FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



TABLE OF NAMED ELEMENTS MEN'S ARTISTIC GYMNASTICS



Compiled by Josef TOTH (AUT) Reviewed by FIG MTC

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This table of named elements has been compiled on the basis of available data and current knowledge, subject to the provision of more comprehensive information.

This table is not definitive and will be regularly revised to reflect the evolving nature of each new element named for a gymnast.

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Abu Al Saoud	Reverse Stöckli from cross support on one end to the other (Abu al Saoud)	Ahmad Abu Al Saoud	JOR	2009/D named in Newsletter 36 in 2019	performed 1994	
Aguilar	From Hdst. on 1 rail 3/2 salto bwd.t.across other rail (Aguilar)	Andreas Aguilar	FRG	1979/CC named in 1997	CC→D 1985 D→C 1993	Element and name deleted 31 12 2000
Akopian	Kasamatsu str. W. 1/1 t. (Akopian)	Artur Akopyan	URS	1989 named in 1997		
Alvarez	Double salto fivid. str. with 3/2 t. (Alvarez)	Guillermo Alvarez	USA	2009/E named in 2021		
Alvarino	From Swallow 2 s. press to Japanese hdst. (2 s.) (Alvariño)	Sergio Alvarino	ARG	1997/E named in 2001	E → D 2001	
Andrianov	Triple salto bwd. t. (Andrianov)	Nikolai Andrianov †	URS	1979/CC named in 1997	$CC \rightarrow D$ 1985 $D \rightarrow E$ 2001 $E \rightarrow F$ 2017	
Arican	Hdspr. fwd. 1/1 t. and Sallo fwd piked ½ t. (Arican)	Ferhat Arican	TUR	Newsletter 27 in 2014 named in 2014		Element and name deleted 31 12 2021

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Arican	Cast to straddle cut backward to handstand (Arican)	Ferhat Arican	TUR	2009/C named in 2009		
Azarian	Roll bwd slowly with str. arms and body to cross (2 s.). (Azarian)	Albert Azaryan †	URS	1964/C named in 1989	performed in 1954 C → D 1985	
Babos	Straddle cut bwd. directly to hang (Babos)	Adam Babos	HUN	Newsletter 32 in 2017/C named in 2017		
Balabanov	Double salto fivd. piked with ½ t. (Balabanov)	Yuri Balabanov †	URS	1989/D named in 1989		
Balabanov	Salto find. stretched (Balabanov)	Yuri Balabanov †	URS	1985/D named in 1997		
Balandin 1	From hang vertical pull up with straight arms to swallow (2 s.) (Balandin 1)	Aleksandr Balandin	RUS	2009/E named in 2009		
Balandin 2	From hang vertical pull up with straight arms to inv. cross (2 s.). (Balandin 2)	Aleksandr Balandin	RUS	2009/E named in 2009	E → F 2017	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Balandin 3	From hang vertical pull up with straight arms thr. swallow to sup. scale (2 s.) (Balandin 3)	Aleksandr Balandin	RUS	Newsletter 27 in 2014/E named in 2014		
Baldauf	Adler and 1/1 t. thr. hdst. in mixed grip with hop. (Baldaut)	Marco Baldauf	AUT	Newsletter 28 in 2015/D named in 2015		
Barbieri	Tsukahara t. with 2/1 t. (Barbieri)	Laurent Barbieri	FRA	1985 named in 1997		
Baumann	Giant swing bivd. with Makuts. (Baumann)	Christian Baumann	SUI	1997/E named in Newsletter 32 in 2017	E → F 2017 not in Code from 2001 to 2017	
Beckmann	From Stalder, stoop circle, or free hip circle bwd., counter salto fwd. strad. to hang (Beckman)	Mike Beckmann	FRG	1993/E named in 1997		Element and name deleted 31 12 2000
Behrend	Hdspr. fwd. w. 1/1 t. a, salto fwd. t. (Behrend)	Jörg Behrend	GDR	1985 named in 2001	not in Code from 1993 to 2001	Element and name deleted 31 12 2021
Bejenaru	Following hdst on 1 rail. Healy (360° or more) to support. (Bejenaru)	Niculae Bejenaru	ROM	2001/E named in Newsletter 32 in 2017	performed in 1988 E → D 2006	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Belenki	From handstand lower to scissors backward with 1/2 turn to rear straddle support (Belenky)	Valeri Belenki	URS	1993/C named in 1993	C → B 2001	Element and name deleted 31 12 2005
Belenki	Kehre bwd., kehre fwd., kehre bwd. (Belenki)	Valeri Belenki	URS	2001/D named in 2001		
Belyavskiy	Double salto fwd. piked. (Belyavskiy)	David Belyavskiy	RUS	1993/E named in 2013	E → F 2013 not in Code from 2001 to 2012	
Belle	Triple salto bwd. t. with 1/1 t. (Belle)	Maik Belle	GDR	1989/D named in 1989	$D \rightarrow E$ 1993 $E \rightarrow SE$ 1997 $SE \rightarrow F$ 2006 $F \rightarrow G$ 2017	
Belle	Fr. giant. sw. bwd., dbl. salto t. to up. arm hang. (Belle)	Maik Belle	GDR	1989/D named in 1989	D → E 1993 E→ D 2009	
Berki	1/1 spindle w. legs straddle or together on the pommels inside max. 2 circles. (Berki)	Krisztian Berki	HUN	1989/D named in 2017	D → E 2017 not in Code from 1997 to 2017	
Bertoncelj	Kehr with 270°t on 1 p. (Sohn technique) from side to crass support. (Bertonceli)	Saso Bertoncelj	SLO	2013/C named in Newsletter 33 in 2017		

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Bezugo	Reverse Stockli with 360° t. on 1 pommel. (Bezugo)	Filipe Bezugo	POR	1989/D named in 2009	D→E 1993	
Bhavsar	Pull with straight body and arms through moment. front lever to swallow (2 s.). (Bhavsar)	Raj Bhavsar	USA	2001/E named in 2001		Element and name deleted 31 12 2021
Bhavsar	Swing forward, straddle cut backward, and regrasp with straight body at horizontal. (Bhavsar)	Raj Bhavsar	USA	2009/E named in 2009		
Bilozerchev	Fr. cr. sup. on end, tr. fwd. in 2 circles to 1st p., to 2st p., with 1/2 turn to side sup. on other end (3/3). (Bilozerchev)	Dmitry Bilozerchev	URS	1989/D named in 1989	D → C 1993	
Bilozerchev	Stutzkehr fwd. to hdst. sideways on 1 rail (Bilozerchev)	Dmitry Bilozerchev	URS	1993/D named in 1993		
Blanik	Handspring fwd. and dbl. salto fwd. piked.	Leszek Blanik	POL	2001 named in 2001		
Borkai	From side support fw on end, DSA 3x between the p. or p. between the hands (Borkal)	Zolt Borkai	HUN	1989/D named in 1989		Element and name deleted 31 12 2000

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Brändström	Hdst. with % t. and fall back to sup. with % t. (Brändström)	Per Brändström	SWE	2001/C named in 2001		
Brandtoft	Salto fivel. I. with ¼ t: to hang on 1 rail. (Brandtoft)	Morten Brandtoft	DEN	1989/C named in 1989	Element named "Gonera" in 1993	Name deleted 31 12 1992
Bretschneider	Kovacs with 2/1 t. (Bretschneider)	Andreas Bretschneider	GER	Newsletter 28 in 2015/H named in 2015		
Bryan	Scissor fwd. 1/4 t. to hdst., 1/4 t. and straddle down bwd on 1 arm on the other pommel. (Bryan)	Casey Bryan	USA	1997/D named in 1997	$D \rightarrow C 2001$ $C \rightarrow D 2006$ $D \rightarrow C 2022$	
Burkhart	Any 3/3 travel with full Spindle from one end to another. (Burkhart)	Taylor Burkhart	USA	Newsletter 1 in 2022/E named in 2022		
Busnari	Reverse Stockli, DSA or pommel circle strad. through hdst., 3/3 travel (fwd bwd), 360° turn to flairs. (Busnari)	Alberto Busnari	ITA	2013/G named in 2013	G → F 2017	
Canbas	Hdspr. fivd. and salto fivd. t. w. 2/1 t. (Canbas)	Murat Canbas	TUR	1997 named in 1997		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Carballo	Swing field to hdst., hop to support. (Carballo)	Jesus Carballo	ESP	1997/C named in 1997	C → B 2001	
Carballo 2	From hdst with rotated grip, inlocate to support. (Carballo 2)	Jesus Carballo	ESP	1997/D named in 2001	D → C 2001	
Carballo	Stoop circle fwd. to straddle cut with ½ t. (Carballo)	Jesus Carballo	ESP	1997/E named in 1997	E → C 2001	
Carminucci	Swing fwd. w. 1/1 t. to up. arm hang. (Carminucci)	Giovanni Carminucci †	ITA	1971/C named in 1971	C → B 2001	
Carmona	Through hang rearways press with straight arms and straight body to inverted cross (2 s.). (Carmona)	Regulo Carmona	VEN	2013/F named in 2013		
Cassina	Kovacs stretched with 1/1 turn (Cassina)	lgor Cassina	ITA	2001/SE named in 2001	SE→ F 2006 F → G 2009	
Celen	Basket to handstand with inlocation (el-grip) and hop to hdst. (Celen)	Suat Celen	TUR	Newsletter 2002/D named in 2009	Same element as "Cucherat"	

