



**Consider calling off the climbing
when you feel feverish or have worry
about your health conditions.**

How to climb Mt. Fuji



Ban on harvesting and picking flora and fauna



Graffiti Prohibited



Be careful of climbing with light clothing



Ban on taking out lava rocks and other rocks



Never throw away garbage and take it with you



Please contribute to Fujisan Conservation Fund

|| In principle, Mt. Fuji is a mountain where you descend on your own ||

There are many difficulties with rescue because Mt. Fuji has a special environment with an altitude higher than 3000 meters.

If you start to feel ill, please be determined and decide to descend the mountain.

In addition, try to walk slowly in order to get used to the air pressure and make a climbing plan with some room for extra time.

|| Check before your climb! ||

In recent years, various troubles have been increasing. Let's check the following items before climbing. From the viewpoint of preventing trouble, we suggest that you collect information at the "Mt. Fuji 5th station General Administration Center" before departure. The center contains a multilingual information center.

Are you prepared for being separated from your partners and have you decided pre-set meeting locations, meeting times and means of emergency contact?

Is your cell phone able to use in Japan?

Do you know the color of your climbing trail?

There are 4 climbing trails on Mt. Fuji, and they are marked with color-coded signs. Be careful not to make a mistake with your trail.

* The Yoshida trail is shown in yellow. (Also refer to P25)

Do you have enough preparation against cold weather?

The temperature on Mt. Fuji may be below zero even in midsummer. Prepare clothing and equipment such as winter clothes and rainwear.

Is a headlamp prepared?

There is no lighting along the mountain path. If you want to climb before the sunrise, and in preparation for the sunset in descending the mountain carry a headlamp.

Do you have climbing shoes and a helmet?

Climb the mountain with climbing shoes because the trail is often rocky. In addition, to prepare for a sudden eruption, carry a helmet and wear it in case of the hazard of falling rocks, slipping, etc.

Mount Fuji was registered as a World Heritage (cultural heritage) site on June 22, 2013 and was in the limelight around the world. During the climbing season here is in a bustle with nearly 300,000 climbers and hikers. However, Mt. Fuji is the highest mountain in Japan with an altitude of 3,776m, and illnesses requiring rescue such as injury or altitude sickness and accidents are likely to occur. In order to climb safely, you need to climb the mountain with the correct knowledge of Mt. Fuji. In addition, because Mt. Fuji is an active volcano, knowledge of how to deal with equipment in an eruption if by any chance an eruption occurs is also required. This guide introduces knowledge and manners that will help everyone climb Mt. Fuji in a fun and safe manner.

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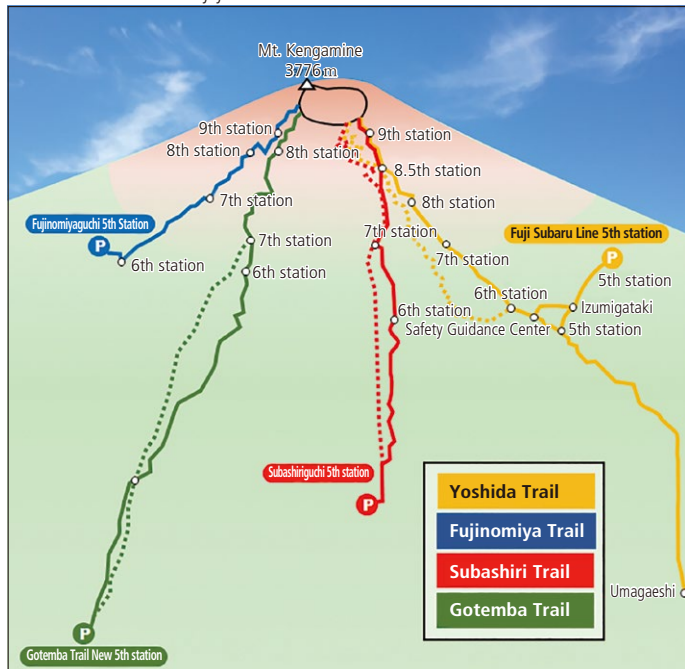


1 Basic items

1 Climbing trail and climbing season

|| There are a total of 4 trails to the summit ||

A total of 4 trails to the summit of Mt. Fuji have been developed. In addition to the Yoshida Trail from the Yamanashi Prefecture side, there are the Subashiri Trail, Gotemba Trail and Fujinomiya Trail from the Shizuoka Prefecture side. The distance, elevation difference and number of huts and toilets from the trailhead to the summit for each trail, in addition to the climbing season, are characteristics that need to be known in advance. In addition, since these 4 trails have been matched with the same color on brochures and signs, it's better to follow the color of your trail. The Yoshida Trail is shown by yellow-color.



There are different climbing seasons for each trail

The Mt. Fuji climbing season is determined for each trail. Let's check the climbing season of the climbing trails in advance.

\Climbing season/

Yoshida Trail (Yamanashi Prefecture) ----- Jul. 1 -Sep. 10

Fujinomiya Trail (Shizuoka Prefecture) ----- Jul. 10-Sep. 10

Subashiri Trail (Shizuoka Prefecture) ----- Jul. 10-Sep. 10

Gotemba Trail (Shizuoka Prefecture) ----- Jul. 10-Sep. 10

* The climbing season may change due to the influence of snow.

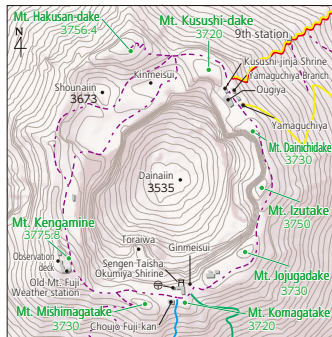
Please note the opening periods of the summit toilets

Toilets on the Yoshida trail summit cannot be used other than when the Subashiri Trail is open for the huts there manage the toilets. Make sure to use toilets before leaving the mountain huts or bring a portable toilet. In addition, caution is required since the opening period of the toilets on the Fujinomiya trail summit are different from that of the Yoshida Trail climbing period.

