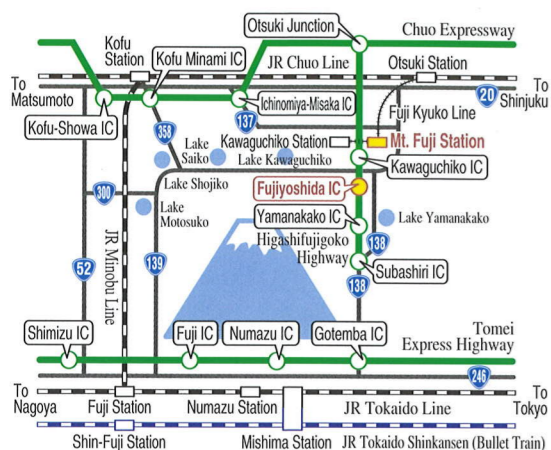


# Mt. Fuji Climbing Guide Map



The rising sun, or Goraiko, from the 6th Station of Mt. Fuji



- Access to Mt. Fuji**
- From Tokyo, exit at the Kawaguchiko IC of the Chuo Expressway
  - From Shizuoka, exit at the Fujiyoshida IC of the Higashi Fuji Goko Highway
  - By Train, transfer to the Fuji Kyuko Line at JR Otsuki Station for Mt. Fuji Station
- Road Traffic Information / Train Information**
- Fuji Subaru Line Tollgate 0555-72-0572
  - Chuo Expressway • Tomei Expressway NEXCO Naka Nihon Highway Guide 0570-090333
  - Fuji Kyuko Line Mt. Fuji Stn. 0555-22-7133
- Regular Sightseeing Bus / Chuo Expressway Bus**
- Fuji Kyuko Bus Information 0555-72-6877
  - Fuji Kyu Expressway Bus Telephone Reservations Center 0555-72-5111
  - Keio Expressway Bus Telephone Reservation Center 03-5376-2222

Mountain Hut Information			
	Name	(0555) Area code [at the base]	[direct]
8.5 Station	Goraikokan	84-2179	0555-24-6510
	Honhachigome Tomoekan	73-1310	0555-24-6511
8 Station	Fuji-san Hotel	22-0237	0555-24-6512
	Gansomuro	24-6513	0555-24-6513
	Hakuun-so	22-1322	0555-24-6514
	Horaikan	22-3498	0555-24-6515
	Taishikan	22-1947	0555-24-6516
7 Station	Toyokan	22-1040	0555-22-1040
	Torii-so	84-2050	0555-24-6518
	Fujiichikan	24-6513	080-1036-6691
	Kamaiwakan	22-2383	0555-24-6520
	Nanagome Tomoekan	73-1310	0555-24-6521
	Hinodekan	22-0396	0555-24-6522
6 Station	Hana Goya	22-2208	0555-24-6523
6 Station	Satomidaira ★ Seikanso	24-6090	0555-24-6524
5 Station	Sato Goya	23-1807	090-2522-2634

※Please contact the "base" numbers during the off-season.

- Mt. Fuji Climbing Guide Inquiries**
- Secretary of Fujiyoshida City Guide's Association 0555-23-2522
  - Fuji Tozan Gakko GORIKI Co. Ltd. 0555-24-1032

- Emergency Phone Numbers**
- Yamanashi 5th Station General Management Center. 0555-72-1477
  - Mt. Fuji Safety Guidance Center (Yoshida-Guchi 6th Station July/August) 0555-24-6223

†Please use the shelters at the 7th and 8th Station in case of an emergency during July and August.

- For English Inquiry**
- Fujiyoshida Tourist Information Center 0555-22-7000
  - International Affairs Desk, Fujiyoshida City Hall (Mon.-Fri.) 0555-24-1236

**Information on Mt. Fuji:** <http://www.city.fujiyoshida.yamanashi.jp/div/english/html/>

Published by: Fuji-san Section, Fujiyoshida City Hall  
Planner/Creator: K2-ONE

The City Government of Fujiyoshida, which aims at creating an environment-conscious town, has received ISO 14001 International Environmental Management System standards certification.