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Chaguinian	3 x Schwabenflank to Wende (Chaguinian)	Grant Chaguinian †	URS	1964/C named in 1964	performed in the 1950's C → B 1982	
Chartrand	Giant swing bwd. and salto with 1/4 t to hang on the end. (Chartrand)	Philippe Chartrand	CAN	1989/D named in 1989	$D \rightarrow C 1993$ $C \rightarrow B 2001$ $B \rightarrow C 2006$	
Chechi	Uprise fivd. and counter sallo fivd. to bivd swing in hang. (Chechi)	Jury Chechi	ITA	1997/B named in 1997		
Chiarlo	Basket to one rail hdst. (Chiarlo)	Lucas Chiarlo	ARG	2009/E named in 2009	E → D 2017	
Chung	Cross bar Jäger salto (Chung)	Chung-Sik Han	KOR	1993/D named in 1993		Element and name deleted 31 12 2000
Cingolani	From hang vertical pull up support and press to handstand with straight arms and body (Cingolani)	Andrea Cingolani	ITA	2021/D named in 2021		
Colak	Vertical pull up with str. arms to V-cross (2 s.). (Colak)	lbrahim Colak	TUR	Newsletter 32 in 2017/E named in 2017		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Conner	Straddle L-sit on one rail with 180° or 360° turn (Conner)	Bart Conner	USA	1993/B named in 1993	B → A 1997	Element and name deleted 31 12 2000
Csollany	Uprise fivd. from Li Ning and counter salto fivd. to bivd swing in hang. (Csollany)	Szilveszter Csollany †	HUN	1997/B named in 1997		Element and name deleted 31 12 2021
Csollany 2	Li Ning to sup., immed swing to inv. cross (2s.) (Csollány 2)	Szilveszter Csollany †	HUN	1997/E named in 1997	E → D 2006	Element and name deleted 31 12 2008
Cucherat	Basket to handstand with inlocation (el-grip) and hop to hotst. (Cucherat)	Yann Cucherat	FRA	Newsletter 2002/D named in 2006	Same element as "Celen"	
Cuervo	Handspring vw. w 1/2 turn and salto bw. (Cuervo)	Jorge Cuervo	CUB	1975 named in 1975		
Cuervo	From one arm Giant swing: Straddle cut backward over the bar then regrasping to forward swing (Cuervo)	Jorge Cuervo	CUB	1985/D named in 1985		Element and name deleted 31 12 1996
Daggett	Scissor bw. with 1/2 counter turn (Daggett)	Tim Daggett	USA	1989/C named in 1989		Element and name deleted 31 12 2000

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Dalaloyan	Double salto fwd. piked with 1/2 t. (Dalaloyan)	Artur Dalaloyan	RUS	2013/G named in Newsletter 36 in 2019	G → F 2022	
Dalton	(Dalton)	Jacob Dalton	USA	Newsletter 30 in 2016/E named in 2016		
Darrigade	Glide kip to straddle cut backward to Handstand (Darrigade)	Sebastien Darrigade	FRA	1997/D named in 1997		Element and name deleted 31 12 2000
Dauser	Giant swing bwd, with Makuts to upper hang. (Dauser)	Lukas Dauser	GER	1997/D named in Newsletter 28 in 2015		
Davtyan	Slow roll fied, with str. body and arms to Cross (Davtyan)	Artur Davtyan	ARM	Newsletter 28 in 2015/D named in 2015		
Davtyan	Reverse Stockii with 270° t. (Bezugo technique) from side support on 2 pommels to 1 pom. (Davtyan)	Artur Davtyan	ARM	Newsletter 1 in 2022/C named in 2022		
Deff	Swing fwd. and sallo bwd. w. 3/2 i. to hang. (Deff)	Jaques Def	FRA	1982/CC named in 1989	CC→D 1989 D→E 1993 E→F 2017	

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Deferr	Jump fwd. with 1/2 t. to dbl. salto bwd. t. (Deferr)	Gervasio Deferr	ESP	2001/D named in 2001		
De Freitas	% Diamidov and rear vault to side hang on 1 bars (De Freitas)	Shane de Freitas	BAR	Newsletter from 1999/D named in 1999		
Delesalle	On end, Russian wende swing (360°). (Delesalle)	Philip Delesalle	CAN	1993/C named in 1993		Element and name deleted 31 12 2021
Deltchev	Swing fwd. and salfo bwd. strad. w. ½ t. to hg. (Deltchev)	Stoyan Deltchev	BUL	1979/C named in 1979		
Deltchev	Felge upward to support with straddled legs supported above the rings (2.s.). (Deltchev)	Stoyan Deltchev	BUL	1985/A named in 1985	$A \rightarrow B 1989$ $B \rightarrow A 1997$ $A \rightarrow B 2001$	
Diamidov	Swing field, w. 1/1 t. on 1 arm to hist. (Diamidov)	Sergey Diomidov	URS	1968/C named in 1968		
Dimic	Stützkehr fwd. (90°) with hop to handstand on the opposite bar (Dimic)	Alen Dimic	SLO	2013/D named in 2013		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Dimitrenko	Roll bwd with salto bwd tuck to upper arm hang. (Dimitrenko)	Alexei Dimitrenko	KAZ	1997/E named in 2001		
Dolidze	From pommels, circle with 90° turn Russian Wendeswing 270° on one pommel to handstand (Dolidze)	Dachi Dolidze	GEO	FIG Homepage 2023 named in 2023		
Dragulescu	Handspring vw. and double salto vw. t. with 1/2 turn (Dragulescu)	Marian Dragulescu	ROM	1993 named in 2001		
Driggs	Kasamatsu str. with 3/2 t. (Driggs)	Abel Driggs Santos	CUB	1997 named in 1997		
Driggs	3/3 cross support travel fivd. with hop. (Driggs)	Abel Driggs Santos	CUB	Newsletter from 2003/E named in 2006	E → F 2022	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Endo	Free circle fived. straddled thr. hdst. (Endo)	Yukio Endo †	JPN	1964/B named in 1968	C → B 1982 Before 1968 it was called "Stalder vorward"	
Endo	Jump bwd. with pike-stretch to front support. (Endo)	Yukio Endo †	JPN	1989/B named in 1997	In the Code version 1993 the element was called "Nakayama"	
Eichorn	Any side support 1/1 spindle with hand support to the other side and return (max. 2 flairs.). (Eichorn)	Waldemar Eichorn	GER	2013/E named in Newsletter 28 in 2015		
Esparza	Giant swing backward with ½ t. and 3/2 salto forward piked to upper arm hang. (Esparza)	Orlando Esparza	MEX	Newsletter 35 in 2019/G named in 2019		
Fardan	Triple salto bwd. p. (Fardan)	Kasper Fardan	DEN	1993/E named in 1997	$E \rightarrow SE$ 1997 $SE \rightarrow E$ 2006 $E \rightarrow G$ 2017	
Faulk	Double salto straight with 3/2 turn over the bar (Faulk)	Caleb Faulk	JAM	Newsletter 2 in 2022/E named in 2022		
Fedorchenko	Double salto bwd. str. with 3/1 t. (Fedorchenko)	Sergey Fedorchenko	KAZ	1993/E named in 1997	E → SE 1997 SE → F 2006	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Fedorchenko	Russian wendeswing with 1080° or more. (Fedorchenko) PANAMANAMANAMANAMANAMANAMANAMANAMANAMANA	Sergey Fedorchenko	KAZ	1997/D named in 1997	D → C 2006	
Fischer	Double salto fivd. tucked with 3/2 t (Fischer)	Jens Fischer	GDR	1989/D named in 1989		
Fokin	Giant swing bwd. and salto with 1/2 str to up. arm hang. (Fokin)	Anton Fokin	UZB	2017/D named in 2017	D → E 2022	
Fuentes	Adler and 1/1 t. thr. hdst. in double el-grip with hop (Fuentes)	Jose Luis Fuentes Bustamante	VEN	Newsletter 30 in 2016/E named in 2016		
Gabitov	From cross support with straddled legs on one pommel: travel scissor backward through handstand w. 1/4 turn and handspring sideward to support with straddled legs on other end of horse (Gabitov)	Rodion Gabitov	URS	1989/D named in 1989		Element and name deleted 31 12 1996
Gagnon	Basket roll backward with tuck salto 1/s to upper arm hang. (Gagnon)	Joel Gagnon	CAN	Newsletter 32 in 2017/C named in 2017		
Gagnon 2	Basket roll backward with str. salto ½ to upper arm hang. (Gagnon 2)	Joel Gagnon	CAN	Newsletter 33 in 2017/D named in 2017		

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Gatson (1)	Swing bwd. with 1/1 t. hop to hdst. (Gatson 1)	Jason Gatson	USA	1997/E named in 1997 ("Gatson")	E → D 2001 Since 2003 called "Gatson 1"	
Gatson 2	Gatson 1 with ¼ t to hdst. on 1 rail and ¼ t. hdst. on 2 rails. (Gatson 2)	Jason Gatson	USA	Newsletter from 2003/E named in 2003		
Gaylord	Salfo fivid tuck over the bar (Gaylord)	Mitch Gaylord	USA	1985/D named in 1985		
Gaylord 2	Salto bwd. ½ t. piked over the bar. (Gaylord 2)	Mitch Gaylord	USA	1989/D named in 1989	$E \rightarrow D 1993$ $D \rightarrow E 2001$ $E \rightarrow D 2006$	
Gienger	Swing fwd. and salto bwd. piked w. ½t. to hang (Gienger)	Eberhard Gienger	FRG	1979/C named in 1979		
Ginsberg	Giant swing fw. to hdst. (Ginsberg)	Brian Ginsberg	USA	1989/C named in 1989	C → D 1993	Element and name deleted 31 12 2000
Giraldo	Moy and salto fivil. t., p. or strad. to upper arm hang (Giraldo)	Jorge Hugo Giraldo	COL	Code Update 2 in 1999/D (tucked) Newsletter 2002/E (piked) named in Newsletter 30 in 2016	E → D 2006	