Also note the opening period for the hike around the crater

You can enjoy a tour around the crater after climbing to the summit. The climbing season is from July 10-September 10 in principle, but please confirm the official Mt. Fuji climbing site since you might not be able to go on the path due to weather conditions.

* There are cases where names are different in books, maps etc. because of several theories.



Transportation Info

Access via Train/Bus

Fuji Subaru Line 5th Station can be reached from Kawaguchiko Station and Fujisan Station via "Climbing Bus" (fixed route bus); from Fuji Hokuroku Parking Lot (Fujisan Parking Lot) via shuttle bus; and from Shinjuku, etc., via highway bus. Please check the Fujikyuko Bus homepage for details on timetables and various access routes.



Fujikyuko (Fuji Climbing Bus)



Fujikyuko (Highway Bus)

Access via Car

To reach Fuji Subaru Line 5th Station Parking Lot, take the "Fuji Subaru Line" (toll road) from Chuo Expressway Kawaguchiko IC or Higashifuji-goko Road Fujiyoshida IC.

[!]Please be aware of the private vehicle restriction period.

*About private vehicle restrictions:

In Yamanashi Prefecture, every year in order to help preserve the environment and alleviate crowding, restrictions of private vehicles are placed on the Fuji Subaru Line. However, chartered buses, EV/FCV vehicles, taxis, and vehicles for the physically disabled, etc. are allowed to use the road. The private vehicle restriction period changes every year, so please take caution. Details can be checked on the Mt. Fuji Toll Road Fuji Subaru Line homepage (right side QR code).



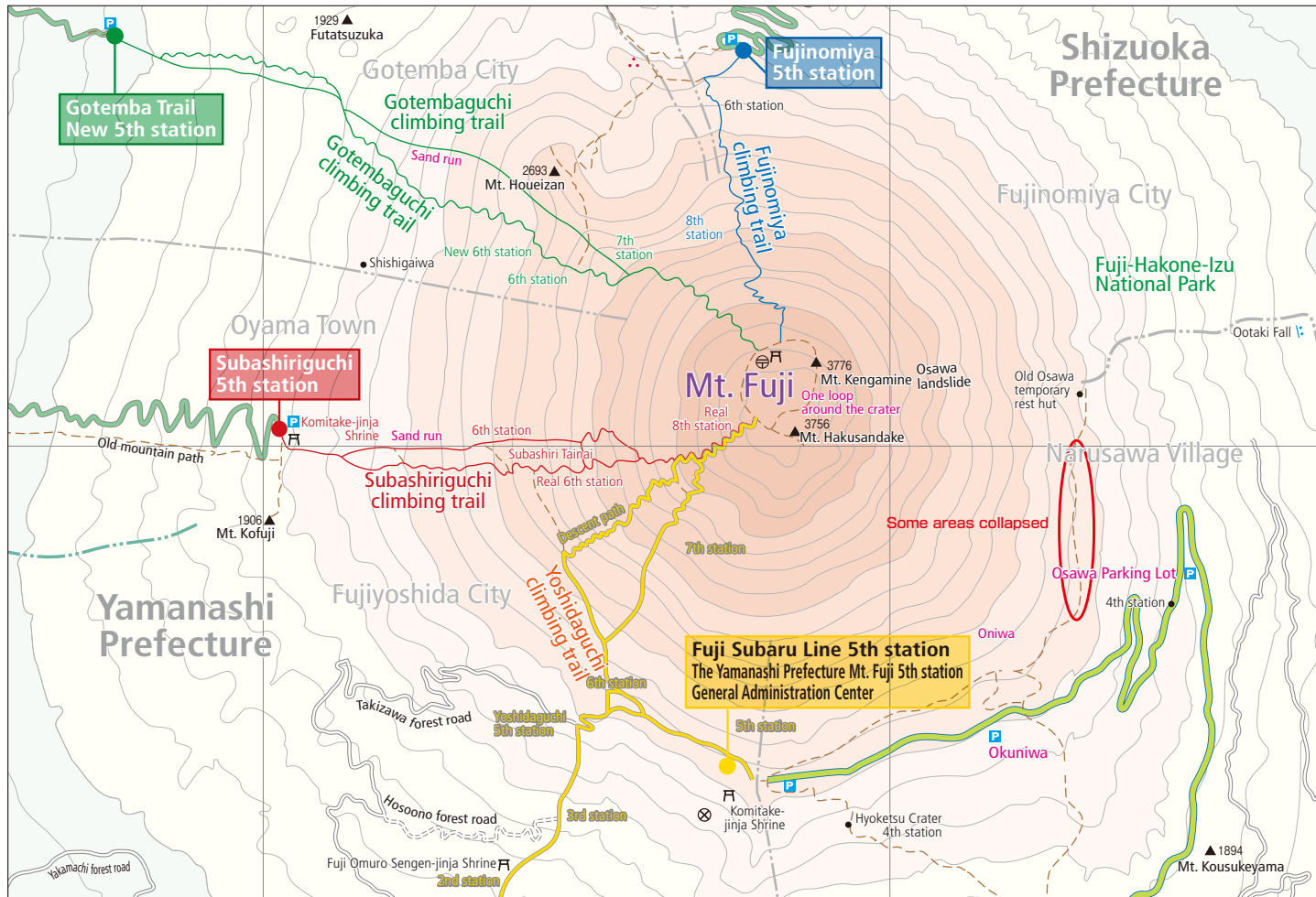
Access during the Private Vehicle Restriction Period

During the private vehicle restriction period, visitors using private vehicles should park at the Fuji Hokuroku Parking Lot (Fujisan Parking Lot) near Higashifuji-goko Road Fujiyoshida IC, and from there take the shuttle bus heading for Fuji Subaru Line 5th Station.

