

Questions to ask your surgeon

- What is the specific cause of my neck or back pain?
- What procedure is recommended to relieve my pain, and how is it performed?
- What are the benefits of this procedure in terms of pain relief, functioning/mobility?
How long will the benefit last?
- What are the risks and possible complications of the surgery?
- What kind of implant or prosthesis will be used?
- How long will the recovery take? What are my limitations during recovery?
- What should I expect in terms of pain and mobility following surgery?
- When can I go home after surgery? Will I need assistance at home after surgery?
- When can I return to daily activities such as work, driving and exercise?
- Are there any materials about this surgery that I can review?