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Gogoladze	Flair to hdst. continue to flair (Gogoladze)	Vladimir Gogoladze	USR	1989/D named in 1989	D → C 2006	
Gonera	Salto fwd. t. or p. with ¼ t. to hang on 1 rail. (Gonera)	Andrzej Gonera	POL	1989/C as "Brandtoft" named "Gonera" in 1993	C → B 2001	Name deleted 31 12 1996
Gonzales	Salto bwd. str. with 7/2 t. (Gonzales)	Enrique Tomas Gonzales Sepulveda	СНІ	Newsletter from 2003/E named in Newsletter 34 in 2018		
Goshima	Salto fived. str. with 7/2 t. (Goshima)	Takahiro Goshima	JPN	Newsletter 32 in 2017/G named in 2017		
Gracia	Honma to V sit (Gracia)	Cesar Gracia	MEX	Newsletter 2 in 2022/C named in 2022		
Gueraskov	Reverse Stockli through hdst., and lower to support with straddled legs (Gueraskov)	Lubomir Gueraskov	BUL	1989/D named in 1989	D → C 1997 not in the Code Version 2001	name deleted 31 12 1996 element deleted 31 12 2021
Gushiken	Giant swing bwd. with ½ t. to up. arm hang. (Gushiken)	Koji Gushiken	JPN	1985/D named in 1985	D → C 1993	

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Guczoghy	Tucked double felge bwd. to hang. (Guczoghy)	György Guczoghy	HUN	1985/D named in 1985	D → C 2001	
Harada	Roll bwd. with 1/2 t. tuck to upper arm hang. (Harada)	Mitsumi Harada	JPN	1993/E named in 2013	E → D 2013 not in Code from 2001 to 2012	
Hayase	DSB to wendeswing fw. w. 1/2 turn to other end to wendeswing fwd. w. 3/4 turn (Hayase)	Yukihiro Hayase	JPN	1989/D named in 1989		Element and name deleted 31 12 2000
Hayase	Fr. end beside p., rev. Stöckli over 2p, to wendeswing fwd. w. 1/2 t. to s.sup. beside the p. on the other end (Hayase)	Yukihiro Hayase	JPN	1997/D named in 1997		Element and name deleted 31 12 2000
Hayden	Double salto bwd. str. w. 1/1 t. over the bar. (Hayden)	Dan Hayden	USA	1989/D named in 1989		
Häußler	From side support frontways on one end of horse: wendeswing fixd. w. 1/2 turn to support frontways on the pommels followed by 1/2 Russian wendeswing on one pommel, flank fixd. to support rearways in side support (Häußler)	Heinz Häussler	FRG	1979/C named in 1982	C → B 1985	Name deleted 31 12 1984 Element deleted 31 12 1992
Healy	Healy to support (Healy)	Peter Healy †	USA	1968/D named in 1968	$C \rightarrow CC$ 1979 $CC \rightarrow D$ 1985 $D \rightarrow C$ 1989 $C \rightarrow D$ 2001	

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Hoffmann	Triple salto bwd. t. over the bar (Hoffmann)	Ulf Hoffmann	GDR	1985/D named in 1989	D → E 2001 E → F 2017	
Honma	Backward swing to salto fwd. p. to support	Fumio Honma	JPN	1971/C named in 1975	C → B 1989	
Honma	Bwd. uprise and salto fwd. p. to sup. (Honma)	Fumio Honma	JPN	1979/C named in 1989	C → D 2006 Called "Japanese Salto" from 79 to 89	Name deleted 31 12 2000
Huang Liping	Double salto p. to up. arm hang. (Huang Liping)	Liping Huang	CHN	1997/SE named in 2013	SE → E 2001	
Hutcheon	Round off, ½ t. and hdspr, fwd. and salto fwd. str. with ½ t. (Hutcheon)	Simon Hutcheon	RSA	1997 named in 1997		
Hürzeler	Diamidov and 1/4 turn to one rail and straddle dismount (Hürzeler)	Roland Hürzeler	SUI	1971/C named in 1971		Element and name deleted 31 12 1988
Hypolito	Jump bwd. with ½ t. to dbl. sallo fwd. piked w. 1/1 t (Hypolito)	Diego Hypolito	BRA	2006/F named in 2006		

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Jansen	Stalder ½ t. to rear vault with ½ t. to hang. (Jansen)	Espen Jansen	NOR	2013/C named in 2013		
Jarman	Double salto straight backward with 3 1/2 turn (Jarman)	Jake Jarman	GBR	FIG website 2023/I named in 2023		
Jäger	Swing bwd. and salto fwd. strad. to hg. (Jäger)	Bernd Jäger	GDR	1979/C named in 1979		
Jessen	DSA with hop bwd. through hdst. on other end. (Jessen)	David Jessen	CZE	Newsletter 35 in 2019/D named in 2019		
Jonasson	Double salto fwd. piked (Jonasson)	Jonas Jonasson	SWE	1989/D named in 1989	D → C 1993 C → D 2006	
Jovtchev	From inverted cross lower slowly to inverted hang and felge bwd. slowly to swallow (2 s.). (Jotchev)	Jordan Jovtchev	BUL	2006/D named in 2006		
Juarez	Basket with salto piked to upper arm (Tejada piked) (Juarez)	Josue Juarez	MEX	Newsletter 36 in 2019/F named in 2019		

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Juarez 2	5/4 salto vw piked to long hang swing (Juarez 2)	Josue Juarez	MEX	Newsletter 36 in 2019/C named in 2019		
Kajiyama	Felge with ½ t. to rear support. (Kajiyama)	Hiroshi Kajiyama	JPN	1989/C named in 1989	$C \rightarrow D 1993$ $D \rightarrow C 2001$ $C \rightarrow D 2006$	Name deleted on 31 12 1992
Kajitani	From hang on end, dbl. salfo bwd. t. with 1/1 t. (Kajitani)	Nobujuki Kajitani	JPN	1985/D named in 1985	D → E 2022	Name deleted on 31 12 1992
Kan	Salto bwd. str. with 2/1 t. (Kan)	Andrey Kan	BLR	1979/C named in Newsletter 30 in 2016	C → D 1985	
Kasamatsu	Hdspr. sw. w. ¼ t. a. salto fwd. t. w. ½ t. (Kasamatsu)	Shigeru Kasamatsu	JPN	1975 named in 1975		
Kato	Bent arm swing fwd. to hop % t. to sup. (Kato)	Sawao Kato	JPN	1979/B named in 1979	B → C 1993 C → B 1997	
Kato	Double saito bwd. t. with 1/1 t. (Hiroyuki Kato)	Hiroyuki Kato	JPN	1985/D named in 2009	$D \rightarrow E$ 1993 $E \rightarrow SE$ 1997 $SE \rightarrow F$ 2006 $F \rightarrow G$ 2013	

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Kato	Back Uprise to V Cross (2 s.). (Kato)	Ryohei Kato	JPN	Newsletter 27 in 2014/D named in 2014		
Keikha (1)	Side support. 1/1 spindle with both pommels between the hands (flair or circle). (Keikha 1)	Saeedreza Keikha	IRN	2001/E named in Newsletter 32 in 2017	E → F 2013 Named "Kheika 1 " in 2022	
Keikha 2	Side support, 's spindle with both pommels between the hands (flair or circle). (Keikha 2)	Saeedreza Keikha	IRN	Newsletter 32 in 2017/C named in 2017		
Keikha 3	Direct Stockii A (DSA) outside pommels. (Keikha 3)	Saeedreza Keikha	IRN	Newsletter 34 in 2018/D named in 2018		
Keikha 4	Travel backward with 1/2 spindle over the pommels (Kheika 4)	Saeedreza Keikha	IRN	Newsletter 34 in 2018/E named in 2018		
Keikha 5	From cross support rearways, full spindle over both pommels within 2 circles (Keikha 5)	Saeedreza Keikha	IRN	Newsletter 34 in 2018/F named in 2018		
Keikha 6	Direct Stockii A (DSA) outside pommels. (Keikha 6)	Saeedreza Keikha	IRN	Newsletter 35 in 2019/D named in 2019		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Kenmotsu	Giant swing bivd. to hdst. (Kenmotsu)	Eizo Kenmotsu	JPN	1982/C named in 1989		
Kim	Yurchenko Stretched 3/1 t. KIM Hee Hoon	Hee Hoon Kim	KOR	1997 named in Newsletter 27 in 2014	Element also called "Shirai" not in Code from 2001 to 2014	
Kierzkowski	Piatti stretched with ½ t. to mix el-grip into back uprise to hdst. (Kierzkowski)	Adam Kierzkowski	POL	2009/E named in Newsletter 28 in 2015	E → F 2017 F → E 2021	
Kolman	Kovacs with 1/1 t. (Kolman)	Lojze Kolman	SLO	1993/E named in 1993	$E \rightarrow SE 2001$ $SE \rightarrow F 2006$ $F \rightarrow E 2017$	
Kolyvanov	From side sup. on end. circle or flair to hdst. and travel 3/3 with 450° or more turn. (Kolyvanov)	Alexander Kolyvanov	URS	2001/D named in 2001		
Kolyvanov	Salto bwd. str. with 2/1 t and salto bwd piked. (Kolyvanov)	Alexander Kolyvanov	URS	2001/E named in 2006	E → F 2006	
Konishi	From side support rearways on end of horse: reverse Stockli with hop change to side support frontways on end of horse next to pommels (3/3) (Konishi)	Hiroyuki Konishi	JPN	1993/D named in 1993		Element and name deleted on 31 12 2000