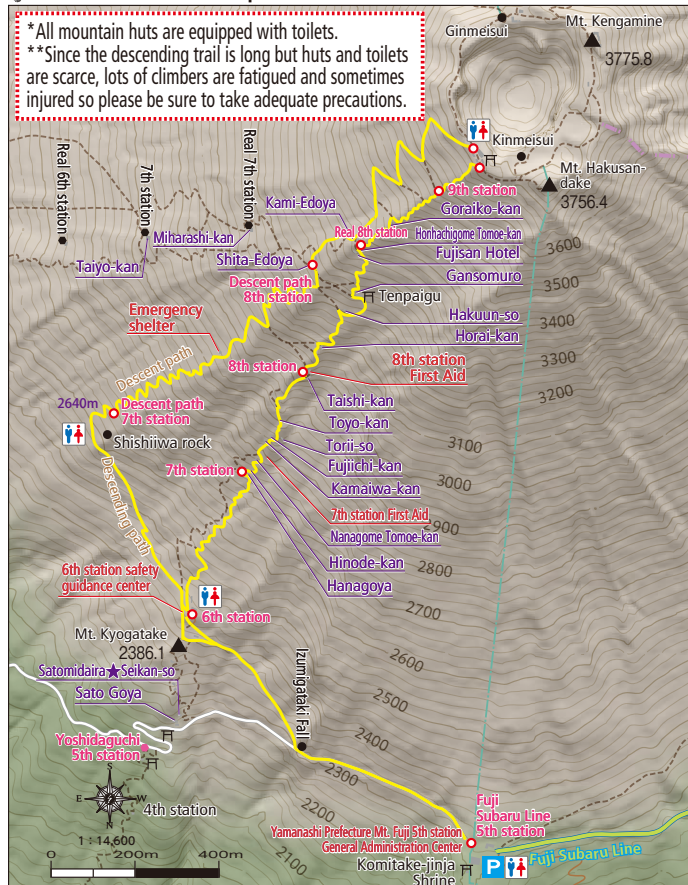
[!] Fees are charged for parking and the shuttle bus.

During the private vehicle restriction period, the sightseeing information center and toilets will be set up together (can be used 24 hours a day during the mountain climbing season.).

Map of Mt. Fuji (from 5th stations to the summit)



Yoshida Trail map



Take note of the opening period of the descent path from the summit
 The descent path from the summit to the 8th station is not available during the period when the Subashiri Trail is not open (July 1-9). Please use the ascending trails when descending the mountain.

Yoshida Trail

Estimated time required
 Climb
6 hours 10 min.
 Descent
4 hours 5 min.

| Station | Altitude | Ascent Time | Descent Time | Notes |
|------------------|----------|-------------|--------------|---|
| Summit | 3,715m | | | |
| 9th station | 3,580m | 30 min. | | |
| 8.5 station | 3,450m | | 60 min. | |
| Real 8th station | 3,360m | 20 min. | | |
| 8th station | 3,360m | | 10 min. | Shita-Edoya divergence Caution when descending the mountain!! Divergence point of the Subashiri Trail and Yoshida Trail |
| 7th station | 2,700m | 180 min. | 125 min. | |
| 6th station | 2,390m | 60 min. | | |
| Izumigataki Fall | | 30 min. | 20 min. | |
| 5th station | 2,305m | 20 min. | 30 min. | |

| Location | Contact | Facilities |
|---|---------------|-----------------------------|
| Goraiko-kan | 0555-24-6510 | Mountain hut, Toilets |
| Honhachigome Tomoe-kan | 0555-24-6511 | Mountain hut, Toilets |
| Fujisan Hotel | 0555-24-6512 | Mountain hut, Toilets |
| Gansomuro | 0555-24-6513 | Mountain hut, Toilets |
| Hakuun-so | 0555-24-6514 | Mountain hut, Toilets |
| Horai-kan | 0555-24-6515 | Mountain hut, Toilets |
| Taishi-kan | 0555-24-6516 | Mountain hut, Toilets |
| 8th station First Aid | | First-Aid station |
| Toyo-kan | 0555-22-1040 | Mountain hut, Toilets |
| Torii-so | 0555-84-2050 | Mountain hut, Toilets |
| Fujiichi-kan | 080-1036-6691 | Mountain hut, Toilets |
| Kamaiwa-kan | 080-1299-0223 | Mountain hut, Toilets |
| 7th station First Aid | | First-Aid station |
| Nanagome Tomoe-kan | 0555-24-6521 | Mountain hut, Toilets |
| Hinode-kan | 0555-24-6522 | Mountain hut, Toilets |
| Hanagoya | 090-7234-9955 | Mountain hut, Toilets |
| 6th station safety guidance center | 0555-24-6223 | Information office, Toilets |
| Satomidaira★Seikan-so | 0555-24-6524 | Mountain hut, Toilets |
| Sato Goya | 090-3133-2230 | Mountain hut, Toilets |
| 5th station General Administration Center | 090-5190-0167 | Information office, Toilets |
| 5th Station First-Aid | | First-Aid station |
| 5th Station Rest Area | | Information office, Toilets |

2 Preparation before climbing

In order to climb Mt. Fuji safely

Mt. Fuji is often thought of as a mountain that anyone can climb, but the mountain is the highest in Japan. Climbers may feel the onset of hypothermia or altitude sickness due to the difference of temperature and air pressure from the flatland, and if they take one wrong step they could fall into a very dangerous situation. In order to prevent it, let's climb the mountain with having good knowledge of what will occur in advance.

|| Make your plan with enough time to spare ||

Mt. Fuji becomes crowded on holidays, and the mountain trail below the summit becomes crowded just before the sunrise. Please be sure to take this into account when planning.



|| Prior reservations are required to stay the night in the mountain huts. ||

During the climbing season, many huts are open for business, but they become crowded with the large numbers of visitors, so be sure to make lodging reservations in advance.

Also, Saturdays and days before holidays are extremely crowded, and crowds can be avoided by climbing on weekdays.

|| Climbing all the way at night is quite dangerous ||

Climbing through the night without enough rest beforehand will result in injuries or sickness caused by short of sleep and tiredness. Please make a moderate climbing plan by staying at a mountain hut.

|| Please be sure to bring a helmet. ||

Falling rocks have caused injuries in recent years. In order to protect yourself from falling rocks, and be prepared in case of falls or an eruption, please be sure to bring a helmet.

|| Precautions for Group Climbing ||

There have been an increase in numbers of people getting separated from their groups.