## From the Boundary of Heaven and Earth, Look upon the World from Japan's Highest Peak.

At 3776 meters, Mt. Fuji is Japan's highest peak and the most climbed mountain in the world. The summit is believed to mark the border between heaven and earth. The views of clouds stretching out like a vast ocean, as part of a magnificent 360 degree panoramic view, await those that complete the arduous climb. Reaching the top of the mortal world excites the spirit like no other place can.

### 3 Plans to Enjoy Climbing Mt. Fuji!

**PLAN 1** 1 night, 2 days. Stay at a mountain hut; see the sunrise from a mountain hut. **RECOMMENDED!**

**Stay at a mountain hut around the 7th or 8th Station and proceed to the summit after sunrise.**

Arrive at the 7th or 8th Station at around 5pm and stay overnight at a mountain hut. This allows climbers to gradually acclimate to the elevation and climb at a relaxed pace. Welcome the sunrise the following morning from the great view of the mountain hut. This plan is ideal for those that are not determined to see the sunrise from the summit. This relaxed plan offers climbers with plenty of time to rest at the mountain hut.

**PLAN 2** 1 night, 2 days. Stay at a mountain hut; see the sunrise from the summit.

**Stay at a 7th or 8th Station mountain hut and see the sunrise from the summit.**

Arrive at the 5th Station at around noon and have a relaxed lunch while acclimating to the elevation. Start climbing in the afternoon and arrive at a mountain hut at around 5pm. Catch some sleep until around midnight and depart for the summit. Welcome the sunrise from the summit of Mt. Fuji at around 4:30am. Take a hike around the summit crater (Ohachi Meguri) then descend to the 5th Station.

**PLAN 3** 2 nights, 3 days. Stay in mountain huts; climb at a relaxed pace.

**Stay one night while climbing and another night while descending. This is a more leisurely plan that's easier on the body.**

Stay at a mountain hut between the 5th and 7th Station on the first day. Use this time to enjoy the short *Ochido* (Middle Trail) Hike at the 5th Station. Welcome the sunrise from the mountain hut on the next morning. Then, climb to the summit during the day without having to deal with the crowds that climb throughout the night. After summiting, stay another night at a mountain hut around the 8th Station while enjoying the unique nighttime view of the lights from far below.

**COLUMN 1**

There's more to climbing Mt. Fuji than just reaching the summit!

It's only natural to aim for the summit when climbing Mt. Fuji, but there are many ways to enjoy climbing Mt. Fuji without having to reach the summit. The sunrise can be viewed from anywhere on the Yoshida-Guchi Climbing Trail and magnificent views could be enjoyed throughout the entire climb. There are also viewing platforms at each of the mountain huts between the 5th and the 7th Stations. For those not wanting to continue their climb to the summit, any one of the mountain huts along the way will provide an enjoyable destination.

**COLUMN 2**

Another Mt. Fuji?

Wonderful views of far off mountains like Mt. Yatsugatake, the Northern and Southern Alps, the grand panorama of the Boso Peninsula (in Chiba Prefecture), and the Tokyo Harbor can easily be enjoyed by peering down from the heights of Mt. Fuji. However, some may witness the rare sight of *Kage Fuji*. This is the unusual phenomenon of Mt. Fuji's shadow being cast out far below. The mysterious power of *Kage Fuji* might just change your life!

**COLUMN 3**

The Inside Scoop on Mountain Guides and Mountain Huts.

The trail leading to Mt. Fuji's summit is safe and well-maintained, but accidents can happen to even the most experienced mountain climbers. The best way to ensure a safe and successful climb is to use mountain huts and mountain guides. Guides may be arranged in advance at any one of the mountain huts.