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Korobchynski	Thomas stretched (Korobchynski)	lgor Korobchynski	URS	1993/E named in 2006		Element and name deleted on 31 12 2016
Korolev	Giant swing bwd. with straddle cut to support or bent arms support. (Korolev)	Yuri Korolyov †	URS	1982/CC named in 1985	$CC \rightarrow D$ 1985 $D \rightarrow C$ 2001 $C \rightarrow D$ 2009	
Korosteljev	Salto bw. stretched with 3/2 turn and salto vw. tucked (Korosteljev)	Andrej Korosteljev	CRO	Newsletter 30 in 2016/D named in 2016	D → E 2017	
Koudinov	Gaylord with 1/1 t. (Koudinov)	Mikhail Koudinov	NZL	Newsletter 33 in 2017/G named in 2017		
Kovacs	Double saito bwd. t. over the bar. (Kovacs)	Peter Kovacs	HUN	1982/CC named in 1985	$CC \rightarrow D$ 1985 $D \rightarrow E$ 1993 $E \rightarrow D$ 2001	
Kovtun	Back toss from upper arm with 1/4 turn to one rail (Kovtun)	Illia Kovtun	UKR	2021/C named in 2021		
Köste	Steinemann uprise with stoop out (Köste)	Klaus Köste †	GDR	1971/C named in 1971	C → B 1989 not in Code Version 1985	Element deleted on 31 12 1996 Name changed to other element

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Köste	Steineman uprise w. stoop out to hdst. (Köste)	Klaus Köste †	GDR	1989/C named in 2006	Element was called Nakayama from 1997 to 2005	Element deleted on 31 12 2012 Name changed to other element
Köste	Steinemann uprise w stoop out to hdst. (Köste)	Klaus Köste †	GDR	2013/C named in 2013		
Köste	Uprise bwd. and salto bwd t. (Köste)	Klaus Köste †	GDR	1975/B named in 1979	B → A 1985	Element and name deleted on 31 12 2021
Kroll	Flank find to sup, between the p., wendeswing bind, with 270° to side sup, fiv. beside the p. (Kroll)	Sylvio Kroll	GDR	1989/C named in 1989	C → B 2006 B → C 2009	
Kroll	Hdspr. fwd. and salto fwd. t. w. 3/2 t. (Kroll)	Sylvio Kroll	GDR	1989 named in 1989		
Kuavita	Double salto backward with 1/2 turn to upper arm hang (Kuavita)	Noah Kuavita	BEL	2021/F named in 2021		
Kulesza	Tkatchev straddled ½ t. to double eigrip. (Kulesza)	Roman Kulesza	POL	2013/E named in 2013		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Kurbanov	Travel backward in cross support over both pommels. (Kurbanov)	Nariman Kurbanov	KAZ	Newsletter 33 in 2017/E named in 2017		
Kwon	Cross bar Gienger Salto (Kwon)	Min Young Kwon	KOR	1989/D named in 1989	D → C 1993	Element and name deleted on 31 12 2000
Kwon	Cross bar double salto dismount (Kwon)	Min Young Kwon	KOR	1989/D named in 1989	D → C 1993	Name deleted on 31 12 1992 Element deleted on 31 12 1996

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Larduet	Double salto fivd. tucked with 1/1 t. (Larduet)	Manrique Larduet	CUB	2017/G named in 2017		
Lee	5/4 salto find strad directly to hang. (Lee Chul Hon)	Chul Hon Lee	KOR	2013/E named in 2013	Same element as "Sasaki"	
Li Donghua	Glide kip through V-sit and hop 1/2 turn to hang on other rail. (Li Donghua)	Donghua Li	SUI	1997/C named in 1997	C → B 2001	
Likhovitskiy	Koste ½ turn to elgrip. (Likhovitskiy)	Andrey Likhovitskiy	BLR	Newsletter 27 in 2014/D named in 2014		Name and Element deleted 31 12 2021
Li Ning	Scissor fwd. w. ½ t. through hstd. on 1 p., lower to sup. w. strad. legs on the other arm. (Li Ning)	Ning Li	CHN	1982/CC named in 1989	$CC \rightarrow D$ 1985 $D \rightarrow C$ 2001 $C \rightarrow D$ 2006	
Li Ning	Thomas Flair with 1/2 turn (Czechkehre) with support between the pormels (Li Ning)	Ning Li	CHN	1989/B named in 1989		Name and Element deleted 31 12 1996
Li Ning	From a hang, back toss to hang nv. to uprise fived to support (Li Ning 1)	Ning Li	CHN	1985/D named in 1985	D → C 1993 C → B 1997	Name and Element deleted 31 12 2021

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Li Ning	From support, back toss to hang rw. to uprise hvd. to support (Li Ning 2)	Ning Li	CHN	1989/D named in 1989	D → C 1997 C → B 2017	Name and Element deleted 31 12 2021
Li Ning	Giant Swing with 1/2 turn to support (LI Ning)	Ning Li	CHN	1985/D named in 1985		Name deleted 31 12 1988 Element deleted 31 12 2005
Lipski	1 1/2 Salto bw. stretched with 5/2 turn to roll out (Lipski)	Andrei Lipski	BUL	2001/SE named in 2001		Name and Element deleted 31 12 2005
Liukin	Triple salto bwd. tucked. (Liukin)	Valeri Liukin	URS	1982/CC named in 1989	$CC \rightarrow D \ 1985$ $D \rightarrow E \ 1993$ $E \rightarrow SE \ 2001$ $SE \rightarrow F \ 2006$ $F \rightarrow G \ 2009$ $G \rightarrow H \ 2017$	
Liukin	Tkatchev stretched with 1/1 t. (Liukin)	Valeri Liukin	URS	1993/E named in 1997	E → SE 1997 SE → E 2001 E → F 2009	
Li Xiaopeng	Round off, ½ L and hdspr. fwd. and salto fwd. str. with 5/2 L (Li Xiao Peng)	Xiaopeng Li	CHN	2001 named in 2001		
Li Xiaopeng	Roll bwd with salto bwd piked to upper arm hang. (Li Xiaopeng)	Xiaopeng Li	CHN	Newsletter 2003/SE named in 2013	SE → F 2006	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Li Xiaoshuang	From sup. lower slowly to hang, and pull with str. arms to cross (2 s.). (LI Xiaoshuang)	Xiaoshuang Li	CHN	1993/D named in 1993	D → C 2001	
Li Yuejiu	Straddled 3/2 salto sdw., ½1 to roll fwd. (Li Yuejiu)	Yuejiu Li	CHN	1982/CC named in 1985	$CC \to D \ 1985$ $D \to C \ 1989$ $C \to D \ 1993$ $D \to C \ 2006$	Name and Element deleted 31 12 2016
Loos	Reverse Stöckli with hop backwards through handstand on other end	Riley Loos	USA	2021/D named in 2021		
Lopez	Kasamatsu str. with 2/1 t. (López)	Eric Lopez Rios	CUB	1997 named in 1997		
Lou Yun	Double salto straddled with 1/1 t. (Lou Yun)	Yun Lou	CHN	1989/D named in 1989	D→E 1993	
Lou Yun	Hdspr. fwd. and salfo fwd. str. w. 3/2 t. (Lou Yun)	Yun Lou	CHN	1989 named in 1989		
Lu Yu Fu	Tsukahara with salto bwd. piked. (Lu Yu Fu)	Yu Fu Lu	CHN	2001 named in 2001		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Lynch	Tkatchev straddled with ½1. to mix el-grip into back uprise to hdst. (Lynch)	Jair Lynch	USA	2013/D named in 2013	D → C 2022 Performed 1992	
Magyar	From cross support frontways on end of horse: travel circles fad with support on pommet, middle, far pommet, and ending in cross support on far end or horse (3/3) (Magyar)	Zoltan Magyar	HUN	1975/C named in 1975	C → D 1985 Not in the Code Version 1979 (3 Elements C+C+C)	
Magyar	Cross support frontways on end 1/1 spindle in 1 circle (Magyar)	Zoltan Magyar	HUN	1979/CC named in 1979	$CC \rightarrow D$ 1985 $D \rightarrow E$ 1997 $E \rightarrow D$ 2006	
Magyar	Circles with hop travel find. in side support (Magyar)	Zoltan Magyar	HUN	1979/C named in 1989	C → B 1997 Not in the Code Version 1985	Name deleted 31 12 1992
Makuts	34 Diamidov & 34 Healy on the other hand to supp. (Makuts)	Bogdan Makuts	URS	1985/D named in 1985	D → E 2017	
Manna	V-sit with legs horiz. (2 s.). (Manna)	Bob Manna	USA	1985/C named in 1993		
Maras	Salto vw. piked over the bar w. 1/2 turn (Maras)	Vlasios Maras	GRE	2006/E Named in Newsletter 27 in 2014	E → F 2009 F → G 2017	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Marinich	Hdsp. salto fwd. tucked (Marinich)	Vitaly Marinich	URS	1993/C named in 1993	C → B 2001 B → C 2006	Name and Element deleted 31 12 2016
Marinich	Giant swing bwd. with ½ t. to support. (Marinitch)	Vitaly Marinich	URS	1997/D named in 2009		
Markelov	Back uprise and strad. hecht with ½t. to hg. (Markelov)	Vladimir Markelov †	URS	1979/C named in 1979		
Markelov	Bwd. uprise with ½ t. and straddle cut bwd to upper arm hang. (Markelov)	Vladimir Markelov †	URS	1985/D named in 1989	D → C 1989 C → B 2001	Name deleted 31 12 1996
Marchenko	Basket forward to hang. (Marchenko)	Vladimir Marchenko	URS	1985/B named in 1985	B → A 1993	Name deleted 31 12 1988 Element deleted 31 12 2000
Marchenko	Basket forward to support. (Marchenko)	Vladimir Marchenko	URS	1985/C named in 1989	C → B 1993 B → A 2006	Name deleted 31 12 1996
Matsunaga	Giant swing bwd. and salto with ½ t. to upper arm hang (Matsunaga)	Masayuki Matsunaga	JPN	1993/D named 2023		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
May	3/4 Arabian onto the horse and handspring off (May)	James May	GBR	1993 named in 1993		Name and Element deleted 31 12 1996
Melissanidis	Yurchenko and salto bwd. t. (Melissanidis)	loannis Melissanidis	GRE	1993 named in 2001		
Menichelli	From Hdst. lower to rear support and push off with one foot back to handstand (Menichelli)	Franco Menichelli	ITA	1968/B named in 1993	$B \to C$ 1975 $C \to B$ 1979 $B \to A$ 1985 $A \to B$ 1989 $B \to A$ 1993	Name and Element deleted 31 12 2021
Menichelli	Shoot up with ¼ t. to hdst. (Menichelli)	Franco Menichelli	ITA	1968/C named in 1993	C → D 2013	Name deleted 31 12 2000
Mikulak	Double scissor forward with hop sideways from one end to the other (3/3). (Mikulak)	Sam Mikulak	USA	2013/D named in 2013		
Minami	Double salto backward with 7/2 turn (Minami)	Kazuki Minami	JPN	Newsletter 3 in 2023/H named in 2023		
Miyachi	Kovacs stretched with 2/1 turn. (Miyachi)	Hidetaka Miyachi	JPN	Newsletter 33 in 2017/I named in 2017	First "I"-part in history	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Mogilny	Kehre fwd., rev. Stockli, kehre fwd. (Moguliny)	Valentin Mogilny †	URS	1993/D named in 1993		
Molinari	(Molinari)	Federico Molinari	ARG	2013/D named in 2013		
Morandi	Handspring salto fwd. tuck (Morandi)	Matteo Morandi	ITA	1997/D named in 2013		
Morisue	Double salto t. to up. arm hang. (Morisue)	Shinji Morisue	JPN	1985/D named in 1985	D → E 1993 E → D 2001	
Morisue	Glide kip to strad. cut bwd followed by strad. cut fw. to support (Morisue)	Shinji Morisue	JPN	1989/C named in 1989	Not in Code Version 1993	Name deleted 31 12 1992 Element deleted 31 12 2000
Moy	From support lower to hang and front uprise to upper arm hang (Moy)	Willy Moy †	FRA	1985/A named in 1985	One and only "Moy" from 1985 to 1992	Element deleted 31 12 1992 Name changed to another element
Moy	From Hdst., lower to support and front uprise to upper arm hang (Moy)	Willy Moy †	FRA	1993/A named in 1993	One and only "Moy" from 1993 to 2000	Element deleted 31 12 2000 Name changed to another element