When you plan to split up from the group, or when there is a difference in hiking speed among your group, be sure to discuss beforehand meeting places and times, and how you will stay in contact in case of emergencies.

|| Caution re: mobile phone battery consumption ||

On Mt. Fuji, unlike flatlands, mobile phone/smartphone battery consumption is accelerated, so bringing an extra battery can be helpful.

Climb Mt. Fuji after learning about Mt. Fuji as a World Heritage Site!

Yamanashi Prefectural Fujisan World Heritage Center

The Yamanashi Prefectural Fujisan World Heritage Center introduces the value of World Heritage site Mt. Fuji in an easy to understand manner.

Free admission

6663-1 Funatsu, Fujikawaguchiko-machi,
Minamitsuru-gun,

[Official Homepage]
<http://www.fujisan-whc.jp/en/index.html>



Be sure to make a climbing plan in advance, and share it with familiar people

Pre-climb preparations are important. Please be sure you fully understand your trekking skill and health conditions, and make your climbing plan in advance accordingly.

Submit to postbox inside of Mt. Fuji 5th Station General Administrative Center.

Submit by email

Destination (E-mail address) tozanpost@pref.yamanashi.lg.jp

Submit by fax

Destination (Fax number) **050-3066-0107** (Limited only to climbing Mt. Fuji)

Submit from 'Compass'

(details below)

Submit by post

Send to this address: 1-chome 6-1, Marunouchi, Kofu-shi,
Yamanashi Prefecture 400-8501 JAPAN
Yamanashi Prefectural Tourism and Culture Department, Tourist Attractions Division

Use the online trekking plan sharing system "Compass"

To create and share a climbing plan, the "Compass" online climbing plan sharing system operated by the (Public Corporation) Japan Mountain Guides Association that deals with all mountainous areas in the country is useful.

You can create and register a climbing plan on the "Compass" site with a PC or smartphone, and it can be shared between people such as friends, family and mountaineering organizations.

Furthermore, if by any chance an eruption or large disaster occurs, information is shared with the prefecture and prefectural police who will help with rapid search and rescue.



Equipment check

Be sure to check the equipment before climbing.

Equipment checklist

| No. | Equipment name | Explanation, etc. | Check |
|-----------------------|------------------|---|-------|
| Wearable items | | | |
| 1 | Climbing shoes | High cut shoes with hard bottoms. It is also convenient to have spats. | |
| 2 | Shirt | Quick-drying items. Long sleeves are good to protect against sunlight. | |
| 3 | Pants | Quick-drying items. Jeans are not recommended, since they are hard to dry. | |
| 4 | Underwear | Good items that are quick to dry and are made of chemical fibers. | |
| 5 | Hat | Protects against sunlight. | |
| 6 | Sunglasses | Protects the eyes from UV rays and dust. | |
| 7 | Gloves | Prevents injury when falling in addition to protecting against the cold. | |
| 8 | Socks | Thick socks are recommended. | |
| Portable items | | | |
| 9 | Backpack | A backpack holding around 30-40L that is easy to carry. A backpack cover is also required. | |
| 10 | Rainwear | Separate type items. Items with waterproof and breathable material. | |
| 11 | Snowsuit | Please prepare items like a down jacket and fleece. | |
| 12 | Headlamp | This is also necessary for a climb during the daytrip. | |
| 13 | Water | 1-2 liters required. Can be purchased at mountain huts. | |
| 14 | Energy snack | Chocolate, candy, and other easy to eat, high-calorie food items. | |
| 15 | Plastic bags | Convenient for putting garbage or wet items into them. | |
| 16 | Cash, coins | Credit card cannot be used most of the case. Prepare coins for tips for the toilets. | |
| 17 | Portable toilet | Required when the Shizuoka Prefecture-side trails are not open and the summit toilets are closed. | |
| 18 | Climbing map | You can substitute this with the map in this guidebook (P7-9). | |
| 19 | Helmet | Protect yourself from the eruption, falling rocks, and slip or fall. | |
| 20 | Goggles | In order to protect your eyes from falling ashes. | |
| 21 | Dust mask | You can also use this to deal with dust on the descent path in addition to wearing it during an eruption. | |
| 22 | Mobile batteries | Prevent loss of power for mobile phones/smartphones. | |

Fujisan Conservation Fund

Both Yamanashi and Shizuoka Prefectures ask for your cooperation with the "Fujisan Conservation Fund" in order to pass beautiful Mt. Fuji on to the next generation.

|| What is the Fujisan Conservation Fund? ||

| | |
|------------------------------|--|
| Purpose | In order to pass beautiful Mt. Fuji on to the next generation, we take safety measures to protect climbers and the environment of Mt. Fuji. |
| Amount | 1,000 yen (Children and people with disabilities can pay any amount) |
| Payment methods | On-site payment Advance payment via internet, convenience store |
| Implementation Period | During the climbing season |
| Target people | Visitors going past the 5th Station |
| Other | For those who cooperated with Fujisan Conservation Fund, we are distributing wooden tags that offer preferential discount etc. in some prefectural facilities. Please check the prefectural HP for info on special facilities. |

|| Purposes for collecting Fujisan Conservation Fund ||

Will be used toward projects for the environmental conservation and safety of Mt. Fuji conducted past the 5th Station.

- [1] Mt. Fuji environment conservation including new construction/renovation of toilets
- [2] Climber safety measures: Placement of safety leaders, expansion of aid stations
- [3] Providing information such as the value of Mt. Fuji as a source of art and an object of faith

* Some of the money is also used for office expenses.



[About the Fujisan Conservation Fund]



3 Yoshida Trail facilities

Facilities Information

|| The Yamanashi Prefecture Mt. Fuji 5th station General Administration Center ||

Subaru Line 5th station



During the climbing season the Yamanashi Prefecture Mt. Fuji 5th Station General Administration Center is where you can get weather forecast, mountain hut vacancy, and other information. Additionally, on the second floor a video movie for climbers (in Japanese, English and Chinese) is displayed on the large monitor. Please drop by before your climb to get all of the latest information.

