



# 2024 CALENDAR



Original ITF Taekwon-Do

"To help others to develop and succeed in life is a reward itself and only has value when nothing is expected in return.,,"  
Gen. Choi Hong Hi



+43 1 2928467



[www.itf-tkd.org](http://www.itf-tkd.org)



Draugasse 3, 1210 Vienna, AUSTRIA  
[secretary@itfhq.org](mailto:secretary@itfhq.org)



2024

JANUARY

- Best ITF Taekwon-Do athlete for 2023 will be announced on January 31st

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 31 | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | 1  | 2  | 3  |

01



Original ITF Taekwon-Do

“Refrain from reckless and thoughtless actions. Be as calm and judicious as a mountain.”

Gen. Choi Hong Hi



+43 1 2928467



www.itf-tkd.org



Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org



2024

FEBRUARY

- Taekwon-Do Tenets Awards – courtesy will be awarded in February

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 28 | 29 | 30 | 31 | 1  | 2  | 3  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 1  | 2  |

02



Original ITF Taekwon-Do

“Awareness and integrity are the basic elements of honour.”

Gen. Choi Hong Hi

+43 1 2928467

www.itf-tkd.org

Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org

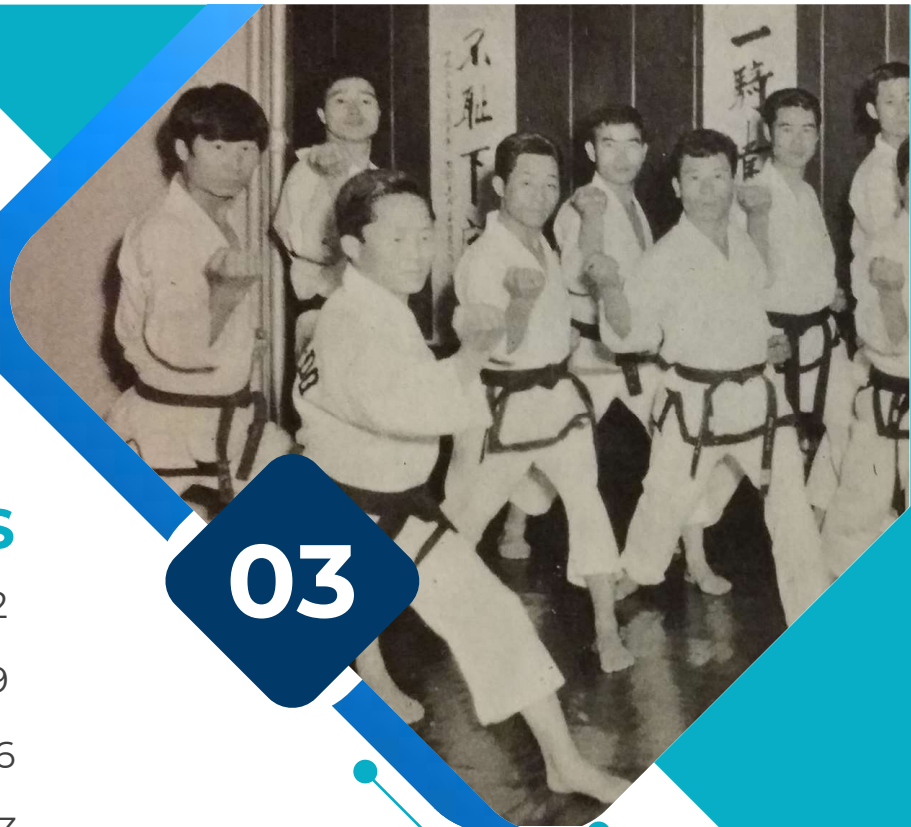


2024

MARCH

- March 22nd Founding date of the International Taekwon-Do Federation

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 25 | 26 | 27 | 28 | 29 | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |



03



Original ITF Taekwon-Do

“Determination and faith can overcome any obstacle.”