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Moy	May to support bent legs (May)	Willy Moy †	FRA	1989/C named in 2001	C → B 1993 B → C 2006 C → B 2017 One and only "Moy" from 2001 to 2006	Lost name 31 12 2016 One of two "Moy" from 2006 to 2016
Moy	Moy to support str. legs (Moy)	Willy Moy †	FRA	1989/D named in 2006	D → C 1993 One and only "Moy" since since 2016	One of two "Moy" from 2006 to 2016
Moznik	Tkatchev stretched with 1/4 L to mix el-grip into back uprise to hdst. (Moznik)	Mario Moznik	CRO	2009/E named in 2009	E → D 2022	
Munoz	Yamawaki ½ t. stretched to mixed grip into back. uprise to hdst. (Muñoz)	Sergio Munoz	ESP	2013/E named in 2013	Same element as "Pozzo"	
Muntean	Fwd. uprise and straddle cut bwd to hang. (Muntean)	Andre Vasile Muntean	ROM	Newsletter 33 in 2017/C named in 2017		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Nagorni	Triple salto bwd. piked: (Nagorni)	Nikita Nagorni	RUS	2022/I named in 2022		
Nakayama	Jump bwd. with pike-stretch to front support. (Nakayama)	Akinori Nakayama	JPN	1989/B named in 1993	Element named "Endo" in 1997	Name deleted 31 12 1996
Nakayama	From or through hanging scale rearways, with straight arms pull to cross or L-cross (2 s.). (Nakayama)	Akinori Nakayama	JPN	1985/D named in 1997		
Nakayama	From hang, underswing w. shoulders above rings. (Nakayama)	Akinori Nakayama	JPN	1997/A named in 1997	Performed in the early 70's	Name and element deleted 31 12 2021
Nakayama	Steineman uprise w. stoop out to hdst. (Nakayama)	Akinori Nakayama	JPN	1989/C named in 1997	Element named "Köste" in 2006	Name deleted 31 12 2005
Nemov	Round off, ½ L and hdspr. fivd. and sallo fivd., p. with ½ L (Nemov)	Alexei Nemov	RUS	1997 named in 1997		
Ng Kiu Chung	Nakayama to V cross (2 s.). (NG Kiu Chung)	Ng Kiu Chung	нск	Newsletter 28 in 2015/E named in 2015		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Ng Kiu Chung 2	Slowly roll fivd. str. w. str. arms through Cross and press to planche willhout first going to support (2 s.). (Ng Kiu Chung 2)	Ng Kiu Chung	HGK	Newsletter 28 in 2015/D named in 2015		
Nguyen	Shoot up with 3/4 t. to hdst. (Nguyen)	Marcel Nguyen	GER	Newsletter 31 in 2016/E named in 2016		
Nguyen	Sallo bwd. str. with 4/1 t. (Nguyen)	Tuan Dat Nguyen	VIE	1993/E Named in Newsletter 27 in 2014	E → SE 1997 SE → F 2006 Element also called "Shirai"	
Nin Reyes	Cross travel fwd. 3/3 with ½ Spindle from one pommel over the other pommel. (Nin Reyes)	Audrey Nin Reyes	DOM	Newsletter 27 in 2014/D named in 2014		
Nin Reyes 2	Travel 3/3 over both pommels with ½ Spindle. (Nin Reyes 2)	Audrey Nin Reyes	DOM	Newsletter 28 in 2015/E named in 2015		
Nikolay	Direct Stöckli B 3 times on 1 pommel (Nikolay)	Michael Nikolay	GDR	1985/D named in 1989		Name and element deleted 31 12 2000
Nolet	Moy piked with 1/1 t. to up. arm hang. (Nolet)	Alan Nolet	CAN	1997/D named in 1997	D → C 2001	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Novikov	Stutzkehr bwd. through hdst. to support. (Novikov)	Vladimir Novikov	URS	1993/C named in 1993		
Okubu	Glide kip to straddle cut backward to long-hang swing (Okubo)	Keitaro Okubo	JPN	Newsletter 36 in 2019/C named in 2019		
O′Neill	Stretched double felge bwd. to hang. (O'Neill)	Paul O´Neill †	USA	1993/E named in 1993		
Ono	Steineman uprise w. ½ t. to support. (Ono)	Takashi Ono	JPN	1979/C named in 1989	C → B 2001	
Pakhniuk	Backward uprilies and 5/4 Salto firdl. straddled to upper arm hang (Pakhniuk)	Petro Pakhniuk	UKR	Newsletter 37 in 2021/E named in 2021		
Pakhniuk 2	Backward uprise and 5/4 Salto feed, straddled to harry (Pakhniuk 2)	Petro Pakhniuk	UKR	Newsletter 37 in 2021/F named in 2021		
Pegan	Gaylord with ½ t. (Pegan)	Aljaz Pegan	SLO	1993/E named in 1997	E → F 2017	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Pegan	Diamidov with 5/4 t to hdst. (Pegan)	Aljaz Pegan	SLO	1997/E named in 1997		Name and element deleted 31 12 2016
Pellerin	180* russian wendeswing from one end of the horse to the other end through handstand to dismount (Pellerin)	Thierry Pellerin	CAN	Newsletter 36 in 2019/D named in 2019		
Penev	Jump bwd. with ½ t. to dbl. salto fwd. str. w. ½ t	Eddie Penev	USA	2013/F named in 2013	F → E 2017	
Peters	Salto bw. w. 1/4 turn on 1 rail (Peters)	Brad Peters	CAN	1985/D named in 1985		
Petrounias	Pineda to inverted Cross (2 s.) (Petrounias)	Eleftherios Petrounias	GRE	Newsletter 28 in 2015/E named in 2015		Name and element deleted 31 12 2021
Pham	Pineda through cross to support scale (2 s.). (Pham)	Phuoc Hung Pham	VIE	Newsletter 30 in 2016/D named in 2016		Name and element deleted 31 12 2021
Pham 2	Slow roll forward with straight body and arms through cross to swallow (2 sec). (Pham 2)	Phuoc Hung Pham	VIE	Newsletter 33 in 2017/E named in 2017		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Piasecky	Giant swing bwd. to hdst. on one rail (Piasecky)	Samuel Piasecky	SVK	Code Update 2 in 1999/D named in 2013	D → C 2017 Not in Code from 2001 to 2012	
Piatti	Free hip circle bwd to Tkatchev straddle (Platti)	Marco Piatti	SUI	1985/C named in 1985	C → D 1989 D → C 2001 C → D 2017 No name from 1989 to 1996	
Pineda	Pull with straight arms and body through momentary front lever to cross or L-cross (2 s.). (Pineda)	Antonio Telesforo Pineda	MEX	1989/D named in 1989		Name and element deleted 31 12 2021
Pineda	Glenger with ½ t, over the bar (Pineda)	Antonio Telesforo Pineda	MEX	1993/E named in 1997	$E \rightarrow SE$ 1997 $SE \rightarrow F$ 2006 $F \rightarrow G$ 2009	
Pinheiro	Czechkehre outside p. (Pinheiro)	Helder Pinheiro	POR	1997/D named in 1997		
Pogorelov	From el-grip, Jäger stretched with 1/1 turn (Pogorolev)	Alexander Pogorelov	URS	1997/SE named in 1997	SE \rightarrow E 2001 E \rightarrow F 2017 Performed in the early 80's	
Pozzo	Yamawaki ½ t. stretched to mixed grip into back uprise to hdst. (Pozzo)	Enrico Pozzo	ITA	2013/E named in 2013	Same element as "Munoz"	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Quast	Flying giant swing bwd. with 1/1 t. (Quast)	Ralf Quast	GDR	1982/C named in 1989		
Quintero	Carballo with 1/2 turn to mixed el-grip (Quintero)	Giovanni Quintero	COL	2001/D named in 2006		
Quintero	Quintero to el-grip (Quintero 2)	Giovanni Quintero	COL	2001/E named in 2001		Name deleted 31 12 2006
Quintero	Belle with 1/1 turn. (Quintero)	Giovanni Quintero	COL	Newsletter from 2003/SE named in 2006	$SE \rightarrow F$ 2006 $F \rightarrow G$ 2013	
Rehm	Hdspr. fwd. w. 1/1 t. and salto fwd. p. (Rehm)	Dieter Rehm	SUI	1997 named in 1997		Element and name deleted 31 12 2021
Reichert	3/2 salto bwd. with ½ L to up. arm hang. (Reichert)	Mario Reichert	GDR	1989/D named in 1989	Since 1993 the element is called "Suarez"	Name deleted 31 12 1992