### Breathtaking History and Culture..... Fujiyoshida

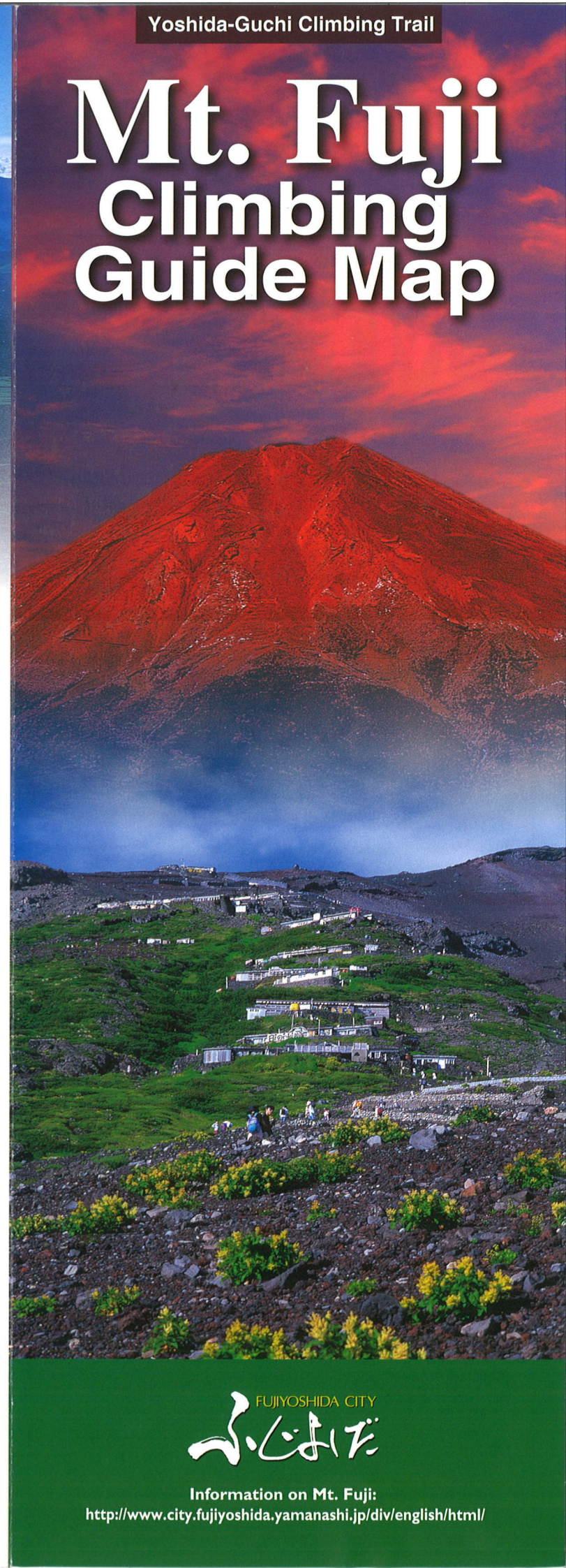
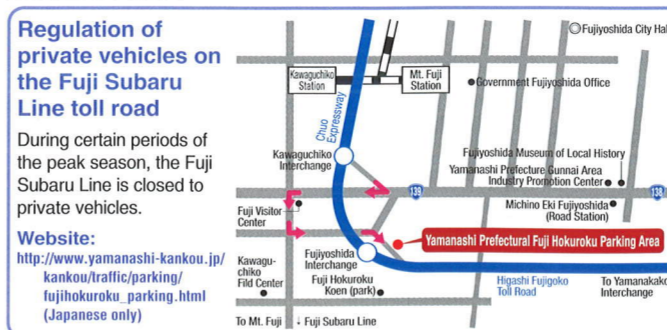
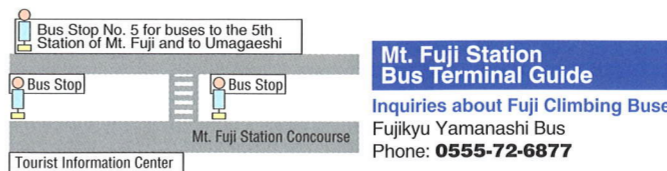
Mt. Fuji has been revered since ancient times as a sacred mountain. Its serene beauty emits feelings of peace and tranquility to those who climb its slopes. Following the steps of the ancients on the traditional Yoshida-Guchi trail will be a memory hikers will always cherish.