Opening period: May 1-October 31

Opening time: During the Climbing season (July 1-September 11) 24 hours

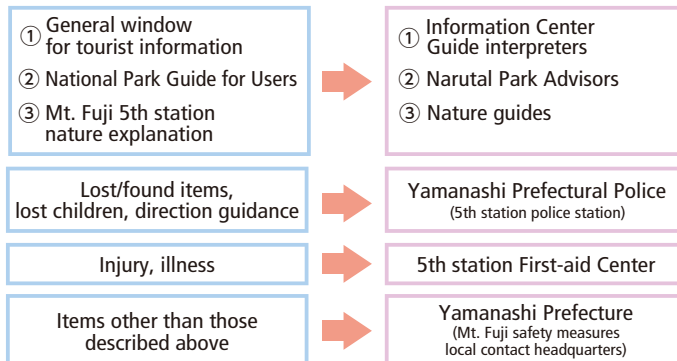
*From 8 AM on July 1st to 8 PM on September 11th.

Off the climbing season (period other than that mentioned above)
9 a.m.-4:30 p.m.

Address: Kamiyoshida Komitake-shimo 5617, Fujiyoshida-shi, Yamanashi Prefecture

Phone number: 090-5190-0167

● Sections and main services received at the 5th station General Administration Center



* Please be careful since the opening time is different by each section!

Information Center || Subaru Line 5th station

Guides for foreigners (licensed guides), park instructors, and nature guides provide mountain climbing and tourist information, and nature interpretation as "Mt. Fuji navigators" at the information center at 5th Station General Administrative Center.

Apart from guidance provided in English and Chinese by foreign guides, multilingual guidance is also provided via tablets containing interpretation service software.

Opening period: July 1st to September 11th

Opening time: 7:30am to 8:30pm

*Opening periods and times may change in accordance with the situation.

5th station First-aid Center || Subaru Line 5th station

The 5th station First-aid Center is opened during the climbing season in the 5th station General Administration Center.

Opening period: July 1-September 11

Opening time: 8 a.m.-8 p.m.

Staff: Nurses

Treatment cost: Free

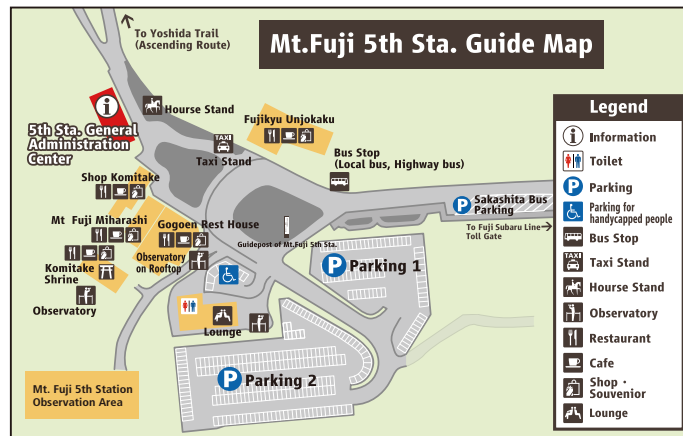
* Prescription of oral medicine cannot be done because this is a first aid station run by a nurse.

Mt. Fuji toilet information

Public toilets and mountain hut toilets are scattered on the Yoshida Trail, but you need to check the toilet location and opening period/times in advance. The number of restrooms are limited on the descent path, and the 7th station restrooms are particularly crowded. Also, the Yoshida Route climbing season differs from that of the Shizuoka Prefecture-side routes (Fujinomiya/Subashiri/Gotemba), and toilets at the summit are not available on days on which the Shizuoka-side routes are not open (July 1st~9th). Please be sure to bring a portable toilet.

Maintenance of toilets under a harsh environment like Mt. Fuji also comes at great expense. We would appreciate it if you give a tip of 100 to 300 yen when using the toilets. Please prepare enough 100 yen coins before climbing.

5th Sta. Facility Information ||



| | Komitake Shop | Fujisan Miharashi | Gogoen Rest House | Fujikyu Unjokaku |
|-----------------------------------|---------------|-------------------|-------------------|------------------|
| Telephone number | 0555-72-1476 | 0555-72-1266 | 0555-72-1251 | 0555-72-1355 |
| Credit cards | ○ | ○ | ○ | ○ |
| Pilgrim's staffs | ○ | ○ | ○ | ○ |
| Coin lockers | × | ○ | ○ | ○ |
| Lodging | × | ○ | × | ○ |
| Climbing equipment rental | × | ○ | × | ○ |
| Simple post office | × | × | ○ | × |
| Foreign currency exchange machine | × | × | ○ | ○ |
| Toilets (Fee req.) | ○ | ○ | ○ | ○ |

| | |
|-------------|---|
| Bus stop | Specially set up in front of the Fujikyu Unjokaku |
| Free toilet | Lounge |

|| Mt. Fuji Safety Guidance center/6th station police station || 6th station

The Mt. Fuji Safety Guidance center placed in the Yoshida Trail 6th station provides information about weather conditions and gives climbing guidance by safety instructors as well as information on the conditions of the mountain trail.

Check the information once you've arrived at the 6th station.

The center also provides a police box during the busy season.



Opening period: July 1-September 11

Opening hours: 24 hours

※Free helmet rentals (Deposit required)

|| 7th station First-aid center || 7th station



The 7th station aid center is located just below the mountain hut "Kamaiwa-kan".

Doctors and nurses reside there, but please check the opening period since it is operated mainly for high season.

Opening period: Mid-July to End of August (Beware of closed days)

Opening hours: 24 hours

Staff: Doctors, nurses, etc.

Treatment costs: Free

|| 8th station First-aid center || 8th station

The 8th station aid station is in the mountain hut "Taishi-kan", and there are doctors and nurses present while it is open. It is necessary to check the opening period.

Opening period: Mid-July to End of August
(Beware of closed days)

Opening hours: 24 hours

Staff: Doctors, nurses, etc.

Treatment costs: Free



4 In order to protect beautiful Mt. Fuji

👣 Fuji Charter and Fuji Country Code

The "Mt. Fuji Charter" has been established on Mt. Fuji for the purpose of environmental protection, and the "Mt. Fuji Country Code" has been established as a set of usage rules.

We thank you for your cooperation to pass beautiful Mt. Fuji down to the next generation.