Reid	Travel backward in cross support over both pommels in flairs with hop (Reid)	Michael Reid	JAM	Newsletter 3 in 2023/E named in 2023		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Richards	Fwd. uprise with 1/1 t. to handstand. (Richards)	Roberto Leon Richards	CUB	1982/CC named in 1985	CC → D 1985 D → E 1993	
Riek	Endo roll through wide arm straddle L to Japanese Hdst. (2 sec) (Riek)	Jack Riek	AUS	Newsletter 34 in 2018/C named in 2018		Element and name deleted 31 12 2021
Ri Jong Song	Double salto bwd. tucked with 3/1 t. (Ri Jong Song)	Jong Song Ri	PRK	1993/E named in 2006	$E \rightarrow SE 1997$ $SE \rightarrow F 2006$ $F \rightarrow G 2009$	
Ri Se Gwang	Double Tsukahara with 1/1 twist. (RI Se Gwang)	Se Gwang Ri	PRK	2009 named in 2009		
Ri Se Gwang 2	(RI Se Gwang 2)	Se Gwang Ri	PRK	2009 named in Newsletter 28 in 2015	Called Ri Se Gwang 2 since 2017	
Roche	Handspring fwd. and dbl. salto fwd. t. (Roche)	Jorge Felix Roche Silveira	CUB	1989 named in 1989		
Rodrigues	Uprise fwd. to inv. swallow w.o. supp. phase (2 s.). (Rodrigues)	Danny Pinheiro Rodrigues	FRA	2009/F named in 2009		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Rodriguez	From side support frontways on the pommels: Russian wendeswing 360° on saddle, wendeswing vw., immediate side travel to schwabenwende, ending in side support rearways (Rodriguez)	Alfonso Rodriguez	ESP	1993/D named in 1993		Name deleted 31 12 1996 Element deleted 31 12 2000
Roethlisberger	High wende and salto bwd t.or p. (Roethlisberger)	John Roethlisberger	USA	1989/D named in 1997		
Romero	Reverse Stockil from cross support on end to the far pommel (From 5-5 to 2-2) (Romero)	Diogo Romero	POR	Newsletter 36 in 2019/C named in 2019		
Roth	From cross support rearways. Reverse Stockil to support around the pommel, wendeswing forward to support around other pommel. Reverse Stockil to cross support frontways on end (Roth)	Bill Roth	USA	1993/D named in 1993	D → C 2001 Name changed to other element	Element deleted 31 12 2005
Roth	Russian wendeswing with 360° L and 3/3 travel (Roth)	Bill Roth	USA	2006/C named in 2006	C → D 2009	
Rumbutis	Salto bwd to handstand 1 rail (Rumbutis)	Sergei Rumbutis	URS	1985/D named in 2013	D → C 2017	
Rumbutis	Triple salto fivid. t. (Rumbutis)	Sergei Rumbutis	URS	1985/D named in 1997	$D \rightarrow E$ 1993 $E \rightarrow SE$ 1997 $SE \rightarrow F$ 2006 $F \rightarrow G$ 2017	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Rybalko	Giant swing bwd. with hop 3/2 t. to double el- grip. (Rybalko)	Dmitri Rybalko	KAZ	1997/E named in 1997	E → D 2006	
Salazar	Diamidov and ½ turn to upper arms. (Salazar)	Manuel Salazar	MEX	Newsletter from 2003/C named in Newsletter 27 in 2014	Never in Code before 2014	
Samiloglu	Tkatchev piked with 1/2 turn to mixed el-grip into back uprise to handstand. (Samiloglu)	Ümit Samiloglu	TUR	Newsletter 35 in 2019/D named in 2019	D → C 2022	
Sapronenko	Czech Giant and salto bwd piked with 1/2 turn to hang (Sapronenko)	Jevgenijs Sapronenko	LAT	Newsletter 27 in 2014/C named in 2014		
Sasaki	5/4 salto fwd. strad. through support to hang (Sasaki)	Sergio Sasaki	BRA	2013/E named in 2013	Same element as "Lee Chul Hon"	
Schachlin	Felge backward straddled with 1/1 turn to stand (Schachlin)	Boris Schachlin †	URS	1979/C named in 1993	C → B 1997 Performed in the early 60's	Element and name deleted 31 12 2000
Scherbo	Round off, jump bwd w. 1/1 t. to back hdspr. a. salto bwd. sh: (Scherbo)	Vitali Scherbo	URS GUS BLR	1993 named in 1993		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Sellathurai	Cross support 1/1 spindle within max. 2 circles with 1/3 travel (Sellathural)	Prashanth Sellathurai	AUS	2013/D named in Newsletter 30 in 2016		Element and name deleted 31 12 2021
Sellathurai 2	Cross support 1/1 spindle with hands between the pommels max. 2 circles with 1/3 travel (Sellathural 2)	Prashanth Sellathurai	AUS	2013/E named in Newsletter 30 in 2016		Element and name deleted 31 12 2021
Shaham	Kovacs with 3/2 t. to mix grip. (Shaham)	Noam Shaham	ISR	2006/F named in 2006	F → G 2009	
Shewfelt	Yurchenko stretched with 5/2 t. (Shewfelt)	Kyle Shewfelt	CAN	2006 named in 2006		
Shirai	Salto bwd. str. with 4/1 t. (Shirai)	Kenzo Shirai	JPN	1993/E named in Newsletter 27 in 2014	E → SE 1997 SE → F 2006 Same element as "Nguyen"	
Shirai 2	Salto fwd. str. with 3/1 t. (Shirai 2)	Kenzo Shirai	JPN	1997/E named in Newsletter 27 in 2014	E → SE 2001 SE → F 2006	
Shirai 3	Double salto bwd. str. with 3/1 t. (Shirai 3)	Kenzo Shirai	JPN	Newsletter 30 in 2016/H named in 2016		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Shirai	Yurchenko Stretched 3/1 t. (Shirai)	Kenzo Shirai	JPN	1997 named in Newsletter 27 in 2014	Same element as "Kim Hee Hoon" Not in the Code from 2001 to 2014	
Shirai 2	Yurchenko Stretched 7/2 t. (Shirai 2)	Kenzo Shirai	JPN	Newsletter 31 from 2016 named in 2016		
Shirai 3	Scherbo with 2/1 t. (Shirai 3)	Kenzo Shirai	JPN	2001 named in Newsletter 32 in 2017		
Simonov	Roll backward slowly with straight arms and body to inverted cross through swallow (Simonov)	Nikita Simonov	AZE	Newsletter 2 in 2022/F named in 2022		
Sivado	Any travel bwd. in cross support to other end (3/3) (Sivado)	Janos Sivado	HUN	1982/CC named in 1982	CC → D 1985	
Skoumal	Giant swing bwd. with inlocation during swing and dislocate to hidst. (Skoumal)	Vaclav Skoumal	CSR	1979/C named in 1979	C → B 1985 B → A 1989	Name deleted 31 12 2016
Sohn	Kehr with 1/1 turn on 1 pommel. (Sohn)	Mark Sohn	USA	1979/C named in 2006	$C \rightarrow D 1989$ $D \rightarrow E 1993$ $E \rightarrow D 2009$ $D \rightarrow E 2017$	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Sohn	From cross support on end of horse: Thomas Flair with travel circles fwd over both pommeis to other end of horse (Sohn)	Mark Sohn	USA	1993/D named in 1993		Element and name deleted 31 12 1996
Sohn	On 1 P., DSA to wendeswing fwd, w, 270° to pommel circle (Sohn)	Mark Sohn	USA	1997/E named in 1997	E → D 1997	Element and name deleted 1999
Sosa	Giant swing bwd: with ½ t. and str. cut bwd. to up. arms. (Sosa)	Luis Sosa	MEX	Newsletter 28 in 2015/E named in 2015		
Stalder	Free straddle circle backward through the handstand (Stalder)	Josef Stalder †	SUI	1964/C named in 1948	C → B 1982	
Steinemann	From dorsal hang, uprise fivid. to support rw. (Steineman)	Eduard Steinemann †	SUI	1964/B named in 1930 's	Performed in the early 20th century	
Stepanyan	Double Scissor Fwd. with Travel Sideways through Handstand. (Stepanyan)	Vahagn Stepanyan	ARM	Newsletter 27 in 2014/C named in 2014		
Stöckli	Double rear from pommel to the end of the horse, followed by double rear from the end of the horse to the pommel (Stöckli)	Julius Stöckli †	SUI	1964/B named in the early 20's century	Performed 1886	Element and name deleted 31.12.1996