Ceremony marking the opening of the Yoshida-Guchi trail on June 30th every year. Fire torches along the street.

**The Yoshida Fire Festival**

The ceremonial end of the climbing season is marked by the Yoshida Fire Festival. It is considered one of the "three most unique festivals" in Japan. On August 26th, the festival begins by parading portable shrines around the city amidst vigorous shouts of encouragement from the crowds. Huge torches are lit along the city's streets when the veil of darkness falls, turning the night into a sea of fire and festivity.



Information on Mt. Fuji:  
<http://www.city.fujiyoshida.yamanashi.jp/div/english/html/>

Mt. FUJI CLIMBING GUIDE MAP  
STARTING FROM THE YOSHIDA-GUCHI CLIMBING TRAIL.

# CLIMBING Mt. FUJI

■Average Time: Ascent: Approximately 10 hours and 50 minutes.  
Descent: Approximately 6 hours.

Natural beauty and profound history are woven into the Yoshida-Guchi Climbing Trail. Experience the thrill of climbing Mt. Fuji's traditional pilgrim's route to the summit.

## Equipment for Climbing Mt. Fuji. ●Climb Mt. Fuji prepared!

### ■Hiking Boots

One should have durable shoes or boots that cover the ankles and have thick soles. Make sure to tie shoes or boots securely to avoid ankle rubbing.



### ■Clothing

Warm, layered, and easy to wear clothing is best. Prepare a fleece or sweater outer layer, and warm under layers that wick away sweat and moisture. Other necessary clothing include wind breakers, hats to protect from the sun and to keep one's head warm, and gaiters for when descending the mountain to keep sand and pebbles out of shoes.

### ■Gloves

There are places around the 7th and 8th Stations that require scrambling over rock surfaces; gloves will protect the hands from injuries and keep them warm.



### ■Flashlight/headlamp

Necessary for climbing at night. Headlamps free the hands.



### ■Water

Water is not readily available on Mt. Fuji. It is possible to purchase water at mountain huts, but please be sure to bring an amount of water that will not overburden you. At least 500-1000ml per person is necessary.



### ■Backpack

A backpack that is light, fits the body, and can be carried for a long time is an indispensable climbing companion.



### ■Rain Gear

Rain can occur without warning on Mt. Fuji. It is good to prepare full upper and lower water-proof rain gear.



### ■Plastic bags

For valuables that should not get wet.

### ■Cash

For mountain huts, food, water, and services on the mountain.

### ■Food/snacks

Easy to eat food that quickly regains lost energy is best.

### ■Sunglasses

To protect from harmful UV rays.



### ■Others

Medical/Insurance card, band-aids, sunscreen, cell phone, warm packets, small towel, etc.

●Please take all garbage home with you. Also, we request you to leave a tip when you use the toilets. Help us keep Mt. Fuji beautiful.



### ▲⑩The Summit

An impressive view that lifts the spirits.  
The summit is finally reached after ascending the steep grade from the 8th Station, passing through the *torii* gate, and up the stairs toward the summit's Sengen Shrine. The ecstasy of reaching the highest point in Japan is beyond comparison.



Rocky Trail (7th Stn.)

### ▲⑩The Real 8th Station (Honhachi-gome)

Junction between the Yoshida-Guchi and Subashiri-Guchi Trails.

At a high elevation, the 8th Station is called a grand meeting point of the Yoshida-Guchi and Subashiri-Guchi trails, from here they continue together to the summit.

### ▲⑨6th Station Area. (Roku-gome)

Mt. Fuji finally starts to get steep.

After passing several historic sites at the 5th Station and arriving at the 6th Station Safety Center, one merges with the Fuji Subaru Line 5th Station trail. Many mountain huts and a lively climbing trail lie ahead.



View of the summit (6th Stn.)

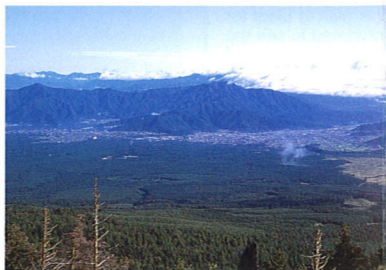
### ▲⑧5th Station Area. (Go-gome)

Experience the real Mt. Fuji while aiming for the summit.

