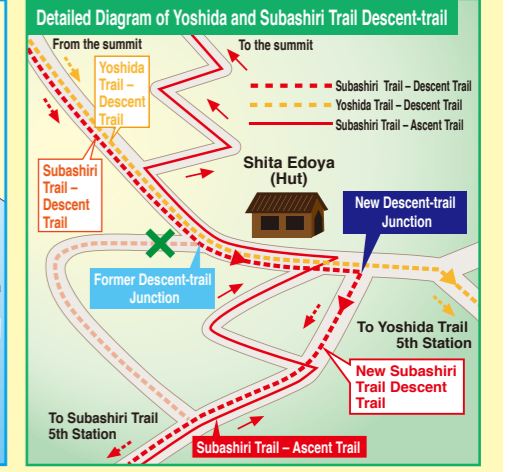
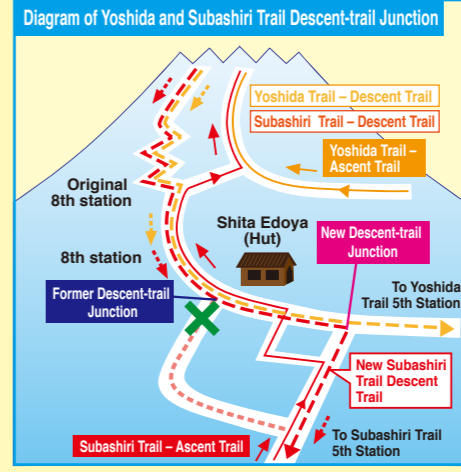
Rushing the mountain – Risk to health and safety

Refrain from “shooting up the mountain.” Attempting a quick night-time ascent without taking adequate rest on the day before is likely to give you altitude sickness. Do not rush the mountain.



Route confusion at junction of Yoshida Trail and Subashiri Trail

On the descent from the summit to the 8th station, the Yoshida Trail and Subashiri Trail share the same route down the mountain, and because many people missed the place where the Yoshida Trail and the Subashiri Trail diverge, the point of divergence was changed. Past the Shita Edoya mountain hut, continue straight for the Yoshida Trail, and turn right for the Subashiri Trail.



Where to get climbing information

Trail	Contact Information
Yoshida Trail	Yamanashi Prefecture Fujisan 5th Station Management Center (5th Stage) 0555-72-1477 Fujisan Safety Guidance Center (6th Stage) 0555-24-6223 Fujiyoshida Tourism Promotion Service 0555-21-1000
Subashiri Trail	Subashiri Trailhead 5th Station Tourist Information Center 0550-84-5582 Oyama Town Tourist Association 0550-76-5000 Oyama Town Commerce and Tourism Section 0550-76-6114
Gotemba Trail	Gotemba City Tourist Association 0550-83-4770 Gotemba City Commerce and Tourism Section 0550-83-1212
Fujinomiya Trail	Fujisan General Information (5th station) 0544-22-2239 Fujinomiya City Tourist Association 0544-27-5240 Shin-Fuji Station Tourist Information Office 0545-64-2430 Susono City Tourist Association 055-992-5005 Fujinomiya City Tourism Section 0544-22-1111

Detailed information concerning ascents is available from sites below.

Ministry of the Environment, Yamanashi Prefecture, and Shizuoka Prefecture General Information Site for Climbing Fujisan

Official website for climbing Fujisan
<http://www.fujisan-climb.jp> (Japanese and English)

For mobile devices
<http://www.fujisan-climb.jp/mobile/>
 (Japanese only, summer climbing season only)

You can view the entire guidelines at the website shown above.

Aid if you find yourself in difficulty on Fujisan

Shizuoka & Yamanashi Police

Get in touch using your cell phone to read the bar code at right.

You will receive advice about what to do.

Suffering from altitude sickness?
 Don't know where you are?
 Think you need rescuing?