"Mt. Fuji Charter"

- Learn, become familiar and be thankful for the nature of Mt. Fuji.
- Promote the rich culture and important protection of the beautiful nature of Mt. Fuji.
- Cooperate to reduce the burden on the natural environment of Mt. Fuji.
- Have every person participate actively to preserve the environment of Mt. Fuji.
- Pass down the nature, landscape, history and culture of Mt. Fuji to the next generation.

"Mt. Fuji Country Code"

1. Hand down beautiful Mt. Fuji to the next generation
2. Take all garbage with you and do not litter
3. Do not bring anything from the start that may become garbage
4. Do not go off the trail
5. Do not make graffiti through the way
6. Do not drive/park vehicles off the roadway
7. Do not break the special terrain like tree mounds
8. Do not idle vehicles in the parking lot
9. Do not take any flora or fauna
10. Keep the toilets and public facilities clean when using them

5 Points to be aware of when ascending/descending the mountain

Points to take care of when climbing Mt. Fuji

These are some manners you should know when climbing. Please be especially careful of the following points since they will be a nuisance to other climbers if you do not know them.



Do not pass other people in a dangerous manner



Do not grasp chains/ropes



Do not make noise in a mountain hut



When you use sticks, pay attention to following climbers



Do not stray from the trekking path



Do not walk on the edge of a path near the slope-side
* Especially during your descent, walking near the slope-side can cause rocks/stones to fall.



Please follow the direction of guides during the congested hours



Be sure not to forget your belongings in a mountain hut

Rules that should be kept on Mt. Fuji

The area above the 5th station of Mt. Fuji has been designated as a National Park and special protection area. The following acts are prohibited by the Natural Park Law and will be punished for violations of the law.



Harvesting of flora and fauna

Taking out volcanic rocks and stones

Letting pets run free

Graffiti

Tent erection and bonfires

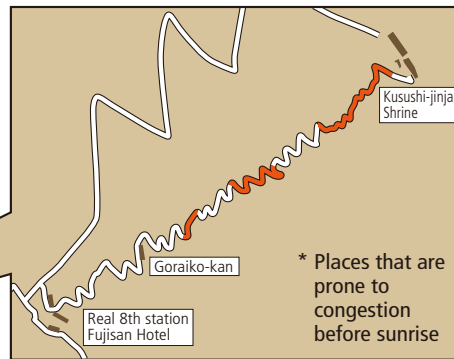
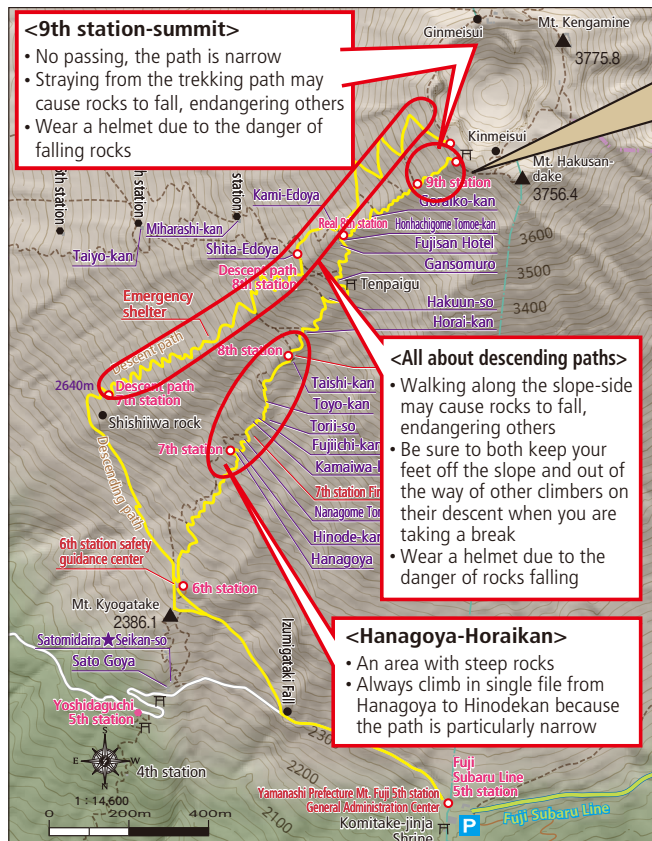
Riding off-road vehicles and off-road motorcycles

Hazardous places on the mountain trails

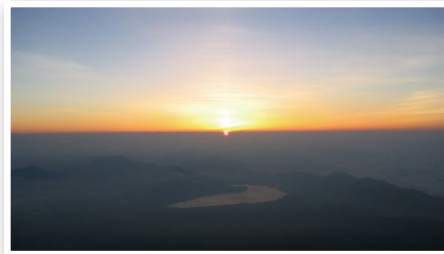
Narrow mountain trails and places where there is a risk of falling rocks have been summarized in the figure below. Please be careful when passing through these areas.

In addition, wear a helmet in order to protect yourself from falling rocks and ash.

Once if you notice any falling rocks please shout out loud "Rakuseki (Falling rocks!)" to alert the danger to the people nearby.



Crowds at the summit for the sunrise



The sunshine can be viewed from all the huts on the Yoshida-guchi Trail. We recommend avoiding crowds and viewing the sunrise from the huts.

(Sunrise from Kamaiwakan, Yoshida-guchi Trail)

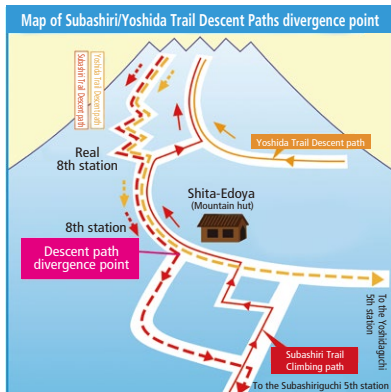
Be sure to wear safety helmets in the dangerous areas!



Descent path divergence point

The Yoshida Trail and Subashiri Trail merge at the Real 8th station, and the path from the Real 8th station to the summit turns into the same one. The same path is used when descending the mountain. Since the same path from the summit to the 8th station is used, the divergence point is prone to be overlooked. Please be careful as people often make a wrong turn here, and remember to go left for the Yoshida Trail and turn right for the Subashiri trail. There are also alerts given by audio guidance at the divergence point.