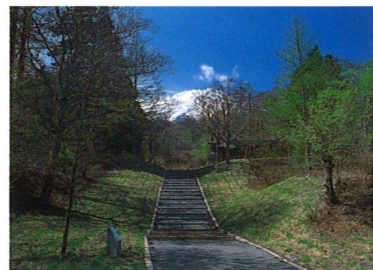
The 5th Station marks the boundary between the mortal and sacred world. At an elevation of approximately 2,300 meters, one can make a full lap around Fuji's mountainside on the "Ochudo" hiking trail, on which lies the Komitake Shrine where interesting tales of mountain *tengu* (goblins) are told. Stretching to the summit from the 5th Station is a field of high altitude flora brilliantly mixed against the rough red slope.



Gozaishi Sengen Shrine (4.5th Stn.)



View from (5th Stn.)



Umagaeshi



Omuro Sengen Shrine (2nd Stn.)

### ▲④Umagaeshi

Entering the sacred space of Mt. Fuji

Years ago, Umagaeshi marked the entrance to the holy area of Mt. Fuji and thus it was here that proceeding by horses was prohibited. The section of the Yoshida-Guchi Climbing Trail between Umagaeshi and the 5th Station is called "Kiyama Sanri." This bountiful area is filled with shrines, Buddhist stone images, and historic relics.



Memorial Stone

### ▲②Memorial Stone to the Fallen Climbers of Mt. Fuji.

A prayer for the safety of mountain climbers.

Every year on May 22nd a small service is held at this unique memorial stone at the start of the Yoshida-Guchi Trail to honor the casualties of Mt. Fuji and to pray for a safe climbing season. Those who attempt to summit Mt. Fuji should offer their prayers for a safe climb here.



Kitaguchi Hongu Fuji Sengen Shrine

### ▲①Kitaguchi Hongu Fuji Sengen Shrine

The start of the Yoshida-Guchi Climbing Trail.

Based on the history of the Mt. Fuji pilgrims, the Kitaguchi Hongu Fuji Sengen Shrine is the starting point of the traditional Yoshida-Guchi Climbing Trail. From here to Nakanochaya the trail follows a paved road, and climbers can enjoy a leisurely hike along a walking path.

### ▲⑦4.5th Station Area. (Yongo-goshaku)

Rest your legs while viewing the grand scenery.

In the rich forest between the 3rd and 4th Stations, hikers' footsteps cross the hardened lava of eruptions long passed. Climb past the 3rd and 4th Stations on the stone pathway, and arrive at the Inoue Mountain Hut, where one may enjoy the history of the Gozaishi Sengen Shrine, and grand views of the landscape below.

After continuing a short distance, one arrives at the 5th Station and Sato Goya mountain hut.

### ▲⑥2nd Station Area. (Ni-gome)

Women's Holy Ground

Up until the Edo Era, women were prohibited from climbing past the 2nd Station. About 1km uphill and southeast of the 2nd Station is a holy ground for women. Until 1832, women were not permitted to hike past this point and thus worshipped Mt. Fuji from this sacred ground. Also located at the 2nd Station is Omuro Sengen Shrine. The main sanctuary of the shrine was moved to Fujikawaguchiko town, and today, all that remains is a quiet, mystical altar amidst a rich forest.

### ▲⑤1st Station Area. (Ichi-gome)

Shrine of Dainichinyorai

Located at the 1st Station is Suzuhara Shrine, where the spirit of Dainichinyorai is enshrined. In times passed, many religious rites were held here, but in the 3rd year of Kyoroku (1530) the original structure was gutted by fire. The shrine was rebuilt, and during the Meiji Era became prominently known as the Suzuhara Shrine.

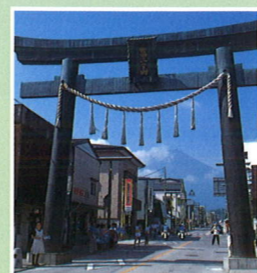
### ▲③Nakanochaya

A treasure house of plants and animals.