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Straumann	Double sallo bwd. t. over the bar	Urs Straumann	SUI	1968/C named in 1971	C → B 1985	Name deleted 31.12.2006
Suarez	3/2 salto bwd. with 1/s t. to up. arm hang (Suarez)	Casimiro Suarez	CUB	1989/D as "Reichert" named "Suarez" in 1993	D → E 1993 E → D 2001	
Suarez	Piatti stretched with 1/1 turn (Suarez)	Casimiro Suarez	CUB	1997/SE named in 1997	SE → F 2006 F → G 2017	
Suarez	One arm giant bwd. w. 1/2 turn to one armed Jäger Salto (Suarez)	Casimiro Suarez	CUB	1985/D named in 1985		Name deleted 31.12.1988 Element deleted 31.12.1996

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Takei	Cast to salto fwd. without support (Takei)	Yoshiaki Takei	JPN	1971/C named in 1971	C → D 1985	Name deleted 31 12 1974 Element deleted 31 12 1988
Takemoto	Seat circle vw., full turn to hang, swing bw. with mixed or overgrip (Takemoto)	Masao Takemoto †	JPN	1964/C named in 1964	No value 1997 C → B 2001	Name deleted 31 12 1967 Element deleted 31 12 1912
Tamayo	Jump bwd. with 1/5 t. to dbl. salto fwd. stretched (Tamayo)	Charles Leon Tamayo	CUB	2001/SE named in 2001	$SE \rightarrow F$ 2006 $F \rightarrow E$ 2017	
Tampakos	Uprise fivid, swing directly to swallow (2s.) (Tampakos)	Dimosthenis Tampakos	GRE	Code Update 2 in 1999/E named in 2001		Element and name deleted 31 12 2008
Tampakos	Uprise fied: without support directly with str. arms and body to inverted cross (2s.) (Tampakos)	Dimosthenis Tampakos	GRE	Newsletter from 1999/E named in 2006		Element and name deleted 31 12 2008
Tanaka	Giant swing bwd. with 1/4.1. and 3/2 salto fwd to up.am hang (Tanaka)	Hikaru Tanaka	JPN	1997/SE named in 1997	SE → E 2001 E → F 2006	
Tanaka	Salto fivid. between rings directly to V cross (2 s.). (Tanaka)	Yusuke Tanaka	JPN	Newsletter 28 in 2015/E named in 2015		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Тау	Azarian to V Cross (2 s.). (Tay)	Wei An Terry Tay	SIN	Newsletter 27 in 2014/E named in 2014		
Tejada	Basket with salto bwd t. to up. arm hang. (Tejada)	Jose Tejada	CUB	1993/E named in 1993	$E \rightarrow SE 1997$ $SE \rightarrow E 2001$ $E \rightarrow D 2006$ $D \rightarrow E 2017$	
Teng Hai Bin	Basket with 1/1 t. to handstand. (Teng Hai Bin)	Hai Bin Teng	CHN	2006/F named in 2006		
Terao	DSA with support of second hand outside the pommels followed by wendeswing fwd. (Terao)	Naouki Terao	JPN	1989/C named in 1989		Element and name deleted 31 12 2000
Thomas	Thomas Flair in side support (Thomas)	Kurt Thomas †	USA	1979/B named in 1982	B→ A 1985	
Thomas	Jump bivid. with 3/2 salto t. and 3/2 t. (Thomas)	Kurt Thomas †	USA	1982/CC named in 1985	CC → D 1985	Element and name deleted 31 12 2016
Tikhonkikh	Basket with 1/1 t. to handstand (Tikhonkikh)	Aleksei Tikhonkikh	URS	1993/E named in 1993	E → SE 2001 SE → E 2006	Name deleted 31 12 2005

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Tippelt	Flair through hdst. with ½ t. and lower to flair (Tippelt)	Sven Tippelt	GDR	1989/C named in 1989		
Tippelt	Moy piked with straddle bwd to hdst. (Tippelt)	Sven Tippelt	GDR	1989/D named in 1989	D → E 1993 E → D 2001	
Titov	Any 3/3 travel with 1/2 Spindle from one pommel over the other pommel. (Titov)	Pavel Titov	FIN	Newsletter 1 in 2022/D named in 2022		
Tkatchev	Swing fivel. and vaulit bivel. strad. to hang. (Tkatchev)	Alexander Tkatchev	URS	1979/C named in 1979		
Tong Fei	From sup. on end, Russian wendeswing fivd. to other end without sup. on or btw. the p. (side to side support). (Tong Fei)	Fei Tong	CHN	1985/D named in 1985		
Tong Fei	Double salto solv. strad. (Tong Fei)	Fei Tong	CHN	1989/D named in 1993	D → E 1993 E → D 1997	Name deleted 31 12 1996 Element deleted 31 12 2016
Tong Fei	Butterfly with 1/1 twist (Tong Fei)	Fei Tong	CHN	1993/C named in 1993	C → B 2001	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Tong Fei	Front uprise and salto bwd to handstand (Tong Fei)	Fei Tong	CHN	1989/D named in 1989		Element and name deleted 31 12 1992
Torres	Giant swing bwd. and salto with 1/s t to support. (Torres)	Alexis Torres	PUR	2013/E named in 2013		
Toumilovich	Salto bwd. with ½ t. to up. arm hang. (Toumilovich)	Alexandre Toumilovich	URS	1985/D named in 1989	D → C 2001	
Tsolakidis (1)	Fwd. uprise to Makuts to support. (Tsolakidis 1)	Vasileios Tsolakidis	GRE	2001/E named in 2001 "Tsolakidis 1" in 2006	E → G 2013	
Tsolakidis 2	Fwd. uprise with 3/2 t. to handstand. (Tsolakidis 2)	Vasileios Tsolakidis	GRE	2006/F named in 2006		
Tsukahara	Handspring sideways w. 1/4 turn and salto bwd.tucked (Tsukahara)	Mitsuo Tsukahara	JPN	1968 named in 1968		
Tsukahara	Double salto bwd. t. with 1/1 t. (Tsukahara)	Mitsuo Tsukahara	JPN	1979/C named in 1989		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Tsukahara	Double saito bwd. t with 1/1 t. (Tsukahara)	Mitsuo Tsukahara	JPN	1985/D named in 1989		
Tsukahara	Double sallo bwd. t. with ½ or 1/1 t. (Tsukahara)	Mitsuo Tsukahara	JPN	1975/CC named in 1993	CC → C 1985	Name deleted 31 12 2000
Tsukahara	Li Ning 2 to V Cross (2 s.). (Tsukahara)	Naoya Tsukahara	AUS	Newsletter 27 in 2014/E named in 2014		Element and name deleted 31 12 2021
Tsukahara 2	Pineda to V cross (2 s.). (Tsukahara 2)	Naoya Tsukahara	AUS	Newsletter 28 in 2015/E named in 2015		Element and name deleted 31 12 2021
Tsukahara 3	V Cross, press to V-sit (2 sec.). (Tsukahara 3)	Naoya Tsukahara	AUS	Newsletter 30 in 2016/D named in 2016		
Tsygankov	Forward handspring with 5/2 L (Tsygankov)	Matvey Tsygankov	RUS	Newsletter 30 in 2016 named in 2016		
Tulloch	Azarian to inverted Swallow (2 s.). (Tulloch)	Courtney Tulloch	GBR	Newsletter 28 in 2015/F named in 2015		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Tulloch 2	From hang vertical pull up, slowly with straight arms through cross to inverted swallow (2 s.). (Tulloch 2)	Courtney Tulloch	GBR	Newsletter 35 in 2019/F named in 2019		
Tuuha	Double salto bwd. t. with 5/2 t. (Tuuha)	Tomi Tuuha	GBR	Newsletter 30 in 2016/F named in 2016		
Urzica	Fr. s. sup. on end, kehr fwd. around 1 ° p., rev. Stockli around 2 ° p. to side sup., p. betw. hands. (Urzica)	Marius Urzica	ROM	2006/C named in 2006		
Urzica 2	Thomas Flair in cross support with 3/3 travel and 1/1 spindle in 2 circles (Urzica 2)	Marius Urzica	ROM	1989/D named in Newsletter 32 in 2017/E	performed 1996 D → D+D 1993	No element from 1997 to 2017
Urzica	Sallo fied. with 1/1 L to up. arm hang. (Urzica)	Marius Urzica	ROM	1997/D named in 1997	D → E 2006	
Valverde	Double saito straight with 3/2 turn over the bar (Valverde)	Andres Valverde	CRC	FIG website 2023/E named in 2023		
Vammen	On the leather, from cross support, Russian wendeswing with 360° or 540° over both pommels. (Vammen)	Helge Vammen	DEN	Newsletter 28 in 2015/E named in 2015		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Van Gelder	From swallow, lower horiz, and slowly to hanging scale riv. and press to planche (2 s.) (Van Gelder)	Lambertus Yuri Van Gelder	NED	2006/E named in 2009		
Van Roon	3/2 saito fivd. tuoked with 1/1t. to roll fivd (Van Roon)	Mark Van Roon	NED	1997/D named in 2001		Element and name deleted 31 12 2016
Vorobiov	From inverted cross lower slowly to inverted hang and felge bwd. slowly to cross (2 s.). (Vorobiov))	Oleksander Vorobyov	UKR	2009/D named in 2013		
Voronin	Back uprise and piked vault with ½ L to hang (Voronin)	Mikhail Voronin †	URS	1968/C named in 1968	C → B 1979	
Voronin	Back uprise and piked vault with 1/2 t to upper arm hang (Voronin)	Mikhail Voronin †	URS	1989/B named in 1989		Element and name deleted 31 12 2000
Walstrom	Back uprise and hecht with 3/2 t. to hang (Walstrom)	Owen Walstrom	CAN	1993/E named in 1997	E → F 2017	
Wang Chongsheng	Thomas Flair to Hdst. w.1/2 turn, lower to Thomas Flair to Hdst. w.1/4 and lower to support with straddled legs (Wang Chongsheng)	Chongsheng Wang	CHN	1989/D named in 1989	D → C 1997	Element and name deleted 31 12 2000