* At the divergence point signpost has been established, but it is very hard to see when the weather is bad or foggy.



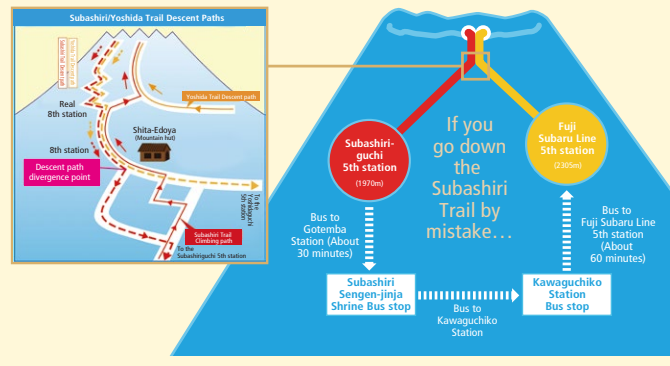
Be careful not to go to Subashiri Trail!
The Yoshida Trail is to the LEFT.

In case you go down the Subashiri Trail...

First, please contact the Yoshida Trail 5th station General Administration Center.

Phone number: 090-5190-0167

From the Subashiri Trail 5th station, you can go back to the Fuji Subaru Line 5th station by using local bus connections.



Caution in case of lightning

Thunderstorms often occur in Mt. Fuji from around noon through the afternoon. Please seek refuge in the nearest mountain hut if you encounter lightning.

Since there are no huts on the descent path, please use the 7th station emergency shelter or descent path 7th station toilets.

If there are no buildings nearby be sure to crouch down and try to keep your body as low as possible.

Additionally, during lightning storms, you must not use your cell phones outdoors, or grab onto chains and other metal objects along the path as it is very dangerous.

6 Emergency procedures



Emergency contact

If you get injured or become ill while climbing or descending, please notify the Yamanashi Prefecture Mt. Fuji 5th station General Administration Center.

[Emergency contact]

During Climbing Season

**The Yamanashi Prefecture Mt. Fuji 5th station
General Administration Center**

Phone number: 0555-72-1477 090-5190-0167

Call handling time: [July 1-September 11] 24 hours

* July 1: 8:00AM ~ September 11: 8:00PM

Except for Climbing Season

Fujiyoshida police station

Phone number: 0555-22-0110

Fujigoko Fire Department

Phone number: 0555-22-0119

Requests from concerned parties in an emergency

Sudden changes in weather are likely to occur on Mt. Fuji, and continuing to climb in heavy rain and strong wind will result in a very difficult situation.

If climbing is judged to be dangerous by expert climbers, mountain hut officials, safety leaders and government agencies placed in their respective facilities, the climbers will be requested to refrain voluntarily from climbing. In that case, stop climbing immediately and evacuate to a safe place.

You might put your life at risk when you force yourself to climb in such a situation.

Necessary information in an emergency

Please state the following items when you make a request for a rescue to the Yamanashi Prefecture Mt. Fuji 5th station General Administration Center due to injury or illness. Please state the information as accurately as possible. In addition, we would like to ask for your help when you find a climber in a serious trouble.

Items for Asking

■ Date: / / Time: : Interviewee: _____

■ Location: Descending Path / Ascending Path / Mountain Hut Signpost Number _____

| Sick person | | | Accompanying persons (Relation:) | | |
|-----------------|--|---------------|-----------------------------------|---|---------------|
| Name | | | Name | | |
| Age | Age: | Male / Female | Age | Age: | Male / Female |
| Mobile phone | | | Mobile phone | | |
| Residence | | | Residence | | |
| Features | Top Bottom Backpack | | Features | Top Bottom Backpack | |
| Chronic Illness | Y/N/Unknown Disease Name | | Travel companions | People / Alone Day Trip / Bullet Climbing / Mountain Hut Stay | |
| Medicines taken | Y/N/Unknown Medicine Name | | | Mountain Hut Name Guide Name | |
| Breakout | Date: / / Time: : Location: Descending Path • Ascending Path • Mountain Hut Signpost Number | | | | |
| Symptoms, etc. | Consciousness Y / N / Low | | Able to Speak Y / N | | Breathing Y/N |
| | Fall, tumble / Headache, dizziness, nausea, vomiting, abdominal pain, diarrhea, respiratory discomfort | | | | |
| | Others | | | | |
| | Sprain | R/L / | Broken bone | R/L / | Knee pain |
| External injury | | | Bleeding Y/N | | |
| Able to walk | | Y/N | | | |
| Notes | | | | | |

In order to avoid altitude sickness

|| What is altitude sickness? ||

Altitude sickness is a specific alpine disease where the body is not able to adapt to rapid changes in altitude, and the oxygen concentration in the blood decreases. Symptoms such as fatigue, lassitude, headache, dizziness and loss of appetite can be seen. When this becomes severe, symptoms such as nausea and vomiting will develop.

|| Prevention measures ||

Keep the following points in mind to prevent from getting altitude sickness.

- Take a rest of at least 1 hour at the 5th station in order for the body to become accustomed to high altitudes.
- Climb at a constant and slow pace.
- Take regular, short breaks to prevent from exhausting your physical strength.
- Drink water frequently.
- Do abdominal breathing (take firm breaths from the stomach) and consciously take deep breaths.
- **If you start to feel any bodily abnormalities please consider stopping your climb and descending the mountain.**

|| Measures after becoming ill ||

Please use the following methods if you've come down with altitude sickness.

- Firmly take deep breaths.
- Drink water and warm your body.
- **If these still do not help you recover...**
- Quit climbing and descend the mountain. Symptoms of altitude sickness will disappear by going to lower altitudes.

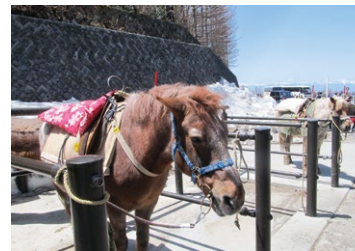
Horses on Mt. Fuji?