Approximately one hour and 20 minutes uphill from The Kitaguchi Hongu Fuji Sengen Shrine, hikers find the serenity of Nakanochaya (tea house). Standing among the forest is a number of memorial stones left by previous climbers. Hybrid species of Fujizakura (cherry trees), Alpine Roses, rhododendrons, and other flowers grace the area. The Nakanochaya area is also the home of mountain cats, Japanese squirrels, bear, deer, and wild boars.

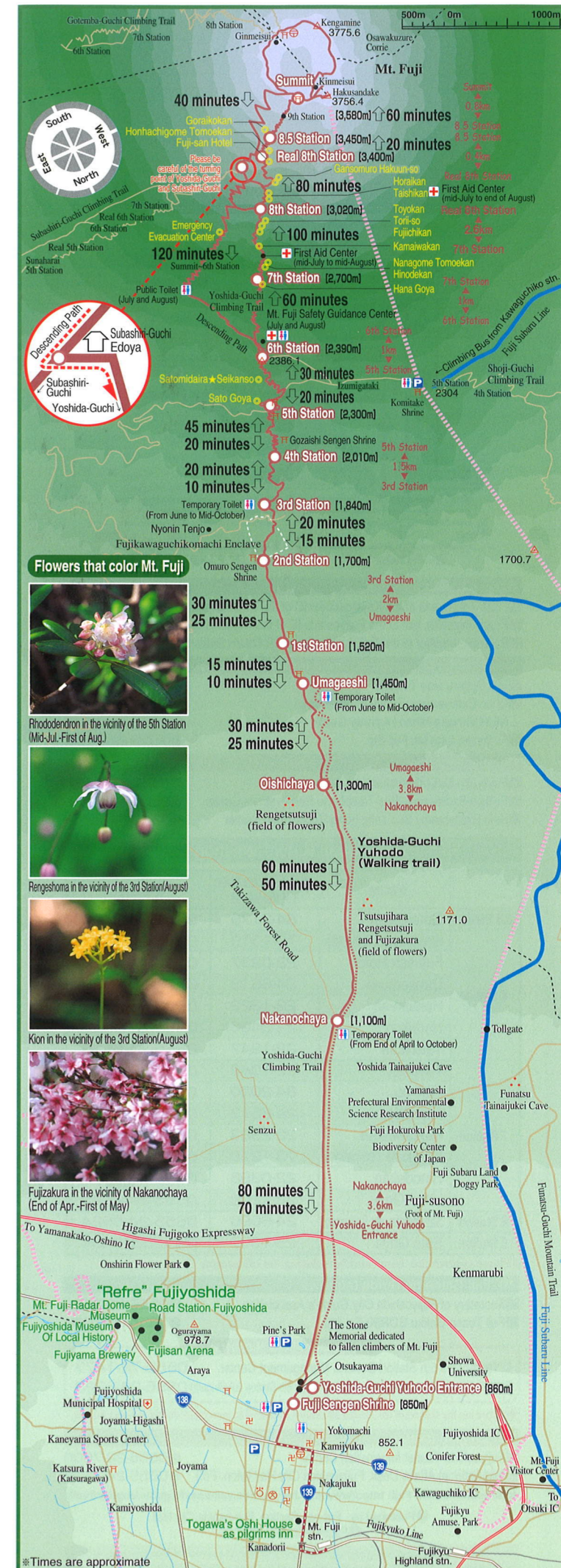


Nakanochaya



### ■Kanadorii

This *torii* gate located on route 139 "The Road to Mt. Fuji" in Fujiyoshida was taken and used for its metal in 1942 for World War II and rebuilt in 1956. *Torii*s signify the boundary between heaven and earth. The area from Kanadorii is observed as the start of Mt. Fuji's sacred area.



※Times are approximate  
この地図の作成に当たっては、国土地理院長の承認を得て、同院発行の2万5千分の1地形図を使用したものである。(承認番号 平14総使 第80号)