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Watanabe	Roll bwd. with 1/4 t. from up. arm. hang (Watanabe)	Mitsuaki Watanabe	JPN	1985/C named in 1985	C → B 2001	
Watanabe	Double salto bwd. str. with 2/1 t. (Watanabe)	Mitsuaki Watanabe	JPN	1989/D named in 1989	D → E 1993	
Weiler	From hdst., free hip circle fwd. thr. hdst. (Weiler)	Wilhelm Weiler	CAN	1985/B named in 1997		
Wells	Giant swing bwd. with inlocation fwd. (Wells)	Trent Wells	USA	1997/E named in 2001	E → D 2001 D → C 2009	
Whitfield	Dislocate and cross cables (1/1 t) (Whitfield)	Jason Whitfield †	USA	1997/B named in 1997		Element and name deleted 31 12 2000
Whittenburg	Triple salto bwd. piked. (Whittemburg)	Donnell Whittenburg	USA	1997/SE named in Newsletter 32 in 2017/H	Not in the Code from 2001 to 2017	
Winkler	Salto fwd. stretched with 1/1 t. (Winkler)	Daniel Winkler	FRG	1982/CC named in 1985	$CC \rightarrow D$ 1985 $D \rightarrow E$ 1993 $E \rightarrow F$ 2017	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Wu Guonian	Jump bwd. with ½t to 3/2 salto fwd. stretched (Wu Guonian)	Guonian Wu	CHN	1989/D named in 2006		Element and name deleted 31 12 2016
Wu Guonian	Any 3/3 travel in Russian type wendeswing with 720" or more turning. (Wu Guonian)	Guonian Wu	CHN	1997/E named in 2001		
Wynn	Slow roll fivd. with straight body and arms through cross to inverted cross (2 s.). (Wynn)	Brendon Wynn	USA	Newsletter 28 in 2015/E named in 2015		
Xiao Ruizhi	Swing fwd. and counter salto fwd. strad. to hg. (Xiao Ruizhi)	Ruizhi Xiao	CHN	1989/D named in 1989		
Yamamuro	Basket through handstand to Makuts. (Yamamuro)	Koji Yamamuro	JPN	Newsletter 30 in 2016/G named in 2016		
Yamashita	Forward handspring piked (Yamashita)	Haruhiro Yamashita	JPN	1964 named in 1964		Element and name deleted 31 12 2016
Yamawaki	From side sup, beside the p., travel hop o. 2 p. to sup, fivd on other end (1-1 to 5-5). (Yamawaki)	Kyoji Yamawaki	JPN	1985/D named in 1985	D → E 1993	

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Yamawaki	Double salto fivd. tucked to hang. (Yamawaki)	Kyoji Yamawaki	JPN	1989/C named in 1989	C → B 1997 B → C 2006	
Yamawaki	Bwd. uprise and 5/4 salto fwd. t. to up.arm hang. (Yamawaki)	Kyoji Yamawaki	JPN	1989/D named in 1989	D → C 2006	
Yamawaki	Back uprise and hecht with 1/2 turn legs together to regrasp	Kyoji Yamawaki	JPN	1993/D named in 1997	D → C 2022	
Yang Hak Seon	Handspring fivd. and salto fivd. str. w. 3/1 t. (Yang Hak Seon)	Hak Seon Yang	KOR	2013 named in 2013		
Yang Wei	Melissanidis piked: (Yang Wei)	Wei Yang	CHN	2001 named in Newsletter 34 in 2018		
Yan Mingyong	Roll bwd. slowly with str. arms and body to free sup, scale (2 s.). (Yan Mijayoung)	Mingyong Yan	CHN	2009/E named in 2013	E → D 2022	
Yeo	Tsukahara with salto bwd. t.	Hong Chul Yeo	KOR	1985 named in 1997		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Yeo 2	Handspring fivd. and saito fivd. str. w. 5/2 t. (Yeo 2)	Hong Chul Yeo	KOR	1997 named in 1997		
Yonekura	Kasamatsu str. with 5/2 t. or Tsukahara st. with 7/2 t. (Yonekura)	Hidenobu Yonekura	JPN	2013 named in Newsletter 35 in 2019		
Yurchenko	Round off, hdspr. bwd. and salto bwd. t. (Yurchenko)	Natalia Yurchenko	URS	First time in MAG CoP in 1989 named in MAG CoP in 1997	performed by Natalia Yurchenko (URS) in 1982	
Zahran	Through hanging scale rearways (no hold required) pull with str. body through cross to inv. swallow (2 s.). (Zahran)	Ali Ramadan Zahran	EGY	Newsletter 27 from 2014/F named in 2014		
Zanetti	From hanging scale rw. press to swallow (2 s.) (Zanetti)	Artur Zanetti	BRA	1997/E named in Newsletter 27 in 2014	E → SE 2001 SE → F 2006	
Zapata	Double sallo fwd. tucked with 3/2 turn. (Zapata)	Rayderley Miguel Zapata	ESP	Newsletter 32 from 2017/G named in 2017	G → F 2022	
Zapata 2	Double salto fwd. straight with 3/2 turn (Zapata 2)	Rayderley Miguel Zapata	ESP	Newsletter 39 from 2021/H named in 2021		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Zeebergh	Handspring salto vw. tucked to Handspring (Zeebergh)	Jean-Mathieu Zeebergh	BEL	Newsletter from 1999/D named in 1999		Element and name deleted 31 12 2000
Zellweger	From hang sideways, salto bwd. str. (Zellweger)	Sepp Zellweger	SUI	1985/C named in 1985		Name deleted 31 12 1992 Element deleted 31 12 1996
Zellweger	Straddled shoot to hist on 1 rail. (Zellweger)	Sepp Zellweger	SUI	1993/C named in 1993	C → B 2001 B → C 2006 C → D 2009	Name deleted 31 12 1996 Element deleted 31 12 2021
Zhou Shixiong	Basket with 5/4 t. to handstand. (Zhou Shixiong)	Shixiong Zhou	CHN	2013/G named in 2013		
Zimmermann	Handspring fwd. and sallo fwd. t. w. ½ t. and sallo bwd. t. (Zimmerman)	Thomas Zimmermann	AUT	2001 named in 2001		
Zonderland	Swing forward with 5/4 t. on one arm through hdst. and healy to support. (Zonderland)	Epke Zonderland	NED	2013/F named in 2013		
Zou	Vorobiev to V cross (2 sec) (Zou)	Jingyuan Zou	CHN	Newsletter from 2022/E named in 2022		

Name of the element		Gymnast	Fed	First time in CoP/Value	Remarks	Deleted from CoP
Zou 2	Vorobiev to support scale (2s) (Zou 2)	Jingyuan Zou	CHN	FIG website 2023/E named in 2023		
Zou Li Min	On one arm, giant swing fwd. w. 1/1 t. to el-grip and 1/1 t. (Zou Li Min)	Li Min Zou †	CHN	1989/D named in 1993	D → C 2001	