Gen. Choi Hong Hi

- +43 1 2928467
- www.itf-tkd.org
- Draugasse 3, 1210 Vienna, AUSTRIA
- secretary@itfhq.org



2024

APRIL

- April 11th naming of Taekwon-Do
- European ITF Taekwon-Do Championships, 15th-22nd of April

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 31 | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 1  | 2  | 3  | 4  |

04



Original ITF Taekwon-Do

“We are learning Taekwon-Do with a purpose of building a better and more peaceful world.”

Gen. Choi Hong Hi

+43 1 2928467

www.itf-tkd.org

Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org



2024

MAY

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 28 | 29 | 30 | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | 1  |



Original ITF Taekwon-Do

„Pain is the best instructor, but no one wants to go to his class.”

Gen. Choi Hong Hi

+43 1 2928467

www.itf-tkd.org

Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org



2024

JUNE

- June 15th Anniversary of General Choi's passing

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 26 | 27 | 28 | 29 | 30 | 31 | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 |    |    |    |    |    |    |

06



Original ITF Taekwon-Do

“A true Grandmaster is a person who starts the arts at a very young age and continues it until their body will no longer allows it. Then they still contribute mentally to the art.”

Gen. Choi Hong Hi



+43 1 2928467



www.itf-tkd.org



Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org



2024

JULY

- Taekwon-Do Tenets Awards –  
Perserverance will be awarded in July

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 30 | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | 1  | 2  | 3  |



07



Original ITF Taekwon-Do

“Be devoted – sincerity and effort definitely produce the belief and the belief makes one able to reach the final goal.”

Gen. Choi Hong Hi



+43 1 2928467



www.itf-tkd.org



Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org





2024

AUGUST

- Asian Taekwon-Do Championships  
19th – 25th of August

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 30 | 1  | 2  | 3  | 4  | 5  | 6  |
| 7  | 8  | 9  | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | 1  | 2  | 3  |

08



Original ITF Taekwon-Do

“Be discreet - in everything one does, a person must not be impulsive or reckless but patient and thoughtful.”

Gen. Choi Hong Hi

+43 1 2928467

www.itf-tkd.org

Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org



2024

SEPTEMBER

- Taekwon-Do Tenets Awards - Self Control will be awarded in September

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 1  | 2  | 3  | 4  | 5  |



Original ITF Taekwon-Do

“Know true happiness – all things in the world are relative to one another.”  
Gen.Choi Hong Hi



+43 1 2928467



www.itf-tkd.org



Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org



2024

OCTOBER

- October 4th International ITF Taekwon-Do Coaches Day

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 29 | 30 | 1  | 2  | 3  | 4  | 5  |
| 6  | 7  | 8  | 9  | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | 1  | 2  |

10



Original ITF Taekwon-Do

“Develop peace of mind - A clear pond becomes muddy if agitated and then returns to its original state when allowed to settle undisturbed.”

Gen. Choi Hong Hi



+43 1 2928467



www.itf-tkd.org



Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org



2024

NOVEMBER

- World Cup Taekwon-Do Games 2024, Uzbekistan, 2nd-8th of November.
- November 9th General Choi's 106 B-Day
- Pan American Games - Puerto Rico 21st-24th November

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 27 | 28 | 29 | 30 | 31 | 1  | 2  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

11



"Be discreet - in everything one does, a person must not be impulsive or reckless but patient and thoughtful."

Gen. Choi Hong Hi



Original ITF Taekwon-Do



+43 1 2928467



www.itf-tkd.org



Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org



2024

DECEMBER

- Taekwon-Do Tenets Awards - Indomitable Spirit will be awarded in December

| S  | M  | T  | W  | T  | F  | S  |
|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| 8  | 9  | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | 1  | 2  | 3  | 4  |



12



Original ITF Taekwon-Do

“Here I leave Taekwon-Do for mankind as a trace of man of the late 20th century. The 24 patterns represent 24 hours, one day, or all my life.”

Gen. Choi Hong Hi



+43 1 2928467



www.itf-tkd.org



Draugasse 3, 1210 Vienna, AUSTRIA  
secretary@itfhq.org