

Physical activity component	<ol style="list-style-type: none"> 1. Exp Exercise/ 2. Exp Sports/ 3. (exercis* or sport* or physical activit* or fitness or walk* or running or swim* or jogging or cycling or sedentar* or sedentary lifestyle or behav* change or inactiv* or gym* or basketball or baseball or hockey or racquet sports or soccer or volleyball or netball or football).ti,ab. 4. 1 or 2 or 3
Applications component	<ol style="list-style-type: none"> 5. Mobile Applications/ 6. Cell Phone/ 7. Computers, Handheld/ or Smartphone/ 8. (app or apps or mobile application* or iphone* or ipad* or smartphone* or cell phone* or cellphone* or android* or tablet* or handheld computer* or blackberry* or iTunes or mHealth or mobile health or mobile technolog* or mobile device* or electronic health or eHealth or digital intervention* or Sweatcoin or MyFitnessPal or Freeletics or Strava or Zombies, Run! or Nike + Run Club or Fitness Buddy or MayMyRun or RunKeeper or Runtastics). ti,ab. 9. 5 or 6 or 7 or 8 10. 4 and 9
Limits	<p>English language</p> <p>Peer-reviewed</p> <p>Year of publication from 01/01/2007 to 03/07/2018.</p>