Did you notice that there were several horses waiting at the Fuji Subaru Line 5th station? Mt. Fuji actually has a historical involvement with horses.

Beginning with the legend of "Kurokoma of Kai" horse, which Prince Shotoku used in ancient times, there are still paintings remaining that show that horses had been used in order to carry the luggage of people climbing Mt. Fuji in the Edo era. Horses played a very important role after that in transporting construction materials and unloading supplies to mountain huts until the spread of vehicles like bulldozers. Tour services in the area surrounding the 5th station of the current Yoshida Trail with horses and horse-drawn carriages by the Fujiyoshida Horse Riding Association are offered, and this has become one of the ways to enjoy tourism on Mt. Fuji.

Since it is possible to ride a horse between some sections of the Subaru Line 5th station when climbing, if you become tired while descending or if descending gets difficult due to a light injury, why do not you consider getting help from a horse?

- Fees increase during nighttime and stormy weather, etc., so please make the appropriate inquiries as necessary.



There was an experienced horse called Akabego, who once climbed to the top of the mountain.

There are also 15 horses with unique personality to greet you.

■ Contact

Fujiyoshida City Horse Riding Association **090-3240-6866**

Reception Hours 7:00am to 7:00pm

|| In case of an eruption ||

|| Actions that should be taken during an eruption ||

If by any chance a catastrophic eruption occurs while climbing, the necessary actions are as follows. Please be sure to confirm these points before climbing in order to protect your life.



Run windward away from the crater

Evacuate to a shelter cabin or behind a rock



Cover your mouth completely with a mask or wet handkerchief



Do not get volcanic ash in your eyes

It is especially important to move away quickly from the assumed range of the volcanic ash and lava flow and evacuate. Calm yourself and follow the instructions of government agencies, safety leaders and mountain climbing guides.

|| Be aware of information collection ||

In order to climb Mt. Fuji safely and protect yourself from the damage of a volcanic eruption, it is particularly important to **“be properly equipped and obtain information about volcanic eruptions in advance”**. Please climb Mt. Fuji with the awareness that it is an active volcano. Check information in advance provided by Yamanashi Prefecture and the Japan Meteorological Agency and take appropriate actions.

Evacuation Trail Map for an eruption
[Yamanashi Prefecture disaster prevention portal]



|| Check here for other information ||

Full of info on climbing Mt. Fuji!



[Yamanashi Prefectural Office HP]



Check here for realtime information



5th Station Information Center
<<Twitter>>

Emergency contact (5th Station General Administrative Center)

090-5190-0167

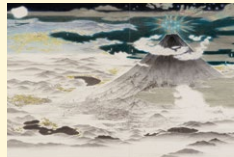
[Climb Mt. Fuji by learning the World Heritage "Mt. Fuji" !]

World Heritage

[Mt. Fuji - The source of art and the object of faith]

In the sacred and majestic appearance of Mt. Fuji, the faith of believers of Mt. Fuji with unique behavior requesting feigned death regeneration through a trip like a mountain pilgrimage, and, it has been taken up in many works of art by overseas artists influenced by art such as Ukiyoe (Japanese woodblock prints). Mt. Fuji, which is the source of art and the object of faith, is highly evaluated around the world, and it was registered as a World Heritage (Cultural Heritage) in June 2013.

◆Mt. Fuji and faith ... Since ancient times, Japanese people have feared and honored gods in mountain dwellings with repeating eruptions, and in order to quell the eruptions, people pray for the coming of deities at Sengen-jinja Shrine. In addition, since volcanic activity has subsided after the late Heian period, Mt. Fuji became a sacred site for mountain ascetics, and faith changed its shape from worshiping from afar to mountain pilgrimages. Worship and pilgrimage of Mt. Fuji was extremely popular among common people in the Edo period.



Akira Yamaguchi
Fuji Hokuroku Pilgrimage Mandala
(Yamanashi Prefectural Mt. Fuji World Heritage Center)

◆Mt. Fuji and the arts ... Mt. Fuji has become the subject of a variety of creative activities from its beautiful appearance. For example, there were works of classical literature such as "Tales of Ise", "Kokin Wakashu" and "The Tale of the Bamboo-Cutter" and "Manyoshu" (the oldest songbook in Japan, compiled in the 8th century) and Ukiyoe produced in the Edo period. In particular, Mt. Fuji as depicted in Ukiyoe had a significant impact across the sea on Western impressionist painters such as Van Gogh and Monet.



↑ Hokusai Katsushika Thirty-Six Views of Mt. Fuji Red Fuji
(Yamanashi Prefectural Museum collection)

Heritage "Mt. Fuji" !]

Mt. Fuji World Heritage Center

The Yamanashi Prefectural Fujisan World Heritage Center is here to act as a center of information for Mt. Fuji as a World Heritage site and to introduce the outstanding universal value of Mt. Fuji to the numerous tourists who visit.

*In order to alleviate crowding, entry restrictions may be temporarily implemented.

Free admission

Place 6663-1 Funatsu, Fujikawaguchiko-machi, Minamitsuru-gun

Inquiry **0555-72-0259**

Closed days North Building = Open all year-round, South Building = 4th Tuesday

HP <http://www.fujisan-whc.jp/>

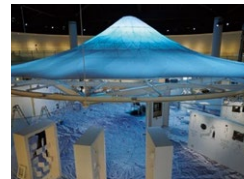
Access

Train

Fuji Kyuko Kawaguchiko Station bus or taxi 10 minutes

Car

300m from the Chuo Expressway Kawaguchiko I.C. / Higashifujigoko Road 600m from the Fujiyoshida I.C.





Any trekking outside of the climbing season (including skiing, snowboarding and other manners of sliding) may result in falls and accidents.

Please refrain from heading up the mountain without being fully prepared and submitting your trekking plans (registering with Compass).

Please contact the “Yamanashi Prefecture Mt. Fuji 5th station General Administration Center” if you notice anything such as an injured person, collapsing trail, or falling rocks.

Emergency contact during climbing season

The Yamanashi Prefecture Mt. Fuji 5th station
General Administration Center

090-5190-0167

Mt. Fuji Safety Guidance Center (6th station Safety Guidance Center)

0555-24-6223