



Competitive Event Quick Reference Guide

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*Not all HOSA Competitive Events are offered at the State Level

Health Science Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
Behavioral Health	Yes	1	N/A	No	Top 5 Each Region
Cultural Diversity & Health Disparity formerly: Transcultural Health Care-	Yes	1	N/A	No	Top 5 Each Region
Dental Terminology	Yes	1	N/A	No	Top 5 Each Region
Health Informatics	Yes	1	N/A	No	Top 5 Each Region
Human Growth & Development	Yes	1	N/A	No	Top 5 Each Region
Medical Law and Ethics	Yes	1	N/A	No	Top 5 Each Region
Medical Math	Yes	1	N/A	No	Top 5 Each Region
Medical Reading	Yes	1	N/A	No	Top 5 Each Region
Medical Spelling	Yes	2	N/A	No	Top 5 Each Region
Medical Terminology	Yes	1	N/A	No	Top 5 Each Region
Nutrition	Yes	1	N/A	No	Top 5 Each Region
Pathophysiology	Yes	1	N/A	No	Top 5 Each Region
Pharmacology	Yes	1	N/A	No	Top 5 Each Region

Health Professions Events	SQT	Rounds	Competitors per team	Digital Upload Required	Max Teams/ Comp per school at SLC
Biotechnology	Yes	2	N/A	No	Top 5 Each Region
Clinical Lab Science	Yes	2	N/A	No	Top 5 Each Region
Clinical Nursing	Yes	2	N/A	No	Top 5 Each Region
Clinical Specialty	No	1	N/A	Yes	2



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Dental Science	Yes	2	N/A	No	Top 5 Each Region
Family Medicine Physician	No	1	N/A	Yes	2
Home Health Aide	Yes	2	N/A	No	Top 5 Each Region
Medical Assisting	Yes	2	N/A	No	Top 5 Each Region
Nursing Assisting	Yes	2	N/A	No	Top 5 Each Region
Personal Care*	No	1	N/A	No	2
Pharmacy Science-	Yes	2	N/A	No	Top 5 Each Region
Phlebotomy	Yes	2	N/A	No	Top 5 Each Region
Physical Therapy	Yes	2	N/A	No	Top 5 Each Region
Respiratory Therapy	No	2	N/A	No	2
Sports Medicine	Yes	2	N/A	No	Top 5 Each Region
Veterinary Science	Yes	2	N/A	No	Top 5 Each Region

Emergency Preparedness Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
CERT	Yes	2	2	No	Top 5 Each Region
CPR/First Aid	Yes	2	2	No	Top 5 Each Region
Emergency Medical Technician	Yes	2	2	No	Top 5 Each Region
Epidemiology	Yes	1	N/A	No	Top 5 Each Region
Life Support Skills*	No	1	N/A	No	2
Mental Health Promotion	No	1	2-6	Yes	1
MRC Partnership	No	1	2-6	Yes	2
Public Health	No	2	2-6	Yes	1



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Leadership Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
Extemporaneous Writing- Healthy Policy	No	1	N/A	No	2
Health Career Photography	No	2	N/A	Yes	2
Healthy Living	Yes	2	N/A	No	Top 5 Each Region
Interviewing Skills*	No	1	N/A	Yes	2
Job Seeking Skills	Yes	1	N/A	Yes	Top 5 Each Region
Prepared Speaking	Yes	1	N/A	No	Top 5 Each Region
Research Poster Presentation	No	2	N/A	Yes	1
Researched Persuasive Writing and Speaking	No	2	N/A	Yes	2
Speaking Skills*	No	1	N/A	No	2

Teamwork Events	State Qualification Test	Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Team/ Competitors per School at SLC
Biomedical Debate	Yes	2	3-4	No	Top 5 Each Region
Community Awareness	No	2	2-6	Yes	1
Creative Problem Solving	Yes	2	2-6	No	Top 5 Each Region
Forensic Science	Yes	2	2	No	Top 5 Each Region
Health Career Display	Yes	2	2	No	Top 10 Each Region



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Health Education	Yes	1	2-6	Yes	Top 5 Each Region
HOSA Bowl	Yes	2	4	No	Top 5 Each Region
Medical Innovation	No	1	2-4	No	2
Public Service Announcement	Yes	2	2-6	Yes	Top 5 Each Region

Recognition Events	State Qualification Test	# of Rounds at SLC	# of Comp Per Team	Digital Upload Required	Max Teams/ Competitors Per School at SLC
Barbara James Award	No	1	N/A	No	Unlimited
HOSA Happenings	No	1	N/A	Yes	1 Newsletter
Outstanding State Leader	No	1	N/A	No	Selected By State Staff
Healthcare Issues Exam	No	1	N/A	No	Unlimited
HOSA ServiceProject	No	1	N/A	No	Unlimited
Health Literacy Ambassador	No	1	N/A	Yes	Unlimited
ATC Tests- recognition only, does not advance to ILC	No	1	N/A	No	2

**Denotes those events open only to students with IEP*

****CERTAIN EVENTS HAVE BEEN UPDATED TO NOW REQUIRE A SQT. PLEASE BE SURE TO DOUBLE CHECK EVENT SPECIFICS FOR UPDATES.****

Competitors should study the guideline specifics and event specific topics to prepare for the SQT. Once qualified for SLC, the event guidelines will remain the same for SLC Competition.